

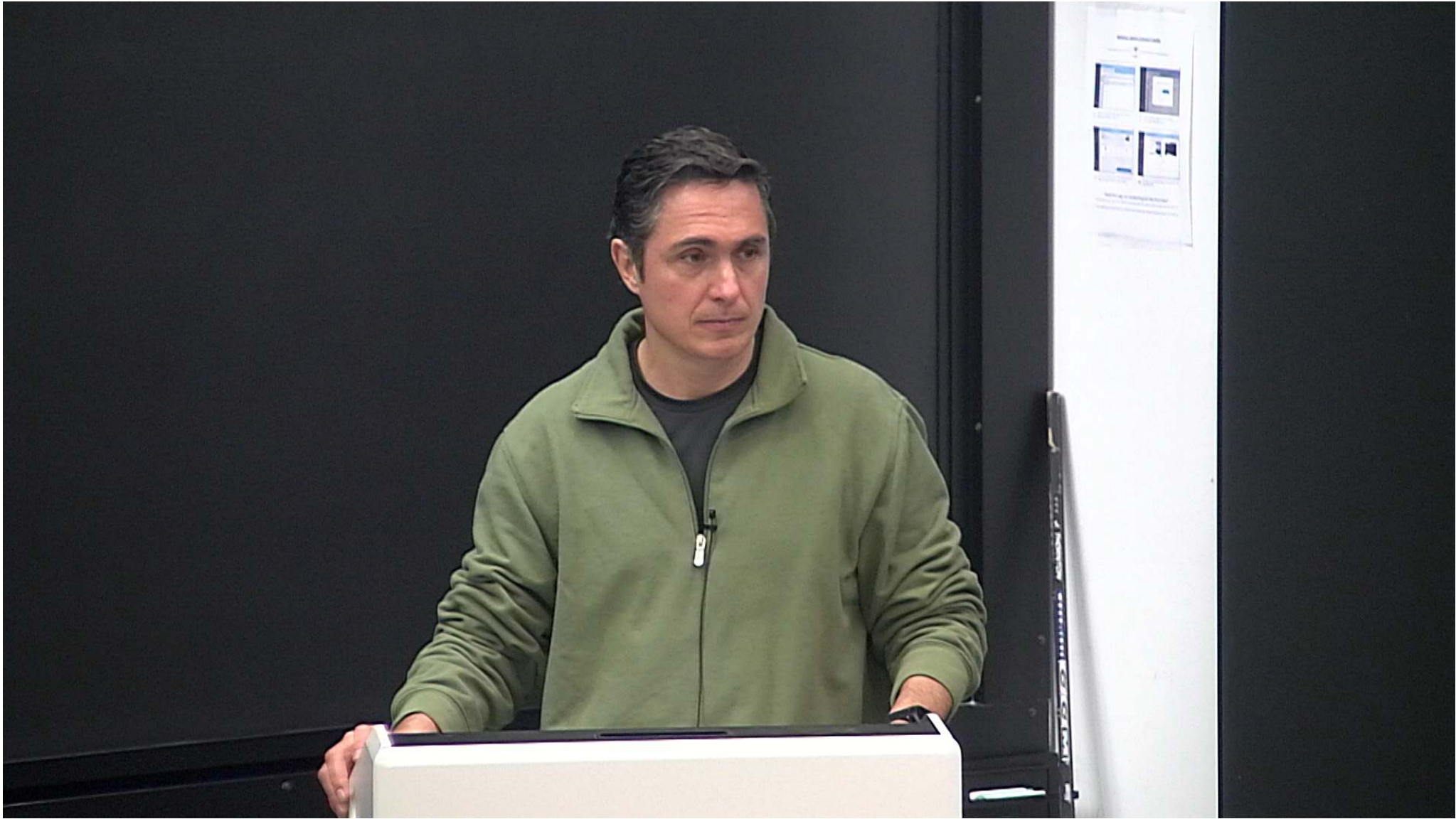
Title: PSI 2018/2019 - Strong Field Gravity - Lecture 6

