

Title: 13/14 PSI - Explorations in Cosmology - Lecture 13

Date: Apr 24, 2014 10:15 AM

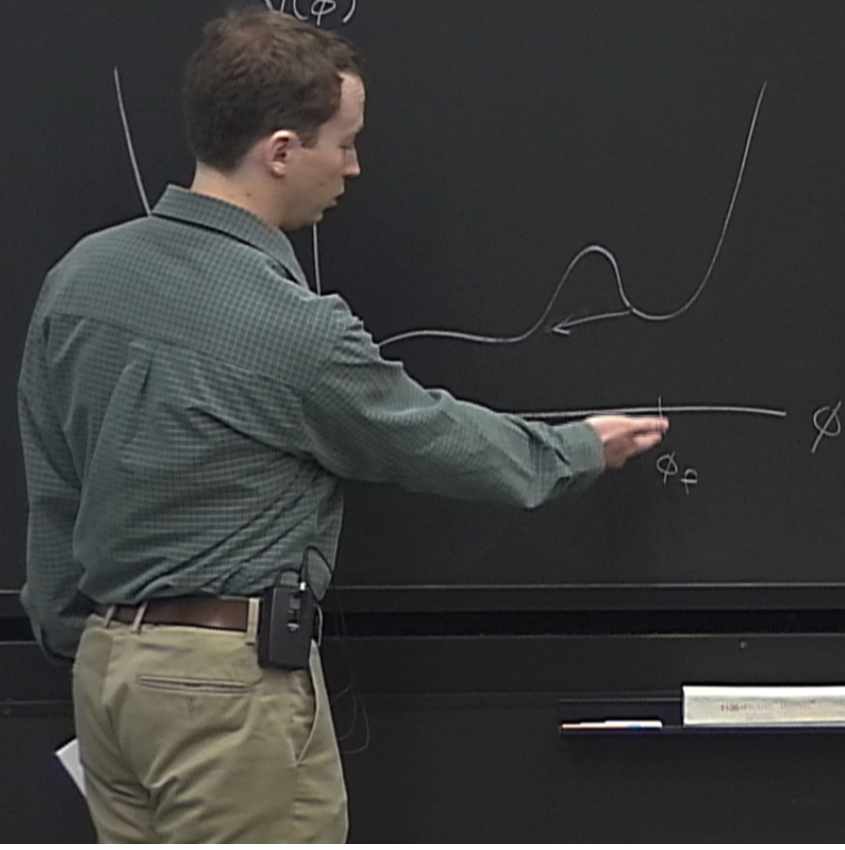
URL: <http://pirsa.org/14040058>

Abstract:

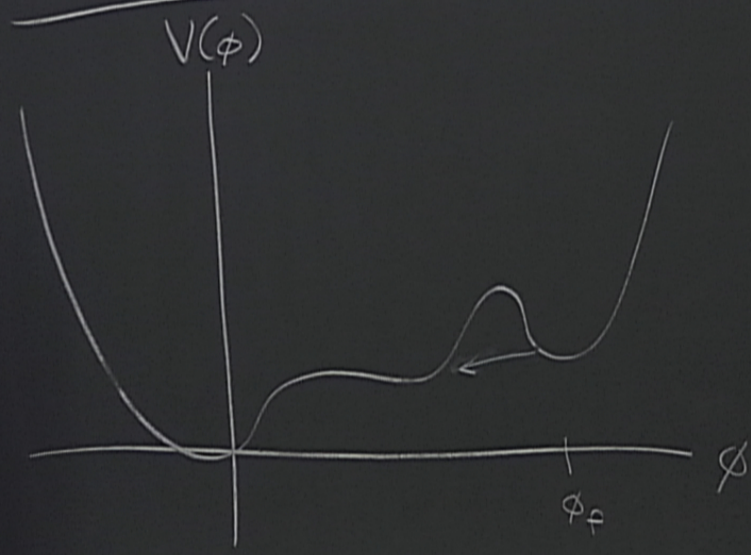


Vacuum Decay

$$V(\phi)$$



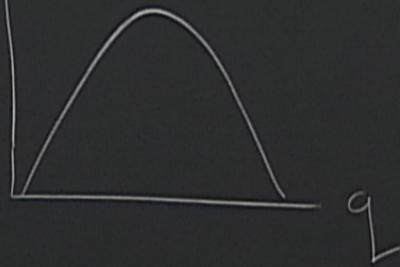
Vacuum Decay



ay

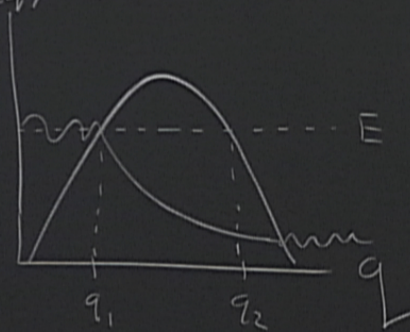
Tunneling in QM

$$U(q) \quad L = \frac{1}{2} M \dot{q}^2 - U(q)$$



ϕ

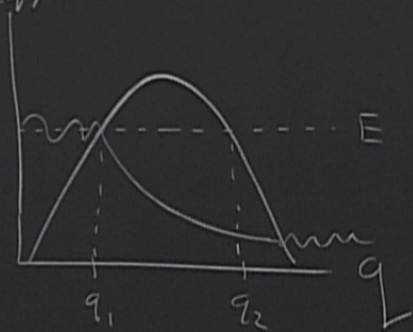
Tunneling in QM
 $U(q)$ $L = \frac{1}{2} M \dot{q}^2 - U(q)$



