

Title: Gravitational waves from inflation

Speakers: Ema Dimastrogiovanni

Series: Cosmology & Gravitation

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Abstract: Primordial gravitational waves have the potential to shed new light on the very early universe. In this talk I will discuss gravitational wave production in a variety of models beyond the simplest, single-field, scenarios and highlight some of their implications for testing inflation with interferometers.

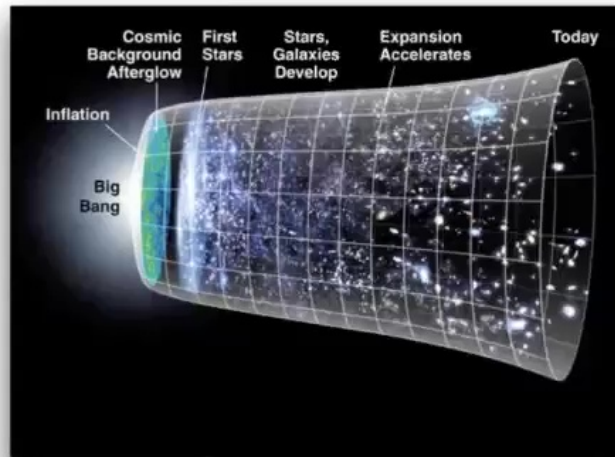
Gravitational waves from inflation

Ema Dimastrogiovanni
The University of Groningen

Perimeter Institute - Cosmology Seminar - November 9th 2021

Talk based on papers in collaboration with:

Peter Adshead, Niayesh Afshordi, Matteo Fasiello, Tomohiro Fujita,
Marc Kamionkowski, Eugene Lim, Ameeek Malhotra,
Daan Meerburg, Giorgio Orlando, Maresuke Shiraishi,
Gianmassimo Tasinato, David Wands



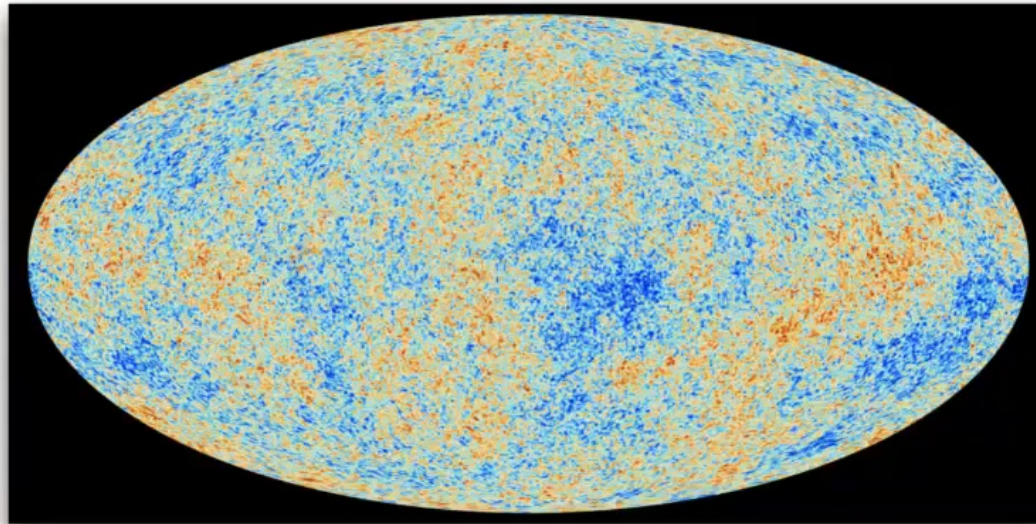
Inflation predicts a stochastic gravitational wave background

- How does it look like?
- What info does it provide on inflation?
- How do we **characterise** it?

— Frequency profile
— Chirality
— **Non-Gaussianity**
— **Anisotropies**

Inflation

- era of accelerated (exponential) expansion
- explains why CMB is nearly uniform



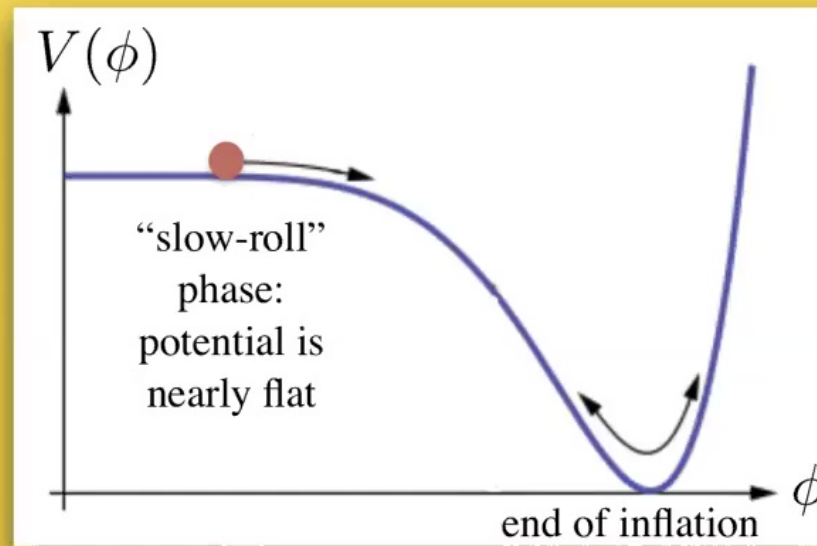
blackbody spectrum: $\bar{T}_{CMB} \sim 2.7 K$

nearly isotropic: $\Delta T \sim 10^{-5}$

Inflation

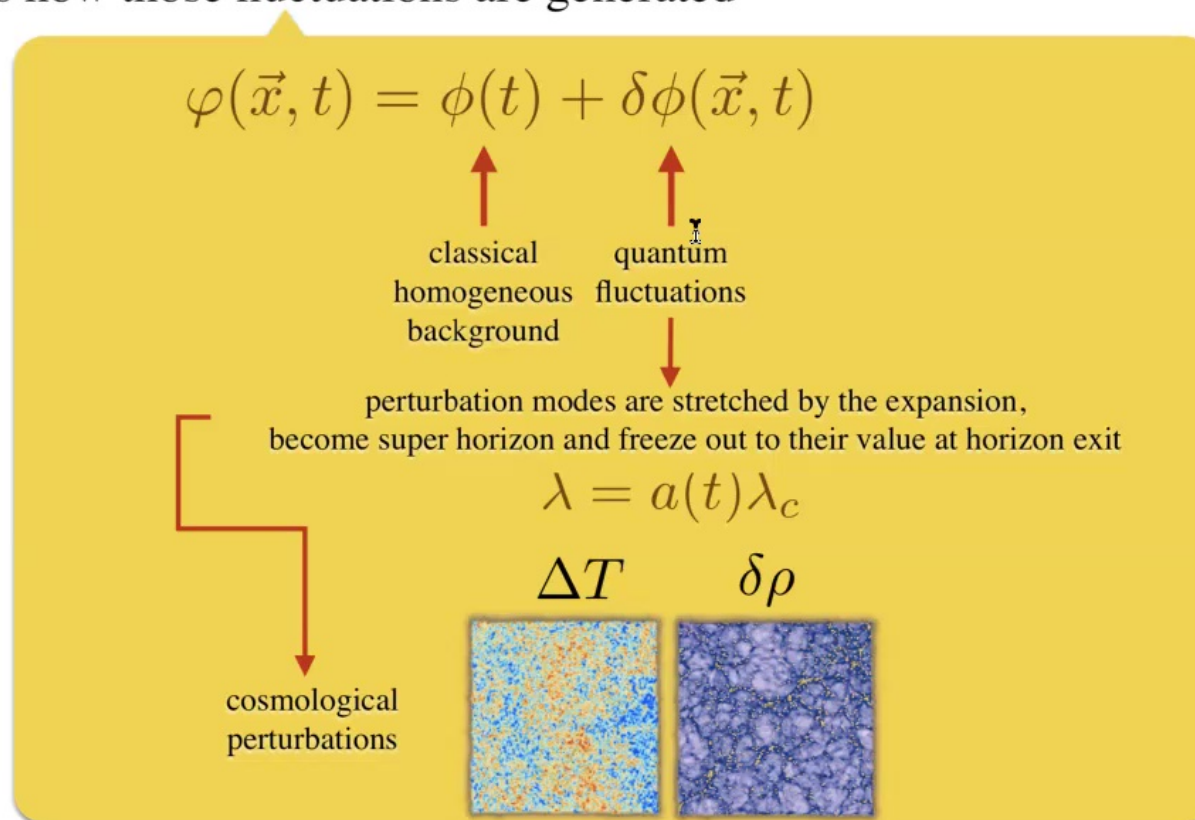
- era of accelerated (exponential) expansion
- explains why CMB is nearly uniform
- explains how those fluctuations are generated

Simplest realization: single-scalar field in slow-roll (SFSR)



