Title: Constructing Quantum Spacetime

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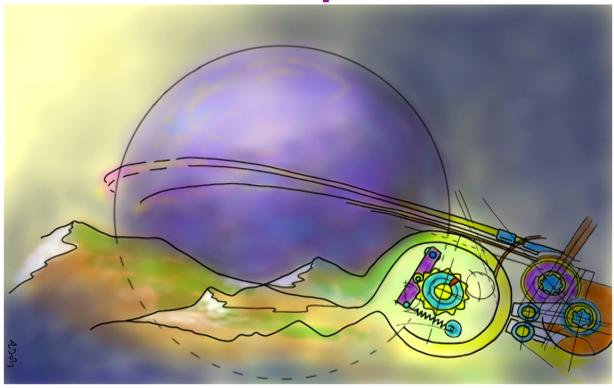
Abstract: General relativity taught us that space time is dynamical and quantum theory posits that dynamical objects are quantum. Hence the Newtonian notion of space time as a passive stage where physics takes place needs to be replaced by a notion of quantum space time which is interacting with all other quantum matter fields.<br/>
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<br/>br />

I will present recent developments that aim at constructing quantum space time. In particular I will explain how topological quantum field theories give rise to new quantum geometry realizations and how these serve as starting points for the construction of a dynamics of quantum gravity, which is consistent over all scales. Such a dynamics will then determine the properties of quantum space time.

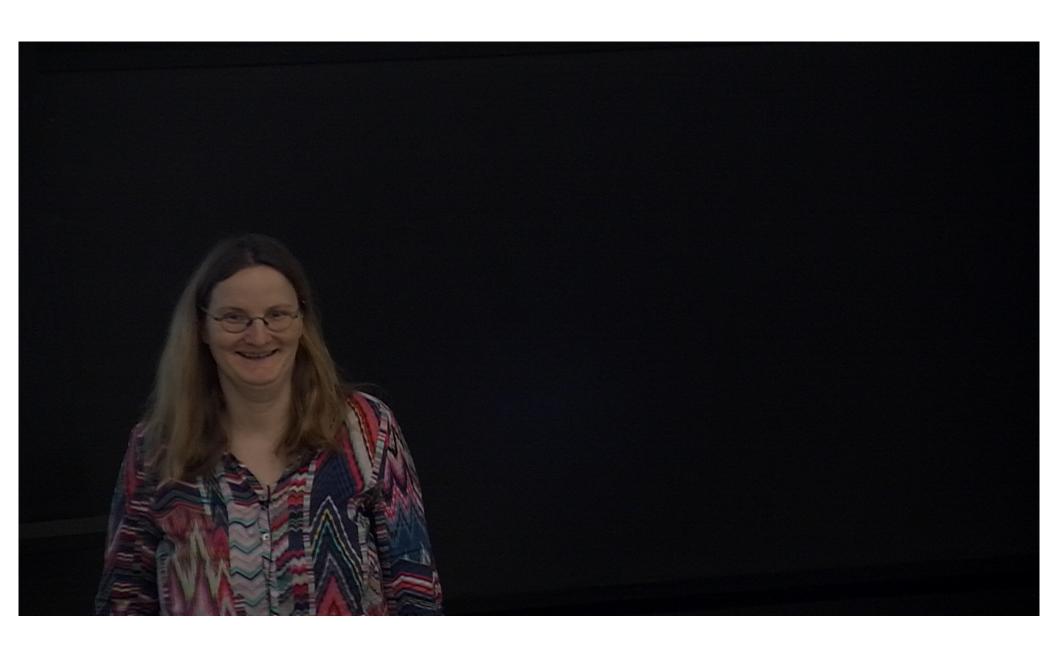
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# Constructing Quantum Space Time



