

Title: General Relativity for Cosmology Lecture - 103123

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Collection: General Relativity for Cosmology

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Abstract: Zoom: <https://ptp.zoom.us/j/91640855624?pwd=dWVWV2doSnBhUS9JUkhjQVBwY0h0dz09>

$$\left. \frac{dS}{d\lambda} \right|_{\lambda=0} = \frac{1}{2} \int_{\mathcal{B}} T^{\mu\nu} \delta g_{\mu\nu} d^4x$$

(we choose  $T^{\mu\nu}$  symmetric because  $g_{\mu\nu}$  is symmetric)

□ The above is meant when writing:

$$T^{\mu\nu} = \frac{2}{\sqrt{-g}} \frac{\delta}{\delta g_{\mu\nu}} S$$

□ We found that  $T^{\mu\nu}_{;\nu} = 0$  always holds.  
(Since is consequence of diffeomorphism invariance)

Definition: A space-time  $(M, g)$  is called "stationary" if it possesses energy conservation, i.e., if it possesses a time-like Killing vector field, i.e., if it possesses a field  $\xi$  which obeys:

$$L_{\xi} g = 0 \text{ and } \xi^{\mu} \xi_{\mu} = g(\xi, \xi) < 0$$

(Recall: if  $= 0$  would be called "null" or light-like,  $> 0$  would be called space-like)

→ Since  $\xi$  is timelike, observers can travel along the integral curves of  $\xi$  and set up a coordinate system with their own-time as the time coordinate.

In such a "Comoving coordinate system":  $\xi = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}$

⇒  $0 = L_{\xi} g = \xi^{\mu} g_{\mu\nu, \alpha} + g_{\mu\nu} \xi^{\mu}_{, \alpha} + g_{\mu\alpha} \xi^{\mu}_{, \nu}$  becomes:  
 $0 = g_{\mu\nu, 0} = \partial_t g_{\mu\nu}$ , i.e.:  $g_{\mu\nu}(x) = \text{constant in time.}$

$$L_{\xi} g = 0, \text{ i.e., } \xi_{\mu;\nu} = -\xi_{\nu;\mu}$$

Because then:  $P^{\mu} := T^{\mu\nu} \xi_{\nu}$  obeys  $P^{\mu}_{;\mu} = 0$

Thus:  $\int_{\mathcal{B}} P^{\mu}_{;\mu} \sqrt{-g} d^4x \stackrel{\text{Stokes (Gauss)}}{=} \int_{\partial \mathcal{B}} \xi_{\mu} \Omega^{\mu} = 0$   
div<sub>g</sub> P = d<sub>g</sub> P Ω      a conservation law

Proposition: maximal number of indep. Killing vector fields on spacetime: **10**  
Actual spacetime has no Killing vector fields, but realistic simplified models of parts or all of spacetime often do:

⇒ In "stationary" spacetimes, one can find a (so-called comoving) coordinate system, in which:

$$\frac{\partial}{\partial x^{\alpha}} g_{\mu\nu}(x^0, x^1, x^2, x^3) = 0$$

⇒ Comoving observers, i.e., those observers who travel the flow generated by  $\xi$ , see no change in the prevailing local curvature.

□ However: Stationarity does not imply that there is a cds in which

$$g = \begin{pmatrix} g_{00} & 0 & 0 & 0 \\ 0 & \times & \times & \times \\ 0 & \times & \times & \times \\ 0 & \times & \times & \times \end{pmatrix} \quad (\times)$$

Example: The  $g$  of a stationary black hole that is rotating, given by the "Kerr metric".

→ Since  $\xi$  is timelike, observers can travel along the integral curves of  $\xi$  and set up a coordinate system with their own-time as the time coordinate.

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$0 = g_{\mu\nu, 0} = \partial_t g_{\mu\nu}$ , i.e.:  $g_{\mu\nu}(x) = \text{constant in time.}$

→ Definition: A space-time is called "static", if the time-like Killing field  $\xi$ , viewed as a 1-form, also obeys the "Frobenius condition":

$$\xi \wedge d\xi = 0 \quad (\text{F})$$

↑ Exercise: write it out in coordinates

Significance? (F) holds ⇔  $g = \begin{pmatrix} g_{tt} & 0 & 0 & 0 \\ 0 & & & \\ 0 & & & \\ 0 & & & \end{pmatrix}$  in suitable cds.

