

Title: Quantum Field Theory for Cosmology - Lecture 20240116

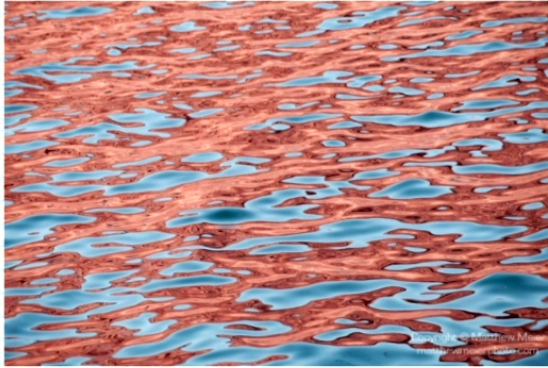
Speakers: Achim Kempf

Collection: Quantum Field Theory for Cosmology (PHYS785/AMATH872)

Date: January 16, 2024 - 4:00 PM

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QFT for Cosmology, Achim Kempf, Lecture 3



Quantization conditions:

$$[\hat{\phi}(x,t), \hat{\pi}(x',t)] = i\hbar \delta^3(x-x')$$

analogous to:
 $[\hat{q}_a(t), \hat{p}_a(t)] = i\hbar \delta_{aa'}$

$$[\hat{\phi}(x,t), \hat{\phi}(x',t)] = 0$$

$$[\hat{q}_a(t), \hat{q}_{a'}(t)] = 0$$

$$[\hat{\pi}(x,t), \hat{\pi}(x',t)] = 0$$

$$[\hat{p}_a(t), \hat{p}_{a'}(t)] = 0$$

We keep the equations of motion:

$$\dot{\hat{\phi}}(x,t) = \hat{\pi}(x,t) \quad (E1) \quad \dot{\hat{q}}_a(t) = \hat{p}_a(t)$$

$$\dot{\hat{\pi}}(x,t) = -(-\Delta + m^2)\hat{\phi}(x,t) \quad (E2) \quad \dot{\hat{p}}_a(t) = -K_a \hat{q}_a(t)$$

Note: $\hat{\phi}^\dagger(x,t) = \hat{\phi}(x,t)$ now implies hermiticity: $\hat{\phi}^{\dagger\dagger}(x,t) = \hat{\phi}(x,t)$

Proposition:

$E1, E2$ follow from the Heisenberg eqns

$$i\hbar \dot{\hat{\phi}}(x,t) = [\hat{\phi}(x,t), \hat{H}]$$

analogous to:
 $i\hbar \dot{\hat{q}}_a(t) = [\hat{q}_a(t), \hat{H}]$

$$i\hbar \dot{\hat{\pi}}(x,t) = [\hat{\pi}(x,t), \hat{H}]$$

$$i\hbar \dot{\hat{p}}_a(t) = [\hat{p}_a(t), \hat{H}]$$

Plan:

1. Recall harmonic oscillators ✓
2. Relativistic fields ✓
3. 2nd quantization ✓
4. Harmonic oscillators in fields \Rightarrow vacuum fluctuations

4. Harmonic oscillators in quantum fields

Proposition:

E_1, E_2 follow from the Heisenberg eqns

$$i\hbar \dot{\hat{\phi}}(x,t) = [\hat{\phi}(x,t), \hat{H}]$$

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analogous to:

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$$i\hbar \dot{\hat{p}}_a(t) = [\hat{p}_a(t), \hat{H}]$$

with this QFT Hamiltonian:

$$\hat{H} = \int_{\mathbb{R}^3} \frac{1}{2} \hat{\pi}^2(x,t) + \frac{1}{2} \hat{\phi}(x,t) (m^2 - \Delta) \hat{\phi}(x,t) d^3x'$$

$$\hat{H} = \sum_a \frac{1}{2} \hat{p}_a^2 + \frac{1}{2} \hat{q}_a^2$$

Plan:

1. Recall harmonic oscillators ✓
2. Relativistic fields ✓
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4. Harmonic oscillators in fields \Rightarrow vacuum fluctuations

4. Harmonic oscillators in quantum fields

From the above, we need to solve 2 equations:

- a) The K.G. eqn: $(\frac{\partial^2}{\partial t^2} - \Delta + m^2) \hat{\phi}(x,t) = 0$
 $x = (x_1, x_2, x_3)$
- b) The commutation rels: $[\hat{\phi}(x,t), \hat{\phi}(x',t)] = i\hbar \delta(x-x')$

Q: How to solve these eqns?

