Title: Recent Results on the Famous Black Hole Binary Cygnus X-1

Speakers: Jerome Orosz

Series: Strong Gravity

Date: April 15, 2021 - 1:00 PM

URL: http://pirsa.org/21040023

Abstract: The X-ray source Cygnus X-1 was discovered by sounding rockets in 1964 and is perhaps the oldest and best known "black hole candidate". Its celestial coordinates were poorly known until 1971, when simultaneous radio flares and X-ray flares were observed which enabled the X-ray source to be associated with a 9th magnitude O-star known as HDE 226868. This star was subsequently shown to be a single-lined spectroscopic binary with an orbital period of about 5.6 days. However, owing to difficulties with measuring the system geometry and the distance to the source, the mass of the dark companion remained elusive. In 1974, Stephen Hawking and Kip Thorne famously made a wager on the nature of the dark companion in Cygnus X-1, with Hawking wagering that the dark companion was not a black hole. Eventually the consensus was that Cygnus X-1 does indeed contain a black hole, and Hawking conceded the bet in 1990. In the following years many estimates for the black hole mass appeared in the literature, and most of them had large uncertainties, mainly owing to the difficulty of measuring the distance to the source. In this talk I will describe how we were able to use VLBI radio observations to measure a precise distance to the source, and how, in turn, this precise distance allowed us to obtain precise masses for the component stars in Cygnus X-1. Using the refined distance and geometry of the binary, it is possible to measure the relativistic spin parameter a* of the black hole using the X-ray continuum fitting technique. We find that the black hole spin is nearly maximal with a* > 0.9985 (3Ĭf).

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Recent Results on the Famous Black Hole Binary Cygnus X-1

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April 15, 2021

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The Black Hole Binary Cygnus X-1

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Credits

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- Jeffrey McClintock[†], Mark Reid, (CfA)
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- Thomas J. Maccarone (Texas Tech University)
- Lijun Gou, Xueshan Zhao (University of Chinese Academy of Sciences, Beijing)
- Janusz Ziółkowski (Nicolaus Copernicus Astronomical Center)
- NSF, NASA (\$\$\$)
- John Hood, Jr. (\$\$\$)



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The Black Hole Binary Cygnus X-1

Overview

- Introduction to Black Holes
 - Observer's Definition of a (Stellar) Black Hole
 - Number of (Stellar) Black Holes in the Milky Way
 - How to Detect (Stellar) Black Holes
 - What Black Hole Properties can we Measure?
- Cygnus X-1
 - Discovery, Early History
 - Previous Work, or "Why is it so Hard?"
 - 2011 Results
 - 2020 Updates
 - Implications for Black Hole Spin
 - Implications for the Formation

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The Black Hole Binary Cygnus X-1



- In Main Sequence stars, the heat pressure balances the gravitational attraction.
- After the nuclear fuel is used up, the fate of the star's core depends on its mass:
 - $M_{\rm core} \leq M_{\rm Ch} \rightarrow$ white dwarf
 - $M_{\mathrm{Ch}} > M_{\mathrm{core}} \leq M_{\mathrm{NS}}
 ightarrow \mathrm{neutron\ star}$
 - $M_{\rm core} > M_{\rm NS} \to {\sf black\ hole}$
- $M_{\rm Ch}$ is maximum white dwarf mass (the Chandrasekhar mass), and $M_{\rm NS}$ is the maximum neutron star mass:
 - $M_{\rm Ch} = 1.44 \, M_{\odot}$
 - $M_{\rm NS}$ is much less certain:
 - $M_{
 m NS} pprox 1.5\,M_{\odot}$ (Brown & Bethe 1994)
 - $M_{
 m NS} = 2.16^{+0.17}_{-0.15}~M_{\odot}$ (Rezzolla, Most, & Weih 2018)



The Black Hole Binary Cygnus X-1



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 - $M_{
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 - MSP J0740+6620 has $M=2.14^{+0.10}_{-0.09}~M_{\odot}$ (Cromartie et al. 2021)



The Black Hole Binary Cygnus X-1



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 - $M_{\rm Ch} = 1.44 \, M_{\odot}$
 - $M_{\rm NS}$ is much less certain:
 - $M_{
 m NS} pprox 5.76\,M_{\odot}$ (neutron degeneracy, Srinivasan 2002)
 - $M_{
 m NS} pprox 3.2\,M_{\odot}$ (causality, Rhoades & Ruffini 1974)
 - $M_{
 m NS} pprox 2.9\,M_{\odot}$ (EOS, Kalogera & Baym 1996)

