

Title: General Relativity for Cosmology - Lecture 13

Date: Oct 24, 2017 04:00 PM

URL: <http://pirsa.org/17100006>

Abstract:

GR for Cosmology, Achim Kempf, Fall 2017, Lecture 14

On $T^{\mu\nu}$, continued:

Recall: \square We defined $T^{\mu\nu}$ as that tensor which obeys for all $\delta g_{\mu\nu}(\lambda, x)$:

$$\frac{dS'}{d\lambda}\bigg|_{\lambda=0} = \frac{1}{2} \int_{\mathcal{B}} T^{\mu\nu} \delta g_{\mu\nu} Tg \, d^4x$$

$= \frac{dg_{\mu\nu}(\lambda, x)}{d\lambda}\bigg|_{\lambda=0}$

(we choose $T^{\mu\nu}$ symmetric because $g_{\mu\nu}$ is symmetric)

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$\frac{dg_{\mu\nu}(\lambda, x)}{d\lambda}\bigg|_{\lambda=0}$

(we choose $T^{\mu\nu}$ symmetric because $g_{\mu\nu}$ is symmetric)

\square The above is meant when writing:

$$T^{\mu\nu} = \frac{2}{\sqrt{g}} \frac{\delta S}{\delta g_{\mu\nu}}$$

\square We found that $T^{\mu\nu}{}_{;\nu} = 0$ always holds.

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(Since is consequence of diffeomorphism invariance)

However: □ $T^{\mu\nu}_{;\nu} = 0$ is not conservation law!

Why? $T^{\mu\nu}_{;\nu} \nabla_{\mu}$ is not a divergence, unlike $K^{\mu}_{;\nu} \nabla_{\mu} = \text{div}_{\Omega} K$

Except: if space-time possesses isometries, i.e., covariant so-called Killing fields, ξ , i.e., fields obeying:

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Except: if space-time possesses isometries, i.e., covariant so-called Killing fields, ξ , i.e., fields obeying:

$$L_{\xi} g = 0, \text{ i.e., } \xi_{\mu;\nu} = -\xi_{\nu;\mu}$$

Because then: $P^{\mu} := T^{\mu\nu} \xi_{\nu}$ obeys $P^{\mu}_{;\mu} = 0$

Thus: $\int P^{\mu}_{;\mu} \nabla_{\mu} d^4x \stackrel{\text{Stokes}}{=} \int \dot{q} \Omega = 0$

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Thus: $\int_B P^{\mu}{}_{;\mu} \sqrt{|g|} d^4x \stackrel{\text{Stokes (brauf)}}{=} \int_{\partial B} i_{\mu}\Omega = 0$
 $\underbrace{\hspace{10em}}_{\text{div}_{\Omega} P = d i_{\mu}\Omega} \quad \underbrace{\hspace{10em}}_{\text{a conservation law}}$

Proposition: maximal number of indep. Killing vector fields on spacetime: **10**

Actual spacetime has no Killing vector fields, but realistic simplified models of parts or all of spacetime often do:

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Definition: A space-time (M, g) is called "stationary" if it possesses energy conservation, i.e., if it possesses a time-like Killing vector field, i.e., if it possesses a field ξ which obeys:

$$L_{\xi}g = 0 \text{ and } \xi^{\mu}\xi_{\mu} = g(\xi, \xi) < 0$$

Recall: if
= 0 would be called
"null" or light-like
> 0 would be called
space-like

→ Since ξ is timelike, observers can travel along the integral curves of ξ and set up a coordinate system with their own time as the time coordinate.

Limit as the time coordinate.

