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# An effective field theory for non-maximal quantum chaos

Hong Liu

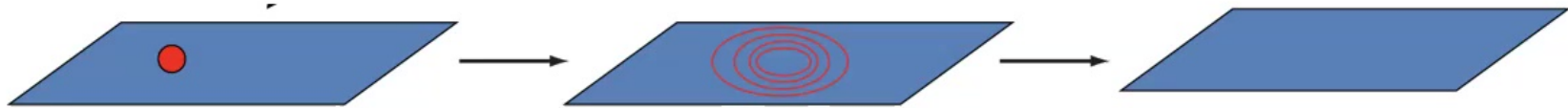
Perimeter Institute  
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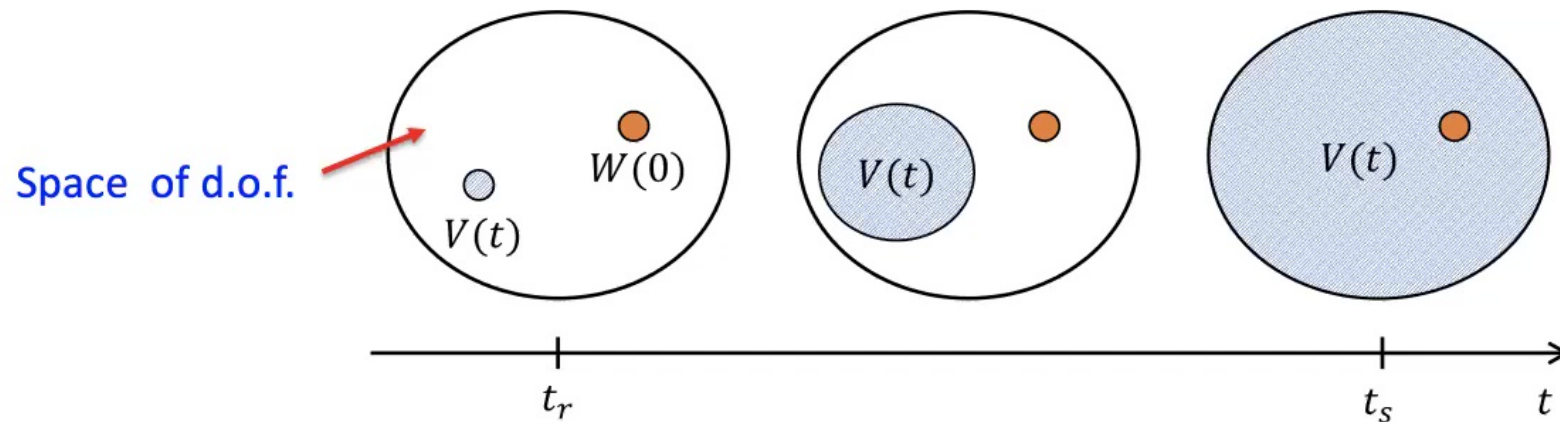
Based on work with [Ping Gao](#), arXiv:2301.05256



# Scrambling of quantum information



$$V(t) = e^{iHt} V(0) e^{-iHt}$$



$V, W$  generic few-body operators

# Scrambling and quantum chaos

Larkin and Ovchinnikov, 1969,  
Shenker, Stanford, Kitaev 2013

OTOC:

$$F(t) = \langle W(0)V(t)W(0)V(t) \rangle_{\beta} = \langle \Psi_2(t) | \Psi_1(t) \rangle$$

$$|\Psi_1(t)\rangle \equiv W(t)V(0)|\Psi_{\beta}\rangle, \quad |\Psi_2(t)\rangle \equiv V(0)W(t)|\Psi_{\beta}\rangle$$

$$F(t) = 1 - \frac{a}{N} e^{\lambda t} + \dots$$

$N$  : number of  
degrees of  
freedom

quantum  
Chaos bound:

$$\lambda \leq \frac{2\pi}{\beta}$$

Maldacena, Shenker,  
Stanford, 2015

TOCs:

