

**Title:** Battle of the Big Bang: The New Tales of Our Cosmic Origins

**Speakers:** Niayesh Afshordi

**Collection/Series:** Public Lecture Series

**Date:** June 04, 2025 - 7:00 PM

**URL:** <https://pirsa.org/25060061>

**Abstract:**

Title

Battle of the Big Bang: The New Tales of Our Cosmic Origins

Abstract

The story of the universe's origins is one of the greatest mysteries in science. From the explosive birth of the cosmos to the enigmatic nature of time and space, we are continually challenged by paradoxes that defy current understanding. In this public talk, we shall explore the triumphs and debates that shape modern cosmology, and the novel quests to uncover our cosmic origins. I will also highlight the pioneering contributions of my friend and colleague, Lee Smolin. His groundbreaking ideas on quantum gravity, the nature of time, and cosmological evolution have sparked new directions in the search for a deeper theory of the universe. Together, we will journey through the frontiers of physics, exploring how new theories and astronomical observations might offer clues to the next great paradigm shift. Whether you're a science enthusiast or just curious about the cosmos, join us for a conversation on the past, present, and future of our understanding of the universe.

About the Speaker

Niayesh Afshordi is a theoretical astrophysicist and professor at the University of Waterloo and Perimeter Institute for Theoretical Physics. His research explores the frontiers of cosmology, gravity, and quantum physics, with a focus on black holes and the origins of the universe. He is the co-author of the forthcoming popular science book *Battle of the Big Bang: The New Tales of Our Cosmic Origins* (University of Chicago Press, 2025), which reexamines the history and future of the cosmos through the lens of cutting-edge theory and observation.

# Battle of the Big Bang

## The New Tales of Our Cosmic Origins

  
**Niayesh Afshordi**



What is the oldest thing you can remember?

**From:** phillip halper <[skydancephil@hotmail.co.uk](mailto:skydancephil@hotmail.co.uk)>

**Sent:** 11 June 2018 15:08

**To:** [nafshordi@perimeterinstitute.ca](mailto:nafshordi@perimeterinstitute.ca)

**Subject:** Cosmology film series, VSI, interview request.

Hi Dr Ashfordi

I am the producer of a series of educational not for profit films made for youtube exploring competing models of the early universe.




All Shorts Videos Unwatched Watched Recently uploaded Live Playlists

Filters





## Before the Big Bang 8: Varying Speed Of Light Cosmology (VSL)

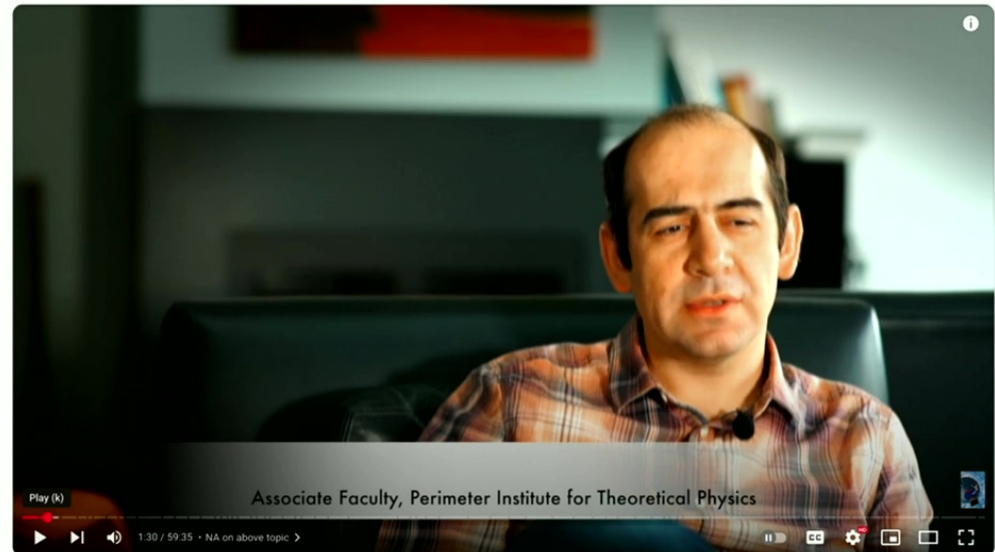
253K views · 6 years ago

 Phil Halper (aka Skydivephil)

Cosmologists challenging the foundations of physics are featured in this documentary on VSL. Variable Speed of Light (aka ...

CC

 **68 chapters** INTRODUCTION | SA on his introduction to physics | NA on above topic | JM on above topic | JohnM o... 



Before the Big Bang 8: Varying Speed Of Light Cosmology (VSL)

 Phil Halper (aka Skydivephil)  
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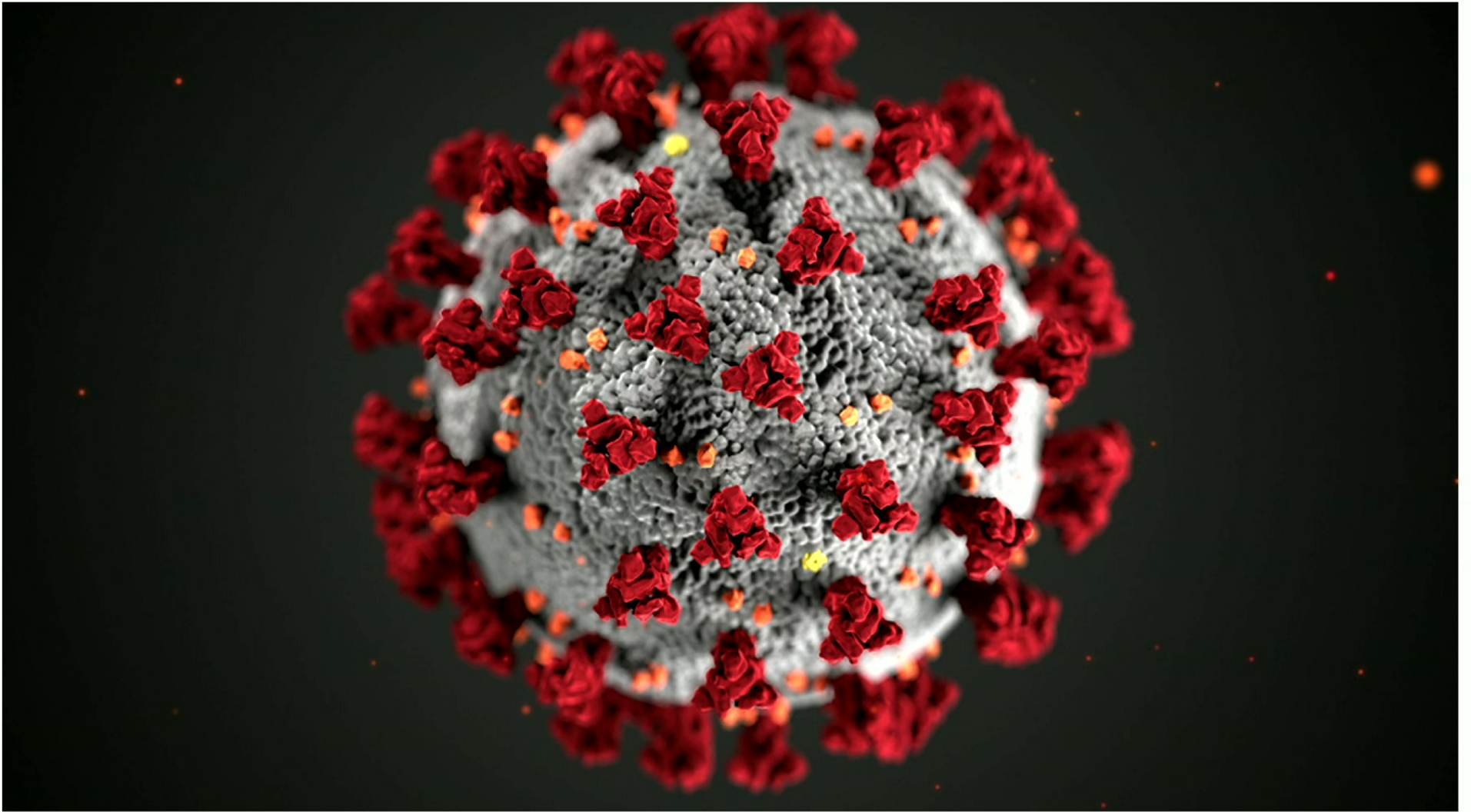
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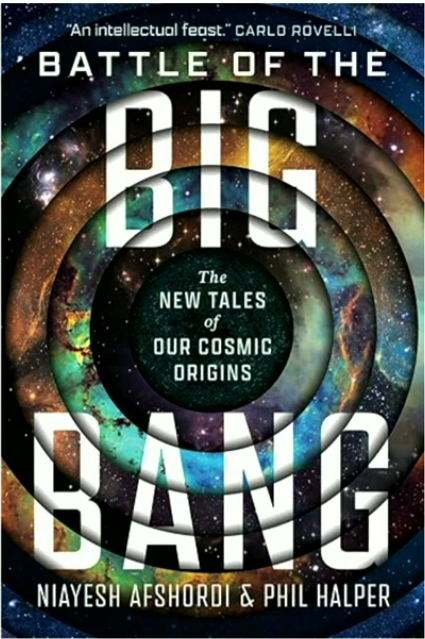
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Screenshot





Read sample

# Battle of the Big Bang: The New Tales of Our Cosmic Origins First



Edition

by [Niayesh Afshordi](#) (Author), [Phil Halper](#) (Author)

4.4 ★★★★★ 3 ratings

#1 New Release in [Cosmology](#)

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**A thrilling exploration of competing cosmological origin stories, comparing new scientific ideas that upend our very notions of space, time, and reality.**

By most popular accounts, the universe started with a bang some 13.8 billion years ago. But what happened before the Big Bang? And how do we know it happened at all? Here prominent cosmologist Niayesh Afshordi and science communicator Phil Halper offer a tour of the peculiar possibilities: bouncing and cyclic universes, time loops, creations from nothing, multiverses, black hole births, string theories, and holograms. Along the way, they offer both a call for new physics and a riveting story of scientific debate.

Incorporating insights from Afshordi's cutting-edge research and Halper's original interviews with scientists like Stephen Hawking, Roger Penrose, and Alan Guth, *Battle of the Big Bang* compares these models for the origin of our origins, showing each theory's strengths and weaknesses and explaining new attempts to test these notions. *Battle of the Big Bang* is a tale of rivalries and intrigue, of clashes of ideas that have raged from Greek antiquity to the present day over whether the

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ISBN-10	ISBN-13	Edition	Publisher	Publication date
 0226830470	 978-0226830476	# First Edition	 University of Chicago Press	 May 29, 2025
Screenshot				

# Ghosts of the Battlefield

Books › Professional & Technical › Professional Science › Astronomy › Astrophysics & Space Science

Untitled on the big bang: [was What Banged?] Hardcover – Oct. 7 2025  
by [Niyayesh Afshordi](#) (Author), [Phillip Halper](#) (Author)



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Print length	Language	Publisher	Publication date	ISBN-10	
432 pages	English	Basic Books	Oct. 7 2025	1541600959	

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# We arrived in Waterloo 18 years ago



## Daily Bulletin

**Tuesday, May 22, 2007**

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[UW Opinion](#)

- **World's most 'intelligent' community**
- **Universities welcome science strategy**
- **Workload, wine, and other wisdom**

Editor:  
Chris Redmond  
Communications and Public  
Affairs  
[credmond@uwaterloo.ca](mailto:credmond@uwaterloo.ca)

### World's most 'intelligent' community



Waterloo was named the world's top "intelligent community" for 2007 on Friday, beating out six other finalists as the award was presented in New York by the [Intelligent Community Forum](#).

Mayor Brenda Halloran was at the centre of a Waterloo delegation that accepted the honour and gave credit to UW along with local high-tech business, other organizations, city staff and citizens at large.