In such a "Comoving coordinate system": $\xi = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}$

$\Rightarrow 0 = L_{\xi} g = \xi^{\alpha} g_{\mu\nu, \alpha} + g_{\mu\nu} \xi^{\alpha}_{, \mu} + g_{\mu\nu} \xi^{\alpha}_{, \nu}$ becomes:

$0 = g_{\mu\nu, 0} = \partial_t g_{\mu\nu}$, i.e.: $g_{\mu\nu}(x) = \text{constant in time.}$

\Rightarrow In static spacetimes, one can find a (so-called comoving, coordinate system, in which:

$$\frac{\partial}{\partial x^0} g_{\mu\nu}(x^0, x^1, x^2, x^3) = 0$$

□ However: Stationarity does not imply that there is a cds in which

$$g = \begin{pmatrix} g_{00}, 0, 0, 0 \\ 0, & \times \\ 0, & \times \\ 0, & \times \end{pmatrix} \quad (\times)$$

Example: The g of a stationary black hole that is rotating, given by the "Kerr metric".

→
Definition: A space-time is called "static", if the time-like

Definition: A space-time is called "static", if the time-like Killing field ξ , viewed as a 1-form,

$$\xi = \xi_\nu dx^\nu$$

also obeys the "Frobenius condition":

$$\xi \wedge d\xi = 0 \quad (F)$$

↑ Exercise: write it out in coordinates

Significance? (F) holds $\Leftrightarrow g = \begin{pmatrix} g_{00} & 0 & 0 & 0 \\ 0 & (*) & & \\ 0 & & & \\ 0 & & & \end{pmatrix}$ in suitable c.d.s.

- o If, in a suitable coordinate system, g is of the form (x) and the time-like ξ

Generic properties of $T^{\mu\nu}$:

- $T^{\mu\nu}$ has contributions from known and also from as yet unknown matter fields (e.g., from dark matter).
- Thus, in order to draw generic conclusions about, e.g.,
 - a.) the occurrence of singularities, or (Note: black hole formation stops energy dripping)
 - b.) the overall positivity of the energy (despite universal attraction!),one needs plausible conjectures about the full $T_{\mu\nu}$:

The "weak energy condition": (assumption)

The weak energy condition:

$$T_{\mu\nu} v^\mu v^\nu \geq 0 \text{ for all timelike } v: g(v,v) < 0$$

Why assume it?

(by continuity it then also holds for lightlike v)

(Note: Negative energy would be anti-gravitating i.e. repulsive.) \rightsquigarrow

All observers travel with a time-like tangent v .

They then see a positive local energy density: $T_{\mu\nu} v^\mu v^\nu \geq 0$

The "dominant energy condition":

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The "dominant energy condition":

$T_{\mu\nu} v^\mu v^\nu \geq 0$ for all timelike v (i.e., weak energy condition)

and

$K_\mu := T_{\mu\nu} v^\nu$ obeys $K_\mu K^\mu \leq 0$ (i.e., $T_{\mu\nu} v^\nu$ is non-space-like)

Why assume it?

□ The local energy-momentum flow vector, K_μ , may not be conserved but should be non-space-like
"All flow should be into the future."

□ In an orthonormal basis, the dominant energy;

$K_\mu := T_{\mu\nu} V^\nu$ always $K_\mu K^\mu \leq 0$ (i.e., $T_{\mu\nu} V^\nu$ is non-space-like)

Why assume it?

□ The local energy-momentum flow vector, K , may not be conserved but should be non-space-like
"All flow should be into the future."

□ In an orthonormal basis, the dominant energy condition takes the form:

$$T^{00} \geq |T^{ab}|$$

i.e. "energy dominates over momentum."

(Note: This is all intuition from fluid mechanics analogy. Quantum fields may or may not behave this way.)

The dynamics of space-time!

▢ Consider the full matter action:

$$S[g, \psi] = \int_M L(g, \psi) \sqrt{g} d^4x$$

all matter fields: e^- , photons, quarks, gluons etc.

