

Title: PSI 2017/2018 - Cosmology - Lecture 12

Date: Apr 24, 2018 10:15 AM

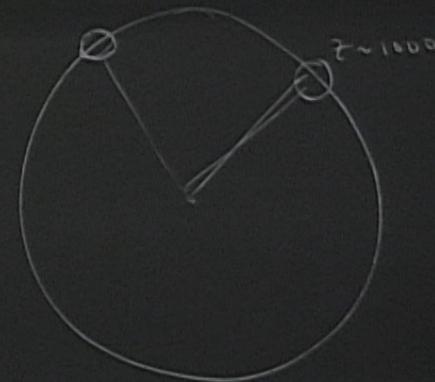
URL: <http://pirsa.org/18040024>

Abstract:

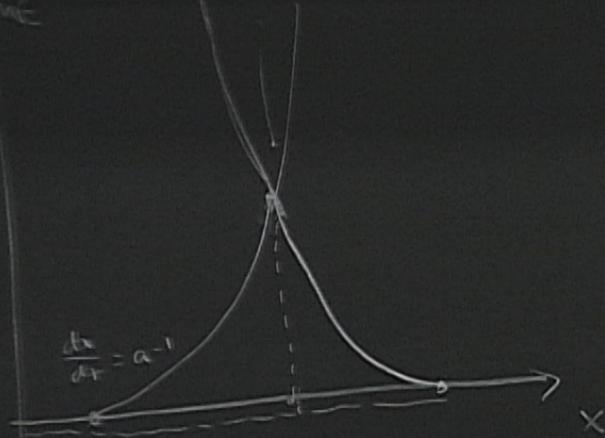
SINGLE-FIELD SLOW-ROLL INFLATION

$$S = \int d^4x \sqrt{g} \left(\frac{M_{pl}^2}{2} R - \frac{1}{2} (\nabla^m \phi) (\nabla_m \phi) - V(\phi) \right)$$

