

Title: (Lea Santos) General Features of the Relaxation Dynamics of Isolated Interacting Quantum Systems

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Abstract: We consider isolated interacting quantum systems that are taken out of equilibrium instantaneously (quenched). We study numerically and analytically the probability of finding the initial state later on in time (the so-called fidelity or Loschmidt echo), the relaxation time of the system, and the evolution of few-body observables. The fidelity decays fastest for systems described by full random matrices, where simultaneous many-body interactions are implied. In the realm of realistic systems with two-body interactions, the dynamics is slower and dependent on the energy of the initial state. The fastest fidelity decay in this case is Gaussian and can persist until saturation. The fidelity also plays a central role in the short-time dynamics of few-body observables that commute with the system Hamiltonian before the quench. Our analyses are mainly developed for initial states that can be prepared in experiments with cold atoms in optical lattices.

Relaxation and thermalization of isolated quantum many-body systems

Lea F. Santos

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collaborators
E. Jonathan Torres-Herrera (Yeshiva University, USA)
Marcos Rigol (Penn State University, USA)
Anatoli Polkovnikov (Boston University, USA)
Felix Izrailev (U. Autonoma de Puebla, Mexico)
Zangara & Pastawski (U. Nacional de Cordoba, Argentina)

How fast can isolated interacting quantum systems evolve?

Equilibration in which sense?

Can we derive thermodynamics from quantum mechanics?

Relaxation

Fluctuations

Thermalization



Initial state
+
Hamiltonian

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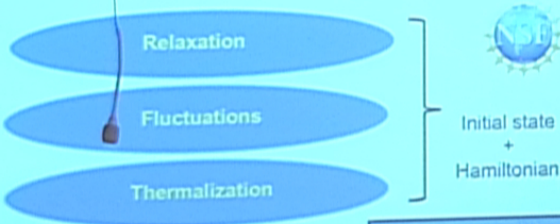


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QUANTUM CHAOS

FULL RANDOM MATRICES
VS
TWO-BODY INTERACTIONS

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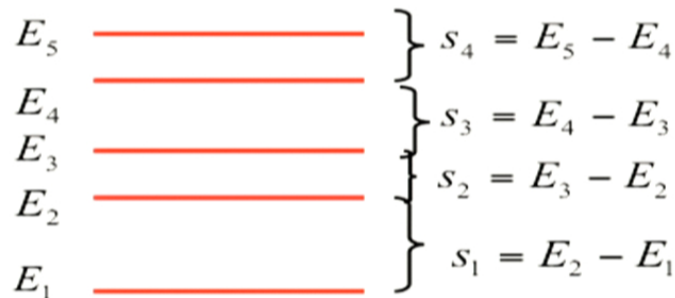
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Full Random Matrices

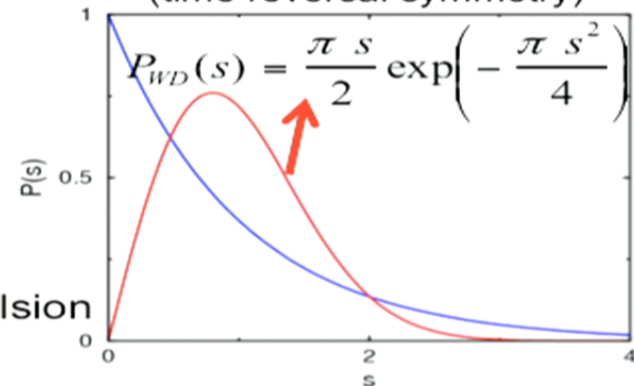
Matrices filled with random numbers and respecting the symmetries of the system.

Wigner in the 1950's used random matrices to study the spectrum of heavy nuclei (atoms, molecules, quantum dots)

Level spacing distribution



Wigner-Dyson distribution
(time reversal symmetry)



(i) Time-reversal invariant systems with rotational symmetry :
Hamiltonians are real and symmetric
Gaussian Orthogonal Ensemble (GOE)

(ii) Systems without invariance under time reversal (atom in an external magnetic field)
Gaussian Unitary Ensemble (GUE)
Hamiltonians are Hermitian)

(iii) Time-reversal invariant systems,
half-integer spin, broken rotational symmetry
Gaussian Symplectic Ensemble (GSE)

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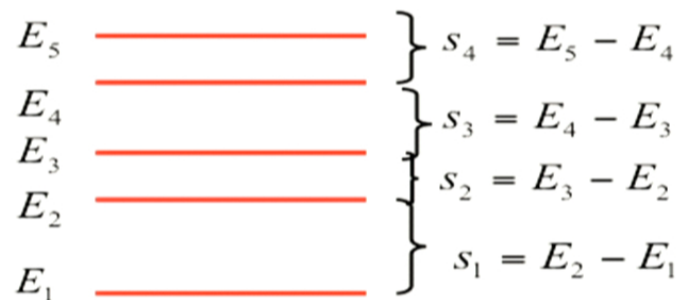
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Full Random Matrices

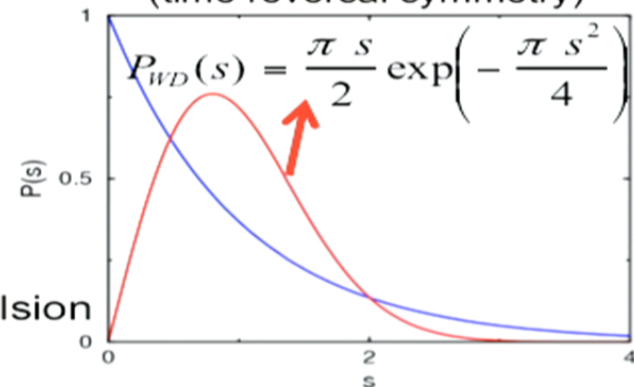
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Signatures of chaos: eigenvectors

Chaotic eigenstates

delocalized states; large number of uncorrelated components, described statistically; **pseudo-random vectors**

$$\psi^{(\alpha)} = \sum_{i=1}^D c_i^{(\alpha)} \phi_i$$

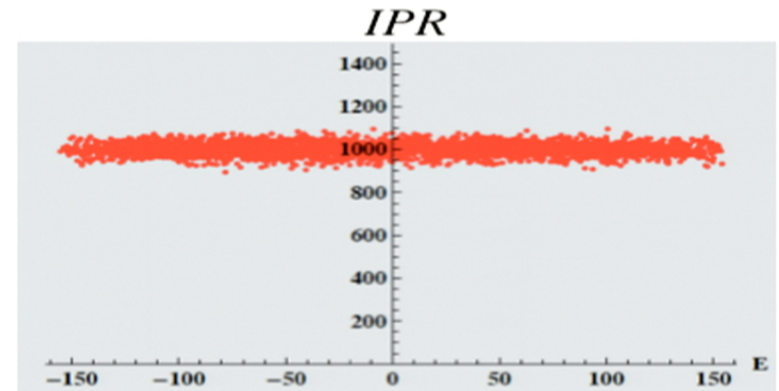
In random matrix ensembles,

- the amplitudes of the eigenstates become random variables;
- eigenstates are completely delocalized

Inverse participation ratio

$$IPR^{(\alpha)} \equiv \frac{1}{\sum_{i=1}^D |c_i^{(\alpha)}|^4} \sim \frac{D}{3}$$

maximum delocalization
chaotic states - GOE



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Izrailev, Phys. Rep. **196** 299 (1990)
Zelevinsky et al, Phys. Rep. **276** 85 (1996)

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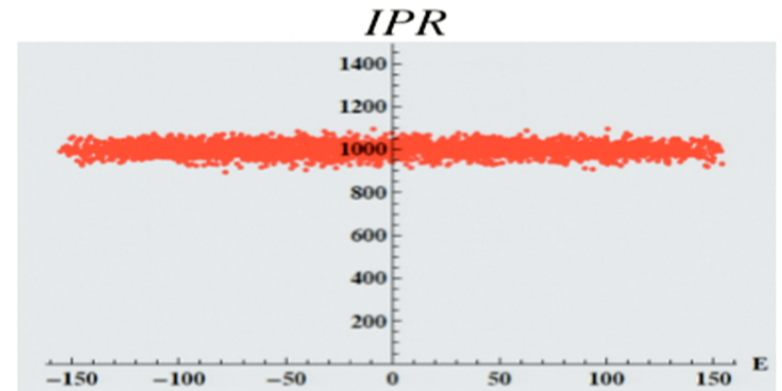
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Inverse participation ratio

$$IPR^{(\alpha)} \equiv \frac{1}{\sum_{i=1}^D |c_i^{(\alpha)}|^4} \sim \frac{D}{3}$$

maximum delocalization
chaotic states - GOE



1D Spin-1/2 systems

Real systems are not described by random matrices, they have few (two-)body interactions. The Hamiltonian matrix is sparse

$$H = \sum_{n=1}^{L-1} J (S_n^x S_{n+1}^x + S_n^y S_{n+1}^y + \Delta S_n^z S_{n+1}^z)$$

Basis
 $\uparrow\uparrow\uparrow\uparrow\downarrow\downarrow\downarrow\downarrow$
 $\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow$