### Link of the day

[Laurence Olivier at 100](#)

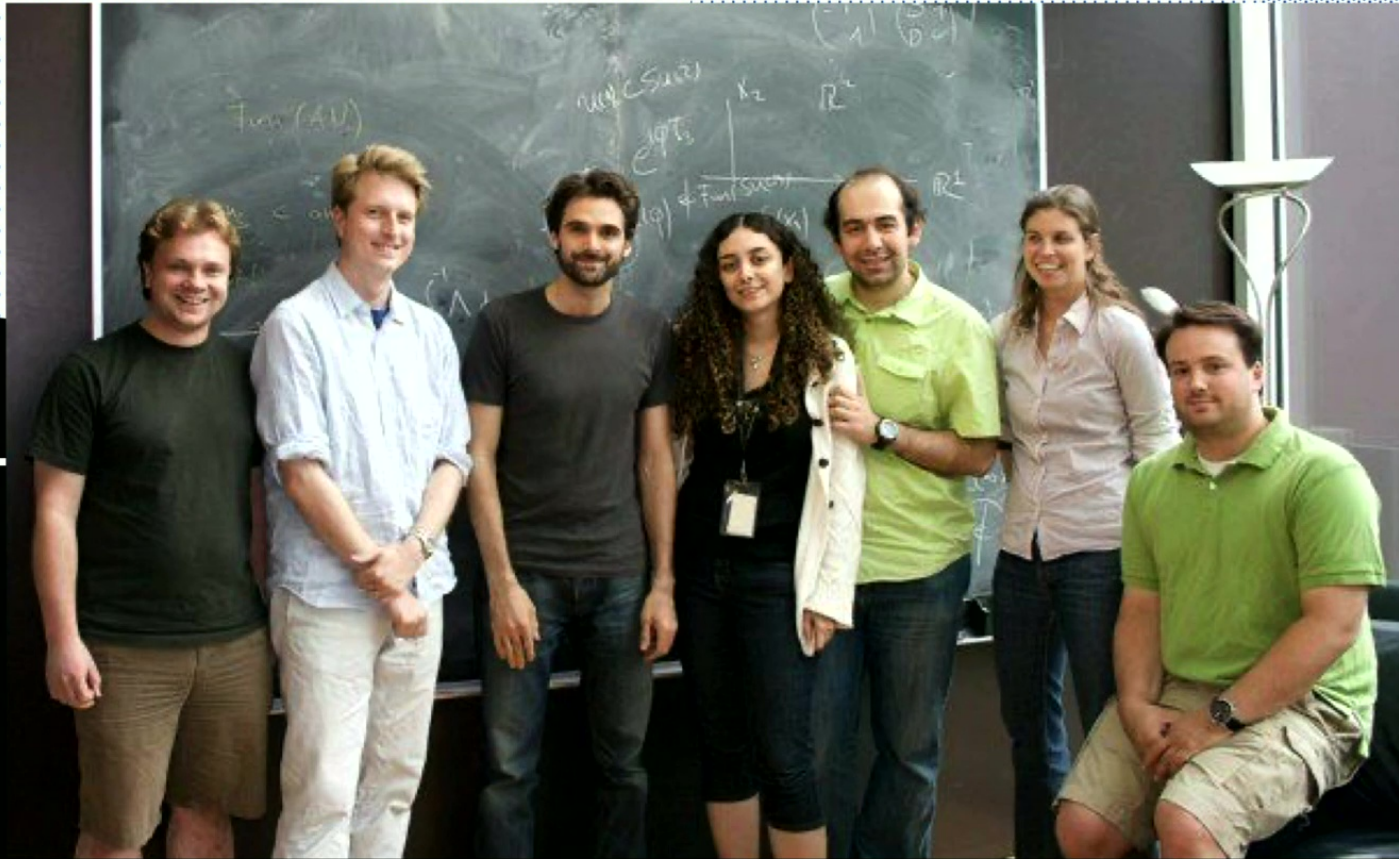
### When and where

**MBET** (Master of Business, Entrepreneurship and Technology) information session 4 p.m., Accelerator Centre room 240, reservations ext. 3-7167.

**UW senate** monthly meeting 4:30, Needles Hall room 3001.

**Centre Stage Dance** performances Tuesday, Wednesday and Thursday





Cosmology group, circa 2009





25 YEARS | PI We are Explorers.

Perimeter Institute  
officially launches on  
October 23, 2000



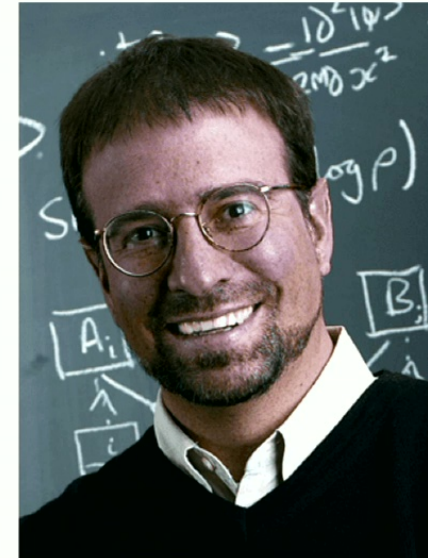
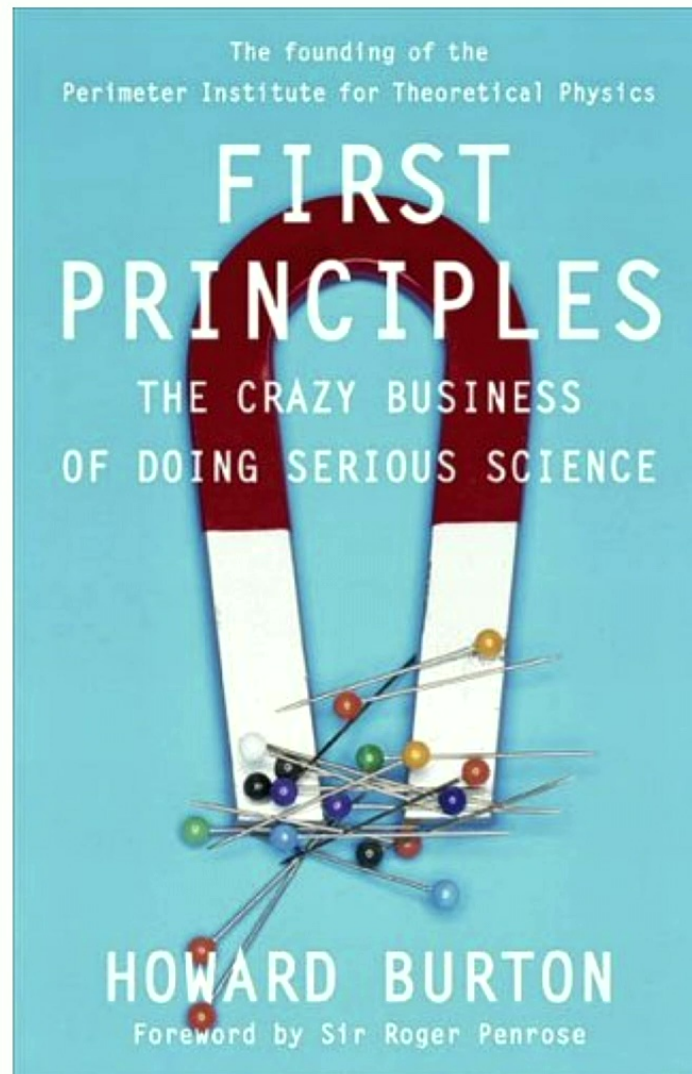


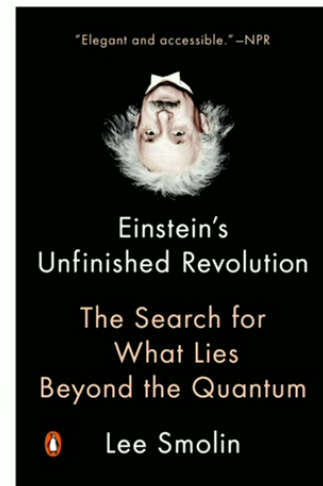
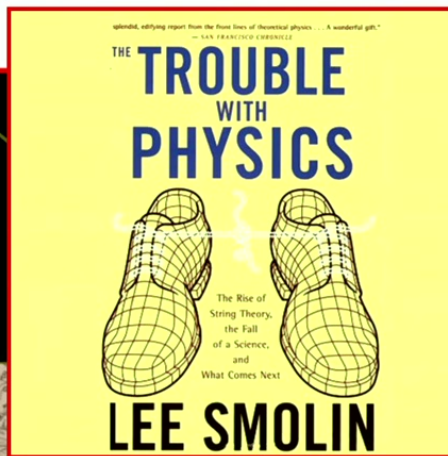
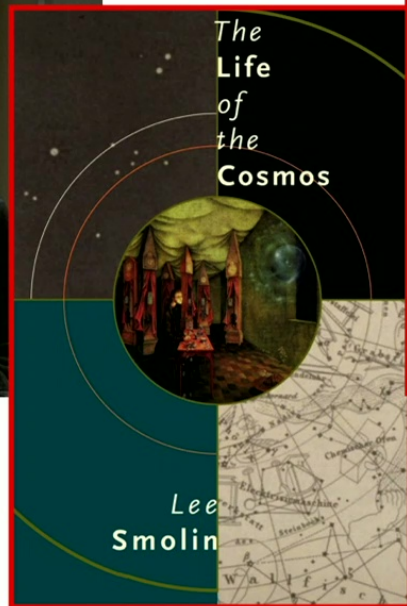
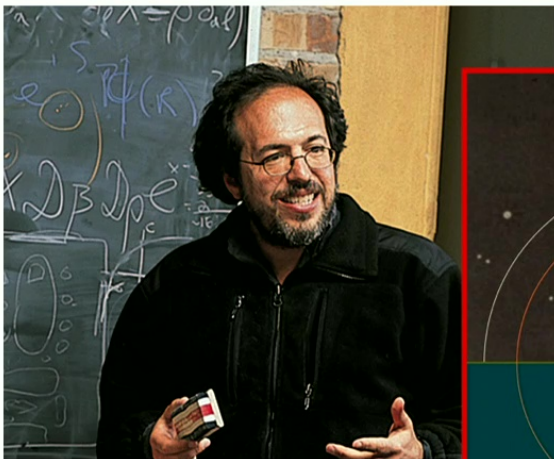
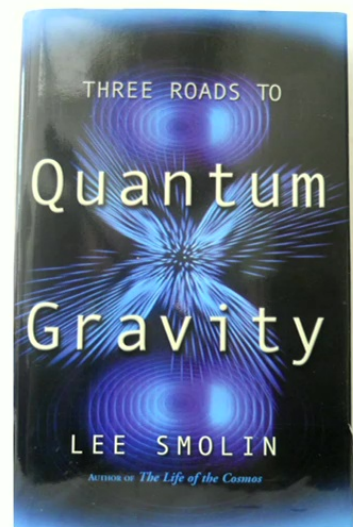
2001 / First research group