- If, in a suitable coordinate system,  $g$  is of the form (X) and the time-like  $\xi$  is  $\xi = g_{tt} dt$ , then  $\xi \wedge d\xi = 0$  trivially.
- One can also show that, conversely, (F) implies existence of cds in which (X) holds.

local curvature.

□ However: Stationarity does not imply that there is a cds in which

$$g = \begin{pmatrix} g_{tt} & 0 & 0 & 0 \\ 0 & & & \\ 0 & & & \\ 0 & & & \end{pmatrix} \quad (\text{X})$$

Example: The  $g$  of a stationary black hole that is rotating, given by the "Kerr metric".

Generic properties of  $T^{\mu\nu}$ :

- $T^{\mu\nu}$  has contributions from known and also from as yet unknown matter fields (e.g., from dark matter).
- Thus, in order to draw generic conclusions about, e.g.,
  - a) the occurrence of singularities, or (Note: black hole formation stops energy dropping)
  - b) the overall positivity of the energy (despite universal attraction!),
 one needs plausible conjectures about the full  $T_{\mu\nu}$ :

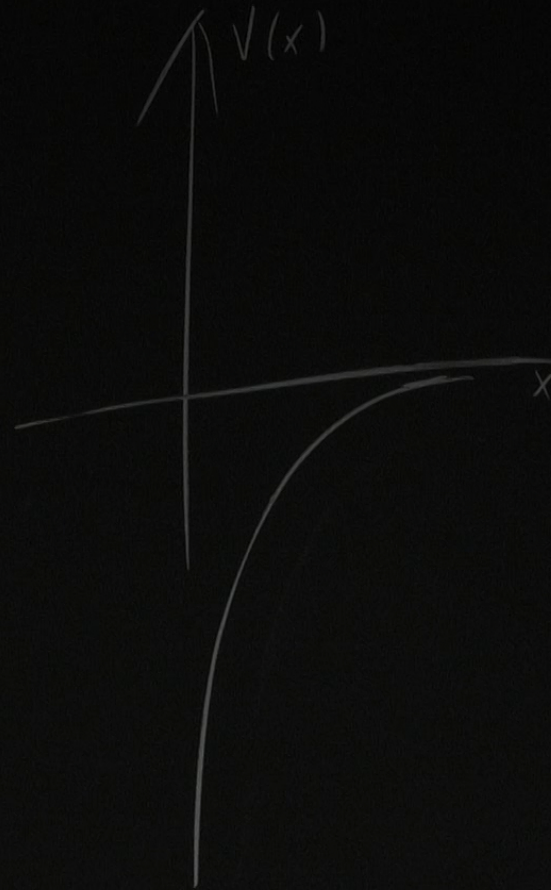
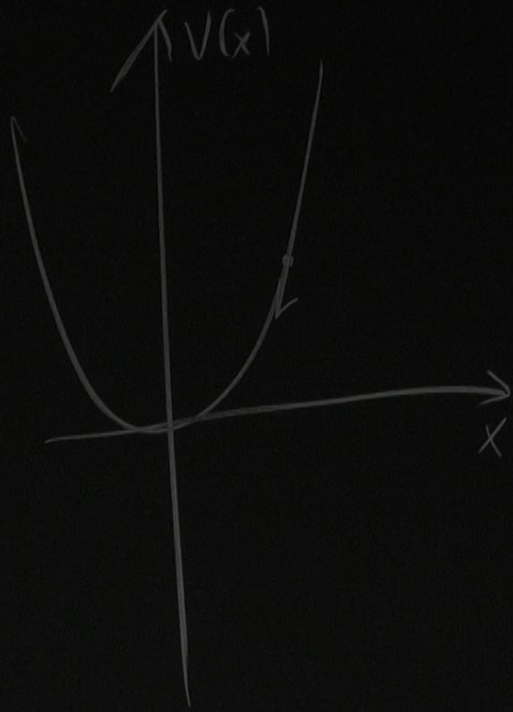
The "weak energy condition":

$$T_{\mu\nu} v^{\mu} v^{\nu} \geq 0 \quad \text{for all timelike } v: g(v,v) < 0$$

Why assume it? (by continuity it then also holds for lightlike  $v$ )

(Note: Negative energy would be anti-gravitating i.e. repulsive.)

