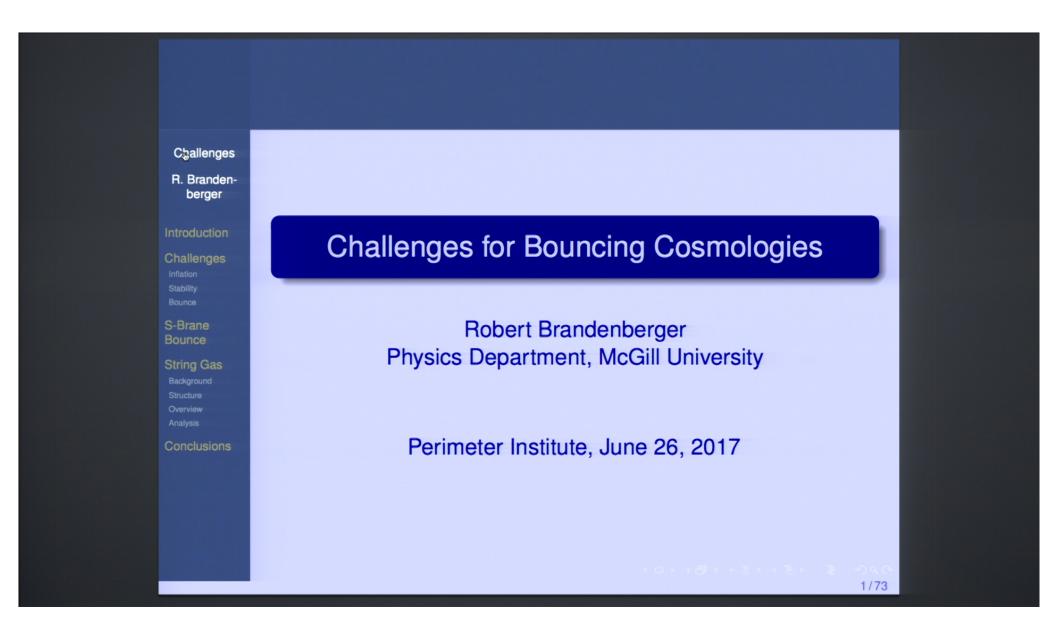
Title: Challenges for Bouncing Cosmologies

Date: Jun 26, 2017 02:00 PM

URL: http://pirsa.org/17060096

Abstract: I will review various approaches to bouncing cosmologies and will discuss challenges which the different approaches face.

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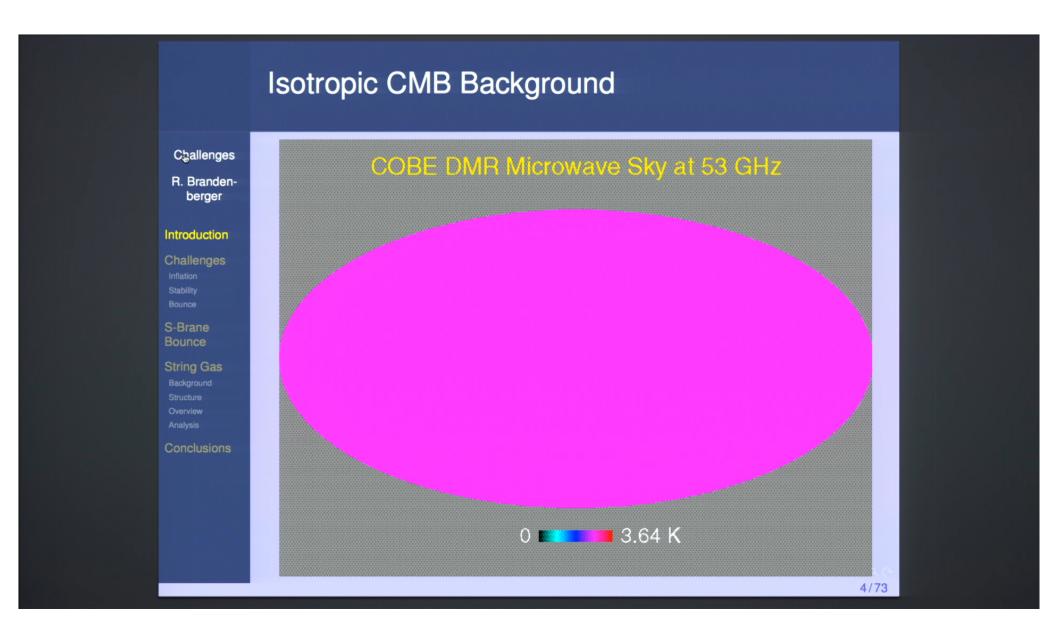
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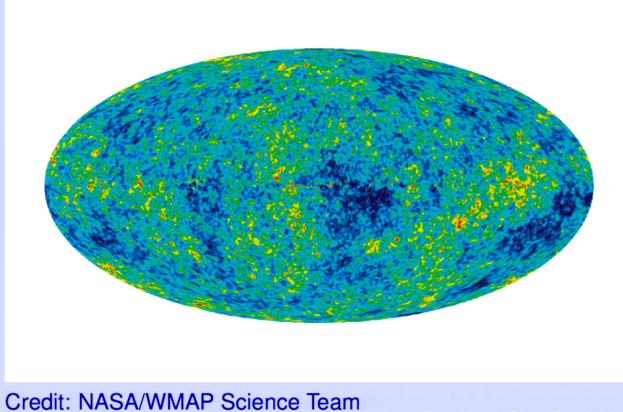
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Angular Power Spectrum of CMB Anisotropies

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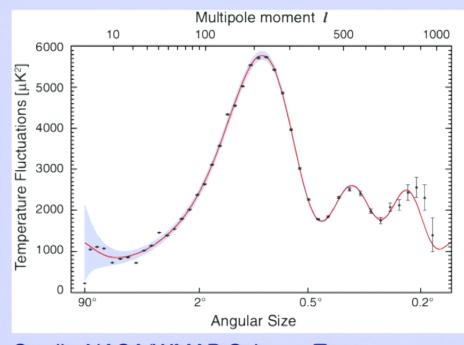
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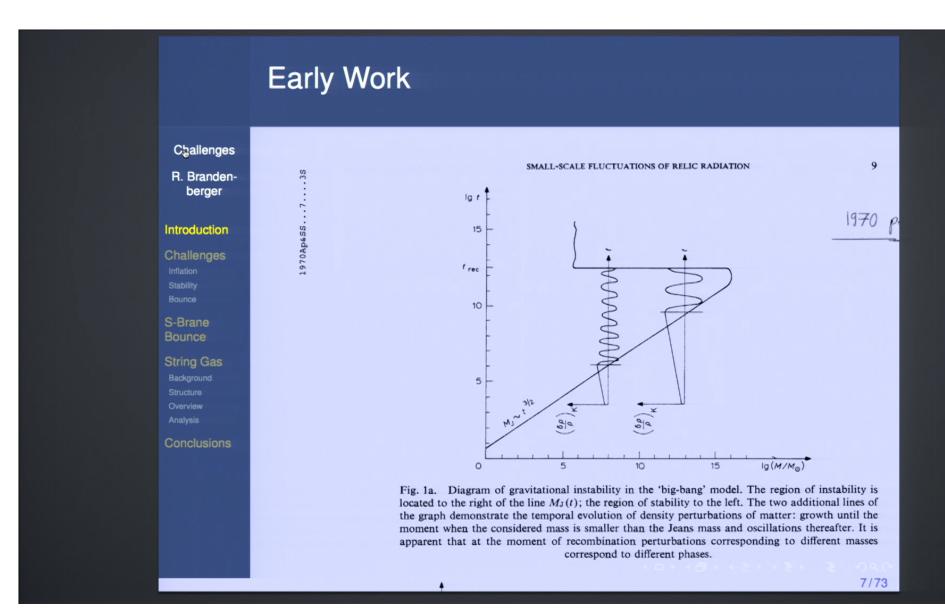
Conclusions



