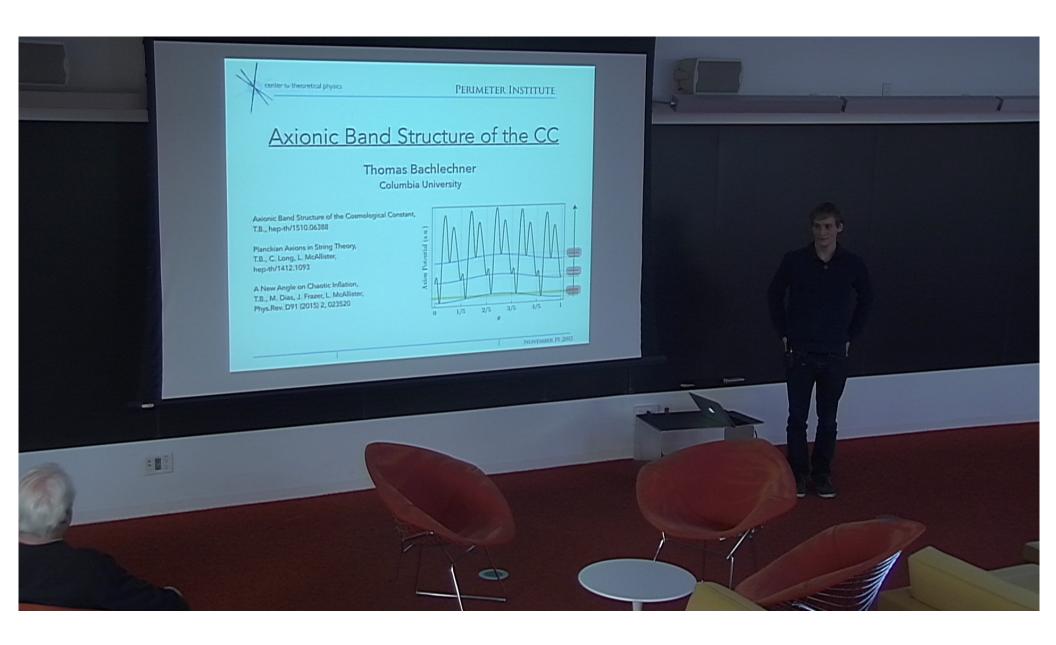
Title: Axionic Band Structure of the Cosmological Constant