All observers travel with a time-like tangent  $v$ . They then see a positive local energy density:  $T_{\mu\nu} v^{\mu} v^{\nu} \geq 0$





$\xi \wedge d\xi = 0$  (+) Exercise: write it out in coordinates

Significance?

(F) holds  $\Leftrightarrow g = \begin{pmatrix} g_{00} & 0 & 0 & 0 \\ \vdots & \ddots & \vdots & \vdots \\ 0 & 0 & \ddots & 0 \end{pmatrix}$  in suitable cds.

- o If, in a suitable coordinate system,  $g$  is of the form (X) and the time-like  $\xi$  is  $\xi = g_{00} dt$ , then  $\xi \wedge d\xi = 0$  trivially.
- o One can also show that, conversely, (F) implies existence of cds in which (X) holds.

b.) the overall positivity of the energy (despite universal attraction!) one needs plausible conjectures about the full  $T_{\mu\nu}$ :

The "weak energy condition":

$T_{\mu\nu} v^\mu v^\nu \geq 0$  for all timelike  $v: g(v,v) < 0$

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All observers travel with a time-like tangent  $v$ . They then see a positive local energy density:  $T_{\mu\nu} v^\mu v^\nu \geq 0$

The "dominant energy condition":

$T_{\mu\nu} v^\mu v^\nu \geq 0$  for all timelike  $v$  (i.e., weak energy condition)

and

$K_\mu := T_{\mu\nu} v^\nu$  always  $K_\mu K^\mu \leq 0$  (i.e.,  $T_{\mu\nu} v^\nu$  is non-space-like)

Why assume it?

- o The local energy-momentum flow vector,  $K$ , may not be conserved but should be non-space-like: "All flow should be into the future."
- o In an orthonormal basis, the dominant energy condition takes the form:

$T^{00} \geq |T^{0i}|$

i.e. "energy dominates over momentum"

(Note: This is all intuition from fluid mechanics analogy. Quantum fields may or may not behave this way.)

The dynamics of space-time!

o Consider the full matter action:

$S[g, \psi] = \int_M L(g, \psi) \sqrt{|g|} d^4x$

all matter fields:  $e^-,$  photons, quarks, gluons etc.

o The equations of motion of matter fields are

$\frac{\delta S}{\delta \psi^{a,b}_{c,d}} = 0$

i.e.:  $\frac{\partial L}{\partial \psi^{a,b}_{c,d}} = \left( \frac{\partial L}{\partial \psi^{a,b}_{c,d;e}} \right)_{;e}$

Why assume it?

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i.e.:  $\frac{\partial L}{\partial \Psi_{(i)}^{a\dagger} c_{;d}} = \left( \frac{\partial L}{\partial \Psi_{(i)}^{a\dagger} c_{;d} e} \right)_e$

- Do we obtain suitable equations of motion for  $g_{\mu\nu}$  by setting

$$\frac{\delta S}{\delta g_{\mu\nu}} = 0 \quad ?$$

Apparently not, because it would mean:

$$\frac{\delta S}{\delta g_{\mu\nu}} = \frac{1}{2} T^{\mu\nu} \sqrt{g} = 0 !$$

Thus, the universe would have to be empty of matter (assuming all matter has positive energy).

- Andrei Sakharov (1968):

The quantum effects of matter induce suitable extra terms in the action!

**Sakharov's reasoning:** (modernized version)

- Classical deterministic evolution of matter obeys:

$$\frac{\delta S}{\delta \Psi_{(i)}} = 0$$

- But quantum theory allows every evolution  $\Psi_{(i)}(x,t)$  to happen "virtually", with probability amplitudes:

$$\text{prob. amp. } [\Psi_{(i)}] = N e^{\frac{iS[g, \Psi]}{\hbar}}$$

a normalization constant.

- As usual in quantum theory, the actual or "effective" matter evolution  $\langle \Psi_{(i)}(x,t) \rangle$  is close

Thus, the universe would have to be empty of matter (assuming all matter has positive energy).