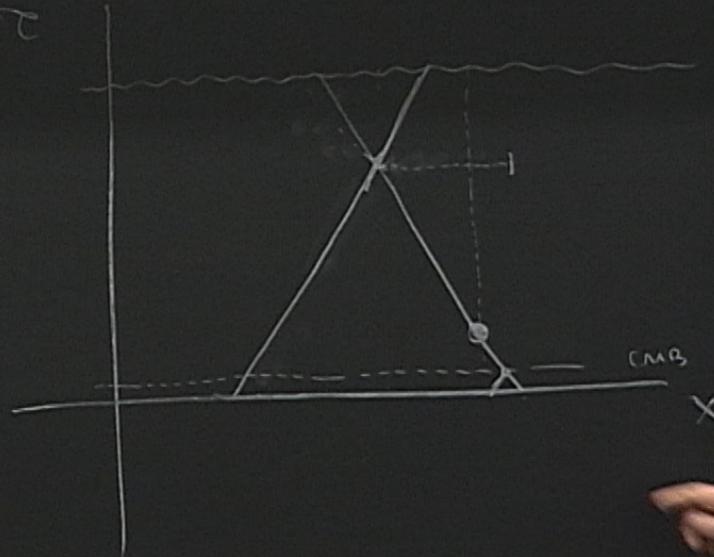
= HORIZON PROBLEM



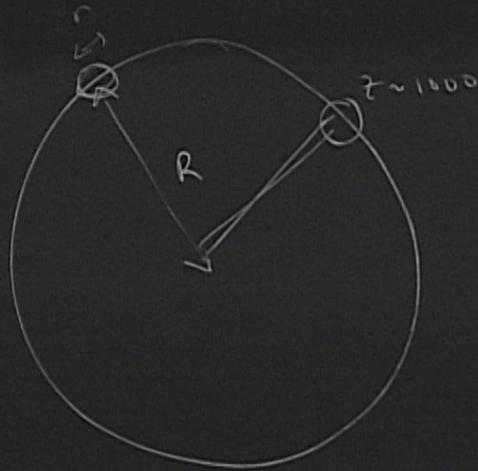
TRAVEL TIME
t



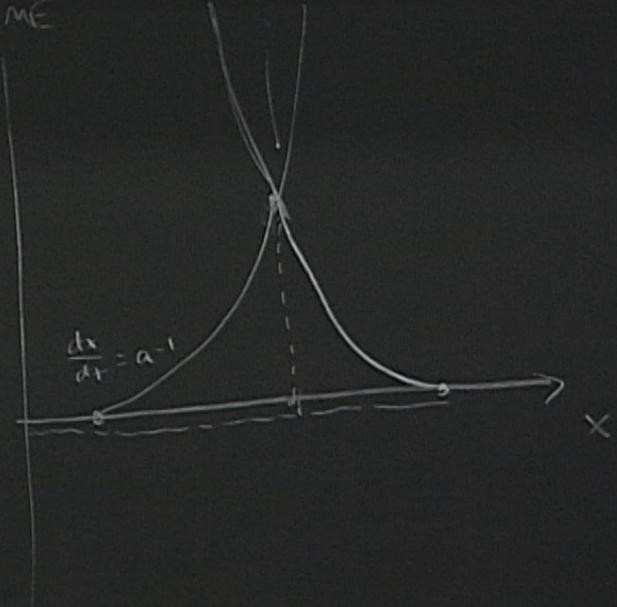
CONF TIME
T

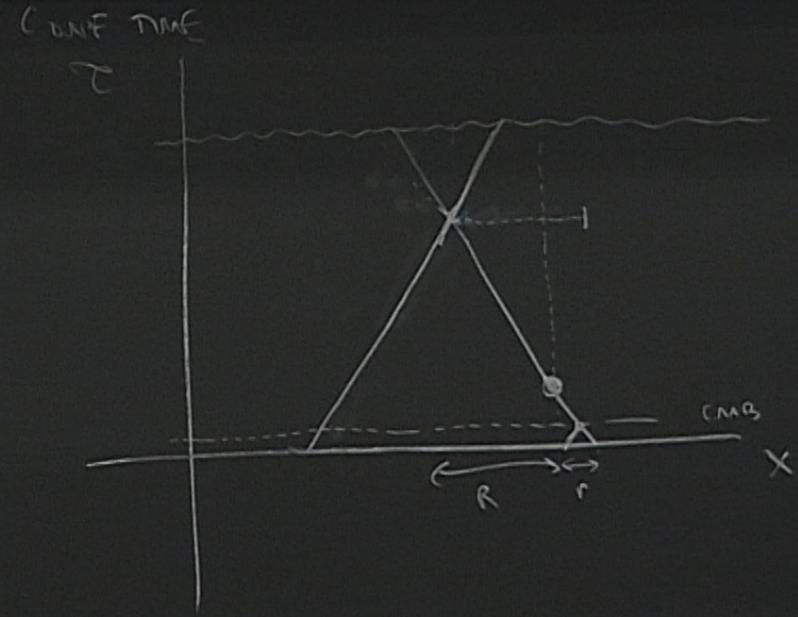
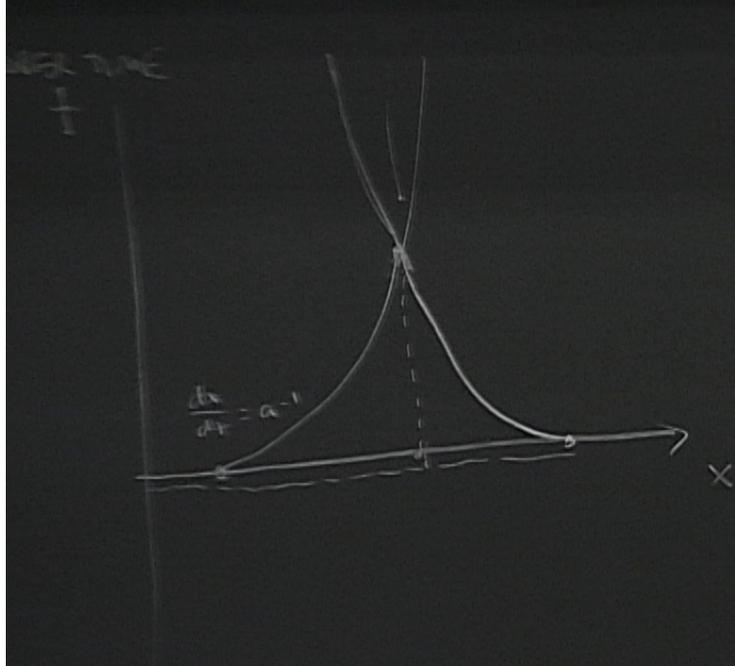


$-V(\phi)$



PROPER TIME
†

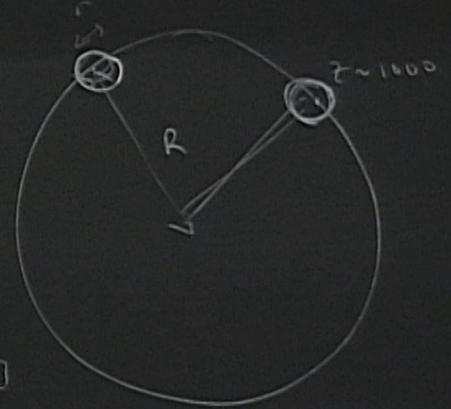




SINGLE-FIELD SLOW-ROLL INFLATION

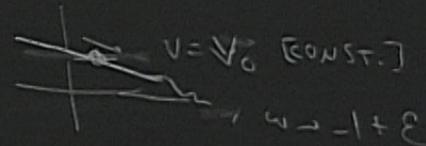
$$\int d^4x \sqrt{g} (\Lambda)$$

$$S = \int d^4x \sqrt{g} \left(\frac{M_{pl}^2}{2} R - \frac{1}{2} (\nabla^m \phi) (\nabla_m \phi) - \underbrace{V(\phi)}_{\text{"FLAT"}} \right)$$