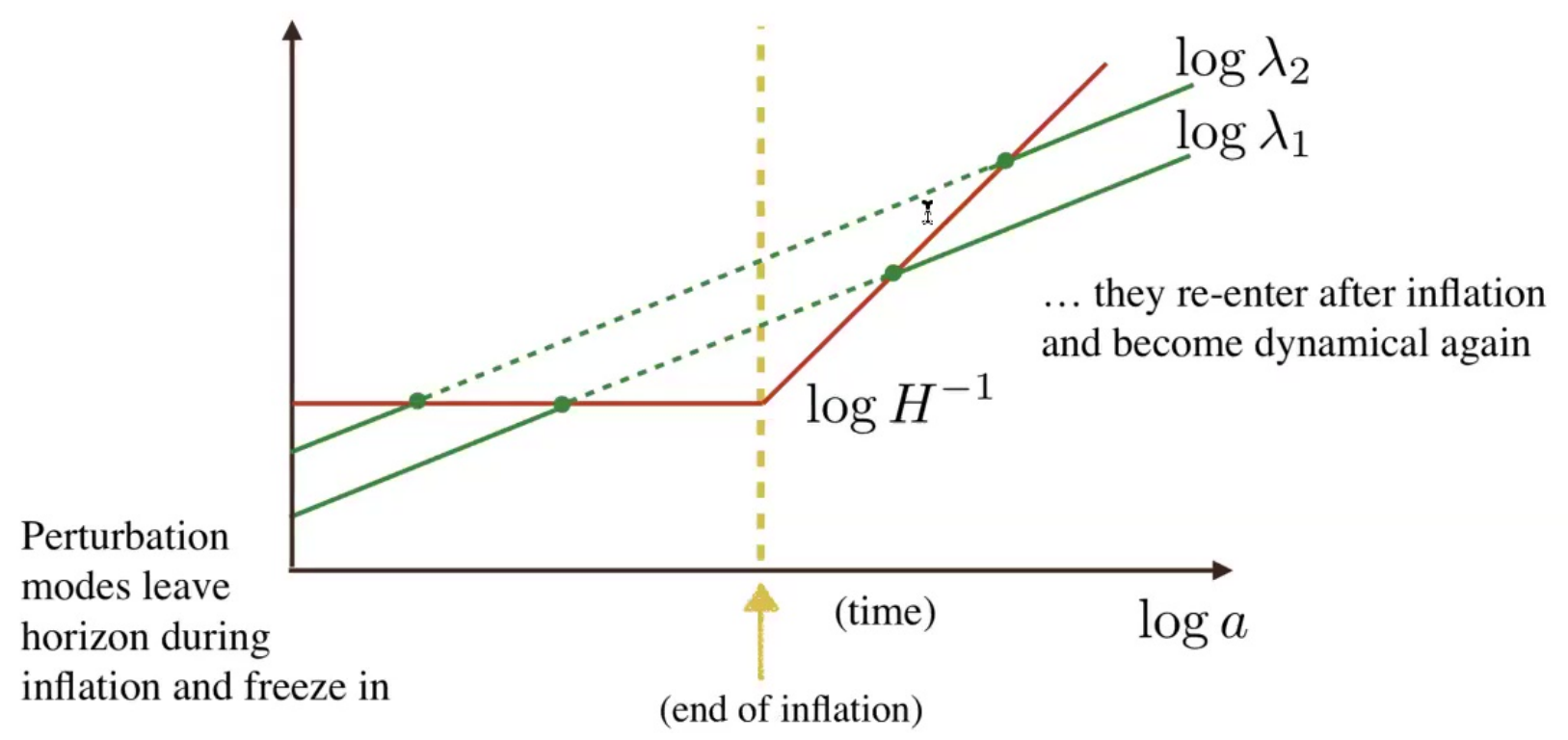
Inflation

- era of accelerated exponential expansion
- explains why CMB is nearly uniform
- explains how those fluctuations are generated



Scales

wavenumber k \rightarrow e-folding N_k \rightarrow time of re-entry



Inflation

- era of accelerated (exponential) expansion
- explains why CMB is nearly uniform
- explains how those fluctuations are generated
- stochastic gravitational wave background is generated (a key prediction!)



Gravitational waves

Einstein equations:

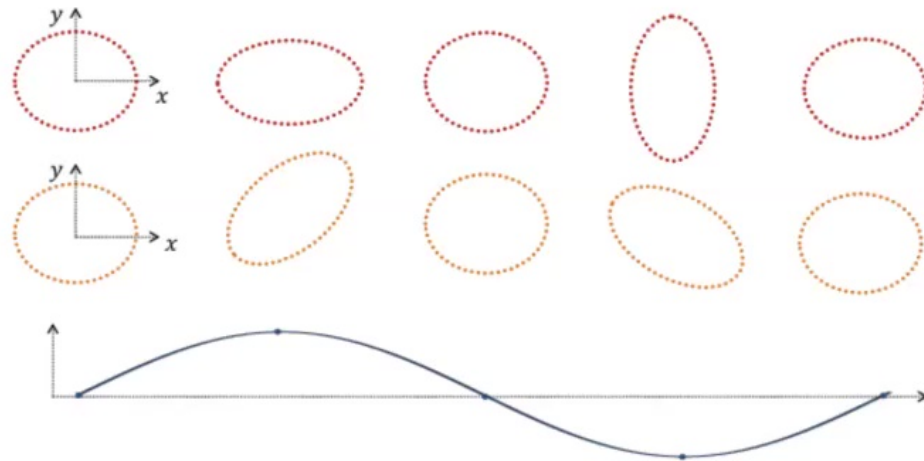
$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

geometry
matter/source

Perturbation around FRW (homogenous&isotropic) background

$$ds^2 = -dt^2 + a^2(t) (\delta_{ij} + \gamma_{ij}) dx^i dx^j$$

$$\gamma_i^i = \partial_i \gamma_{ij} = 0 \quad \longrightarrow \quad \text{two polarization states of the graviton: } \oplus, \times$$



Gravitational waves

$$\ddot{\gamma}_{ij} + 3H\dot{\gamma}_{ij} + k^2\gamma_{ij} = 16\pi G \Pi_{ij}^{TT}$$

anisotropic stress-energy tensor
(source term from δT_{ij})

- **homogeneous** solution: GWs from **vacuum fluctuations**

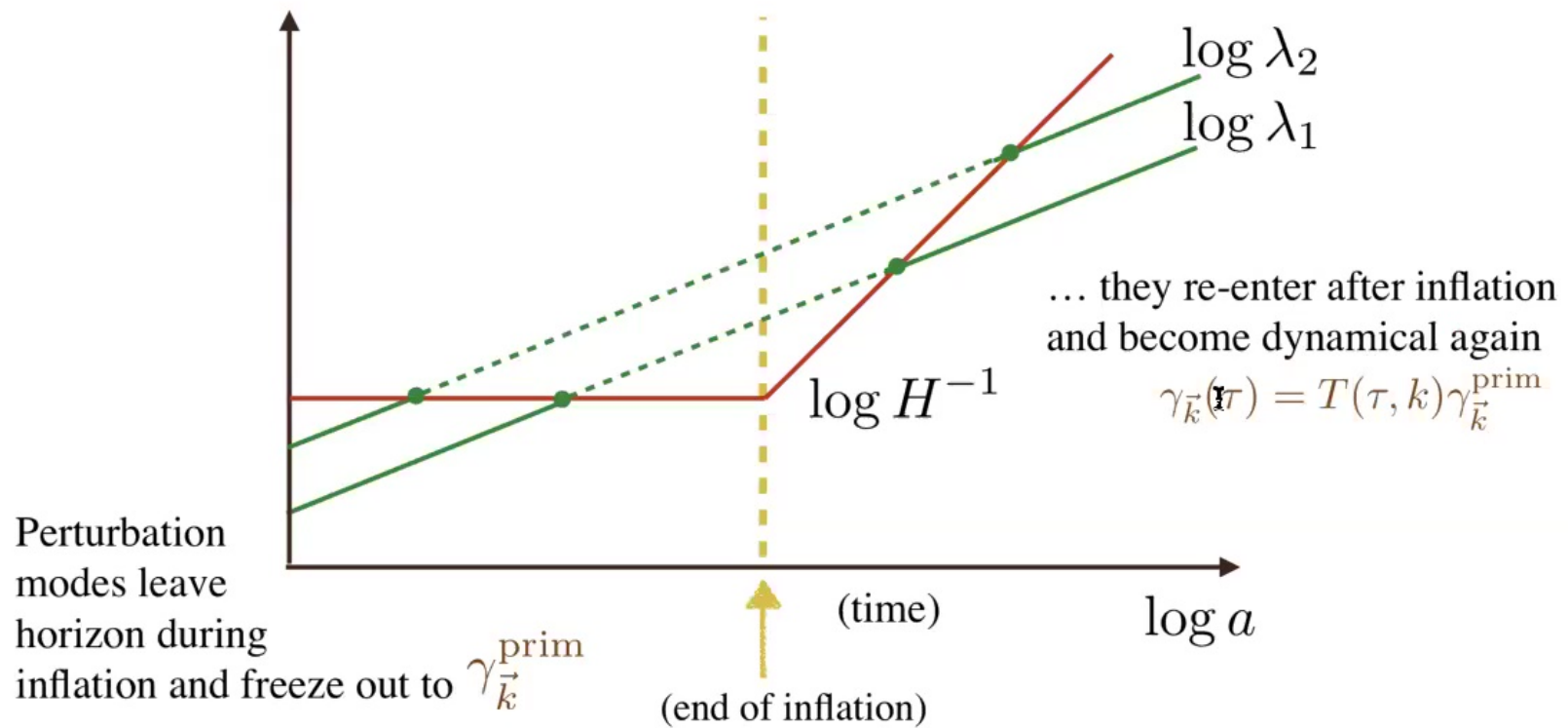
Production of gravitons out of the vacuum
in an expanding universe!