□ Andrei Sakharov (1968):

The quantum effects of matter induce suitable extra terms in the action!

to but not identical to the classical matter evolution  $\Psi_0(x,t)$ .

Why? Path integral picture: The field evolutions with close-to-extremal actions have very similar values  $e^{\frac{iS}{\hbar}}$  because for them  $\frac{\delta S}{\delta \varphi} \approx 0$  i.e. their path amplitudes add up. Other matter evolutions  $\Psi_0(x,t)$  have widely different  $e^{\frac{iS}{\hbar}}$ , so their probabilities average another way.

Heisenberg picture: The (field) operators obey formally the same eqns of motion as do the classical fields. Because of the commutation (and uncertainty) relations, however, the (field) operator expectation values generally do not obey the classical eqns of motion.

○ There occur integrals that are divergent

□ But quantum theory allows every evolution  $\Psi_0(x,t)$  to happen "virtually", with probability amplitudes:

$$\text{prob. amp. } [\Psi_0] = N e^{\frac{iS[g, \varphi]}{\hbar}}$$

a normalization constant.

□ As usual in quantum theory, the actual or "effective" matter evolution  $\langle \Psi_0(x,t) \rangle$  is close

□ Thus, the effective quantum fields obey equations of motion that are somewhat modified!

⇒ Aim: Calculate the "effective action"

$$S_{\text{eff}}[g, \varphi]$$

which yields the effective evolution of matter fields when matter quantum effects are taken into account.

□ Problems:

- These calculations are very difficult.
- ⇒ Use perturbative methods.

The only question is which prefactors these terms will have.

But as always in quantum theory, the effective action will contain terms of all possible forms that are consistent with the symmetries of the theory i.e. here with general covariance (i.e. that are scalars):

$$S_{eff}[g, \psi] = \int_M \left( L + L_{\text{matter}} + c_1 + c_2 R + c_3 \mathcal{O}(R^2) \right) \sqrt{g} d^4x$$

quantum "vacuum energy" of matter

this is the local change of the vacuum energy due to curvature deforming the quantum harmonic oscillators of the field modes.

- the order of perturbation
- the value of the short-distance cutoff:

The  $\lambda_i$  are unitless numbers that are roughly of order one, depending on the precise matter Lagrangian

$c_1 = \lambda_1 \ell_c^{-4}$  (must make up for  $[\text{length}]^4$  from  $d^4x$ )  
 $c_2 = \lambda_2 \ell_c^{-2}$  (because  $R$  has units  $[\text{length}]^{-2}$ )  
 $c_3 = \lambda_3 \ell_c^0$  (terms  $R^2$  or  $R^{\mu\nu} R_{\mu\nu}$  etc have units  $[\text{length}]^{-4}$ )  
 $c_4 = \lambda_4 \ell_c^2$  (higher terms in  $R$  have prefactors  $\sim \ell_c^{\text{power}}$ )

⇒ For small  $\ell_c$ , we have:  
 $c_1 \gg c_2 \gg c_3 \gg c_4 \gg \dots$

Consider the lowest order terms:

$$S_{eff}[g, \psi] = \int_M (L + c_1 + c_2 R) \sqrt{g} d^4x$$

total effective matter Lagrangian

cosmological constant

Einstein action

and postulate now that the equations of motion for the metric follow from the action principle:

$$\frac{\delta S_{eff}[g, \psi]}{\delta g_{\mu\nu}} = 0$$

Einstein had postulated the same action principle!

We note that:

Every (effective) quantum field theory with minimum length induces Einstein gravity.  
 See, e.g., review: [gr-qc/0204062](https://arxiv.org/abs/gr-qc/0204062)

The equations of motion for g:

The action principle,  $\frac{\delta S_{eff}}{\delta g_{\mu\nu}} = 0$ , yields:

$$\frac{\delta}{\delta g_{\mu\nu}} \int_M (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x = -\frac{1}{2} \sqrt{g} T^{\mu\nu}$$

in principle, it is the effective quantum expectation value

Evaluate the left hand side:

a)  $\delta \int_M c_1 \sqrt{g} d^4x = \int_M c_1 \frac{\delta \sqrt{g}}{\delta g_{\mu\nu}} \delta g_{\mu\nu} d^4x$

recall:  $= \frac{1}{2} g^{\mu\nu} \sqrt{g}$

$$= \int_M c_1 \frac{1}{2} g^{\mu\nu} \sqrt{g} \delta g_{\mu\nu} d^4x$$



and postulate now that the equations of the metric follow from the action principle:

$$\frac{\delta S[g, \psi]}{\delta g_{\mu\nu}} = 0$$

Einstein had postulated the same action principle!

