

Title: Time and frequency metrology at NIST

Date: Jun 16, 2014 03:30 PM

URL: <http://pirsa.org/14060011>

Abstract: Official U.S. time is currently realized by an ensemble of commercial cesium-beam atomic clocks and hydrogen masers. Cesium-fountain devices presently serve as ultimate frequency references and help to define the SI second. The present quandary is: these microwave-based standards are rapidly becoming outmatched by new optical atomic frequency references---by a factor of 1,000 in stability, and perhaps a factor of 100 in accuracy. I will survey the ongoing optical atomic clock projects at NIST and highlight related work in optical time and frequency measurement and transfer.

# Time and frequency metrology at NIST

Jeff A. Sherman  
Time and Frequency Division  
National Institute of Standards and Technology  
Boulder, Colorado, USA

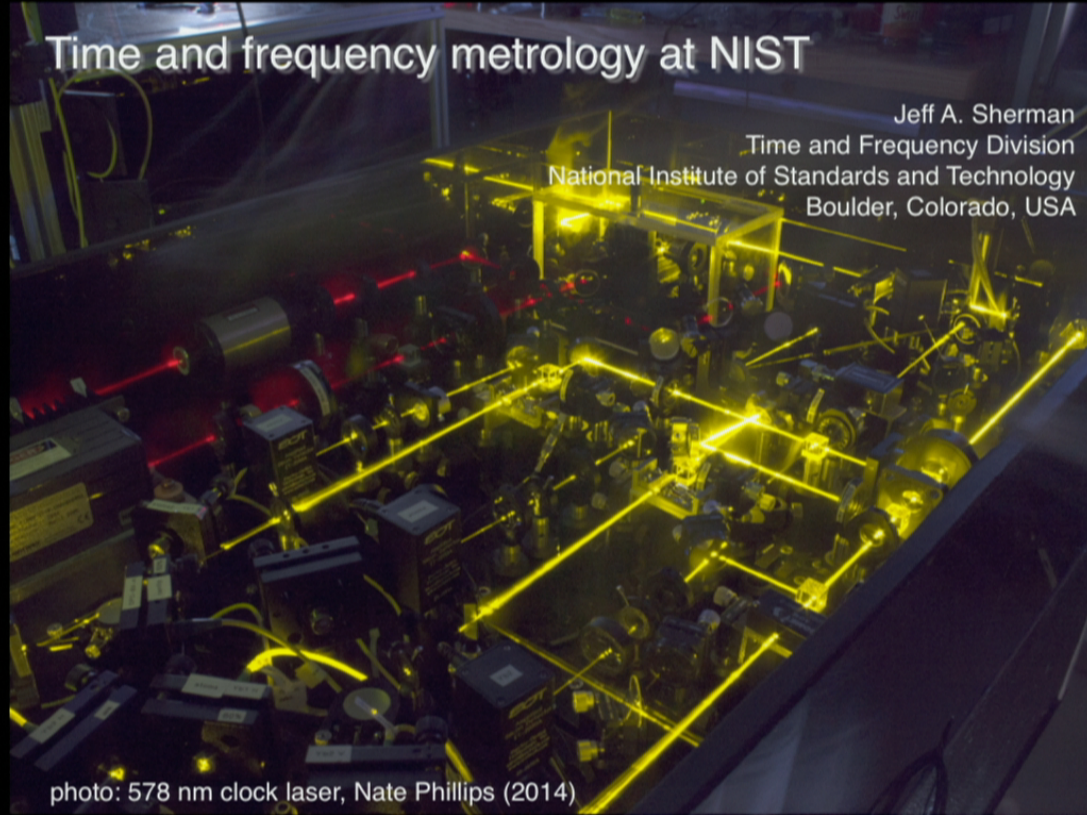


photo: 578 nm clock laser, Nate Phillips (2014)



## Outline

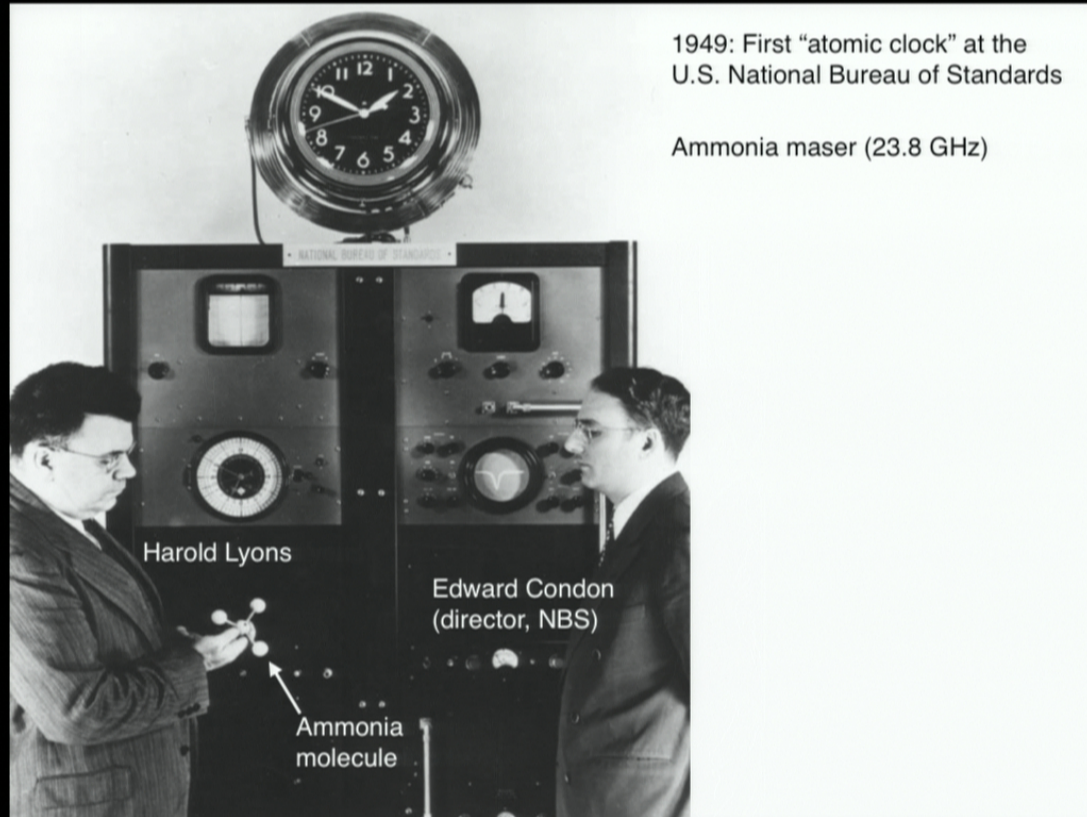
- Atomic clocks as official source of U.S. time and frequency  
one dilemma: optical atomic clocks will surpass the current SI definition of time/frequency.
- Selection of recent progress on optical clockwork

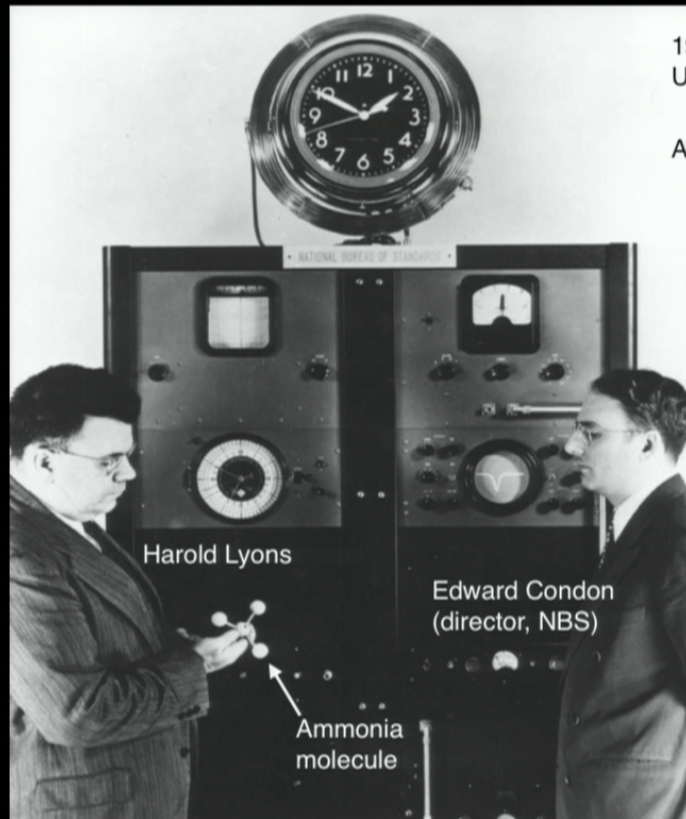


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- Atomic clocks as official source of U.S. time and frequency  
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1949: First "atomic clock" at the U.S. National Bureau of Standards

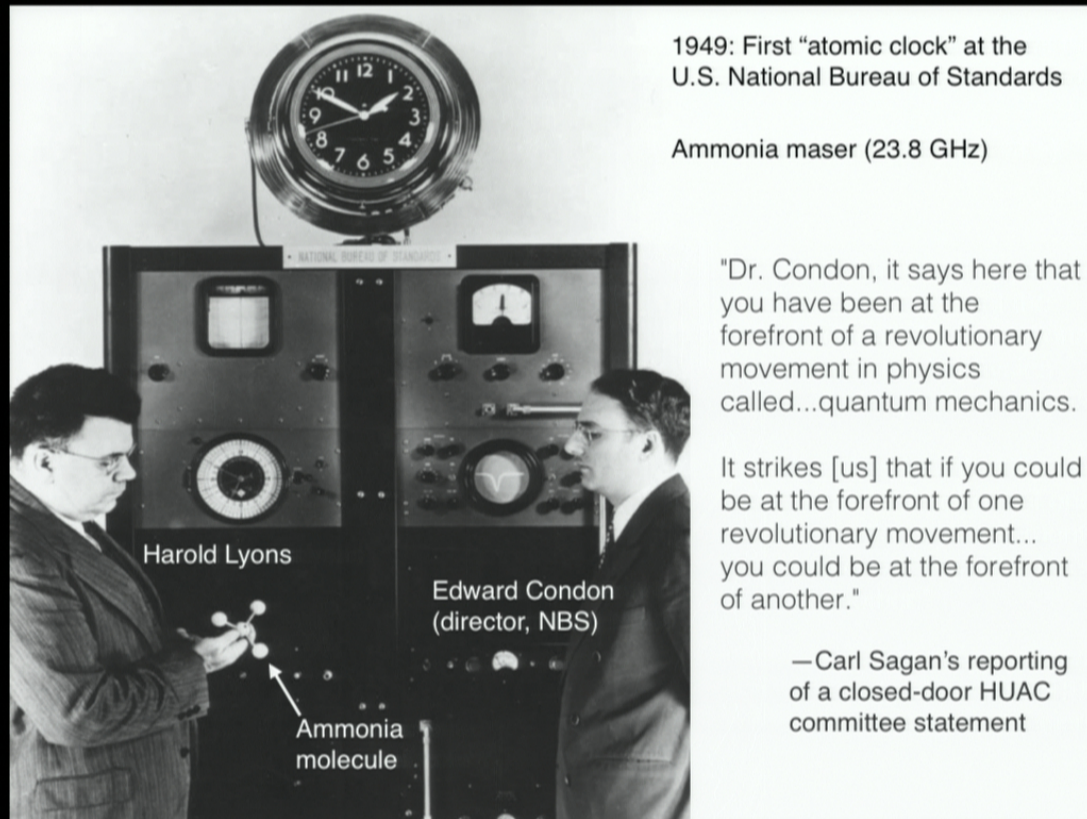
Ammonia maser (23.8 GHz)

"Dr. Condon, it says here that you have been at the forefront of a revolutionary movement in physics called...quantum mechanics.

It strikes [us] that if you could be at the forefront of one revolutionary movement... you could be at the forefront of another."

—Carl Sagan's reporting of a closed-door HUAC committee statement





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Atomic clocks as official source of U.S. time and frequency



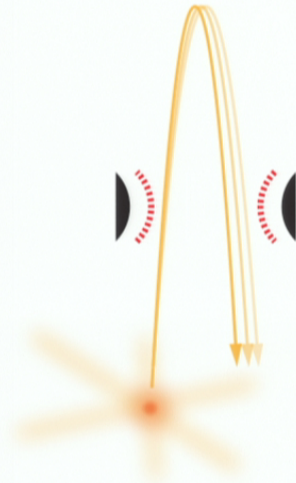
The **second** is the duration of **9 192 631 770 periods** of the radiation corresponding to the transition between two **hyperfine levels of the ground state of the cesium-133 atom...** at rest and at a temperature of 0 K.



Atomic clocks as official source of U.S. time and frequency



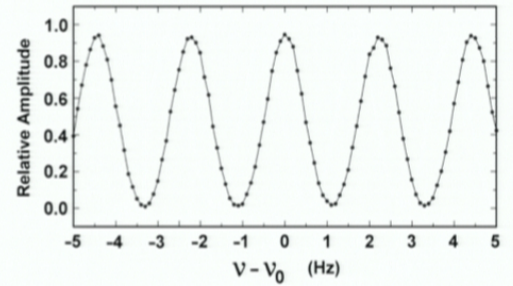
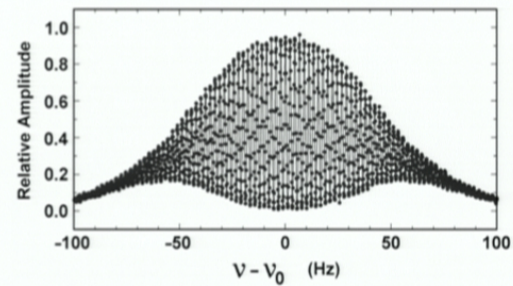
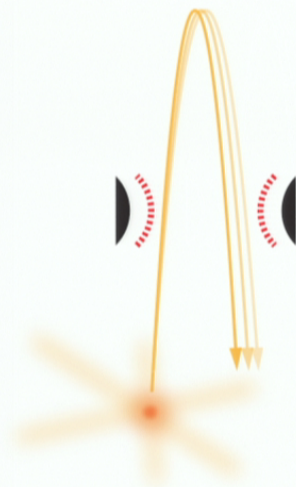
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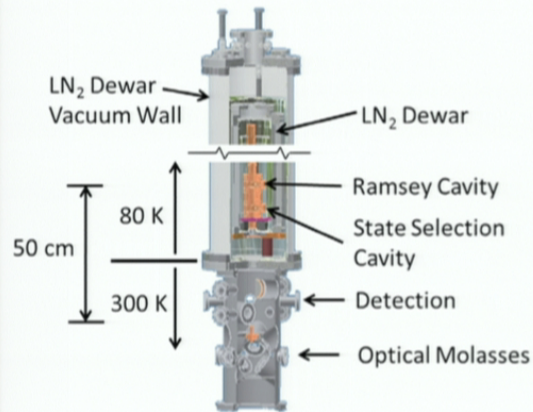
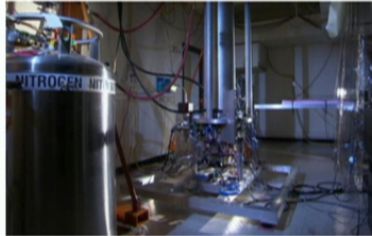
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DB Sullivan, JC Bergquist, JJ Bollinger, et al., *J. Res. NIST* **106**, 47–63 (2011)



April 2014: NIST launches cryogenic Cs-fountain, NIST-F2



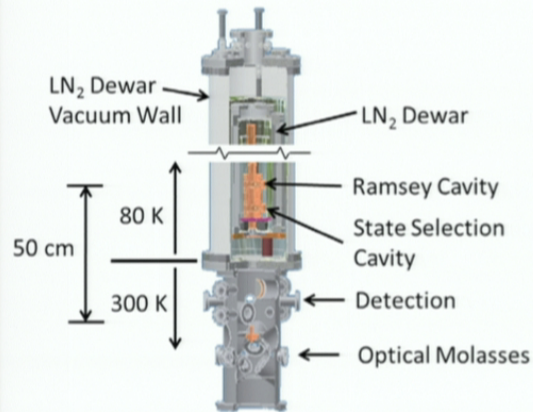
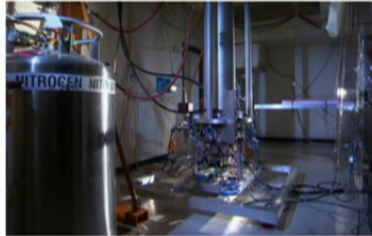
Frequency uncertainty sources (mostly "type B")

Physical effect	$\times 10^{-15}$	
	Magnitude	Uncertainty
Gravitational redshift	+179.87	0.03
Second-order Zeeman	+286.06	0.02
Blackbody radiation	-0.087	0.005
Spin-exchange (low density)	(-0.71) <sup>a</sup>	(0.24) <sup>a</sup>
Spin-exchange non-linearity	0	0.02
<i>Microwave amplitude effects</i>		
Distributed cavity phase shift (DCPS)		
$m = 0$	<0.01	<0.01
$m = 1$	0	0.028
$m = 2$	0	0.02
Microwave power	<0.01	0.08
Microwave spurious	0	0.05
Cavity pulling	0.015	0.015
Rabi pulling	<0.01	<0.01
Ramsey pulling	<0.01	<0.01
Majorana transitions	<0.01	<0.01
Fluorescence light shift	<0.01	<0.01
Dc Stark effect	<0.01	<0.01
Background gas collisions	<0.01	<0.01
Bloch-Siegert	<0.01	<0.01
Integrator offset	<0.01	<0.01
Total type B Standard uncertainty	$0.11 \times 10^{-15}$	

<sup>a</sup> For information purposes only. Not used in the total. See section 3.3 and [16] for details.