- **inhomogeneous** solution: GWs from **sources**

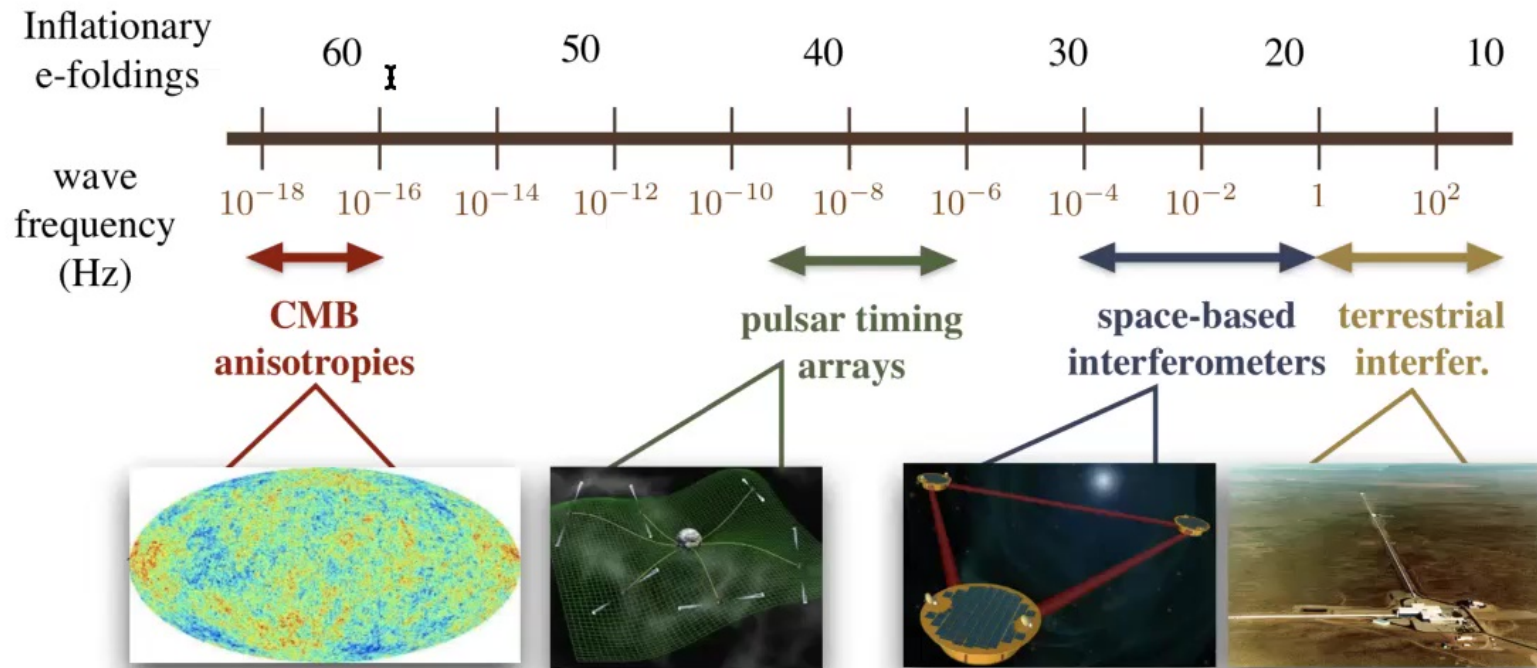
$$\Pi_{ij}^{TT} \propto \{ \text{scalar fields, vector fields, fermions, tensors ... } \}$$

Scales

wavenumber \longrightarrow e-folding \longrightarrow time of re-entry
 $k \sim f$ N_k



Scales — Experiments

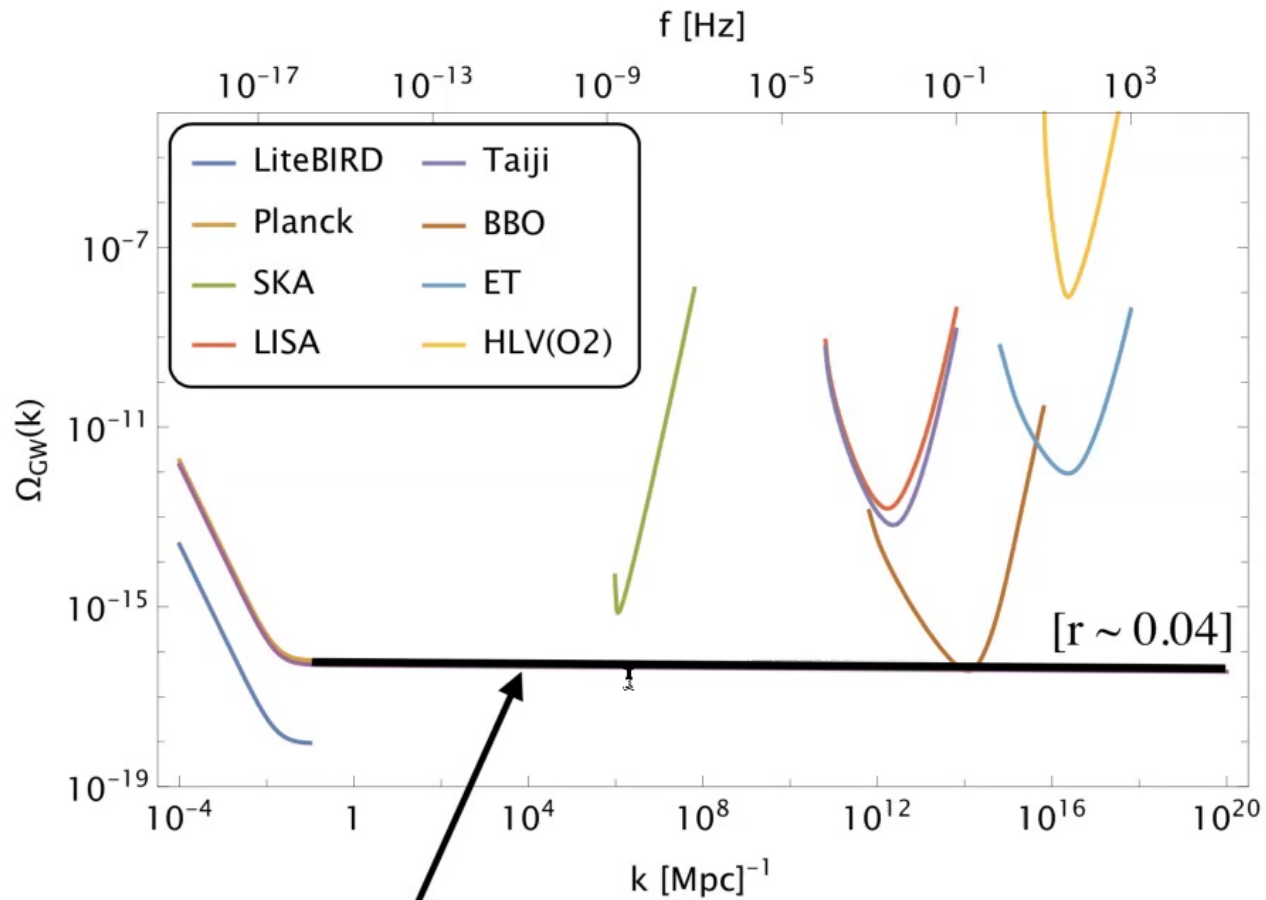


Inflationary GW from vacuum fluctuations (SFSR)

- **Energy scale** of inflation: $V_{\text{inf}}^{1/4} \simeq 10^{16} \text{GeV} (r/0.01)^{1/4}$
 $H \simeq 2 \times 10^{13} \text{GeV} (r/0.01)^{1/2}$
- Red **tilt**: $n_T \simeq -2\epsilon = -r/8$
- Non-**chiral**: $P_L = P_R$
- Nearly **Gaussian**: $f_{\text{NL}} \ll 1$