We note that:

Every (effective) quantum field theory with minimum length induces Einstein gravity.  
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$$\begin{aligned}
 \text{b.) } \delta \int_B c_2 R_{\mu\nu} g^{\mu\nu} \sqrt{g} d^4x &= \underbrace{\int_B c_2 (\delta R_{\mu\nu}) g^{\mu\nu} \sqrt{g} d^4x}_{\text{Term I}} + \underbrace{\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x}_{\text{Term II}}
 \end{aligned}$$

Proposition: Term I = 0

Proof: Choose origin of geodesic coordinate system

$$R_{\mu\nu} = \Gamma^{\lambda}_{\mu\nu;\lambda} - \Gamma^{\lambda}_{\mu\lambda;\nu} + \underbrace{\Gamma^{\lambda}{}_{\lambda\sigma}\Gamma^{\sigma}{}_{\mu\nu} - \Gamma^{\lambda}{}_{\mu\sigma}\Gamma^{\sigma}{}_{\lambda\nu}}_{\text{vanish at origin because } \Gamma=0}$$

Thus:  $\delta R_{\mu\nu} = (\delta \Gamma^{\lambda}_{\mu\nu})_{;\lambda} - (\delta \Gamma^{\lambda}_{\mu\lambda})_{;\nu}$

$$\frac{\delta}{\delta g_{\mu\nu}} \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x = -\frac{1}{2} \sqrt{g} T^{\mu\nu}$$

in principle, it is the effective quantum expectation value

Evaluate the left hand side:

$$\begin{aligned}
 \text{a.) } \delta \int_B c_1 \sqrt{g} d^4x &= \int_B c_1 \frac{\delta \sqrt{g}}{\delta g_{\mu\nu}} \delta g_{\mu\nu} d^4x \\
 &= \int_B c_1 \frac{1}{2} g^{\mu\nu} \sqrt{g} \delta g_{\mu\nu} d^4x
 \end{aligned}$$

recall:  $= \frac{1}{2} g^{\mu\nu} \sqrt{g}$

$$\begin{aligned}
 \Rightarrow g^{\mu\nu} \delta R_{\mu\nu} &= g^{\mu\nu} (\delta \Gamma^{\lambda}_{\mu\nu})_{;\lambda} - g^{\mu\nu} (\delta \Gamma^{\lambda}_{\mu\lambda})_{;\nu} \\
 &= w^{\lambda}{}_{;\lambda} \text{ for } w^{\lambda} = g^{\mu\nu} \delta \Gamma^{\lambda}_{\mu\nu} - g^{\mu\lambda} \delta \Gamma^{\lambda}_{\mu\lambda}
 \end{aligned}$$

recall:  $g^{\mu\nu}{}_{;\nu} = 0$  here.

Thus, in arbitrary coordinate system:

$$g^{\mu\nu} \delta R_{\mu\nu} = w^{\lambda}{}_{;\lambda}$$

$$\begin{aligned}
 \Rightarrow \int_B c_2 g^{\mu\nu} \delta R_{\mu\nu} \sqrt{g} d^4x &= \int_B w^{\lambda}{}_{;\lambda} \sqrt{g} d^4x \\
 &= \int_B \text{div}_w \Omega \\
 &\stackrel{\text{Gauss}}{=} \int_{\partial B} \underbrace{c_2 \Omega}_{=0 \text{ on } \partial B, \text{ assuming } \delta g_{\mu\nu} \text{ and } \delta g_{\mu\nu;\lambda} = 0 \text{ on } \partial B}
 \end{aligned}$$

any invariance constant geometry.  
 See, e.g., review: gr-qc/0204062

$$b) \quad \delta \int_B c_2 R_{\mu\nu} g^{\mu\nu} \sqrt{g} d^4x$$

$$= \underbrace{\int_B c_2 (\delta R_{\mu\nu}) g^{\mu\nu} \sqrt{g} d^4x}_{\text{Term I}} + \underbrace{\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x}_{\text{Term II}}$$