TP Heavner, EA Donley, Filippo Levi, et al., *Metrologia* **51**, 174–182 (2014)

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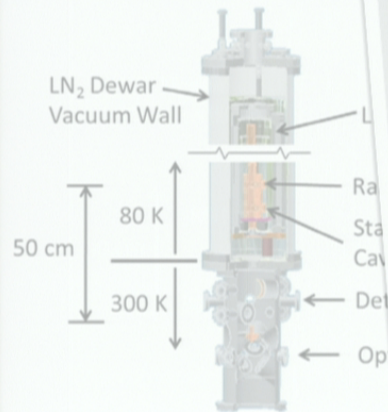
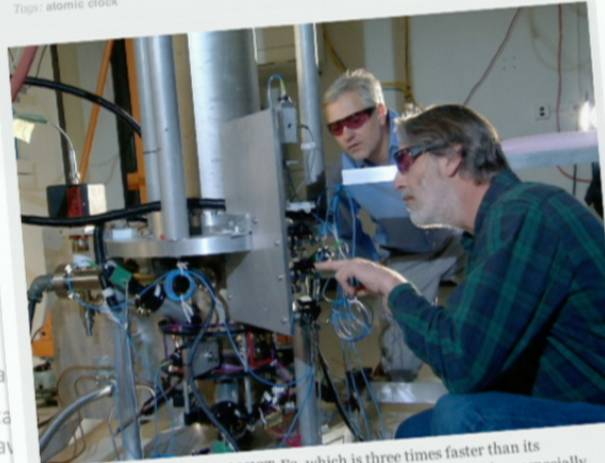
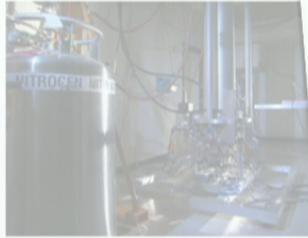
TP Heavner, EA Donley, Filippo Levi, et al., *Metrologia* **51**, 174–182 (2014)



April 2014: NIST launches cryogenic Cs-fountain NIST-F2

### Atomic Clock NIST-F2: So What?

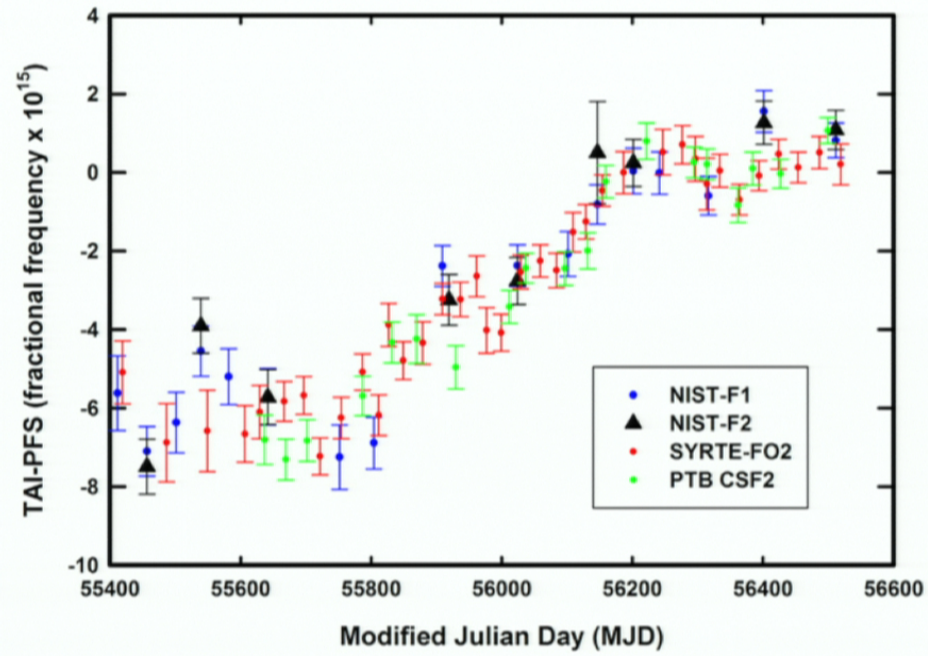
Added by Amit Singh on April 4, 2014  
Saved under Amit Singh, Science  
Tags: atomic clock



The new atomic clock called NIST-F2, which is three times faster than its predecessor NIST-F1, may have many asking the "so what?" question, especially among the non-scientific circles. The answer is in fact, woven into our daily lives and activities, and though it may seem that Time compels us to keep moving forward, always in a hurry, it is in fact us who are obsessed with the performance of this invisible, yet apparently obvious entity.

TP Heavner, EA Donley, Filippo Levi, et al., *Metrologia* 51, 174–182 (2014)

Comparison of the worlds' cesium fountains



TP Heavner, EA Donley, Filippo Levi, et al., *Metrologia* 51, 174–182 (2014)



Commercial atomic clocks are the operational source of official U.S. time.

Commercial cesium beam clocks (x8)



Commercial hydrogen masers (x4)

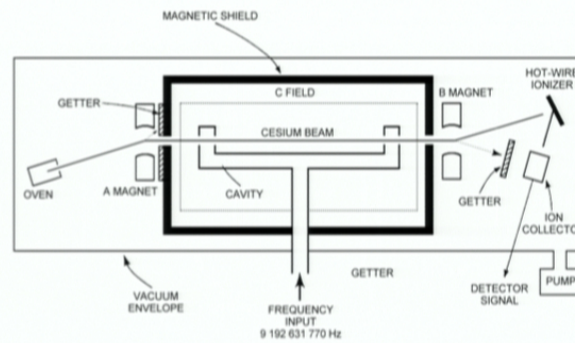


DB Sullivan, JC Bergquist, JJ Bollinger, et al., *J. Res. NIST* **106**, 47–63 (2011)

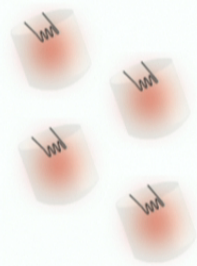
photos: ESA

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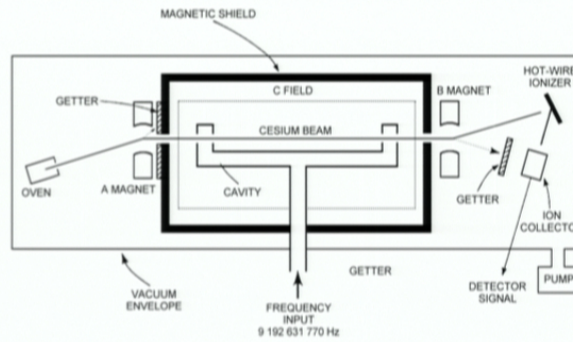
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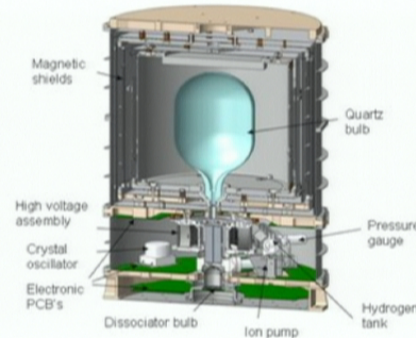
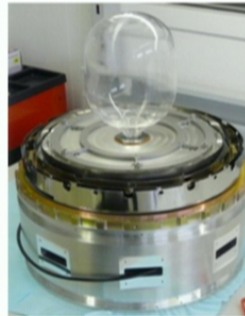


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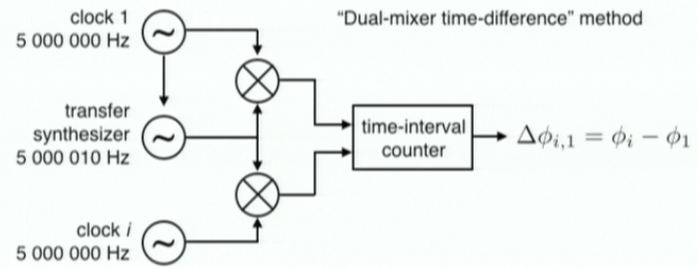
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⋮

Commercial hydrogen masers (x4)





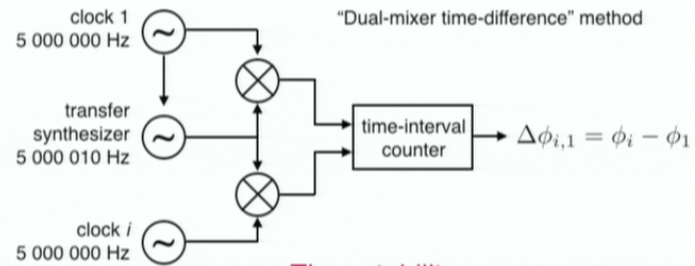
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Commercial cesium beam clocks (x8)

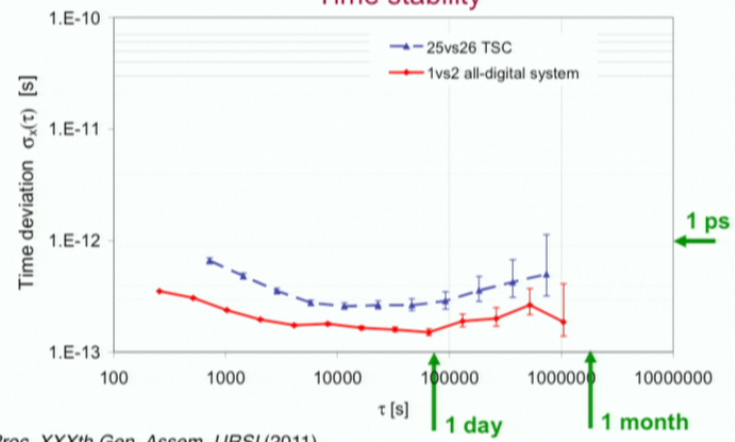


⋮

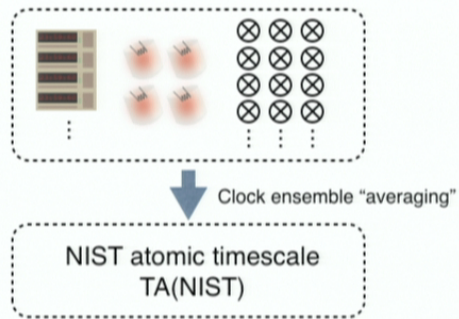
Commercial hydrogen masers (x4)



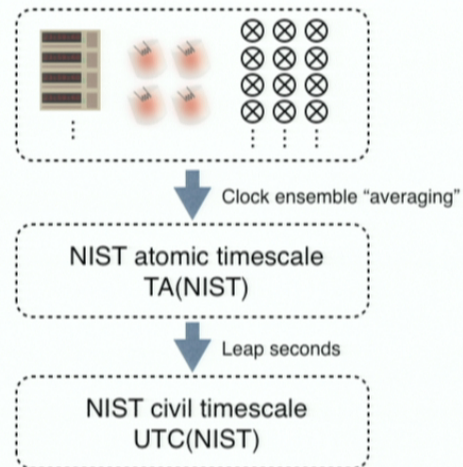
Time stability

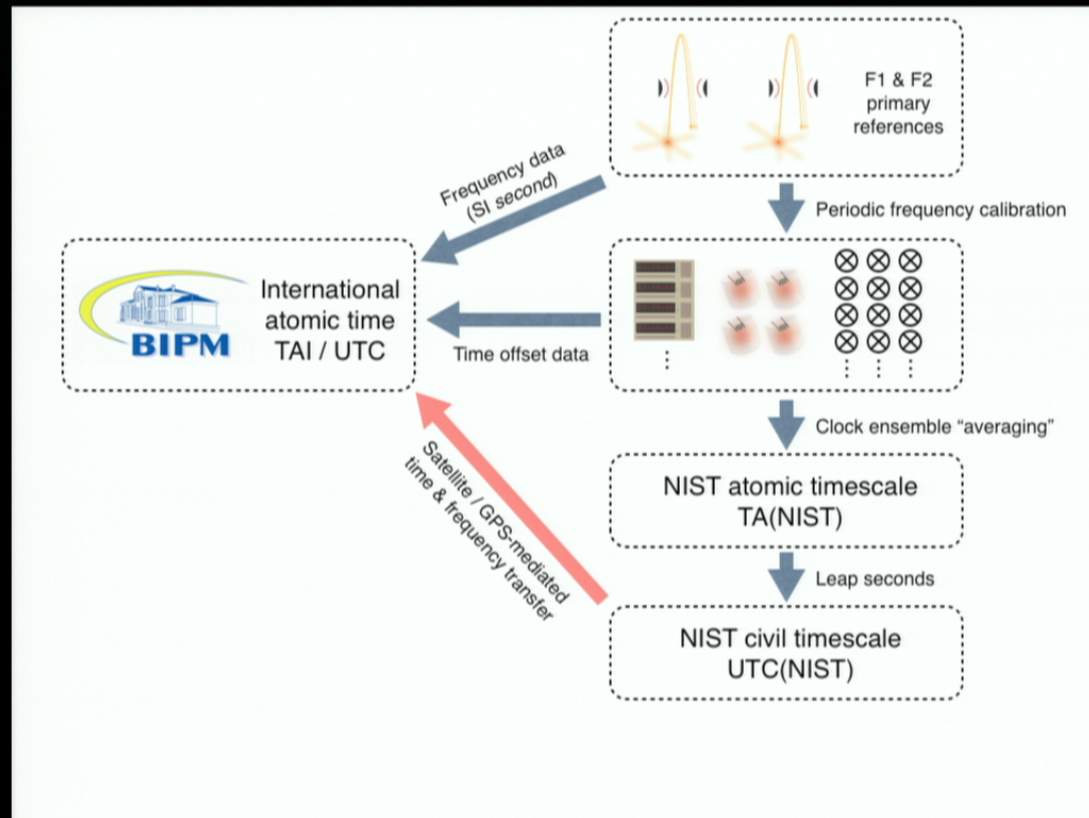


S. Romisch, S.R. Jefferts, T.E. Parker, *Proc. XXXth Gen. Assem. URSI* (2011)

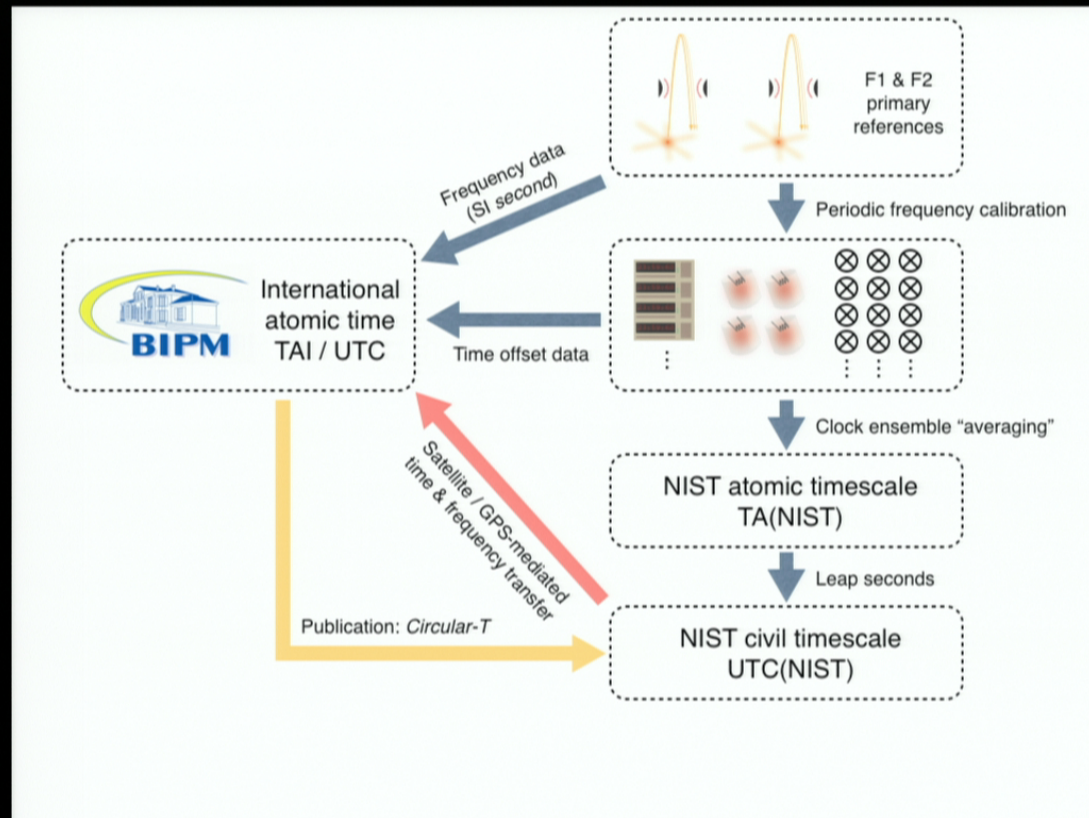


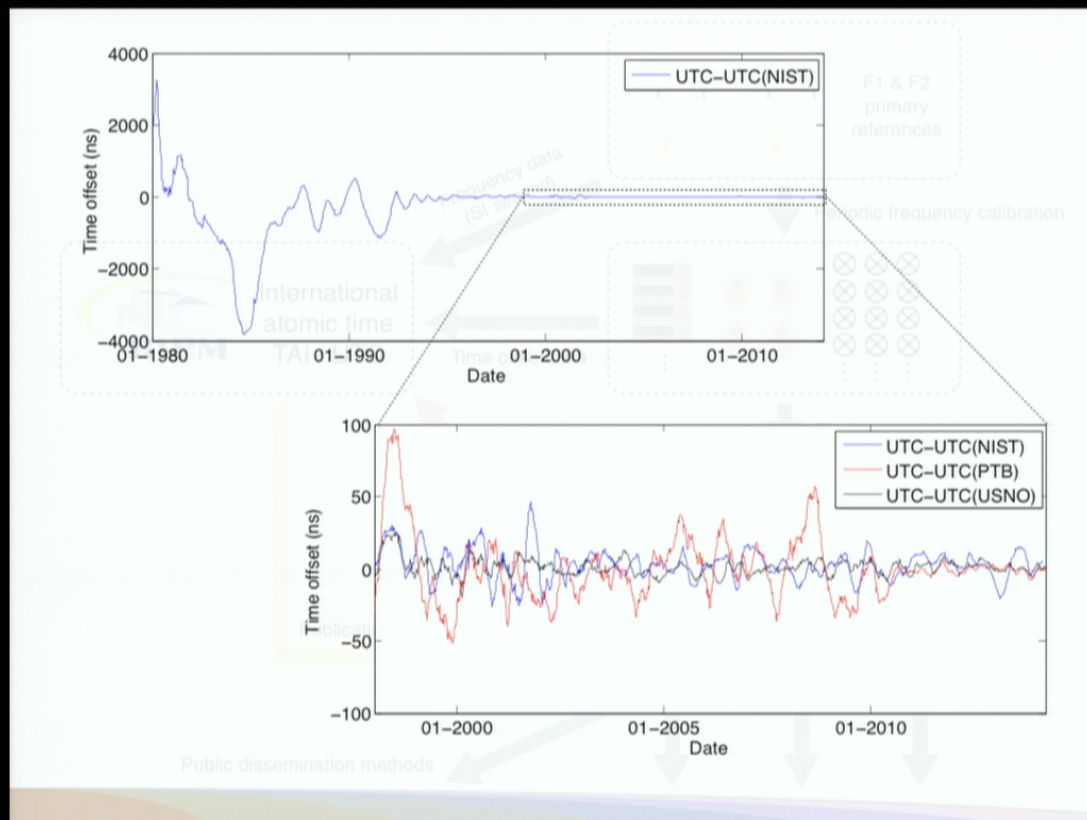














1 second

1 millisecond

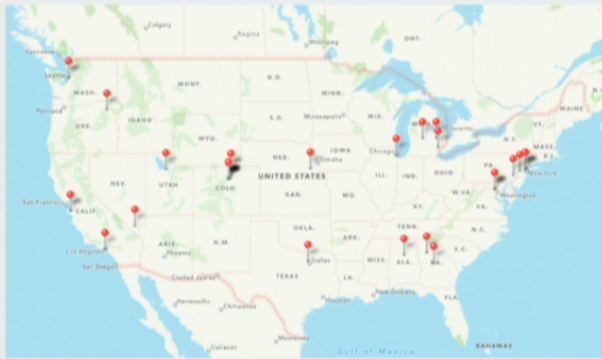
1 microsecond

1 nanosecond

1 picosecond

```
shermanj — bash — 51x11
688jmac:~ shermanj$ telnet time.nist.gov 13
Trying 128.138.141.172...
Connected to ntp1.glb.nist.gov.
Escape character is '^A'.

56820 14-06-12 00:23:16 50 0 0 885.3 UTC(NIST) *
Connection closed by foreign host.
688jmac:~ shermanj$
```



### Internet Time Service

- ~ 9 billion requests / day
- ~ 20 TB traffic / month
- ~ 40 dedicated servers

Few ms accuracy over the public Internet with NTP

Cryptographically signed packet option for users needing authentication

1 second

1 millisecond

1 microsecond

1 nanosecond

1 picosecond



#### **WWV / WWVH**

Radio stations in  
Colorado and Hawaii

Power: 10 kW

2.5 MHz, 5 MHz, 10 MHz

15 MHz, 20 MHz

#### **WWVB**

Ft. Collins, Colorado

Power: 75 kW

60 kHz (5 km wavelength!)