Credit: NASA/WMAP Science Team

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Key Realization

R. Sunyaev and Y. Zel'dovich, Astrophys. and Space Science 7, 3 (1970); P. Peebles and J. Yu, Ap. J. 162, 815 (1970).

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- Given a scale-invariant power spectrum of adiabatic fluctuations on "super-horizon" scales before t_{eq} , i.e. standing waves.
- → "correct" power spectrum of galaxies.
- → acoustic oscillations in CMB angular power spectrum.

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Angular Power Spectrum of CMB Anisotropies

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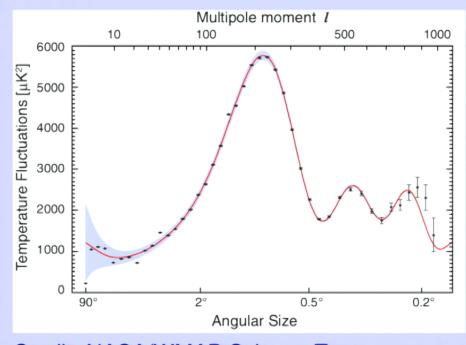
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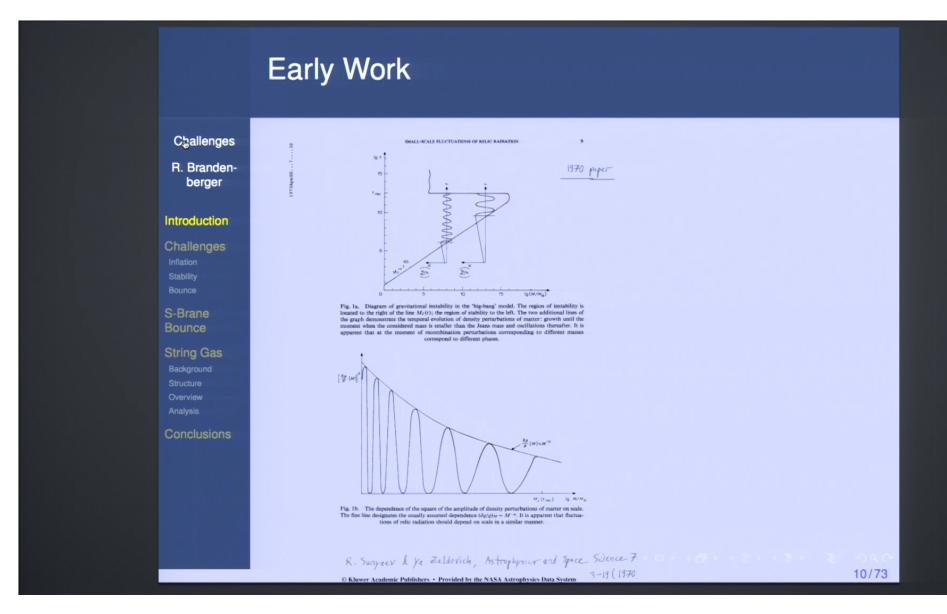
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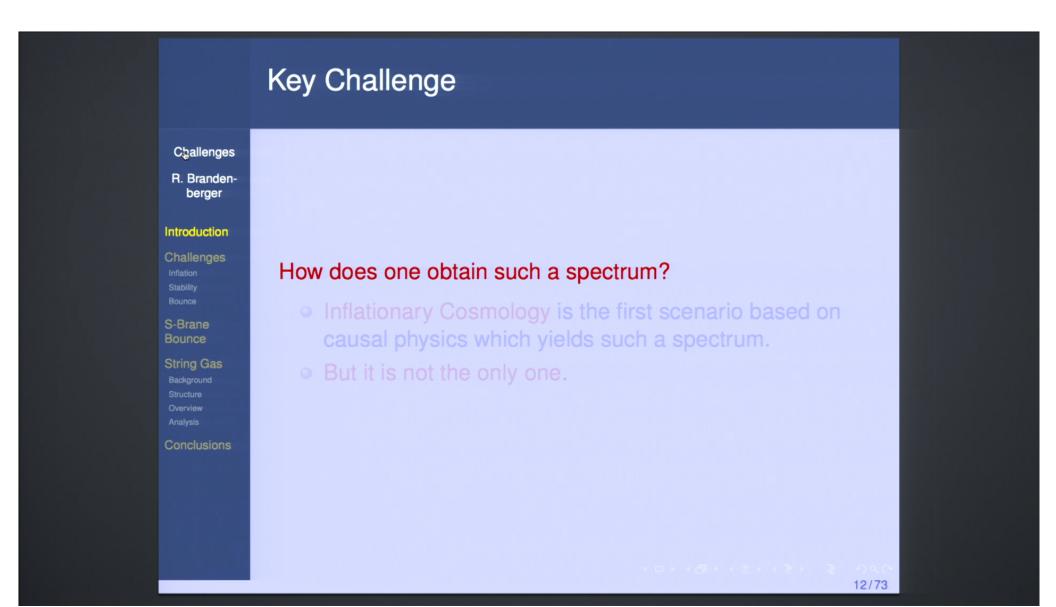
Credit: NASA/WMAP Science Team

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Hubble Radius vs. Horizon

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 Horizon: Forward light cone of a point on the initial Cauchy surface.

- Horizon: region of causal contact.
- Hubble radius: $I_H(t) = H^{-1}(t)$ inverse expansion rate.
- Hubble radius: local concept, relevant for dynamics of cosmological fluctuations.
- In Standard Big Bang Cosmology: Hubble radius = horizon.
- In any theory which can provide a mechanism for the origin of structure: Hubble radius ≠ horizon.