WKB approximation

$$A = e^{-\frac{1}{\hbar} \int_{q_1}^{q_2} dq \sqrt{2(U-E)}} (1 + O(\hbar))$$

Tunneling in QM
 $U(q)$ $L = \frac{1}{2} M \dot{q}^2 - U(q)$



WKB approximation

$$A = e^{-\frac{1}{\hbar} \int_{q_1}^{q_2} dq \sqrt{2(U-E)}} (1 + O(\hbar))$$

$A \rightarrow 0$ as $\hbar \rightarrow 0$ faster than any power of \hbar

New method - instantons

$|q_i\rangle$

New method - instantons

$$\langle q_f | e^{-iH\tilde{T}/\hbar} | q_i \rangle = \int [dq] e^{iS[q(t)]/\hbar}$$

$$H = \frac{p^2}{2} + U(q)$$

$$q(\tilde{T}/2) = q_f$$

$$q(-\tilde{T}/2) = q_i$$

dom contributions to path integral are sol to EOM

$$M\ddot{q} + V' = 0$$

New method - instantons

$$\langle q_f | e^{-iH\tilde{T}/\hbar} | q_i \rangle = \int [dq] e^{iS[q(t)]/\hbar}$$
$$H = \frac{p^2}{2} + U(q)$$
$$q(\tilde{T}/2) = q_f$$
$$q(-\tilde{T}/2) = q_i$$

dom contributions to path integral are sol to EOM

$$M\ddot{q} + V' = 0$$

Wick rotation

$\mathcal{Z}]/\hbar$

Wick rotation $t = -it_E$ $\tilde{T} = -iT$
 $\langle q_f | e^{-HT/\hbar} | q_i \rangle = \int [dq] e^{-S_E[q(t_E)]/\hbar}$

saddlepoint analysis \rightarrow dom cont. from sol

Euc. EOM: $M\ddot{q} - U'(q) = 0$

to EOM

Wick rotation $t = -i\tau$ $\tilde{T} = -i T$

$$\langle q_f | e^{-HT/\hbar} | q_i \rangle = \int [dq] e^{-S_E[q(t)]/\hbar}$$

saddlepoint analysis \rightarrow dom cont. from sol

Eucl. EOM: $M\ddot{q} - U'(q) = 0$

\nwarrow inverted potential

Wick rotation $t = -it_E$ $\tilde{T} = -iT$

$$\langle q_f | e^{-HT/\hbar} | q_i \rangle = \int [dq] e^{-S_E[q(t_E)]/\hbar}$$

saddlepoint analysis \rightarrow dom cont. from sol

Eucl. EOM: $M\ddot{q} - U'(q) = 0$

\nwarrow inverted potential

$$\langle q_f | e^{-HT/\hbar} | q_i \rangle = \sum_m \langle q_f | e^{-HT/\hbar} | m \rangle \langle m | q_i \rangle$$

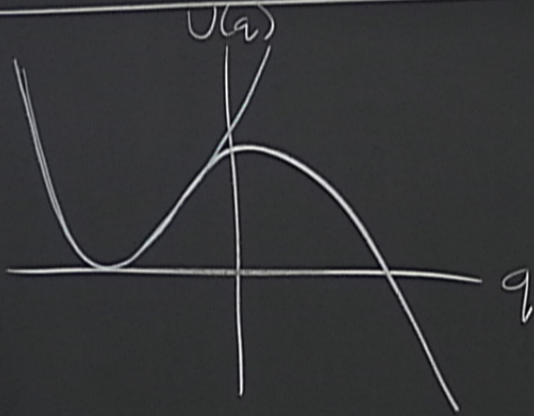
\swarrow energy eigenstates

$$= \sum_m e^{-E_m T/\hbar} \langle q_f | m \rangle \langle m | q_i \rangle$$

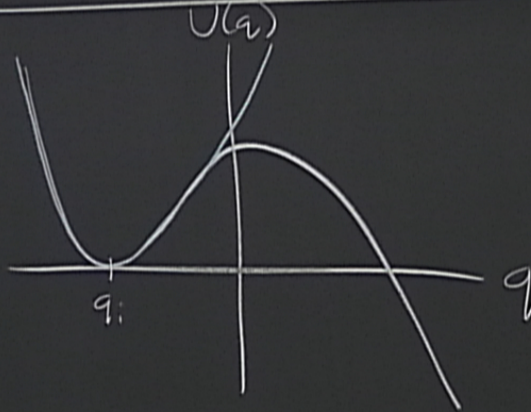
$$\underset{T \rightarrow \infty}{\approx} C e^{-E_0 T/\hbar}$$

\swarrow real #

Metastable state in QM



Metastable state in QM



$$e^{-iE + i/\hbar} = e^{-i \operatorname{Re}(E) + i/\hbar + \operatorname{Im}(E) + i/\hbar}$$
$$\Gamma = -\frac{\operatorname{Im}(E)}{2\hbar}$$

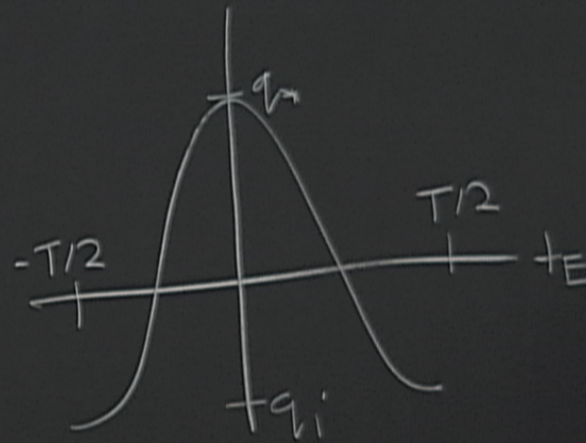
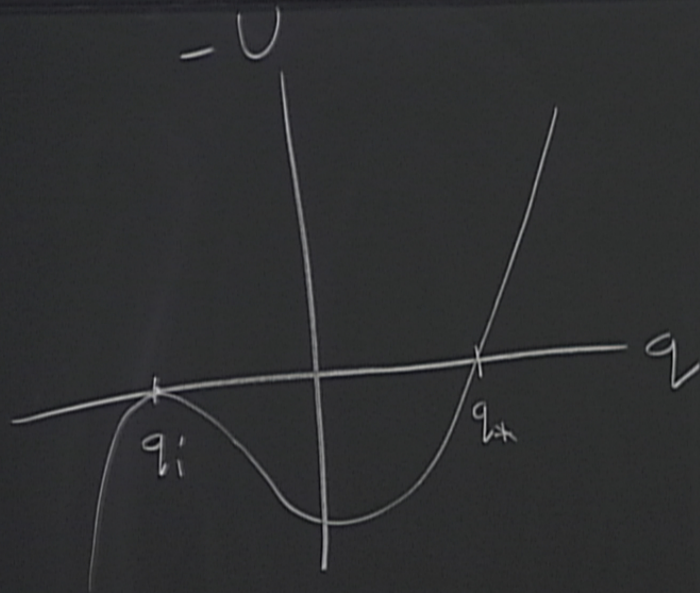
Path is time independent