▢ The equations of motion of matter fields are

$$\frac{\delta S}{\delta \psi_{(i)}^{a\dots b} c\dots d} = 0$$

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i.e.:

$$\frac{\partial L}{\partial \psi_{(i)}^{a\dots b}{}_{c\dots d}} = \left(\frac{\partial L}{\partial \psi_{(i)}^{a\dots b}{}_{c\dots d j e}} \right)_{,e}$$

▮ Do we obtain suitable equations of motion for $g_{\mu\nu}$ by setting

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□ Do we obtain suitable equations of motion for $g_{\mu\nu}$ by setting

$$\frac{\delta S'}{\delta g_{\mu\nu}} = 0 \quad ?$$

Apparently not, because it would mean:

$$\frac{\delta S'}{\delta g_{\mu\nu}} = \frac{1}{2} T^{\mu\nu} \sqrt{g} = 0 !$$

Thus, the universe would have to be empty of matter (assuming all matter has positive energy).

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The quantum effects of matter induce suitable extra terms in the action!

Sakharov's reasoning: (modernized version)

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- Classical deterministic evolution of matter obeys:

$$\frac{\delta S}{\delta \psi_{(i)}} = 0$$

- But quantum theory allows every evolution $\psi_{(i)}(x,t)$ to happen "virtually", with probability amplitudes:

a normalization constant.

$$\cdot c_{(i)} = 1/N$$

□ But quantum theory allows every evolution $\Psi_{(i)}(x,t)$ to happen "virtually", with probability amplitudes:

$$\text{prob. ampl. } [\Psi_{(i)}] = N e^{\frac{iS'[\varphi, \Psi]}{\hbar}}$$

a normalization constant.

□ As usual in quantum theory, the actual or "effective" matter evolution $\langle \Psi_{(i)}(x,t) \rangle$ is close

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to but not identical to the classical matter evolution $\Psi_{(i)}(x, t)$.

Why? Path integral picture: The field evolutions with close-to-extremal actions have very similar values $e^{\frac{iS}{\hbar}}$ because for them $\frac{\delta S}{\delta \phi} \approx 0$ i.e. their prob. amplitudes add up. Other matter evolutions $\Psi_{(i)}(x, t)$

□ Thus, the effective quantum fields obey equations of motion that are somewhat modified!

⇒ Aim: Calculate the "effective action"

$$S_{\text{eff}}[g, \psi]$$

which yields the effective evolution of matter fields when matter quantum effects are taken into account.

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The only question is which prefactors these terms will have. →

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$$S_{\text{eff}}[g, \psi] = \int_M \left(L^{\text{matter}} + L^{\text{matter quantum effects}} + c_1 + c_2 R + c_3 \mathcal{O}(R^2) \right) \sqrt{g} d^4x$$

quantum "vacuum energy" of matter
 ↑ ↗
 this is the local change of the vacuum energy due to curvature deforming the quantum harmonic oscillators of the field modes.

□ The constants c_1, c_2 etc depend on:

- the details of the matter action L^{matter} .
(Bosons and Fermions tend to contribute with opposite signs)
- the order of perturbation
- the value of the short-distance cut off:

The λ_i are unitless numbers that are roughly of order one,

$$c_1 = \lambda_1 l_c^{-4} \quad (\text{must make up for } [\text{length}]^4 \text{ from } d^4x)$$

$$c_2 = \lambda_2 l_c^{-2} \quad (\text{because } R \text{ has units } [\text{length}]^{-2})$$

$$c_3 = \lambda_3 l_c^0 \quad (+ \dots + \dots + \dots + \dots)$$

• The value of the short-distance cut off:

The λ_i are unitless numbers that are roughly of order one, depending on the precise matter Lagrangian

$c_1 = \lambda_1 l_c^{-4}$ (must make up for $[\text{length}]^4$ from d^4x)

$c_2 = \lambda_2 l_c^{-2}$ (because R has units $[\text{length}]^{-2}$)

$c_3 = \lambda_3 l_c^0$ (terms R^2 or $R^{\mu\nu} R_{\mu\nu}$ etc have units $[\text{length}]^{-4}$)

$c_4 = \lambda_4 l_c^2$ (higher powers in R have prefactors $\sim l_c^{\text{positive power}}$)

$\square \Rightarrow$ For small l_c , we have:

$c_1 \gg c_2 \gg c_3 \gg c_4 \gg \dots$

□ Consider the lowest order terms:

$$S_{\text{eff}}[g, \psi] = \int_{\mathcal{M}} (L + c_1 + c_2 R) \sqrt{g} d^4x$$

total effective matter Lagrangian
↑
-Λ
cosmological constant
↑
Einstein action

and postulate now that the equations of motion for the metric follow from the action principle:

$$\frac{\delta S_{\text{eff}}[g, \psi]}{\delta g_{\mu\nu}} = 0$$

□ Einstein had postulated the same action principle!