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 Horizon >> Hubble radius in order for the scenario to solve the "horizon problem" of Standard Big Bang Cosmology.

- Scales of cosmological interest today originate inside the Hubble radius at early times in order for a causal generation mechanism of fluctuations to be possible.
- Squeezing of fluctuations on super-Hubble scales in order to obtain the acoustic oscillations in the CMB angular power spectrum.
- Mechanism for producing a scale-invariant spectrum of curvature fluctuations on super-Hubble scales.

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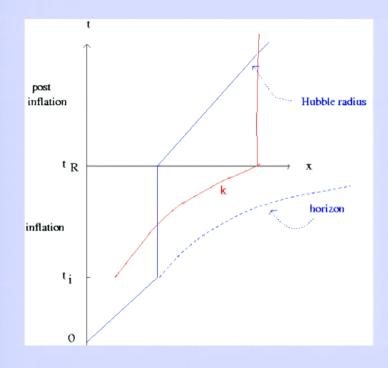
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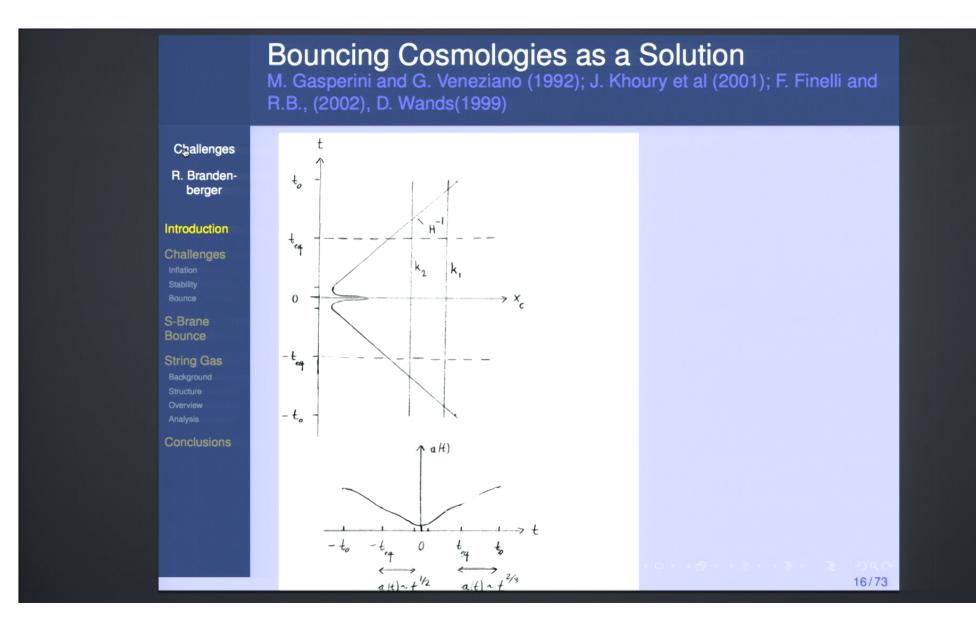
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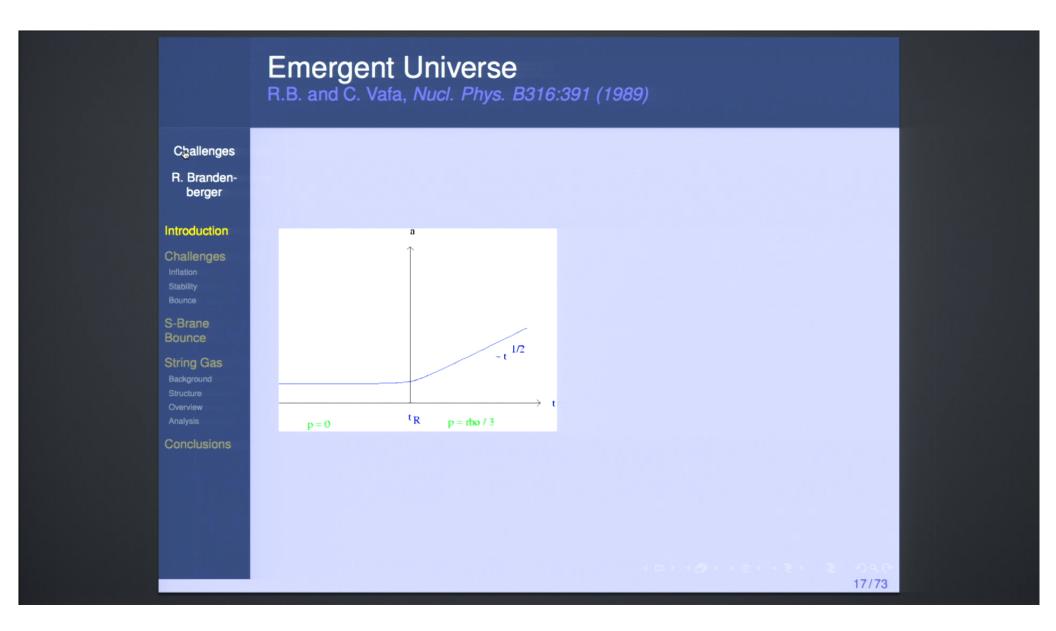
Conclusions



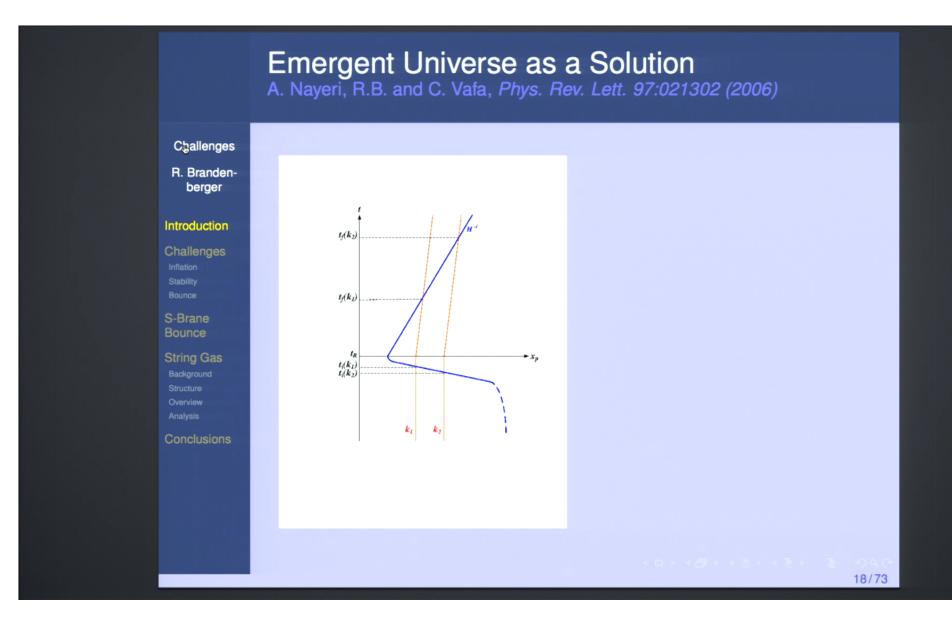
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Conceptual Problems of Inflationary Cosmology

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- Nature of the scalar field φ (the "inflaton")
- Conditions to obtain inflation (initial conditions, slow-roll conditions, graceful exit and reheating)
- Amplitude problem
- Trans-Planckian problem
- Singularity problem
- Cosmological constant problem
- Applicability of General Relativity

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Origin of Inflation?