XXZ model
 L=4 sites

$\frac{3J\Delta}{4}$	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
0	$\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
0	$\frac{J}{2}$	$-\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
0	0	$\frac{J}{2}$	$-\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	$\frac{J}{2}$	$\frac{J\Delta}{4}$	0	0	0	0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	$\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	$\frac{J}{2}$	$-\frac{3J\Delta}{4}$	$\frac{J}{2}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	$\frac{J}{2}$	$-\frac{J\Delta}{4}$	0	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	$\frac{J}{2}$	0	$-\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	$\frac{J}{2}$	$\frac{J}{2}$	$-\frac{3J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	$\frac{J}{2}$	$\frac{J\Delta}{4}$	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0	$\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0	$\frac{J}{2}$	$-\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0	0	$\frac{J}{2}$	$-\frac{J\Delta}{4}$	$\frac{J}{2}$	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0	0	0	$\frac{J}{2}$	$\frac{J\Delta}{4}$	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	$\frac{3J\Delta}{4}$	0	0	0	0

$$S^z = \sum_{n=1}^L S_n^z$$

$$[H, S^z] = 0$$

Integrable vs chaos

Integrable system:

XXZ model (1D)

$$H = \sum_{n=1}^{L-1} J(S_n^x S_{n+1}^x + S_n^y S_{n+1}^y + \Delta S_n^z S_{n+1}^z)$$

Chaotic systems:



LFS,
JPA (2004)

Impurity model

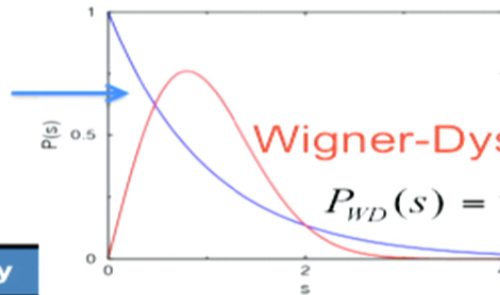
$$H = JdS_{L/2}^z + \sum_{n=1}^{L-1} J(S_n^x S_{n+1}^x + S_n^y S_{n+1}^y + \Delta S_n^z S_{n+1}^z)$$

NNN model

$$H_{NN} + \lambda H_{NNN} = \sum_{n=1}^{L-1} J(S_n^x S_{n+1}^x + S_n^y S_{n+1}^y + \Delta S_n^z S_{n+1}^z) + \lambda \sum_{n=1}^{L-2} J(S_n^x S_{n+2}^x + S_n^y S_{n+2}^y + \Delta S_n^z S_{n+2}^z)$$

Poisson distribution

$$P_P(s) = \exp(-s)$$



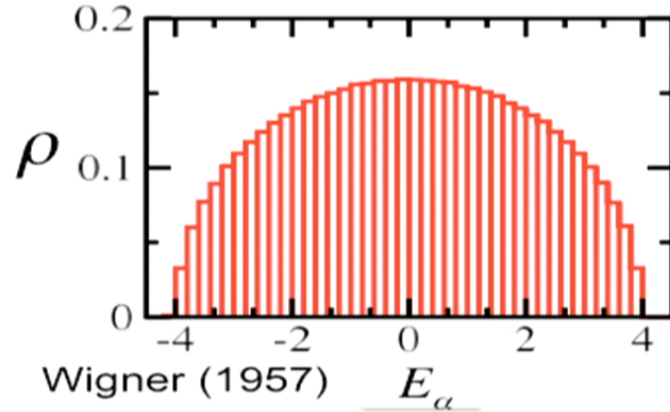
Wigner-Dyson distribution

$$P_{WD}(s) = \frac{\pi s}{2} \exp\left(-\frac{\pi s^2}{4}\right)$$

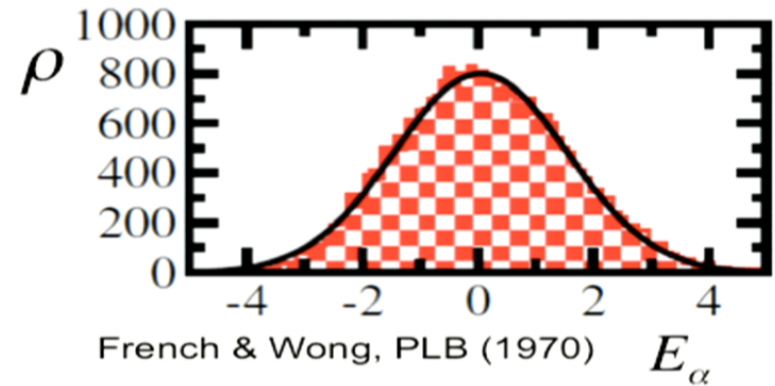
Full Random Matrices vs Two-Body Interaction

Density of States (Energy Distribution)

Full random matrices: semicircular



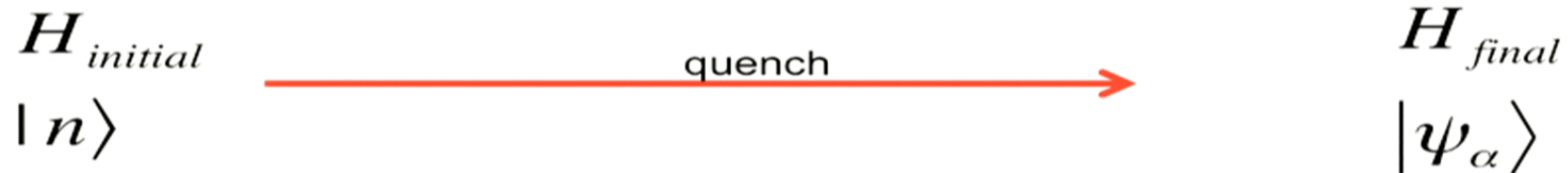
Few-body interactions: Gaussian



Quench

H_0 : unperturbed Hamiltonian
noninteracting, quasiparticle, mean-field

$H=H_0+V$: perturbed (interacting) Hamiltonian



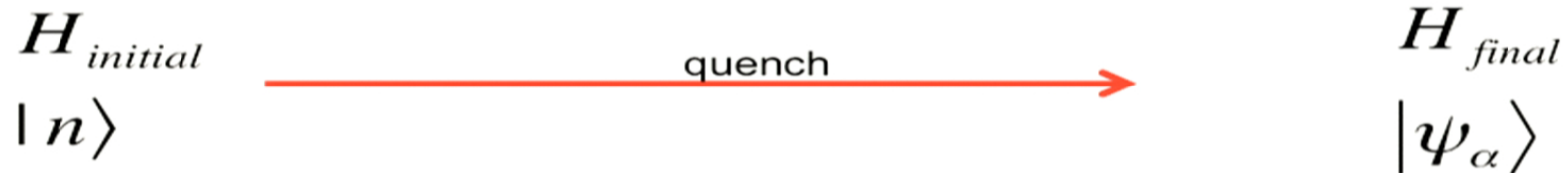
(not ground state from $H_{initial}$ nor H_{final})

$$E_{ini} = \langle ini | H_{final} | ini \rangle = \sum_\alpha |C_\alpha|^2 E_\alpha$$

Quench

H_0 : unperturbed Hamiltonian
noninteracting, quasiparticle, mean-field

$H=H_0+V$: perturbed (interacting) Hamiltonian



Initial state
 $|\Psi(0)\rangle = |ini\rangle$

$$|\Psi(0)\rangle = |ini\rangle = \sum_{\alpha} C_{\alpha}^{ini} |\psi_{\alpha}\rangle$$

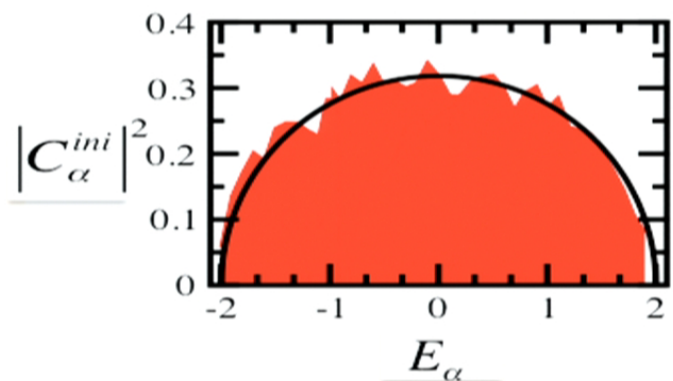
(not ground state from $H_{initial}$ nor H_{final})

$$|\Psi(t)\rangle = \sum_{\alpha} C_{\alpha}^{ini} e^{-iE_{\alpha}t} |\psi_{\alpha}\rangle$$

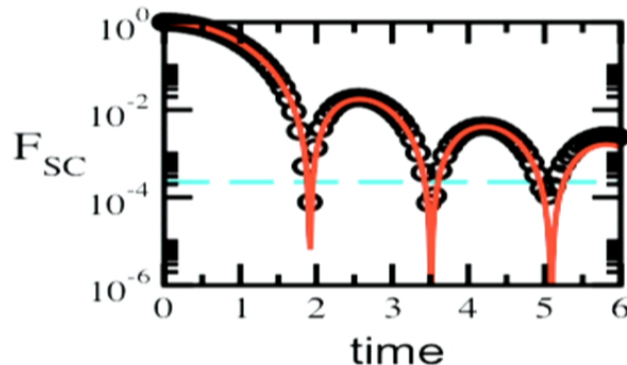
$$E_{ini} = \langle ini | H_{final} | ini \rangle = \sum_{\alpha} |C_{\alpha}|^2 E_{\alpha}$$

Energy distribution of the initial state in random matrices

Distribution of $|C_\alpha^{ini}|^2$ for initial state projected into random matrices: **semicircular**



$$C_{SC}^{ini}(E) = \frac{2}{\pi\varepsilon} \sqrt{1 - \left(\frac{E}{\varepsilon}\right)^2}$$



$$F_{SC}(t) = \frac{|J_1(2\sigma_{ini}t)|^2}{\sigma_{ini}^2 t^2}$$

$$|\Psi(t)\rangle = \sum_{\alpha} C_{\alpha}^{ini} e^{-iE_{\alpha}t} |\psi_{\alpha}\rangle$$

$$F(t) = \left| \int_{-\infty}^{\infty} |C^{ini}(E)|^2 e^{-iEt} dE \right|^2$$

Bessel function of first order

$$\sigma_{ini} = \sqrt{\int_{-\varepsilon}^{\varepsilon} C_{SC}^{ini}(E) E^2 dE} = \frac{\varepsilon}{2}$$