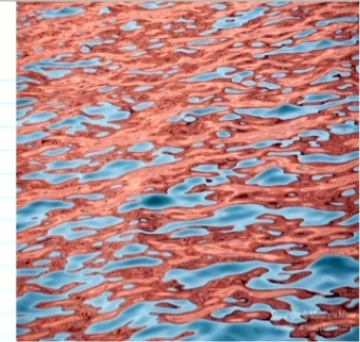
A: Use similarity to harmonic oscillator problem after overcoming a few technical difficulties:

1st Difficulty: (in reducing the QFT problem to harmonic oscillators)

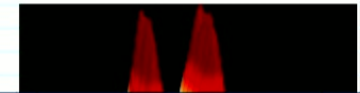
In the K.G. equation,

$$\ddot{\hat{\phi}}(x,t) = -(-\Delta + m^2) \hat{\phi}(x,t) \quad \xleftrightarrow{\text{Analogy}} \quad \dot{\hat{p}}_a(t) = -K_a \hat{q}_a(t)$$

The local field oscillators are coupled. \Rightarrow Excitations spread.



The oscillators that are local in



with this QFT Hamiltonian:

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$$\hat{H} = \sum_{\alpha} \frac{\hat{p}_{\alpha}^2}{2} + \frac{\omega_{\alpha}^2}{2} \hat{q}_{\alpha}^2$$



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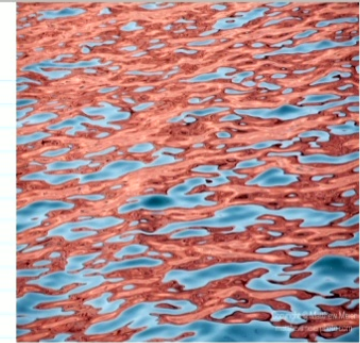
$$\dot{\hat{\pi}}(x,t) = -(-\Delta + m^2) \hat{\phi}(x,t) \xrightarrow{\text{Analogy}} \dot{\hat{p}}_{\alpha}(t) = -K_{\alpha} \hat{q}_{\alpha}(t)$$

we notice that $(-\Delta + m^2)$, unlike K_{α} , is not a number!

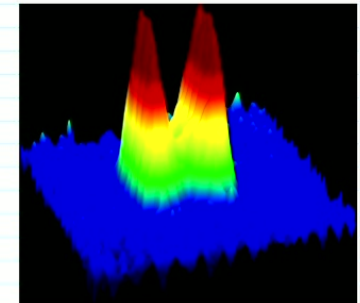
Q: Can we "transform" $(-\Delta + m^2)$ into a number?

A: Yes: Fourier transform turns derivatives into numbers!

The local field oscillators are coupled.
 \Rightarrow Excitations spread.



The oscillators that are local in momentum space are uncoupled.
 \Rightarrow Excitations don't spread in momentum space.



Fourier transform of the spatial variables x :

Proposition: (Exercise: show this)

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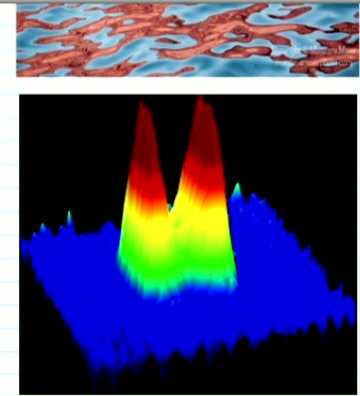
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The oscillators that are local in momentum space are uncoupled.