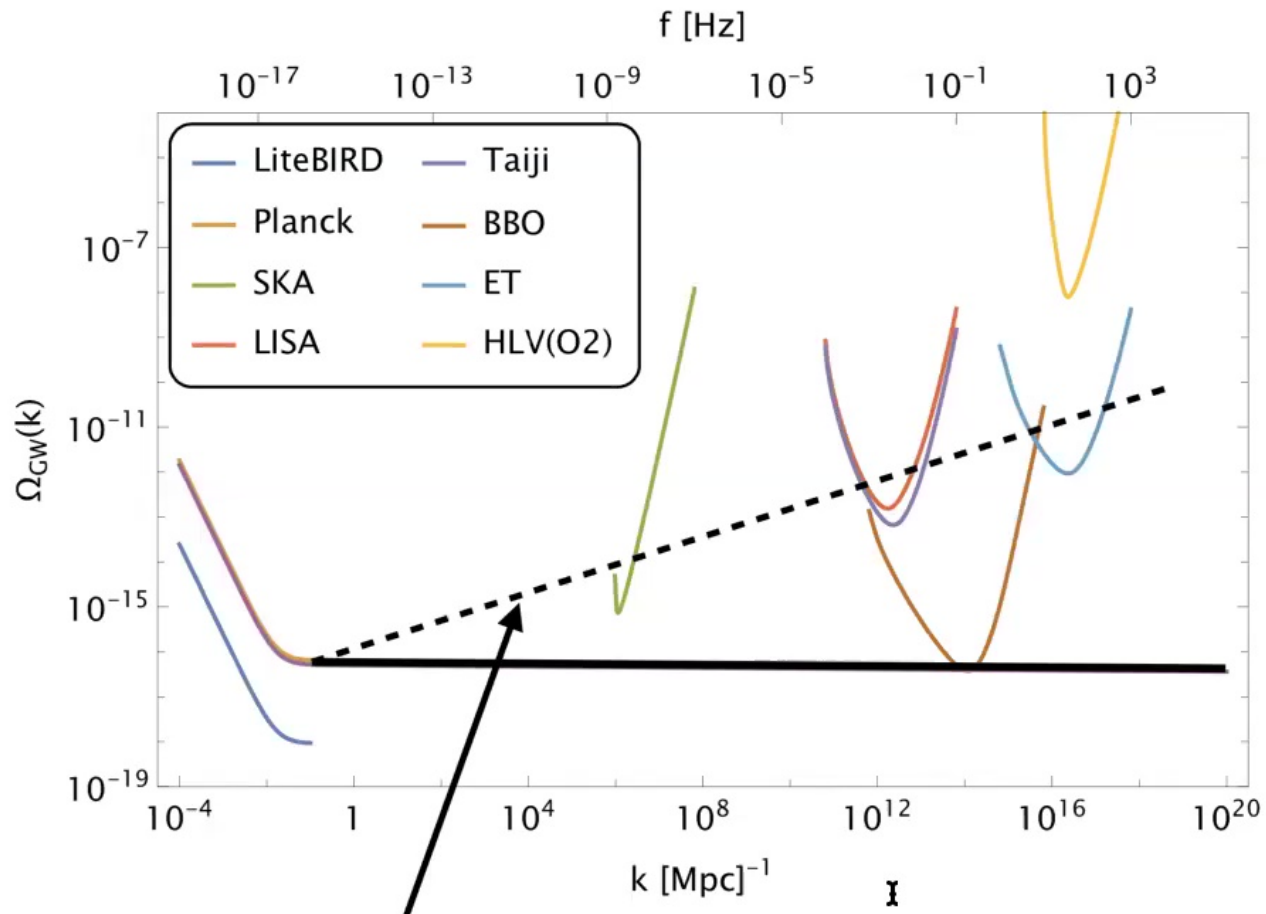
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Prediction and sensitivity limits



Standard SFSR would go undetected at small scales (**red tilt**)

Prediction and sensitivity limits



Power spectrum larger at small scales: e.g. **blue tilt**

- If we observe a **primordial** signal e.g. with LISA, that points to physics beyond the vanilla scenarios



Astrophysical sources:

background due to the superposition of a large number of resolved and unresolved astrophysical sources (e.g. mergers of black holes, neutron stars,...)

Cosmological sources

Inflation

Reheating

Alternatives to inflation

Phase transitions

Cosmic strings

...

Spectral shape would help identify the SGWB origin

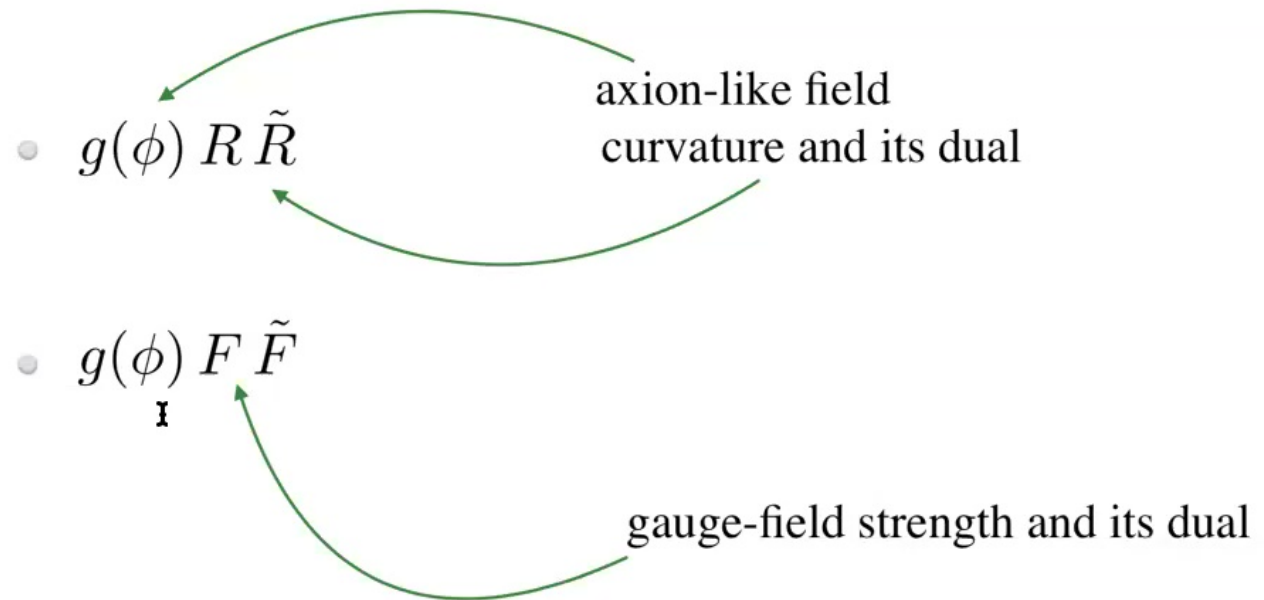
[see e.g. 2009.11845 for spectral shape reconstruction & LISA]

Non-zero chirality points to parity breaking

- Modifications of gravity
- Modifications of the matter content

†

Non-zero chirality points to parity breaking: Chern-Simons couplings



Axion-Gauge fields models: Chern-Simons coupling

$$g(\phi) F \tilde{F}$$

gauge-field strength and its dual

axion-like field

- naturally light inflaton
- support reheating
- mechanism for baryogenesis
- primordial black holes formation
- **sourced chiral gravitational waves**

[Freese - Frieman - Olinto 1990, Anber - Sorbo 2009, Cook - Sorbo 2011, Barnaby - Peloso 2011, Adshead - Wyman 2011, Maleknejad - Sheikh-Jabbari, 2011, ED - Fasiello - Tolley 2012, ED - Peloso 2012, Namba - ED - Peloso 2013, Adshead - Martinec - Wyman 2013, ED - Fasiello - Fujita 2016, Garcia-Bellido - Peloso - Unal 2016, Agrawal - Fujita - Komatsu 2017, Fujita - Namba - Obata 2018, Domcke - Mukaida 2018, Iarygina - Sfakianakis 2021, ...]

GW background from sources

$$\ddot{\gamma}_{ij} + 3H\dot{\gamma}_{ij} + k^2\gamma_{ij} = 16\pi G \Pi_{ij}^{TT}$$

- **homogeneous** solution: GWs from **vacuum fluctuations**
- **inhomogeneous** solution: GWs from **sources**

$\Pi_{ij}^{TT} \supset \{ \text{scalar fields, vector fields, fermions, tensors ... } \}$

Axion-Gauge fields models: SU(2)

[Adshead - Wyman 2011]

$$\mathcal{L} = \mathcal{L}_{\text{inflaton}} - \underbrace{\frac{1}{2} (\partial\chi)^2 - U(\chi) - \frac{1}{4} FF + \frac{\lambda\chi}{4f} F\tilde{F}}_{\mathcal{L}_{\text{spectator}}}$$

\downarrow $P_{\gamma, \text{vacuum}}$ \rightarrow $P_{\gamma, \text{sourced}}$

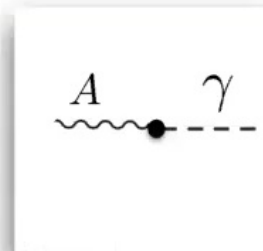
- Inflaton field dominates energy density of the universe
- Spectator sector contribution to curvature fluctuations negligible

$$A_0^a = 0$$

$$A_i^a = aQ\delta_i^a$$

slow-roll background attractor solution

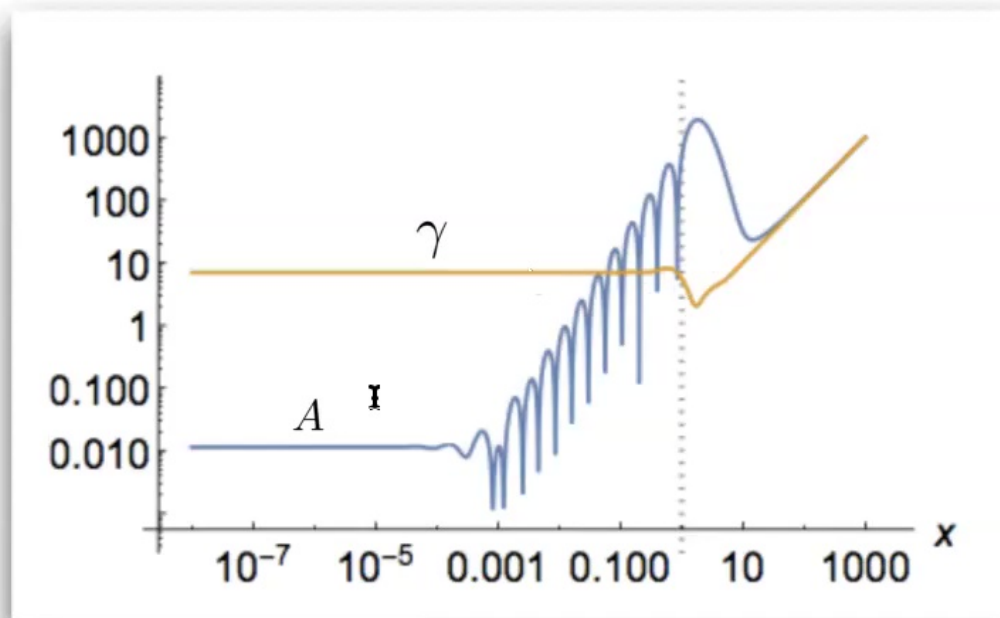
$$\delta A_i^a = t_{ai} + \dots \quad \text{TT-component}$$