Perimeter Institute  
officially launches on  
October 23, 2000







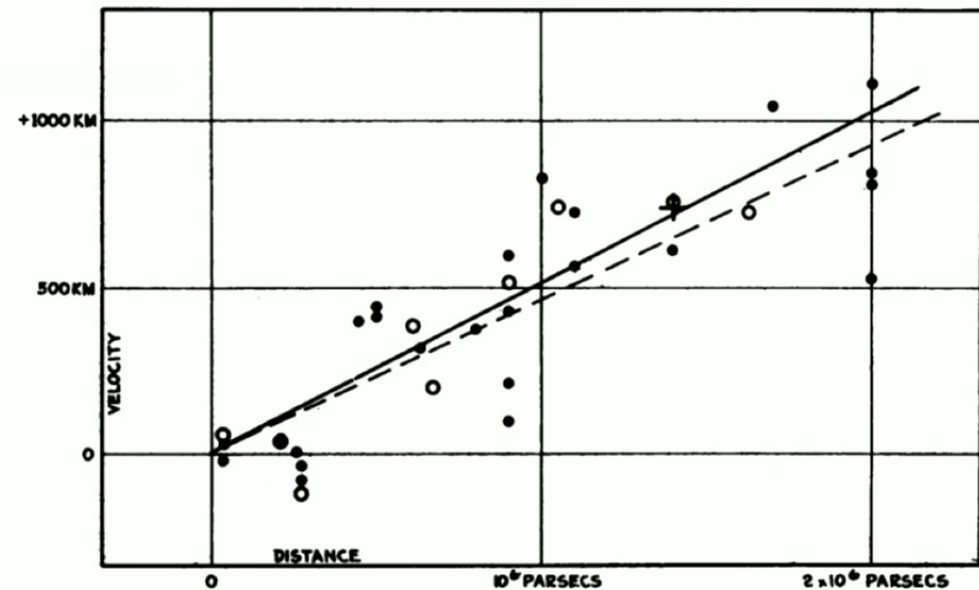
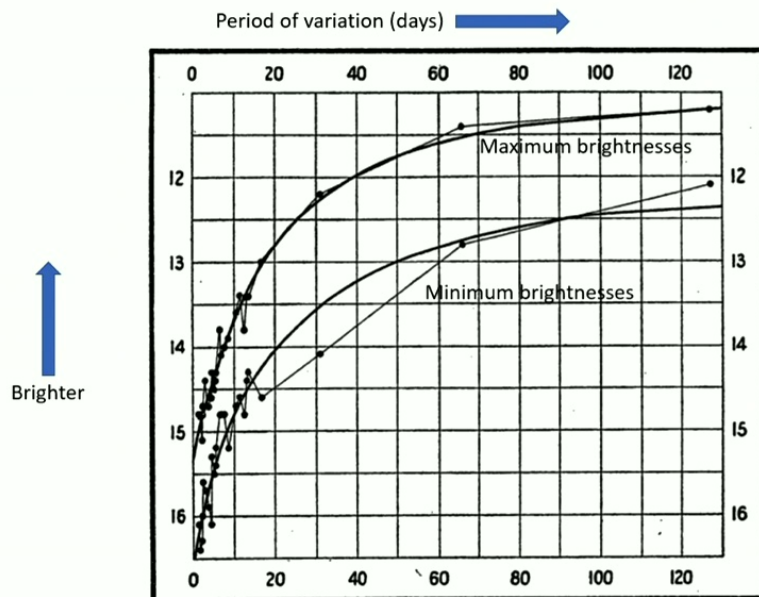


What is the oldest thing you can remember?





- In 1920's, Edwin Hubble uses the discovery of brightness-period relationship by Henrietta Swan Leavitt for variable stars to measure distances to galaxies.
- He discovers the farther a galaxy, the faster it is moving away → **cosmos expands!**

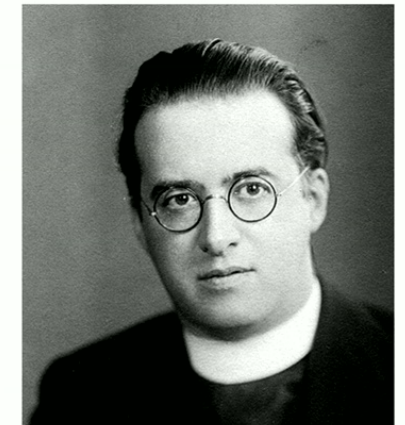


# Steady State vs. Big Bang

- **Steady State:** Dilution of matter by cosmic expansion is compensated by constant creation of matter
- **“Big Bang”/Primeval atom:** Universe was denser/hotter in the past, possibly starting from a “single quantum”



Sir Fred Hoyle

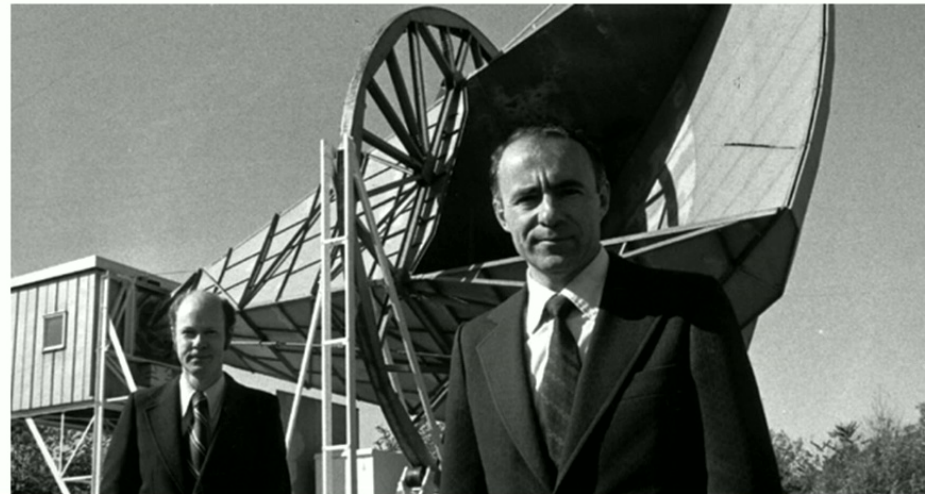


Georges Lemaître

# Cosmic Microwave Background (CMB)

## Afterglow of the Big Bang

- A hotter, denser universe, would emit light, like the Sun
- Radiation cooled down by cosmic expansion
- 1965: Penzias & Wilson @Bell labs, NJ discover a uniform cosmic microwave background at  $2.7\text{ K} = -270\text{ }^{\circ}\text{C}$
- 



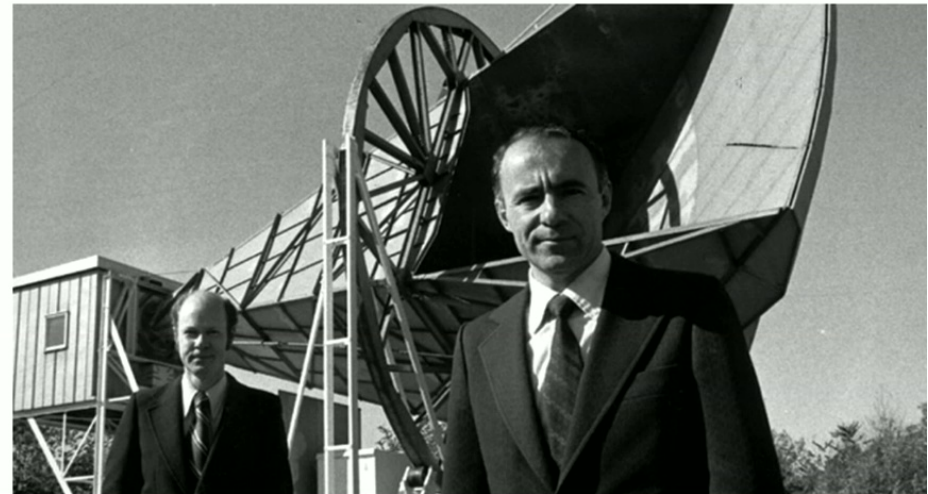
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1978





# In fact, CMB was discovered by a Canadian, 25 years earlier!

1940PASP...52..187M

ASTRONOMICAL SOCIETY OF THE PACIFIC 187

## EVIDENCE FOR THE MOLECULAR ORIGIN OF SOME HITHERTO UNIDENTIFIED INTERSTELLAR LINES

BY ANDREW McKELLAR

$$I = cie^{-\frac{E_r}{kT}}$$

where  $c$  is a constant,  $i$  the intensity factor,  $E_r$  the rotational energy,  $k$  the Boltzmann constant, and  $T$  the absolute temperature, it is found that if  $R(1)$  is not more than one-third, one-fifth, or one-twentieth as intense as  $R(0)$ , the maximum “effective” temperature of interstellar space would be  $2.7^\circ K$ ,  $2.1^\circ K$ , and  $0.8^\circ K$ , respectively.

DOMINION ASTROPHYSICAL OBSERVATORY  
VICTORIA, B.C.  
April 18, 1940



Andrew McKellar  
(1910-1960)



## A QUASI-STEADY STATE COSMOLOGICAL MODEL WITH CREATION OF MATTER

F. HOYLE

102 Admirals Walk, Bournemouth BH2 5HF, Dorset, England

G. BURBIDGE

Center for Astrophysics and Space Sciences and Department of Physics, University of California, San Diego, La Jolla, CA 92093-0111

AND

J. V. NARLIKAR

Inter-University Centre for Astronomy and Astrophysics, Post Bag 4, Ganeshkhind, Pune 411 007, India

Received 1992 August 5; accepted 1992 December 16

PIRSA:14050034



### The Case for an Alternative Cosmology

Jayant Narlikar IUCAA - The Inter-University Centre for Astronomy and Astrophysics

May 06, 2014 Talk number: PIRSA:14050034 DOI: [10.48660/14050034](https://doi.org/10.48660/14050034)

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**Jayant V Narlikar (19 July 1938 – 20 May 2025)**

## A QUASI-STEADY STATE COSMOLOGICAL MODEL WITH CREATION OF MATTER

F. HOYLE

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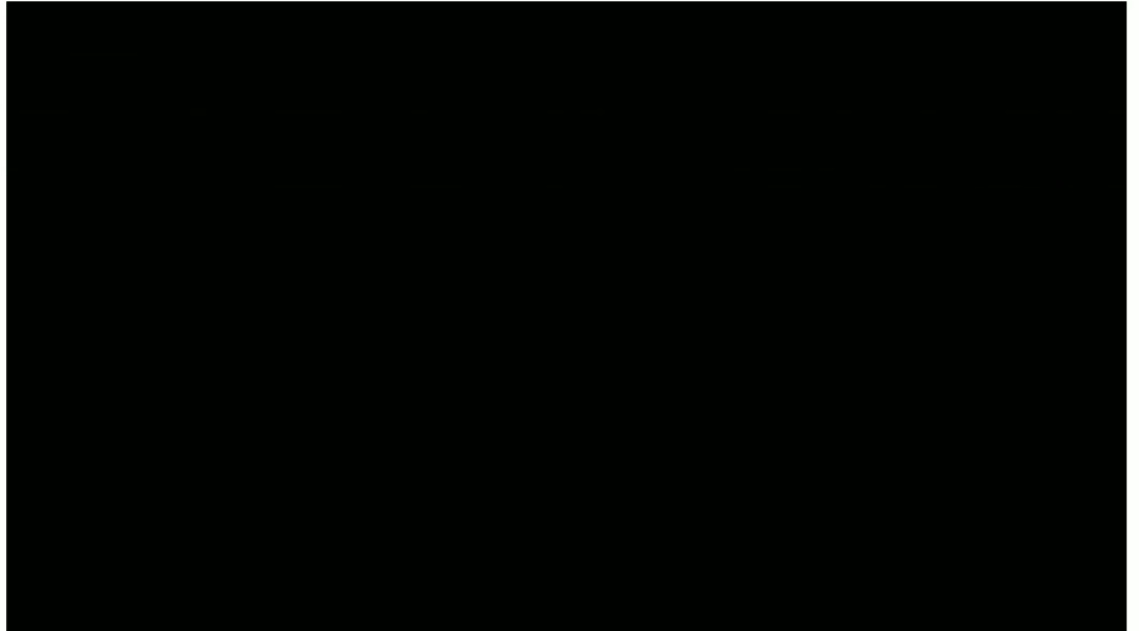
Jayant V Narlikar (19 July 1938 – 20 May 2025)

“A new scientific truth does not triumph by convincing its opponents and making them see the light, but rather because its opponents eventually die and a new generation grows up that is familiar with it”

—Max Planck

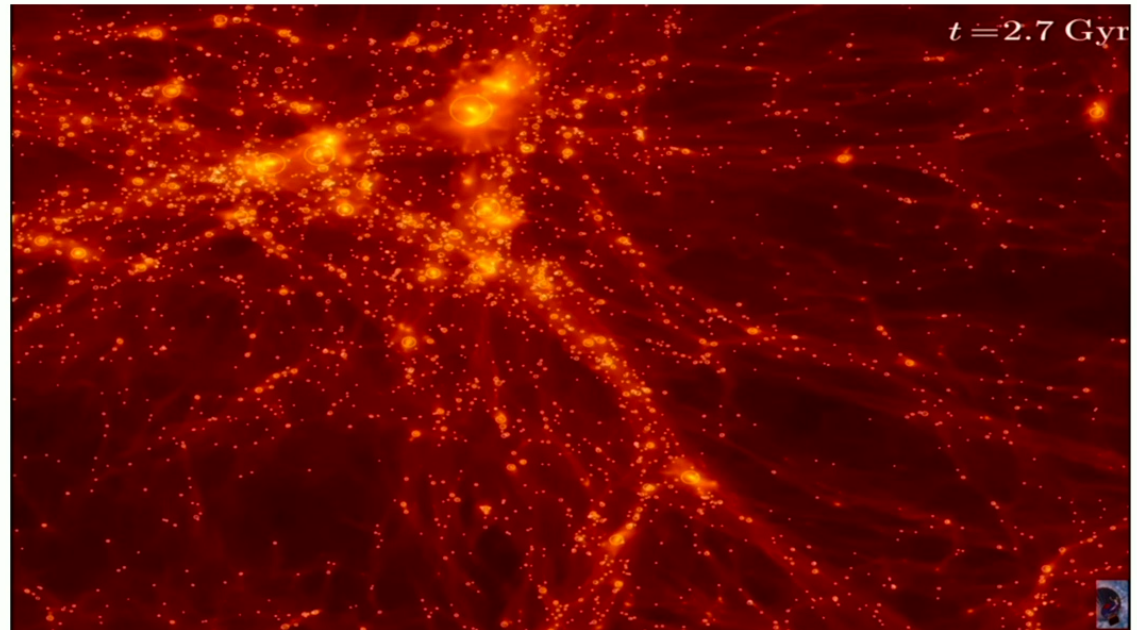
# What's the Big Bang Anyway?