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- To obtain inflationary dynamics free of initial condition fine tuning we require super-Planckian field values.
- ullet requires embedding of inflation into a quantum gravitational theory.
- But: No-go theorems on obtaining de Sitter space in string theory.

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Trans-Planckian Problem

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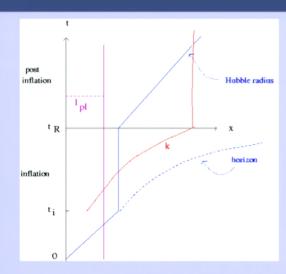
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- Success of inflation: At early times scales are inside the Hubble radius → causal generation mechanism is possible.
- **Problem:** If time period of inflation is more than $70H^{-1}$, then $\lambda_p(t) < I_{pl}$ at the beginning of inflation.
- new physics MUST enter into the calculation of the fluctuations.

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Cosmological Constant Problem

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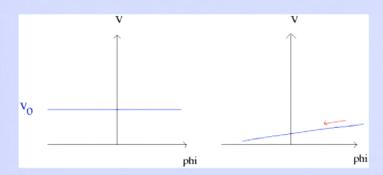
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- Quantum vacuum energy does not gravitate.
- Why should the almost constant $V(\varphi)$ gravitate?

$$\frac{V_0}{\Lambda_{obs}} \, \sim \, 10^{120}$$

Applicability of GR

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- In all approaches to quantum gravity, the Einstein action is only the leading term in a low curvature expansion.
- Correction terms may become dominant at much lower energies than the Planck scale.
- Correction terms will dominate the dynamics at high curvatures.
- The energy scale of inflation models is typically $\eta \sim 10^{16} \text{GeV}.$
- $\rightarrow \eta$ too close to m_{pl} to trust predictions made using GR.

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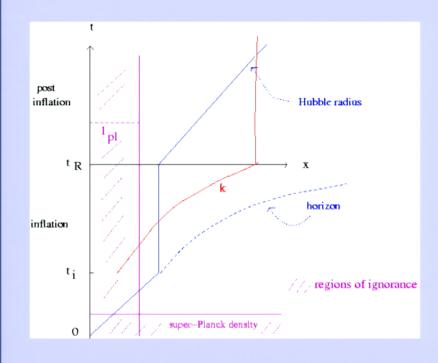
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Anisotropy Problem of the Contracting Phase

Y. Cai, R.B. and P. Peter, arXiv:1301.4703

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Problem: The energy density in anisotropies increases faster than the energy density in matter and radiation in the contracting phase.

$$ds^2 = dt^2 - a^2(t) \sum_i e^{2\theta_i(t)} \sigma_i^2$$

$$H^2 = \frac{\rho}{3m_{pl}^2} + \frac{1}{6} \sum_i \dot{\theta}_i^2$$

$$\ddot{\theta}_i + 3H\dot{\theta}_i = 0$$

$$\rightarrow \rho_{anis} \sim a^{-6}$$

Anisotropy Problem of the Contracting Phase

Y. Cai, R.B. and P. Peter, arXiv:1301.4703

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m anis}$ \sim ${\it a}^{-6}$

Black Hole Formation in the Contracting Phase

J. Quintin and R.B., arXiv:1609.02556

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Worry: Cosmological fluctuations become nonlinear on sub-Hubble scales and form black holes.

Starting point: scalar cosmological perturbations in longitudinal gauge:

$$\mathrm{d} s^2 = a(\eta)^2 \left\{ \left[1 + 2\Phi(\eta, \mathbf{x}) \right] \mathrm{d} \eta^2 - \left[1 - 2\Phi(\eta, \mathbf{x}) \right] \delta_{ij} \mathrm{d} x^i \mathrm{d} x^j \right\} \ .$$

Equation of motion:

$$\Phi_k'' - \frac{6(1+c_s^2)}{1+3w} \frac{1}{(-\eta)} \Phi_k' + \left(c_s^2 k^2 + \frac{12(c_s^2-w)}{(1+3w)^2} \frac{1}{(-\eta)^2} \right) \Phi_k = 0.$$

Black Hole Formation (ctd.)

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Resulting fractional density contrast:

$$\delta_k \equiv rac{\delta
ho_k^{
m (gi)}}{
ho^{
m (0)}} = -rac{2}{3} \left(rac{k^2}{\mathcal{H}^2} \Phi_k + rac{3}{\mathcal{H}} \Phi_k' + 3\Phi_k
ight) \; .$$

Criterium for direct black hole formation.

$$\int_{R\leq R_s} \mathrm{d}\delta M \geq M_s \ .$$

Result: for Bunch-Davies vacuum initial conditions early in the contracting phase the first scale to form black holes is the Hubble scale.

Black Hole Formation (ctd.)

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The condition that black holes form becomes

$$|H| \sim c_{\rm s}^{12/5} w^{3/5} \left(\frac{M_{\rm Pl}}{H_{\rm ini}}\right)^{1/5} M_{\rm Pl}$$

- For $c_s \ll 1$ we have $H \ll M_{pl}$.
- For a radiation dominated phase at late stages of contraction no black holes form from the direct channel if $|H_{max}| < M_{pl}$.

Initial Condition Problem of the Contracting Phase

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- Q: Attractor Nature of the Background
- A: o.k. for Ekpyrotic contraction, not o.k. for matter bounce.
- Q: What initial conditions for fluctuations?
- Usual answer: vacuum but why?
- Note: For inflation the use of vacuum initial conditions for fluctuations can be justified.

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- New matter which violates the Null Energy Condition.
- Challenges: Instabilities.
- Modifications of Gravity.
- Challenges: Instabilities.
- Quantum Resolution.