Find Γ by evaluating

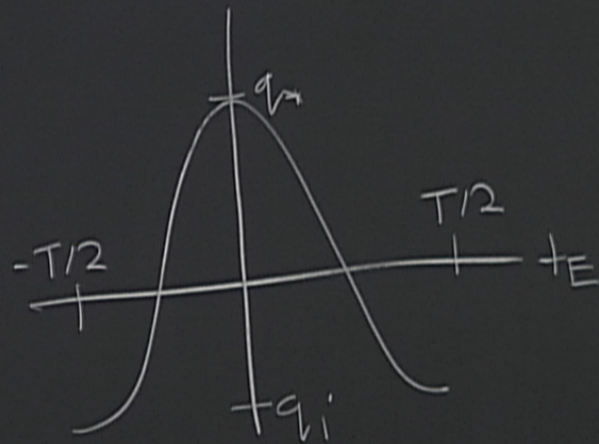
$$\int [dq] e^{-S_E[q(t)]}$$

$$q[T/2] = q_i = q[-T/2] \text{ in } T \rightarrow \infty$$

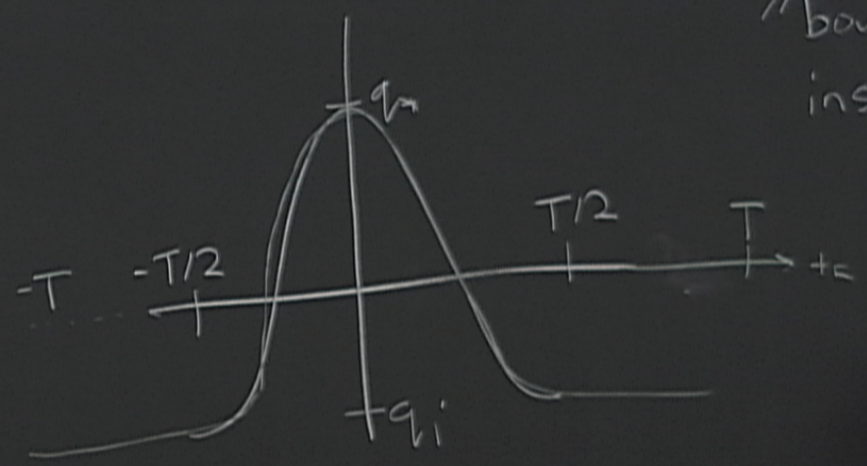
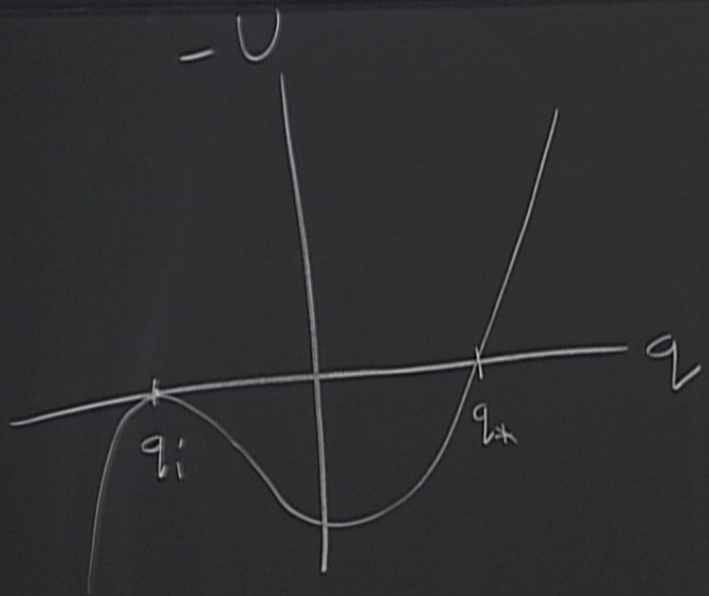
$\epsilon) + 1/\hbar$