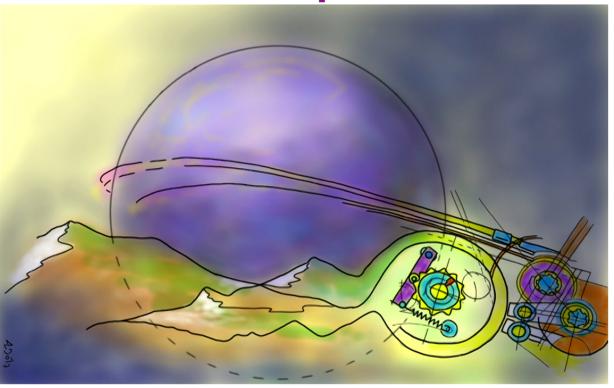
Bianca Dittrich Perimeter Institute

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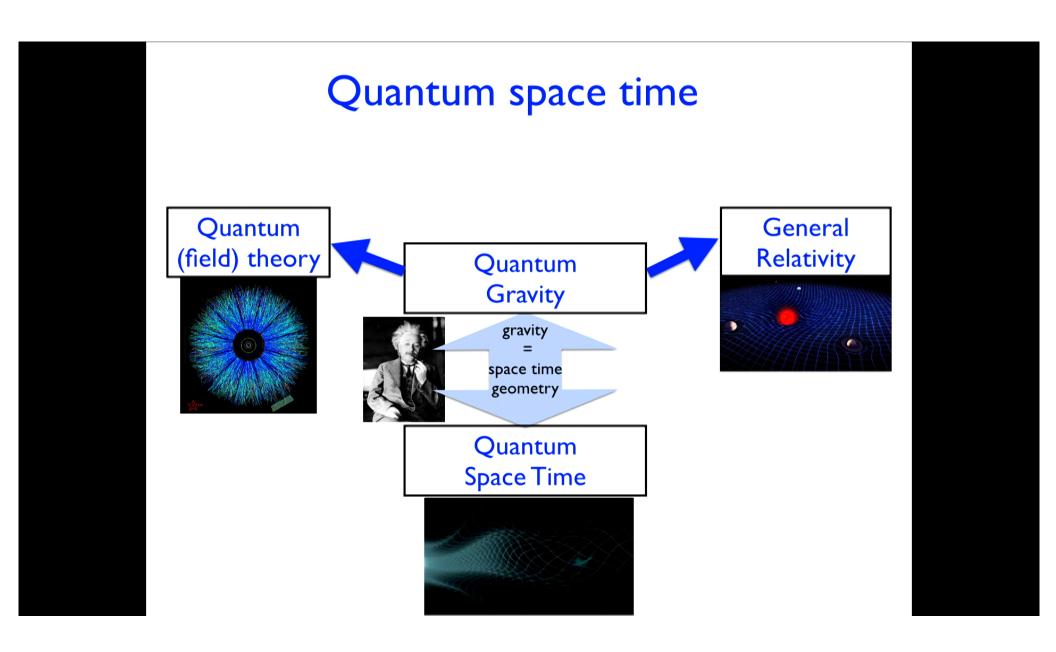
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# Constructing Quantum Space Time



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## Do space time points exist?

To resolve two nearby space time points: need fast clocks, that is high energy.



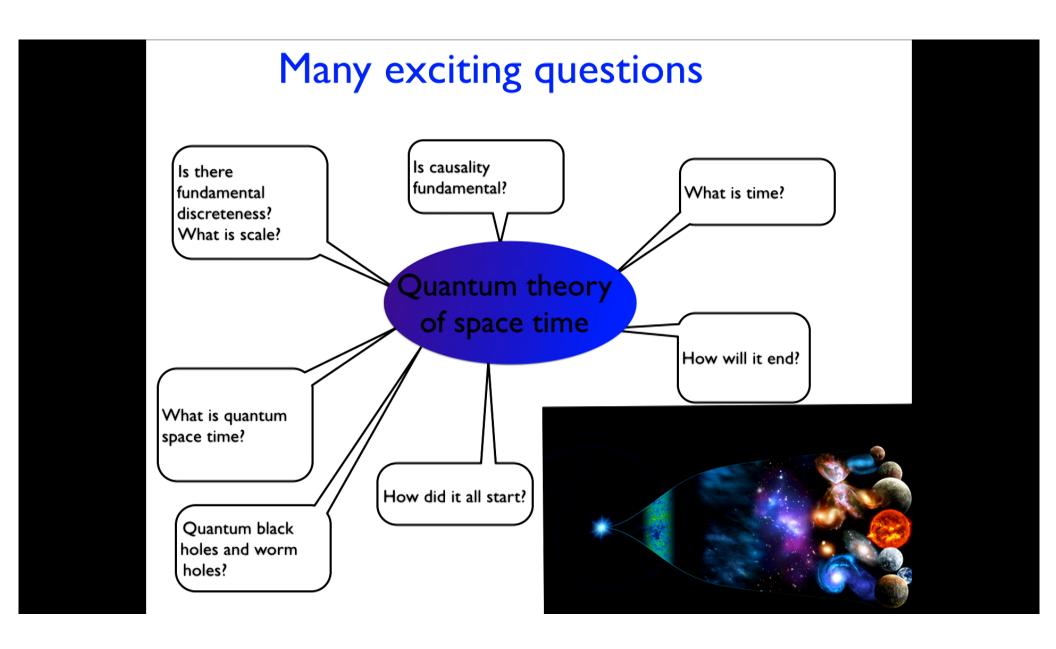
A high energy density will lead to formation of black holes.