Speakers: William East

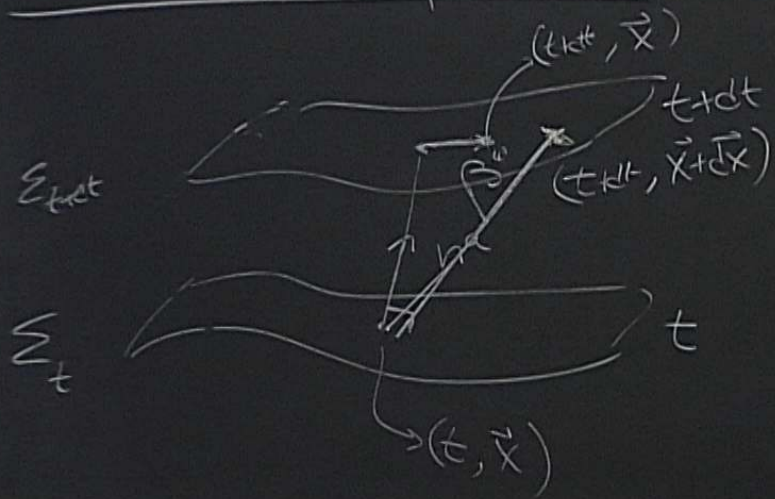
Collection: PSI 2018/2019 - Strong Field Gravity (East)

Date: March 11, 2019 - 9:00 AM

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3+1 Decomposition :  $(M, g_{ab}) \rightarrow G_{ab} = \alpha^2 T_{ab}$



each  $\Sigma$  is spacelike

$$\Delta \tau = dt \alpha$$

$\alpha$ : lapse function

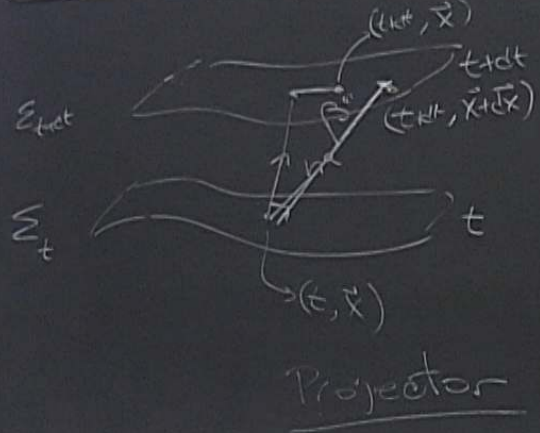
$\beta^i$ : shift vector

$\gamma_{ij}$  = metric tensor  
at each  $\Sigma_i$

$$ds^2 = -\alpha^2 dt^2 + \gamma_{ij} (dx^i + \beta^i dt)(dx^j + \beta^j dt)$$

$$g_{ab} = \begin{pmatrix} -\alpha^2 + \gamma_{ij} \beta^i \beta^j & \beta^i \\ \beta^j & \gamma_{ij} \end{pmatrix}, \quad g^{ab} = \begin{pmatrix} -\frac{1}{\alpha^2} & \frac{\beta^i}{\alpha^2} \\ \frac{\beta^j}{\alpha^2} & \gamma^{ij} - \frac{\beta^i \beta^j}{\alpha^2} \end{pmatrix}$$

3+1 Decomposition:  $(M, g_{ab}) \rightarrow G_{ab} = \mathcal{E}T T_{ab}$



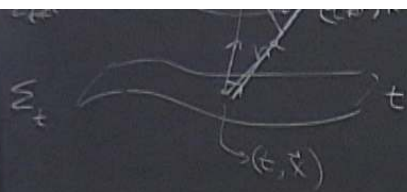
each  $\Sigma$  is spacelike  
 $\Delta \Sigma = dt \alpha$        $\alpha$ : lapse function  
 $\beta^i$ : shift vector  
 $\gamma_{ij}$ : metric tensor at each  $\Sigma$   
 $\gamma_{ab} = g_{ab} + n_a n_b$

$$ds^2 = -\alpha^2 dt^2 + \gamma_{ij} (dx^i + \beta^i dt)^2$$

$$g_{ab} = \begin{pmatrix} -\alpha^2 + \gamma_{ij} \beta^i \beta^j & \beta^j \\ \beta^i & \gamma_{ij} \end{pmatrix}$$

$$\tilde{n}^a n_a = -1$$





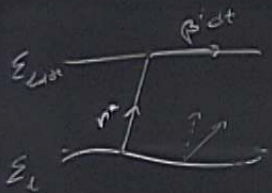
Projector

$$\gamma_{ab} \equiv g_{ab} + n_a n_b$$

$\beta^i$ : shift vector  
 $\gamma_{ij}$  = metric tensor at each  $\Sigma_t$

$$g_{ab} = \begin{pmatrix} -\alpha^2 + \beta^i \beta^j \gamma_{ij} & \beta^j \gamma_{ij} \\ \beta^i \gamma_{ij} & \gamma_{ij} \end{pmatrix}, \quad g^{ac} = \begin{pmatrix} -\frac{1}{\alpha^2} & \frac{\beta^i}{\alpha^2} \\ \frac{\beta^j}{\alpha^2} & \gamma^{ij} - \frac{\beta^i \beta^j}{\alpha^2} \end{pmatrix}$$