#### **Main limitations**

1 ms delay / 300 km

Day/night signal variation



1 second

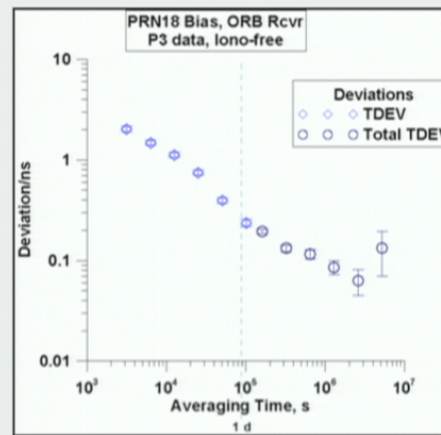
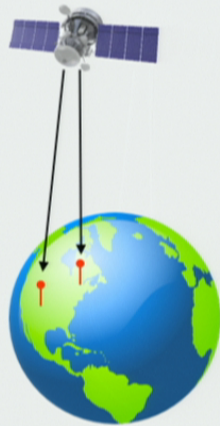
1 millisecond

1 microsecond

1 nanosecond

1 picosecond

### GPS common view & "carrier-phase" techniques



MA Weiss, G Petit, Z Jiang, *Proc. IEEE Freq. Control Symp.* (2005)

1 second

1 millisecond

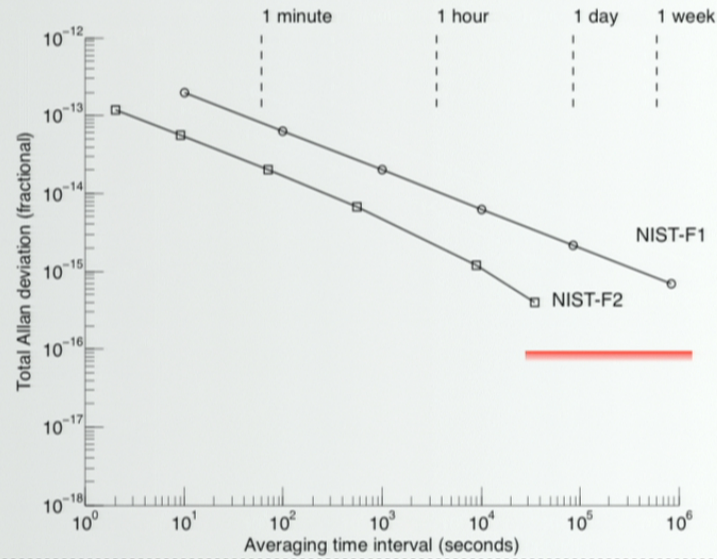
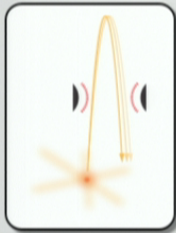
1 microsecond

1 nanosecond

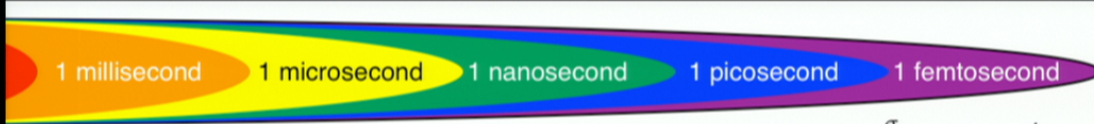
1 picosecond

$$\frac{\sigma_\nu}{\nu} \rightarrow 10^{-16}$$

### Primary references & the timescale



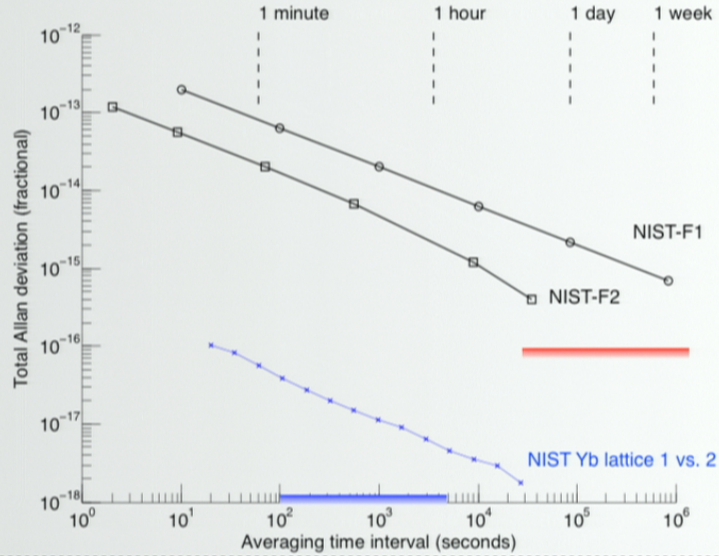
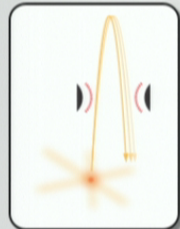


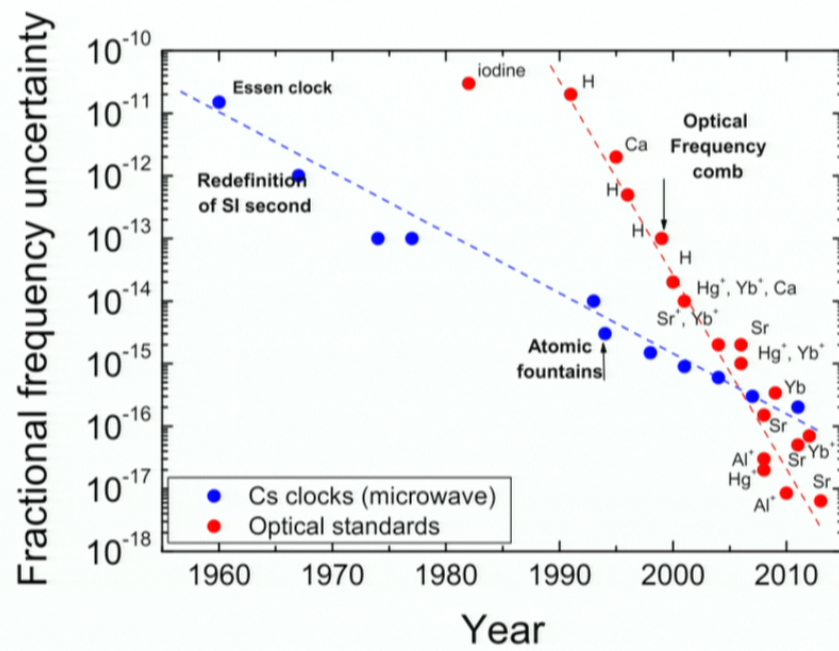


$$\frac{\sigma_\nu}{\nu} \rightarrow 10^{-16}$$

$$\frac{\sigma_\nu}{\nu} \rightarrow 10^{-18}$$

**Primary references & the timescale**





N Poli, CW Oates, P Gill, GM Tino, "Optical atomic clocks", *Riv. Nuovo Cimento* **36**, 555-624 (2013)



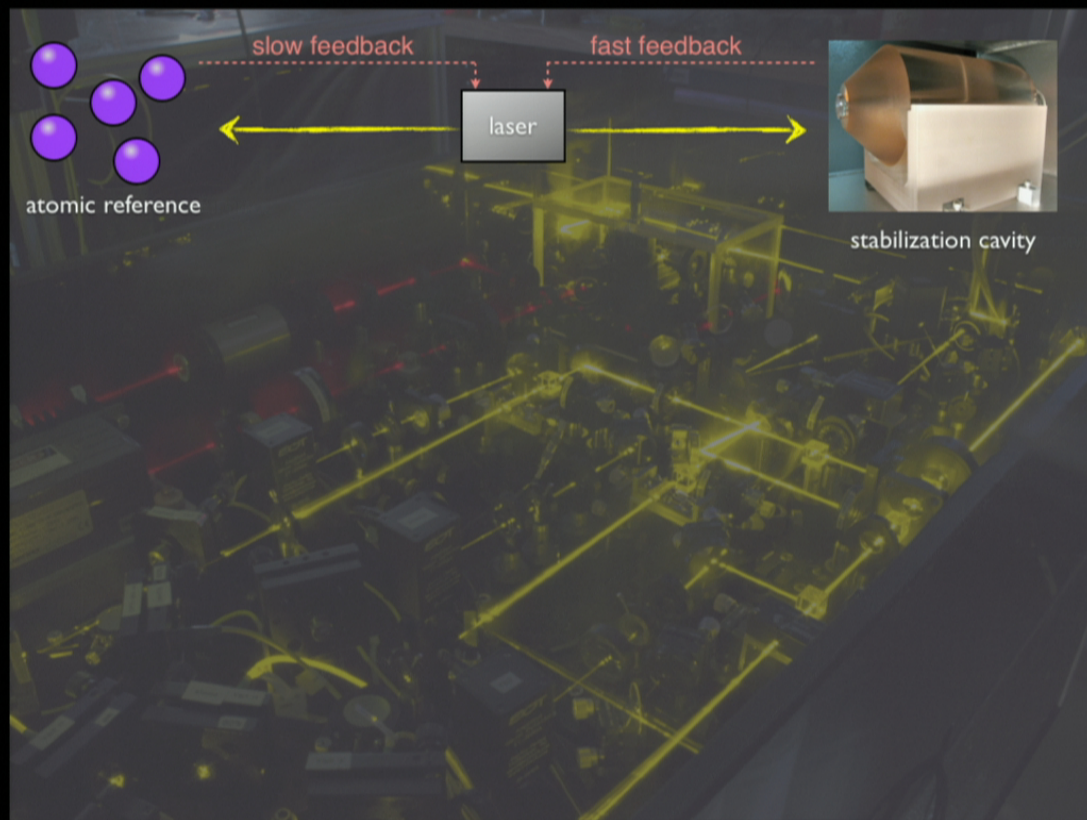
... meanwhile, **almost everything else** in life is getting **exponentially worse** with time.

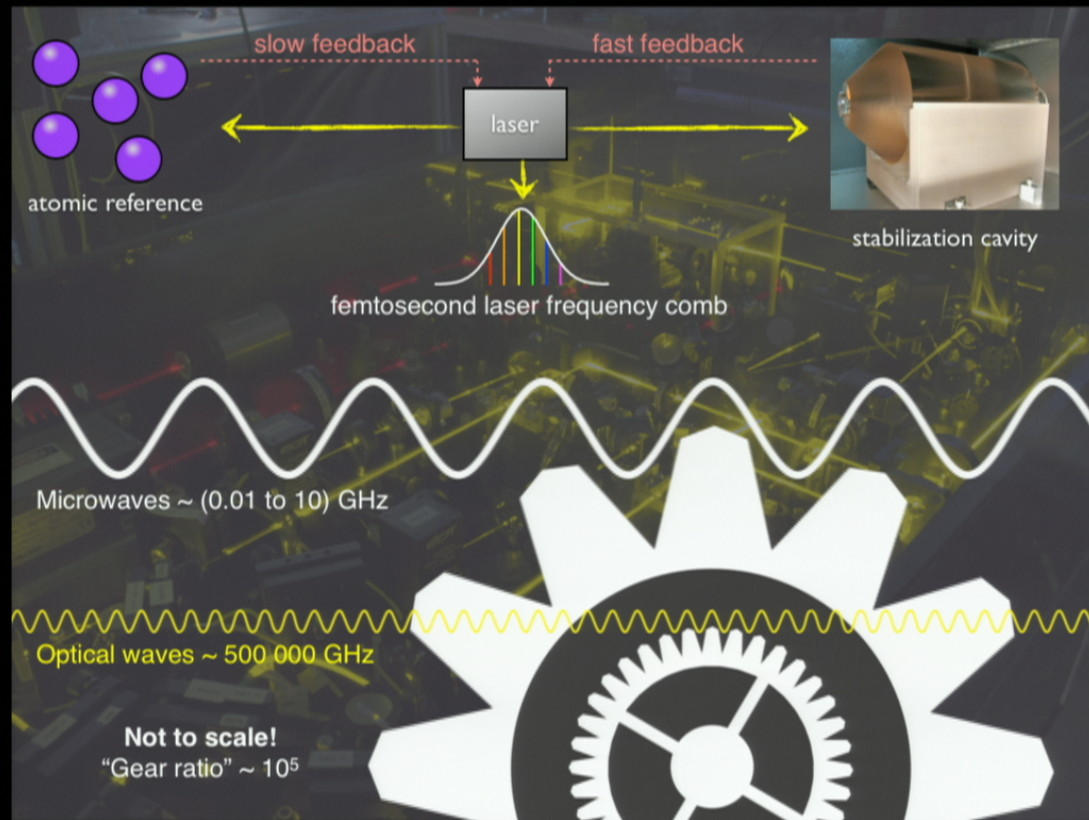


probably by Rob Beschizza (boingboing.net)

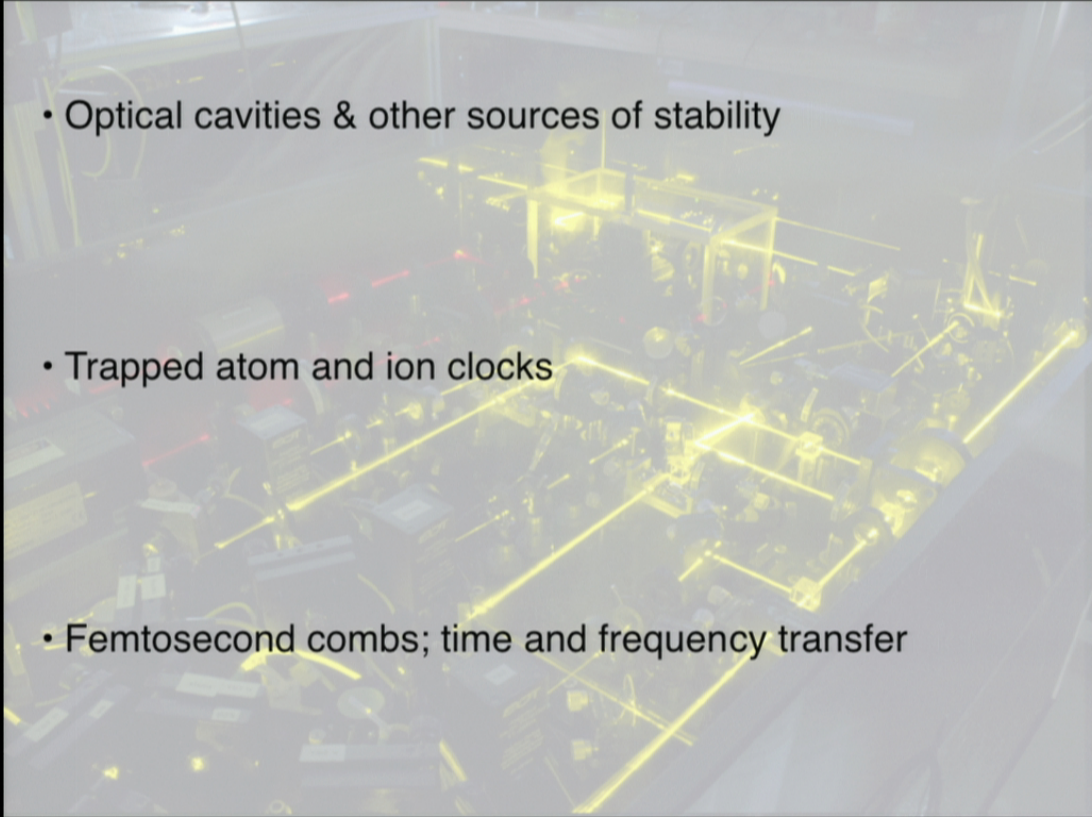




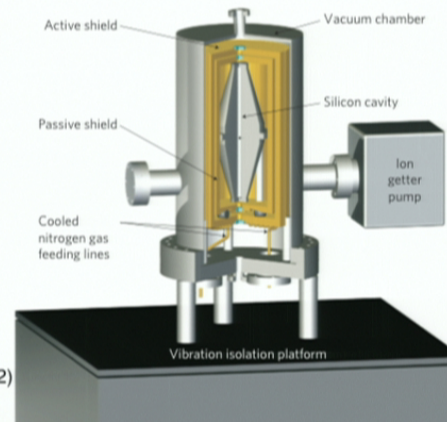
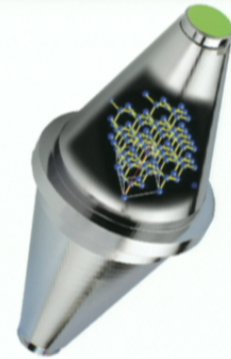
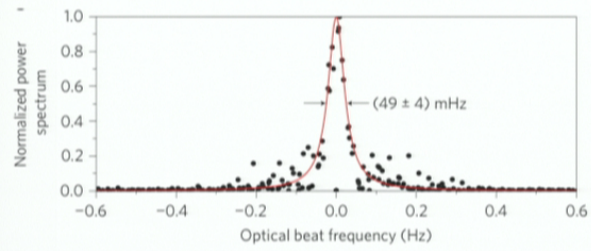