⇒ Excitations don't spread in momentum space.



Fourier transform of the spatial variables x :

Definition:

$$\hat{\phi}(k,t) := (2\pi)^{-3/2} \int_{\mathbb{R}^3} e^{-ix \cdot k} \phi(x,t) d^3x$$

$x \cdot k = \sum_{i=1}^3 x_i k_i ; k = (k_1, k_2, k_3)$

Traditional notation: $\hat{\phi}_k(t) := \hat{\phi}(k,t)$

Traditional terminology: $\hat{\phi}_k(t)$ is called the field's k -mode.

Inverse Fourier transform:

$$\hat{\phi}(x,t) = (2\pi)^{-3/2} \int_{\mathbb{R}^3} e^{ix \cdot k} \hat{\phi}_k(t) d^3k$$

Proposition: (Exercise: show this)

$$a) \hat{H} = \int_{\mathbb{R}^3} \left[\frac{1}{2} \hat{\pi}_k^\dagger(t) \hat{\pi}_k(t) + \frac{1}{2} \hat{\phi}_k^\dagger(t) (k^2 + m^2) \hat{\phi}_k(t) \right] d^3k$$

$k^2 = \sum_{i=1}^3 k_i^2$

Analogy to:

$$\hat{H} = \sum_a \left[\frac{1}{2} \hat{p}_a \hat{p}_a + \frac{1}{2} \omega_a \hat{q}_a \hat{q}_a \right]$$

$$b) [\hat{\phi}_k(t), \hat{\pi}_{k'}(t)] = i k \delta^3(k+k')$$

$$[\hat{q}_a, \hat{p}_{a'}] = i k \delta_{aa'}$$

$$[\hat{\phi}_k(t), \hat{\phi}_{k'}(t)] = 0$$

$$[\hat{q}_a(t), \hat{q}_{a'}(t)] = 0$$

$$[\hat{\pi}_k(t), \hat{\pi}_{k'}(t)] = 0$$

$$[\hat{p}_a(t), \hat{p}_{a'}(t)] = 0$$

$$c) \dot{\hat{\phi}}_k(t) = \hat{\pi}_k(t)$$

$$\dot{\hat{q}}_a(t) = \hat{p}_a(t)$$

$$\dot{\hat{\pi}}_k(t) = -(k^2 + m^2) \hat{\phi}_k(t)$$

$$\dot{\hat{p}}_a(t) = -\omega_a^2 \hat{q}_a(t)$$

⇒ For each mode \vec{k} we seem to have a harmonic oscillator with $\omega_k = \sqrt{k^2 + m^2}$.

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⇒ For each mode \mathbf{k} we seem to have a harmonic oscillator with $\omega_k = \sqrt{k^2 + m^2}$.

□ Exercise:

Show that a) + b) + Heisenberg eqn $\hat{f}(t) = \frac{1}{i\hbar} [\hat{f}(t), \hat{H}]$ yields c.)
(\hat{f} is arbitrary. Eg. $\hat{f} = \hat{\phi}_k$ or $\hat{f} = \hat{\pi}_k$)

2nd Difficulty: (in reducing the QFT problem to harmonic oscillators)

□ We notice that the commutation relations

$$[\hat{\phi}_k(t), \hat{\pi}_{k'}(t)] = i\hbar \delta^3(k+k') \quad \text{and} \quad [\hat{q}_a, \hat{p}_{a'}] = i\hbar \delta_{aa'}$$

do not match, because the Kronecker δ is only either 0 or 1, unlike the Dirac δ !

□ Idea: If use Fourier series instead, should have discrete values of k , thus Kronecker δ for CCR!

□ Strategy:

1. Put system into a large box $[-L/2, L/2]^{x3}$
2. Assume (for example) periodic boundary conditions.
(If box large enough it should not matter here what happens at the boundary of the box)
3. Instead of Fourier transform, we can now use Fourier series.

Terminology: Putting a system in a box is called "Infrared regularization".