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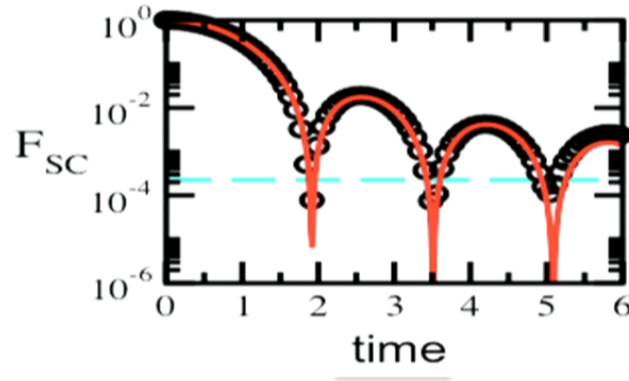
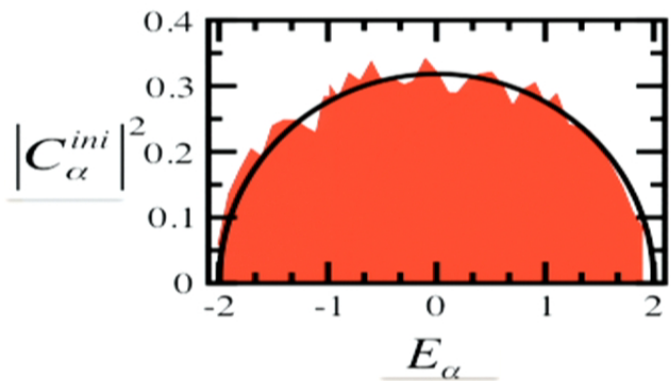
Torres & LFS
PRA (2014)

Torres, Manan, LFS
NJP (2014)

Perimeter Institute, 2014

Relaxation time for random matrices

Distribution of $|C_\alpha^{ini}|^2$ for initial state projected into random matrices: **semicircular**



D = dimension of the matrix

Infinite time average

$$F(t) = \left| \int_{-\infty}^{\infty} |C^{ini}(E)|^2 e^{-iEt} dE \right|^2$$

$$F(t) = \sum_{\alpha} |C_{\alpha}^{ini}|^4 + \sum_{\alpha \neq \beta} |C_{\alpha}^{ini}|^2 |C_{\beta}^{ini}|^2 e^{i(E_{\alpha} - E_{\beta})t} \Rightarrow \bar{F} = \sum_{\alpha} |C_{\alpha}^{ini}|^4 = \frac{3}{D}$$

$$\frac{1}{\sum_{\alpha} |C_{\alpha}^{ini}|^4} = IPR_{ini}$$

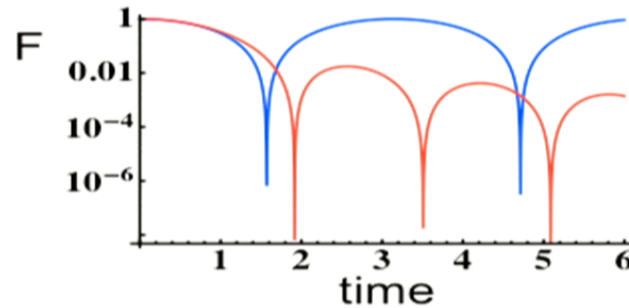
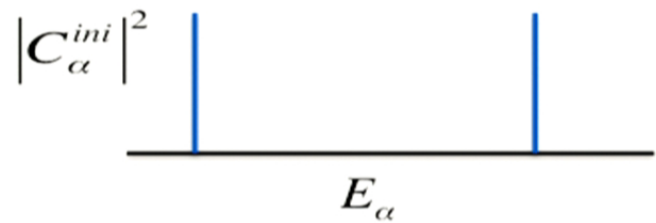
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Torres & LFS
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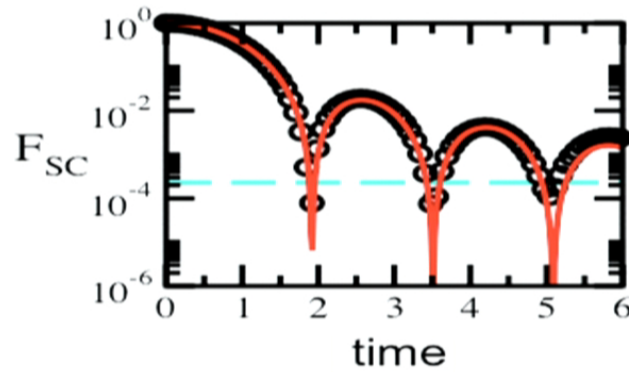
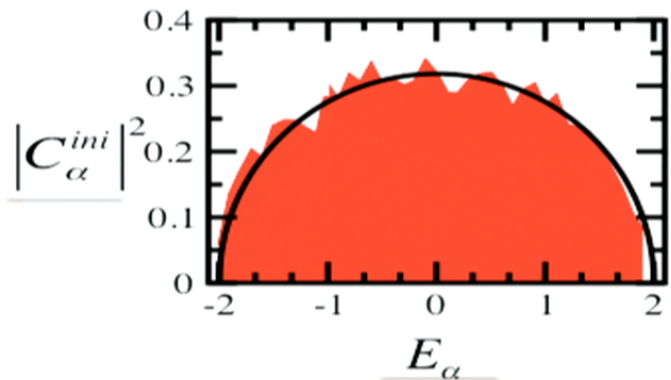
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Lifetime bounded by the uncertainty in energy



$$F(t) \geq \cos^2(\Delta E t)$$

Fleming (1973)
Bhattacharyya (1983)
Giovannetti, Lloyd, Maccone (2003)



$$F_{SC}(t) = \frac{|\mathcal{J}_1(2\sigma_{ini}t)|^2}{\sigma_{ini}^2 t^2}$$

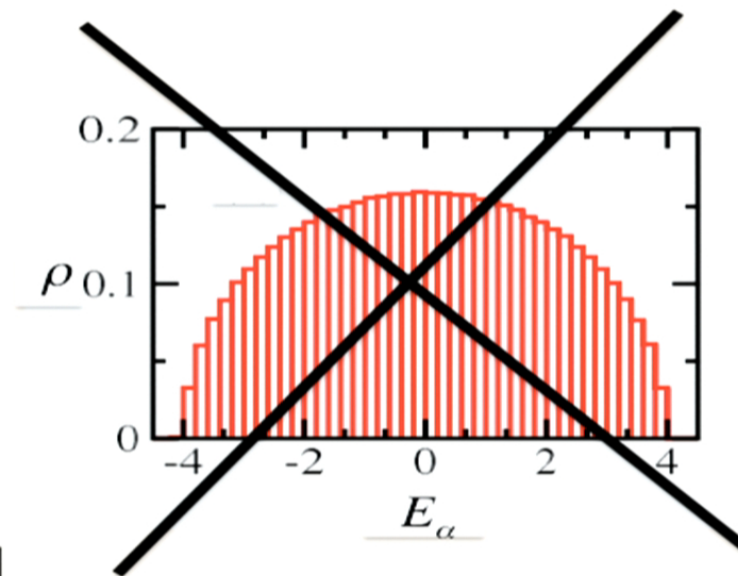
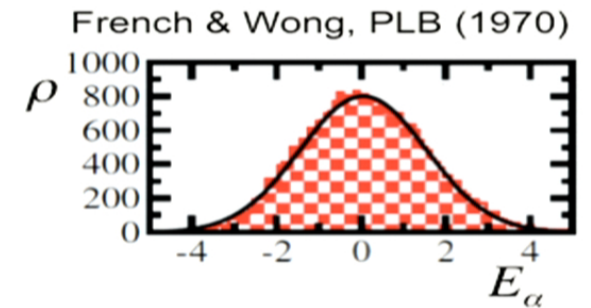
$$\frac{|\mathcal{J}_1(2\sigma_{ini}t_R)|^2}{\sigma_{ini}^2 t_R^2} = \frac{3}{D}$$

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Realistic Systems: Energy Shell

- Realistic systems are not described by full random matrices. They have few(two)-body interactions.
- The density of states is **Gaussian**.
- The maximum spreading of the initial state is **Gaussian**.