Proposition: Term I = 0

Proof: Choose origin of geodesic coordinate system

$$R_{\mu\nu} = \Gamma^{\lambda}_{\mu\nu,\lambda} - \Gamma^{\lambda}_{\mu\lambda,\nu} + \underbrace{\Gamma^{\lambda\sigma}_{\mu\nu} \Gamma^{\lambda\sigma}}_{\text{vanish at origin because } \Gamma=0}$$

Thus:  $\delta R_{\mu\nu} = (\delta \Gamma^{\lambda}_{\mu\nu})_{,\lambda} - (\delta \Gamma^{\lambda}_{\mu\lambda})_{,\nu}$

c.) Evaluate term II:

$$\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x = ?$$

We have:

$$\delta(g^{\mu\nu} \sqrt{g}) = (\delta g^{\mu\nu}) \sqrt{g} + g^{\mu\nu} \frac{\partial \sqrt{g}}{\partial g^{\alpha\beta}} \delta g^{\alpha\beta}$$

$$= \int_B c_2 \frac{1}{2} g^{\mu\nu} \sqrt{g} \delta g_{\mu\nu} d^4x$$

$$\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} = g^{\mu\nu} (\delta \Gamma^{\lambda}_{\mu\nu})_{,\lambda} - g^{\mu\nu} (\delta \Gamma^{\lambda}_{\mu\lambda})_{,\nu}$$

$$= w^{\lambda}_{,\lambda} \quad \text{for } w^{\lambda} = g^{\mu\nu} \delta \Gamma^{\lambda}_{\mu\nu} - g^{\mu\nu} \delta \Gamma^{\mu}_{\nu\lambda}$$

recall:  $g^{\mu\nu}_{,\mu} = 0$  here.

Thus, in arbitrary coordinate system:

$$g^{\mu\nu} \delta R_{\mu\nu} = w^{\lambda}_{,\lambda}$$

$$\Rightarrow \int_B c_2 g^{\mu\nu} \delta R_{\mu\nu} \sqrt{g} d^4x = \int_B w^{\lambda}_{,\lambda} \sqrt{g} d^4x$$

$$= \int_B \text{div}_w \Omega$$

= 0 on  $\partial B$ , assuming  $\delta g_{\mu\nu}$  and  $\delta g^{\mu\nu} = 0$  on  $\partial B$ .

$$\stackrel{\text{Gauss}}{=} \int_{\partial B} \Omega$$

$$= 0$$

$$\delta \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x$$

$$= \int_B (c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu}) \sqrt{g} \delta g_{\mu\nu} d^4x$$

← symmetric

as in the case of the  $T^{\mu\nu}$  calculation, one could add an antisymmetric part here and it would drop from the integrand.

$$\Rightarrow \delta \int_B (c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu}) \sqrt{g} d^4x$$

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Proof: Choose origin of geodesic coordinates system

$$R_{\mu\nu} = \Gamma^{\lambda}_{\mu\nu,\lambda} - \Gamma^{\lambda}_{\mu\lambda,\nu} + \underbrace{\Gamma^{\lambda}_{\nu\lambda}\Gamma^{\mu}_{\lambda\sigma} + \Gamma^{\lambda}_{\nu\sigma}\Gamma^{\mu}_{\lambda\lambda}}_{\text{vanish at origin because } \Gamma=0}$$

Thus:  $\delta R_{\mu\nu} = (\delta \Gamma^{\lambda}_{\mu\nu})_{,\lambda} - (\delta \Gamma^{\lambda}_{\mu\lambda})_{,\nu}$

$$\begin{aligned} \Rightarrow \int_B c_2 g^{\mu\nu} \delta R_{\mu\nu} \sqrt{g} d^4x &= \int_B w^{\mu\nu}{}_{;\nu} \sqrt{g} d^4x \\ &= \int_B \text{div}_w \Omega \\ &\stackrel{\text{Gauss}}{=} \int_{\partial B} \underbrace{i_w \Omega}_{=0 \text{ on } \partial B, \text{ assuming } \delta g_{\mu\nu} \text{ and } \delta g_{\mu\nu,;\lambda} = 0 \text{ on } \partial B} \\ &= 0 \end{aligned}$$