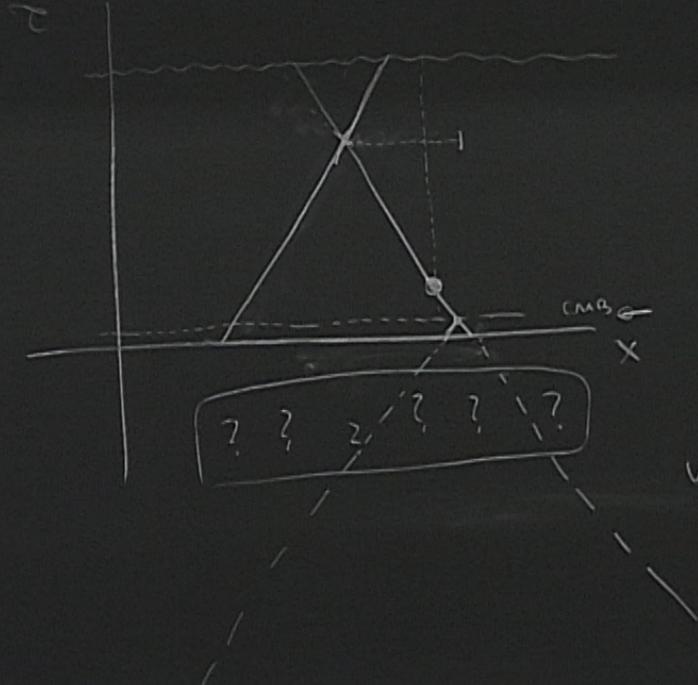


• HORIZON PROBLEM $w \lesssim -\frac{1}{3}$

"FLAT"



CNF TIME



$$w > -\frac{1}{3}$$

$$w < -\frac{1}{3}$$

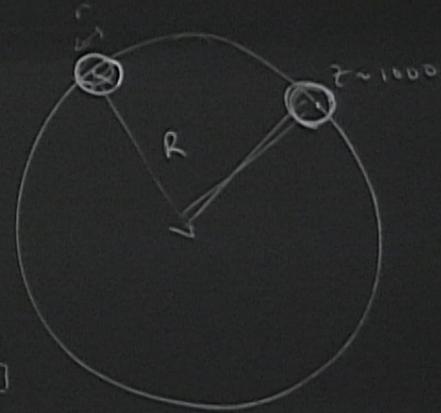
SINGLE-FIELD SLOW-ROLL INFLATION

$$\int d^4x \sqrt{-g} (\Lambda)$$

$$S = \int d^4x \sqrt{-g} \left(\frac{M_{pl}^2}{2} R - \frac{1}{2} (\nabla^\mu \phi)(\nabla_\mu \phi) - V(\phi) \right)$$

✓ = HORIZON PROBLEM $w \lesssim -\frac{1}{3}$

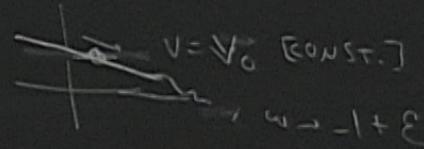
"FLAT"



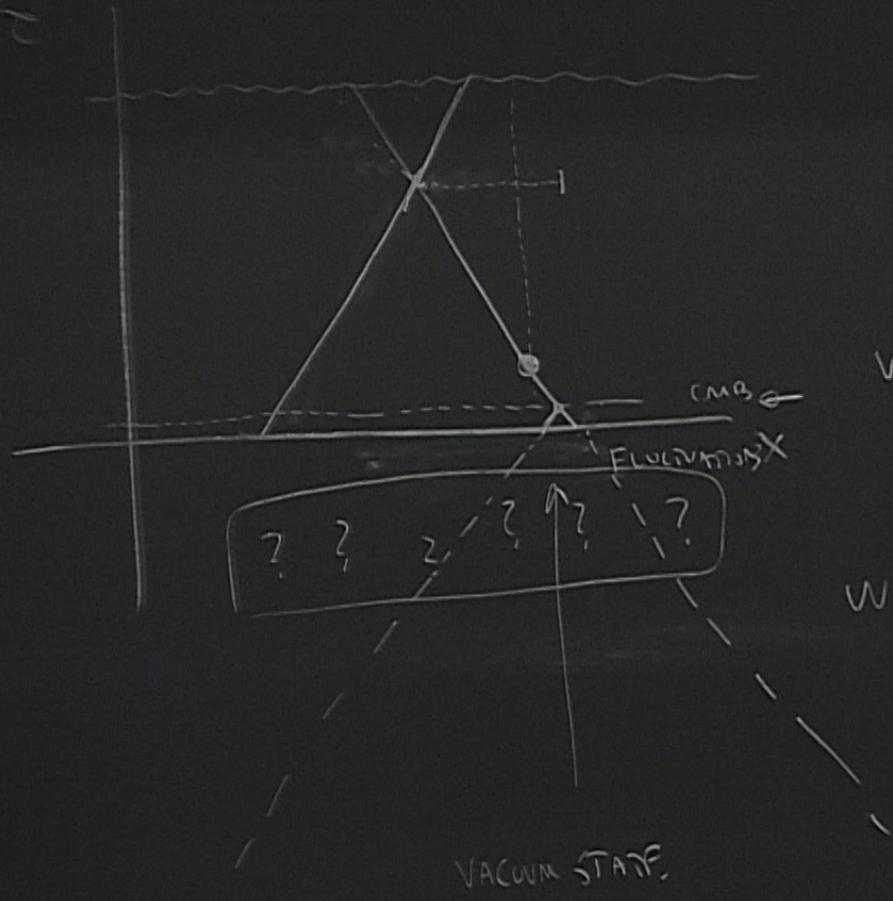
• GENERATES PERTURBATIONS

- SCALAR ADIABATIC
- GAUSSIAN TO $\approx 0.1\%$
- POWER SPECTRUM $P_s(k) = \Delta_s^2 \left(\frac{k}{k_0} \right)^{n_s - 1}$