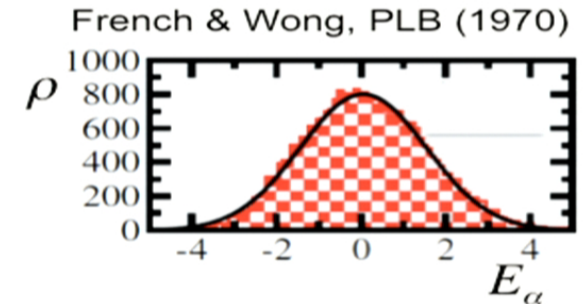
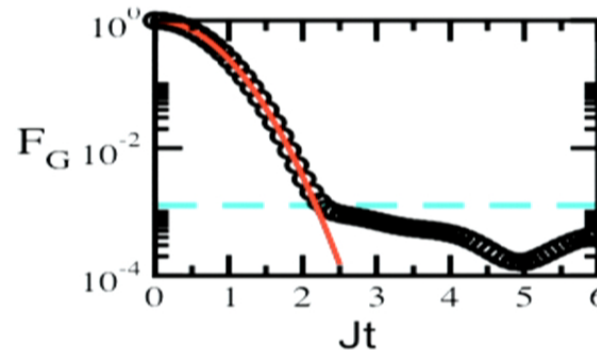
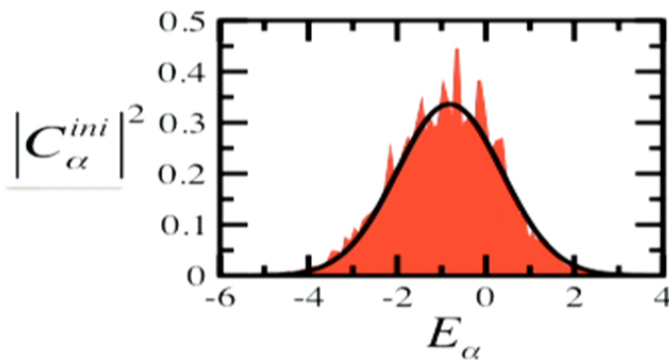


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Gaussian Fidelity Decay

- Realistic systems are not described by full random matrices They have with few(two)-body interactions.
- The density of states is **Gaussian**.
- The maximum spreading of the initial state is **Gaussian**.



Flambaum (1999)
Flambaum & Izrailev (2001)
Castaneda & Izrailev (2006)

$$\sigma_{ini}^2 = \sum_{\alpha} |C_{\alpha}|^2 (E_{\alpha} - E_{ini})^2$$

$$F(t) = \left| \sum_{\alpha} |C_{\alpha}^{ini}|^2 e^{-iE_{\alpha}t} \right|^2 = \left| \frac{1}{\sqrt{2\pi\sigma_{ini}^2}} \int_{-\infty}^{\infty} e^{-\frac{(E-E_{ini})^2}{2\sigma_{ini}^2}} e^{-iEt} dE \right|^2 = \exp(-\sigma_{ini}^2 t^2)$$

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PRA, NJP (2014)

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Perturbation increases Fidelity decays faster

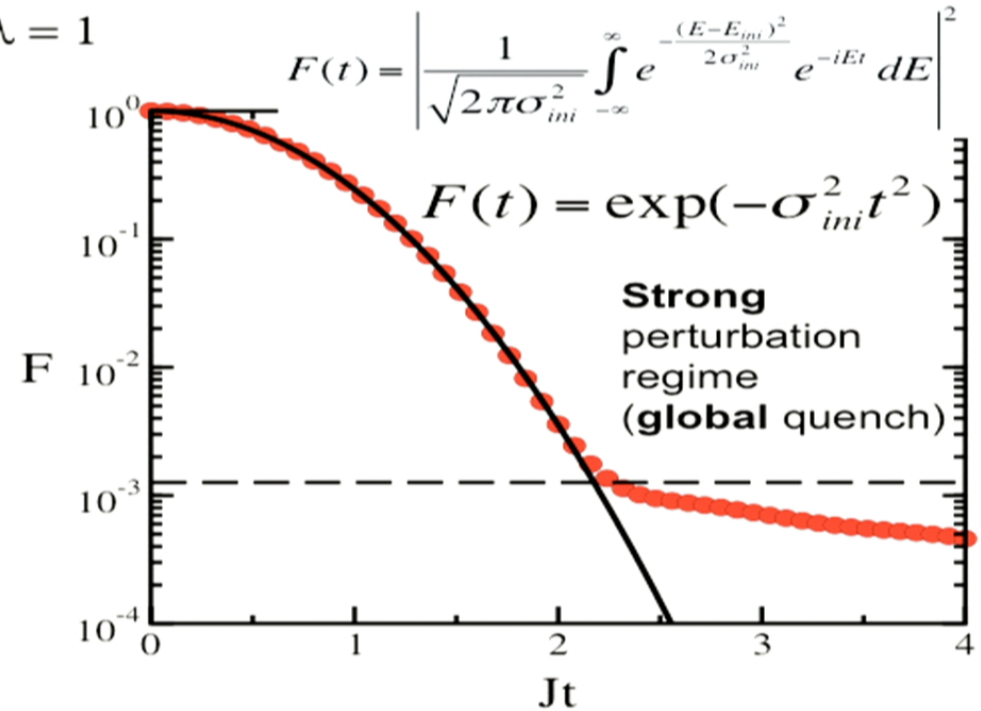
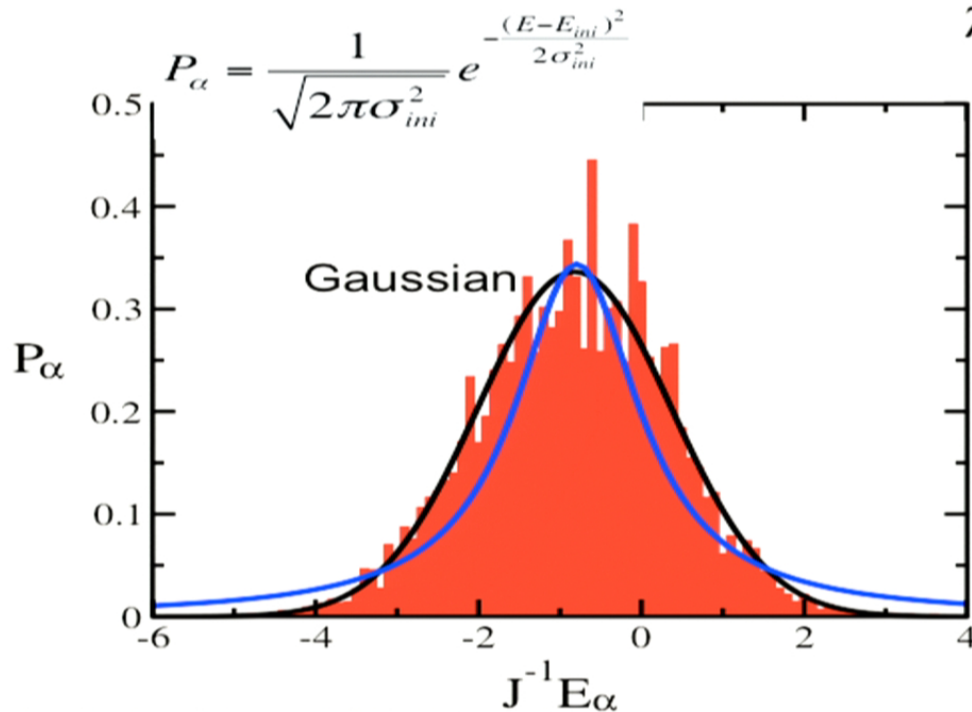
$$H_{\text{initial}} = H_{NN} \xrightarrow{\text{quench}} H_{\text{final}} = H_{NN} + \lambda H_{NNN}$$

$$\lambda = 1$$

$$F(t) = \left| \frac{1}{\sqrt{2\pi\sigma_{\text{ini}}^2}} \int_{-\infty}^{\infty} e^{-\frac{(E-E_{\text{ini}})^2}{2\sigma_{\text{ini}}^2}} e^{-iEt} dE \right|^2$$

$$F(t) = \exp(-\sigma_{\text{ini}}^2 t^2)$$

Strong
perturbation
regime
(**global quench**)



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Néel state

$$H_{initial} = \sum_{n=1}^{L-1} S_n^z S_{n+1}^z$$

INITIAL STATES = site-basis

Néel state $\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow\uparrow\downarrow$

$$\begin{aligned} \sigma_{ini}^2 &= \sum_{\alpha} |C_{\alpha}|^2 (E_{\alpha} - E_{ini})^2 \\ &= \sum_{n \neq ini} |\langle n | H_{final} | ini \rangle|^2 \end{aligned}$$

$$\sigma_{ini}^{Neel} = \frac{J}{2} \sqrt{L-1}$$

FINAL HAMILTONIAN

$$H_{final} = H_{NN} + \lambda H_{NNN}$$

$$H_{NN} = J \sum_{n=1}^{L-1} (S_n^x S_{n+1}^x + S_n^y S_{n+1}^y) + J\Delta \sum_{n=1}^{L-1} S_n^z S_{n+1}^z$$

$$H_{NNN} = \left(J \sum_{n=1}^{L-2} (S_n^x S_{n+2}^x + S_n^y S_{n+2}^y) + J\Delta \sum_{n=1}^{L-2} S_n^z S_{n+2}^z \right)$$

- $\Delta = 1, \lambda = 0$ ▲
- $\Delta = 0.5, \lambda = 0$ ▼
- $\Delta = 1, \lambda = 0.4$ ✗
- $\Delta = 1, \lambda = 1$ ●
- $\Delta = 0.5, \lambda = 1$ ■