↳ because "long" wavelengths are removed.

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□ Infrared regularization:

* $(k_1, k_2, k_3) = \frac{2\pi}{L} (n_1, n_2, n_3)$ with $n_1, n_2, n_3 \in \mathbb{Z}$

* $V = L^3$ (Volume of box)

* Fourier series expansion coefficients:

$$\hat{\phi}_k(t) = V^{-1/2} \int_{-L/2}^{L/2} \int_{-L/2}^{L/2} \int_{-L/2}^{L/2} \hat{\phi}(x,t) e^{-ikx} d^3x$$

* The inverse is the Fourier series:

$$\hat{\phi}(x,t) = V^{-1/2} \sum_k \hat{\phi}_k(t) e^{ikx}$$

← discrete set of vectors!

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(J) box large enough it should not matter here what happens at the boundary of the box)

3. Instead of Fourier transform, we can now use Fourier series.

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↑ because "long" wavelengths are removed.

□ The QFT problem in the box:

a) $\hat{H} = \sum_k \frac{1}{2} \hat{p}_k^2 + \frac{1}{2} \omega_k^2 \hat{\phi}_k^2$

↑ $\omega_k^2 = k^2 + m^2$

analogous to $\hat{H} = \sum_n \frac{1}{2} \hat{p}_n^2 + \frac{1}{2} \omega_n^2 \hat{q}_n^2$

b) $[\hat{\phi}_k(t), \hat{\pi}_{k'}(t)] = i\hbar \delta_{k,-k'}$

↓ Kronecker δ

$[\hat{q}_n, \hat{p}_{n'}] = i\hbar \delta_{n,n'}$

$[\hat{\phi}_k(t), \hat{\phi}_{k'}(t)] = 0$

$[\hat{q}_n(t), \hat{q}_{n'}(t)] = 0$

$[\hat{\pi}_k(t), \hat{\pi}_{k'}(t)] = 0$

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c) $\dot{\hat{\phi}}_k(t) = \hat{\pi}_k(t)$

$\dot{\hat{q}}_n(t) = \hat{p}_n(t)$

$\dot{\hat{\pi}}_k(t) = -(k^2 + m^2) \hat{\phi}_k(t)$

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- * Fourier series expansion coefficients:

$$\hat{\phi}_k(t) = V^{-1/2} \int_{-V/2}^{V/2} \int_{-V/2}^{V/2} \int_{-V/2}^{V/2} \hat{\phi}(x,t) e^{-i\mathbf{k}\cdot\mathbf{x}} d^3x$$

- * The inverse is the Fourier series:

$$\hat{\phi}(x,t) = V^{-1/2} \sum_{\mathbf{k}} \hat{\phi}_k(t) e^{i\mathbf{k}\cdot\mathbf{x}}$$

← discrete set of vectors!

$$[\psi_a(t), \pi_b(t)] = i\hbar \delta_{a,-b}$$

$$[\hat{q}_a, \hat{p}_{a'}] = i\hbar \delta_{aa'}$$

$$[\hat{\phi}_k(t), \hat{\phi}_{k'}(t)] = 0$$

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$$\dot{\hat{p}}_a(t) = -\omega_a^2 \hat{q}_a(t)$$

3rd Difficulty: (in reducing the QFT problem to harmonic oscillators)

□ Hermiticity:

We notice that $\hat{\phi}^\dagger(x,t) = \hat{\phi}(x,t)$, $\hat{\pi}^\dagger(x,t) = \hat{\pi}(x,t)$ implies

$$\hat{\phi}_k^\dagger(t) = \hat{\phi}_{-k}(t), \quad \hat{\pi}_k^\dagger(t) = \hat{\pi}_{-k}(t) \quad (H)$$

(Indeed:

$$\hat{\phi}_k^\dagger(t) = (2\pi)^{-3/2} \int_{\mathbb{R}^3} e^{i\mathbf{k}\cdot\mathbf{x}} \hat{\phi}^\dagger(x,t) d^3x = (2\pi)^{-3/2} \int_{\mathbb{R}^3} e^{i\mathbf{k}\cdot\mathbf{x}} \hat{\phi}(x,t) d^3x = \hat{\phi}_{-k}(t)$$

But eqns (H) do not match:

$$\hat{q}_k^\dagger(t) = \hat{q}_k(t) \quad \hat{p}_k^\dagger(t) = \hat{p}_k(t)$$

Namely: Our $\hat{\phi}_k, \hat{\pi}_k$ are not hermitean!