- Imagine everything — stars, planets, you — packed into a hot dense primordial soup!
- Then... **BOOM!** Expansion begins!



# What's the Big Bang Anyway?

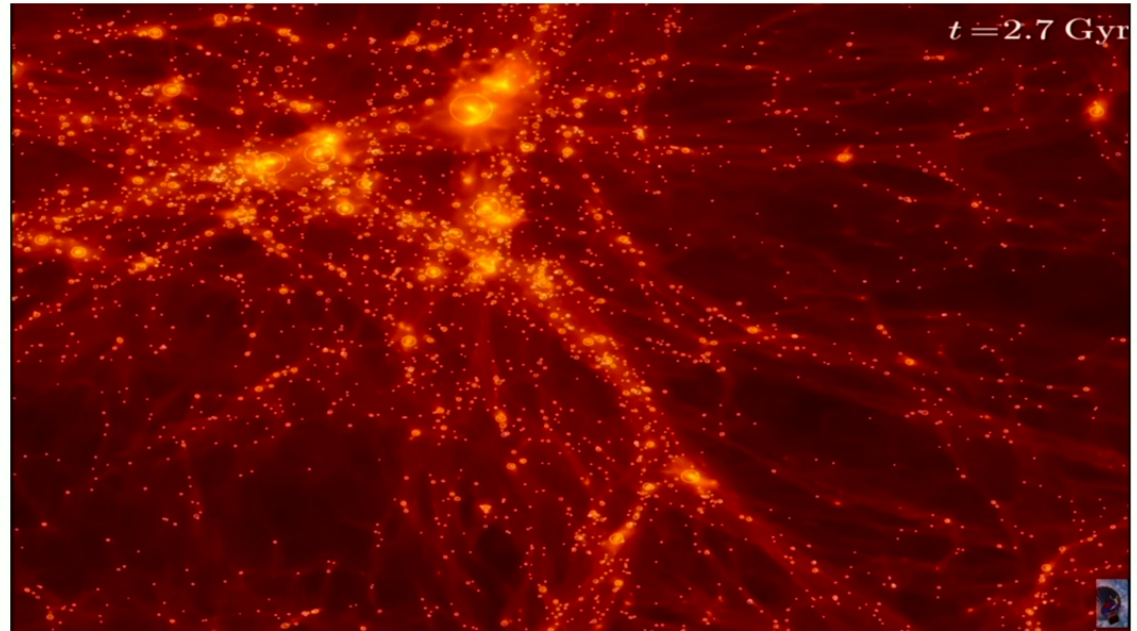
- Imagine everything — stars, planets, you — packed into a hot dense primordial soup!
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- The universe grew and cooled, then gravity formed galaxies, stars, and eventually life.



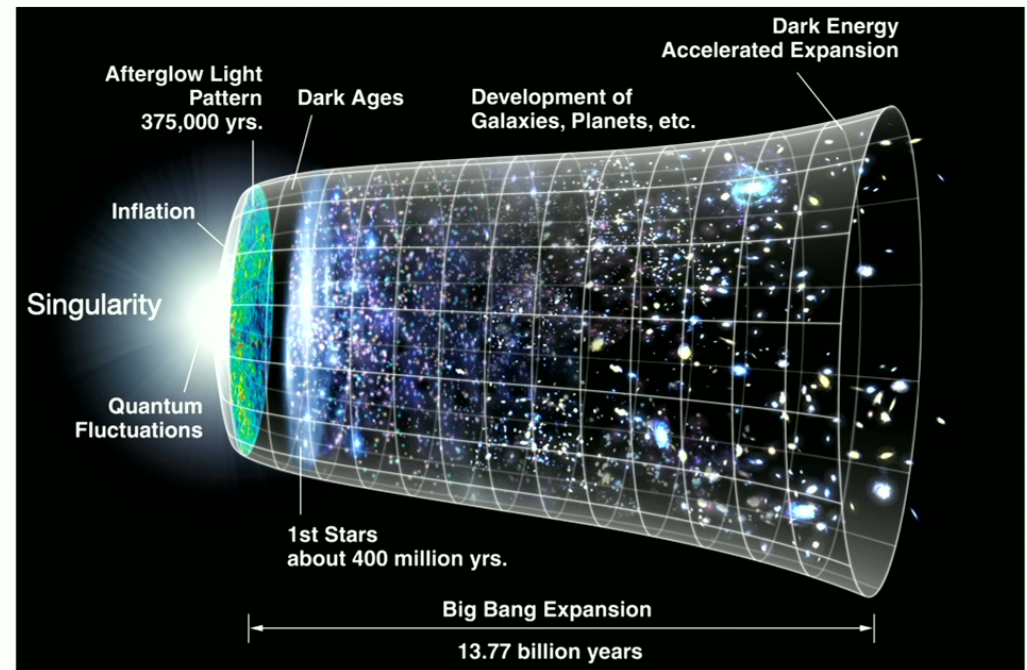


# What's the Big Bang Anyway?

- Imagine everything — stars, planets, you — packed into a hot dense primordial soup!
- Then... **BOOM!** Expansion begins!
- The universe grew and cooled, then gravity formed galaxies, stars, and eventually life.
- Big Bang didn't happen at a point in **space**, but rather everywhere at around the same **time**

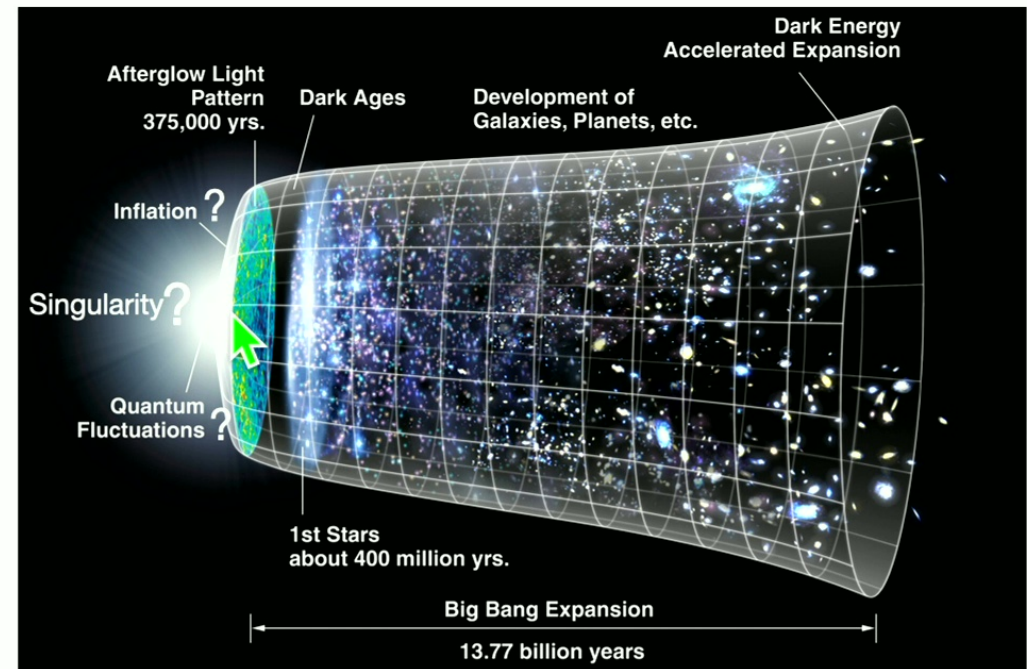


# A Universe of Surprises



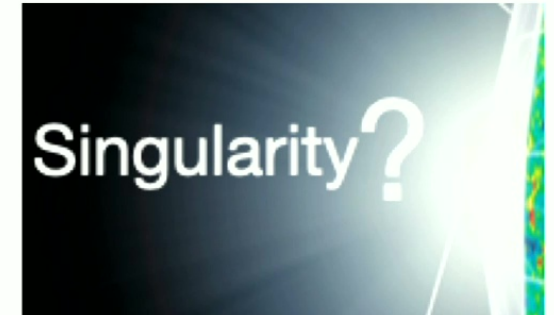
# A Universe of Surprises

- The Big Bang is the story of how our universe began — **but it's NOT the whole story!**
- It tells us the universe started small, hot, and dense about 13.8 billion years ago and has been expanding ever since.
- But **what caused the Big Bang?**  
And **what happened before it?**  
That's where the mystery begins!

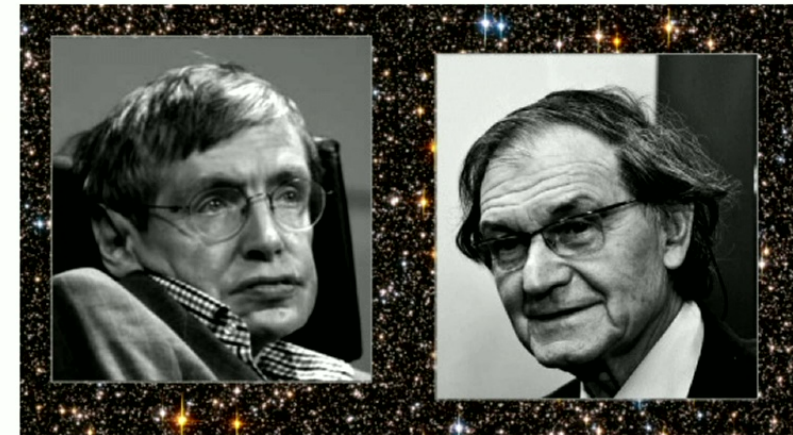


# Penrose-Hawking Singularity Theorems

- We hit an infinity if:
  1. Gravity is always attractive.
  2. The universe has three space dimensions and one time dimension that we can measure with rulers and clocks.
  3. Time travel into the past is impossible.
  4. Einstein's theory of general relativity describes the evolution of the universe at all scales.



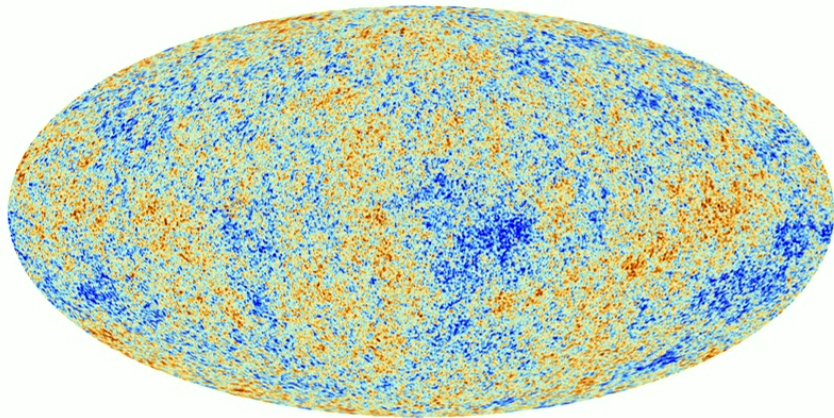
Cosmologists (including Penrose & Hawking)  
now violate nearly all these assumptions!