Néel state: energy distribution

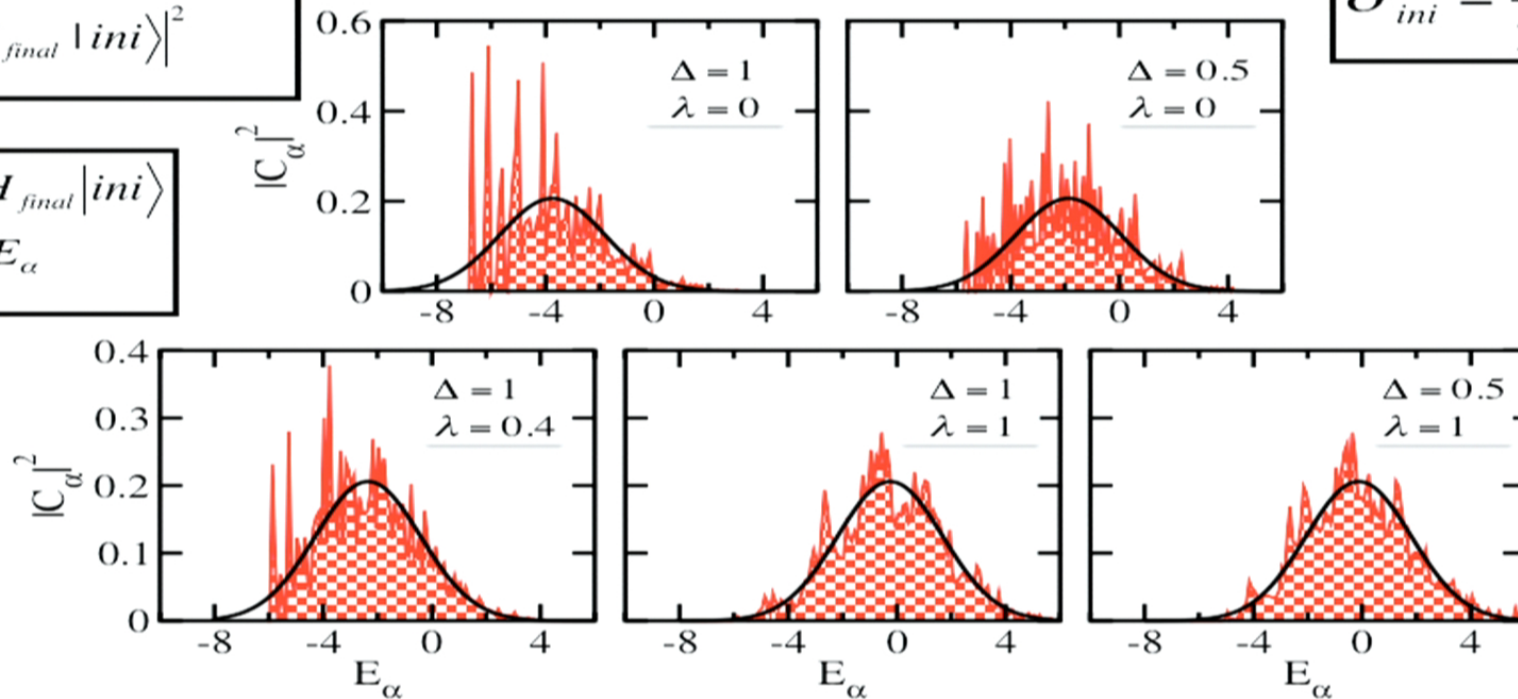
$$\sigma_{ini}^2 = \sum_{\alpha} |C_{\alpha}|^2 (E_{\alpha} - E_{ini})^2$$

$$= \sum_{n \neq ini} |\langle n | H_{final} | ini \rangle|^2$$

$$E_{ini} = \langle ini | H_{final} | ini \rangle$$

$$= \sum_{\alpha} |C_{\alpha}|^2 E_{\alpha}$$

$$\sigma_{ini}^{Neel} = \frac{J}{2} \sqrt{L-1}$$



Dynamics of few-body observables

Simple general picture when $[O, H_I] = 0$ H_I defines the initial state

$$\begin{aligned}\langle O(t) \rangle &= \langle ini | e^{iH_F t} O e^{-iH_F t} | ini \rangle = \sum_{n,m} \langle ini | e^{iH_F t} | m \rangle \langle m | O | n \rangle \langle n | e^{-iH_F t} | ini \rangle \\ &= \overbrace{F(t)O(0)} + \sum_{n \neq ini} \langle n | O | n \rangle |\langle n | e^{-iH_F t} | ini \rangle|^2\end{aligned}$$

Short-time dynamics:

$$\langle O(t) \rangle = (1 - \sigma_{ini}^2 t^2) O(0) + t^2 \sum_{n \neq ini} \langle n | O | n \rangle |\langle n | H_F | ini \rangle|^2$$

Observables show a very similar short-time dynamics for H_F leading to comparable σ_{ini} and off-diagonal elements.

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Torres & LFS
PRA (2014)

Torres, Manan, LFS
NJP (2014)

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Dynamics of few-body observables

$$[O, H_I] = 0 \Rightarrow \langle O(t) \rangle = (1 - \sigma_{ini}^2 t^2) O(0) + t^2 \sum_{n \neq ini} \langle n | O | n \rangle |\langle n | H_F | ini \rangle|^2$$

Observables show a very similar short-time dynamics for H_F leading to comparable σ_{ini} and off-diagonal elements.

The particularities of the observables become irrelevant and Hamiltonians with very different properties can give equivalent outcomes.

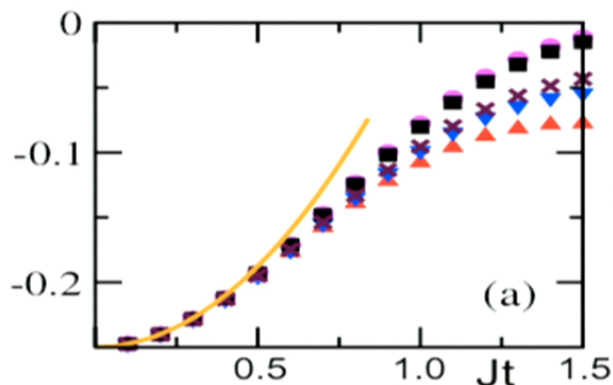
Néel state

↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓

$C_{L/2, L/2+1}^z$

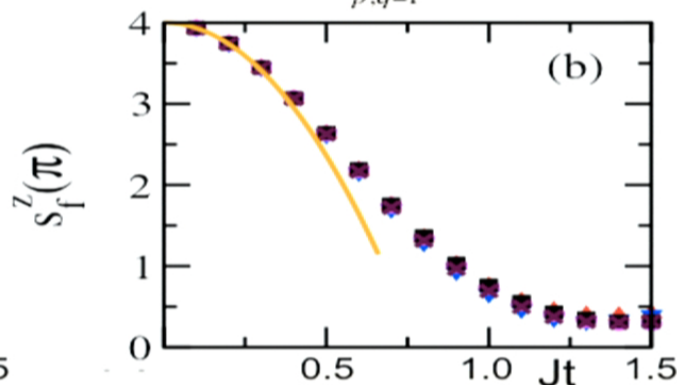
$$\sigma_{ini} = \frac{J}{2} \sqrt{L-1}$$

$$C_{L/2, L/2+1}^z = S_{L/2}^z S_{L/2+1}^z$$



Torres & LFS
PRA (2014)

$$s_f^z(k) = \frac{1}{L} \sum_{p,q=1}^L e^{ik(p-q)} S_p^z S_q^z$$



Torres, Manan, LFS
NJP (2014)

- $\Delta = 1, \lambda = 0$ ▲
- $\Delta = 0.5, \lambda = 0$ ▼
- $\Delta = 1, \lambda = 0.4$ ×
- $\Delta = 1, \lambda = 1$ ●
- $\Delta = 0.5, \lambda = 1$ ■

$L = 16, S^z = 0$

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Equilibration

Quantum system $H |\psi_\alpha\rangle = E_\alpha |\psi_\alpha\rangle$

Initial state: $|\Psi(0)\rangle = \sum_\alpha C_\alpha |\psi_\alpha\rangle$

Time evolution of a generic observable:

$$\langle O(t) \rangle = \langle \Psi(t) | O | \Psi(t) \rangle = \sum_\alpha |C_\alpha|^2 O_{\alpha\alpha} + \sum_{\alpha \neq \beta} C_\alpha^* C_\beta e^{i(E_\alpha - E_\beta)t} O_{\alpha\beta}$$

$$O_{\alpha\beta} = \langle \psi_\alpha | O | \psi_\beta \rangle$$

Infinite time average: (generic system with nondegenerate and incommensurate spectrum)

$$\overline{\langle O(t) \rangle} = \lim_{t \rightarrow \infty} \frac{1}{t} \int_0^t O(\tau) d\tau = \sum_\alpha |C_\alpha|^2 O_{\alpha\alpha} = O_{diag} \quad (\text{diagonal ensemble})$$

Quantum system:
linear time evolution
discrete spectrum

Closer look at integrable and chaotic systems

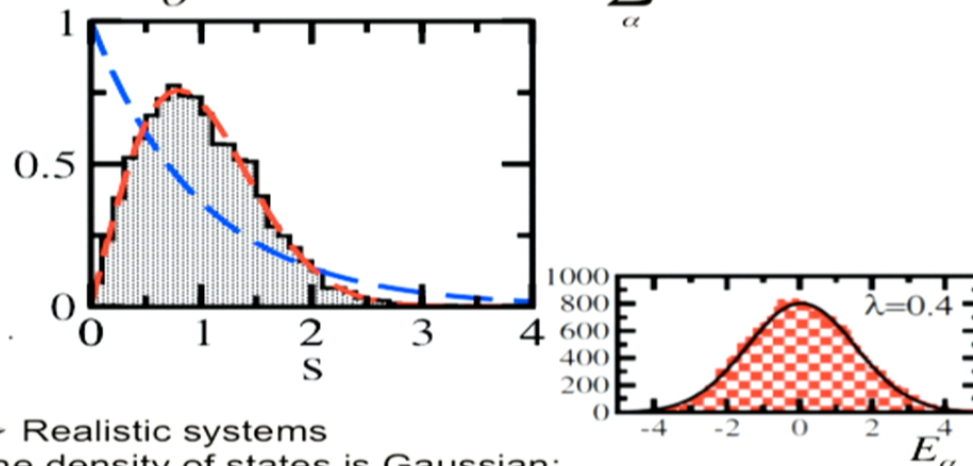
Temporal fluctuations of O after relaxation: σ_O