"bounce"
instanton in 1

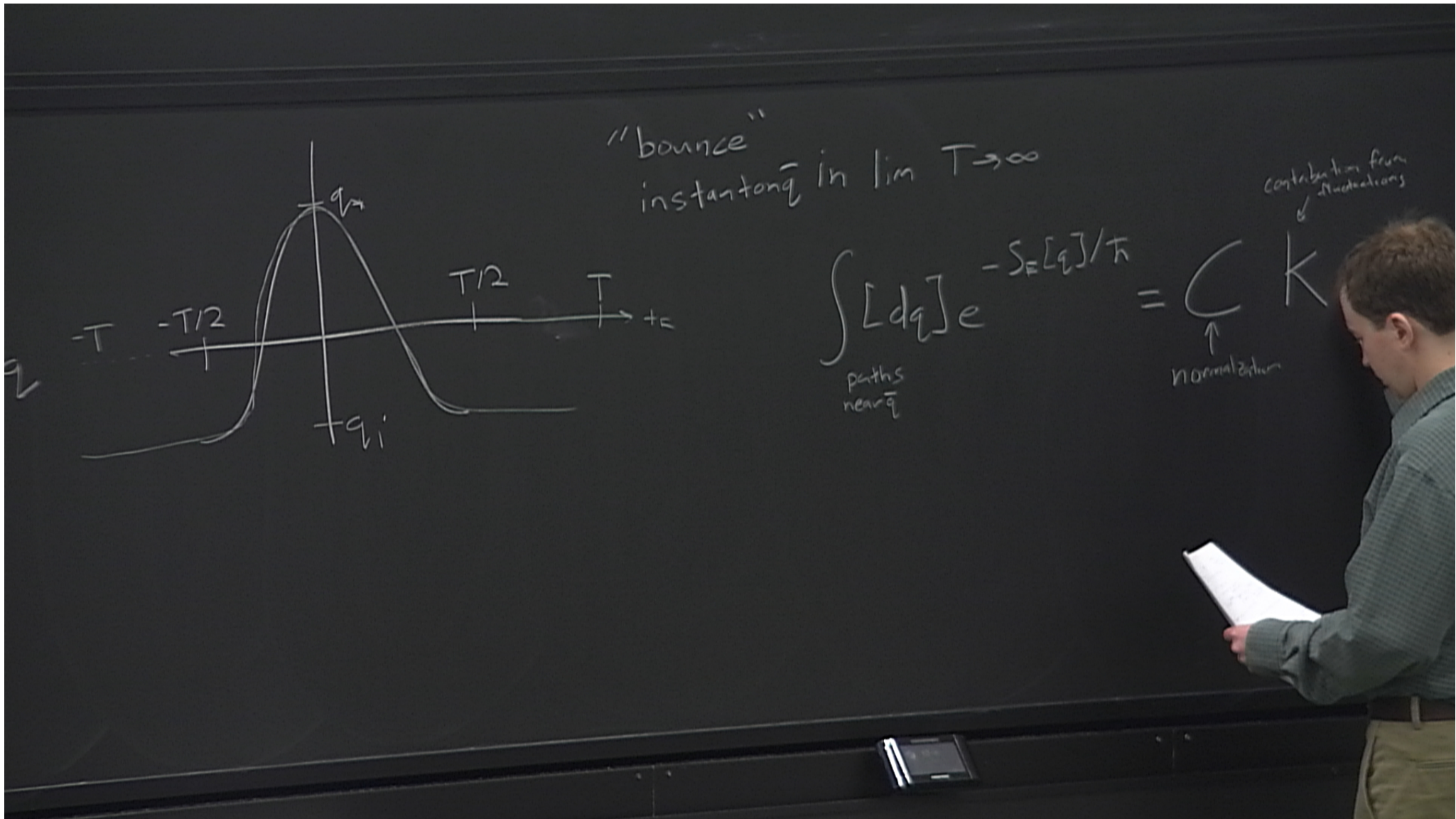


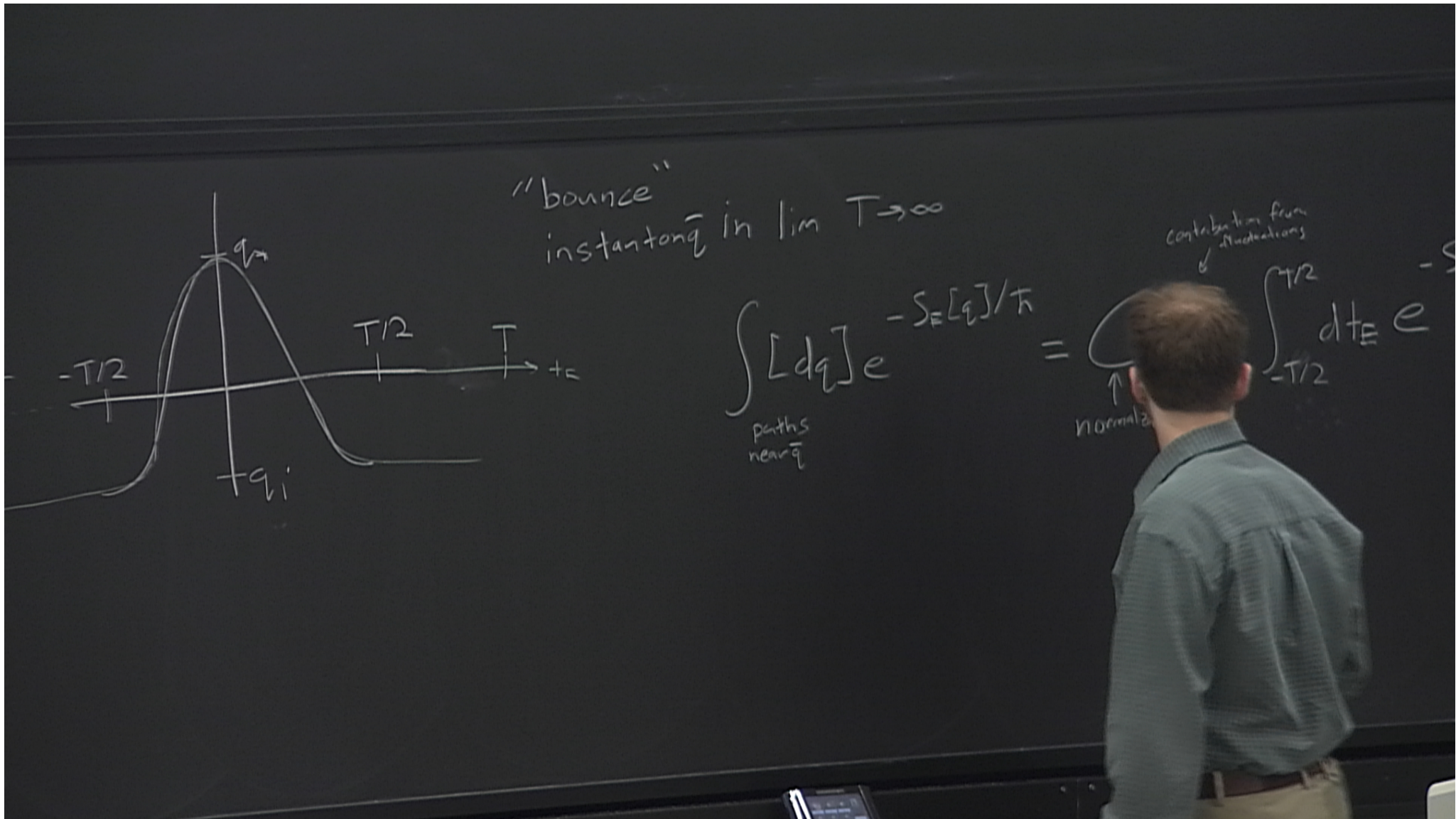
"bounce"
instantaneous in $\lim T \rightarrow \infty$