↳ ~~ans seem not postulated~~ the same action principle:

We note that:

Every (effective) quantum field theory with minimum length induces Einstein gravity.

See, e.g., review: [gr-qc/0204062](#)

The equations of motion for g :

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in principle, it is
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Evaluate the left hand side:

recall: $= \frac{1}{2} g^{\mu\nu} \sqrt{g}$

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Evaluate the left hand side:

a.)
$$\delta \int_B c_1 \sqrt{g} d^4x = \int_B c_1 \frac{\delta \sqrt{g}}{\delta g_{\mu\nu}} \delta g_{\mu\nu} d^4x$$

recall: $= \frac{1}{2} g^{\mu\nu} \sqrt{g}$

$\delta g_{\mu\nu}$

$$\frac{\delta}{\delta g_{\mu\nu}} \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x = -\frac{1}{2} \sqrt{g} T^{\mu\nu}$$

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The equations of motion for g:

The action principle, $\frac{\delta S_{\text{eff}}}{\delta g_{\mu\nu}} = 0$, yields:

$$\frac{\delta}{\delta g_{\mu\nu}} \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x = -\frac{1}{2} \sqrt{g} T^{\mu\nu}$$

in principle, it is the effective quantum expectation value

Evaluate the left hand side:

recall: $= \frac{1}{2} g^{\mu\nu} \sqrt{g}$

$$c_1 \int_B \sqrt{g} d^4x - c_2 \int_B R_{\mu\nu} g^{\mu\nu} \sqrt{g} d^4x$$

Evaluate the left hand side:

$$\begin{aligned} \text{a.) } \delta \int_B c_1 \sqrt{g} d^4x &= \int_B c_1 \frac{\delta \sqrt{g}}{\delta g_{\mu\nu}} \delta g_{\mu\nu} d^4x \\ &= \int_B c_1 \frac{1}{2} g^{\mu\nu} \delta g_{\mu\nu} d^4x \end{aligned}$$

recall: $= \frac{1}{2} g^{\mu\nu} \delta g_{\mu\nu}$

$$\text{b.) } \delta \int_B c_2 R_{\mu\nu} g^{\mu\nu} \sqrt{g} d^4x$$

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$$= \underbrace{\int_B c_2 (\delta R_{\mu\nu}) g^{\mu\nu} \sqrt{g} d^4x}_{\text{Term I}} + \underbrace{\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x}_{\text{Term II}}$$

Proposition: Term I = 0

Proof: Choose origin of geodesic coordinate system

$\Gamma^{\mu}_{\nu\alpha}$ $\Gamma^{\alpha}_{\mu\nu}$

vanish at origin because $\Gamma = 0$

Thus:

$$\delta R_{\mu\nu} = (\delta \Gamma^{\alpha}_{\mu\nu})_{,\alpha} - (\delta \Gamma^{\alpha}_{\mu\alpha})_{,\nu}$$

$$\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} = g^{\mu\nu} (\delta \Gamma^{\alpha}_{\mu\nu})_{,\alpha} - g^{\mu\nu} (\delta \Gamma^{\alpha}_{\mu\alpha})_{,\nu}$$
$$= W^{\alpha}_{,\alpha} \text{ for } w^{\alpha} = g^{\mu\nu} \delta \Gamma^{\alpha}_{\mu\nu} - g^{\mu\alpha} \delta \Gamma^{\nu}_{\mu\nu}$$

recall: $g^{\mu\nu}_{,\alpha} = 0$ here.