$$\langle V(t)W(0)W(0)V(t) \rangle_{\beta} \sim O(1)$$

$$\langle W(0)V(t)V(t)W(0) \rangle_{\beta} \sim O(1)$$

# Maximally chaotic systems

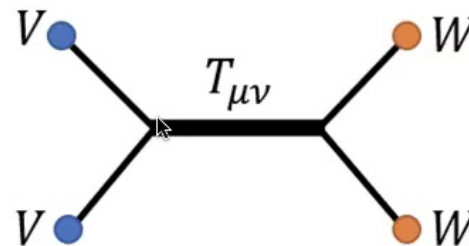
$$\lambda_{\max} = \frac{2\pi}{\beta}$$

1. Any **finite T** holographic systems in **the classical gravity limit**
2. Sachdev-Ye-Kitaev (SYK) model and its variants in the low temperature limit
3. two-dimensional CFTs in the large central charge limit

.....

A common theme:

leading term given  
by exchange of the  
**stress tensor**



# Non-maximal chaotic systems

Non-maximal chaotic systems:  $\lambda < \frac{2\pi}{\beta}$

Some **solvable** examples: Large- $q$  SYK, holographic systems with stringy corrections, conformal Regge theory

$$1 - F(t) \sim \frac{1}{N} \sum_j e^{\frac{2\pi}{\beta}(j-1)t} \sim \frac{1}{N} e^{\lambda t}$$

$j$ : integers (“spin”)

As if coming from exchange of a single operator of effective spin

$$j_{\text{eff}} = 1 + \lambda \frac{\beta}{2\pi}$$



# Scattering in the Regge regime

$$V + W \rightarrow V + W \quad s \rightarrow \infty, \quad t \text{ fixed}$$

$$\sum_j \begin{array}{c} V \\ \diagup \\ \diagdown \\ V \end{array} \begin{array}{c} j \\ \text{---} \\ \end{array} \begin{array}{c} W \\ \diagdown \\ \diagup \\ W \end{array} = \begin{array}{c} V \\ \diagup \\ \diagdown \\ V \end{array} \begin{array}{c} \text{reggeon} \\ \text{---} \\ \end{array} \begin{array}{c} W \\ \diagdown \\ \diagup \\ W \end{array}$$

$s^{j-1}$        $g_{VV}$        $g_{WW}$

$$\mathcal{A}(s, t) \propto g_{WW}(t) g_{VV}(t) s^{\alpha(t)-1}$$

In holographic systems,  $F(t) = \langle W(0)V(t)W(0)V(t) \rangle_\beta$

coming from scattering of the corresponding bulk particles in the Regge Regime.

Shenker and Stanford, 2014



# Basic Question

Can the exponential behavior of OTOCs be given an effective description in terms of exchanges of one or a small number of effective fields?

Exponential behavior of OTOCs

Absence of exponential behavior of TOCs

Can provide a **universal description** of **general quantum chaotic systems**, powerful handle on extracting **universal properties**.

# Plan

## 1. Review of EFT for maximally chaotic systems

Blake, Lee, HL, 2018

Blake, HL, 2021

## 2. An effective field theory description of non-maximal chaos

Ping Gao, HL

arXiv: 2301.05256

# EFT for maximal chaos

In this case, need **an effective theory** of **the stress tensor** at a finite  $T$ .