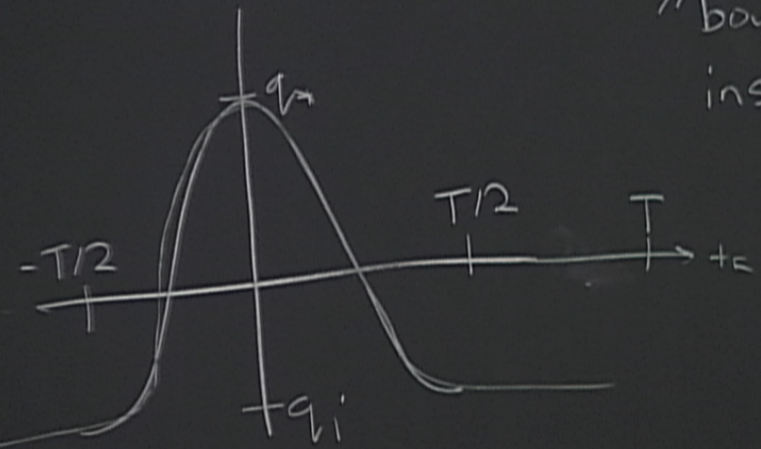
"bounce"
instantaneous in lim







"bounce"
instanton \bar{q} in $\lim T \rightarrow \infty$



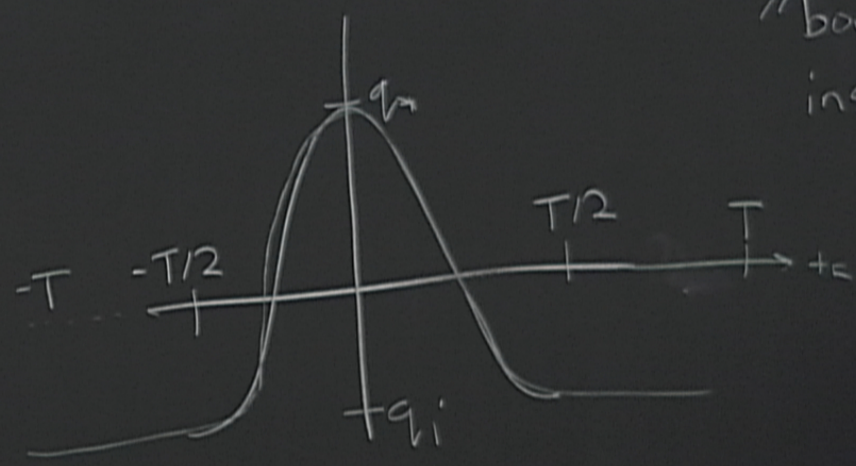
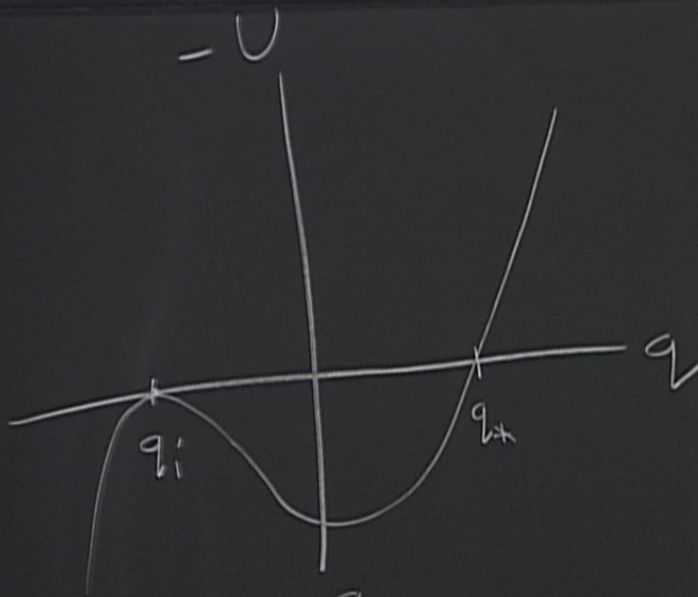
$$\int [dq] e^{-S_E[q]/\hbar} = \text{normalization} \int_{-T/2}^{T/2} dt_E e^{-S_E}$$

paths near \bar{q}

contribution from fluctuations

"bounce"
instanton \bar{q} in $\lim T \rightarrow \infty$

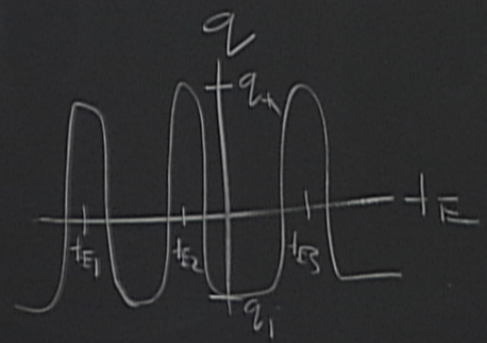
$$\begin{aligned}
 \int [dq] e^{-S_E[q]/\hbar} &= \lim_{T \rightarrow \infty} \underbrace{C}_{\text{normalization}} \underbrace{K}_{\text{contribution from fluctuations}} \int_{-T/2}^{T/2} dt e^{-S_E[\bar{q}]/\hbar} \\
 &\quad \begin{array}{l} \text{paths} \\ \text{near } \bar{q} \end{array} \quad \begin{array}{l} \text{center instanton anywhere} \end{array}
 \end{aligned}$$