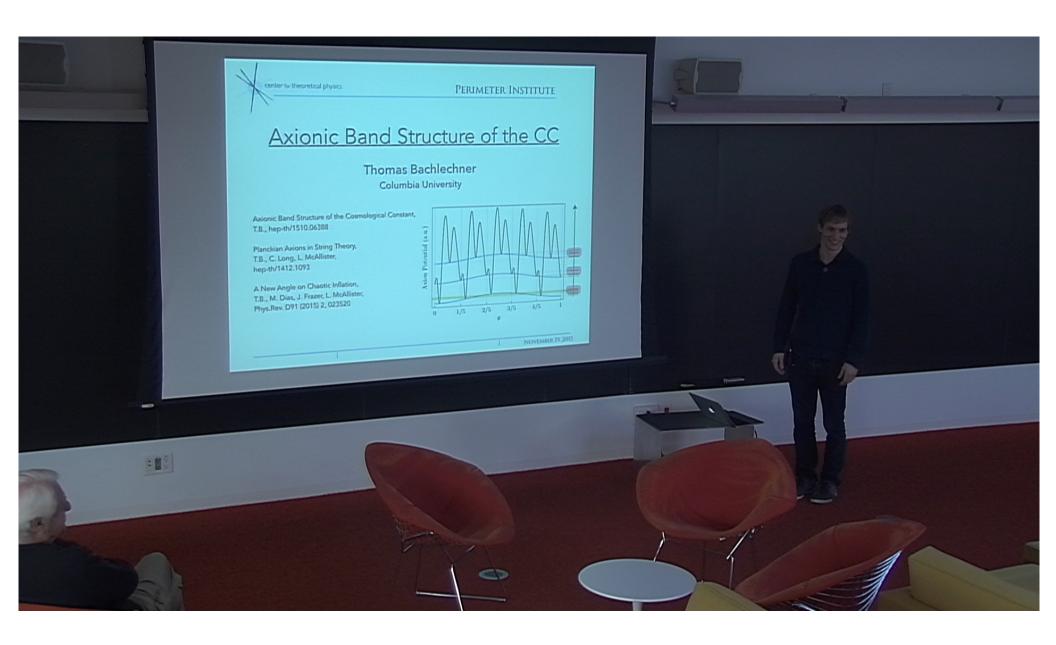
Date: Nov 19, 2015 11:00 AM

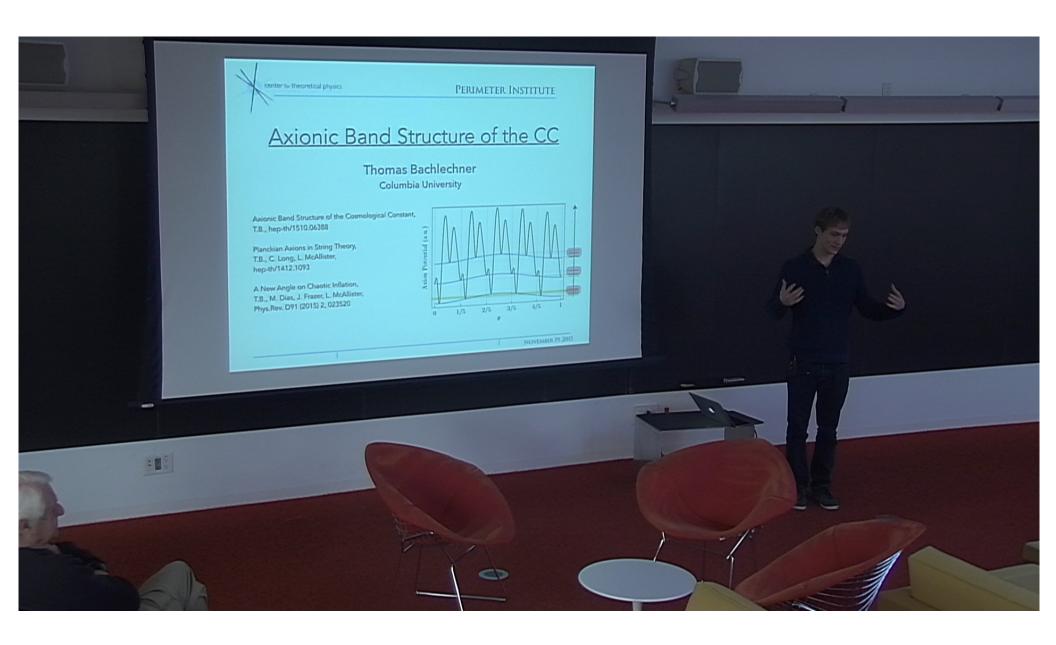
URL: http://pirsa.org/15110095

Abstract: We argue that theories with multiple axions generically contain a large<br/>br> number of vacua that can account for the smallness of the cosmological<br/>constant. In a theory with N axions, the dominant instantons with charges Q<br/>br> determine the discrete symmetry of vacua. Subleading instantons break the<br/>leading periodicity and lift the vacuum degeneracy. For generic integer charges<br/>the number of distinct vacua is given by |det(Q)|~exp(N). Our construction<br/>str> motivates the existence of a landscape with a vast number of vacua in<br/>four-dimensional effective theories.

Pirsa: 15110095 Page 1/45







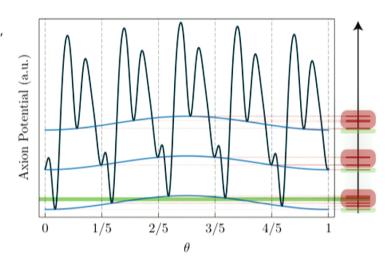


# Thomas Bachlechner Columbia University

Axionic Band Structure of the Cosmological Constant, T.B., hep-th/1510.06388

Planckian Axions in String Theory, T.B., C. Long, L. McAllister, hep-th/1412.1093

A New Angle on Chaotic Inflation, T.B., M. Dias, J. Frazer, L. McAllister, Phys.Rev. D91 (2015) 2, 023520



November 19, 2015

Pirsa: 15110095 Page 5/45

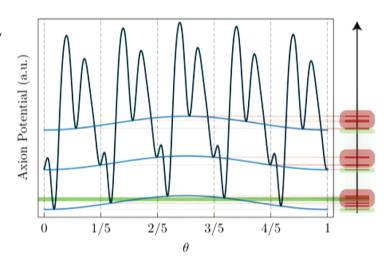


# Thomas Bachlechner Columbia University

Axionic Band Structure of the Cosmological Constant, T.B., hep-th/1510.06388

Planckian Axions in String Theory, T.B., C. Long, L. McAllister, hep-th/1412.1093

A New Angle on Chaotic Inflation, T.B., M. Dias, J. Frazer, L. McAllister, Phys.Rev. D91 (2015) 2, 023520



NOVEMBER 19, 2015

Pirsa: 15110095 Page 6/45

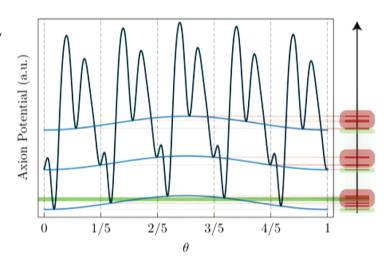


# Thomas Bachlechner Columbia University

Axionic Band Structure of the Cosmological Constant, T.B., hep-th/1510.06388

Planckian Axions in String Theory, T.B., C. Long, L. McAllister, hep-th/1412.1093

A New Angle on Chaotic Inflation, T.B., M. Dias, J. Frazer, L. McAllister, Phys.Rev. D91 (2015) 2, 023520