For  $\Delta L, \Delta t \gg \beta$ , hydrodynamics

But to capture the **Lyapunov behavior**  $e^{\lambda t}$ , need  $\Delta t \sim \beta$

A recent formulation of hydrodynamics based on **action principle and symmetries** can be used to do this. Crossley, Glorioso, HL 2015-2016

Promote **spacetime coordinates** to dynamical variables:

$X^\mu(\sigma^a)$   $\sigma^a$  : labels of fluid elements and internal clock

Effective theory of  $X^\mu(\sigma^a)$  captures dynamics of the stress tensor

There is a systematic procedure to write down an action for  $X^\mu(\sigma^a)$

$$\Delta L, \Delta t \gg \beta : \text{local}$$

$$\Delta t \sim \beta : \text{non-local}$$

Equilibrium:  $X^\mu = \sigma^a \delta_a^\mu$

More convenient:

$$X^\mu(\sigma^a) \rightarrow \sigma^a(x^\mu) = x^\mu \delta_\mu^a + \epsilon^a(x^\mu)$$

$$\langle \epsilon \epsilon \rangle_\beta \sim 1/N$$

# Ingredients of EFT for maximal chaos

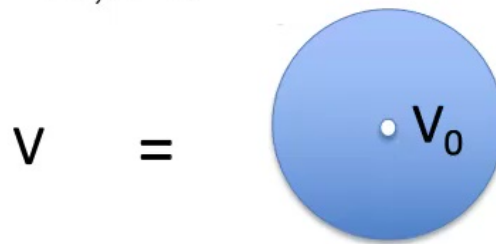
Blake, Lee and HL, 2018

1. Coupling of generic operator to the stress tensor:

$$\begin{aligned} V(X^\mu(\sigma^a)) &\rightarrow V(x^\mu; \epsilon^a(x^\mu)) \\ &= V_0(x^\mu) + L_a[V_0 \epsilon^a] + O(\epsilon^2) \end{aligned}$$

$$\langle V_0(x) V_0(0) \rangle_\beta \equiv g_V(x) \quad \langle V_0(x) W_0(0) \rangle_\beta = 0$$

$$L_t[V_0 \epsilon^0] \equiv \sum_{m,n=0}^{\infty} c_{mn} \partial_t^m V_0(t) \partial_t^n \epsilon^0 \quad (\text{effective vertex})$$



2. Both **the action** and **the effective coupling** between  $V_0$  and  $\sigma^a$  are invariant under the following **shift symmetry**

$$\epsilon^0 \rightarrow \epsilon^0 + e^{\pm \lambda t}$$

This is interpreted as an emergent low energy gauge symmetry for maximally chaotic systems.

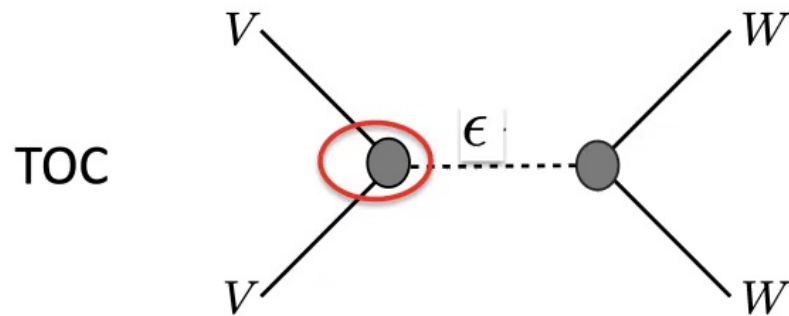
(In holographic systems, it arises from horizon symmetries, Knysh, HL, Pinzani-Fokeeva, to appear)

Naively the above ingredients can be formulated for any  $\lambda$

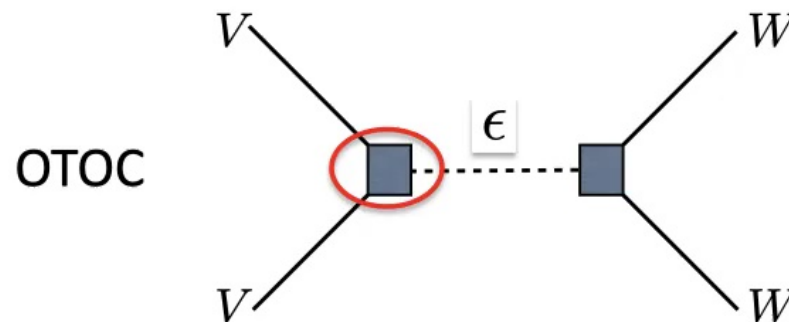
fluctuation-dissipation relation of two-point functions of  $V$   
+ shift symmetry of the effective vertex