□ Correspondingly:

The analogy between

$$[\hat{\phi}_k(t), \hat{\pi}_{k'}(t)] = i\hbar \delta_{k,-k'} \quad \text{and} \quad [\hat{q}_a, \hat{p}_{a'}] = i\hbar \delta_{aa'}$$

suffers from $\delta_{k,-k'}$ instead of $\delta_{k,k'}$. (we do have $[\hat{\phi}_k(t), \hat{\pi}_k^\dagger(t)] = i\hbar \delta_{k,k'}$)

□ Mukhanov:

Neglects hermiticity issue and treats the field's oscillators just like ordinary quantum oscillators but with complex, i.e., non hermitean amplitudes.

$$\hat{\phi}_k^+(t) = \hat{\phi}_{-k}(t), \quad \hat{\pi}_k^+(t) = \hat{\pi}_{-k}(t) \quad (H)$$

Indeed:

$$\hat{\phi}_k^+(t) = (2\pi)^{-1/2} \int_{\mathbb{R}^1} e^{i\mathbf{x}\cdot\mathbf{k}} \hat{\phi}^+(x,t) d^3x = (2\pi)^{-1/2} \int_{\mathbb{R}^1} e^{i\mathbf{x}\cdot\mathbf{k}} \hat{\phi}(x,t) d^3x = \hat{\phi}_{-k}(t)$$

But eqns (H) do not match:

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Proper treatment:

Define new variables \hat{q}_k, \hat{p}_k , which are proper oscillators:

Egns of motion: $\dot{\hat{p}}_k = \hat{q}_k, \quad \dot{\hat{q}}_k = -\omega_k^2 \hat{p}_k$

Canon. com. rels: $[\hat{q}_k, \hat{p}_{k'}] = i \delta_{k,k'}$

Hermiticity: $\hat{q}_k^+ = \hat{q}_k, \quad \hat{p}_k^+ = \hat{p}_k$

Then, try ansatz:

$$\hat{\phi}_k = \frac{1}{2} (\hat{q}_k + \hat{q}_{-k}) + \frac{i}{2\omega_k} (\hat{p}_k - \hat{p}_{-k}) \quad (A)$$

Remark: In practice, it'll be more convenient to work with a_k, a_k^+ :

With $a_k := \sqrt{\frac{2}{\omega_k}} \hat{q}_k + \frac{i}{\omega_k} \hat{p}_k$ the ansatz reads: $\hat{\phi}_k = \frac{1}{\sqrt{2\omega_k}} (a_k + a_{-k}^+)$

suffers from $\delta_{k,-k}$ instead of $\delta_{k,k}$. (we do have $[\hat{\phi}_k(t), \hat{\pi}_{k'}^+(t)] = i\hbar \delta_{k,k'}$)

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Neglects hermiticity issue and treats the field's oscillators just like ordinary quantum oscillators but with complex, i.e., non hermitean amplitudes.

Exercise!

Now, show that ansatz (A) succeeds, i.e., that indeed:

Hamiltonian $\hat{H} = \sum_k \frac{1}{2} \hat{p}_k^2 + \frac{1}{2} \omega_k^2 \hat{q}_k^2 \quad (H)$

Egns of motion: $\dot{\hat{\pi}}_k = \hat{\phi}_k, \quad \dot{\hat{\phi}}_k = -\omega_k^2 \hat{\pi}_k$

Canon. com. rels: $[\hat{\phi}_k, \hat{\pi}_{k'}] = i \delta_{k,-k'}$

Hermiticity cond.: $\hat{\phi}_k^+ = \hat{\phi}_{-k}, \quad \hat{\pi}_k^+ = \hat{\pi}_{-k}$

Finally, via inverse Fourier series, show that:

$$\hat{\phi}(x) = \sqrt{\frac{2}{V}} \sum_k \left\{ \cos(xk) \hat{q}_k - \frac{1}{\omega_k} \sin(xk) \hat{p}_k \right\} \quad (B)$$

Remark: Ansatz (A) was not unique!