November 19, 2015

Pirsa: 15110095 Page 7/45

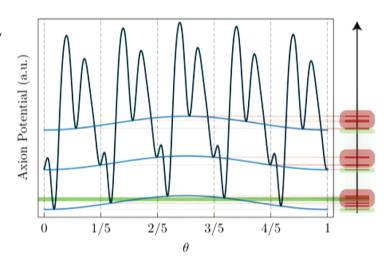


# Thomas Bachlechner Columbia University

Axionic Band Structure of the Cosmological Constant, T.B., hep-th/1510.06388

Planckian Axions in String Theory, T.B., C. Long, L. McAllister, hep-th/1412.1093

A New Angle on Chaotic Inflation, T.B., M. Dias, J. Frazer, L. McAllister, Phys.Rev. D91 (2015) 2, 023520



November 19, 2015

Pirsa: 15110095 Page 8/45



Cosmological observations are in excellent agreement with inflation and  $\Lambda \text{CDM}$  cosmology.

B-modes will be constrained to r<0.01 in coming years.

B-modes are immediately linked to large field inflation. Requires shift symmetry to protect the potential.

Axions are known to give rise to super-Planckian field ranges, a requirement for large field inflation.

The discrete shift symmetry at the same time can give rise to a landscape complex enough to accommodate an anthropic solution to the CC problem.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 9/45



Cosmological observations are in excellent agreement with inflation and  $\Lambda \text{CDM}$  cosmology.

B-modes will be constrained to r<0.01 in coming years.

B-modes are immediately linked to large field inflation. Requires shift symmetry to protect the potential.

Axions are known to give rise to super-Planckian field ranges, a requirement for large field inflation.

The discrete shift symmetry at the same time can give rise to a landscape complex enough to accommodate an anthropic solution to the CC problem.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 10/45



Cosmological observations are in excellent agreement with inflation and  $\Lambda \text{CDM}$  cosmology.

B-modes will be constrained to r<0.01 in coming years.

B-modes are immediately linked to large field inflation. Requires shift symmetry to protect the potential.

Axions are known to give rise to super-Planckian field ranges, a requirement for large field inflation.

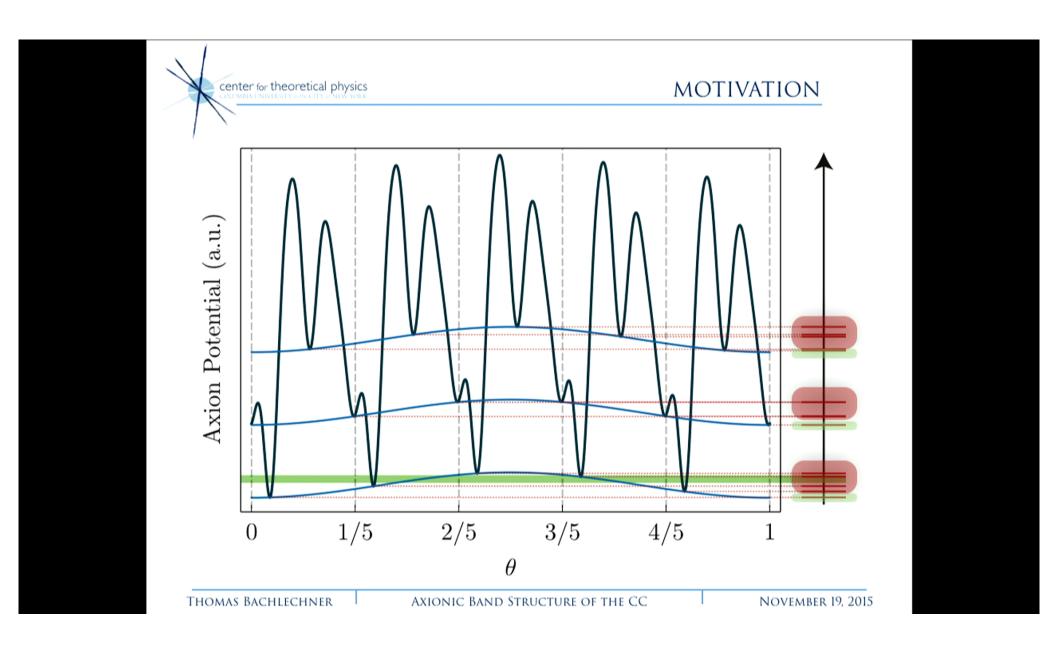
The discrete shift symmetry at the same time can give rise to a landscape complex enough to accommodate an anthropic solution to the CC problem.