"bounce"
instanton \bar{q} in lim

$$\int [Ldq]$$

paths near \bar{q}



Euc. of n -instanton sol. is $\approx n S_E[\bar{q}]$

$$\langle q_i | e^{-HT/\hbar} | q_i \rangle = C \sum_n$$



$$\langle q_i | e^{-HT/\hbar} | q_i \rangle = C \sum_n K^n \int_{-\frac{T}{2}}^{\frac{T}{2}} dt_{E_n} \int_{-\frac{T}{2}}^{t_{E_n}} dt_{E_{n-1}} \dots$$

$$\begin{aligned}
|q_i\rangle &= C \sum_n K^n \int_{-\frac{T}{2}}^{\frac{T}{2}} dt_{E_n} \int_{-\frac{T}{2}}^{t_{E_n}} dt_{E_{n-1}} \dots \int_{-\frac{T}{2}}^{t_{E_2}} dt_{E_1} e^{-n S_E[\bar{q}]/\hbar} \\
&= C \sum_n K^n \frac{T^n}{n!} e^{-n S_E[\bar{q}]/\hbar} \\
&= C \exp[kT e^{-S_E[\bar{q}]/\hbar}]
\end{aligned}$$

q_i
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} t_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U \right]$$

q_i
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} t_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} t_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

Scalar QFT

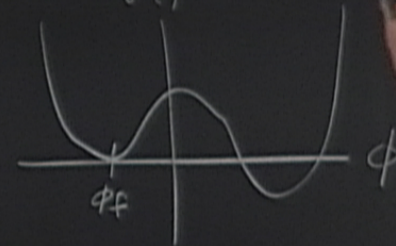
$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$

What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} dt_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

Scalar QFT

$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$

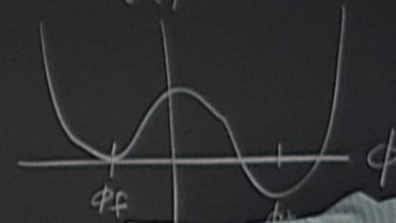


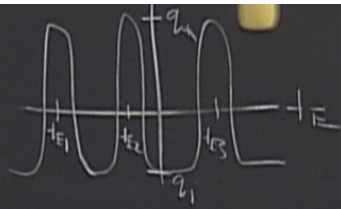
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} dt_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

Scalar QFT

$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$





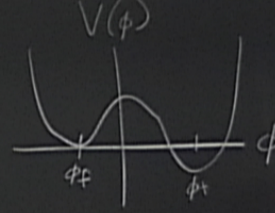
Exc. of ...

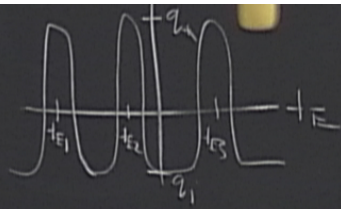
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} t_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

Scalar QFT

$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$





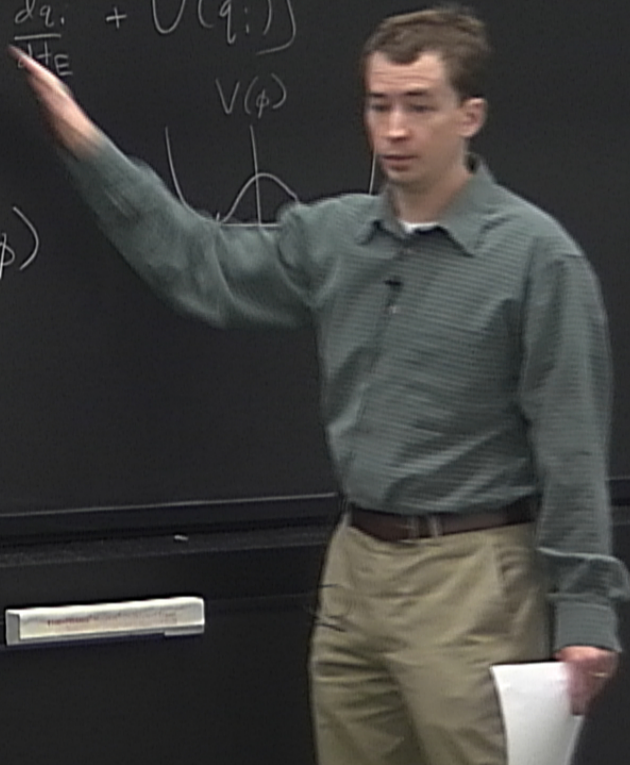
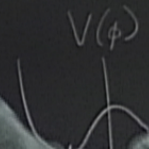
Exc. of ...

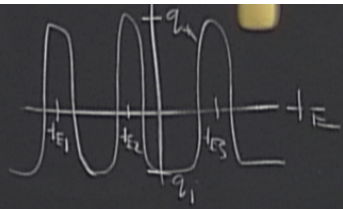
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} dt_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

Scalar QFT

$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$





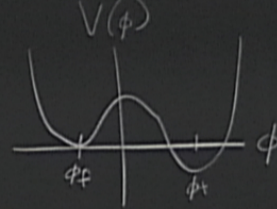
Exc. of ...