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The Black Hole Binary Cygnus X-1



- In Main Sequence stars, the heat pressure balances the gravitational attraction.
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 m black hole}$
- $M_{\rm Ch}$ is maximum white dwarf mass (the Chandrasekhar mass), and $M_{\rm NS}$ is the maximum neutron star mass.
- Let's round $M_{\rm NS}$ to 3 M_{\odot} and and define a black hole as a compact object with a mass larger than 3 M_{\odot} .



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Number of (Stellar) Black Holes in the Milky Way

- Single stars above a certain initial mass threshold will produce black holes (threshold depends on metallicity).
- There is a certain level of chemical enrichment in the Milky Way (e.g. heavy elements), most of these elements need supernovae to be produced.
- There should be between $\approx 10^8$ and $\approx 10^9$ stellar black holes in the Milky Way (Agol & Kamionkowski 2002).



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- Isolated stellar black holes are expected to be small, massive, and dark. How to detect them?
- Detect signatures of accretion from the ISM (interstellar medium):
 - Zel'dovich and Salpeter, independently in the 1960s, Shvartsman (1971)
 - Agol & Kamionkowski (2002), Chisholm, Dodelson, & Kolb (2003)
 - These are not the brightest bulbs on the Christmas tree...



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The Black Hole Binary Cygnus X-1

- Isolated stellar black holes are expected to be small, massive, and dark. How to detect them?
- Detect signatures of accretion from the ISM (interstellar medium).
- Detect massive and dark lensing objects in microlensing surveys:
 - Lens mass depends on the time-scale of lensing event, but you also need the lensing parallax to help reduce degeneracies.
 - OGLE-2006-BLG-044 has a 39% probability that the lens mass is $> 3 M_{\odot}$ (Karolinski & Zhu 2020).



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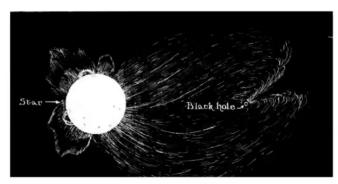
- Can we find black holes in binary systems?
- Using optical observations, find single-lined spectroscopic binaries that seem to have a massive, and (optically) dark companion:
 - LB-1: $M_c = 68^{+11}_{-3} M_{\odot}$ (Liu et al. 2019)
 - 2MASS J05215658+4359220: $M_c = 3.3^{+2.8}_{-0.7}~M_{\odot}$ (Thompson et al. 2019)
 - V723 Mon: $M_c=3.04\pm0.06\,M_\odot$ (Jayasinghe et al. 2021)
 - Note these stars are giants with relatively large (optical) luminosities, this makes it harder to rule out main sequence companions.
 - LB-1 may not have a black hole (Abdul-Hasih et al. 2020), but the other two seem to be more likely.



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The Black Hole Binary Cygnus X-1

- Can we find black holes in binary systems?
- Using optical observations, find single-lined spectroscopic binaries that seem to have a massive, and (optically) dark companion:
- In a close binary system, look for signs of accretion of matter from a "normal" star:
 - Zel'dovich & Novikov (1966), illustration from Thorne (1994)



8.5 The Zel'dovich-Novikov proposal of how to search for a black hole. A wind, blowing off the surface of a companion star, is captured by the hole's gravity. The wind's streams of gas swing around the hole in opposite directions and collide in a sharp shock front, where they are heated to millions of degrees temperature and emit X-rays. Optical telescopes should see the star orbiting around a heavy, dark companion. X-ray telescopes should see X-rays from the companion.