$$\Delta_s^2 = (2.1 \pm 0.05) \times 10^{-9} \quad n_s = 0.967 \pm 0.004$$



CONE TIME



$$W > -\frac{1}{3}$$

$$W < -\frac{1}{3}$$

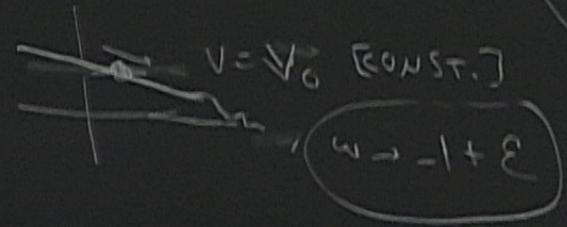
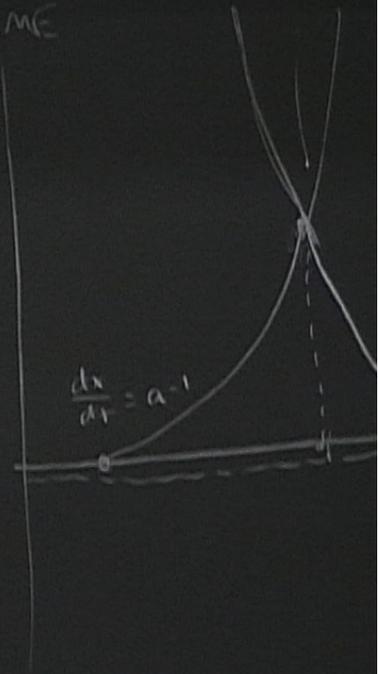
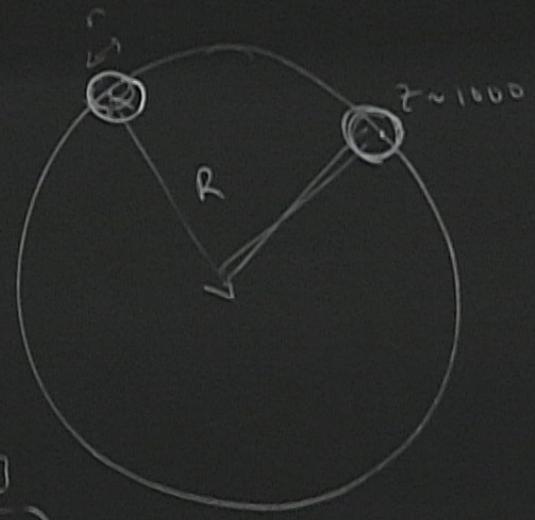
ANON