THOMAS BACHLECHNER

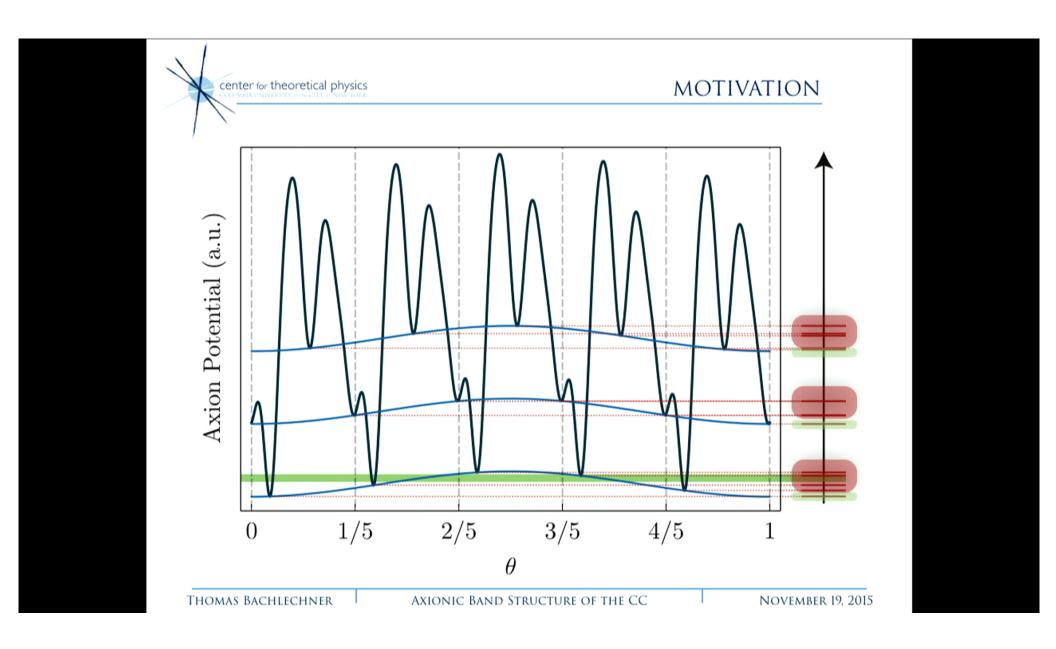
AXIONIC BAND STRUCTURE OF THE CC

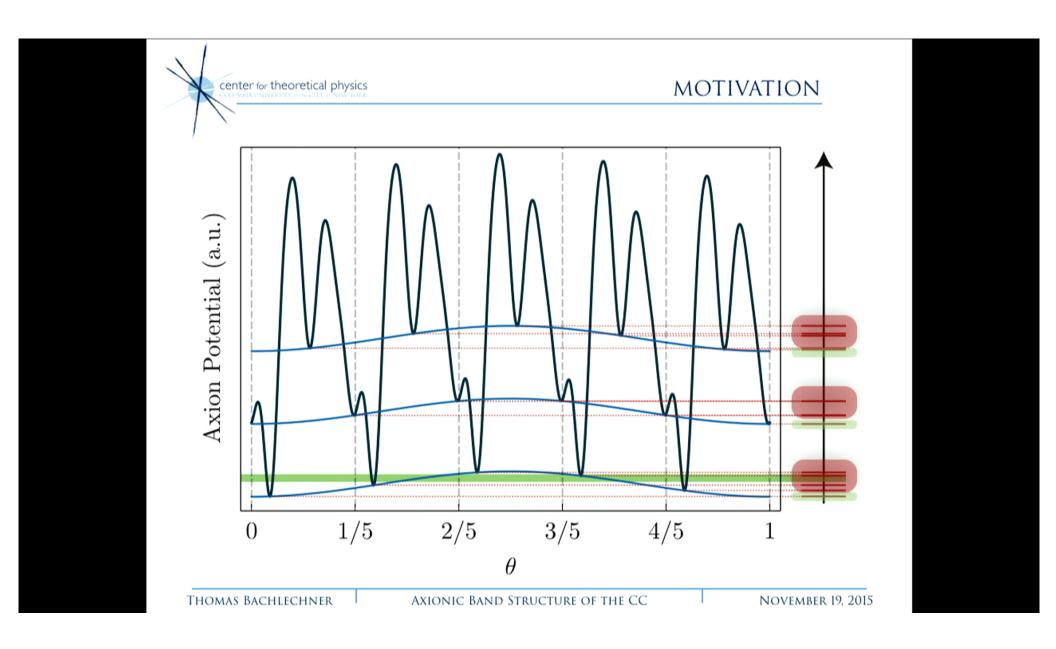
NOVEMBER 19, 2015

Pirsa: 15110095 Page 11/45



Pirsa: 15110095 Page 12/45





Pirsa: 15110095 Page 14/45



Consider N axions  $\theta^i$  whose continuous shift symmetries are broken by non-perturbative contributions to  $\theta^i \to \theta^i + 1$ 

$$V = \sum_{i=1}^{N} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi n \theta^i \right) \right] + \sum_{i>N+1} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi \theta^j \right) \right]$$

The potential has leading/subleading part:  $\Lambda_1 \geq \Lambda_2 \geq \dots$ 