System size: L

Srednicki, JPA **32** 1163 (1999)

Fully **chaotic** systems

$$\sigma_O \propto e^{-L} \quad |\Psi(t)\rangle = \sum_{\alpha} C_{\alpha} e^{-iE_{\alpha}t} |\psi_{\alpha}\rangle$$



- Realistic systems the density of states is Gaussian;
- only states in the middle of the spectrum may become chaotic;

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Time fluctuations vs L

Integrable isotropic

$$H_{NN} = J \sum_{n=1}^{L-1} (S_n^x S_{n+1}^x + S_n^y S_{n+1}^y + S_n^z S_{n+1}^z) \rightarrow \Delta = 1$$

Exponential decay with L

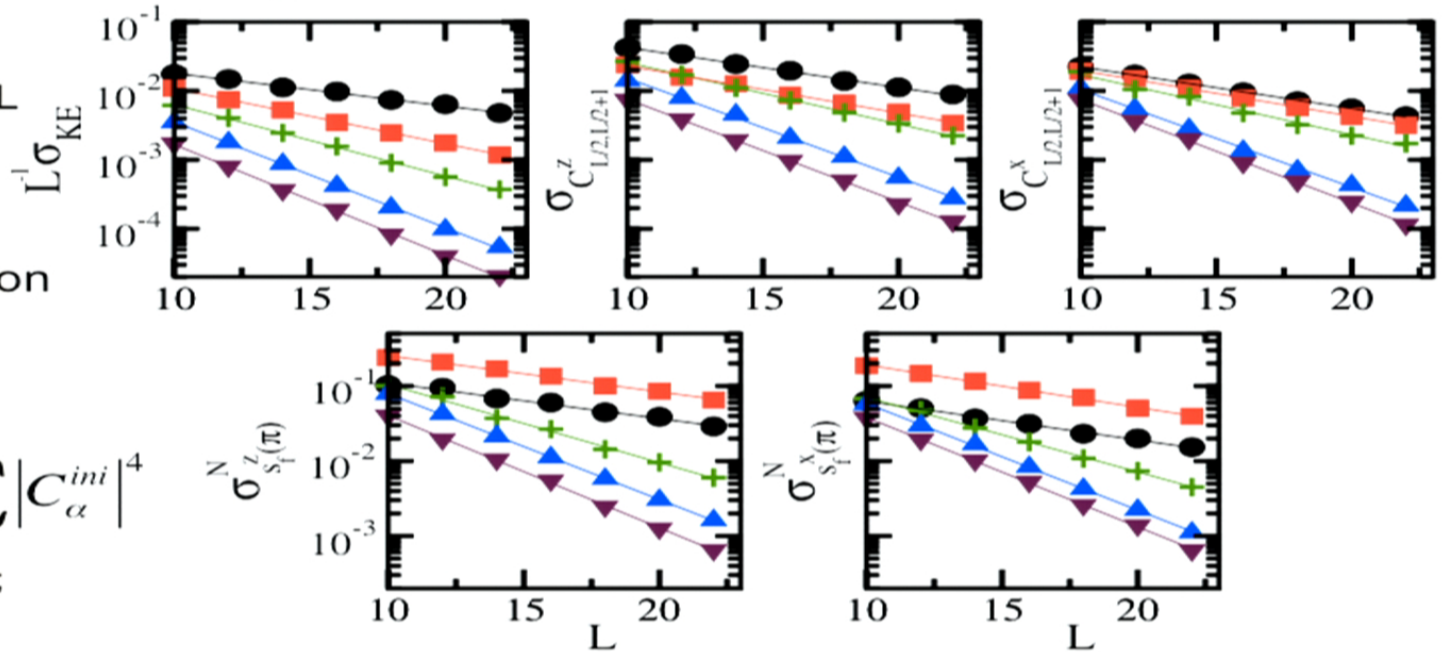
$$\sigma_O \propto e^{-\kappa L}$$

Exponent depends on the level of delocalization of the initial state

$$\sigma_O \leq (O_{\max} - O_{\min}) \sum_{\alpha} |C_{\alpha}^{\text{ini}}|^4$$

Reimann, PRL **108** (2008);
 Phys. Scr. **86** (2012)
 Short, NJP **13**, (2011)
 Short, Farrelly, NJP **14** (2012)

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Zangara et al,
 PRE **88**, 032913 (2013)

L/2 up spins

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von Neumann (1929)

Peres (1984)

Jensen & Shankar (1985)

90's
Flambaum, Izrailev,
Zelevinsky

Srednicki, Deutsch

THERMALIZATION

Kinoshita, Wenger, and Weiss,
Nature **440**, 900 (2006)

Kollath et al
PRL **98**, 180601 (2007)

Rigol, Dunjko, Olshanii,
Nature **452**, 854 (2008)

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Thermalization

Infinite time average: $\overline{\langle O(t) \rangle} = \sum_{\alpha} |C_{\alpha}|^2 O_{\alpha\alpha} = O_{diag}$

Eigenstate Expectation Value:

$$O_{\alpha\alpha} = \langle \psi_{\alpha} | O | \psi_{\alpha} \rangle$$

Will the system thermalize?

Will the predictions from the **infinite time average** coincide with the predictions of the **microcanonical** ensemble?

$$O_{diag} \equiv \sum_{\alpha} |C_{\alpha}|^2 O_{\alpha\alpha} \overset{=?}{\longleftrightarrow} O_{micro} \equiv \frac{1}{\mathcal{N}_{E_0, \Delta E}} \sum_{\substack{\alpha \\ |E_0 - E_{\alpha}| < \Delta E}} O_{\alpha\alpha}$$

depends on the initial conditions

depends only on the energy

Thermalization

Infinite time average: $\overline{\langle O(t) \rangle} = \sum_{\alpha} |C_{\alpha}|^2 O_{\alpha\alpha} = O_{diag}$

Eigenstate Expectation Value:

$$O_{\alpha\alpha} = \langle \psi_{\alpha} | O | \psi_{\alpha} \rangle$$

Will the system thermalize?

Will the predictions from the **diagonal ensemble** coincide with the predictions of the **microcanonical** ensemble?

$$O_{diag} \equiv \sum_{\alpha} |C_{\alpha}|^2 O_{\alpha\alpha} \xleftrightarrow{=?} O_{micro} \equiv \frac{1}{\mathcal{N}_{E_0, \Delta E}} \sum_{\substack{\alpha \\ |E_0 - E_{\alpha}| < \Delta E}} O_{\alpha\alpha}$$

depends on the initial conditions

depends only on the energy

Equation holds for all initial states that are narrow in energy when...

ETH: the expectation values $O_{\alpha\alpha}$ of few-body observables do not fluctuate for eigenstates close in energy

Zelevinsky,
Flambaum, Izrailev
Casati, Borgonovi

Onset of chaos is associated with the onset of **chaotic eigenstates**

$$\psi^{(\alpha)} = \sum_{i=1}^D c_i^{(\alpha)} \phi_i$$

LFS & M. Rigol
PRE **81** 036206 (2010)
PRE **82** 031130 (2010)
M. Rigol and LFS
PRA **82** 011604(R) (2010)

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Structure of the eigenstates

Delocalization Measure Inverse Participation Ratio

$$\psi^{(\alpha)} = \sum_{i=1}^D c_i^{(\alpha)} \phi_i \Rightarrow \boxed{IPR^{(\alpha)} \equiv \frac{1}{\sum_{i=1}^D |c_i^{(\alpha)}|^4}}$$

IPR – small localization
 $IPR \sim \text{dim}/3$ maximum delocalization
 chaotic states - GOE

Shannon entropy $S = -\sum_{i=1}^D |c_i^{(\alpha)}|^2 \ln |c_i^{(\alpha)}|^2$
 (information)

Hardcore bosons in 1D: (clean, periodic)

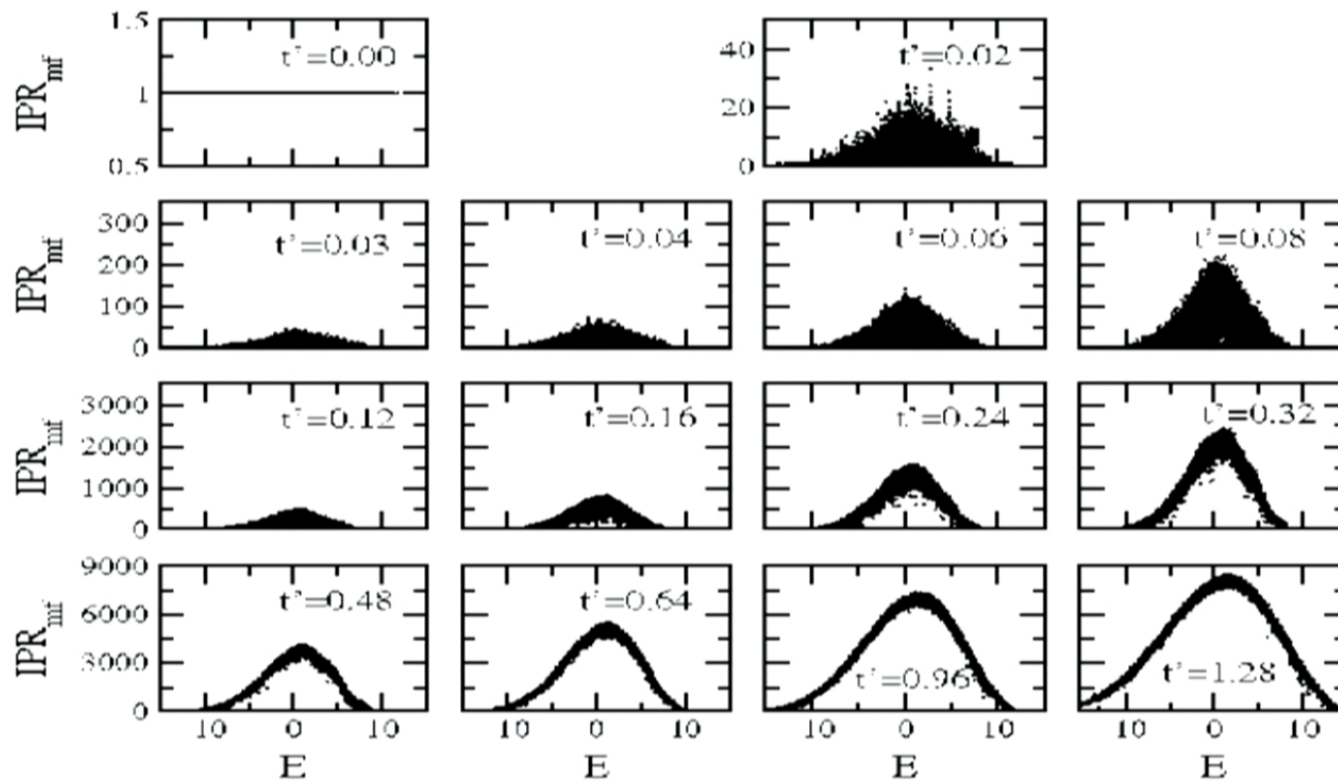
QUENCH: from NN model to NN + t' NNN model