$$\int d^4x \sqrt{-g} (\Lambda)$$

PROPER TIME
+

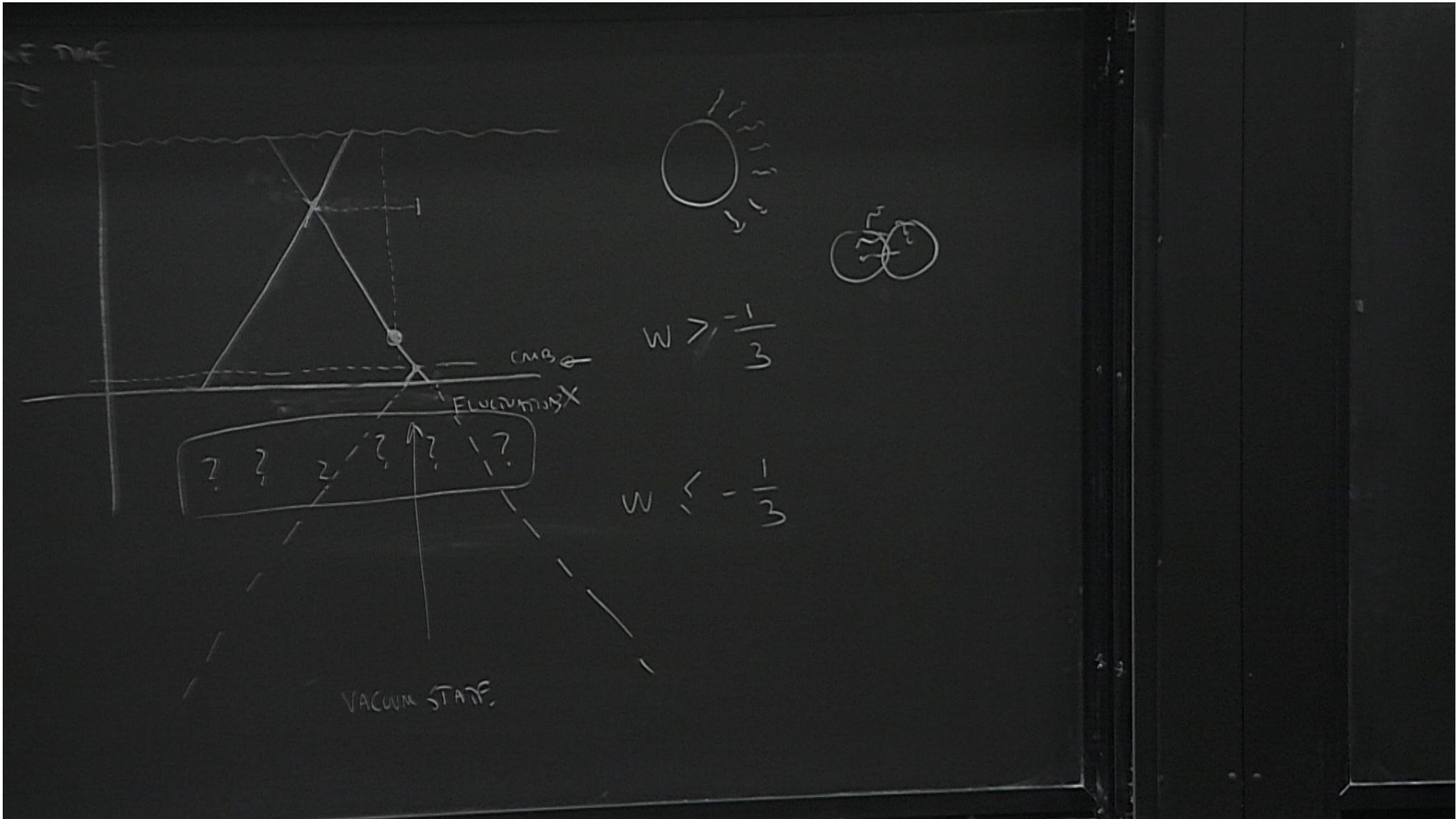
$$\mathcal{L}(\dot{\phi}) - V(\phi)$$

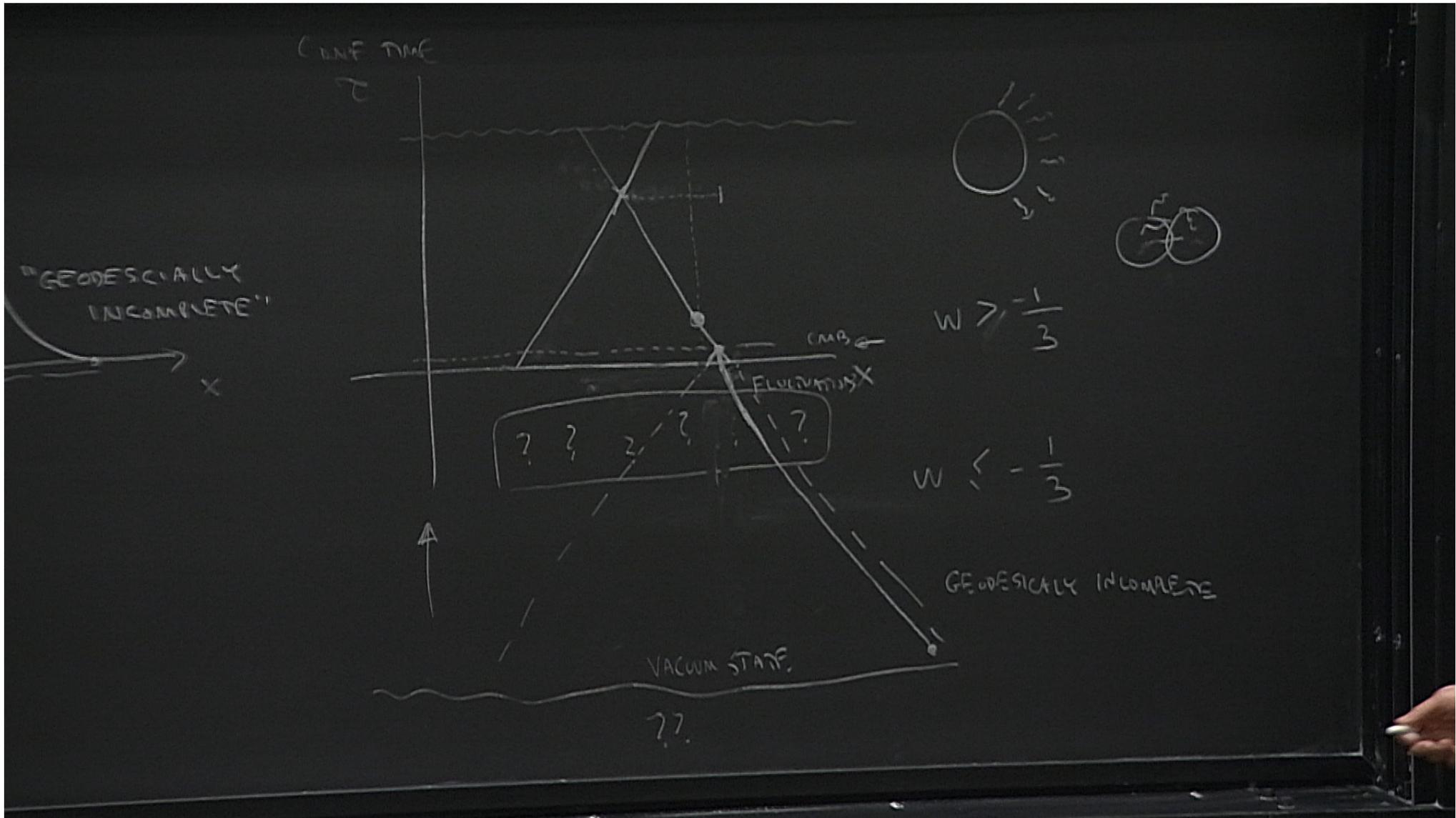
"FLAT"