The stable vacua are invariant under  $\theta^i \to \theta^i + 1/n$ 

This symmetry is broken by subleading terms to  $\theta^i \to \theta^i + 1$ There are  $n^N$  distinct vacua.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



Consider N axions  $\theta^i$  whose continuous shift symmetries are broken by non-perturbative contributions to  $\theta^i \to \theta^i + 1$ 

$$V = \sum_{i=1}^{N} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi n \theta^i \right) \right] + \sum_{i>N+1} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi \theta^j \right) \right]$$

The potential has leading/subleading part:  $\Lambda_1 \geq \Lambda_2 \geq \dots$ 

The stable vacua are invariant under  $\theta^i \to \theta^i + 1/n$ 

This symmetry is broken by subleading terms to  $\theta^i \to \theta^i + 1$ There are  $n^N$  distinct vacua.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



Consider N axions  $\theta^i$  whose continuous shift symmetries are broken by non-perturbative contributions to  $\theta^i \to \theta^i + 1$ 

$$V = \sum_{i=1}^{N} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi n \theta^i \right) \right] + \sum_{i>N+1} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi \theta^j \right) \right]$$

The potential has leading/subleading part:  $\Lambda_1 \geq \Lambda_2 \geq \dots$ 

The stable vacua are invariant under  $\theta^i \to \theta^i + 1/n$ 

This symmetry is broken by subleading terms to  $\theta^i \to \theta^i + 1$ There are  $n^N$  distinct vacua.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



Consider N axions  $\theta^i$  whose continuous shift symmetries are broken by non-perturbative contributions to  $\theta^i \to \theta^i + 1$ 

$$V = \sum_{i=1}^{N} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi n \theta^i \right) \right] + \sum_{i>N+1} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi \theta^j \right) \right]$$

The potential has leading/subleading part:  $\Lambda_1 \geq \Lambda_2 \geq \dots$ 

The stable vacua are invariant under  $\theta^i \to \theta^i + 1/n$ 

This symmetry is broken by subleading terms to  $\theta^i \to \theta^i + 1$ There are  $n^N$  distinct vacua.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



Consider N axions  $\theta^i$  whose continuous shift symmetries are broken by non-perturbative contributions to  $\theta^i \to \theta^i + 1$ 

$$V = \sum_{i=1}^{N} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi n \theta^i \right) \right] + \sum_{i>N+1} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi \theta^j \right) \right]$$

The potential has leading/subleading part:  $\Lambda_1 \geq \Lambda_2 \geq \dots$ 

The stable vacua are invariant under  $\theta^i \to \theta^i + 1/n$ 

This symmetry is broken by subleading terms to  $\theta^i \to \theta^i + 1$ There are  $n^N$  distinct vacua.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015





The Cosmological Constant problem

Landscape approaches to the CC problem

The vacuum distribution in Random Axion Theories

Susy breaking in the Flux Landscape

Axionic Bands in IIB on  $T^6/\mathbb{Z}_2 imes Z_2$ 

Conclusion

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

November 19, 2015

Pirsa: 15110095 Page 20/45





The Cosmological Constant problem

Landscape approaches to the CC problem

The vacuum distribution in Random Axion Theories

Susy breaking in the Flux Landscape

Axionic Bands in IIB on  $T^6/\mathbb{Z}_2 imes Z_2$ 

Conclusion

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

November 19, 2015

Pirsa: 15110095 Page 21/45



# THE CC PROBLEM

Einstein's equation couples curvature to energy density:

$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + (\Lambda_0 + \rho_{\text{vac}})g_{\mu\nu} = T_{\mu\nu}^{\text{matter}}$$

We can compute the vacuum energy in effective field theory. Consider only states below electroweak symmetry breaking:

$$\rho_{\rm vac} \approx 10^{-67}$$

Hubble scale determines size of a flat universe

$$\frac{1}{H} = \sqrt{\frac{3}{\Lambda}}$$

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 22/45



# THE CC PROBLEM

The coincidence problem:

$$t_{Galaxy} \sim t_{\Lambda}$$

However, to live in the "habitable-zone" we require an extreme fine-tuning:

Many accept an anthropic solution for fine-tuned planet orbits because there <u>are many planets at all orbits</u> that could be <u>populated</u>.

THOMAS BACHLECHNER AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 23/45





# THE CC PROBLEM

Three requirements for an anthropic solution to the CC problem:

- The theory (& measure) is consistent with quantum gravity
- Many populated vacua within the "habitable-zone"
- The vacua allow for a consistent cosmology

- ...?

Does a generic axion theory give a solution?

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 25/45



# THE CC PROBLEM

# A list of approaches:

- Anthropics in the Landscape
- Modifications of Gravity
- Gravitational attractor mechanism
- Quintessence (+ some of the above)
- Other

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

November 19, 2015

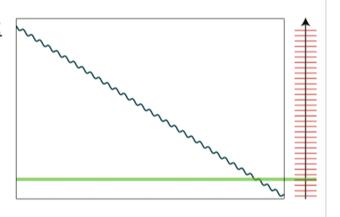
Pirsa: 15110095 Page 26/45



# A Brief History of the Landscape

'87 - <u>Brown & Teitelboim:</u> Single flux gives vacua with a small CC.