- 
- Optical cavities & other sources of stability
  - Trapped atom and ion clocks
  - Femtosecond combs; time and frequency transfer

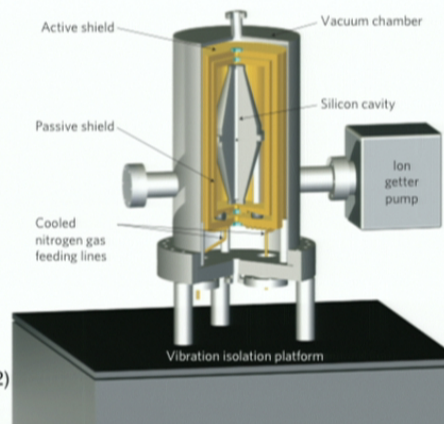
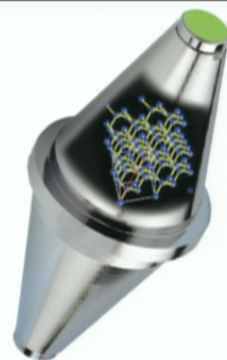
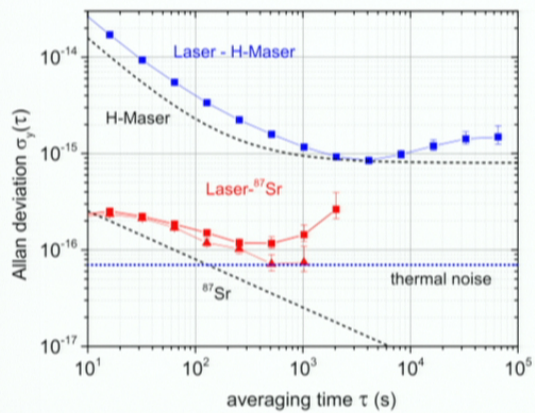
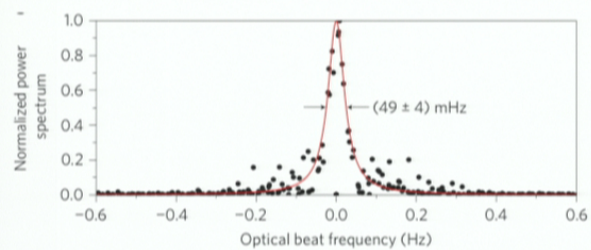
### State of the art in cavities



T Kessler, C Hagemann, C Grebing, et al., *Nature Photonics* **6**, 687 (2012)  
C Hagemann, C Grebing, C Lisdat, et al., [arXiv:1405.1759](https://arxiv.org/abs/1405.1759) (2014)

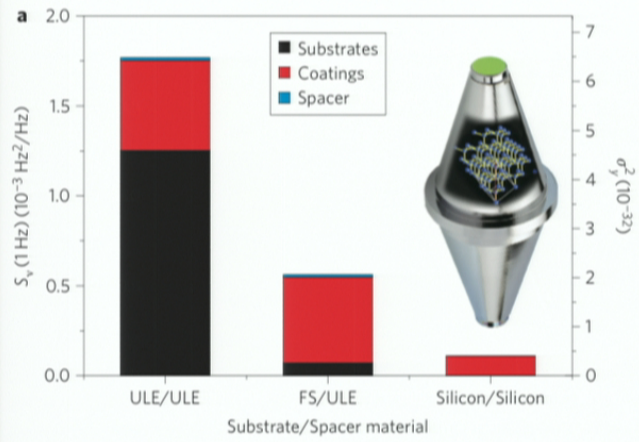


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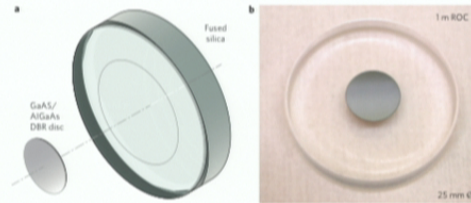
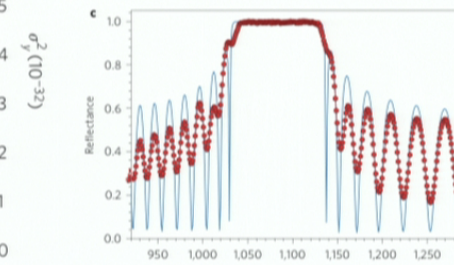
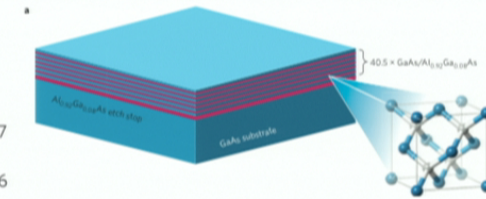
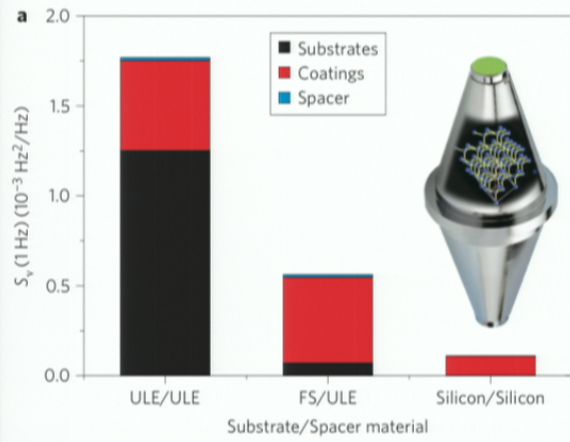
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GD Cole, W Zhang, M Martin, et al., *Nature Photonics* **7**, 644 (2013)

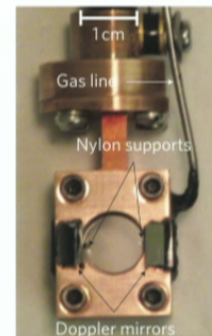
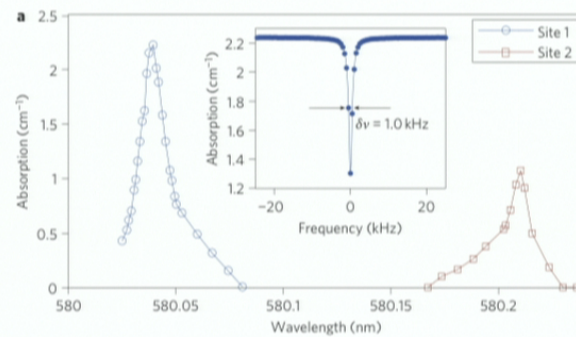


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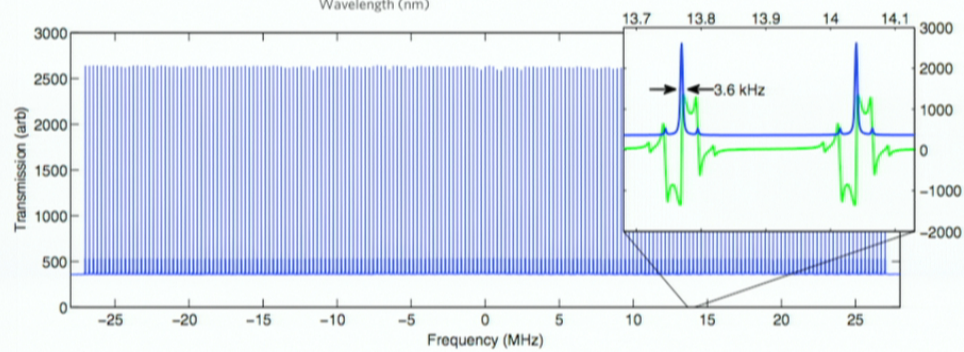
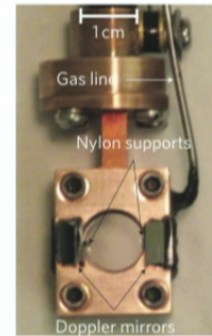
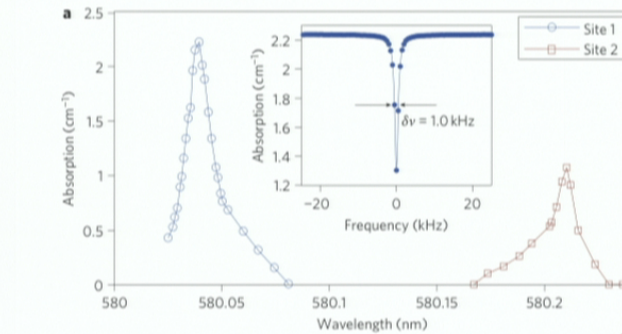
### Laser stabilization to spectral holes in $\text{Eu}^{3+}:\text{Y}_2\text{SiO}_5$



MJ Thorpe, L Rippe, TM Fortier, et al., *Nature Photonics* **5**(11), 688 (2011)  
DR Leibrandt, MJ Thorpe, CW Chou, et al., *PRL* **111**, 237402 (2013)

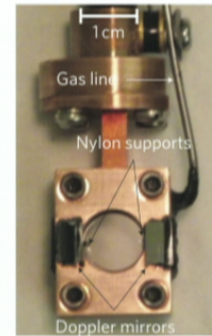
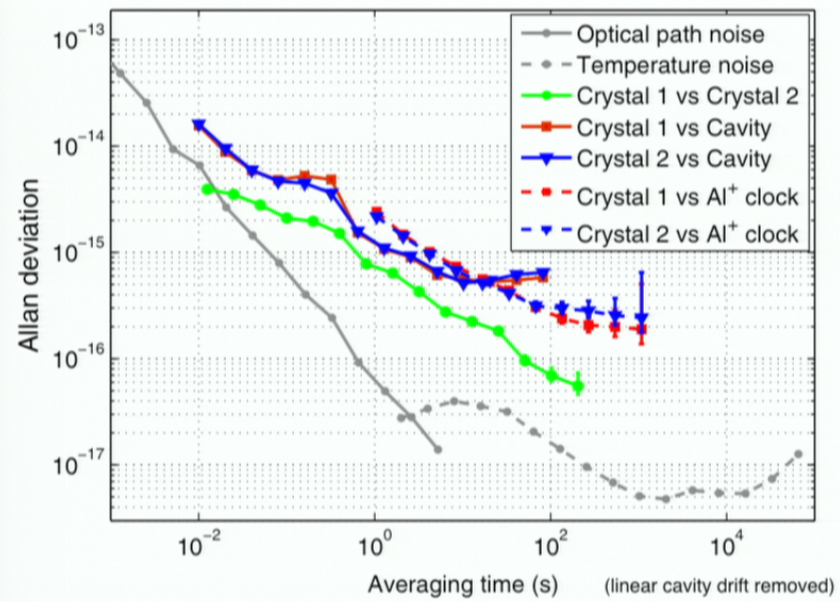


### Laser stabilization to spectral holes in $\text{Eu}^{3+}:\text{Y}_2\text{SiO}_5$



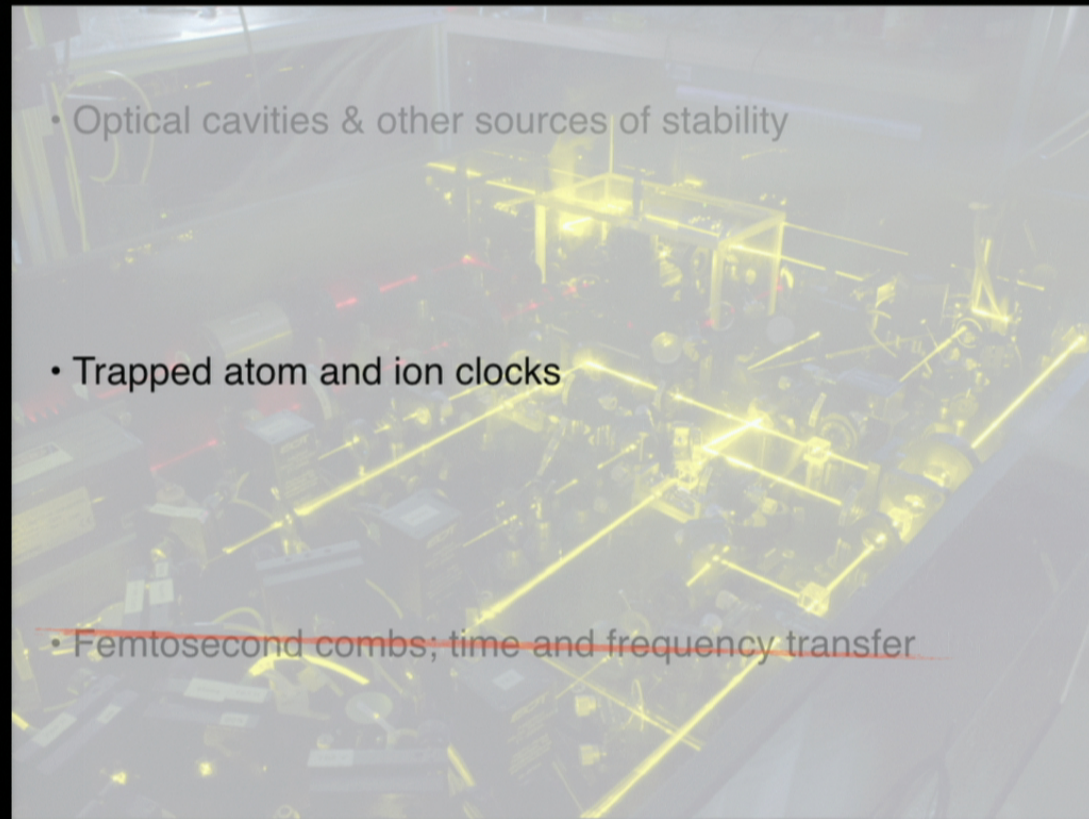
MJ Thorpe, L Rippe, TM Fortier, et al., *Nature Photonics* **5**(11), 688 (2011)  
DR Leibrandt, MJ Thorpe, CW Chou, et al., *PRL* **111**, 237402 (2013)

### Laser stabilization to spectral holes in $\text{Eu}^{3+}:\text{Y}_2\text{SiO}_5$

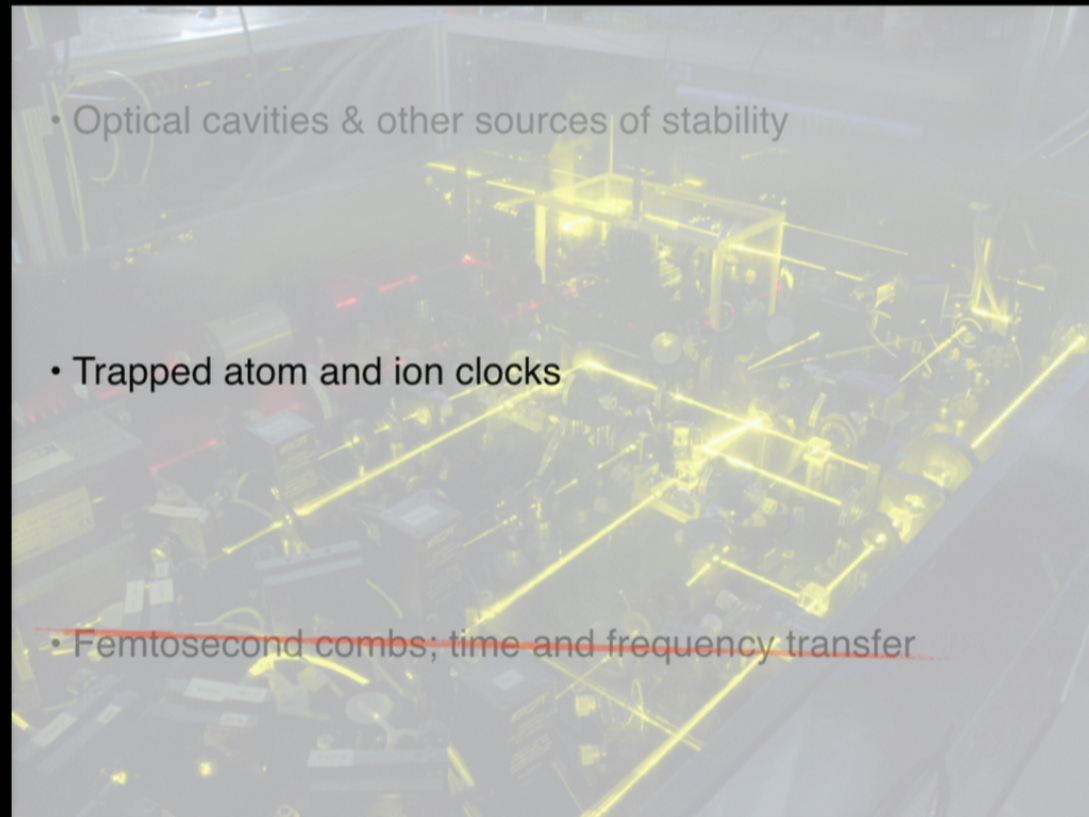


MJ Thorpe, L Rippe, TM Fortier, et al., *Nature Photonics* 5(11), 688 (2011)  
DR Leibrandt, MJ Thorpe, CW Chou, et al., *PRL* 111, 237402 (2013)