Need to change classical notion of space time.

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#### How to construct a theory of quantum space time?

A quantum field theory needs a regulator. But usually regulators need a space time background:

- energy: needs notion of time, breaks diffeomorphism symmetry
- lattice: assumes usually a background, breaks diffeomorphism symmetry

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#### How to define a theory of quantum space time?

A quantum field theory needs a regulator.

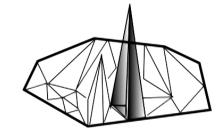
But usually regulators need a space time background:

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- · lattice: assumes usually a background, breaks diffeomorphism symmetry

A diffeomorphism invariant regulator?

⇒Sum over geometries assigned to a (random) lattice (Quantum Regge calculus)

$$Z(bdry) = \sum_{length} exp(iS(length))$$

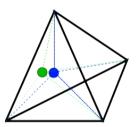


• Where is the cut-off? Here we seem to integrate over arbitrarily small and large length.

We will see how we can obtain a quantum induced cut-off.

In the main part of the talk.

#### Diffeomorphism symmetry?



• Diffeomorphism symmetry is typically broken! [Bahr, BD CQG 09] This cannot define a fundamental theory of quantum general relativity.

#### • Reason:

Diffeomorphism action can change locally scales of discretization: probes all scales.

Discrete amplitudes usually constructed as approximations (reliable on scales larger than the discretization scale).

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Diffeomorphism symmetry requires to construct the dynamics on all scales.

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#### Consistent boundary formalism

[BD NJP 12, BD 14]

A formalism to construct better and better approximations to the exact dynamics of the theory.

Emphasis on boundary amplitudes allows to deal with non-local features, which are unavoidable for obtaining diffeomorphism invariance.

[BD, Kaminski, Steinhaus CQG 2014]

#### Important point:

Getting reliable approximations for "low excited states" (~large scales) first. Contrary to the usual viewpoint, which rather defines theory at UV.

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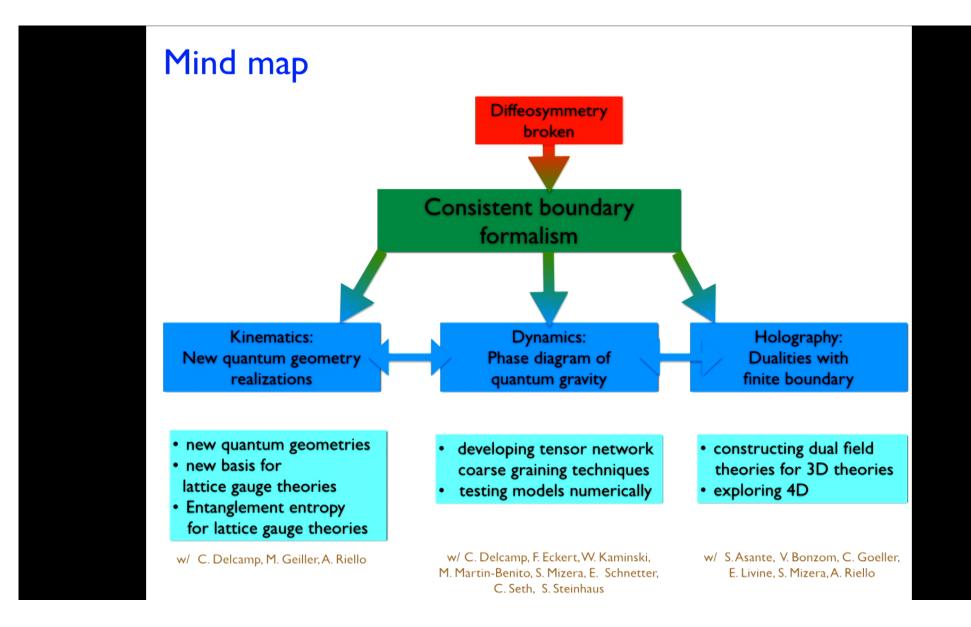
[BD, Kaminski, Steinhaus CQG 2014]