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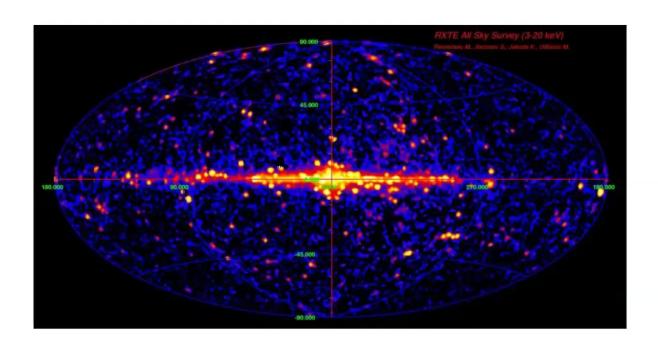
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 Rossi X-ray Timing Explorer all-sky X-ray map (Revnivtsev, Sazonov, & Gilfanov 1994)

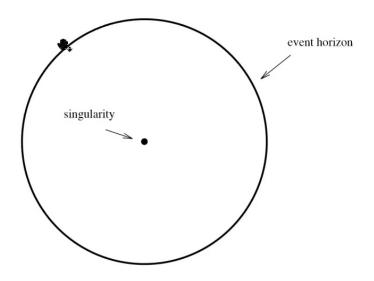
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- What properties can we measure?
 - Not many, just mass, angular momentum, and (in principle) electric charge.
 - Evidence for event horizons? See McClintock et al. (2003)



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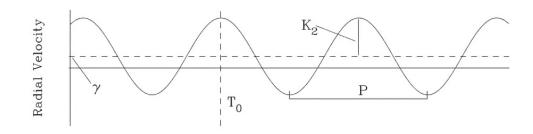
- How to measure the mass:
 - Circular orbit, separation a:

$$V_2 = \frac{2\pi a}{P} \left(\frac{M_1}{M_1 + M_2} \right) \tag{1}$$

• Kepler's Third Law:

$$P^2 = \frac{4\pi^2 a^3}{G(M_1 + M_2)} \tag{2}$$

• Define $K_2 = V_2 \sin i$, cube (1) and combine with (2):



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Time
The Black Hole Binary Cygnus X-1

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- How to measure the mass:
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Kepler's Third Law:

$$P^2 = \frac{4\pi^2 a^3}{G(M_1 + M_2)} \tag{4}$$

• Define $K_2 = V_2 \sin i$, cube (1) and combine with (2):

$$\frac{M_1^3 \sin^3 i}{(M_1 + M_2)^2} = \frac{PK_2^3}{2\pi G} \equiv f(M_1)$$
 (3)



The Black Hole Binary Cygnus X-1

• How to measure the mass:

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• Note that $M_1 > f(M_1)$ for all i and M_2 , so the optical mass function represents the lower limit on the mass of the compact object.



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The Black Hole Binary Cygnus X-1



• How to measure the mass:

$$\frac{M_1^3 \sin^3 i}{(M_1 + M_2)^2} = \frac{PK_2^3}{2\pi G} \equiv f(M_1) \tag{3}$$

- Note that $M_1 > f(M_1)$ for all i and M_2 , so the optical mass function represents the lower limit on the mass of the compact object.
- Define $q \equiv M_2/M_1$, then

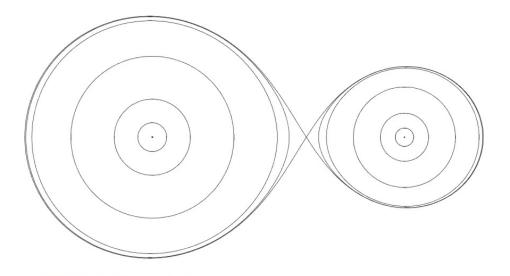
$$f(M_1) = \frac{M_1^3 \sin^3 i}{(M_1 + M_2)^2} = \frac{PK_2^3}{2\pi G} = \frac{M_1 \sin^3 i}{(1+q)^2}$$
(4)

• To find M_1 (the compact object mass), you need to find the inclination of the orbit i ($i = 90^{\circ}$ for edge-on), and either the mass ratio q, the optical star's mass M_2 , or some constraint on the semimajor axis a.

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The Black Hole Binary Cygnus X-1

- How to measure the inclination:
 - The surface of a star should follow a gravitational equipotential, and in a close binary these equipotential surfaces may be distorted.
 - In a low mass X-ray binary, the companion star fills its Roche lobe and mass is transferred through the inner Lagrangian point.



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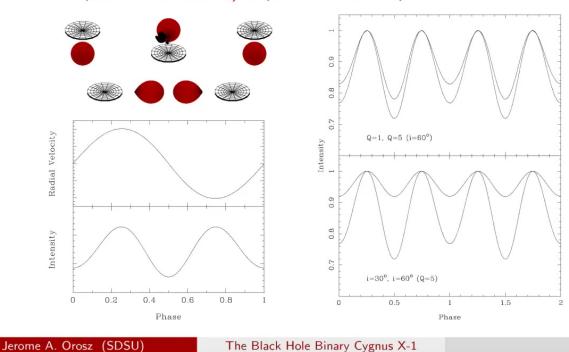
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What Black Hole Properties can we Measure?