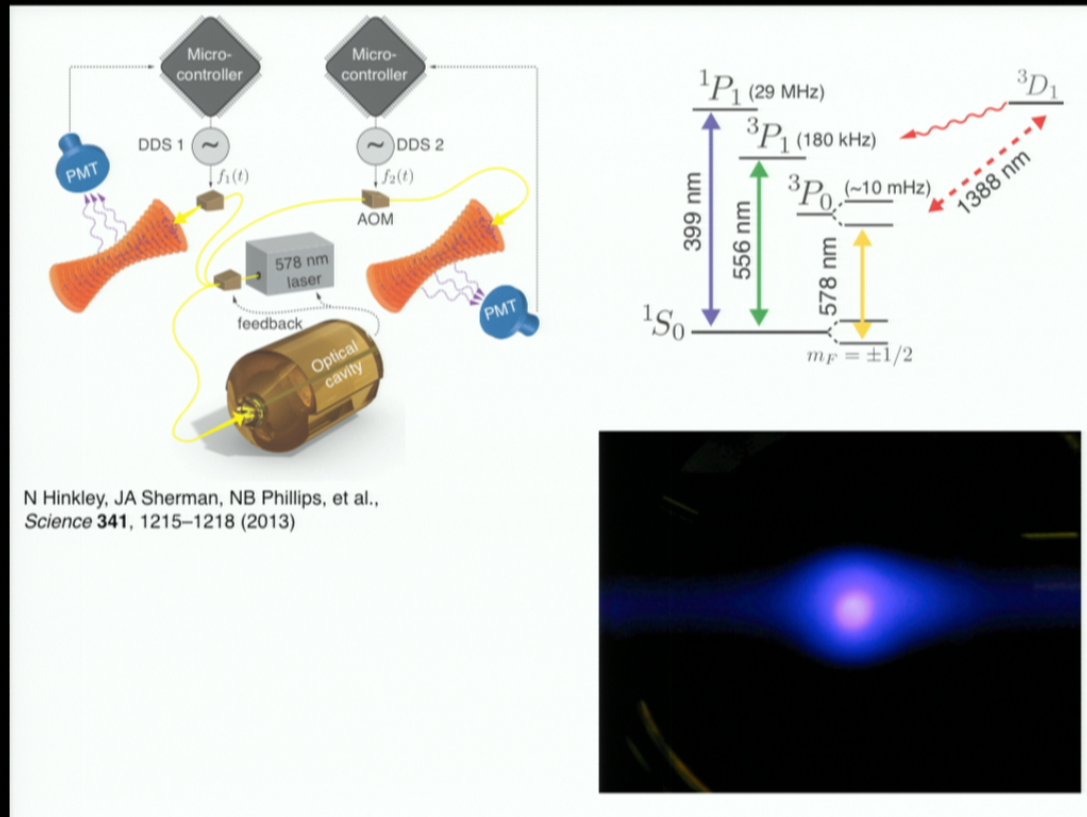


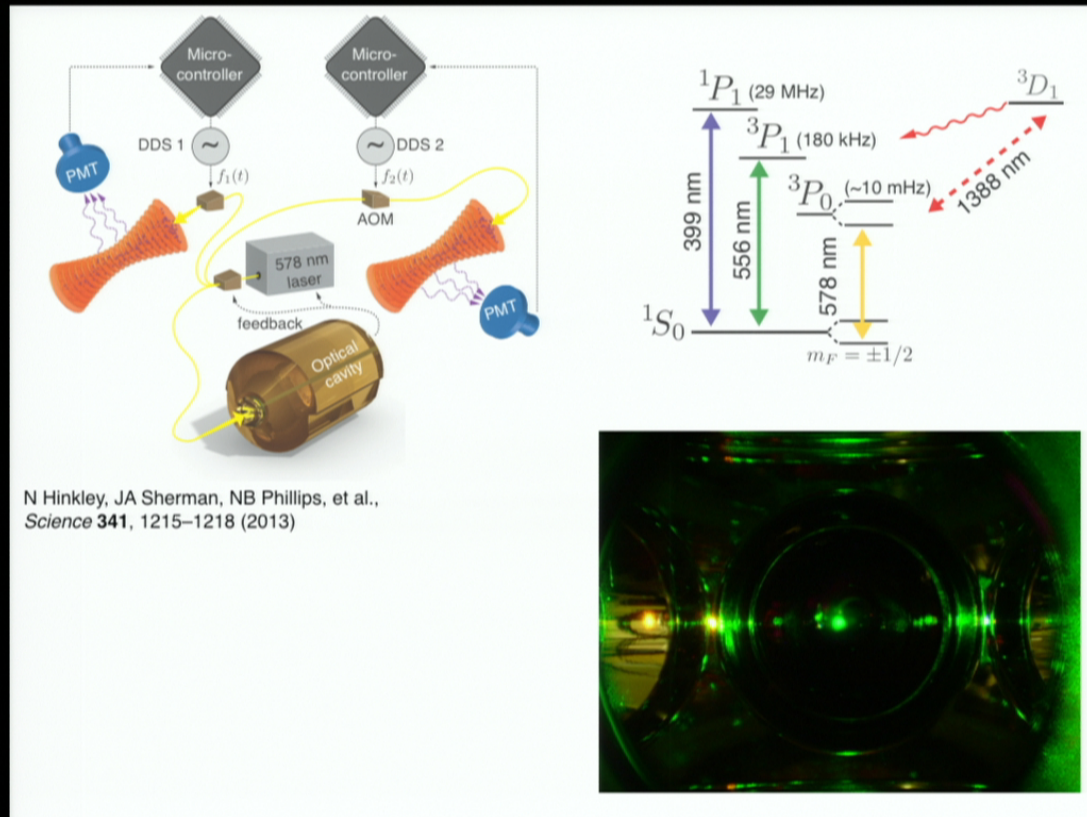
- Optical cavities & other sources of stability
- Trapped atom and ion clocks
- ~~Femtosecond combs; time and frequency transfer~~



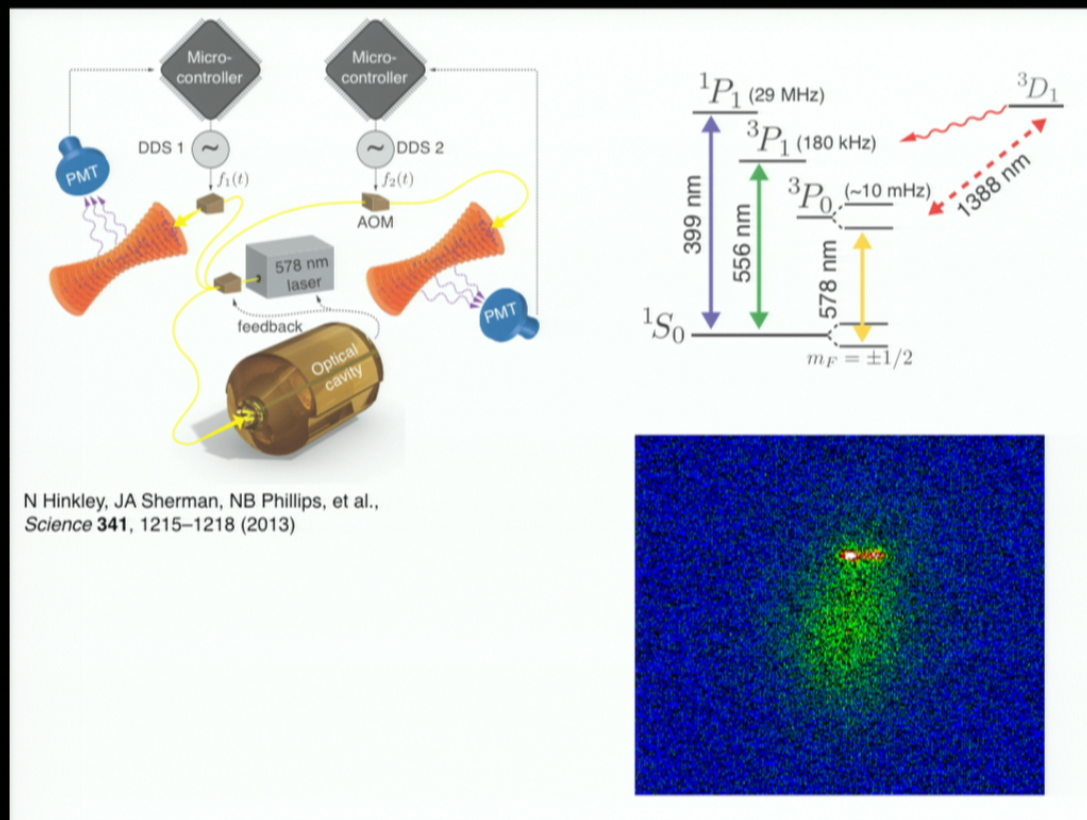
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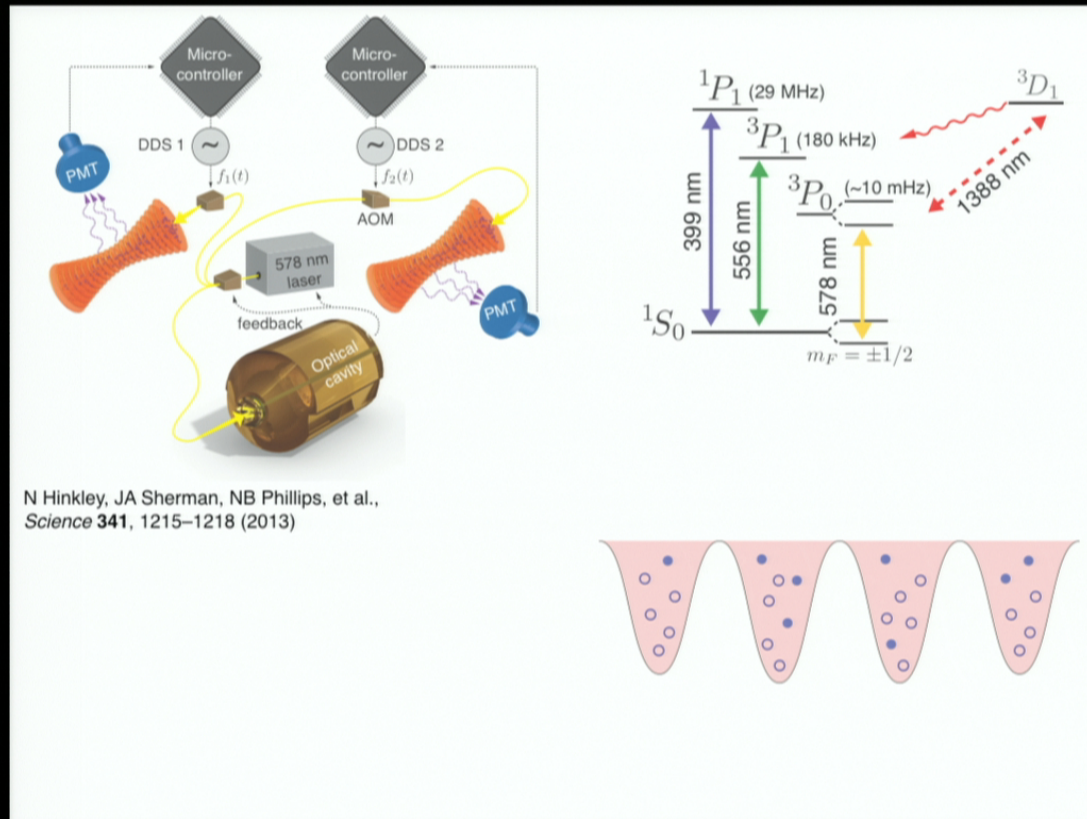




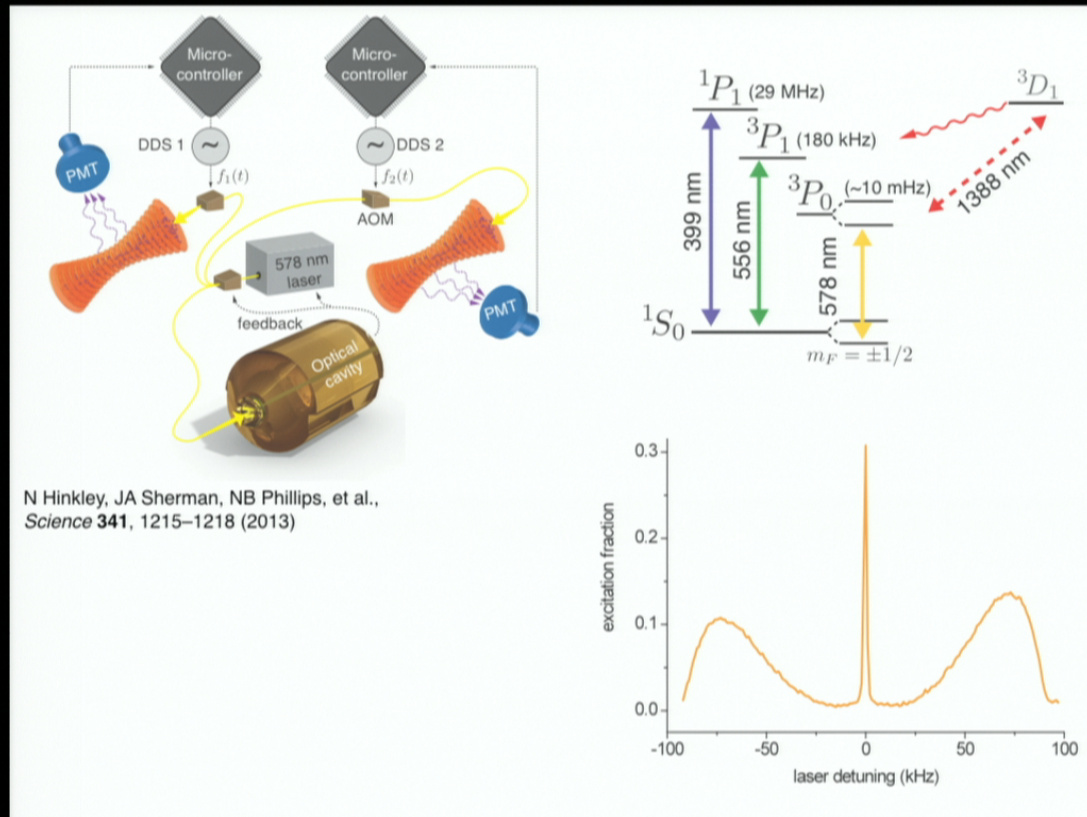


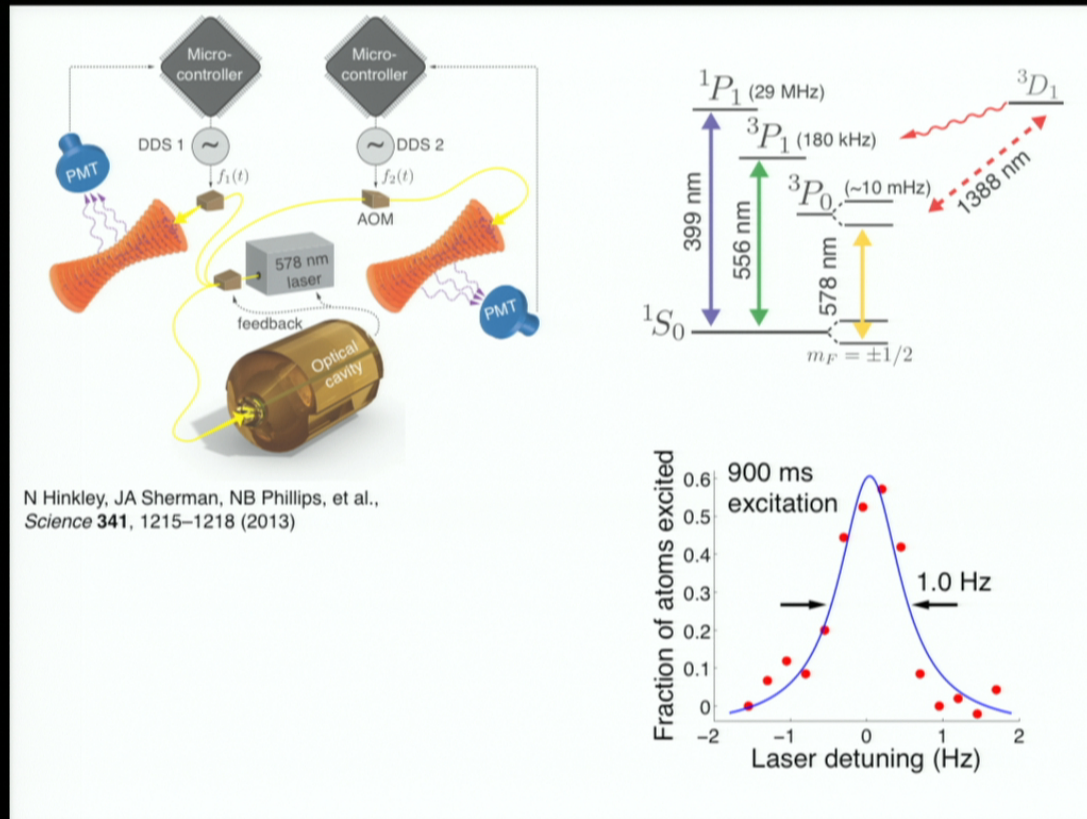


N Hinkley, JA Sherman, NB Phillips, et al.,  
*Science* **341**, 1215–1218 (2013)