$$n^a n_a \equiv -1$$



$$n_a = (-\alpha, 0) \Rightarrow \left(\frac{\partial}{\partial t}\right)^a = \alpha n^a + \beta^a$$

$$n^a = \left(\frac{1}{\alpha}, -\frac{\beta^i}{\alpha}\right)$$

Extrinsic curvature  $K_{ab} \equiv -\gamma^c_a \nabla_c n_b = -(\gamma^c_a + n^c n_a) \nabla_c n_b = -\nabla_a n_b + n_a n^c \nabla_c n_b$

Extrinsic curvature

$$K_{ab} \equiv -\gamma^c_a \nabla_c n_b = -(\gamma^c_a + n^c n_a) \nabla_c n_b = -(\nabla_a n_b + n_a \overbrace{n^c \nabla_c n_b}^{\gamma^c_b})$$

$$= -(\nabla_a n_b + n_a a_b)$$

$$K_{ab} = K_{ba}$$

$$\nabla_c \vec{t} = n_c = \xi_a$$

$$\gamma_{ab} = \gamma_{ab} + \underline{n_a n_b}$$

$$K_{ab} = \gamma^c_a \nabla_c n_b = \gamma^c_a \nabla_c \xi_b = \gamma^c_a \nabla_b \xi_c = \gamma^c_a \nabla_b n_c = K_{ba}$$

$$\left(\frac{\partial}{\partial t}\right)^a \mathcal{L}_n \gamma_{ab} = n^c \nabla_c \gamma_{ab} + \gamma_{ac} \nabla_b n^c + \gamma_{bc} \nabla_a n^c$$

$$= n^c \nabla_c (\gamma_{ab}^0 + n_a n_b) + (\gamma_{ac}^0 + n_a n_c) \nabla_b n^c + (\gamma_{bc}^0 + n_b n_c) \nabla_a n^c \rightarrow (\gamma_{bc}^0 - \gamma_{cb}^0) \nabla_a n^c + (\gamma_{ac}^0 - \gamma_{ca}^0) \nabla_b n^c + \dots$$

$$\gamma_b^c \nabla_c n_a + \gamma_a^c \nabla_c n_b - \nabla_b n_a - \nabla_a n_b + \nabla_b n_a + \nabla_a n_b$$

$$= -2K_{ab} \Rightarrow \boxed{\mathcal{L}_{\vec{n}} \gamma_{ab} = -2K_{ab}}$$

Property

$$\mathcal{L}_{\vec{n}} \gamma_{ab} = \frac{1}{\phi} \mathcal{L}_{(\phi \vec{n})} \gamma_{ab}$$

$$K_{ab} = -\frac{1}{2\alpha} \mathcal{L}_{\vec{n}} \gamma_{ab} = -\frac{1}{2\alpha} \left( \mathcal{L}_{\vec{T}} - \mathcal{L}_{\vec{\beta}} \right) \gamma_{ab}$$

$$2\mathcal{L}_{\vec{T}} \gamma_{ij} - \mathcal{L}_{\vec{\beta}} \gamma_{ij} = -2\alpha K_{ij}$$



$m_b \rightarrow \partial_t \delta'_{iI} - L_{\beta} \delta'_{iI} = -2\alpha K_{iI} \quad \checkmark \quad \underline{Ex}$

$$\partial_t \delta'_{iI} = -2\alpha K_{iI} + D_i \beta_j + D_j \beta_i \quad \checkmark$$

$$D_i \delta'_{JK} = 0$$

$$= -2 K_{ab} \Rightarrow \boxed{\int_n \gamma_{ab} = -2 K_{ab}}$$

Property

$$\int_n \gamma_{ab} = \frac{1}{\phi} \int_{(\phi, n)} \gamma_{ab}$$

$$K_{ab} = -\frac{1}{2\alpha} \int \frac{\partial \gamma_{ab}}{\partial n} = -\frac{1}{2\alpha} \left( \int_{\mathcal{L}} - \int_{\mathcal{R}} \right) \gamma_{ab}$$

$$\partial_t \gamma_{IT} = -2\alpha K_{IT} + D_I \beta_J + D_J \beta_I \quad \checkmark$$

$$D \gamma_{Tz} = 0$$

$$-D_a T^{bc} = \gamma_a^b \gamma_c^d \gamma_{b_1}^d \gamma_{d_1}^c \nabla_{a_1} T^{b_1 c_1}$$