➡  $\lambda = \frac{2\pi}{\beta} = \lambda_{\max}$

# Four-point functions



No exponential growth



exponential growth

Consequence of **the shift symmetry**:  
**independent of details** of the action and the effective vertex



2. Both the action and the effective coupling between  $V_0$  and  $\sigma^a$  are invariant under the following shift symmetry

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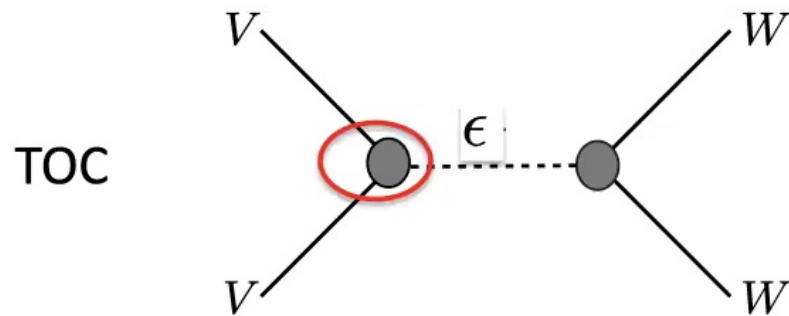
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Naively the above ingredients can be formulated for any  $\lambda$  fluctuation-dissipation relation of two-point functions of  $V$  + shift symmetry of the effective vertex

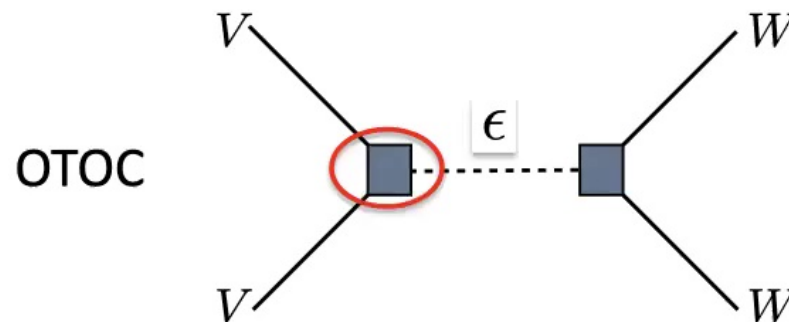


$$\lambda = \frac{2\pi}{\beta} = \lambda_{\max}$$

# Four-point functions



No exponential growth



exponential growth

# EFT for non-maximal chaos

$$F(t) \sim \sum_j e^{\frac{2\pi}{\beta}(j-1)t} \sim e^{\lambda t}$$

An EFT description in terms of a small number of fields is **different** from the usual sense of an EFT.

There is **no separation of scales** **no clear candidate for effective fields**

close analogue with the Regge scattering

Can we generalize the EFT for maximal chaos to non-maximal chaos case?

Can the exponential behavior be understood as some kind of **symmetry** ?

# Setup

We will approach this problem “phenomenologically”.

With  $\lambda < \lambda_{\max}$  as an input parameter

Would like to write down a theory with a small number of fields and a shift symmetry

1. Whose exchanges lead to **exponential behavior in OTOCs**, but **no exponential in TOC**.
2. Satisfy all **the KMS relations** satisfied by 4-point functions and two-point functions

$$\mathcal{F}(t_1, t_2; t_3, t_4) = \langle \mathcal{T} W(t_1) W(t_2) V(t_3) V(t_4) \rangle_\beta$$

$\mathcal{T}$  : operators ordered from **left to right** according to the **ascending order** of their corresponding  $\Im t_i$

It turns out it is possible, and may be interpreted as a [minimal generalization](#) of the [maximal chaos EFT](#).

The structure is nevertheless bit intricate.