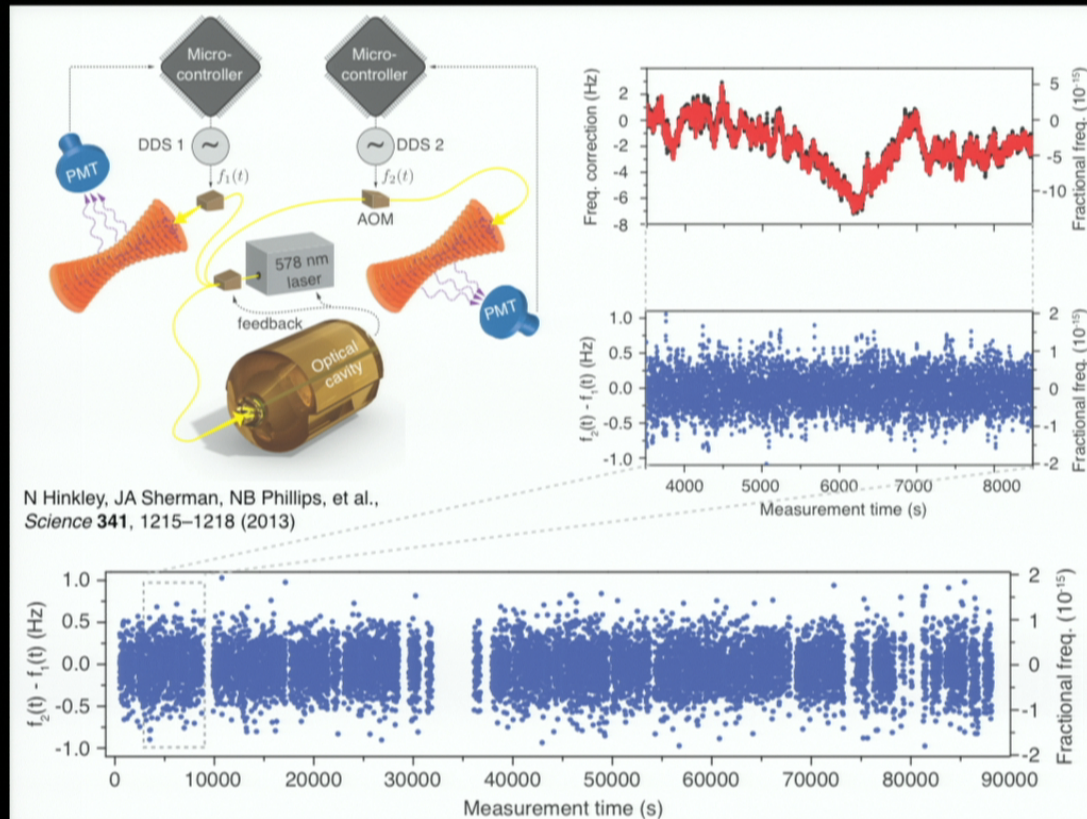


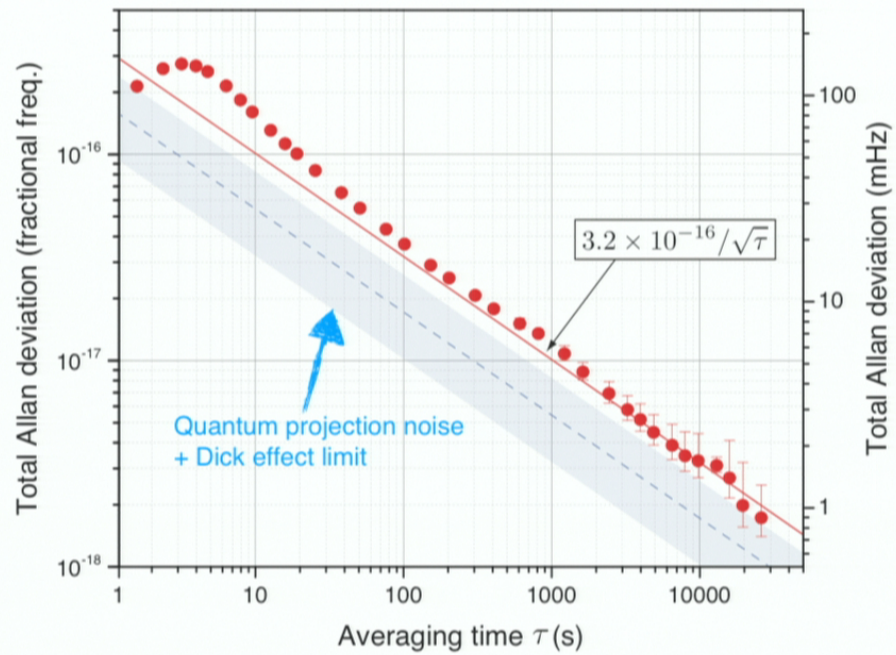






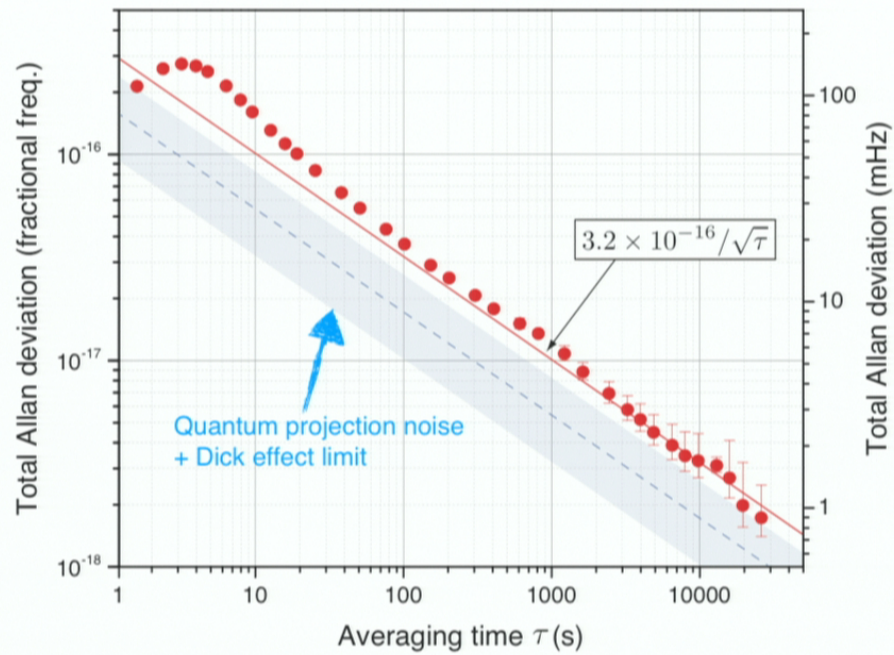




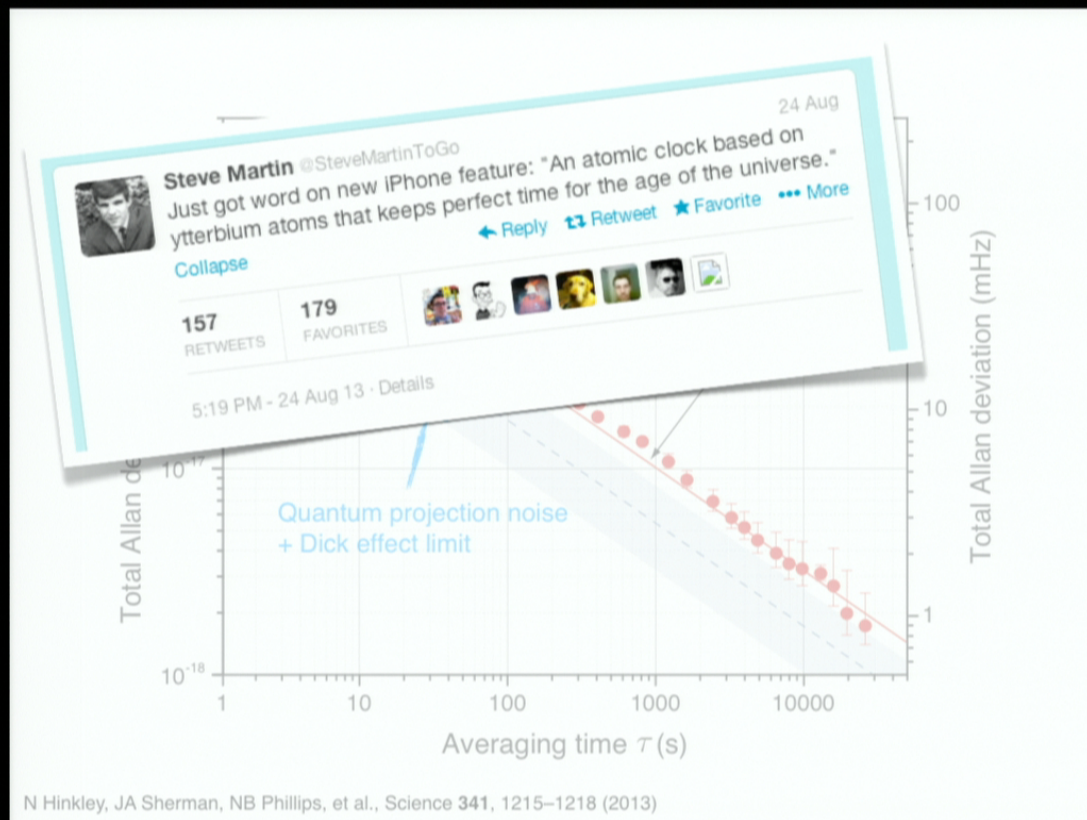


N Hinkley, JA Sherman, NB Phillips, et al., *Science* **341**, 1215–1218 (2013)

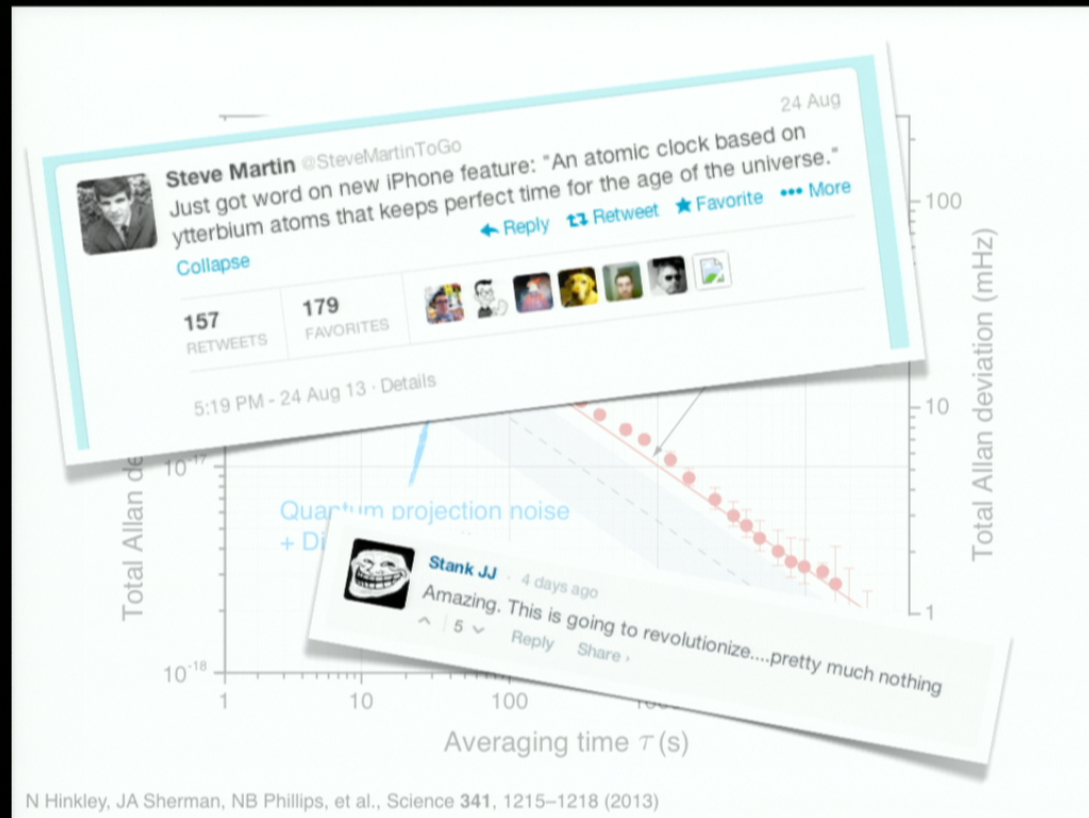




N Hinkley, JA Sherman, NB Phillips, et al., *Science* **341**, 1215–1218 (2013)

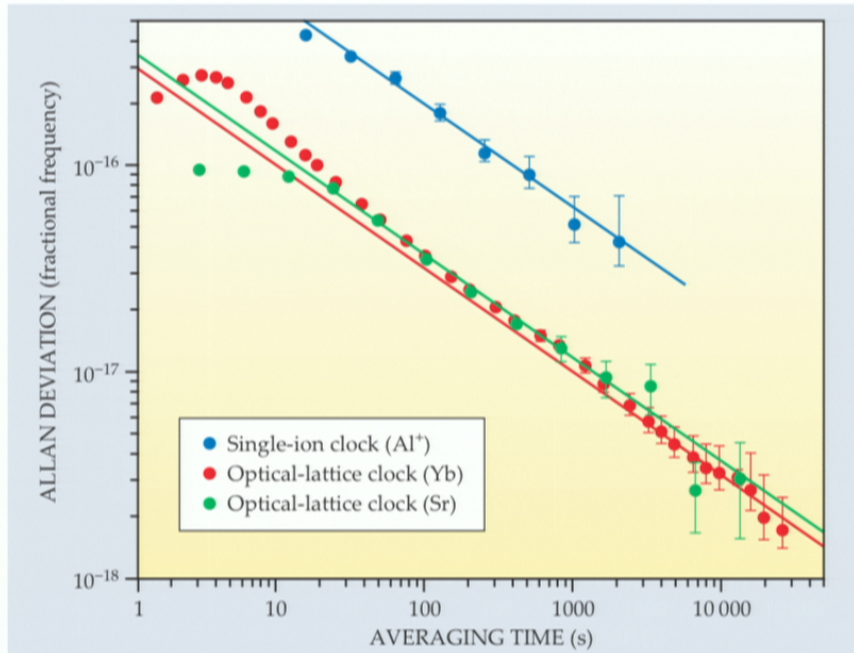






N Hinkley, JA Sherman, NB Phillips, et al., Science 341, 1215–1218 (2013)

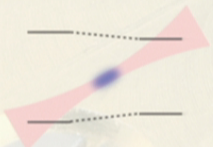

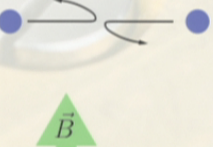
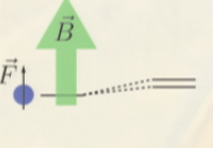
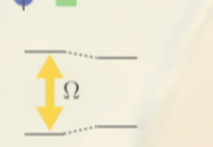

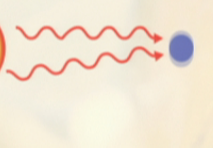
$$\sigma(\tau) \propto \frac{\Delta\nu}{\nu} \frac{1}{\sqrt{N_{\text{atoms}}}} \sqrt{\frac{T_{\text{meas}}}{\tau}}$$



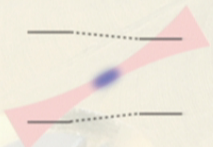

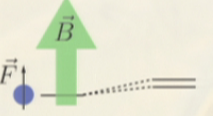


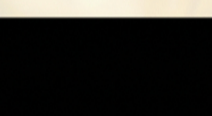

A Smart, *Physics Today* **67**(3), 12 (2014)



Adapted from Lemke *et al.*,  
*PRL* **103**, 063001 (2009)

	Dominant systematic shifts	Correction ( $\times 10^{-17}$ )	Uncertainty ( $\times 10^{-17}$ )
	Lattice polarizability & M1-E2 interference	4	2
	Hyper-polarizability	33	7
	Collisions ("density shift")	-161	8
	Uncanceled linear Zeeman (and line-centering)	4	4
	Quadratic Zeeman	-17	1
	Light shift: probe	0.5	2
	Blackbody radiation	-250	25
<b>Total (2009 evaluation)</b>			<b>34</b>





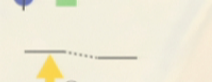
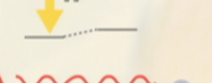

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N.D. Lemke *et al.*, *PRL* **107** 103902 (2011)  
A.D. Ludlow *et al.*, *PRA* **84** 052724 (2011)



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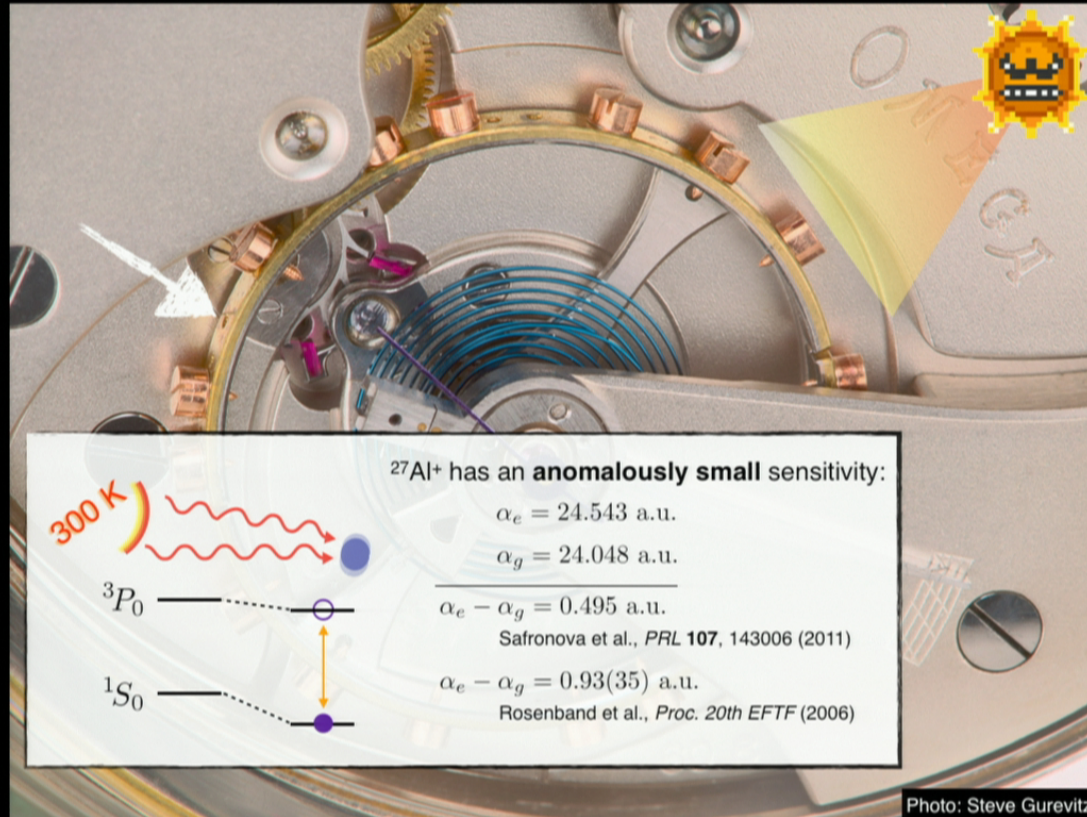
N.D. Lemke *et al.*, *PRL* **107** 103902 (2011)  
A.D. Ludlow *et al.*, *PRA* **84** 052724 (2011)