Gauss-Codazzi equation:  $\gamma^a_i \gamma^b_j \gamma^c_k \gamma^d_l R_{abcd} = \nabla^a K_{bc} K^a_d - K_{ac} K^a_b$



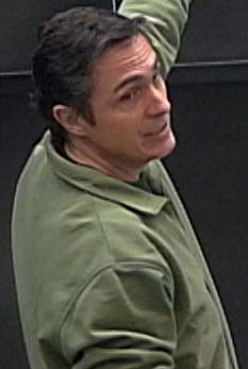
Gauss-Codazzi equation:  $\gamma^a_i \gamma^b_j \gamma^c_k \gamma^d_l R_{abcd} \equiv {}^{(3)}R_{abcd} + K_{ac} K_{bd} - K_{ad} K_{bc} \quad (\text{at } \Sigma_t)$

Codazzi-Mainardi eqn.  $\gamma^a_i \gamma^b_j \gamma^c_k n^d R_{abcd} \equiv D_b K_{ac} - D_a K_{bc} \quad (\text{at } \Sigma_t)$

\* No  $2^{nd}$   $(\partial_t)$

\* No explicit opp of  $\{\alpha, \beta\}$

$$\begin{aligned} \gamma^{ac} \gamma^{bd} R_{abcd} &= (g^{ac} + n^a n^c)(g^{bd} + n^b n^d) R_{abcd} \\ &= R + 2 n^a n^b R_{ab} \\ &= 2 n^a n^b G_{ab} \end{aligned} \quad G_{ab} = R_{ab} - \frac{1}{2} g_{ab} R$$



Gauss-Codazzi equation:  $\gamma^a_i \gamma^b_j \gamma^c_k \gamma^d_l R_{abcd} \equiv {}^{(3)}R_{abcd} + K_{ac} K_{bd} - K_{ad} K_{bc} \quad (\text{at } \Sigma_t)$

Codazzi-Mainardi eqn.  $\gamma^a_i \gamma^b_j \gamma^c_k n^d R_{abcd} \equiv D_b K_{ac} - D_a K_{bc} \quad (\text{at } \Sigma_t)$

\* No  $2^{nd}$   $(\partial_t)$

\* No explicit opp  $\{x, p\}$

$$\begin{aligned} \gamma^{ac} \gamma^{bd} R_{abcd} &= (\gamma^{ac} + n^a n^c)(\gamma^{bd} + n^b n^d) R_{abcd} \\ &= R + 2 n^a n^b R_{ab} \\ &= 2 n^a n^b G_{ab} \end{aligned}$$

$$G_{ab} = R_{ab} - \frac{1}{2} \gamma_{ab} R$$

From G-C  $\gamma^a_i \gamma^b_j \gamma^c_k \gamma^d_l R_{abcd} = {}^{(3)}R + K^2 - K_{ab} K^{ab}$

$$\Rightarrow 2 n^a n^b G_{ab} \equiv {}^{(3)}R + K^2 - K_{ab} K^{ab}$$

for  $G_{ab} = 8\pi T_{ab} \Rightarrow \boxed{{}^{(3)}R + K^2 - K_{ab} K^{ab} = 16\pi \rho} \rightarrow \text{Hamilton constraint}$   
with  $\rho = n^a n^b T_{ab}$

Notice  $g^{ab} n^d G_{bd} = n^d g^{ab} R_{bd}$   
 from C-M:  
 $= D^a K - D_b K^{ab}$   
 $= D_b (g^{ab} K) - D_b (K^{ab})$

$$D_b (K^{ab} - g^{ab} K) = 8\pi j^a$$

idea

from C-M:

$$= D^a K - D_b K^{ab}$$

$\rightarrow M_{ab}$

$$= D_b(\gamma^{ab} K) - D_b(K^{ab})$$

$$\gamma^{\mu\nu} \gamma^{\rho\sigma} n^{\mu} n^{\nu}$$

$$\left\{ \gamma_{ab}, K_{ab}, \underline{\alpha_i \beta^i} \right\}$$

Extrinsic Curvature

$$K_{ab} \equiv -\delta_a^\mu \nabla_\mu n_b = -(\delta_a^\mu + n^\mu n_a)$$

$$K_{ab} = K_{ba}$$