[ED-Fasiello-Fujita 2016]

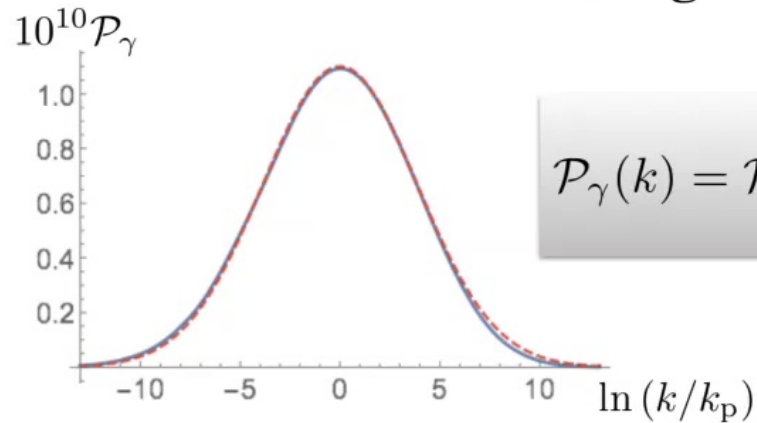
Axion-Gauge fields models: SU(2)

One helicity of the gauge field fluctuations is amplified from coupling with axion \rightarrow the same helicity of the tensor mode is amplified



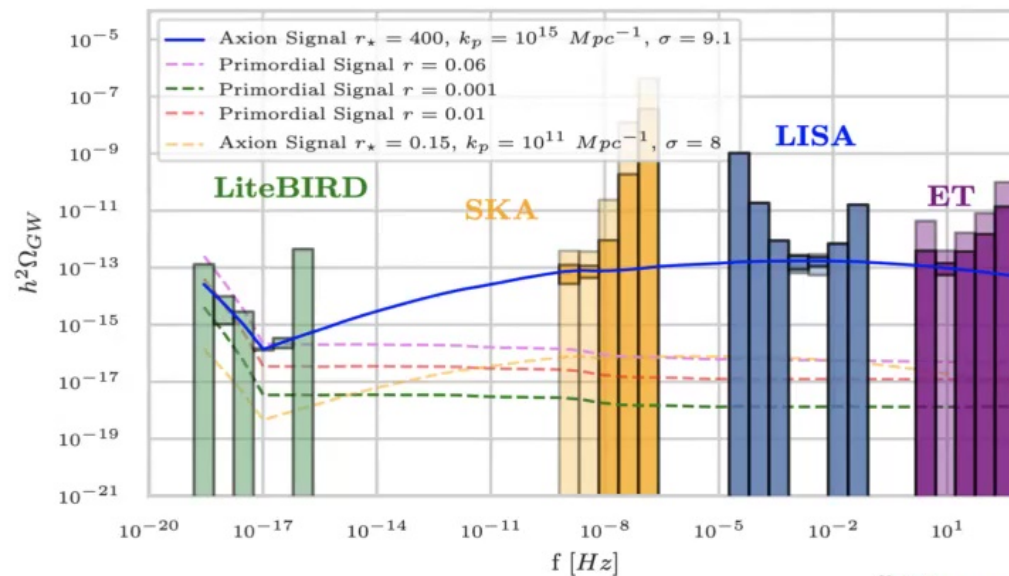
[ED-Fasiello-Fujita 2016]

Axion-Gauge fields models: SU(2)



$$\mathcal{P}_\gamma(k) = \mathcal{P}_{\gamma,L}^{(\text{sourced})}(k) = r_* \mathcal{P}_\zeta(k) e^{-\frac{1}{2\sigma^2} \ln^2(k/k_p)}$$

[ED-Fasiello-Fujita, 2016 — Thorne et al, 2017]



[Campeti et al, 2020]

CMB angular power spectra & chirality

$$C_\ell^{XY} = \int dk \Delta_\ell^X(k, \eta_0) \Delta_\ell^Y(k, \eta_0) [\mathcal{P}_\gamma^R(k) + \epsilon \cdot \mathcal{P}_\gamma^L(k)]$$

$$X, Y = T, E, B$$

$$\epsilon = \begin{cases} 1 & \text{for TT, EE, BB, TE} \\ -1 & \text{for TB, EB} \end{cases}$$

For parity-conserving theories

$$\langle TB \rangle, \langle EB \rangle = 0$$

For parity-violating theories

$$\langle TB \rangle, \langle EB \rangle \neq 0$$

Axion-Gauge fields models: SU(2)

axion-gauge field model

$$\gamma_L \neq \gamma_R$$

chiral



$$\langle TB \rangle, \langle EB \rangle \neq 0$$

Detectable at 2σ by LiteBIRD for $r > 0.03$

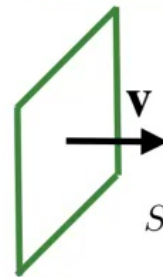
[Thorne et al, 2017]

Constraining chirality at high frequencies (interferometers)

A **planar** detector cannot distinguish L from R
for an isotropic SGWB

An ‘effective’ **non-planar** geometry can be realised by:

- using different (non co-planar) detectors at once → monopole
- exploiting the motion of a detector → higher multiples



use of kinematically induced dipole:

$$SNR \simeq \frac{v}{10^{-3}} \frac{\Omega_{GW,R} - \Omega_{GW,L}}{1.4 \cdot 10^{-11}} \sqrt{\frac{T}{3 \text{ years}}}$$

(LISA, ET)

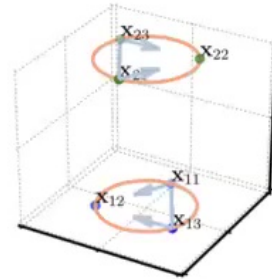
* For (networks of) space-based interferometers see: [Domcke et al, 2020](#) - [Orlando et al., 2021](#)

* For ground-based networks see, e.g. : [Seto-Taruya, 2007](#) — [Smith-Caldwell, 2017](#)

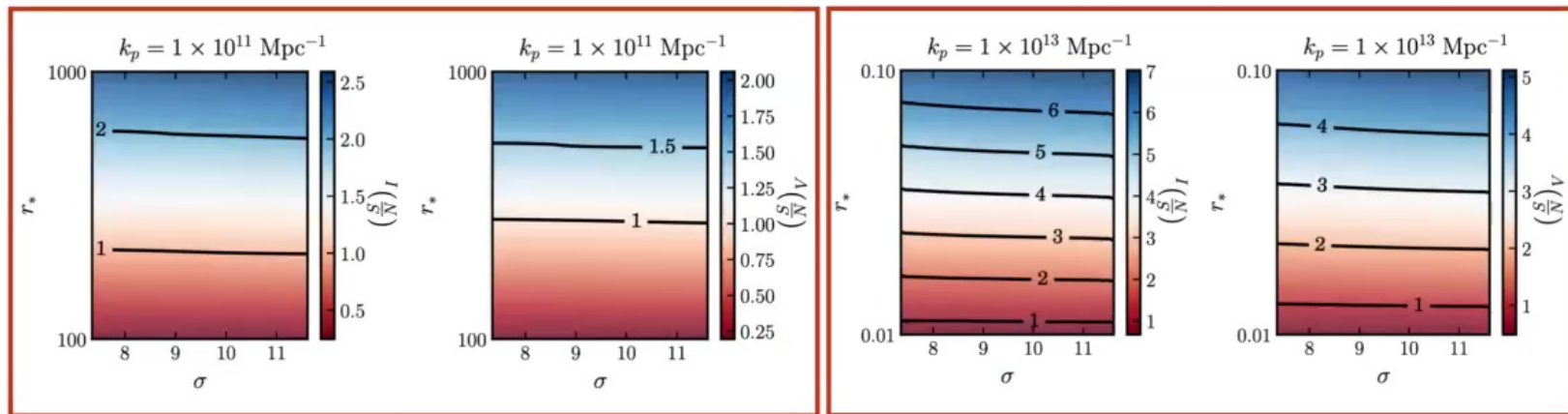
* For PTA: [Belgacem-Kamionkowski, 2020](#)

[See also [Seto 2006-2007](#)]

Cross-correlating signal from different detectors



Forecasts for axion-gauge field model [Komatsu et al 2017]