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- Challenges: Instabilities.
- Modifications of Gravity.
- Challenges: Instabilities.
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Some Examples

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Modified Matter

- Ghost condensate [C. Lin, L. Perreault Levasseur and R.B., arXiv:1007.2654 [hep-th]]
- Galileon matter [A. Ijjas and P. Steinhardt, 2016]

Modified Gravity

Horava-Lifshitz gravity [R.B., arXiv:0904.2835 [hep-th]]

Quantum Resolution

- Loop quantum cosmology [Lectures by Ashtekar, Bojowald, Barrau, Agullo]
- Perfect bounce [S. Gielen and N. Turok]

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Temporal Duality

R.B., C. Kounnas, H. Partouche, S. Patil and N. Toumbas, arXiv:1312.2524

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Starting point: Type II superstring theory in the presence of non-trivial gravito-magnetic fluxes (Euclidean background)

Temperature duality:

$$Z(T) = Z(T_c^2/T).$$

 T_c : Self-dual temperature (equals the Hagedorn temperature modulo coupling constants)

Physical temperature

$$T_p = T T \ll T_c$$

$$T_{p} = T \quad T \ll T_{c}$$
 $T_{p} = \frac{T_{c}^{2}}{T} \quad T \gg T_{c}$

S-Brane

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• For $T \ll T_c$ and $T \gg T_c$ the dynamics of the low energy modes of string theory is given by **dilaton gravity**

- Begin in a contracting phase with T ≫ T_c and T decreasing (i.e. T_p increasing).
- When $T = T_c$ a set of string states becomes massless (enhanced symmetry states)
- These states must be included in the action for the low energy modes.
- S-Brane: term in the action present only at $T = T_c$
- S-brane has ρ < 0 and $p = |\rho| > 0 \rightarrow$ S-brane is matter violating the NEC and can mediate a transition from contraction to expansion.

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→ S-Brane bounce.

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- \bullet \rightarrow S-Brane bounce.

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Challenges R. Brandenberger $S = \int d^4x \sqrt{-g} \Big[rac{R}{2} - abla_{\mu}\phi abla^{\mu}\phi \Big] + \int d^4x \sqrt{-g} \, n^* \sigma_r T_E^4 \ - \kappa \int d au d^3 \xi \sqrt{h} e^{\phi} \delta(au) \, .$ S-Brane Bounce String Gas 37/73

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Evolution of Fluctuations through the Bounce

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- Consider initially scale-invariant cosmological fluctuations in the contracting phase on super-Hubble scales.
- Matching conditions across the S-brane: continuity of the induced metric and extrinsic curvature.
- Note: matching surface uniquely determined!
- Result: the spectrum of cosmological perturbations after the bounce on super-Hubble scales is scale-invariant.

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Principles

R.B. and C. Vafa, Nucl. Phys. B316:391 (1989)

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Idea: make use of the new symmetries and new degrees of freedom which string theory provides to construct a new theory of the very early universe.

Assumption: Matter is a gas of fundamental strings

Assumption: Space is compact, e.g. a torus.

Key points:

- New degrees of freedom: string oscillatory modes
- Leads to a maximal temperature for a gas of strings, the Hagedorn temperature
- New degrees of freedom: string winding modes
- Leads to a new symmetry: physics at large R is equivalent to physics at small R

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Principles

R.B. and C. Vafa, Nucl. Phys. B316:391 (1989)

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- New degrees of freedom: string winding modes
- Leads to a new symmetry: physics at large R is equivalent to physics at small R

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T-Duality

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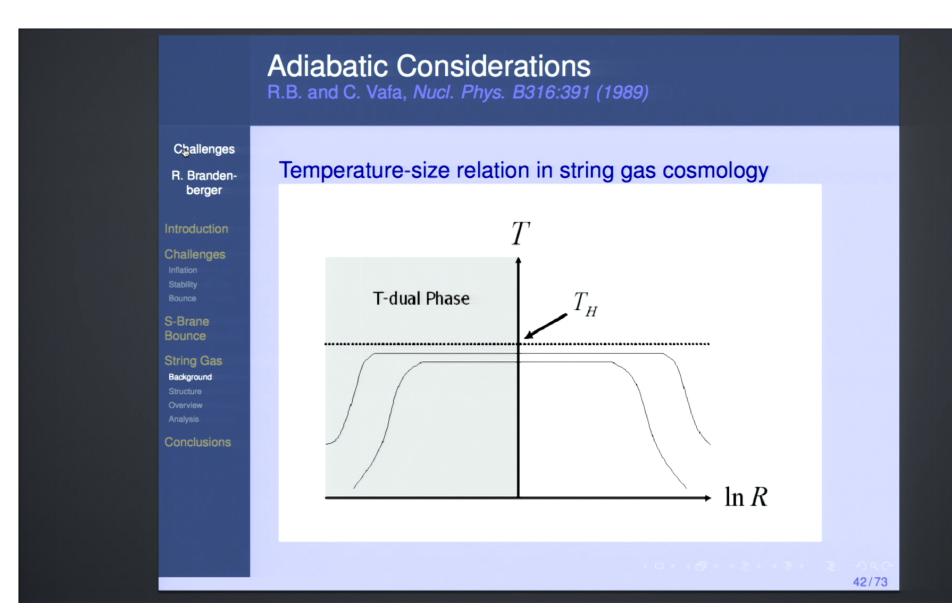
Canalysias

T-Duality

- Momentum modes: $E_n = n/R$
- Winding modes: $E_m = mR$
- Duality: $R \rightarrow 1/R$ $(n, m) \rightarrow (m, n)$
- Mass spectrum of string states unchanged
- Symmetry of vertex operators
- Symmetry at non-perturbative level → existence of D-branes

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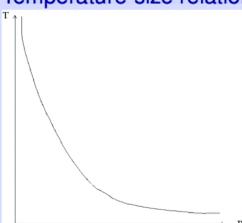
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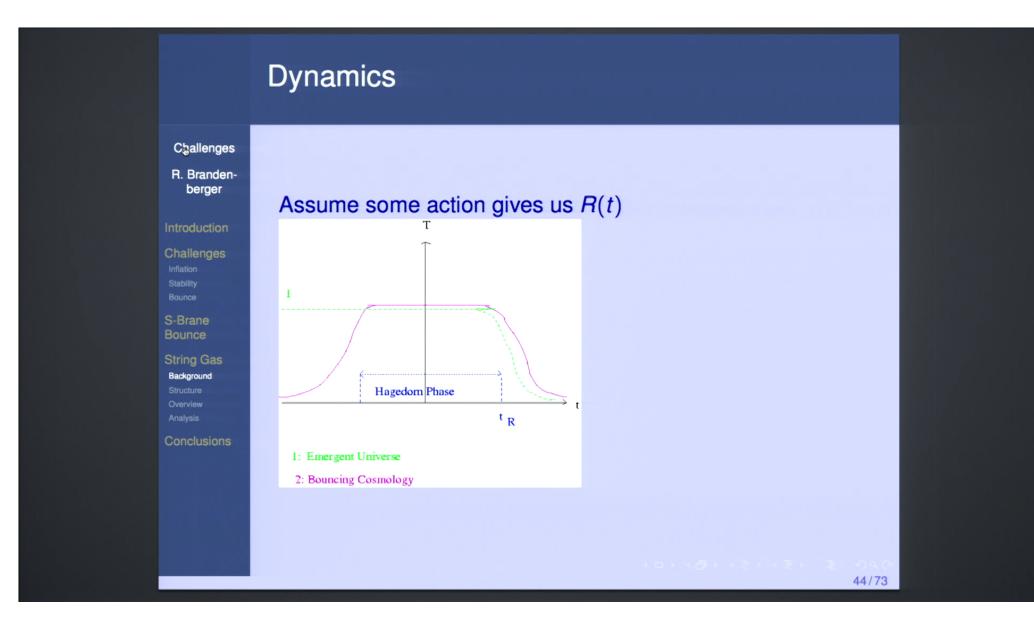
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Temperature-size relation in standard cosmology