#### Important point:

Getting reliable approximations for "low excited states" (~large scales) first. Contrary to the usual viewpoint, which rather defines theory at UV.

What do vacuum and low excitations mean? In the main part of the talk.

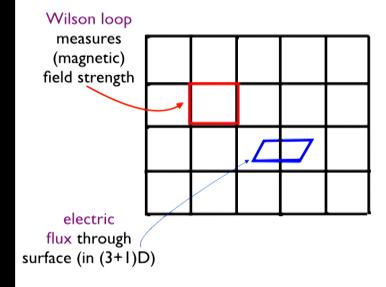
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# Discrete observables in a continuum theory: Hilbert space formalism

Using a lattice to pick a set of observables.



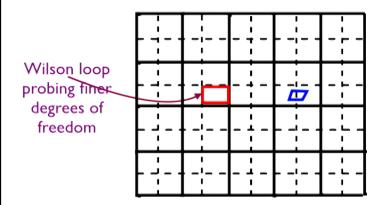
Such (generalized to SU(2)) electromagnetic variables can also describe phase space of gravity .

[Ashtekar 86]

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#### Discrete observables in a continuum theory

To specify a continuum state need to specify behaviour of observables on all possible lattices.

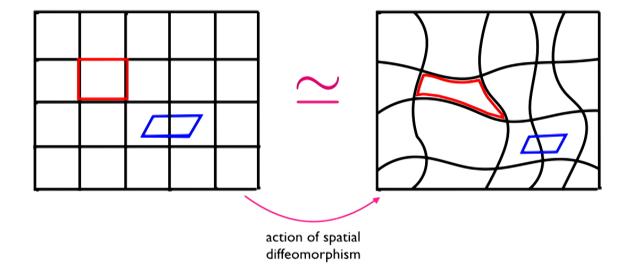


Need to specify the state for the finer degrees of freedom. Ideally: find vacuum state.

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## Impose symmetries

For a background independent theory we want to impose that:

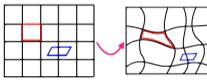


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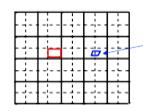
### Only one choice (?)

F-LOST [Fleischhack; Lewandowski-Okolow-Sahlmann-Thiemann 06] uniqueness theorem:

- If you want a (irreducible) representation of
  - Wilson loops and electric flux operators (kinematical observable algebra of general relativity)
  - · with an action of spatial diffeomorphism



- there is only one choice:
  - the Ashtekar-Lewandowski representation [Ashtekar-Lewandowski-Isham 92-95]
  - · which prescribes that all finer electric flux operators vanish sharply



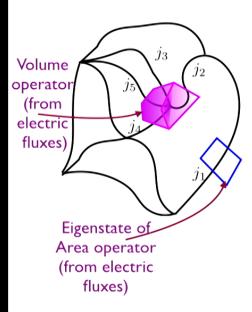
$$\hat{E}_S \, \psi = 0$$

First spatially diffeomorphism invariant realization of quantum geometry. Since the 90's basis of loop quantum gravity.

And it seemed to be the only one.

## Key accomplishment of loop quantum gravity

#### A quantum geometry



Determined 'typical LQG states'.