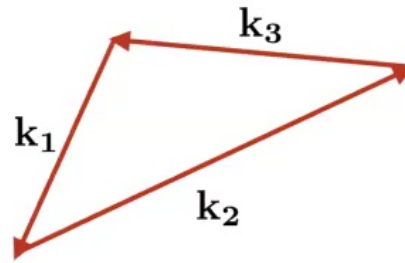
LISA-like

BBO-like

Inflationary GW from vacuum fluctuations

- **Energy scale** of inflation: $V_{\text{inf}}^{1/4} \simeq 10^{16} \text{GeV} (r/0.01)^{1/4}$
 $H \simeq 2 \times 10^{13} \text{GeV} (r/0.01)^{1/2}$
- Red **tilt**: $n_T \simeq -2\epsilon = -r/8$
- Non-**chiral**: $P_L = P_R$
- Nearly **Gaussian**: $f_{\text{NL}} \ll 1$

Non-Gaussianity: beyond the power spectrum



$$\langle \gamma_{\mathbf{k}_1}^{\lambda_1} \gamma_{\mathbf{k}_2}^{\lambda_2} \gamma_{\mathbf{k}_3}^{\lambda_3} \rangle = (2\pi)^3 \delta^{(3)}(\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3) B_{\gamma}^{\lambda_1 \lambda_2 \lambda_3}(k_1, k_2, k_3)$$

tensor bispectrum

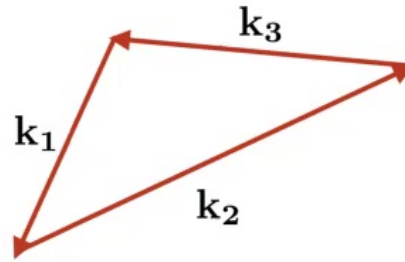
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amplitude: $f_{NL} = \frac{B}{P_{\zeta}^2}$

shape:



Non-Gaussianity: beyond the power spectrum



$$\langle \gamma_{\mathbf{k}_1}^{\lambda_1} \gamma_{\mathbf{k}_2}^{\lambda_2} \gamma_{\mathbf{k}_3}^{\lambda_3} \rangle = (2\pi)^3 \delta^{(3)}(\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3) B_{\gamma}^{\lambda_1 \lambda_2 \lambda_3}(k_1, k_2, k_3)$$

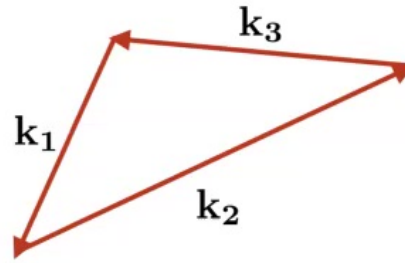
tensor bispectrum

amplitude: $f_{NL} = \frac{B}{P_{\zeta}^2}$

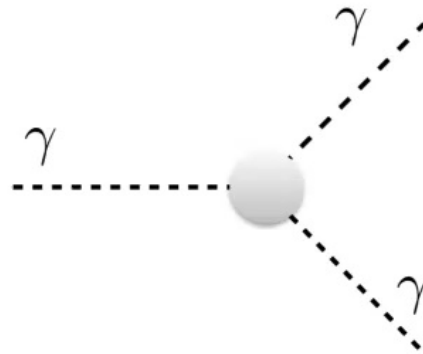
shape:



Tensor non-Gaussianity



from interactions of the tensors with other fields or from self-interactions



Mixed (scalar-tensor) non-Gaussianity

basic single-field inflation
(tensor-scalar-scalar)

$$f_{NL} = \mathcal{O}(r)$$

too small for detection

axion-gauge fields models
(tensor-scalar-scalar)

$$f_{NL} \gtrsim 10^5 \cdot r$$

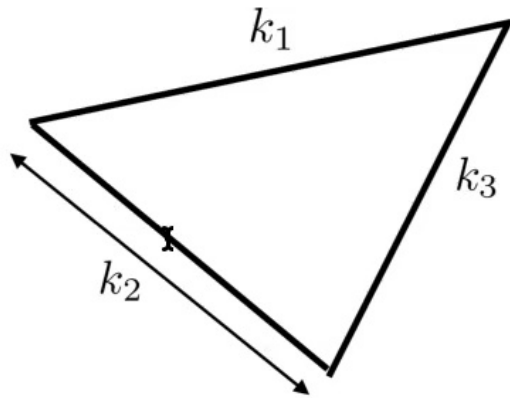
[ED - Fasiello - Hardwick - Koyama - Wands 2018]

potentially observable with CMBS4

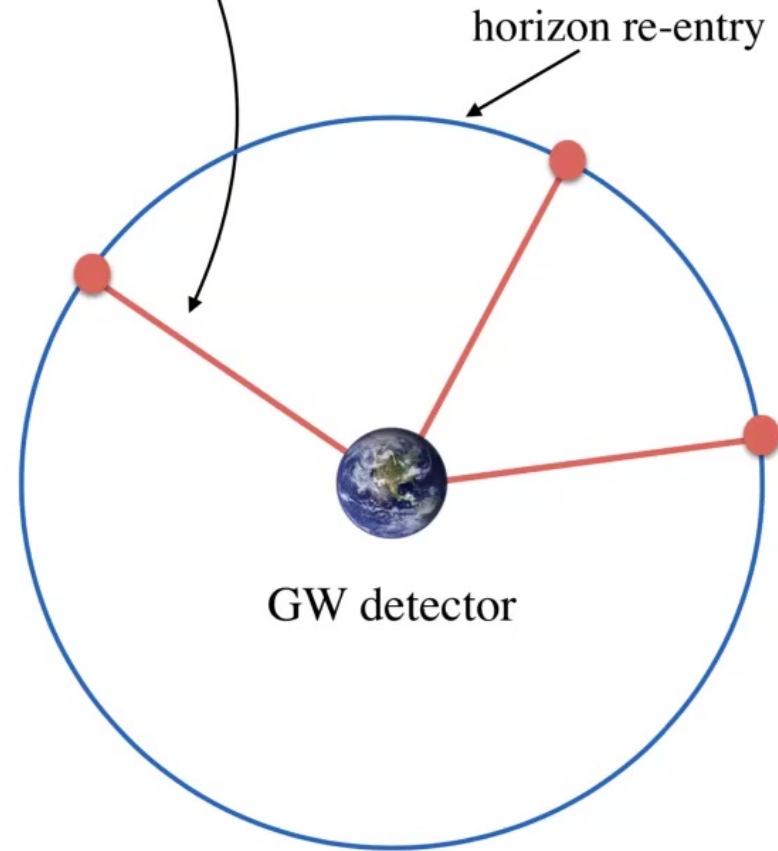
[CMBS4 science book, 2016]

Non-Gaussianity at interferometers

Orientation of the sides: GW directions



Length of the side of the triangles \sim GW frequencies



Non-Gaussianity at interferometers

Shapiro time delay:

$$\gamma'' + 2\mathcal{H}\gamma' - [1 + (12/5)\zeta]\gamma_{,kk} = 0$$

GW propagating in FRW background
+ long-wavelength perturbations

$$\gamma_{ij} = A_{ij} e^{ik\tau + ik \cdot 2 \int^{\tau} d\tau' \zeta[\tau', (\tau' - \tau_0)\hat{k}]}$$

GW from different directions
undergo different phase shift
due to intervening structure

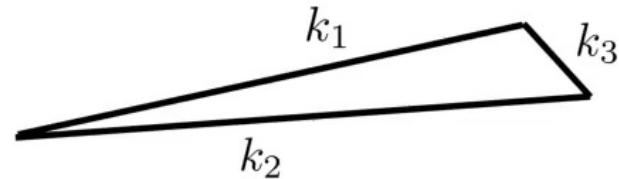
→ decorrelation → cannot measure bispectrum directly with interferometers

[Bartolo, De Luca, Franciolini, Lewis, Peloso, Riotto 2018]

Note: signal measured by an interferometer arises from the superposition
of signals from a large number of Hubble patches (CLT)

[Adshead, Lim 2009 — Caprini, Figueroa 2018 — Bartolo, De Luca, Franciolini, Lewis, Peloso, Riotto 2018]

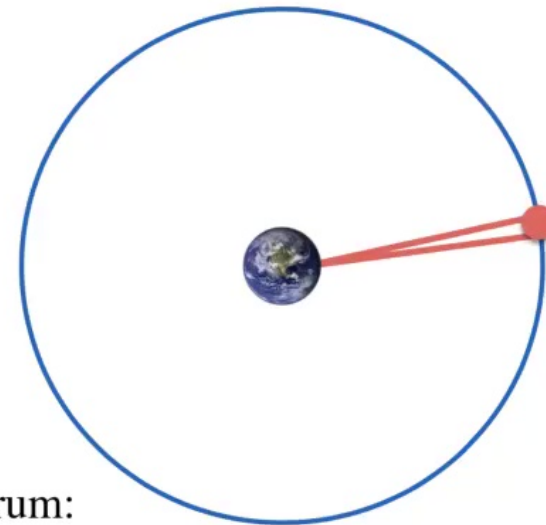
Ultra squeezed non-Gaussianity



Correlation among two short-wavelength modes (e.g. interferometer scale) and 1 very long-wavelength mode: the latter has not undergone propagation!

Signals originate from the same patch!