The q 's and p 's could be more mixed! (H) could be different!

Canon. comm. rels. $[\hat{q}_k, \hat{p}_{k'}] = i \delta_{k,k'}$

Hermiticity: $\hat{q}_k^\dagger = \hat{q}_k, \hat{p}_k^\dagger = \hat{p}_k$

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Remark: In practice, it'll be more convenient to work with a_k, a_k^\dagger :

With $a_k := \sqrt{\frac{m\omega_k}{2}} \hat{q}_k + \frac{i}{\sqrt{2}} \hat{p}_k$ the ansatz reads: $\hat{\phi}_k = \frac{1}{\sqrt{2m\omega_k}} (a_k + a_{-k}^\dagger)$

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Significance of non-uniqueness?

- * Ground state of q, p oscillators \rightarrow Vacuum
- * This need not be lowest energy state of the QFT Hamiltonian
 - \rightarrow Problem of vacuum identification on curved space.
 - \rightarrow See later.

"No particles state"

For now: We solved, using (A), the QFT eqns of the K.G. field.

Namely, we have now solved:

$$\text{Eqns of motion: } \begin{cases} \hat{\phi}(x,t) = \hat{\pi}(x,t) \\ \dot{\hat{\pi}}(x,t) = -(-\Delta + m^2) \hat{\phi}(x,t) \end{cases}$$

Hermiticity: $\hat{\phi}^\dagger(x,t) = \hat{\phi}(x,t), \hat{\pi}^\dagger(x,t) = \hat{\pi}(x,t)$

Can. comm. rels: $[\hat{\phi}(x,t), \hat{\pi}(x',t)] = i \delta^3(x-x')$

Example: How to calculate quant. field of K.G. field?

1. Solve the system of ∞ many quantum harmonic oscillator degrees of freedom

with $\hat{H} = \sum_k \left(\frac{1}{2} \hat{p}_k^2 + \frac{\omega_k^2}{2} \hat{q}_k^2 \right), \omega_k = \sqrt{k^2 + m^2}$

for all $k = (k_1, k_2, k_3) = \frac{2\pi}{L}(n_1, n_2, n_3)$ where $n_1, n_2, n_3 \in \mathbb{Z}$

2. Choose a state $|\Psi\rangle$ of that quantum system.

Example: The oscillators could all be in their lowest energy state.

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$$\text{Hermiticity: } \hat{\phi}^\dagger(x,t) = \hat{\phi}(x,t), \hat{\pi}^\dagger(x,t) = \hat{\pi}(x,t)$$

$$\text{Can. com. rels: } [\hat{\phi}(x,t), \hat{\pi}(x',t)] = i\delta^3(x-x')$$

□ We preliminarily call this $|\psi\rangle$ the vacuum state $|\psi_0\rangle$.

3. Given a state $|\psi\rangle$, we can calculate the probability (amplitude density) for finding arbitrary values $q_k(t), p_k(t)$.

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2. Choose a state $|\psi\rangle$ of that quantum system.

Example: □ The oscillators could all be in their lowest energy state.

4. Given $|\psi\rangle$, calculate the probability distribution of the Fourier coefficients:

$$\hat{\phi}_k, \hat{\pi}_k$$

Can do because they are simply linear combinations of the harmonic oscillator variables \hat{q}_k, \hat{p}_k . (Exercise: calculate)

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For now: We solved, using (A), the QFT eqns of the K.G. field.