$$\frac{A^2}{3} \left(\frac{k}{k_0} \right)^{\frac{1}{3}-1}$$
$$\beta = 0.967 \pm 0.004$$

$$\alpha \sim e^{4H}$$



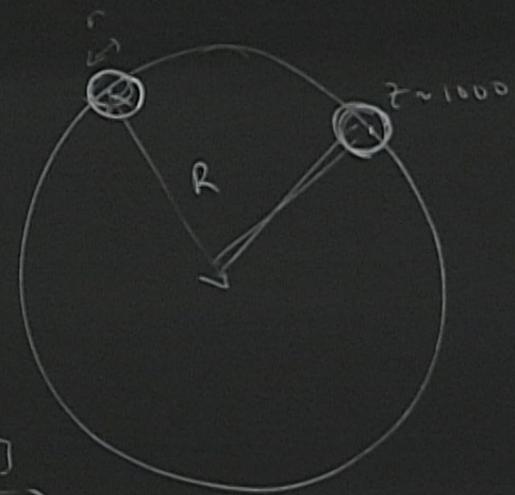


INFLATION

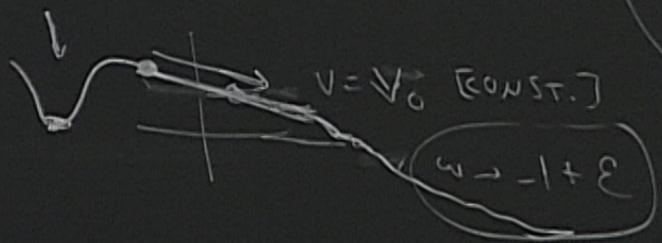
$$\int d^4x \sqrt{-g} (\Lambda)$$

$$\frac{1}{2} (\nabla^\mu \phi)^2 - V(\phi)$$

"FLAT"



$$\frac{dx}{dt} = a^{-1}$$



$$a \sim e^{Ht}$$

$$\Delta_s^2 \left(\frac{k}{k_0} \right)^{n_s - 1}$$

$$n_s = 0.967 \pm 0.004$$

$$S = \int d^4x \sqrt{g} \left(\frac{M_{pl}^2}{2} R - \frac{1}{2} (\nabla\phi)^2 - V(\phi) \right)$$

$$T_{\mu\nu} = (\nabla_\mu\phi)(\nabla_\nu\phi) - \frac{1}{2} (\nabla_\rho\phi)(\nabla^\rho\phi) g_{\mu\nu} - V(\phi) g_{\mu\nu}$$

$$\nabla^2\phi = V'(\phi) \quad \left[\nabla^2 = g^{\mu\nu} \nabla_\mu \nabla_\nu \right]$$

$$g_{\mu\nu}(x,t) = \bar{g}_{\mu\nu}(t) + \delta g_{\mu\nu}(x,t)$$

$$\phi(x,t) = \bar{\phi}(t) + \delta\phi(x,t)$$

$$\delta\phi = 0$$

$$\partial_i x_j = 0$$

WHERE $g_{ij}^{(3)} = a(t)^2 \left[(1 + 2\delta\gamma(t)) \delta_{ij} + \gamma_{ij}(x,t) \right]$

$$g \left(\frac{M_{pl}^2}{2} R - \frac{1}{2} (\nabla\phi)^2 - V(\phi) \right)$$

$$T_{\mu\nu}(\phi) = \frac{1}{2} (\nabla_\mu\phi)(\nabla_\nu\phi) g_{\mu\nu} - V(\phi) g_{\mu\nu}$$

$$(\phi) \quad \left[\nabla^2 = g^{\mu\nu} \nabla_\mu \nabla_\nu \right]$$

$$h(t) = \delta g_{\mu\nu}(x,t)$$

$$\delta\phi(x,t)$$

$$\delta\phi = 0$$

$$\partial_j \gamma_{ij} = 0$$

WHERE $g_{ij}^{(3)} = a(t)^2 \left[(1 + 2\psi(t)) \delta_{ij} + \gamma_{ij}(x,t) \right]$

TRACELESS

↓

BACKGROUND SOLUTION

$$\phi(t) = \bar{\phi}(t) \quad [\delta\psi = 0]$$

$a(t)$

METRIC

$$T_{\mu\nu} = \begin{pmatrix} \rho(t) & \\ & a^2 \rho(t) \delta_{ij} \end{pmatrix} = \begin{pmatrix} \frac{1}{2} \dot{\phi}^2 + v & \\ & a^2 \left(\frac{1}{2} \dot{\phi}^2 - v \right) \delta_{ij} \end{pmatrix}$$