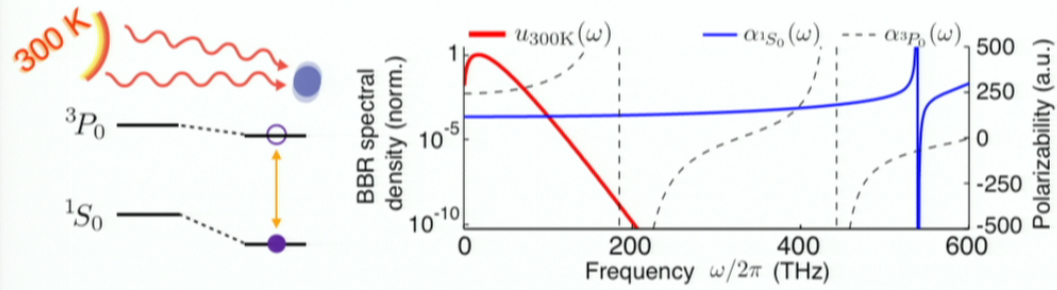


Photo: Steve Gurevitz





Ytterbium: no such temperature compensating "bi-metallic strip"



$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} \left( \alpha_e^{(0)} - \alpha_g^{(0)} \right) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$



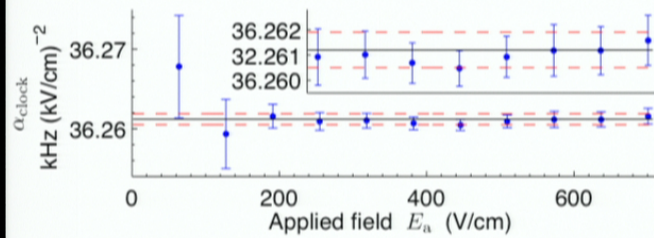
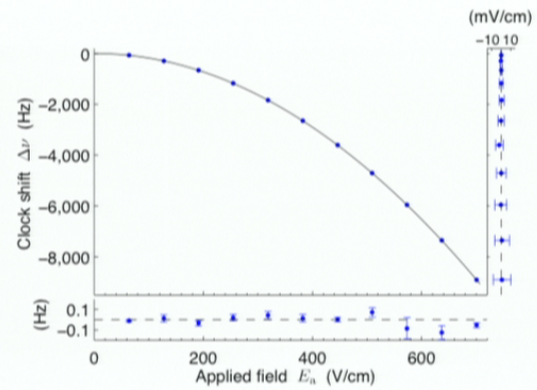
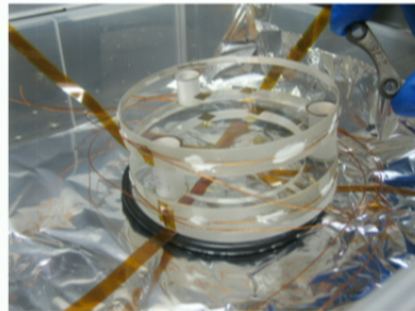
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Clock's static polarizability

JA Sherman, ND Lemke, N Hinkley, et al., *PRL* **108**(15), 153002 (2012)  
T Middelmann, S Falke, C Lisdat, et al., *PRL* **109**(26), 236004 (2012)

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Clock's static polarizability



$$\Delta\nu_{\text{Stark}} = -\frac{1}{2} \alpha_{\text{clock}} E_a^2$$

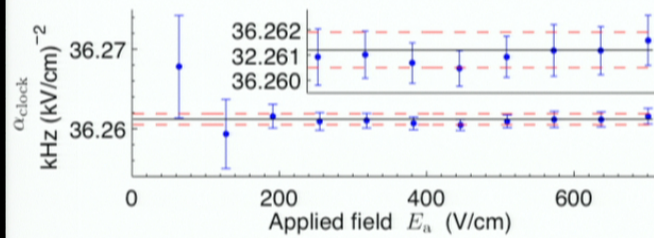
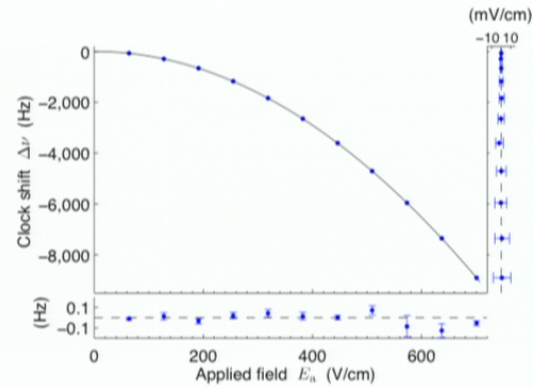
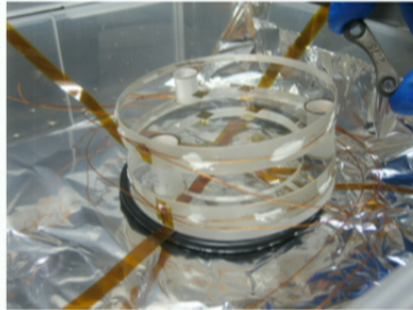
36.2612(7) kHz (V/cm)<sup>-2</sup>  
 19 ppm total uncertainty!

JA Sherman, ND Lemke, N Hinkley, et al., *PRL* **108**(15), 153002 (2012)



$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} \left( \alpha_e^{(0)} - \alpha_g^{(0)} \right) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$

Clock's static polarizability



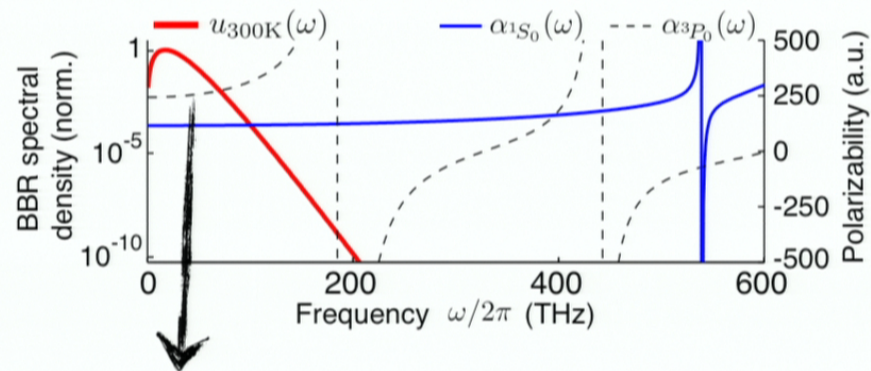
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$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} (\alpha_e^{(0)} - \alpha_g^{(0)}) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$

Clock's "dynamic polarizability"



Frequency dependence almost totally determined by one dipole matrix element:

$$\mathcal{D} \equiv |\langle 5d6s^3D_1 || \mathbf{D} || 6s6p^3P_0 \rangle|$$

K Beloy, JA Sherman, ND Lemke, et al., *PRA* **86**(5), 051404 (2012)

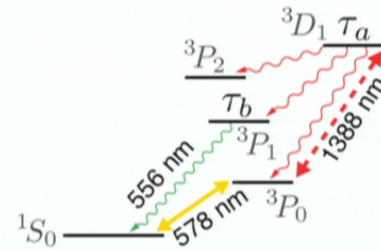


Let's measure the matrix element...

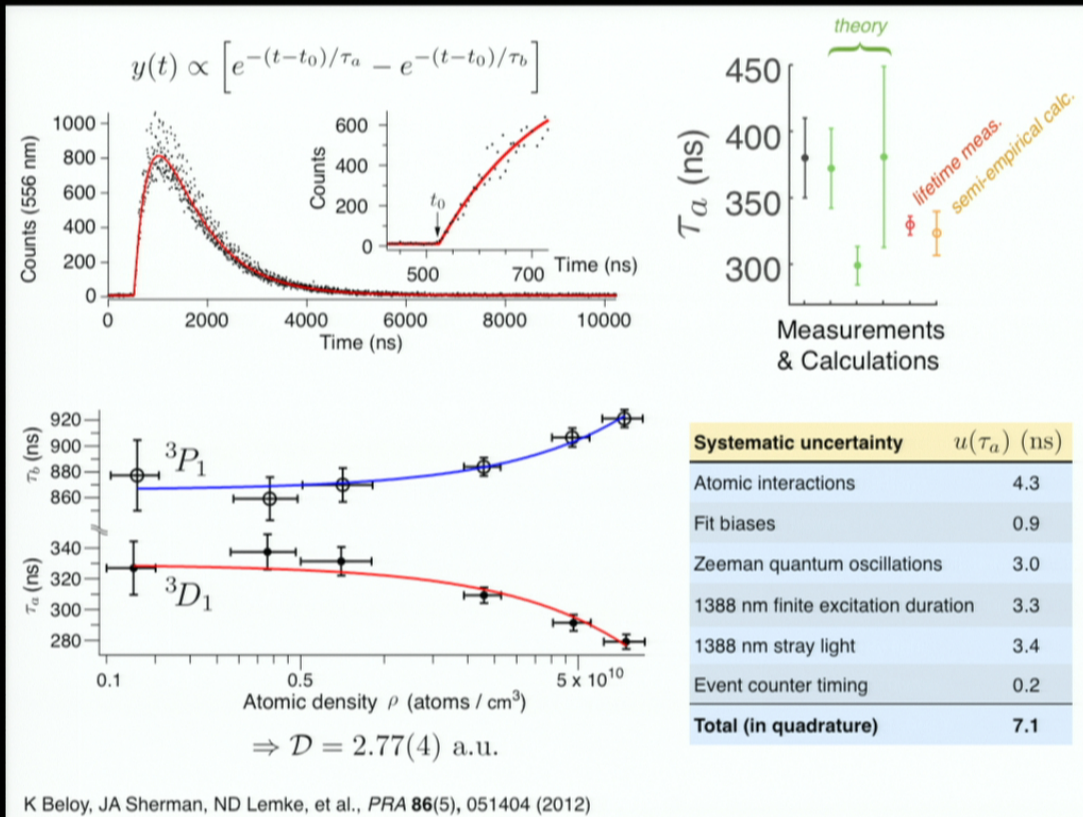
$$\mathcal{D} \equiv \left| \langle 5d6s^3D_1 || \mathbf{D} || 6s6p^3P_0 \rangle \right|$$

...via an excited state lifetime

$$\mathcal{D}^2 = 3\pi\epsilon_0\hbar c^3 \frac{(2J'+1)\zeta_0}{\omega_0^3} \frac{1}{\tau_a}$$



K Beloy, JA Sherman, ND Lemke, et al., *PRA* **86**(5), 051404 (2012)  
 following method of: CJ Bowers, D Budker, ED Commins, et al., *PRA* **53**(5), 3103 (1996)





$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} \left( \alpha_e^{(0)} - \alpha_g^{(0)} \right) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$

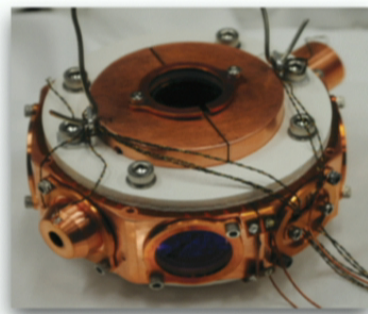
Clock's blackbody radiation  
polarizability terms

Author	$\alpha_e^{(0)} - \alpha_g^{(0)}$ [a.u.]	$\eta_{\text{clock}}$
Porsev, Rakhlina, Kozlov (1999)	134(51)	
Porsev, Derevianko (2006)	161(15)	0.0145(15)
Dzuba, Derevianko (2010)	155(16)	
Safronova, Porsev, Clark (2012)	152(10)	0.0179(6)
<i>our experimental results (2012)</i>	<b>145.726(3)</b>	<b>0.0179(5)</b>

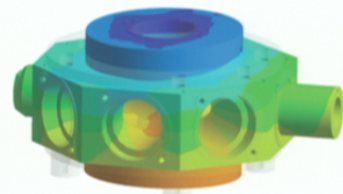
...supports a clock BBR uncertainty of  $\sim 1.2 \times 10^{-18}$  at 300 K

$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} \left( \alpha_e^{(0)} - \alpha_g^{(0)} \right) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$

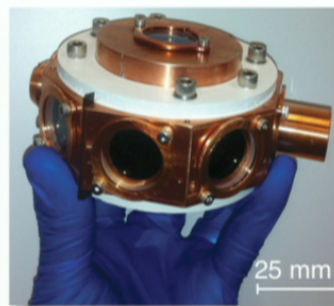
BBR electric field intensity



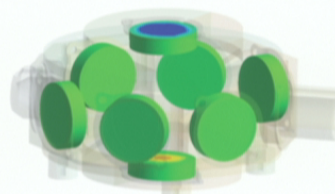
Shield



295.146 K      295.152 K



Windows

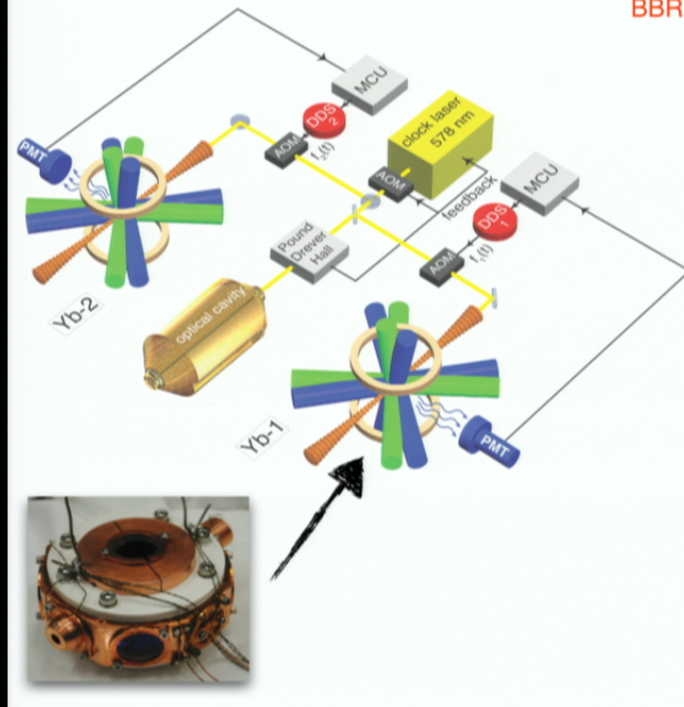


295.12 K      295.18 K



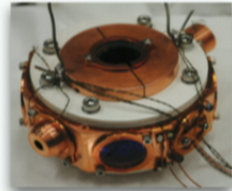
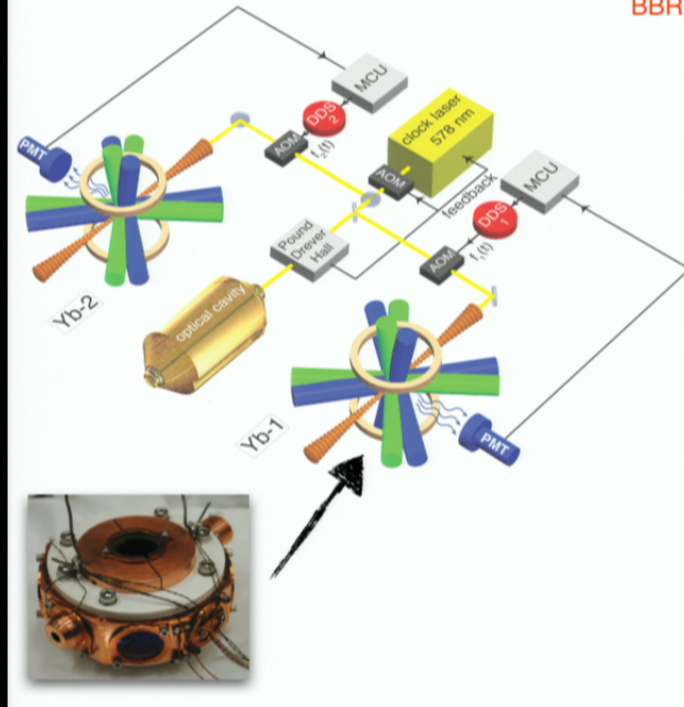
$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} (\alpha_e^{(0)} - \alpha_g^{(0)}) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$

BBR electric field intensity

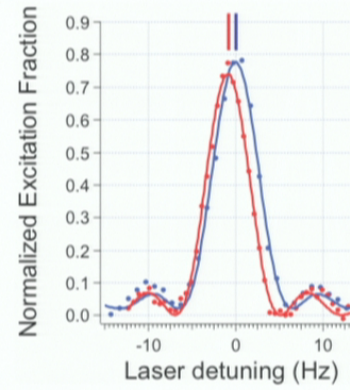


$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} (\alpha_e^{(0)} - \alpha_g^{(0)}) (1 + \eta_{\text{clock}}) \langle E^2 \rangle_T \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$

BBR electric field intensity

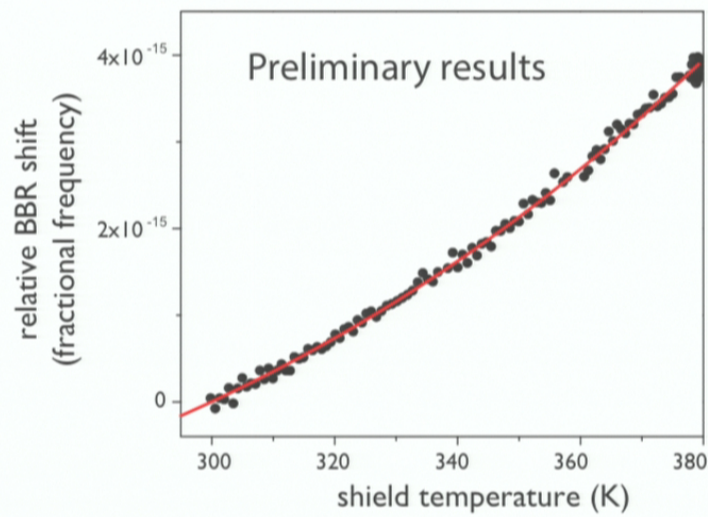


Yb clock 1 at T = 380 K  
Yb clock 2 at T = 300 K





$$\Delta\nu_{\text{BBR}} = -\frac{1}{2} \left( \alpha_e^{(0)} - \alpha_g^{(0)} \right) (1 + \eta_{\text{clock}}) \underbrace{\langle E^2 \rangle_T}_{\text{BBR electric field intensity}} \approx -1.277 \text{ Hz} \left( \frac{T}{300 \text{ K}} \right)^4$$



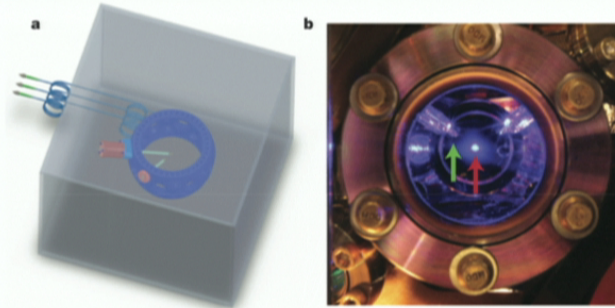
T<sup>4</sup> fit consistent with measured polarizability parameters

Preliminary blackbody radiation systematic uncertainties, Yb optical lattice

	Room-temperature T ~ 300 K		Cryogenic T ~ 90 K	
	Correction	± Unc. (x 10 <sup>-19</sup> )	Correction	± Unc. (x 10 <sup>-19</sup> )
<b>Atomic response:</b>				
Static polarizability	-24,270	1	-197	0
Dynamic polarizability	-433	12	-1	0
<b>Thermal environment:</b>				
RTD measurement		10		0
T gradient–shield		1		13
T gradient–window		3		2
Ambient BBR leakage	< 1	4	-60	4
Atomic position		0		5
Coating emissivity		0		2
Window emissivity		0		0
Shield geometry		0		0
Window transmittance		0		0
Vector/tensor coupling		0		0
<b>Total (fractional):</b>	<b>-24,703</b>	<b>16</b>	<b>-258</b>	<b>15</b>
<b>Total (mHz):</b>	<b>-1277</b>	<b>1</b>	<b>-13.3</b>	<b>1</b>



JILA grabs the brass ring...