Namely, we have now solved:

$$\text{Eqns of motion: } \begin{cases} \hat{\phi}(x,t) = \hat{\pi}(x,t) \\ \dot{\hat{\pi}}(x,t) = -(-\Delta + m^2)\hat{\phi}(x,t) \end{cases}$$

Hermiticity: $\hat{\phi}^\dagger(x,t) = \hat{\phi}(x,t)$, $\hat{\pi}^\dagger(x,t) = \hat{\pi}(x,t)$

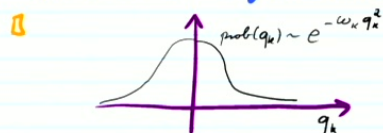
(an. com. rels): $[\hat{\phi}(x,t), \hat{\pi}(x',t)] = i\delta^3(x-x')$

□ We preliminarily call this $|\Psi\rangle$ the vacuum state $|\Psi_0\rangle$.

3. Given a state $|\Psi\rangle$, we can calculate the probability (amplitude density) for finding arbitrary values $q_k(t)$, $p_k(t)$.

Example:

□ In vacuum state, we know that the probability distribution of the \hat{q}_k (and \hat{p}_k as well) is gaussian:



with $\hat{H} = \sum_k \frac{1}{2} \hat{p}_k^2 + \frac{\omega_k^2}{2} \hat{q}_k^2$, $\omega_k = \sqrt{k^2 + m^2}$

for all $k = (k_1, k_2, k_3) = \frac{2\pi}{L}(n_1, n_2, n_3)$ where $n_1, n_2, n_3 \in \mathbb{Z}$

2. Choose a state $|\Psi\rangle$ of that quantum system.

Example: □ The oscillators could all be in their lowest energy state.

4. Given $|\Psi\rangle$, calculate the probability distribution of the Fourier coefficients:

$$\hat{\phi}_k, \hat{\pi}_k$$

Can do because they are simply linear combinations of the harmonic oscillator variables \hat{q}_k, \hat{p}_k . (Exercise: calculate)

Example:

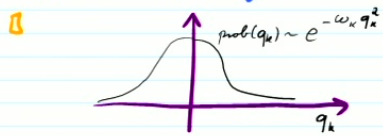
□ For $|\Psi_0\rangle$, since q_k, p_k are gaussian distributed, also the ϕ_k, π_k are gaussian distributed:

$$\text{prob}(\phi_k) \sim e^{-\omega_k \phi_k^2} \quad (\text{straight forward but tedious to show})$$

probability (completeness density) for given arbitrary values $q_k(t), p_k(t)$.

Example:

- In vacuum state, we know that the probability distribution of the q_k (and p_k as well) is gaussian:



Can do because they are simply linear combinations of the harmonic oscillator variables \hat{q}_k, \hat{p}_k . (Exercise: calculate)

Example:

- For $|\psi_0\rangle$, since q_k, p_k are gaussian distributed, also the ϕ_k, π_k are gaussian distributed:

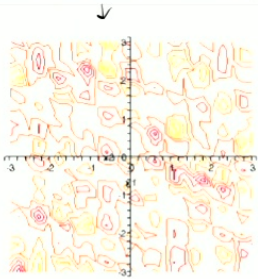
$prob(\phi_k) \sim e^{-\omega_k \phi_k^2 \phi_k}$ (straight forward but tedious to show)

5. Given the prob. distribution of the ϕ_k , use Fourier to obtain prob. distribution of $\phi(x)$!

Example:

- Consider $|\psi_0\rangle$.
- Draw a field $\phi(x)$ from the above calculated probability distribution for fields ϕ_k .

Contains lines of a typical $\phi(x,t)$ drawn from the vacuum's probability distribution for ϕ 's.



← Actual draw from that distribution.

The fluctuations trace back to the Fourier coefficients and to the \hat{q}_k, \hat{p}_k which fluctuate even in lowest energy state.

$$i\hbar \hat{f}(t) = [\hat{f}(t), \hat{H}(t)]$$



"Infrared cutoff"