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String Gas Bounce

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Two possibilities:

- Thermal Bounce
- Emergent Scenario

In both cases, a **long Hagedorn phase** will allow thermalization of the string gas on large scales.

→ thermal initial conditions for fluctuations

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Doubled Space in SGC

R.B., R. Costa, G. Franzmann, S. Patil and A. Weltman, in prep.

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Candidate for dynamics in the Hagedorn phase: Double Field Theory [C. Hull and B. Zwiebach, 2009]

Idea: For each dimension of the underlying topological space there are two position operators [R.B. and C. Vafa]:

- x: dual to the momentum modes
- \tilde{x} : dual to the winding modes

We measure **physical length** in terms of the **light** degrees

$$I(R) = R \text{ for } R \gg 1$$

$$I(R) = R \text{ for } R \gg 1$$
,
 $I(R) = \frac{1}{R} \text{ for } R \ll 1$.

Doubled Space in SGC

R.B., R. Costa, G. Franzmann, S. Patil and A. Weltman, in prep.

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Candidate for dynamics in the Hagedorn phase: Double Field Theory [C. Hull and B. Zwiebach, 2009]

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Double Field Theory Approach

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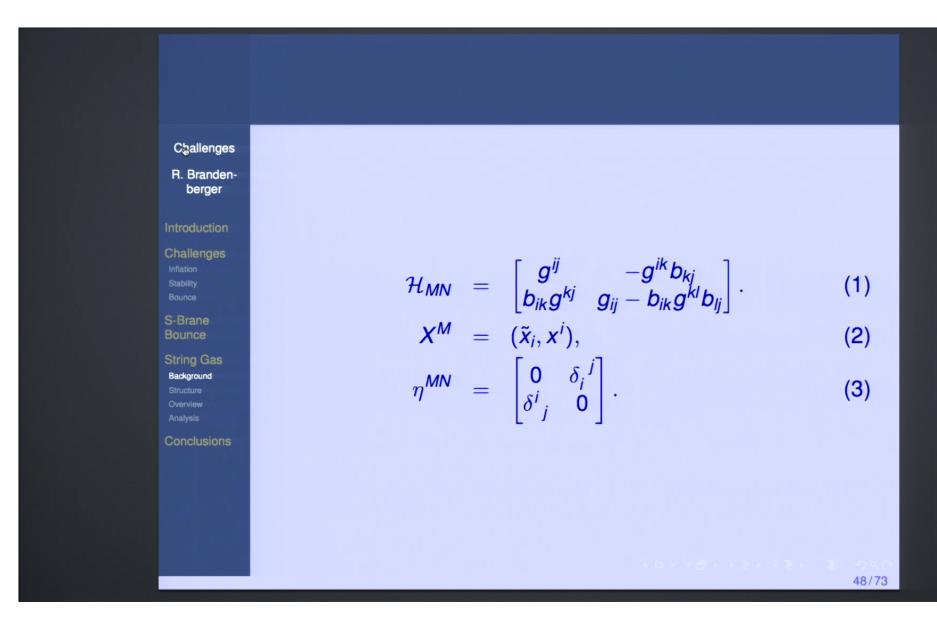
Idea Describe the low-energy degrees of freedom with an action in doubled space in which the T-duality symmetry is manifest.

$$S = \int dx d\tilde{x} e^{-2d} \mathcal{R},$$

$$\mathcal{R} = \frac{1}{8} \mathcal{H}^{MN} \partial_{M} \mathcal{H}^{KL} \partial_{N} \mathcal{H}_{KL} - \frac{1}{2} \mathcal{H}^{MN} \partial_{M} \mathcal{H}^{KL} \partial_{K} \mathcal{H}_{NL}$$

$$+ 4 \mathcal{H}^{MN} \partial_{M} \partial_{N} d - \partial_{M} \partial_{N} \mathcal{H}^{MN} - 4 \mathcal{H}^{MN} \partial_{M} d \partial_{N} d$$

$$+ 4 \partial_{M} \mathcal{H}^{MN} \partial_{N} d + \frac{1}{2} \eta^{MN} \eta^{KL} \partial_{M} \mathcal{E}^{A}_{K} \partial_{N} \mathcal{E}^{B}_{L} \mathcal{H}_{AB}.$$



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R.B., R. Costa, G. Franzmann, S. Patil and A. Weltman, in prep.

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- Consider test particles in a DFT background.
- Derive geodesic equation of motion
- Consider a cosmological background with b = 0 and fixed dilaton.
- Find that the geodesics can be extended to infinite proper time in both time directions.
- → geodesic completeness.

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R.B., R. Costa, G. Franzmann, S. Patil and A. Weltman, in prep.

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R.B., R. Costa, G. Franzmann, S. Patil and A. Weltman, in prep.

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Metric in DFT:

$$dS^2 = -dt^2 + \mathcal{H}_{MN}dX^MdX^N,$$

Specialization to a cosmological background:

$$ds^2 = -dt^2 + b^2(t)\delta_{ij}dx^idx^j + b^{-2}(t)\delta^{ij}d\tilde{x}_id\tilde{x}_j,$$

Point particle geodesics

$$\frac{d}{dS} \left(\frac{d\tilde{x}_a}{dS} \frac{1}{b^2} \right) = 0$$

$$\frac{d}{dS} \left(\frac{d\tilde{x}_a}{dS} \frac{1}{b^2} \right) = 0$$

$$\frac{d}{dS} \left(\frac{dx^a}{dS} b^2 \right) = 0.$$

R.B., R. Costa, G. Franzmann, S. Patil and A. Weltman, in prep.