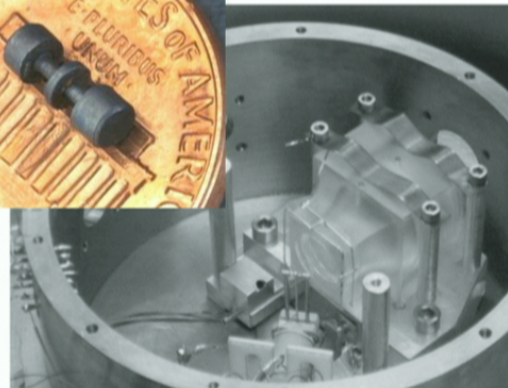
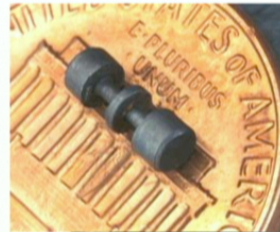
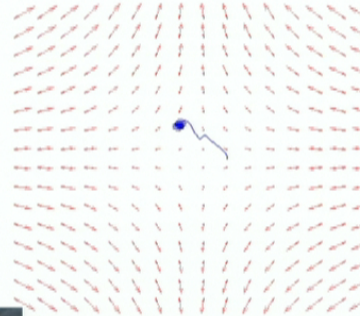
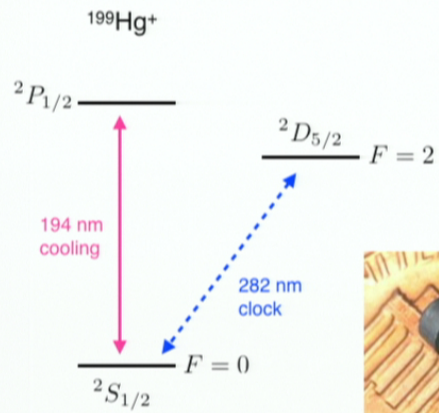


**Table 1 | Frequency shifts and related uncertainties for  $S_{rI}$  and  $S_{rII}$**

Sources for shift	$\Delta_{S_{rI}}$	$\sigma_{S_{rI}}$	$\Delta_{S_{rII}}$	$\sigma_{S_{rII}}$
BBR static	-4,832	45	-4,962.9	$1.8 \times 10^{-18}$
BBR dynamic	-332	6	-345.7	3.7
Density shift	-84	12	-4.7	0.6
Lattice Stark	-279	11	-461.5	3.7
Probe beam a.c. Stark	8	4	0.8	1.3
First-order Zeeman	0	<0.1	-0.2	1.1
Second-order Zeeman	-175	1	-144.5	1.2
Residual lattice vector shift	0	<0.1	0	<0.1
Line pulling and tunnelling	0	<0.1	0	<0.1
d.c. Stark	-4	4	-3.5	2.1
Background gas collisions	0	0.07	0	0.6
AOM phase chirp	-7	20	0.6	0.4
Second-order Doppler	0	<0.1	0	<0.1
Servo error	1	4	0.4	0.6
Totals	-5,704	53	-5,921.2	$6.4 \times 10^{-18}$

B Bloom, TL Nicholson, JR Williams, et al., *Nature* **506**, 71 (2014)

State of the NIST ion clocks...



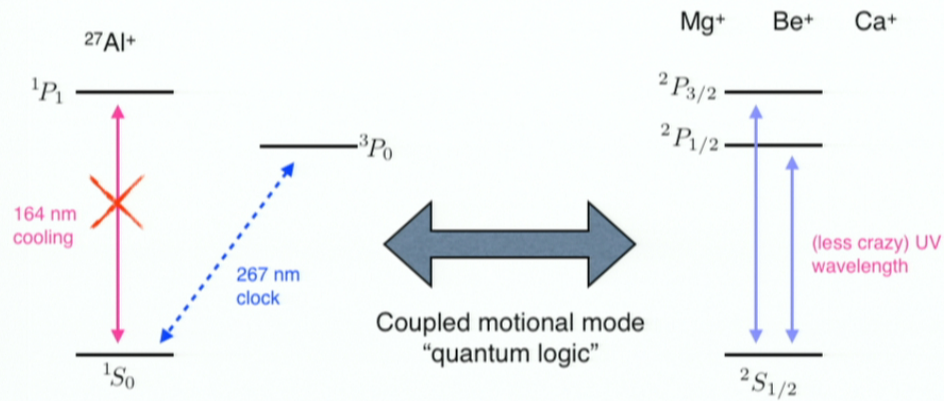
Frequency uncertainty (c.a. 2007)

$$\frac{\sigma_\nu}{\nu} = 1.9 \times 10^{-17}$$

L Lorini, N Ashby, A Bruschi, et al., *Eur. Phys. J. Special Topics* **163**, 19–35 (2008)



State of the NIST ion clocks...

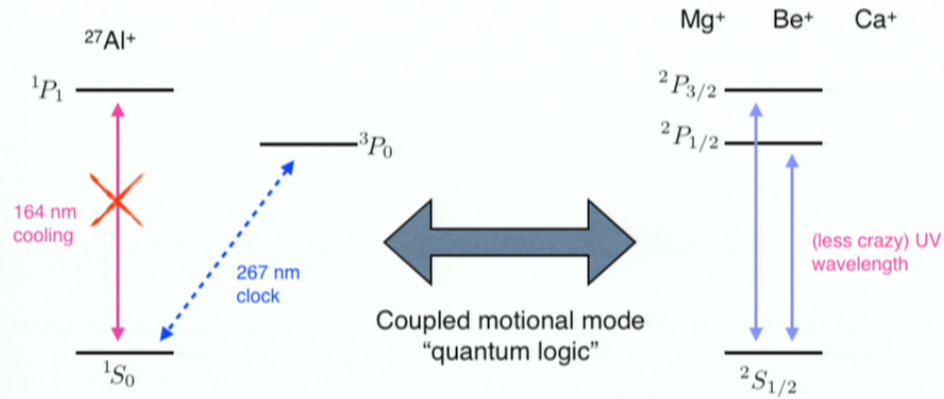


$$\frac{\sigma_\nu}{\nu} = 8.6 \times 10^{-18}$$

Effect	Shift ( $10^{-18}$ )	Uncertainty ( $10^{-18}$ )
Excess micromotion	-9	6
Secular motion	-16.3	5
Blackbody radiation shift	-9	3
Cooling laser Stark shift	-3.6	1.5
Quad. Zeeman shift	-1079.9	0.7
Linear Doppler shift	0	0.3
Clock laser Stark shift	0	0.2
Background-gas collisions	0	0.5
AOM freq. error	0	0.2
Total	-1117.8	8.6

CW Chou, DB Hume, JCJ Koelemeij, et al., *PRL* **104**, 070802 (2010)

State of the NIST ion clocks...



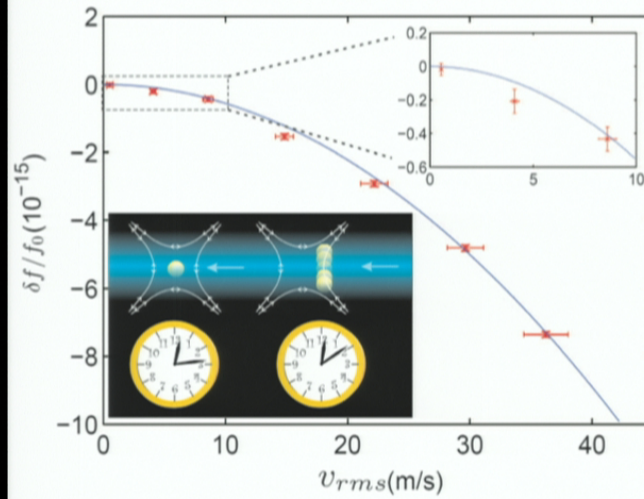
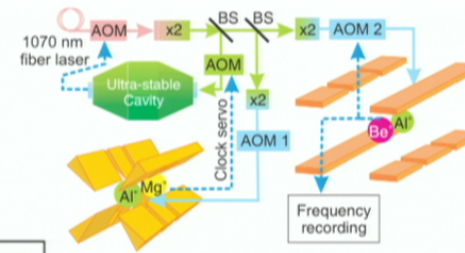
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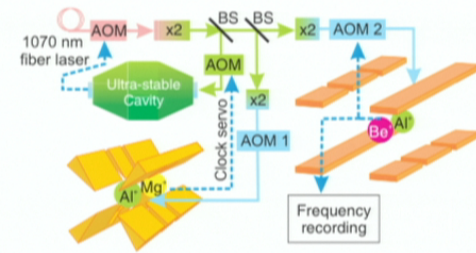


## Optical clocks and special relativity

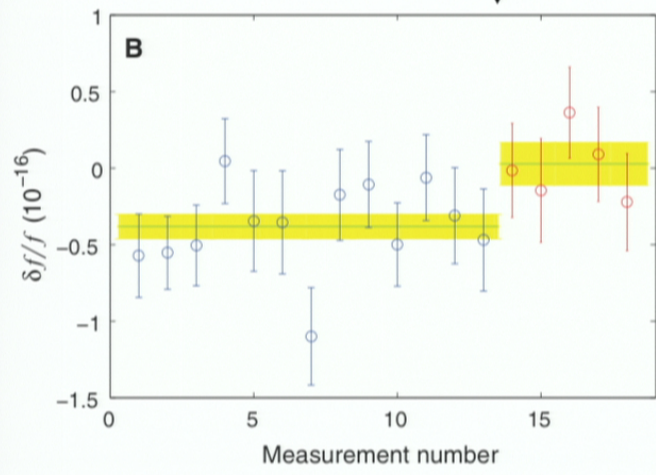


CW Chou, DB Hume, JCJ Koelemeij, et al., *PRL* **104**, 070802 (2010)  
 CW Chou, DB Hume, T Rosenband, DJ Wineland, *Science* **329**, 1630–1633 (2010)

Optical clocks and **general** relativity



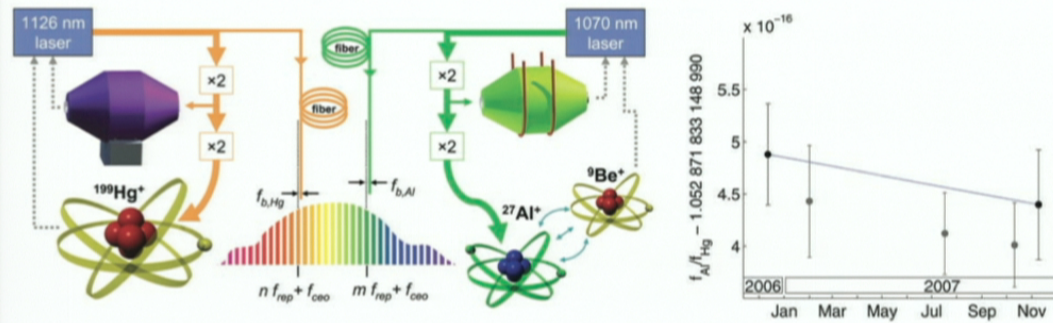
Raise one apparatus by 33 cm



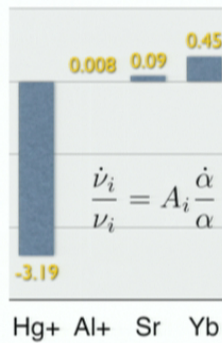
CW Chou, DB Hume, JCJ Koelemeij, et al., *PRL* **104**, 070802 (2010)  
 CW Chou, DB Hume, T Rosenband, DJ Wineland, *Science* **329**, 1630–1633 (2010)



Optical frequency ratios: search for varying fundamental "constants"

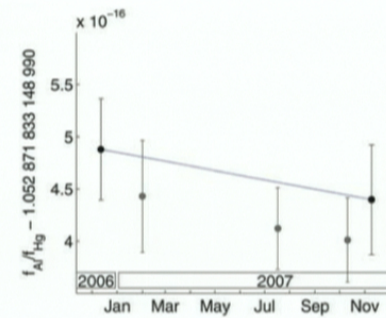
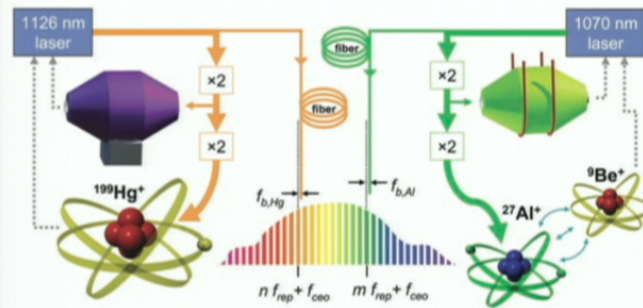


Clock differential sensitivity to varying "constants":



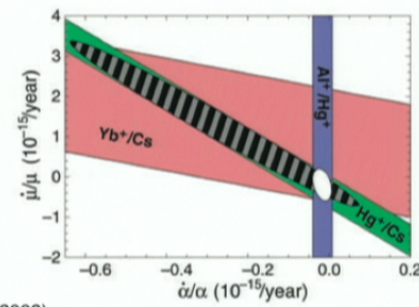
VA Dzuba, VV Flambaum, JK Webb, *PRA* **59**(1), 230 (1999)  
 T Rosenband, DB Hume, PO Schmidt, et al., *Science* **319**, 1808–1812 (2008)

Optical frequency ratios: search for varying fundamental “constants”



Current constraint:

$$\frac{\dot{\alpha}}{\alpha} = (-1.6 \pm 2.3) \times 10^{-17} \text{ yr}^{-1}$$



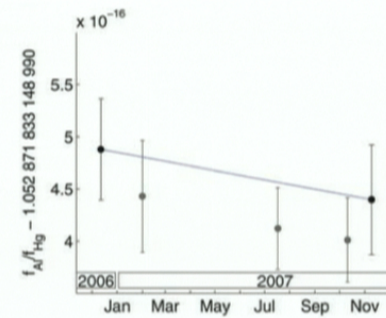
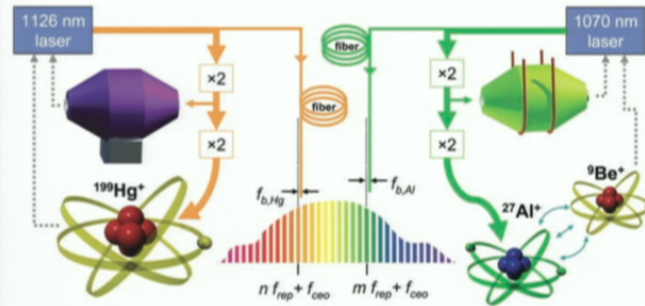
L Lorini, N Ashby, A Brusch, et al., *Eur. Phys. J. Special Topics* **163**, 19–35 (2008)

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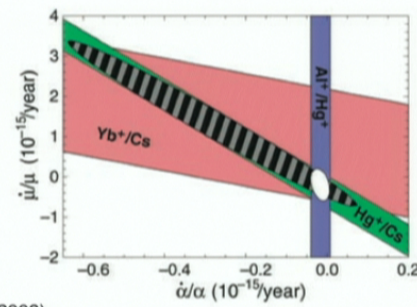


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T Rosenband, DB Hume, PO Schmidt, et al., *Science* **319**, 1808–1812 (2008)

## Summary

- Atomic clocks as official source of U.S. time and frequency  
dilemma/opportunity: optical atomic clocks will surpass the current SI definition of time/frequency.
- Selection of recent progress on optical clockwork  
optical cavities now surpassing H-maser performance  
optical atomic clock stabilities near  $1 \times 10^{-18}$   
accuracies near  $5 \times 10^{-18}$
- What's next? A new round of multi-clock comparisons!  
Better optical time/frequency infrastructure