How do we constrain this ultra-squeezed bispectrum:

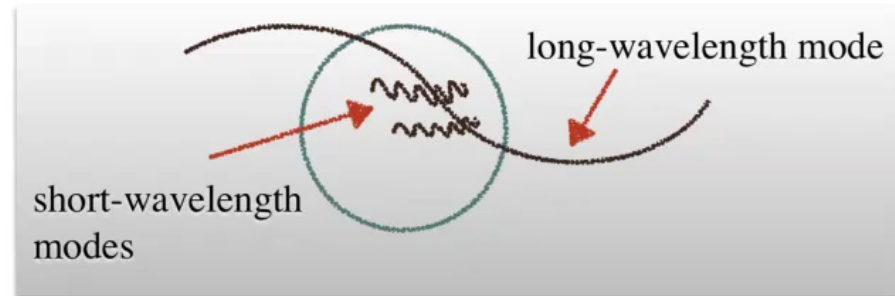
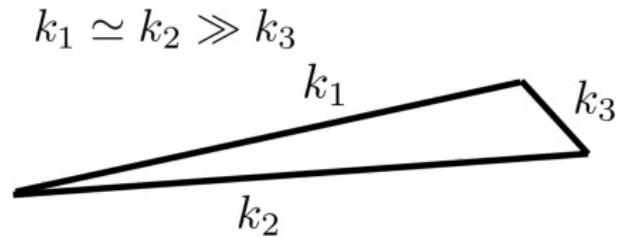


Look for anisotropies in the SGWB!

$$\Omega_{\text{GW}}(k) = \bar{\Omega}_{\text{GW}}(k) \left[1 + \frac{1}{4\pi} \int d^2\hat{n} \delta_{\text{GW}}(k, \hat{n}) \right]$$

[ED, Fasiello, Tasinato, PRL 124(2020)6 061302]

Soft limits and 'fossils'



long wavelength modes introduces a modulation
in the primordial power spectrum of the short wavelength modes

$$B^{F\gamma\gamma} \equiv \langle F_L \gamma_S \gamma_S \rangle' \sim F_L \cdot \langle \gamma_S \gamma_S \rangle'_{F_L}$$

$$\delta \langle \gamma_S \gamma_S \rangle \equiv \langle \gamma_S \gamma_S \rangle_{F_L} \sim \frac{B^{F\gamma\gamma}}{P_F(k_3)} \cdot F_L^* = P_\gamma(k_1) \cdot \frac{B^{F\gamma\gamma}}{P_F(k_3) P_\gamma(k_1)} \cdot F_L^*$$

$f_{\text{NL}}^{F\gamma\gamma}$

$$\langle \gamma_S \gamma_S \rangle'_{\text{total}} = P_\gamma(k_1) \left(1 + f_{\text{NL}}^{F\gamma\gamma} \cdot F_L^* \right)$$

[ED, Fasiello, Jeong, Kamionkowski - 2014, ED, Fasiello, Kamionkowski - 2015, ...]

Soft limits and fossils



$$P_\gamma^{\text{mod}}(\mathbf{k}, \mathbf{x}) = P_\gamma(k) [1 + \mathcal{Q}_{\ell m}(\mathbf{k}, \mathbf{x}) \hat{n}_\ell \hat{n}_m]$$

$$\int \frac{d^3 q}{(2\pi)^3} e^{i\mathbf{q}\cdot\mathbf{x}} \sum_{\lambda_3} h_{\ell m}^{\lambda_3}(\mathbf{q}) F_{\text{NL}}^{\text{ttt}}(\mathbf{k}, \mathbf{q})$$

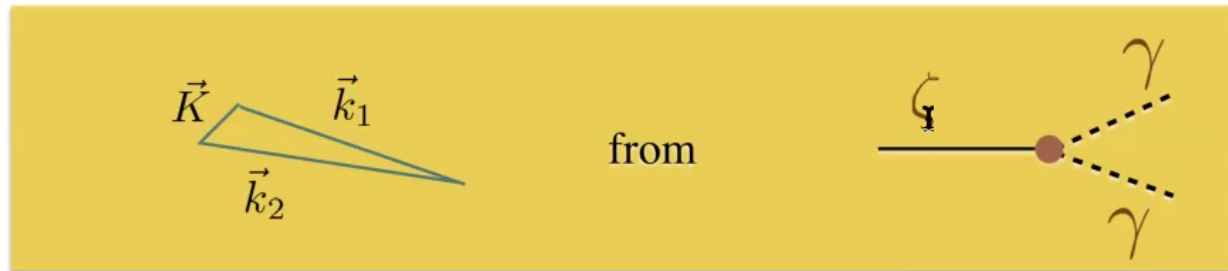
$$\delta_{\text{GW}}(k, \hat{n}) = \mathcal{Q}_{\ell m}(\mathbf{k}, \mathbf{d}) \hat{n}_\ell \hat{n}_m^{\mathbf{i}}$$

$$\mathbf{d} = -(\eta_0 - \eta_{\text{in}}) \hat{n}$$

$$\Omega_{\text{GW}}(k) = \bar{\Omega}_{\text{GW}}(k) \left[1 + \frac{1}{4\pi} \int d^2 \hat{n} \delta_{\text{GW}}(k, \hat{n}) \right]$$

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Soft limits and fossils



from

$$\delta_{\text{GW}}(k, \hat{n}) = \int \frac{d^3 q}{(2\pi)^3} e^{-i d \hat{n} \cdot \mathbf{q}} \zeta(\mathbf{q}) F_{\text{NL}}^{\text{stt}}(\mathbf{k}, \mathbf{q})$$

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Soft limits in inflation

- *Extra fields / superhorizon evolution*

[Chen - Wang 2009, Baumann - Green 2011, Chen et al 2013, ED - Fasiello - Kamionkowski 2015, ...]

- *Non-Bunch Davies* initial states

[Holman - Tolley 2007, Ganc - Komatsu 2012, Brahma - Nelson - Shandera 2013, ...]

- *Broken space diffs*

(e.g. space-dependent background)

[Endlich et al. 2013, ED - Fasiello - Jeong - Kamionkowski 2014, ...]

Ideal probe for (extra) fields, pre-inflationary dynamics, (non-standard) symmetry patterns

Soft limits and fossils



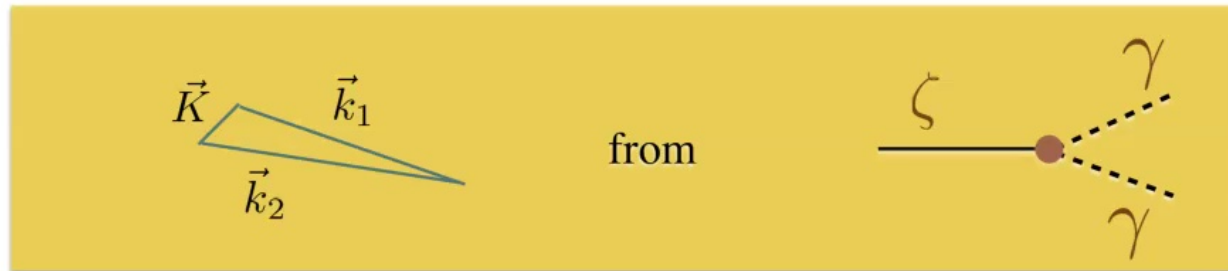
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Soft limits and fossils



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Shapiro time delay:

$$\gamma'' + 2\mathcal{H}\gamma' - [1 + (12/5)\zeta] \hat{\mathbf{n}}\gamma, kk = 0$$

GW propagating in FRW background
+ long-wavelength perturbations

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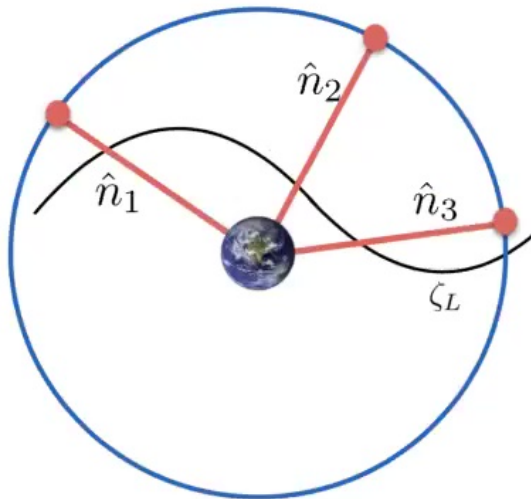
Ideal probe for (extra) fields, preinflationary dynamics, (non-standard) symmetry patterns

Any other kinds of anisotropies expected in the SGWB?