But: Empty universe and inconsistent with QG.



THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

November 19, 2015

Pirsa: 15110095 Page 27/45



## A Brief History of the Landscape

Consider the compactification of a theory with N fluxes. Dirac quantization enforces discrete flux choices

$$\int_{\Sigma_a} F = n_a$$

Tadpole cancelation constrains the allowed charges

$$\sum_{a} n_a^2 \le L$$

For typical values of  $L\sim 10$ ,  $N\sim 500$ , there are about  $10^{499}$  allowed flux configurations. The vacuum energy is given by

$$\Lambda = \Lambda_0 + \sum_a n_a^2 q_a^2$$

there exists a small value, even though all terms are large.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

**NOVEMBER 19, 2015** 

Pirsa: 15110095 Page 28/45



## A Brief History of the Landscape

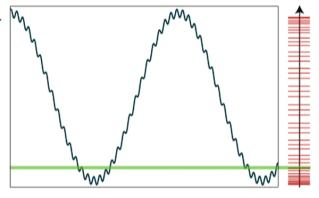
Single flux 700 - Bousso & Polchinski

with a sma Generalize to multiple fluxes: flux landscape

But: Empt Stability?

'91 - Banks, Dine & Seiberg: 📉 Singe axion with irrational decay constant gives vacua with a small CC.

But: Empty universe and inconsistent with QG.



THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

**NOVEMBER 19, 2015** 

Page 29/45 Pirsa: 15110095



Consider general theory with many axions.

Axions have a continuous shift symmetry that is broken by non-perturbative effects to discrete shifts  $\theta^i \to \theta^i + 1$ :

$$\mathcal{L} = \frac{1}{2} K_{ij} \partial \theta^i \partial \theta^j - \sum_{i=1} \Lambda_i^4 \left[ 1 - \cos \left( 2\pi \mathcal{Q}^i{}_j \theta^j \right) \right] - V_0$$

 $K_{ij}$ : Metric on axion space

 $Q_j^i$ : Integer charge matrix

 $V_0$ : Axion-independent potential contributions

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



We are interested in the vacuum distribution. Let's split the potential into leading and subleading parts

$$Q^a \big|_{a=1,\dots} = \begin{pmatrix} Q \\ Q_r \end{pmatrix}^a \Big|_{a=1,\dots}$$

Leading: 
$$V_{\mathcal{Q}} = \sum_{a=1}^{N} \Lambda_a^4 \left[1 - \cos\left(2\pi \mathcal{Q}^a \boldsymbol{\theta} + \delta^a\right)\right] + V_0$$

Remaining: 
$$V_r = \sum_{a=N+1} \Lambda_a^4 \left[1 - \cos\left(2\pi Q_{\rm r}^a \boldsymbol{\theta} + \delta^a\right)\right]$$

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



$$V_{\mathcal{Q}} = \sum_{a=1}^{P} \Lambda_a^4 \left[ 1 - \cos \left( 2\pi \mathcal{Q}^a \boldsymbol{\theta} + \delta^a \right) \right] + V_0$$

The leading potential defines the symmetry of the vacua: field points where all  $Q^a \theta \in \mathbb{Z}$  are identified.

Redefine fields:  $\phi = Q\theta$ 

Now, vacua are located at

$$oldsymbol{\phi}_{lpha,\mathbf{n}}^* = oldsymbol{\phi}_lpha^* + \mathbf{n}\,, \ \ \mathbf{n} \in \mathbb{Z}^N$$

Vacua are separated by the leading potential scale

$$V(\phi_{\alpha}^*) \sim \Lambda_{\rm Q}^4$$

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



$$V_{\mathcal{Q}} = \sum_{a=1}^{P} \Lambda_a^4 \left[ 1 - \cos \left( 2\pi \mathcal{Q}^a \boldsymbol{\theta} + \delta^a \right) \right] + V_0$$

The leading potential defines the symmetry of the vacua: field points where all  $Q^a \theta \in \mathbb{Z}$  are identified.

Redefine fields:  $\phi = Q\theta$ 

Now, vacua are located at

$$oldsymbol{\phi}_{lpha,\mathbf{n}}^* = oldsymbol{\phi}_lpha^* + \mathbf{n}\,, \ \ \mathbf{n} \in \mathbb{Z}^N$$