$$H = \sum_{i=1}^L \left[-t(b_i^+ b_{i+1} + h.c.) + V \left(n_i^b - \frac{1}{2} \right) \left(n_{i+1}^b - \frac{1}{2} \right) - t'(b_i^+ b_{i+2} + h.c.) + V' \left(n_i^b - \frac{1}{2} \right) \left(n_{i+2}^b - \frac{1}{2} \right) \right]$$

$n_i^b = b_i^+ b_{i+1}$ $t' = V'$

Mean-field basis: eigenstates of integrable system ($t'=V'=0$)
 separates regular from chaotic behavior

Bosons: eigenstates



Fluctuations
increase close to
integrable point
ETH breaks down

Chaotic region:
IPR is a
smooth function of E

Middle of spectrum

$$IPR_{mf} \rightarrow IPR_{GOE}$$

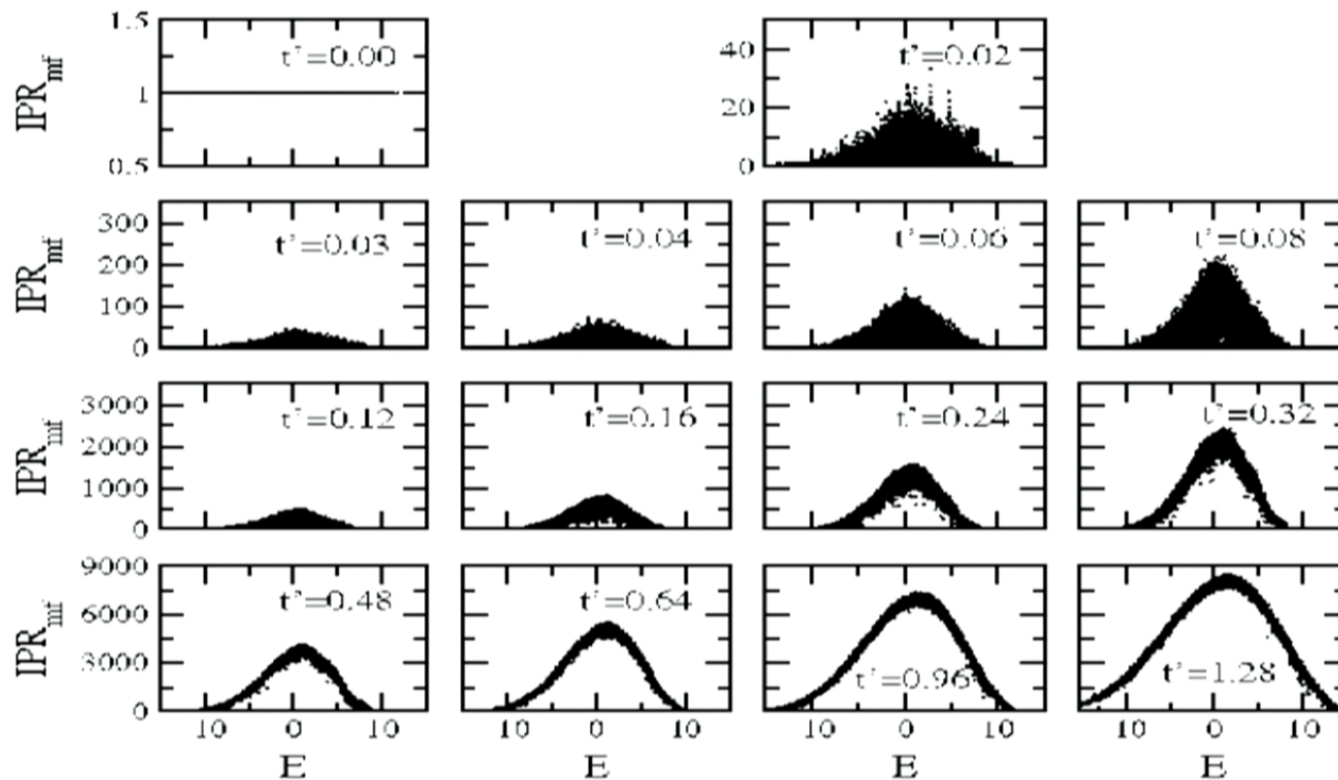
LFS & M. Rigol
PRE **81** 036206 (2010)
PRE **82** 031130 (2010)
M. Rigol and LFS
PRA **82** 011604(R) (2010)

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$t = V = 1$ $L=24$, 8 particles, $k=2$
 $t' = V'$ $\dim=30624$

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Bosons: eigenstates



Fluctuations
increase close to
integrable point
ETH breaks down

Chaotic region:
IPR is a
smooth function of E

Middle of spectrum

$$IPR_{mf} \rightarrow IPR_{GOE}$$

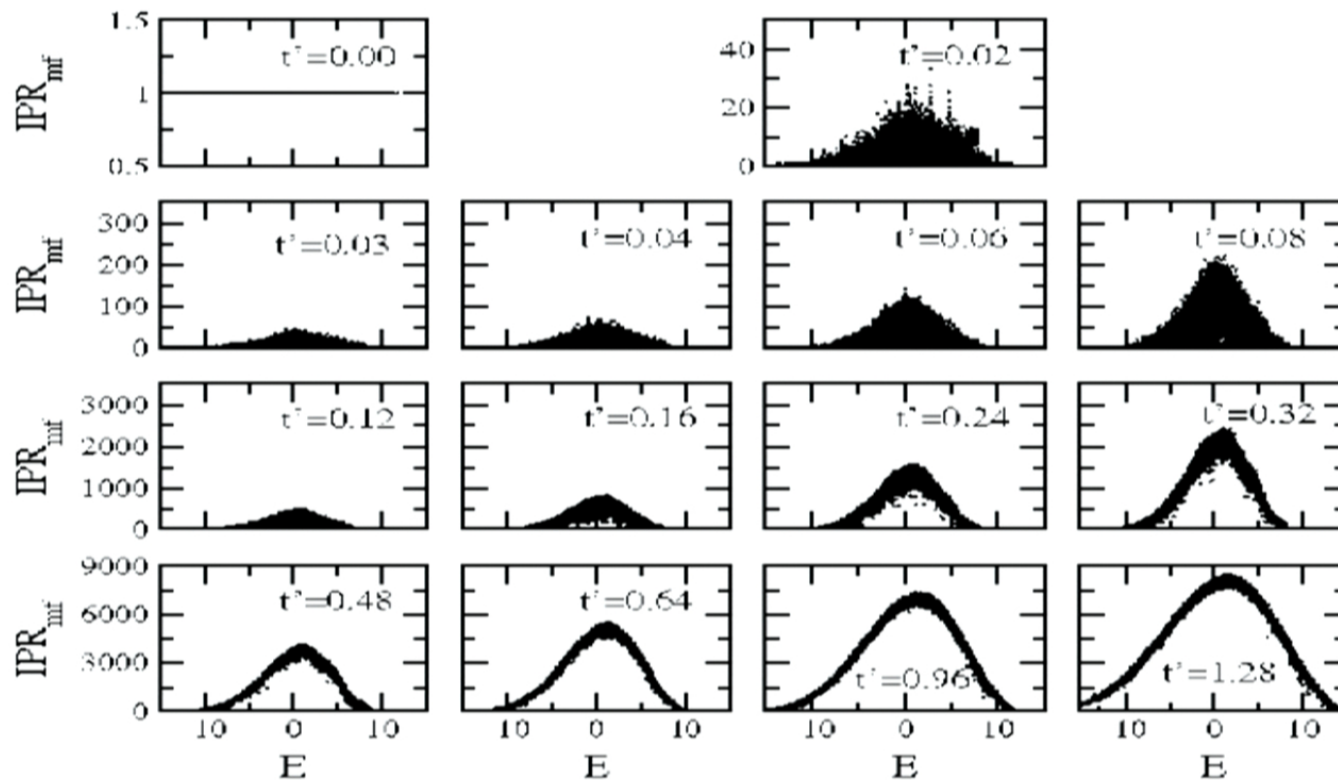
LFS & M. Rigol
PRE **81** 036206 (2010)
PRE **82** 031130 (2010)
M. Rigol and LFS
PRA **82** 011604(R) (2010)