Thus, in arbitrary coordinate system:

b.)
$$\delta \int_B c_2 R_{\mu\nu} g^{\mu\nu} \sqrt{g} d^4x$$

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Proposition: Term I = 0

$$\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} = g^{\mu\nu} (\delta \Gamma^{\lambda}_{\mu\nu})_{;\lambda} - g^{\mu\nu} (\delta \Gamma^{\lambda}_{\mu\lambda})_{;\nu}$$

$$= W^{\lambda}_{;\lambda} \text{ for } W^{\lambda} = g^{\mu\nu} \delta \Gamma^{\lambda}_{\mu\nu} - g^{\mu\lambda} \delta \Gamma^{\mu}_{\mu\nu}$$

recall: $g^{\mu\nu}_{;\alpha} = 0$ here.

Thus, in arbitrary coordinate system:

$$g^{\mu\nu} \delta R_{\mu\nu} = W^{\lambda}_{;\lambda}$$

$$\Rightarrow \int_B c_2 g^{\mu\nu} \delta R_{\mu\nu} \sqrt{|g|} d^4x = \int_B W^{\lambda}_{;\lambda} \sqrt{|g|} d^4x$$

- (div Ω)

$$g^{\mu\nu} \delta R_{\mu\nu} = w^d{}_{;d}$$

$$\Rightarrow \int_B c_2 g^{\mu\nu} \delta R_{\mu\nu} \sqrt{g} d^4x = \int_B w^d{}_{;d} \sqrt{g} d^4x$$

$$= \int_B \text{div}_w \Omega$$

Grav $\int_{\partial B} i_w \Omega$ = 0 on ∂B , assuming $\delta g_{\mu\nu}$ and $\delta g^{\mu\nu}{}_{;s} = 0$ on ∂B .

$$= 0$$

$$\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x = ?$$

We have :

$$\begin{aligned} \delta(g^{\mu\nu} \sqrt{g}) &= (\delta g^{\mu\nu}) \sqrt{g} + g^{\mu\nu} \frac{\partial \sqrt{g}}{\partial g_{ab}} \delta g_{ab} \\ &= -g^{\mu a} g^{ab} \delta g_{ab} \sqrt{g} + g^{\mu\nu} \frac{1}{2} g^{ab} \sqrt{g} \delta g_{ab} \end{aligned}$$

\Rightarrow

$$\int_B c_2 R_{\mu\nu} \delta(g^{\mu\nu} \sqrt{g}) d^4x = - \int_B c_2 \left(+R^{ab} - \frac{1}{2} g^{ab} R \right) \sqrt{g} \delta g_{ab} d^4x$$

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"Einstein tensor"

Bringing together a) + b) + c) \Rightarrow

$$\delta \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x$$

$$= \int_B \underbrace{\left(c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu} \right)}_{\text{symmetric}} \sqrt{g} \delta g_{\mu\nu} d^4x$$

as in the case of the $T^{\mu\nu}$ calculation, one could add an antisymmetric part here and it would drop from the integrand.

$$\Rightarrow \frac{\delta}{\delta g^{\mu\nu}} \int_B (c_1 + c_2 R_{\mu\nu} g^{\mu\nu}) \sqrt{g} d^4x$$

$$= \left(c_1 \frac{1}{2} g^{\mu\nu} - c_2 G^{\mu\nu} \right) \sqrt{g}$$

(up to anti-sym. components, which we set to zero)

Finally, we conclude:

$$\frac{\delta S'}{\delta g_{\mu\nu}} = 0$$

leads to this equation of motion for g :

$$\left(\frac{1}{2}c_1 g^{\mu\nu} - c_2 G^{\mu\nu}\right)\sqrt{g} = -\frac{1}{2}\sqrt{g}T^{\mu\nu}$$

i.e.:

$$R^{\mu\nu} - \frac{1}{2}g^{\mu\nu}R - \frac{c_1}{2c_2}g^{\mu\nu} = \frac{1}{2c_2}T^{\mu\nu}$$

leads to this equation of motion for g :

$$\left(\frac{1}{2}c_1 g^{\mu\nu} - c_2 G^{\mu\nu}\right)\nabla_{\mu} g^{\nu\lambda} = -\frac{1}{2}\nabla_{\mu} T^{\mu\nu}$$

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As is well-known, comparison with experiment requires:

$$c_2 = \frac{1}{16\pi G}$$

↑ Newton's constant.