BACKGROUND SOLUTION

$$\dot{\phi}(t) = \bar{\phi}(t) \quad [\delta\psi = 0]$$

$$a(t)$$

METRIC

$$T_{\mu\nu} = \begin{pmatrix} p(t) & \\ & a^2 p(t) \delta_{ij} \end{pmatrix} = \begin{pmatrix} \frac{1}{2} \dot{\phi}^2 + V & \\ & a^2 \left(\frac{1}{2} \dot{\phi}^2 - V \right) \delta_{ij} \end{pmatrix}$$

$$p = \frac{1}{2} \dot{\phi}^2 + V$$

$$p = \frac{1}{2} \dot{\phi}^2 - V$$

BACKGROUND SOLUTION

$$\phi(t) = \bar{\phi}(t) \quad [\delta\phi = 0]$$

$$a(t)$$

METRIC

$$T_{\mu\nu} = \begin{pmatrix} \rho(t) & \\ & a^2 p(t) \delta_{ij} \end{pmatrix} = \begin{pmatrix} \frac{1}{2} \dot{\phi}^2 + V & \\ & a^2 \left(\frac{1}{2} \dot{\phi}^2 - V \right) \delta_{ij} \end{pmatrix}$$

$$\rho = \frac{1}{2} \dot{\phi}^2 + V$$

$$p = \frac{1}{2} \dot{\phi}^2 - V$$

EQ OF MOTION FOR ϕ : $\nabla^2 \phi = V'(\phi)$

BACKGROUND METRIC IS FRW: $\nabla^2 \phi = -\frac{\partial^2 \phi}{\partial t^2} - 3H \frac{\partial \phi}{\partial t} + a^{-2} \partial_i^2 \phi$

$$\Rightarrow \begin{cases} \ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0 \\ H^2 = \frac{1}{3M_{pl}^2} \left(\frac{1}{2}\dot{\phi}^2 + V \right) \end{cases}$$

EQs OF MOTION FOR BACKGROUND

$$\dot{H} = -\frac{1}{2M_{pl}^2} (\rho + p) = -\frac{\dot{\phi}^2}{2M_{pl}^2}$$

(REUNDANT)

"SLOW ROLL" CONDITIONS ON $V(\phi)$

$$\ddot{\phi} + \underbrace{3H\dot{\phi}}_{\text{"HOBBLE FRICTION"}} + V'(\phi) = 0$$

SLOW ROLL APPROXIMATION TO EQS OF MOTION

$$\Rightarrow \begin{cases} 3H\dot{\phi} + V'(\phi) = 0 \\ H^2 = \frac{V}{3M_{pl}^2} \end{cases} \quad \#$$



$$[\ddot{\phi}]_{SR} = -\frac{v'}{3H}$$

$$[\dot{\phi}]_{SR} = -M_{pl} \frac{v'}{(3v)^{1/2}}$$

$$[\phi]_{SR} = M_{pl}^2 \left(\frac{v'v''}{3v} - \frac{(v')^3}{6v^2} \right)$$

$$[H]_{SR} = M_{pl}^{-1} \left(\frac{v}{3} \right)^{1/2}$$

$$[\ddot{\phi}]_{SR} = \frac{d}{dt} [\dot{\phi}]_{SR}$$

$$= -M_{pl} \left(\frac{v''}{(3v)^{1/2}} - \frac{1}{2} \frac{v'}{(3v)^{1/2}v} \right) [\dot{\phi}]_{SR}$$

$$= -M_{pl} \left(\frac{v''}{(3v)^{1/2}} - \frac{1}{2} \frac{v'}{(3v)^{1/2}v} \right) \left(-M_{pl} \frac{v'}{(3v)^{1/2}} \right)$$

SELF-CONSISTENT IFF:

$$\ddot{\phi}_{SR} \ll 3H \dot{\phi}_{SR}$$
$$\frac{1}{2} \dot{\phi}_{SR}^2 \ll V$$

\Leftrightarrow

$$M_{Pl} \left(\frac{V' V''}{3V} - \frac{(V')^3}{6V^2} \right) \ll V'$$
$$\frac{1}{6} M_{Pl}^2 \frac{(V')^2}{V}$$

\Leftrightarrow

$$\Sigma \stackrel{\text{def}}{=} \frac{1}{2} M_{Pl}^2 \left(\frac{V'}{V} \right)^2$$
$$\eta \stackrel{\text{def}}{=} M_{Pl}^2 \frac{V''}{V}$$