The structure was motivated from the solution of [Choi, Mezei and Sarosi, 2019](#) of the [large  \$q\$ -SYK model](#), but can be formulated in general terms, independent of any specific systems.

For simplicity, only consider  $(0+1)$ -dimension

# General structure

Recall for **maximal chaos**:

$$V(t_1)V(t_2) = \begin{array}{cc} \text{blue circle with } V_0 & \text{blue circle with } V_0 \end{array}$$

$$= V_0(t_1)V_0(t_2) + L_{t_1}[V_0(t_1)\epsilon(t_1)]V_0(t_2) + V_0(t_1)L_{t_2}[V_0(t_2)\epsilon(t_2)] + O(\epsilon^2)$$

**Non-maximal**: introduce **two fields**  $\phi_{1,2}$

$$V(t)V(t') = V_0(t)V_0(t') + \sum_{i=1}^2 \mathcal{D}_V^{(i)}(t, t')\phi_i(t, t') + O(\phi^2)$$

$\phi_{1,2}$  now depend on both  $t$  and  $t'$

We take  $\phi_{1,2}$  to couple “mainly” to one of the V's

$$\bar{t} = \frac{t + t'}{2} \quad (t_S, t_L) = (t, t'), \quad \Im t_S < \Im t_L,$$

$$\phi_1(t, t') = \phi_1(\bar{t}; t_S) \quad \phi_2(t, t') = \phi_2(\bar{t}; t_L)$$

Both  $\phi_{1,2}$  depend weakly on  $\bar{t}$

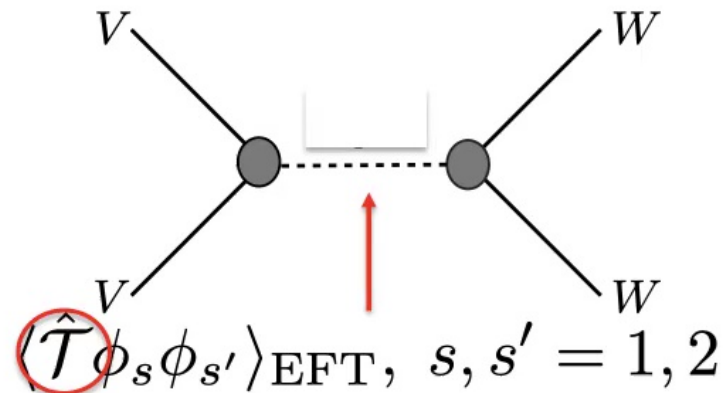
$$\mathcal{D}_V^{(1)}(t, t') \phi_1(t, t') = V_0(t_L) L_{t_S} [V_0(t_S) \phi_1(\bar{t}; t_S)]$$

$$\mathcal{D}_V^{(2)}(t, t') \phi_2(t, t') = V_0(t_S) L_{t_L} [V_0(t_L) \phi_2(\bar{t}; t_L)]$$

$$L_t [V_0(t) \phi(\bar{t}; t)] \equiv \sum_{m,n=0}^{\infty} c_{mn} \partial_t^m V_0(t) \partial_t^n \phi(\bar{t}; t)$$



$$\langle \mathcal{T} W(t_1) W(t_2) V(t_3) V(t_4) \rangle_\beta =$$



**KMS relations** satisfied by the four-point functions require nontrivial “**KMS**” relations in the EFT of  $\phi_{1,2}$  ( $\beta = 2\pi$ )