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Proper distance going forwards in time:

$$\Delta S = \int_{t_0}^{t_2} \gamma(t)^{-1} dt + T_2,$$
 (4)

Proper distance going backwards in time:

$$\Delta S = \int_{t_1}^{t_0} \tilde{\gamma}(t) dt + T_1, \qquad (5)$$

geodesic completeness in terms of physical time:

$$t_p(t) = t \text{ for } t \gg 1$$

$$t_p(t) = t \text{ for } t \gg 1,$$

 $t_p(t) = \frac{1}{t} \text{ for } t \ll 1.$



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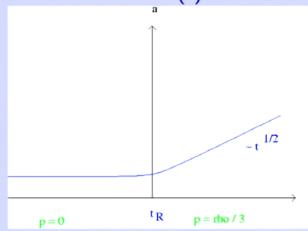
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We will thus consider the following background dynamics for the scale factor a(t):



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Dimensionality of Space in SGC

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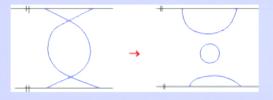
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• Begin with all 9 spatial dimensions small, initial temperature close to $T_H \rightarrow$ winding modes about all spatial sections are excited.

 Expansion of any one spatial dimension requires the annihilation of the winding modes in that dimension.



- Decay only possible in three large spatial dimensions.
- dynamical explanation of why there are exactly three large spatial dimensions.

(see also numerical work by M. Sakellariadou

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Moduli Stabilization in SGC

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Size Moduli [S. Watson, 2004; S. Patil and R.B., 2004, 2005]

- winding modes prevent expansion
- momentum modes prevent contraction
- ullet o $V_{eff}(R)$ has a minimum at a finite value of $R, o R_{min}$
- in heterotic string theory there are enhanced symmetry states containing both momentum and winding which are massless at R_{min}
- $\rightarrow V_{eff}(R_{min}) = 0$
- size moduli stabilized in Einstein gravity background

Shape Moduli [E. Cheung, S. Watson and R.B., 2005]

- enhanced symmetry states
- ullet \rightarrow harmonic oscillator potential for θ
- → shape moduli stabilized

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Theory of Cosmological Perturbations: Basics

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Cosmological fluctuations connect early universe theories with observations

- Fluctuations of matter → large-scale structure
- Fluctuations of metric → CMB anisotropies
- N.B.: Matter and metric fluctuations are coupled

Key facts:

- 1. Fluctuations are small today on large scales
- → can use linear perturbation theory
- 2. Sub-Hubble scales: matter fluctuations dominate
- Super-Hubble scales: metric fluctuations dominate

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Quantum Theory of Linearized Fluctuations

V. Mukhanov, H. Feldman and R.B., *Phys. Rep. 215:203 (1992)*

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Step 1: Metric including fluctuations

$$ds^{2} = a^{2}[(1+2\Phi)d\eta^{2} - (1-2\Phi)d\mathbf{x}^{2}]$$
$$\varphi = \varphi_{0} + \delta\varphi$$

Note: Φ and $\delta \varphi$ related by Einstein constraint equations Step 2: Expand the action for matter and gravity to second order about the cosmological background:

$$S^{(2)} = \frac{1}{2} \int d^4x ((v')^2 - v_{,i}v^{,i} + \frac{z''}{z}v^2)$$

$$v = a(\delta\varphi + \frac{z}{a}\Phi)$$

$$z = a\frac{\varphi'_0}{\mathcal{H}}$$



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Step 3: Resulting equation of motion (Fourier space)

$$v_k'' + (k^2 - \frac{z''}{z})v_k = 0$$

Features:

- oscillations on sub-Hubble scales
- squeezing on super-Hubble scales $v_k \sim z$

Quantum vacuum initial conditions:

$$v_k(\eta_i) = (\sqrt{2k})^{-1}$$



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Step 3: Resulting equation of motion (Fourier space)

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Features:

- oscillations on sub-Hubble scales
- squeezing on super-Hubble scales $v_k \sim z$

Quantum vacuum initial conditions:

$$v_k(\eta_i) = (\sqrt{2k})^{-1}$$

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Structure formation in inflationary cosmology

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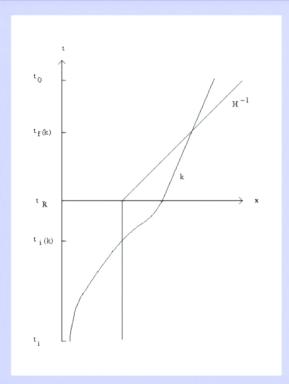
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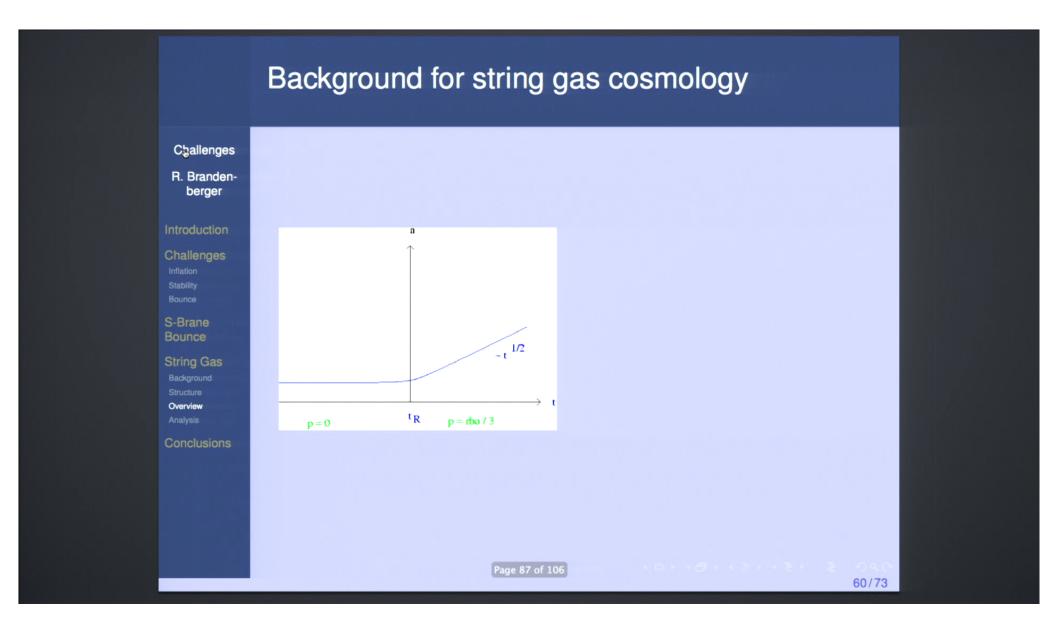


N.B. Perturbations originate as quantum vacuum fluctuations.