Key property and structure:

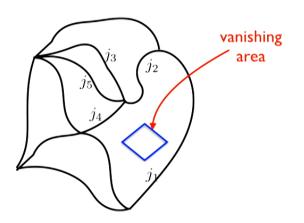
spatial geometry operators (length, area, volume)
 had discrete spectra: [Rovelli, Smolin 94]

⇒ Quantization-induced UV cut-off.

spin network basis: [Rovelli, Smolin 95]
 also gauge invariant basis for lattice gauge theory,
 diagonalizing electric flux operators

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### Typical LQG states: degenerate geometries



States are generated (by Wilson loop operators) from a vacuum state, describing totally degenerate spatial geometry E=0.

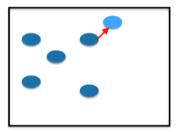
States describing 'smooth geometry' need to be very highly excited states.

Makes investigations of large scale physics extremely difficult.

Is there another possibility?

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#### Topological QFTs with defects

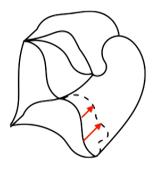


Topological QFT: do not need background metric.

Defects: by definition do not interact and thus do not see the distance between each other.

⇒Ideal setting for the kinematics of a background independent theory.

Defects encode degrees of freedom of a gravitational theory.



Indeed one can interpret the Ashtekar-Lewandowski representation as a

- (trivial) TQFT which imposes vanishing electric fluxes
- where arbitrarily many line defects (non-vanishing fluxes) are allowed

[BD NJP 2012; BD, Steinhaus NJP 2014]

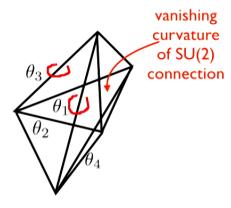
We can use TQFTs with suitable defect structure for the construction of quantum geometry realizations by:

 using TQFT amplitudes to define vacuum state and associated refinement maps

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## A new quantum geometry realization

A very different quantum geometry



curvature basis: eigenstates of Wilson loop operators [BD, Geiller CQG 2014; BD, Geiller CQG 2015; Bahr, BD, Geiller 2015]

Based on BF theory: vacuum state peaked on vanishing curvature F=0.

States with curvature defects are generated by exponentiate electric flux operators (t'Hooft operators) from the vacuum state.

For (2+1)D: solution to dynamics (with point particles).

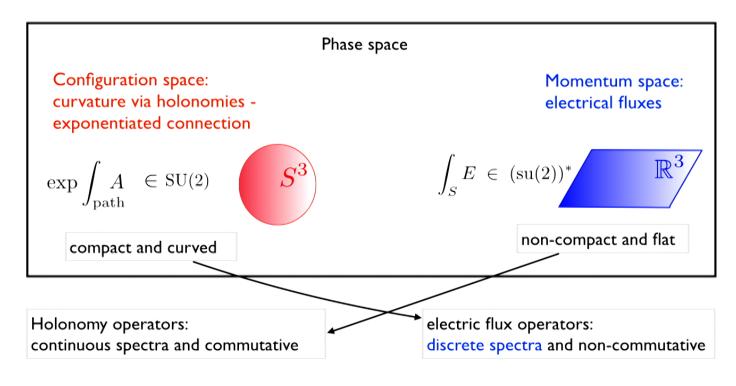
Can now describe large scale geometries as low excited states.

Much stronger connection to spin foams, which provides a covariant definition of dynamics for loop quantum gravity.

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## Spectra of geometric observables

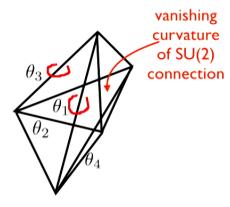
Lattice gauge theory and Ashtekar-Lewandowski representation