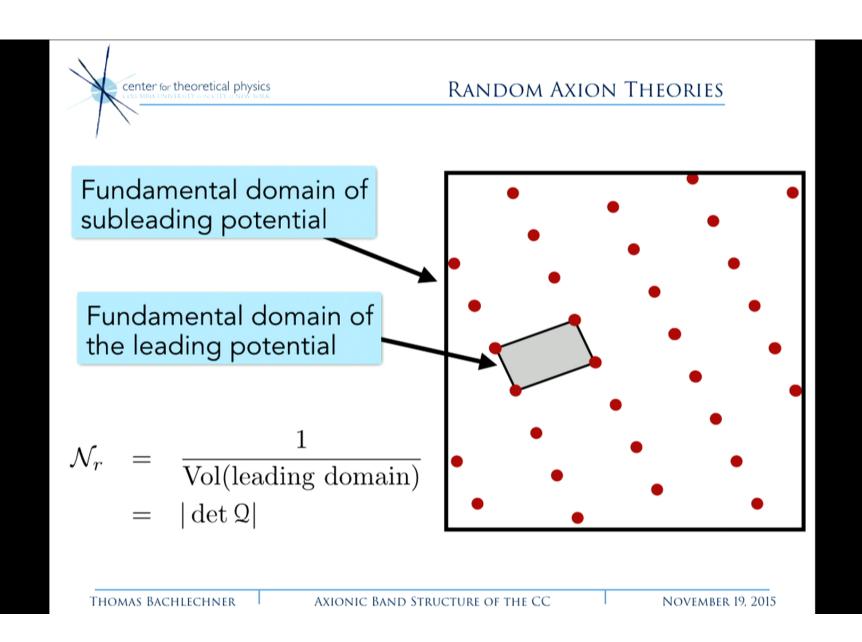
Vacua are separated by the leading potential scale

$$V(\phi_{\alpha}^*) \sim \Lambda_{\rm Q}^4$$

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



Pirsa: 15110095 Page 34/45



How many vacua are there in a "generic" axion theory?

Consider a charge matrix Q that is sparse and has independent, identically distributed (i.i.d.) integer entries.

When the fraction of non-vanishing entries exceeds 3/N, the matrix approaches its *universal* regime governed by random matrix theory.

The determinant of  $Q^{T}Q$  is product-chi squared distributed,

$$\langle \mathcal{N}_{\rm r}^2 \rangle = \sigma_{\mathcal{Q}}^{2N} \Gamma(N+1) \gtrsim \sqrt{2\pi N} \left(\frac{3}{e}\right)^N$$

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 35/45



How about the empty universe problem?

Consider tunneling from a penultimate vacuum at  $\phi_{\alpha,\mathbf{n}'}^*$  to our current vacuum with small cosmological constant

The degeneracy is lifted only by the subleading potential, say we have only one subleading term:

$$\delta V_{\alpha; \mathbf{n}, \mathbf{n}'} \approx \Lambda_r^4 \cos \left( 2\pi Q_r Q_Q^{-1} \mathbf{n}' + \tilde{\delta}_{\alpha} \right)$$

Inside the cosine, there is a sum of  $\mathcal{O}(1)$  terms, so even changing just one term in the final transition,  $\mathbf{n}' \to \mathbf{n}$ , changes the vacuum energy by  $\Lambda_r \gg \rho_{reheating}$ .

A complex landscape: finding a specific CC is NP hard.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 36/45



How about the empty universe problem?

Consider tunneling from a penultimate vacuum at  $\phi_{\alpha,\mathbf{n}'}^*$  to our current vacuum with small cosmological constant

The degeneracy is lifted only by the subleading potential, say we have only one subleading term:

$$\delta V_{\alpha; \mathbf{n}, \mathbf{n}'} \approx \Lambda_r^4 \cos \left( 2\pi Q_r Q_Q^{-1} \mathbf{n}' + \tilde{\delta}_{\alpha} \right)$$

Inside the cosine, there is a sum of  $\mathcal{O}(1)$  terms, so even changing just one term in the final transition,  $\mathbf{n}' \to \mathbf{n}$ , changes the vacuum energy by  $\Lambda_r \gg \rho_{reheating}$ .

A complex landscape: finding a specific CC is NP hard.

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

**NOVEMBER 19, 2015** 

Pirsa: 15110095 Page 37/45



An example: N=20 axions. This allow tuning to set potential at the ultimate vacuum at  $\phi_{\alpha,\mathbf{n}}^*$  to be

The energy difference to the penultimate vacuum at  $\phi_{\alpha,\mathbf{n}'}^*$  is set by the subleading term