- How to measure the inclination:
 - As the star moves in its orbit, the observer sees a variable projected area on the sky, hence the flux is modulated. These variations (called ellipsoidal variations) depend on *i* and *q*.



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- How to measure the inclination:
 - Note that in a high mass X-ray binary (the donor is an O-star or a B-star instead of a G-dwarf or K-dwarf), the mass transfer is via stellar winds, so the mapping between the ellipsoidal light curves and the inclination is more complicated.



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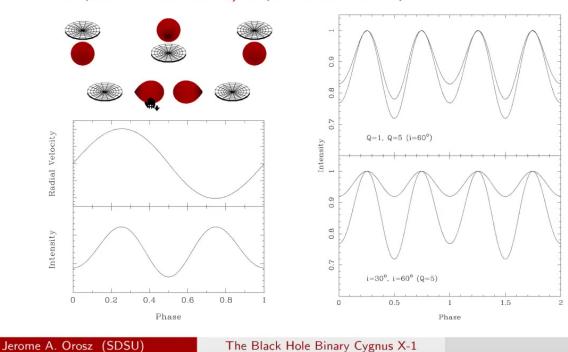
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The Black Hole Binary Cygnus X-1

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Discovery, Early History

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- What about Cygnus X-1?
 - Discovered in a rocket flight in 1964 (Boyer et al. 1965).
 - *Uhuru* observations localized the source to a \approx 2, arcminute square region in Cygnus.
 - A radio flare that was correlated with an X-ray flare enabled the X-ray source to be associated with an O-star with the designation HDE 226868 (Hjellming & Wade 1971; Bolton 1971).



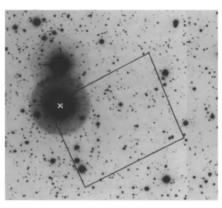
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Discovery, Early History





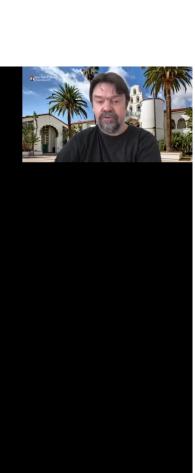
8.7 Left: A negative print of a photograph taken with the 5-meter (200-inch) optical telescope at Palomar Mountain by Jerome Kristian in 1971. The black rectangle outlines the error box in which Uhuru's 1971 data say that Cygnus X-1 lies. The white x marks the location of a radio flare, measured by radio telescopes, which coincided with a sudden change in the X-rays from Cyg X-1. The x coincides with the optical star HOE 226868, and thus identifies it as a binary companion of Cyg X-1. In 1978 the X-ray telescope Einstein confirmed this identification; see Figure 8.6g. Right: Artist's conception of Cyg X-1 and HDE 226868, based on all the optical and X-ray data. [Left: photo courtesy Dr. Jerome Kristian, Carnegie Observatories; right: painting by Victor J. Kelley, courtesy the National Geographic Society.]

• Illustration from Thorne (1994).

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Discovery, Early History

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 - HDE 226868 was subsequently discovered to be a single-lined spectroscopic binary with a period of 5.6 days, with an optical mass function of $0.217 \pm 0.007 \, M_{\odot}$ (Bolton 1975).



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The Black Hole Binary Cygnus X-1

Why is it so Hard?



• We have the optical mass function of $f(M) = 0.240 \pm 0.005 \, M_{\odot}$. Now all we need is the inclination of the orbit i and the mass of the O-star...



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The Black Hole Binary Cygnus X-1

Why is it so Hard?