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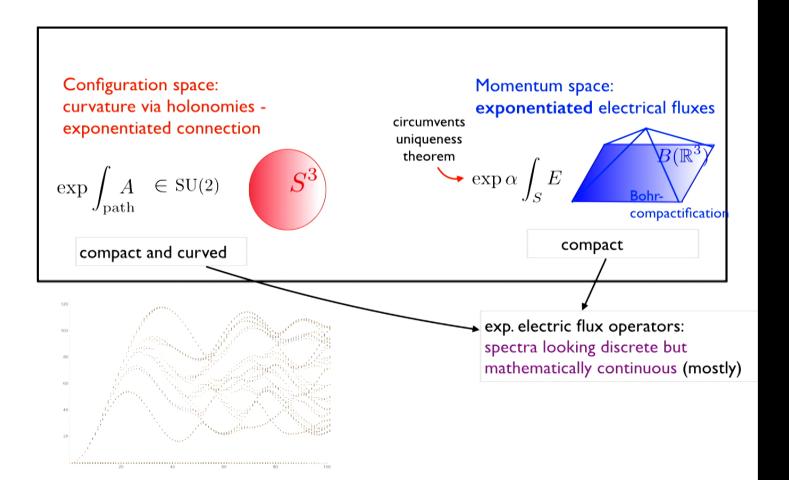
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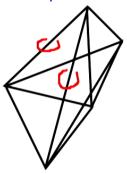
#### The BF representation



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#### Is there a more natural way of compactifying?

#### BF representation:



- piecewise flat geometry
- pieces can be arbitrary large
- appropriate for approximating general relativity without a cosmological constant (Regge calculus)

Wish list for the new representation:



- piecewise homogeneously curved geometry
- with positive curvature: pieces cannot be arbitrarily large: Induces a compactification!
- appropriate for approximating general relativity with a cosmological constant (Regge calculus with curved building blocks)

[Bahr, BD NJP 09]

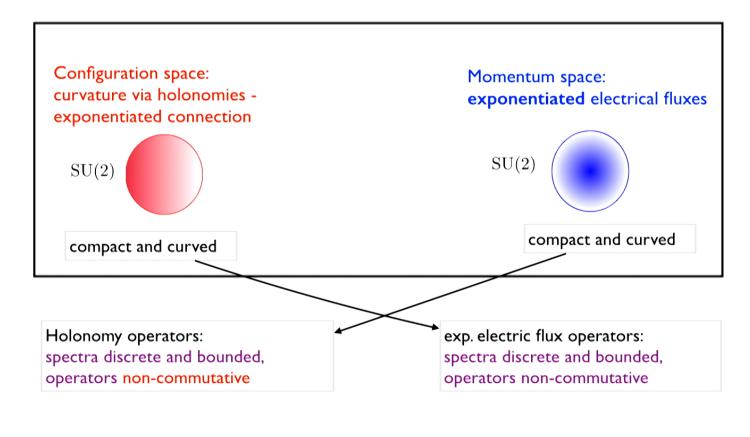
Can we implement this in the quantum theory?

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#### Yes, we can!

[BD, Geiller NJP 2017]

A (2+1)D quantum geometry based on Turaev-Viro TQFT

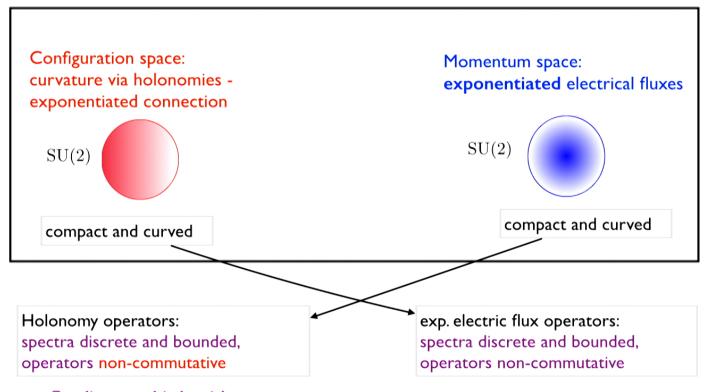


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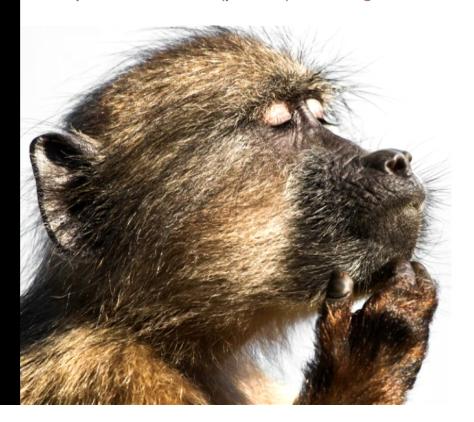
Feeding two birds with one scone:

- UV and IR finiteness: discrete and bounded spectra for all geometric operators
- implementation of a (positive) cosmological constant

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#### Two main achievements:

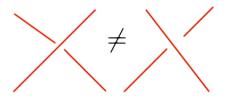
- UV and IR finiteness: discrete and bounded spectra for all geometric operators
- implementation of a (positive) cosmological constant



But what about (3+1)D?

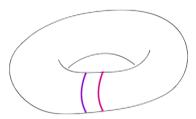
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#### Towards (3+1)D:



Two problems for (3+1)D:

- the non-commutativity of Wilson loops needs 2D space: How to generalize to three dimensions?
- need a polarization: set of commuting operators
  - →connection and flux combined to a pair of new (still non-commuting) connections
  - → parallel Wilson loops in these two connections define a polarization (in (2+1)D)



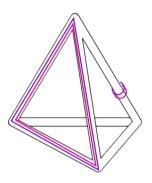
Non-contractible curves encode degrees of freedom.

How to apply this in (3+1) dimensions?

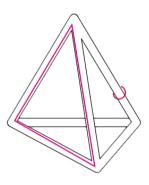
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## Lifting (2+1)D TQFTs to (3+1)D theories

[Delcamp, BD JMP 2017, BD JHEP 2017]



- Consider surface surrounding a defect graph in 3D: here tetrahedron.
- Use state space of the (2+1)D Turaev-Viro theory for this surface.
- Impose constraints that ensure:
   No degrees of freedom are associated to curves contractible in surrounding 3D space.

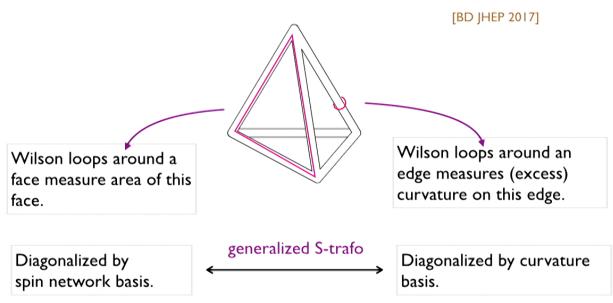


• These constraints trivialize one copy in the pair of Wilson loops.

(We are left with the state space of the Witten-Reshetikhin-Turaev TQFT.)

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### A finite and self-dual quantum geometry



Spectrum of (exponentiated) area and curvature operator

$$\mathbf{k} = \frac{6\pi}{\ell_p^2 \Lambda} \qquad \qquad \frac{\sin\left(\frac{\pi}{\mathbf{k}+2}(2j+1)(2l+1)\right) \sin\left(\frac{\pi}{\mathbf{k}+2}\right)}{\sin\left(\frac{\pi}{\mathbf{k}+2}(2j+1)\right) \sin\left(\frac{\pi}{\mathbf{k}+2}(2l+1)\right)} \quad \overset{\mathbf{k} \to \infty}{\longrightarrow} \quad 1 - \frac{8}{3}j(j+1)\,l(l+1)\left(\frac{\pi}{\mathbf{k}+2}\right)$$



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#### What does this achieve?

- A new family of (3+1)D quantum geometry realizations
   based on vacuum peaked on homogeneously curved geometry: Crane-Yetter TQFT.
- Rigorous implementation of quantum group structure into (3+1)D LQG.

[Smolin, Major, Noui, Perez, Pranzetti, Dupuis, Girelli, Bonzom,

Livine, Haggard, Han, Kaminski, Riello, Rovelli, Vidotto, ...]