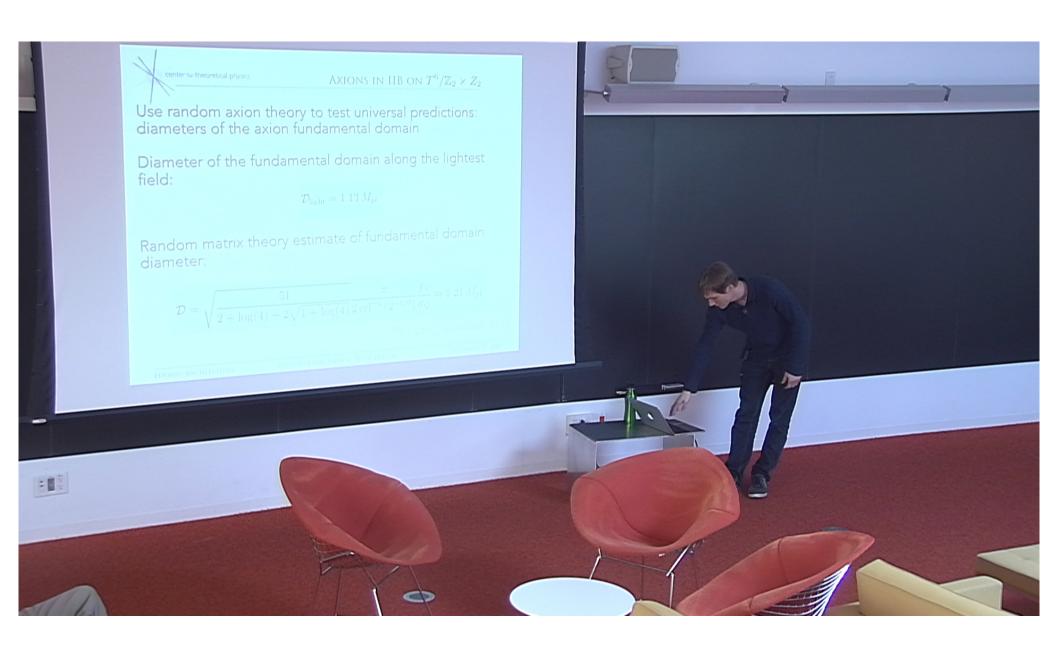
$$\delta V_{\alpha; \mathbf{n}, \mathbf{n}'} \approx \Lambda_r^4 \cos(-1.50n_1 + 3.82n_2 - 1.50n_3 + 3.41n_5 + 1.63n_6 - 0.13n_7 + 2.04n_8 + 1.50n_9 - 3.41n_{10} + 2.59n_{11} + 1.91n_{12} + 0.54n_{13} + 1.91n_{14} + 1.09n_{15} + 2.04n_{16} + 3.96n_{17} - 2.04n_{18} + 4.37n_{19} + 3.55n_{20})$$

The neighboring vacuum have high energy!

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



Pirsa: 15110095 Page 39/45



#### CONCLUSION



Small CC vacua consistent with QG

A concrete landscape of large complexity
Study quantum gravity in de Sitter/ eternal inflation.



Consistent cosmology

Eternal inflation & selection bias give small CC. No empty universe.



Vacuum statistics in string theory

SUSY broken by small F-terms in almost all vacua!

Implications for de Sitter vacua in string theory?

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

Pirsa: 15110095 Page 40/45



Pirsa: 15110095 Page 41/45



#### SUSY BREAKING IN THE LANDSCAPE

Consider the F-term potential of an  $\mathcal{N}=1$  supergravity theory with Kähler potential and superpotential

$$K = -2 \log(V)$$

$$W = W_0 + \sum_i A_i e^{-q^i{}_j T^j}$$

where  $T^j = \tau^j + i\theta^j$  are the Kähler moduli with axions  $\theta^j$ .

The scalar potential is given by

$$V = C + \sum_{j} B_{j} \cos(q^{j}_{i} \theta^{i} - \theta_{W}) + \sum_{j < k} B_{jk} \cos(q^{j}_{i} \theta^{i} - q^{k}_{i} \theta^{i})$$

For non-trivial leading charges, we expect axion bands!

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

**NOVEMBER 19, 2015** 



#### SUSY BREAKING IN THE LANDSCAPE

Consider the F-term potential of an  $\mathcal{N}=1$  supergravity theory with Kähler potential and superpotential

$$K = -2 \log(V)$$

$$W = W_0 + \sum_i A_i e^{-q^i{}_j T^j}$$

where  $T^j = \tau^j + i\theta^j$  are the Kähler moduli with axions  $\theta^j$ .

The scalar potential is given by

$$V = C + \sum_{j} B_{j} \cos(q^{j}_{i} \theta^{i} - \theta_{W}) + \sum_{j < k} B_{jk} \cos(q^{j}_{i} \theta^{i} - q^{k}_{i} \theta^{i})$$

For non-trivial leading charges, we expect axion bands!

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015



#### SUSY BREAKING IN THE LANDSCAPE

Consider the F-term potential of an  $\mathcal{N}=1$  supergravity theory with Kähler potential and superpotential

$$K = -2 \log(V)$$

$$W = W_0 + \sum_i A_i e^{-q^i{}_j T^j}$$

where  $T^j = \tau^j + i\theta^j$  are the Kähler moduli with axions  $\theta^j$ .

The scalar potential is given by

$$V = C + \sum_{j} B_{j} \cos(q^{j}_{i} \theta^{i} - \theta_{W}) + \sum_{j < k} B_{jk} \cos(q^{j}_{i} \theta^{i} - q^{k}_{i} \theta^{i})$$

For non-trivial leading charges, we expect axion bands!

THOMAS BACHLECHNER

AXIONIC BAND STRUCTURE OF THE CC

NOVEMBER 19, 2015