- We have the optical mass function of $f(M) = 0.240 \pm 0.005 \, M_{\odot}$. Now all we need is the inclination of the orbit i and the mass of the O-star...
 - The X-ray source is wind-fed, so the inclination is not easily obtained from the ellipsoidal light curves.
 - The distance and reddening were uncertain, so the properties of the O-star were not well known? What is its mass? Is it a "normal" O-star or is it undermassive and underluminous?
- Some early mass estimates include
 - $M_1 < 1 \, M_{\odot}$ (Trimble 1973)
 - $M_1 > 3.6 \, M_\odot$ for d > 1.4 kpc (Paczynski 1974)
 - $M_1 > 7 M_{\odot}$ (Gies & Bolton 1986)
 - $M_1 = 10 \pm 1 \, M_{\odot}$ (Ninkov et al. 1987)

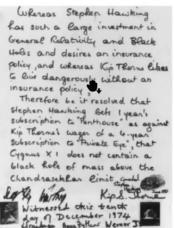
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The Black Hole Binary Cygnus X-1



Why is it so Hard?





Right: The bet between Stephen Hawking and me as to whether Cygnus X-1 is a black hole. Left: Hawking lecturing at the University of Southern California in June 1990, just two hours before breaking into my office and signing off on our bet. [Hawking photo courtesy Irene Fertik, University of Southern California.]

- In 1974, Stephan Hawking and Kip Thorne made a bet on whether Cygnus X-1 has a black hole, Hawking bet that it did not.
- Hawking conceded in 1990 (illustration from Thorne 1974).

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THE TRIGONOMETRIC PARALLAX OF CYGNUS X-1

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ABSTRACT

We report a direct and accurate measurement of the distance to the X-ray binary Cygnus X-1, which contains the first black hole to be discovered. The distance of $1.86^{+0.12}_{-0.11}$ kpc was obtained from a trigonometric parallax measurement using the Very Long Baseline Array. The position measurements are also sensitive to the 5.6 day binary orbit and we determine the orbit to be clockwise on the sky. We also measured the proper motion of Cygnus X-1 which, when coupled to the distance and Doppler shift, gives the three-dimensional space motion of the system. When corrected for differential Galactic rotation, the non-circular (peculiar) motion of the binary is only about 21 km s^{-1} , indicating that the binary did not experience a large "kick" at formation.

Key words: astrometry – black hole physics – stars: distances – stars: individual (Cygnus X-1) – X-rays: binaries Online-only material: color figures

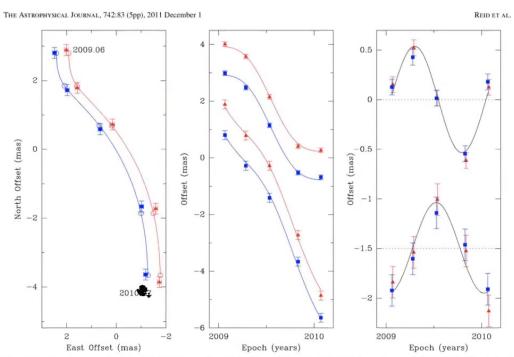
• We got a parallax to the source using VLBI.

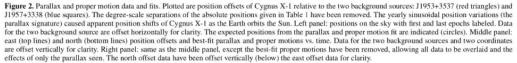
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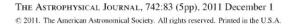
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The Black Hole Binary Cygnus X-1

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The Black Hole Binary Cygnus X-1

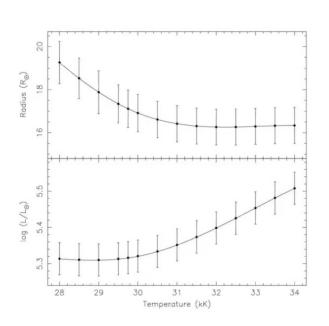


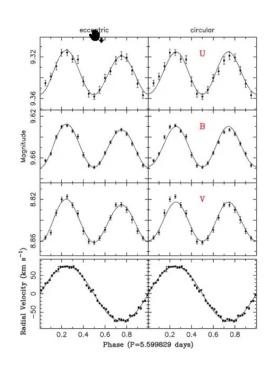
- What changed in 2011?
- We got a parallax to the source using VLBI.
- The steps to get the mass:
 - Using the apparent magnitude in K and the reddening, find the radius of the O-star as a function of effective temperature.
 - Model the light and radial velocity curves, using the stellar radius and the projected rotational velocity (from spectroscopy) as constraints.
 - As a function of temperature, fit 4 cases:
 - (A) circular orbit, synchronous rotation;
 - (B) circular orbit, nonsynchronous rotation;
 - (C) eccentric orbit, pseudosynchronous rotation;
 - (D) eccentric orbit, nonsynchronous rotation.