$$\left(\frac{V' V''}{3V} - \frac{(V')^3}{6V^2} \right) \ll V'$$

\Leftrightarrow

$$\frac{\eta - \varepsilon}{3} \ll 1$$

\Leftrightarrow

$$\varepsilon \ll 1$$

$$\eta \ll 1$$

$$\frac{1}{6} M_{PI}^2 \frac{(V')^2}{V} \ll V$$

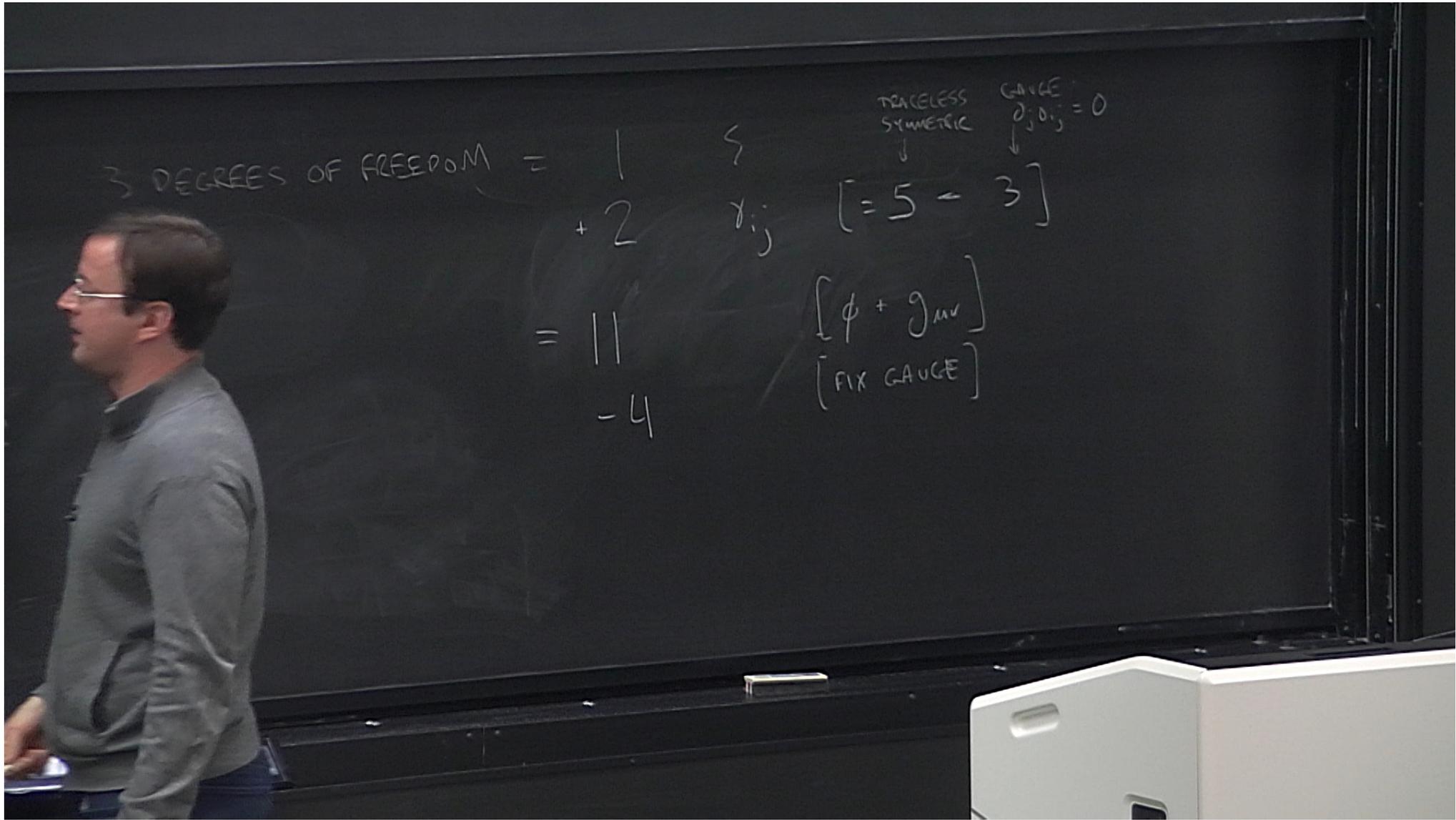
$$\frac{\varepsilon}{3} \ll 1$$

PERTURBATIONS $(\delta g_{\mu\nu}(x,t), \delta\psi(x,t))$

3 DEGREES OF F

$$\begin{aligned} S &= \frac{M_{pl}^2}{2} \int d^4x \sqrt{-g} \left(\frac{M_{pl}^2}{2} - \frac{1}{2} (\nabla\psi)^2 - V(\psi) \right) \\ &= \frac{1}{2} \int d^4x \frac{\dot{\psi}^2}{H^2} \left[a^3 \dot{s}^2 - a (\partial_\mu s)(\partial_\nu s) \right] \\ &\quad + \frac{M_{pl}^2}{8} \int d^4x \left[a^3 \dot{\delta}_{ij} \dot{\delta}_{ij} - a (\partial_\mu \delta_{ij})(\partial_\nu \delta_{ij}) \right] \end{aligned}$$

TO SECOND ORDER
IN FLUCTUATIONS!



3 DEGREES OF FREEDOM =

$$= 1 + 2 = 11 - 4$$

ξ_{ij}

TRACELESS SYMMETRIC

GAUGE $\xi_j \xi_j = 0$

$$[= 5 - 3]$$

$[\phi + g_{\mu\nu}]$
[FIX GAUGE]

$$\begin{aligned}
 3 \text{ DEGREES OF FREEDOM} &= 1 \quad \xi \\
 &+ 2 \quad \gamma_{ij} \quad \left[= 5 - 3 \right] \\
 &= 11 \\
 &- 4 \\
 &- 4
 \end{aligned}$$

TRACELESS SYMMETRIC
 GAUGE $\partial_j \partial_j = 0$

$[\phi + g_{\mu\nu}]$
 [FIX GAUGE]
 [ELIMINATE NONDYNAMICAL]

NO LINEAR TERMS IN FLUCTUATIONS