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⇒ Einstein equation:

(Notice: the "reduced Bianchi identity" $(R^{\mu\nu} - \frac{1}{2}g^{\mu\nu}R)_{;\nu} = 0$ now is equivalent to the statement $T^{\mu\nu}_{;\nu} = 0$)

Notice: The symmetry of $R^{\mu\nu}$ (due to $g_{\mu\nu};\rho = 0$) enforces the symmetry of $T^{\mu\nu}$.

$$R^{\mu\nu} - \frac{1}{2}g^{\mu\nu}R - \underbrace{8\pi G c_2}_{\Lambda \text{ "cosmol. constant"}} g^{\mu\nu} = 8\pi G T^{\mu\nu}$$

What is Λ ?

Recall: The c_i are constants

⇒ Einstein equation:

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What is Λ ?

Recall: The λ_i are constants prefactor of order one which depends on the matter Lagrangian.

□ First find c_1 :

(7a ... $c \sim \rho^2$)

Given that $\frac{1}{\rho} = c - \lambda \cdot \rho^{-2}$

$$R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R - \underbrace{8\pi G c_1}_{\Lambda \text{ "cosmol. constant"}} g^{\mu\nu} = 8\pi G T^{\mu\nu}$$

What is Λ ?

Recall: The λ_i are constants prefactor of order one which depends on the matter Lagrangian.

□ First find l_c :

(I.e. also: $G \approx l_c^{-2}$, which we'll need on the next slide)

Given that $\frac{1}{16\pi G} = c_2 = \lambda_2 l_c^{-2}$

we obtain:

$$l_c = \lambda_2 \sqrt{16\pi G} = \sqrt{16\pi \frac{1}{c_2}}$$

undoing $\lambda=1$ and $c=1$ so that get $1g_{m,s}$

matter Lagrangian.

□ First find l_c :

(I.e. also: $G \approx l_c^2$,
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we obtain:

$$l_c = \lambda_2 \sqrt{16\pi G} = \sqrt{16\pi \frac{\hbar G}{c^3}}$$
$$= \lambda_2 \cdot 4\sqrt{\pi} \cdot 1.616 \times 10^{-35} \text{ m}$$

the "Planck length"

Recall: The λ_i are some numbers of order $O(1)$,
depending on details which sort of particles
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We note, therefore: When an quantum field theories are cut off at

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We note, therefore: When an quantum field theories are cut off at

with the correct eqns of motion and coupling strength:

□ Now find c_1 :

Given that $l_c \approx 10^{-35}$ m, quantum field theories generate a value of c_1 , i.e., a cosmological constant of about:

$$c_1 = \lambda_1 l_c^{-4}$$

↑
of $\mathcal{O}(1)$

□ Finally, find Λ :

$$\begin{aligned}\Lambda_{\text{theory}} &= -8\pi G c_1 = -8\pi G \lambda_1 l_c^{-4} \\ &\approx G l_c^{-4} \approx l_c^{-2} \quad (\text{using } \lambda_1 \approx 1 \text{ and } G \approx l_c^2)\end{aligned}$$

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Based on cosmic microwave background data and on supernova brightness versus redshift data:

$$\Lambda_{\text{experiment}} \approx 10^{-52} \text{ m}^{-2} \quad \text{i.e.} \quad \frac{\Lambda_{\text{th}}}{\Lambda_{\text{exp}}} \approx 10^{122}$$

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→ For some unknown reason, the constant part, c_1 , of the vacuum energy of quantum field theories does essentially not gravitate - while its disturbance through curvature, $c_2 R$, is real: it induces regular gravity.