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- ullet Left: Radius and luminosity as a function of $\mathcal{T}_{\mathrm{eff}}$;
- Right: Light and velocity curve fits for model D (left) and A (right).

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The Black Hole Binary Cygnus X-1



2011 Results

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THE MASS OF THE BLACK HOLE IN CYGNUS X-1

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ABSTRACT

Cygnus X-1 is a binary star system that is comprised of a black hole and a massive giant companion star in a tight orbit. Building on our accurate distance measurement reported in the preceding paper, we first determine the radius of the companion star, thereby constraining the scale of the binary system. To obtain a full dynamical model of the binary, we use an extensive collection of optical photometric and spectroscopic data taken from the literature. By using all of the available observational constraints, we show that the orbit is slightly eccentric (both the radial velocity and photometric data independently confirm this result) and that the companion star rotates roughly 1.4 times its pseudosynchronous value. We find a black hole mass of $M = 14.8 \pm 1.0 M_{\odot}$, a companion mass of $M_{\rm opt} = 19.2 \pm 1.9 M_{\odot}$, and the angle of inclination of the orbital plane to our line of sight of $i = 27.1 \pm 0.8$ deg. Key words: binaries: general – black hole physics – stars: individual (Cygnus X-1) – X-rays: binaries:

 \bullet Final results, assuming 30,000 K $< T_{\rm eff} <$ 32,000 K.

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- Are we done yet? No? What happened?
 - Gaia DR2 and eDR3 results: optical parallax is $468 \pm 15 \mu as$, compared to 539 ± 33 from VLBI (≈ 2.14 kpc vs. ≈ 1.86 kpc).
 - More VLBI observations over a single binary orbit.



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BLACK HOLES

Cygnus X-1 contains a 21-solar mass black hole—Implications for massive star winds

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Miller-Jones, et al. (2021), Science, 371, 1046.

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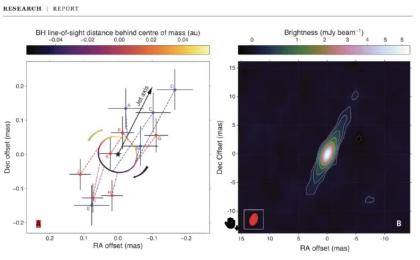


Fig. 1. Cygnus X-1 and its best fitting model orbit on the plane of the sky.

(A) Astrometric measurements from the new (red points) and archival follow points) VIJBA data (5). Error bars show the 68% confidence level. The letter labels indicate the chronological ordering of the observations, as detailed in table S1. Dashed lines link the measured positions to the location on the fitted orbit, shown as the colored ellipse. The color bar indicates the location of the black hole along the line of sight, relative to the center of mass of the system (shown as the black stay, with positive values being behind the

center of mass. Arrows indicate the direction of orbital motion and the jet axis. (B) Stacked radio image of the jet in color, with white contours every $\epsilon t/\sqrt{2}$ times the root mean square noise level of 23 microjanskys (July) per beam. The red ellipse indicates the size and shape of the synthesized beam. Although the measured positions scatter along the jet axis, the motion perpendicular to the jet axis is reproduced by the astrometric model (Fig. 2). Coordinates are given in right ascension (RA) and declination (Dec), J2000 equinox, mas, milli-arc

 Astrometric measurements show an orbital phase dependence, attributed to free-free absorption in the stellar wind. To mitigate, fit positions in the perpendicular direction of the known jet axis.

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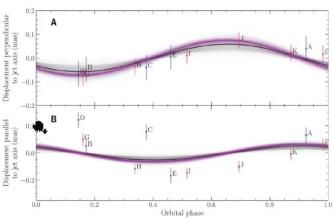


Fig. 2. Orbital displacements relative to the best-fitting one-dimensional astrometric model. Parallax and proper motion signatures have been subtracted. (A) The measured displacements perpendicular to the jet axis. Red points are our VLBA data, and blue points are the archival observations (5), with error bars showing the 68% confidence level. Labels reflect the chronological ordering of the observations, as listed in table S1. Black and magenta lines show 500 random draws from the posterior probability distribution of the orbital parameters for radio and optical models, respectively (with the posterior medians indicated with thicker lines), which are consistent within the uncertainties. The data were only fitted perpendicular to the jet axis. (B) The measured displacements parallel to the jet axis show that the measured core positions are primarily downstream of the model predictions when the black hole is close to superior conjunction (behind the donor star; phases close to 0.0) and upstream when the black hole is close to inferior conjunction (phases close to 0.5), as expected for wind absorption.