# Clues from the Past

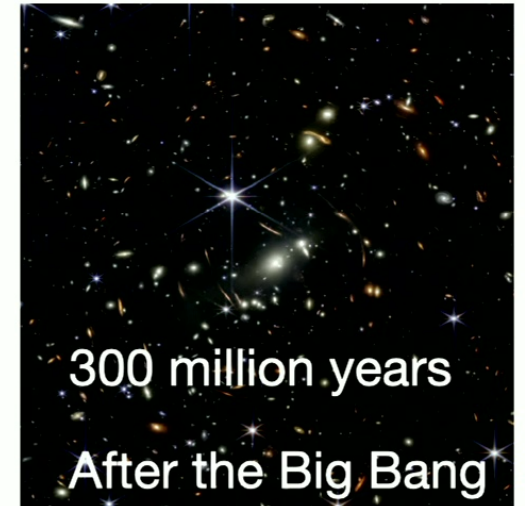
- Scientists use **telescopes** like time machines — looking far away means looking back in time!
- We see galaxies moving away from us — the universe is still expanding!
- We also found the **CMB fluctuations**: ripples in the Big Bang, that seed structure today.



JWST (NASA)

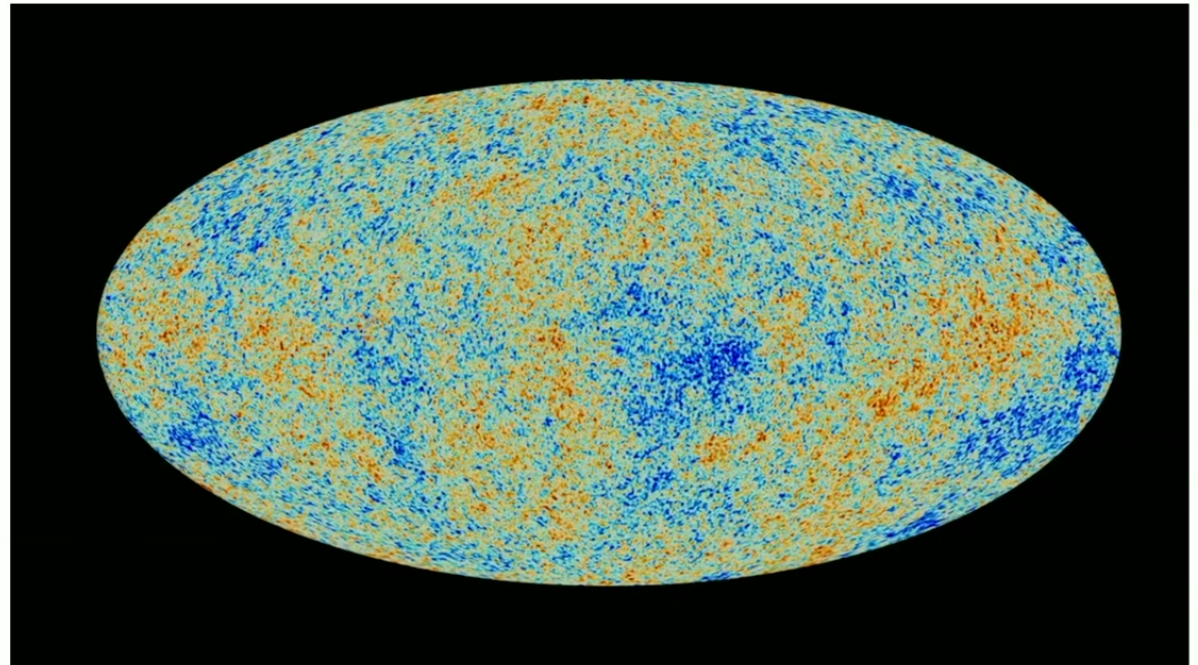


Planck (ESA)



# What's the Big Mystery?

- The Big Bang theory **doesn't** explain:
- **Horizon problem:** What caused the bang to be so uniform?



1 in 100,000 ripples in the CMB temperature

# What's the Big Mystery?

- The Big Bang theory **doesn't** explain:
- **Horizon problem:** What caused the bang to be so uniform?
- What happened **before** the bang?
- Why does the universe have the **shape and laws** it does?

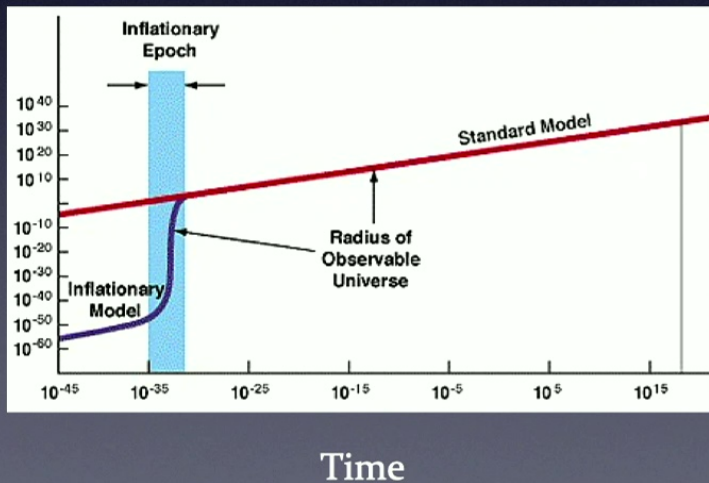


1 in 100,000 ripples in the CMB temperature



# Inflation *(Starobinsky, Linde, Guth)*

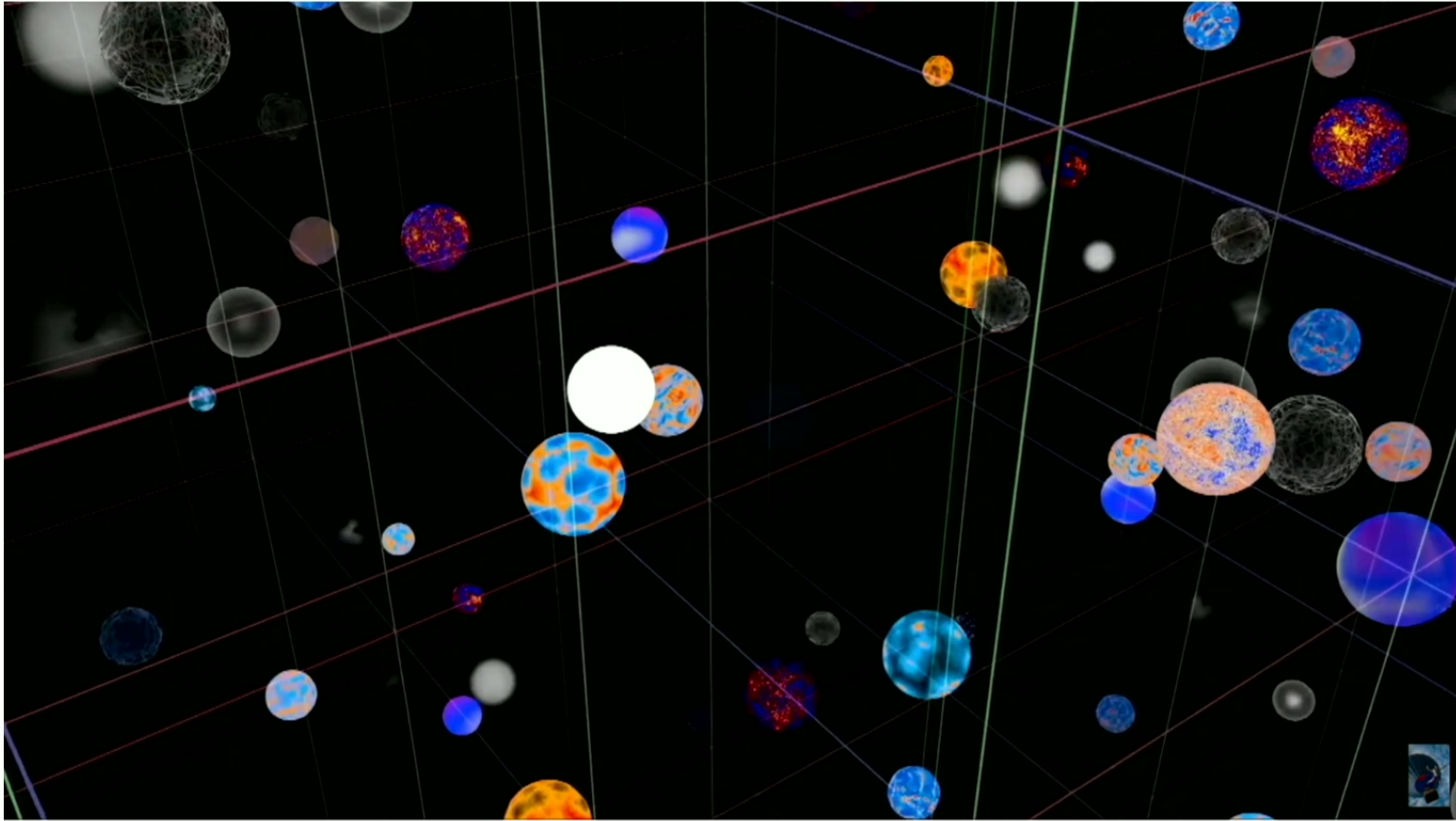
- A period of exponential expansion can inflate the horizon size  $\sim e^{H \cdot \text{time}}$
- 60 e-foldings of inflation solves the horizon problem
- Quantum Fluctuations can seed today's structure



# Criticisms of with inflation

- Which inflation? Can we test inflation?
- Produces Gravitational Waves, but how much?
- How does inflation end? *Reheating*
- In most places it doesn't! Multiverse

# Inflationary Multiverse





# Inflationary Wars

MAY 10, 2017

## A Cosmic Controversy

A *Scientific American* article about the theory of inflation prompted a reply from a group of 33 physicists, along with a response from the article's authors

SEAN CARROLL

in truth, only atoms and the void

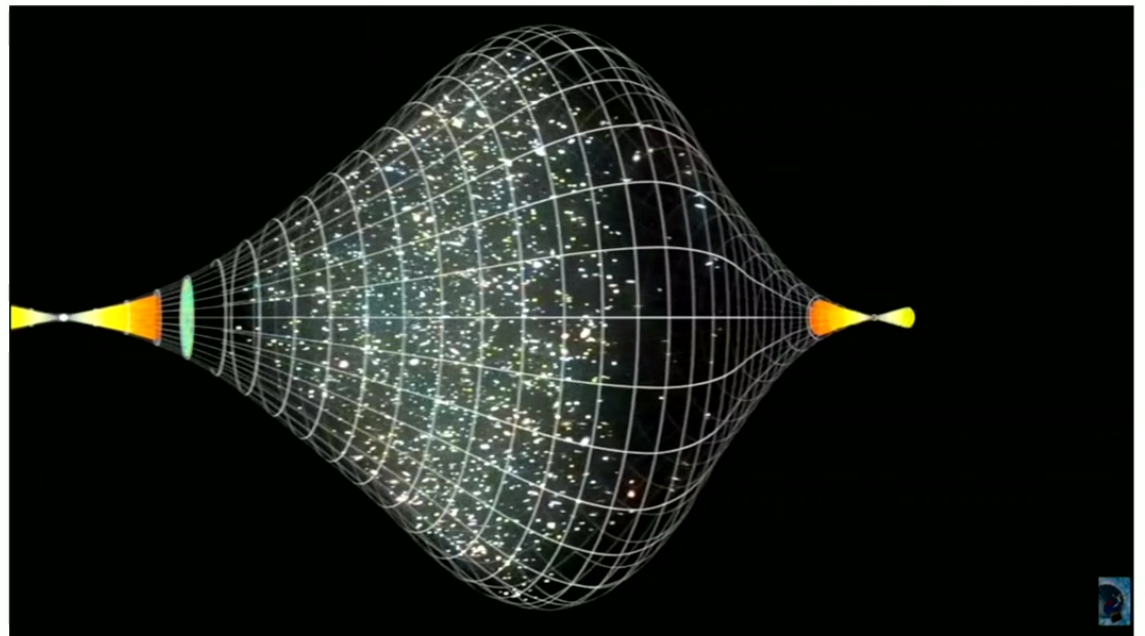
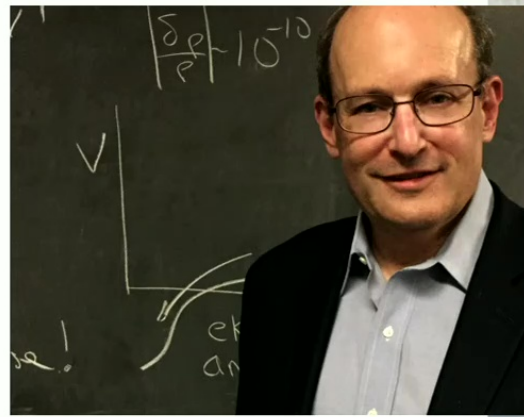
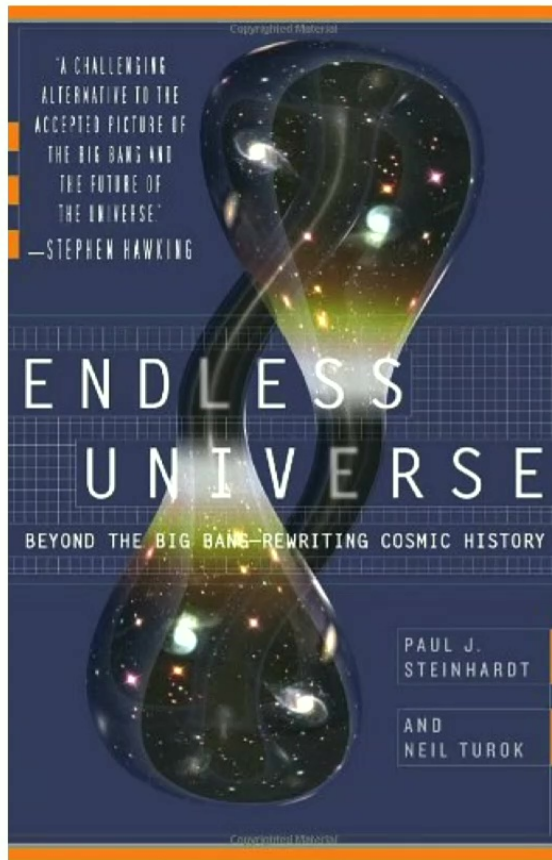
## IS INFLATIONARY COSMOLOGY SCIENCE?