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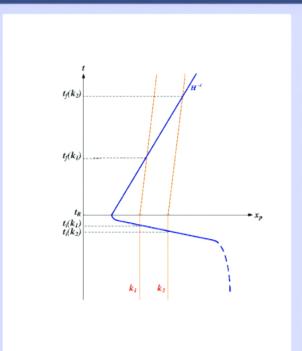
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N.B. Perturbations originate as thermal string gas fluctuations. Page 88 of 106

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Method

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- Calculate matter correlation functions in the Hagedorn phase (neglecting the metric fluctuations)
- For fixed k, convert the matter fluctuations to metric fluctuations at Hubble radius crossing $t = t_i(k)$
- Evolve the metric fluctuations for $t > t_i(k)$ using the usual theory of cosmological perturbations

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Extracting the Metric Fluctuations

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Ansatz for the metric including cosmological perturbations and gravitational waves:

$$ds^2 = a^2(\eta) ((1+2\Phi)d\eta^2 - [(1-2\Phi)\delta_{ij} + h_{ij}]dx^i dx^j).$$

Inserting into the perturbed Einstein equations yields

$$\langle |\Phi(\mathbf{k})|^2 \rangle = 16\pi^2 G^2 \mathbf{k}^{-4} \langle \delta T^0_0(\mathbf{k}) \delta T^0_0(\mathbf{k}) \rangle,$$

$$\langle |\mathbf{h}(\mathbf{k})|^2 \rangle = 16\pi^2 G^2 k^{-4} \langle \delta T^i{}_j(\mathbf{k}) \delta T^i{}_j(\mathbf{k}) \rangle.$$

Power Spectrum of Cosmological Perturbations

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Key ingredient: For thermal fluctuations:

$$\langle \delta \rho^2 \rangle = \frac{T^2}{R^6} C_V.$$

Key ingredient: For string thermodynamics in a compact space

$$C_V pprox 2rac{R^2/\ell_s^3}{T\left(1-T/T_H
ight)}$$
 .

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Power spectrum of cosmological fluctuations

$$P_{\Phi}(k) = 8G^{2}k^{-1} < |\delta\rho(k)|^{2} >$$

$$= 8G^{2}k^{2} < (\delta M)^{2} >_{R}$$

$$= 8G^{2}k^{-4} < (\delta\rho)^{2} >_{R}$$

$$= 8G^{2}\frac{T}{\ell_{s}^{3}}\frac{1}{1 - T/T_{H}}$$

Key features:

- scale-invariant like for inflation
- slight red tilt like for inflation

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Power spectrum of cosmological fluctuations

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Spectrum of Gravitational Waves

R.B., A. Nayeri, S. Patil and C. Vafa, Phys. Rev. Lett. (2007)

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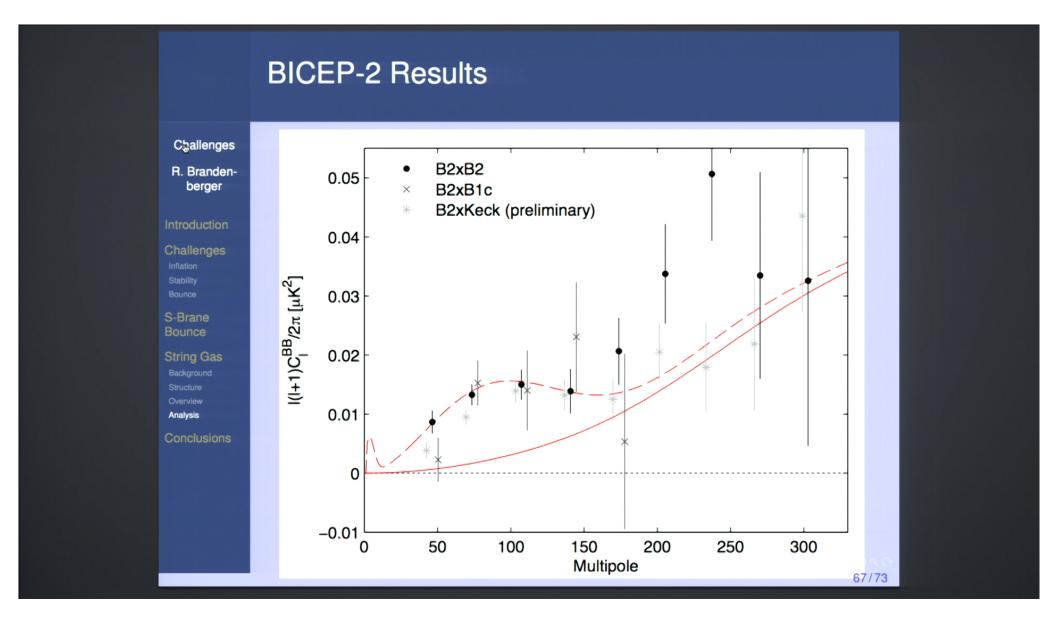
$P_h(k) = 16\pi^2 G^2 k^{-1} < |T_{ij}(k)|^2 >$ $= 16\pi^2 G^2 k^{-4} < |T_{ij}(R)|^2 >$ $\sim 16\pi^2 G^2 \frac{T}{\ell_s^3} (1 - T/T_H)$

Key ingredient for string thermodynamics

$$<|T_{ij}(R)|^2> \sim \frac{T}{I_s^3R^4}(1-T/T_H)$$

Key features:

- scale-invariant (like for inflation)
- slight blue tilt (unlike for inflation)



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Requirements

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- Emergent phase in thermal equilibrium
- $C_V(R) \sim R^2$ obtained from a thermal gas of strings provided there are winding modes which dominate.
- Cosmological fluctuations in the IR are described by Einstein gravity.

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 - Challenges for Inflationary Cosmology
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 - Obtaining a Bounce
- 3 S-Brane Bounce
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 - Background for String Gas Cosmology
 - String Gas Cosmology and Structure Formation

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- 5 Discussion and Conclusions

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• Q: What is the new physics responsible for the bounce?

- A: Duality Symmetry of Superstring Theory
- Q: Might this physics resolve the singularity for the perturbations as well as the background?
- A: yes
- Does this new physics have any observational signature?
- A: yes, a slight blue tilt of the spectrum of gravitational waves.
- A: What general principles underlie the theory, beyond wanting to resolve the singularity?
- A: Unification of all four forces of nature at a quantum level.

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- Q: Does a consistent picture for cosmology require that both the background and perturbations are quantized?
- A: No
- Q: Does the bounce or pre-bounce phase help in setting initial conditions?
- A: The initial conditions for fluctuations are set in the bounce phase.

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- Current paradigm: cosmological inflation.
- Alternatives to cosmological inflation exist.
- Many of these alternatives are bouncing scenarios.
- Superstring cosmology → need to look beyond inflation and beyond point particle effective field theory.
- String Gas Cosmology: Model of cosmology of the very early universe based on new degrees of freedom and new symmetries of superstring theory.
- Thermal string fluctuations lead to a scale-invariant spectrum of cosmological fluctuations with a blue tilt of the tensor modes.
- String Theory testable through cosmologica observations.

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