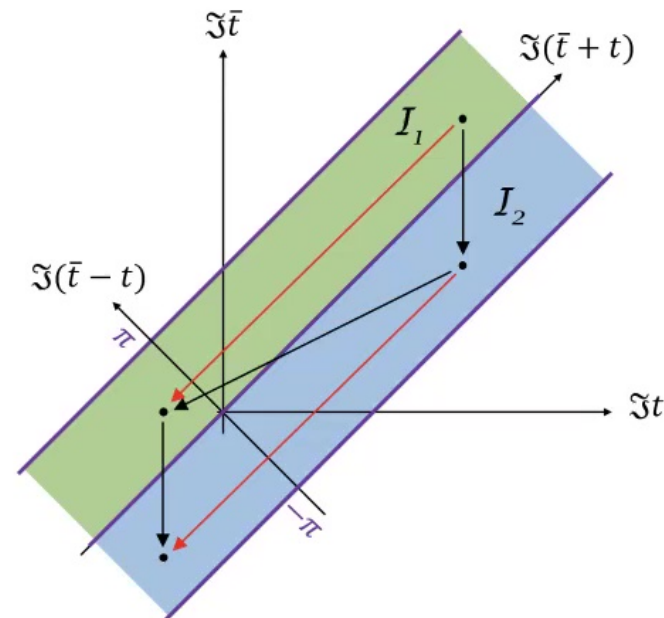
$$\langle \hat{\mathcal{T}} \phi_1(\bar{t}; t) \phi_i(\bar{t}'; t') \rangle \simeq \langle \hat{\mathcal{T}} \phi_2(\bar{t} + \pi i; t + 2\pi i) \phi_i(\bar{t}'; t') \rangle, \quad \Im t < \Im t'$$

$$\langle \hat{\mathcal{T}} \phi_2(\bar{t}; t) \phi_i(\bar{t}'; t') \rangle \simeq \langle \hat{\mathcal{T}} \phi_1(\bar{t} + \pi i; t) \phi_i(\bar{t}'; t') \rangle$$

But we cannot **directly** write down an action for  $\phi_{1,2}$

Two complications:

1. they are not defined in the same domain
2. The unusual KMS relations they need to satisfy

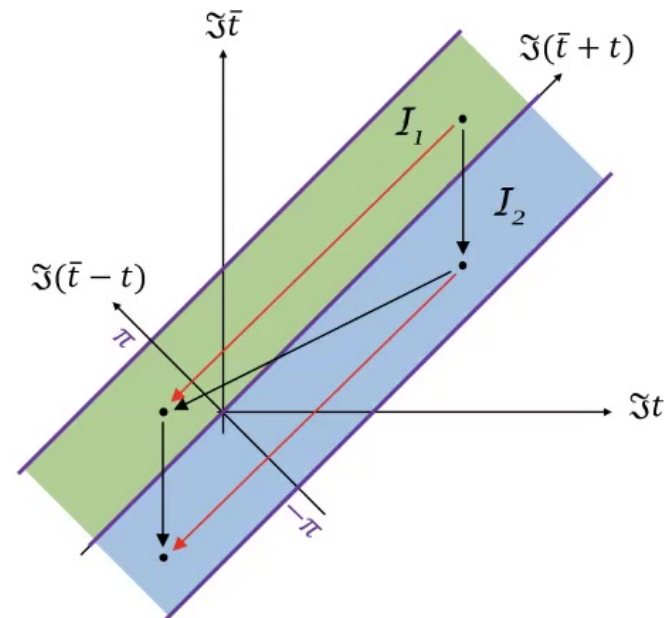


$$\eta_{\pm}(\bar{t}; t) = \frac{1}{\sqrt{2}} (\phi_1(\bar{t}; t - i\pi) \pm \phi_2(\bar{t}; t))$$

But we cannot **directly** write down an action for  $\phi_{1,2}$

Two complications:

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$$\eta_{\pm}(\bar{t}; t) = \frac{1}{\sqrt{2}} (\phi_1(\bar{t}; t - i\pi) \pm \phi_2(\bar{t}; t))$$

$$\langle \hat{\mathcal{T}} \eta_s(\bar{t}; t) \eta_{s'}(\bar{t}'; t') \rangle = s \langle \hat{\mathcal{T}} \eta_s(\bar{t} + i\pi; t + i\pi) \eta_{s'}(\bar{t}'; t') \rangle$$

$$s = +, -$$

So far the time variables  $\bar{t}, t$  are complex. To write down an effective action we need to choose a real section in the complex  $\bar{t}, t$  planes.