c) Evaluate term II:

$$\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x = ?$$

We have:

$$\begin{aligned} \delta(g^{\mu\nu} \sqrt{g}) &= (\delta g^{\mu\nu}) \sqrt{g} + g^{\mu\nu} \frac{\partial \sqrt{g}}{\partial g_{\lambda\sigma}} \delta g_{\lambda\sigma} \\ &= -g^{\mu\alpha} g^{\beta\gamma} \delta g_{\alpha\beta} \sqrt{g} + g^{\mu\nu} \frac{1}{2} g^{\lambda\sigma} \sqrt{g} \delta g_{\lambda\sigma} \end{aligned}$$

$\Rightarrow$

$$\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x = - \int_B c_2 \underbrace{\left( +R^{\alpha\beta} - \frac{1}{2} g^{\alpha\beta} R \right)}_{\text{recall } \equiv G^{\alpha\beta} \text{ "Einstein tensor"}}$$

Bringing together a) + b) + c)  $\Rightarrow$

$$\begin{aligned} \delta \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x &= \int_B \underbrace{\left( c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu} \right)}_{\text{symmetric}} \sqrt{g} \delta g_{\mu\nu} d^4x \end{aligned}$$

as in the case of the  $T^{\mu\nu}$  calculation, one could add an anti-symmetric part here and it would drop from the integrand.

$$\begin{aligned} \Rightarrow \frac{\delta}{\delta g_{\mu\nu}} \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x &= \left( c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu} \right) \sqrt{g} \end{aligned}$$

(up to anti-sym. components, which we set to zero)

Remark: Choosing to add an anti-symmetric part would make  $G^{\mu\nu}$  and  $R^{\mu\nu}$  non-symmetric, in violation of  $g_{\mu\nu,;\lambda} = 0$ .

(Note: the "reduced Bianchi identity"  $(R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R)_{;\nu} = 0$ )

(Note: The symmetry of  $R$ )

$$\begin{aligned} \delta(g_{\mu\nu}) &= (\delta g_{\mu\nu} + g_{\mu\nu} \frac{\delta x^\alpha}{\delta x^\alpha}) \\ &= -g^{\alpha\mu} \delta g_{\alpha\nu} + g^{\alpha\nu} \frac{1}{2} g^{\alpha\beta} \delta g_{\beta\gamma} \delta g_{\gamma\alpha} \end{aligned}$$

$$\Rightarrow \int_{\mathcal{B}} c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{|g|}) d^4x = - \int_{\mathcal{B}} c_2 \left( R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R \right) \sqrt{|g|} \delta g_{\mu\nu} d^4x$$

recall  $\equiv G^{\mu\nu}$  "Einstein tensor"

Bringing together a)+b)+c)  $\Rightarrow$

Finally, we conclude:

$$\frac{\delta S_{\text{M}}}{\delta g^{\mu\nu}} = 0$$

leads to this equation of motion for  $g$ :

$$\left( \frac{1}{2} c_1 g^{\mu\nu} - c_2 G^{\mu\nu} \right) \sqrt{|g|} = - \frac{1}{2} \sqrt{|g|} T^{\mu\nu}$$

i.e.:

$$R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R - \frac{c_1}{2c_2} g^{\mu\nu} = \frac{1}{2c_2} T^{\mu\nu}$$

As is well-known, comparison with experiment requires:

$$c_2 = \frac{1}{16\pi G}$$

↳ Newton's constant.

here and it would drop from the integrand.

$$\Rightarrow \int_{\mathcal{B}} \frac{\delta}{\delta g^{\mu\nu}} \int_{\mathcal{B}} (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{|g|} d^4x = (c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu}) \sqrt{|g|}$$

(oops the anti-sym. components, which we set to zero)

Remark: Choosing to add an anti-symmetric part would make  $G^{\mu\nu}$  and  $R^{\mu\nu}$  non-symmetric, in violation of  $g_{\mu\nu; \lambda} = 0$ .