25 COMMENTS / Philosophy, Science

[tl;dr: Check out [this article](#) in *Scientific American* by Ijjas, Steinhardt, and Loeb suggesting that inflation isn't science; [this response](#) by Guth, Kaiser, Linde, and Nomura that was co-signed by a bunch of people including me; and [this counter-response](#) by the original authors.]



# Cyclic Universe?



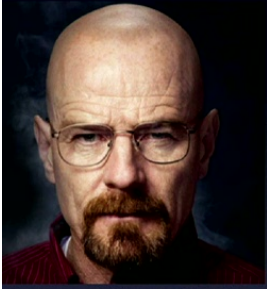


# Quantum Gravity: *The Holy Grail of Theoretical Physics*

- Can the rules of *Quantum* and *Gravity* work together?



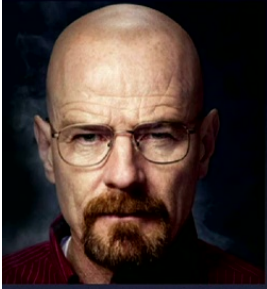
# Heisenberg vs. Einstein Microscopes



- Higher energy
- Shorter wavelength
- *Better resolution*



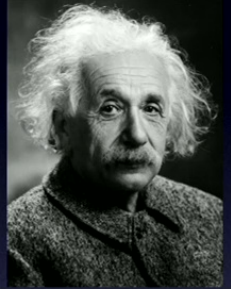
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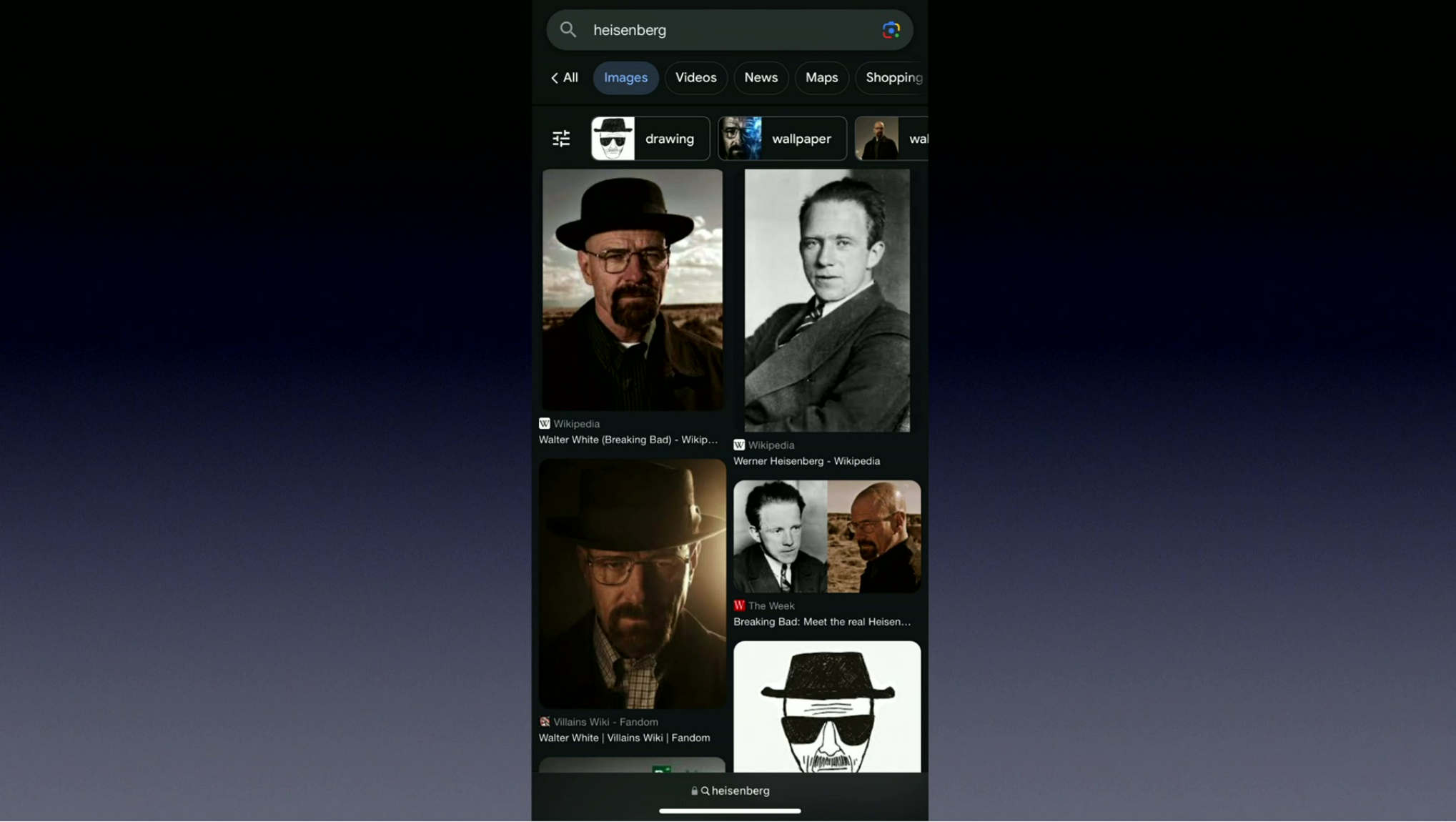
- Higher energy
- Shorter wavelength
- *Better resolution*



- Higher energy
- Bigger black holes
- *Worse resolution*







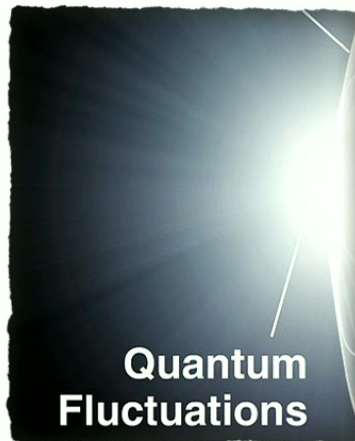
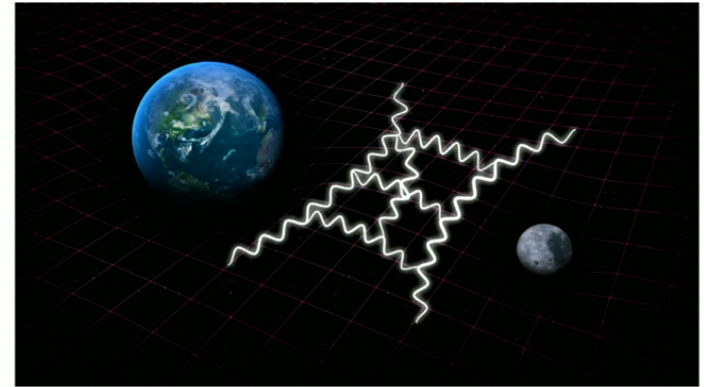


# General Relativity+ Quantum Mechanics → 😞 😡

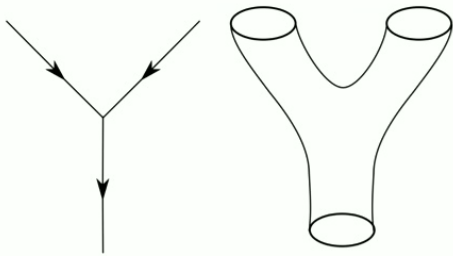
- All the predictions fail when we reach

*Planck Energy/Temperature:*  $E_p \sim 10^{27} \text{ eV} \sim 10^8 J \sim 10^{31} \text{ K}$

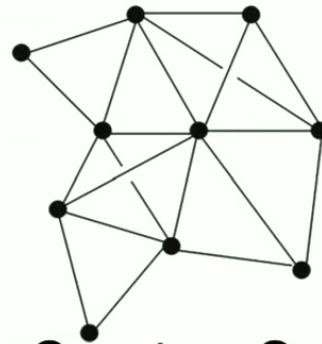
- This happens at the Big Bang Singularity



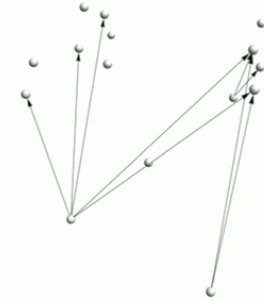
# Quantum Gravity Zoo??