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LFS & M. Rigol
PRE **81** 036206 (2010)
PRE **82** 031130 (2010)
M. Rigol and LFS
PRA **82** 011604(R) (2010)

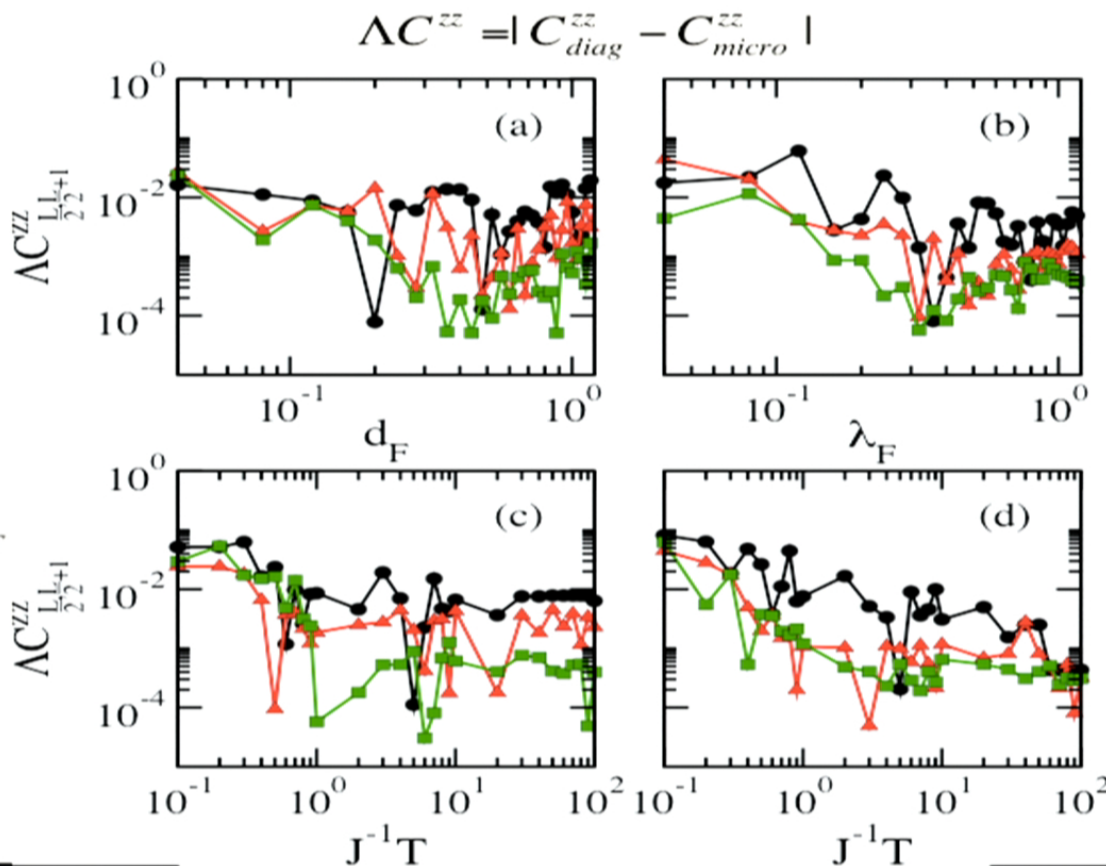
Lea F. Santos, Yeshiva University

$t = V = 1$ $L=24$, 8 particles, $k=2$
 $t' = V'$ $\dim=30624$

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Thermalization: local and nonlocal quenches

Quench:
XXZ to
Chaotic
Impurity
Model



Quench:
XXZ to
Chaotic
NNN
Model

L=12
L=15
L=18

He & Rigol
PRA **85**, 063609 (2012)
PRA **87**, 043615 (2013)

Torres & LFS
PRE (2013);
PRE (2014)

$$E_{ini} = \frac{1}{Z} \sum_{\alpha} E_{\alpha} e^{-E_{\alpha}/T}$$

$\Delta = 0.48, \lambda = 0.44$
 $d = 0.9, T = 7J$
1/3 up

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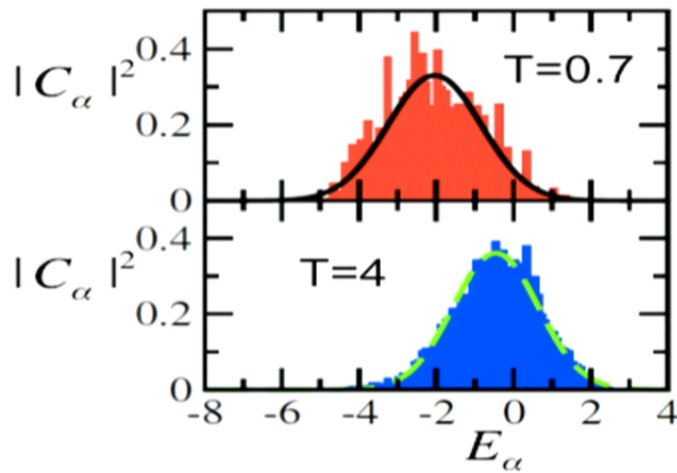
Quench: chaos to integrable

$$XXZ_{nn} + \lambda XXZ_{nnn} \rightarrow XXZ_{nn} \quad \Delta = 0.5, \lambda = 1 \rightarrow \Delta = 0.5, \lambda = 0$$

Quench: **chaotic** H_{initial} to **interacting integrable** H_{final}

$$\delta O = |O_{\text{diag}} - O_{\text{micro}}|$$

$$E_{\text{ini}} = \frac{1}{Z} \sum_{\alpha} E_{\alpha} e^{-E_{\alpha}/T}$$



Chaotic state
fills the energy shell

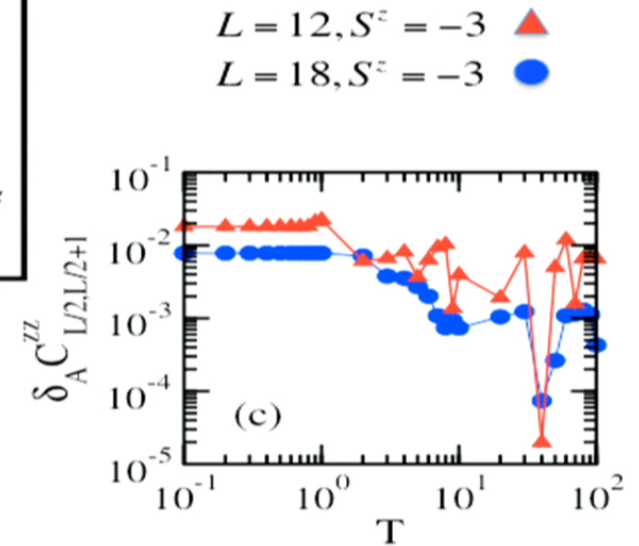
$$O_{\text{diag}} \equiv \sum_{\alpha} |C_{\alpha}|^2 O_{\alpha\alpha}$$

$$\longleftrightarrow =?$$

$$O_{\text{micro}} \equiv \frac{1}{N_{E_0, \Delta E}} \sum_{\alpha} O_{\alpha\alpha}$$

Rigol & Srednicki
PRL **108**, 110601 (2012)
He & Rigol
PRA **87**, 043615 (2013)

Torres-Herrera and LFS
PRE **88**, 042121 (2013)



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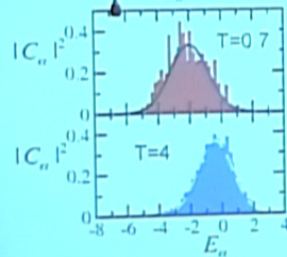
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Quench: chaos to integrable

$$XXZ_{\text{non}} + \lambda XXZ_{\text{non}} \rightarrow XXZ_{\text{int}} \quad \Delta = 0.5, \lambda = 1 \rightarrow \Delta = 0.5, \lambda = 0$$

Quench: chaotic H_{initial} to interacting integrable H_{final} $\delta O = |O_{\text{obs}} - O_{\text{int}}|$

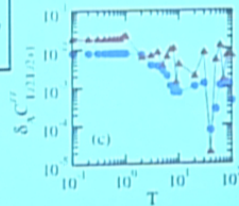
$$E_{\text{int}} = \frac{1}{Z} \sum E_n e^{-\beta E_n}$$



$$O_{\text{obs}} = \sum_n |C_n|^2 O_{\text{int}}$$

$$O_{\text{int}} = \frac{1}{N_{L,\Delta}} \sum_{|E_n - E_{\text{int}}| < \Delta} O_{\text{int}}$$

$L = 12.5 \rightarrow -3 \blacktriangle$
 $L = 18.5 \rightarrow -3 \bullet$



Chaotic state fills the energy shell

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Rigol & Srednicki
 PRL 108, 110601 (2012)
 He & Rigol
 PRA 87, 043615 (2013)

Torres-Herrera and LFS
 PRE 88, 042121 (2013)

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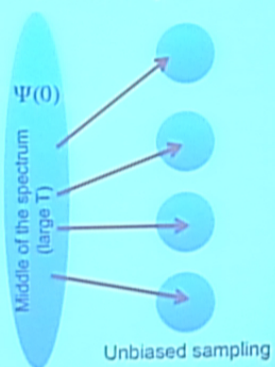
Thermalization: Role of the initial state

Integrable to chaos



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Chaos to integrable



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