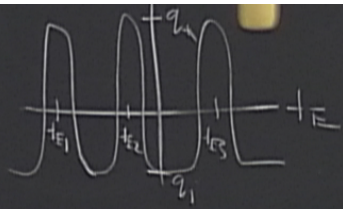
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} t_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

or QFT

$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$





Exc. of ...

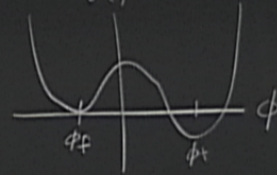
What changes in many dimensional QM?

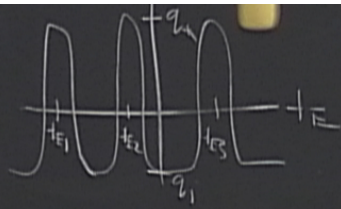
$$S_E = \int_{-\infty}^{\infty} t_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

Scalar QFT

$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi)$$

$$\frac{\Gamma}{\text{Vol}} =$$





Exc. of ...

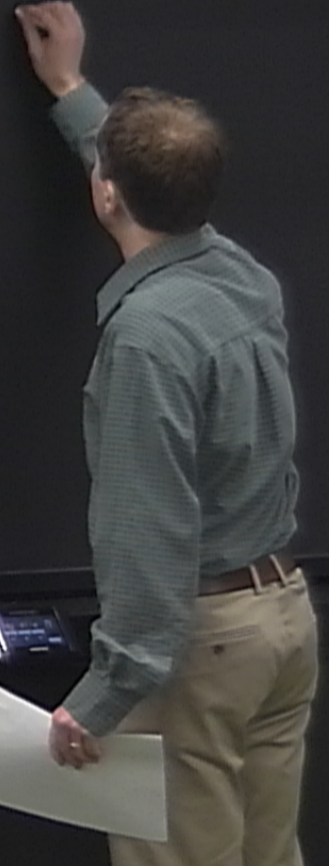
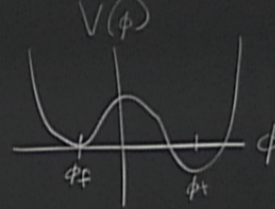
What changes in many dimensional QM?

$$S_E = \int_{-\infty}^{\infty} dt_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

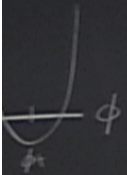
Scalar QFT

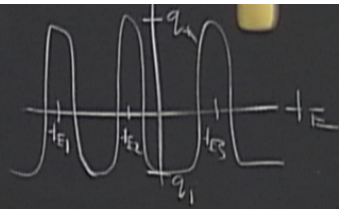
$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$

$$\frac{\Gamma}{\text{Vol}} = A e^{-B/\hbar} (1 + \mathcal{O}(\hbar))$$



$$B = \int dt_E d^3x \left[\frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla\phi)^2 + V(\phi) \right]$$





Exc. of ...

What changes in many dimensional QM?

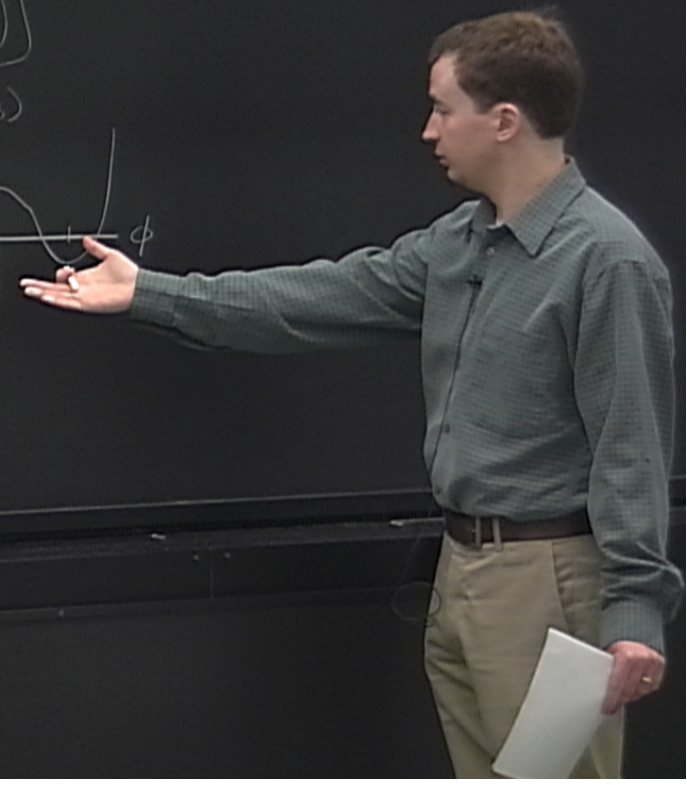
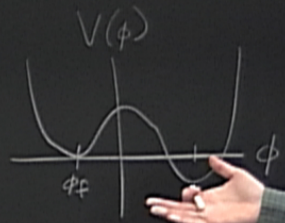
$$B = \int dt$$

$$S_E = \int_{-\infty}^{\infty} dt_E \left[\frac{1}{2} \frac{dq_i}{dt_E} \frac{dq_i}{dt_E} + U(q_i) \right]$$