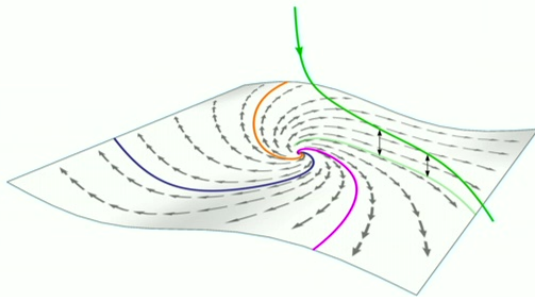
- String Theory



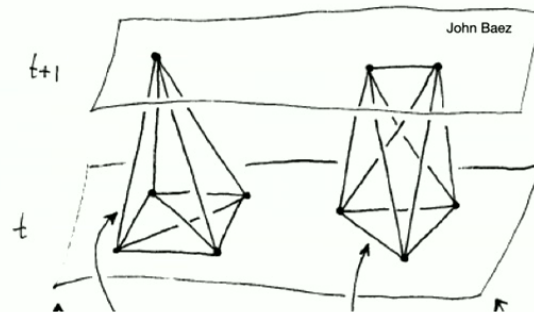
- Loop Quantum Gravity



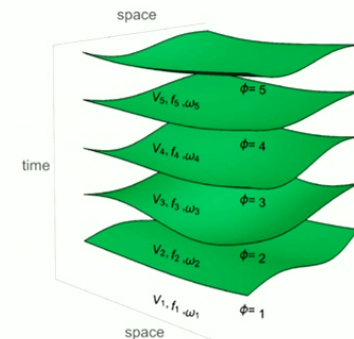
- Causal Sets



- Asymptotic Safety



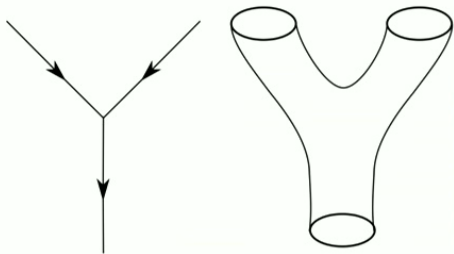
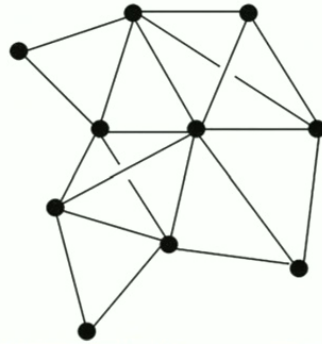
- Causal Dynamical Triangulation



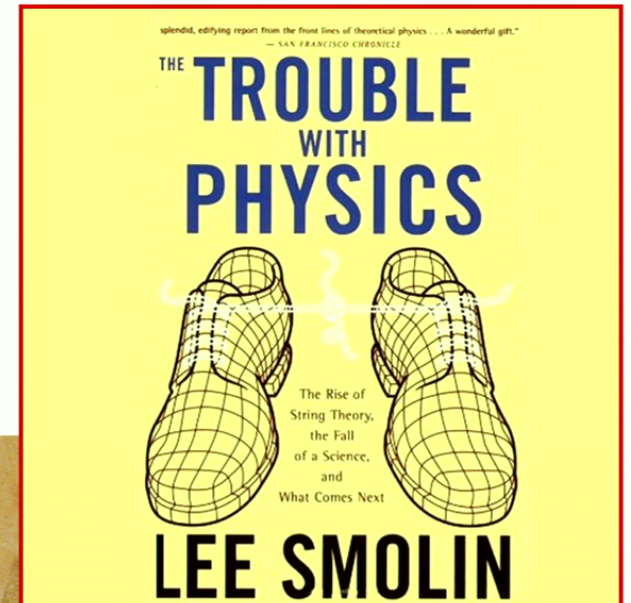
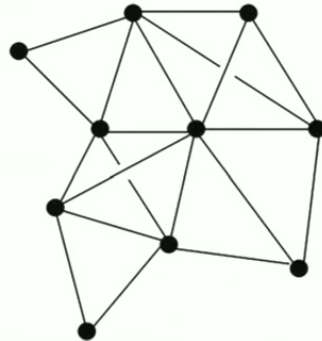
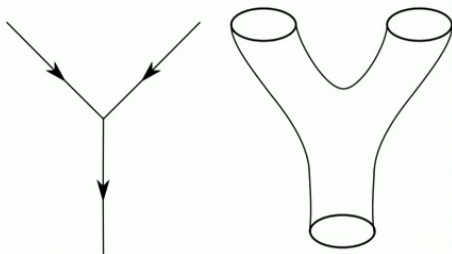
- Horava-Lifshitz gravity

Olena Shmahalo/Quanta Magazine



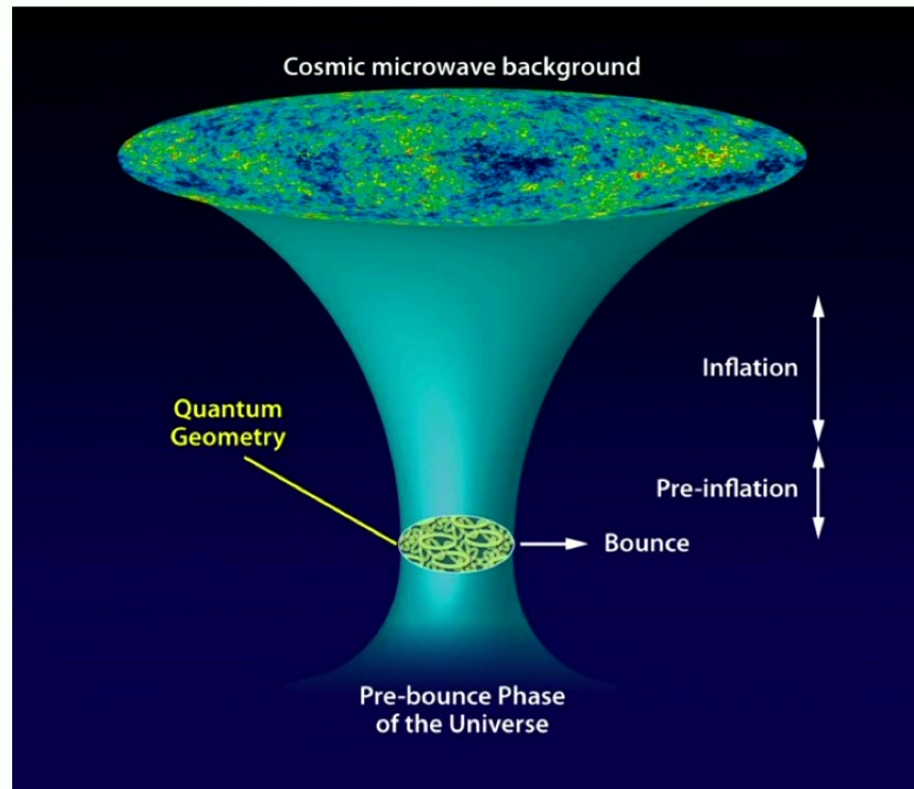






# Loop Quantum Cosmology

## Singularity $\rightarrow$ Big Bounce?



Smolin, Ashtekar, Rovelli

Yes



Param Singh

No



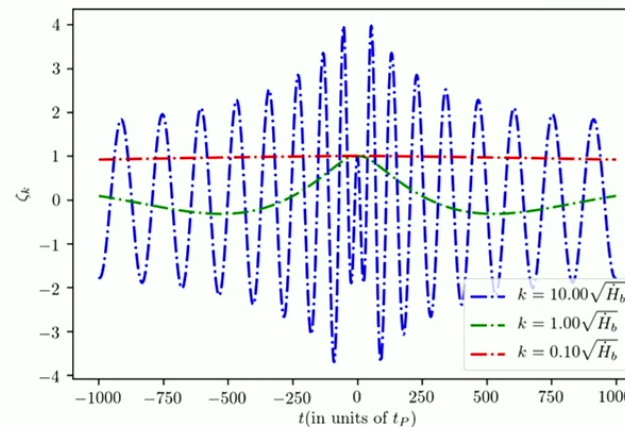
Martin Bojowald

# Cuscuton Bounce

- One way to avoid singularity is to make gravity repulsive
- However, this leads to instabilities, unless you make sound waves infinitely fast!

- → **Cuscuton!**

- No singularity, no instability

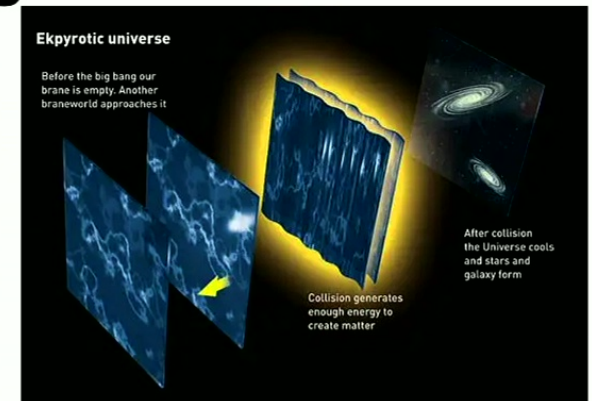
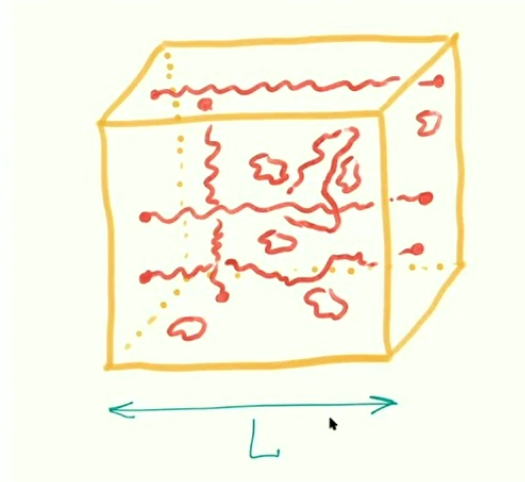
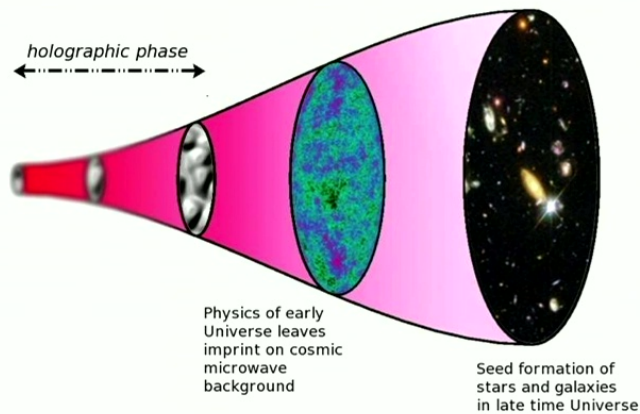


Ghazal Geshnizjani



# Many ideas of String Cosmology

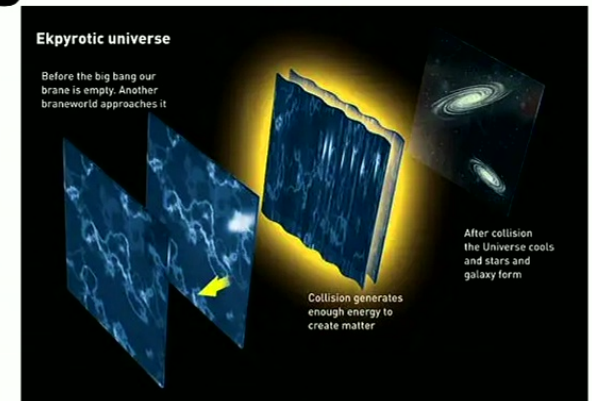
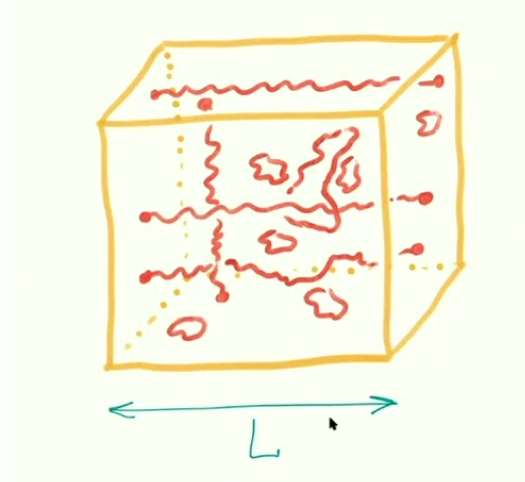
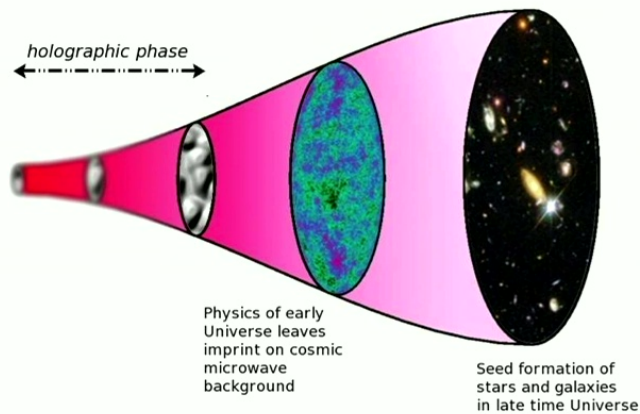
- Braneworlds
- String gas cosmology
- Holographic cosmology