• Astrometric measurements show an orbital phase dependence, attributed to free-free absorption in the stellar wind. To mitigate, fit positions in the perpendicular direction of the known jet axis.

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- We find a parallax of 458 \pm 35 $\mu{\rm as}$, compared to 468 \pm 15 $\mu{\rm as}$ from Gaia eDR3.
- Now update the dynamical model:
 - Adopt $d=2.22\pm0.18$ kpc, get new $R_1(T_{\rm eff})$ relation.
 - ullet Adopt $T_{
 m eff}=30,200\pm900$ K and a gravity of $\log g_1=3.31\pm0.05$.
 - Adopt $V_{\rm rot} \sin i = 96 \pm 6$ km s⁻¹.
 - Use MCMC fitting, assuming the model D framework.



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- We find a parallax of 458 \pm 35 μas , compared to 468 \pm 15 μas from Gaia eDR3.
- Now update the dynamical model:
 - We find $M=21.2\pm2.2\,M_\odot$ for the black hole and $M_2=40.6\pm7.7\,M_\odot$ for the O-star, respectively.
 - $R_2 = 22.3 \pm 1.8 \, R_{\odot}$ and $\log(L_2/L_{\odot}) = 5.63 \pm 0.08$.
 - $a_{\rm BH}=0.160\pm0.013$ au or $73\pm8\,\mu{\rm as}$ for the apparent semimajor axis of the black hole orbit. The VLBI fit gives $58\pm20\,\mu{\rm as}$.





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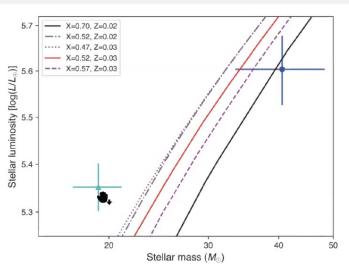


Fig. 3. Predicted mass-luminosity relations for high-mass main sequence stars. Masses are given in solar masses, and luminosities are relative to the solar luminosity L_{\odot} . The black solid line shows the predicted relation for a standard composition [hydrogen mass fraction X=0.70; mass fraction of heavy elements Z=0.02 (20)]. The gray dot-dashed line is for an enhanced helium abundance, X=0.52, Z=0.02 [as inferred for the surface abundance of the donor star (15)]. The red solid line shows the effect of an increased metallicity, with Z=0.03, X=0.52. The magenta dotted line and dashed line show the effect of the uncertainty on the helium abundance (15). The mass and luminosity determined from previous observations (6) are shown as the cyan triangle. The values derived from our observations are shown as the blue circle, which lies closer to the theoretical relations, irrespective of composition or metallicity, Error bars show 68% confidence levels.

• The O-star parameters are more consistent with evolutionary models.

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Re-estimating the Spin Parameter of the Black Hole in Cygnus X-1

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Abstract

Cygnus X-1 is a well-studied persistent black hole X-ray binary. Recently, the three parameters needed to estimate the black hole spin of this system, namely the black hole mass M, the orbital inclination i, and the source distance D, have been updated. In this work we redetermine the spin parameter using the continuum-fitting technique for those updated parameter values. Based on the assumption that the spin axis of the black hole is aligned with the orbital plane, we fit the thermal disk component to a fully relativistic thin accretion disk model. The error in the spin estimate arising from the combined observational uncertainties is obtained via Monte Carlo simulations. We demonstrate that, without considering the counteracting torque effect, the new spin parameter is constrained to be $a_* > 0.9985$ (3σ), which confirms that the spin of the black hole in Cygnus X-1 is extreme.