$\Rightarrow$  Einstein equation: (Note: the "reduced Bianchi identity"  $(R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R)_{;\nu} = 0$  now is equivalent to the statement  $T^{\mu\nu}_{;\nu} = 0$ ) (Note: The symmetry of  $R^{\mu\nu}$  (due to  $g_{\mu\nu; \lambda} = 0$ ) enforces the symmetry of  $T^{\mu\nu}$ .)

$$R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R - \underbrace{8\pi G c_1}_{\Lambda \text{ "cosmological constant"}} g^{\mu\nu} = 8\pi G T^{\mu\nu}$$

What is  $\Lambda$ ?

Recall: The  $\lambda_i$  are constants prefactor of order one which depends on the matter Lagrangian.

□ First find  $l_c$ :

Given that  $\frac{1}{16\pi G} = c_2 = \lambda_2 l_c^{-2}$  (undoing to =1 and c=1 so that get  $l_{p, m, s}$ )

we obtain:

$$l_c = \lambda_2 \sqrt{16\pi G} = \sqrt{16\pi \frac{1}{c}} = \lambda_2 \cdot 4\sqrt{\pi} \cdot 1.616 \times 10^{-15} \text{ m}$$

(i.e. also:  $G \equiv l_c^2$ , which we'll need on the next slide)

Recall: The  $\lambda_i$  are some numbers of order  $O(1)$ , depending on details which sort of particles are in the matter action, and their quantum effects

the "Planck length"



$$\left(\frac{1}{2} c_1 g^{\mu\nu} - c_2 G^{\mu\nu}\right) \nabla_{\nu} \bar{\psi} = -\frac{1}{2} \bar{\psi} T^{\mu\nu}$$

i.e.:

$$R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R - \frac{c_1}{2c_2} g^{\mu\nu} = \frac{1}{2c_2} T^{\mu\nu}$$

As is well-known, comparison with experiment requires:

$$c_2 = \frac{1}{16\pi G}$$

↳ Newton's constant

We note, therefore: When quantum field theories are cut off at about the Planck length they induce gravity with the correct eqns of motion and coupling strength!

□ Now find  $c_1$ :

Given that  $l_c \approx 10^{-35}$  m, quantum field theories generate a value of  $c_1$ , i.e., a cosmological constant of about:

$$c_1 = \lambda_1 l_c^{-4}$$

↳  $\mathcal{O}(1)$

□ Finally, find  $\Lambda$ :

$$\begin{aligned} \Lambda_{\text{theory}} &= -8\pi G c_1 = -8\pi G \lambda_1 l_c^{-4} \\ &= G l_c^{-4} \approx l_c^{-2} \quad (\text{using } \lambda_1 \approx 1 \text{ and } G \approx l_c^{-2}) \\ &\approx 10^{70} \text{ m}^{-2} \end{aligned}$$

General is  $\Lambda$ !

□ First find  $l_c$ :

Given that  $\frac{1}{16\pi G} = c_2 = \lambda_2 l_c^{-2}$

we obtain:

$$l_c = \lambda_2 \sqrt{16\pi G} = \sqrt{16\pi \frac{1}{c_2}}$$

$$= \lambda_2 \sqrt{16\pi} \cdot 1.616 \times 10^{-35} \text{ m}$$

(i.e. also:  $G \approx l_c^{-2}$ , which we'll need on the next slide)

Recall: The  $\lambda_i$  are some numbers of order  $\mathcal{O}(1)$ , depending on details which sort of particles are in the matter action, and their quantum effects

Recall: The  $\lambda_i$  are constants prefactor of order one which depends on the matter Lagrangian.

undoing to  $\lambda=1$  and  $c=1$  so that get 16m

the "Planck length"

This is the worst physical prediction ever:

□ Experiment:

Based on cosmic microwave background data and on supernova brightness versus redshift data:

$$\Lambda_{\text{experiment}} \approx 10^{-52} \text{ m}^{-2} \quad \text{i.e. } \frac{\Lambda_{\text{exp}}}{\Lambda_{\text{exp}}} \approx 10^{122}$$

→ For some unknown reason, the constant part,  $c_1$ , of the vacuum energy of quantum field theories does essentially not gravitate - while its disturbance through curvature,  $c_2 R$ , is real: it induces regular gravity.