GW propagate through the perturbed universe, so they are subject to Sachs-Wolfe / integrated Sachs-Wolfe, ... , just like CMB photons

Simplified treatment in [Alba, Maldacena 2015]:

large-scale gravitational potential \rightarrow SW dominates



$$\frac{\delta \mathcal{A}(\hat{n})}{f} = \frac{1}{5} [\zeta_L(\text{today}) - \zeta_L(\hat{n} \cdot \eta_0)]$$

Gravitational redshift/blueshift of gravitons

$$\zeta_L(\hat{n}_1 \cdot \eta_0) \neq \zeta_L(\hat{n}_2 \cdot \eta_0)$$



Direction-dependent frequency shift



Anisotropy in the GW energy density $\delta_{\text{GW}}(f, \hat{n}) \sim \frac{\alpha}{5} \cdot \zeta_L(\hat{n} \cdot \eta_0)$

$$\bar{\Omega}_{\text{GW}}(f) \sim \left(\frac{f}{f_0}\right)^\alpha$$

[See also: Contaldi, 2017 — Bartolo, Bertacca, Matarrese, Peloso, Ricciardone, Riotto, Tasinato, 2019 — for full Boltzmann treatment of GW anisotropies]

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 \rightarrow

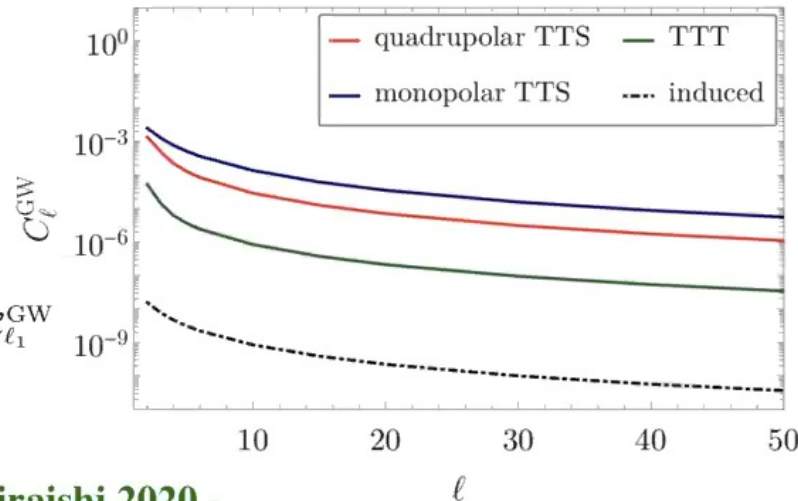
$$\frac{\delta f}{f} \sim -\frac{\zeta_L}{5} \rightarrow \delta_{\text{GW}} \sim \zeta_L \sim 10^{-5}$$

[See also:
 Contaldi, 2017
 Bartolo et al, 2019
 Pitrou et al, 2020]

Note: to be compared with

$$\delta_{\text{GW}}^{\text{stt}} \sim F_{\text{NL}}^{\text{stt}} \cdot \zeta_L$$

$$\langle \delta_{\text{GW}, \ell_1 m_1} \delta_{\text{GW}, \ell_2 m_2} \rangle = \delta_{\ell_1 \ell_2} \delta_{m_1 m_2} C_{\ell_1}^{\text{GW}}$$

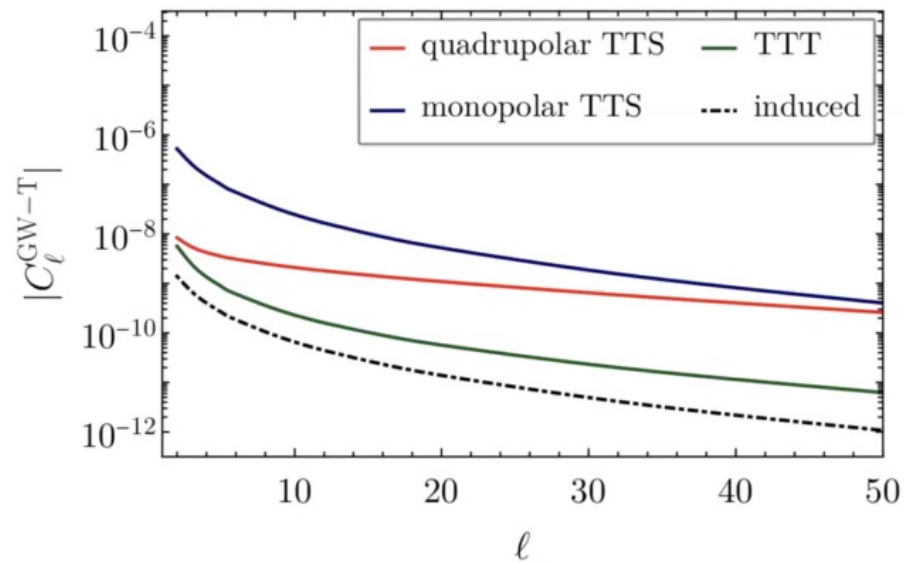


Ameek Malhotra
 PhD student
 UNSW Sydney

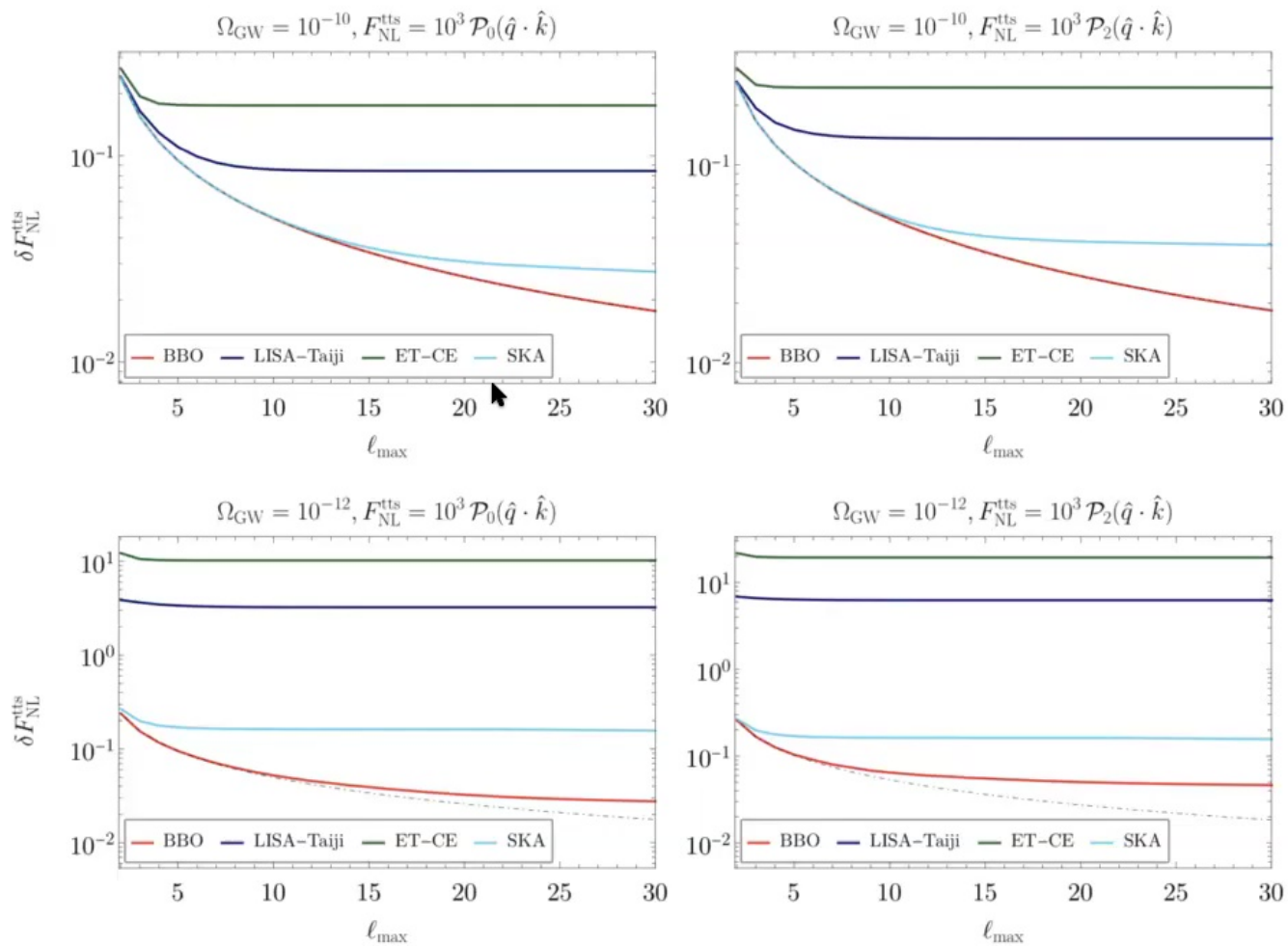
[Malhotra, ED, Fasiello, Shiraishi 2020 -
 ED, Fasiello, Malhotra, Meerburg, Orlando 2021]

Cross-correlations of GW and CMB anisotropies

$$\left. \begin{array}{l}
 \delta_{\text{GW}}^{\text{propagation}} \sim \zeta_L \\
 \delta_{\text{GW}}^{\text{sst}} \sim F_{\text{NL}}^{\text{sst}} \cdot \zeta_L \\
 \delta_{\text{GW}}^{\text{sst}} \sim F_{\text{NL}}^{\text{sst}} \cdot \zeta_L \\
 \frac{\Delta T}{T} \sim \zeta_L
 \end{array} \right\} C_\ell^{\text{GW-T}} \sim F_{\text{NL}}^{\text{sst}} \cdot C_\ell^{\text{TT}}$$



[Adshead, Afshordi, ED, Fasiello, Lim, Tasinato 2020
 Malhotra, ED, Fasiello, Shiraishi 2020
 ED, Fasiello, Malhotra, Meerburg, Orlando 2021]



(See [ED, Fasiello, Malhotra, Meerburg, Orlando 2021] also for applications to concrete models)

Gravitational waves

- Extremely useful in testing inflation, also at interferometer scales
- A variety of classes of models (beyond the vanilla scenario) generate interesting gravitational waves signatures
- Crucial for disentangling inflationary SGWB from the one due to other cosmological sources and from the astrophysical SGWB:
 - spectral shape
 - chirality
 - non-Gaussianity and anisotropies