It is convenient to choose the section to be that of imaginary  $\bar{t}$  and real  $t$

$$\bar{t} = -i\bar{\tau} \quad \eta_s(\bar{\tau}; t)$$

It can be viewed as a two-dimensional field theory with  $\bar{\tau}$  being a “spatial” coordinate and (real)  $t$  being time.

The EFT is at a finite temperature with respect to  $t$

$\eta_s$  still do not have the conventional KMS relations

$$\eta_s(\bar{\tau}; t) = \eta_{s,0}(\bar{\tau}; t) + \eta_{s,+}(\bar{\tau}; t) + \eta_{s,-}(\bar{\tau}; t)$$

$$\eta_{s,p}(\bar{\tau} + \pi; t) = e^{2\pi i p/3} \eta_{s,p}(\bar{\tau}; t), \quad p = 0, \pm$$

$\eta_{s,p}$  can now finally be treated as ordinary fields at a finite temperature (in terms of  $t$ )

$$S_{\text{EFT}} = \sum_{s,p} \int_0^\pi d\bar{\tau} \int_{-\infty}^\infty dt \left[ \eta_{s,-p}^a K_{s,p}^{ar}(\partial_{\bar{\tau}}, \partial_t) \eta_{s,p}^r + \frac{1}{2} \eta_{s,-p}^a K_{s,p}^{aa}(\partial_{\bar{\tau}}, \partial_t) \eta_{s,p}^a \right]$$

# Shift symmetry

The action and the vertices are invariant under

$$\eta_-^r \rightarrow \eta_-^r + a_+ e^{\lambda t} + a_- e^{-\lambda t}$$

There is no exponential growth in the symmetric correlation functions of  $\eta_+$



Exponential behavior of OTOCs

Absence of exponential behavior of TOCs

Independent of details of **the action or effective vertices**

# General structure of OTOCs

Can be used to obtain the general form of OTOCs

$$F_4 = \alpha e^{\lambda(t_1+t_2-t_3-t_4+i\pi)/2} \frac{G_{even}^W(\lambda, t_{12}) G_{even}^V(-\lambda, t_{34})}{\cosh \frac{\lambda(t_{12}+i\pi)}{2} \cosh \frac{\lambda(t_{34}+i\pi)}{2}} + (\lambda \leftrightarrow -\lambda)$$

$G_{even}^V$  constructed from  $g_V(t)$  and the effective vertex

Agree with the results of Kitaev-Suh (2018) and Gu-Kitaev (2019)

Agree with the results obtained from large- $q$  SYK, string scattering in holography and conformal Regge theory

Second term: a new prediction



Now need to expand  $V(t)V(t')$  to all orders in  $\phi_{1,2}$

$$V(t)V(t') = V_0(t)V_0(t') + \sum_{i=1}^2 \mathcal{D}_V^{(i)}(t, t') \phi_i(t, t') + O(\phi^2)$$

$$V(t_1)V(t_2) = V_0(t_1)V_0(t_2) + \sum_{n=1, \{i_k\}} \mathcal{D}_{i_1 \dots i_n} \phi_{i_1} \cdots \phi_{i_n}$$

We again require the effective vertex is invariant under the same shift symmetry

$$F = \int_0^\infty d\tilde{y} \int_0^\infty dy e^{-\alpha y \tilde{y} e^{\lambda(t_1+t_2-t_3-t_4+i\pi)/2}} h(t_{12}, y) \tilde{h}(t_{34}, \tilde{y})$$

# Future perspectives

## 1. Higher dimensional systems

Butterfly velocity

## 2. How do the effective fields couple to the stress tensor and conserved currents

What becomes of pole skipping      Transports?

## 3. Physical nature of the effective fields and shift symmetry

Stringy version of the horizon symmetry?

## 4. Potential new ideas for Reggeon field theory in QCD