Unified Astronomy Thesaurus concepts: X-ray binary stars (1811); Black hole physics (159); High energy astrophysics (739)

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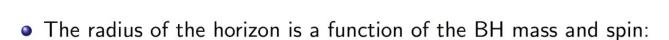
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$$r_h = r_g + (r_g^2 - a^2)^{1/2} = r_g [1 + (1 - a_*^2)^{1/2}]$$

where

$$r_{g} = GM/c^{2}; \quad a = J/Mc; \quad a_{*} = a/r_{g} \quad (-1 \le a_{*} \le 1)$$

• The radius of the ISCO is a function of the BH mass and spin:

$$r_{\text{last}} = r_g \{ 3 + A_2 \pm [(3 - A_1)(3 + A_1 + 2A_2)]^{1/2} \}$$

where

$$A_1 = 1 + (1 - a_*^2)^{1/3}[(1 + a_*)^{1/3} + (1 - a_*)^{1/3}]$$

 $A_2 = (3a_*^2 + A_1^2)^{1/2}$

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$$r_{\text{last}} = r_g \{ 3 + A_2 \pm [(3 - A_1)(3 + A_1 + 2A_2)]^{1/2} \}$$

where

$$A_1 = 1 + (1 - a_*^2)^{1/3} [(1 + a_*)^{1/3} + (1 - a_*)^{1/3}]$$

 $A_2 = (3a_*^2 + A_1^2)^{1/2}$

Note:

$$r_{
m S} = 2r_g$$
 Schwarzschild radius $r_{
m last} = r_g$ $a_* = 1$ (extreme prograde) $r_{
m last} = 6r_g$ $a_* = 0$ (static) $r_{
m last} = 9r_g$ $a_* = -1$ (extreme retrograde)

ullet Measure $ar{M}$ and $r_{
m last}$ and you can solve for a_*

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- Measure M and η_{ast} and you can solve for a_*
 - Measure the angular size of the central accretion disk "hole" using X-ray continuum models.
 - Use the distance d, the inclination i (assume spin axis is parallel to orbital angular momentum), and the black hole mass M_1 to get $r_{\rm last}$ in physical units.
 - $a_* > 0.9985 (3\sigma)$. The black holes found by LIGO, with the exception of GW190412, tend to have low spins.



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Implications for the Formation

- The presence of a $21 M_{\odot}$ black hole in a system with solar or supersolar metallicity had implications for mass loss in massive stars:
 - \bullet Mass loss in the Wolf-Rayet state is probably \approx 3 times smaller than "standard" assumptions.
 - Mass loss in luminous blue variable winds is likewise \approx 3 times smaller than "standard" assumptions.
 - With more retained mass, there could be reduced enrichment of the ISM.



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Cygnus X-1

2020 Updates

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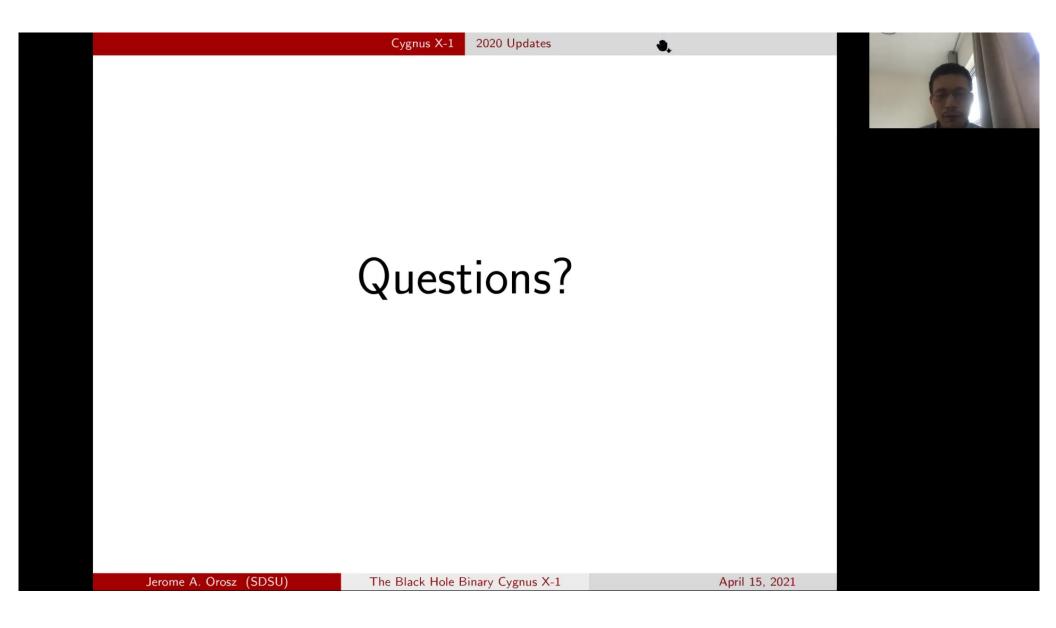


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