# Many ideas of String Cosmology

- Braneworlds
- String gas cosmology
- Holographic cosmology



# Are there time machines in a quantum theory?

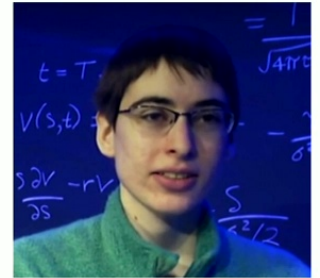
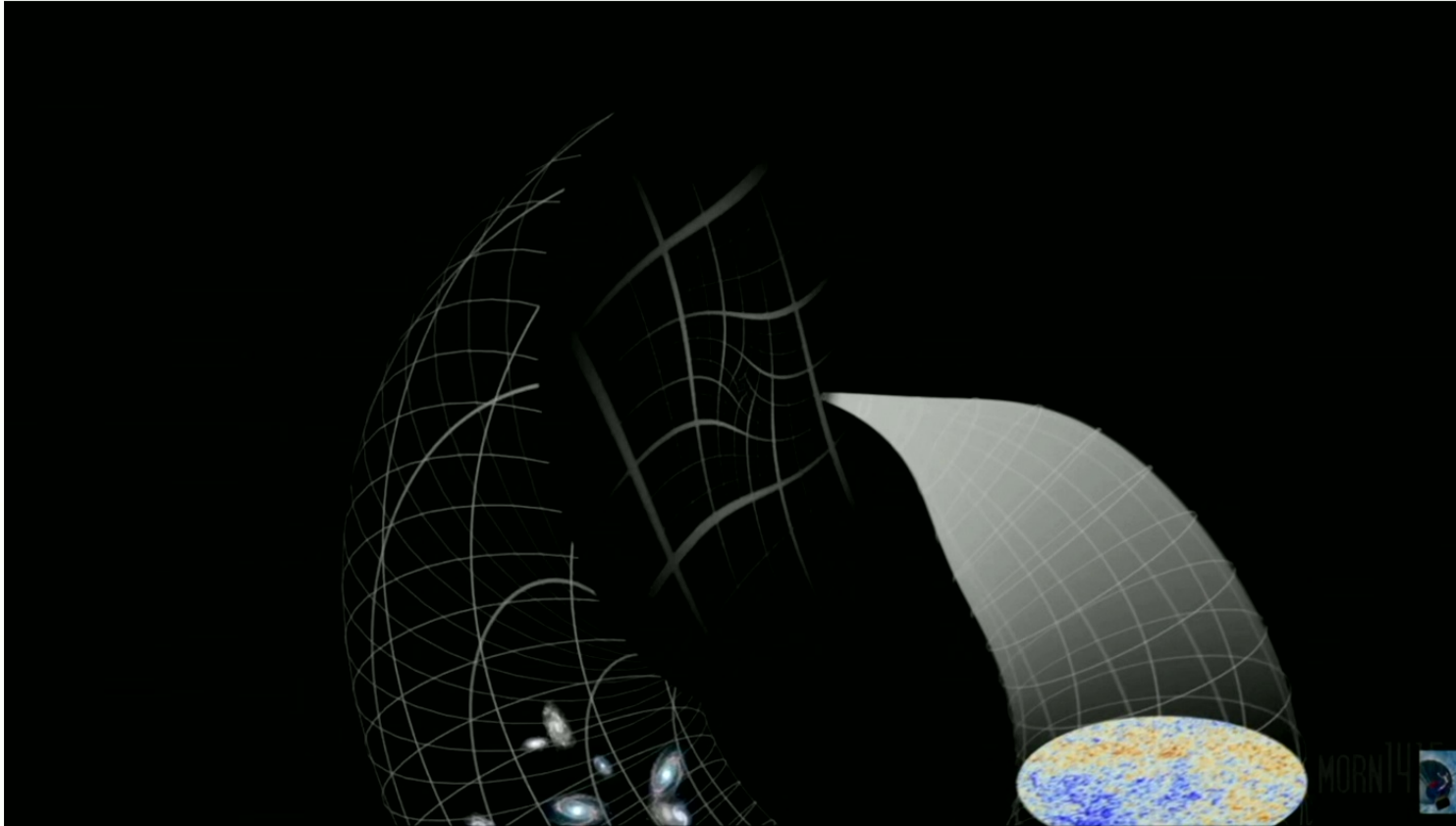
- Stephen Hawking: No!



- Richard Gott: Yes!



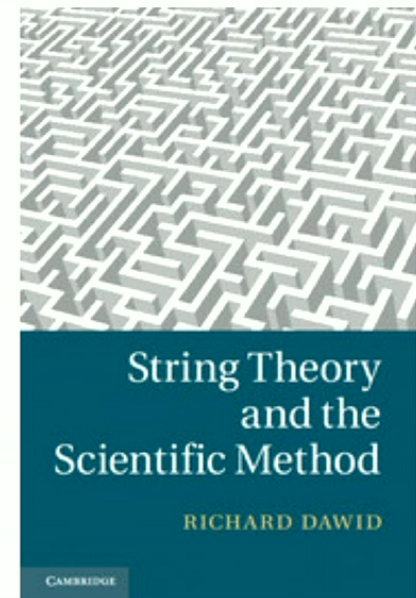
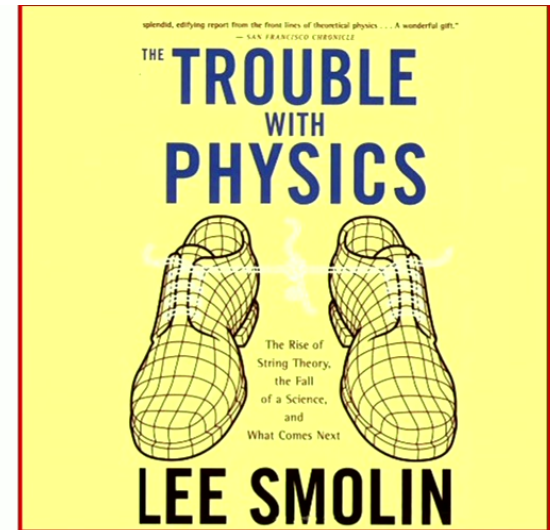
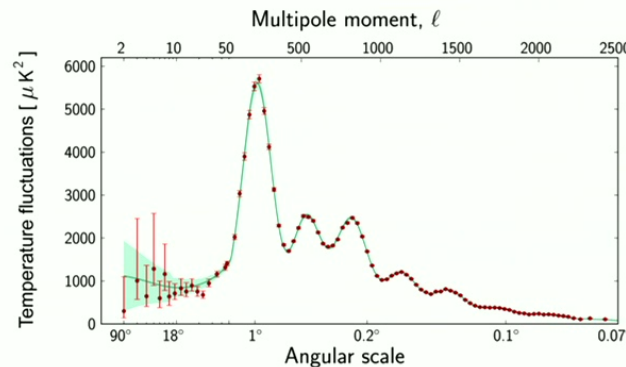
# Can the entire universe be time machine?



Elizabeth Gould

# Religion within Cosmology

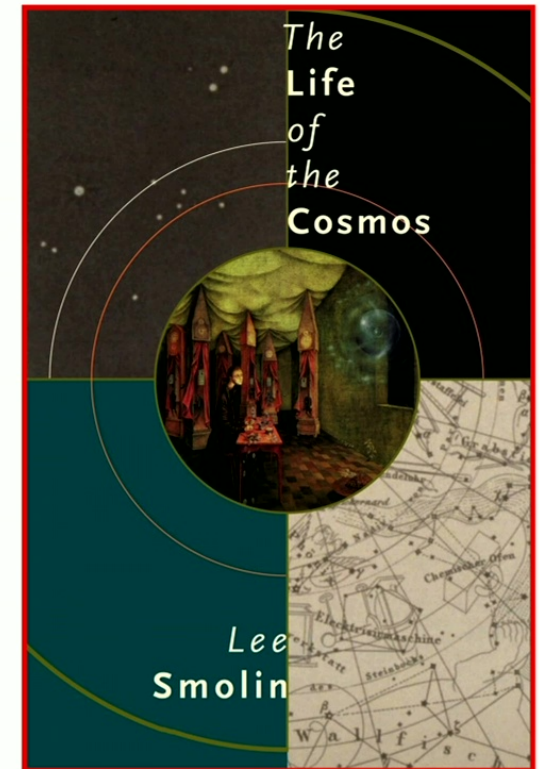
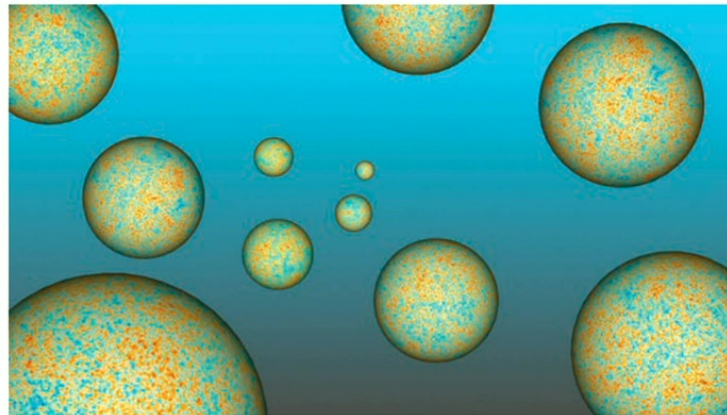
- You can take the cosmologist out of religion, but can you take the religion out of the cosmologist?
- Without empirical evidence, don't we revert to religious dogmas and crusades, under novel guises?
- Can we ever rule out string theory, loop quantum gravity, or inflation?





# God of the fine-tuning?

- Are the parameters of the universe (say electron charge and mass) fine-tuned for life through intelligent design?
- Alternatives: Natural selection of parameters in a multiverse (inflation, string theory) or within black holes (Lee Smolin)



# Pseudo-science or Proto-Science?



“The game I play is a very interesting one. It's imagination, in a tight straightjacket.”

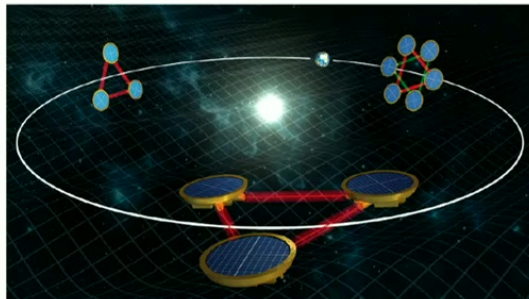
— Richard P. Feynman

- Science is a dance between theory and experiment. Sometimes theorists lead and data follows; at other times, experiment tightens Feynman's straitjacket, constraining the space for theorists to play.
- No exact demarcation criterion, like other human activities
- I prefer to judge based on similarities, and how progress happens

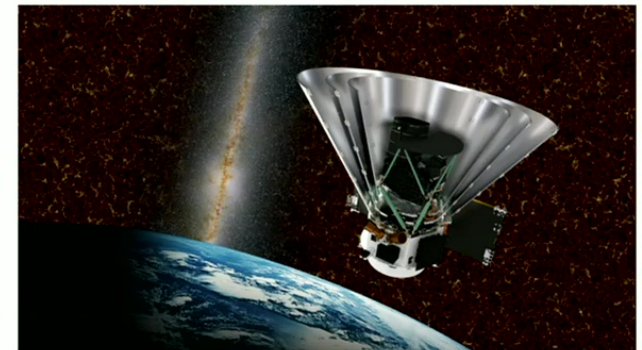
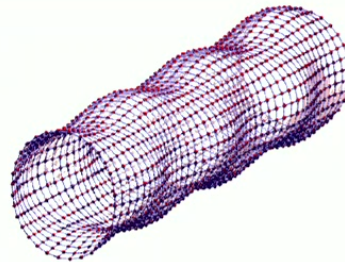
# Nature will guide us

## Sound & Geometry waves from Big Bang

- Subtle patterns in
  - ✓ *cosmic microwave background*
  - ✓ *large scale distribution of galaxies*
- Gravitational Waves from the Big Bang



Big Bang Observer



# The Final Battle

- The real battle is not with our colleagues, or fellow citizens
- Our true struggle is to overcome our ignorance —our adventure to comprehend the cosmos, ourselves included
- Our process is the scientific method, honed on solving cosmic mysteries, but also derived from all other aspects of our humanity



# The Final Battle

- The real battle is not with our colleagues, or fellow citizens
- Our true struggle is to overcome our ignorance —our adventure to comprehend the cosmos, ourselves included
- Our process is the scientific method, honed on solving cosmic mysteries, but also derived from all other aspects of our humanity
- This will be our ultimate survival tool in an ever-changing world
- The power to remember our past lies in your future!