Quantum group:  $SU(2)_k$ 

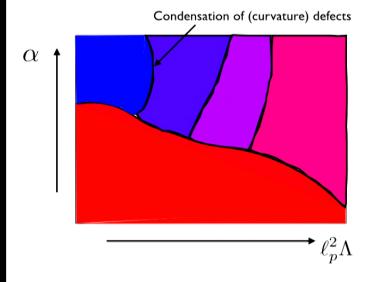
where 
$$\mathbf{k}=rac{6\pi}{\ell_p^2\,\Lambda}$$

[Smolin, Major 95]

- Hilbert spaces (associated to fixed triangulations/ graphs) are finite dimensional:
  - which is important for (numerical) coarse graining efforts.
  - and leads to geometric operators having discrete and bounded spectra:
     UV and IR cut-off
- New bases adapted to coarse graining.

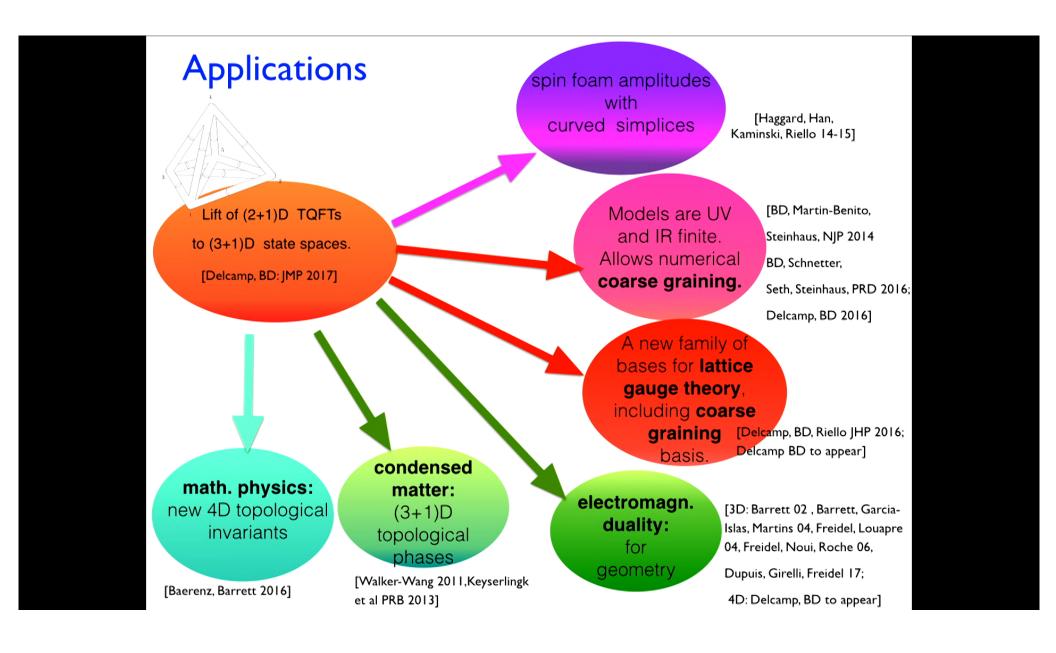
#### How does it help for the dynamics of quantum gravity?

- spin foam models: relatives of TQFTs that encode quantum gravity amplitudes
- the different quantum geometries will show up in a phase diagram for spin foams; encodes their behaviour in the refinement limit



- Are there even more geometrically interesting phases?
  - explicit numerical investigation
  - · construction via lifting technique
- Phase transition:
  - · condensation of defects
  - propagating degrees of freedom
  - diffeomorphism symmetry

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#### **Conclusions**

- restore close relation of LQG to TQFT
- [Barrett, Crane, Smolin]
- could be crucial for continuum limit (do we already have a geometric phase?)
- exchange of elegant techniques between (now also canonical) quantum gravity and TQFT
- new vacua can serve as starting point of approximation scheme for dynamics [BD 2012-14] (Consistent Boundary Framework)
- the new family of quantum geometry realization offers many advantages
  - · spectra of intrinsic and extrinsic geometric operators are discrete and bounded
  - self-duality
  - · finiteness properties important for (numerical) coarse graining schemes
  - · new bases important for coarse graining
- new view on quantum geometries

[BD, Steinhaus 2013: From TQFT to quantum geometry]

- · many new directions
- are there other quantum geometries (4D TQFTs) out there?
- how do predictions depend on choice of representation?

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# Thank you!



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