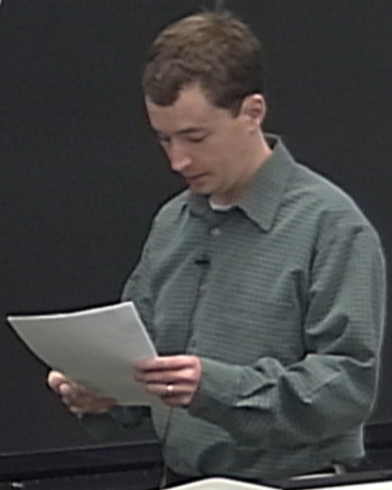
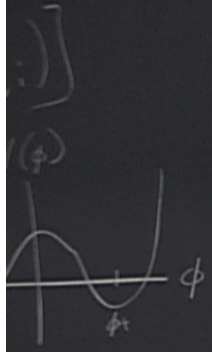
Scalar QFT

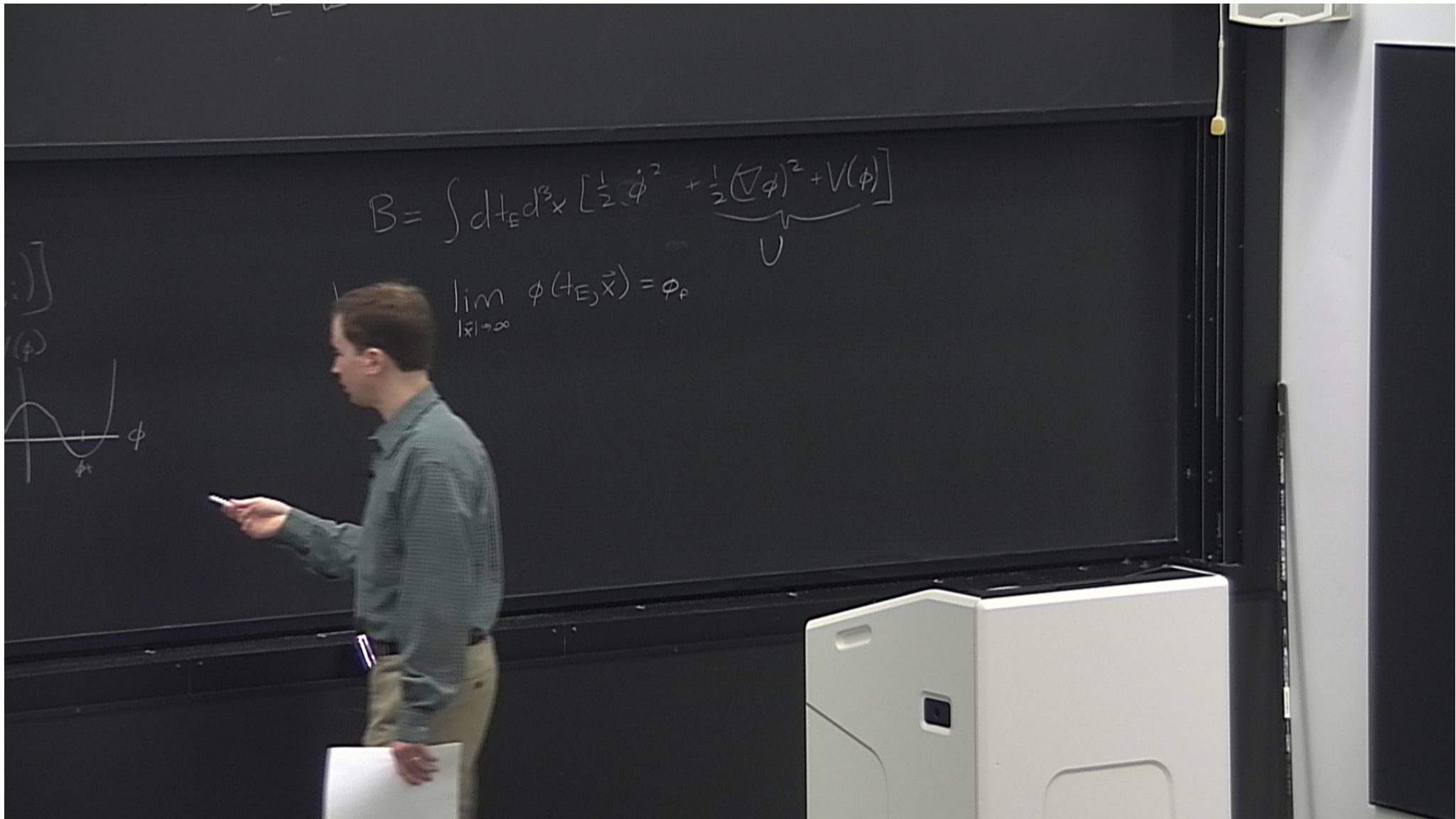
$$\mathcal{L}_E = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + V(\phi)$$

$$\frac{\Gamma}{\text{Vol}} = A e^{-B/\hbar} (1 + \mathcal{O}(\hbar))$$



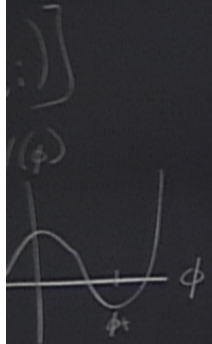
$$B = \int dt_E d^3x \left[\frac{1}{2} \dot{\phi}^2 + \underbrace{\frac{1}{2} (\nabla\phi)^2 + V(\phi)}_U \right]$$





$$B = \int dt_E d^3x \left[\frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla\phi)^2 + V(\phi) \right]$$

$$\lim_{|\vec{x}| \rightarrow \infty} \phi(t_E, \vec{x}) = \phi_f$$



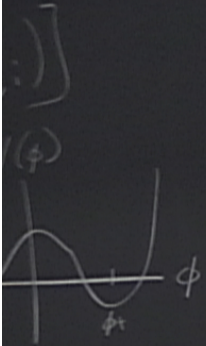
$$B = \int dt_E d^3x \left[\frac{1}{2} \dot{\phi}^2 + \underbrace{\frac{1}{2} (\nabla\phi)^2 + V(\phi)}_U \right]$$

b.c. $\lim_{|\vec{x}| \rightarrow \infty} \phi(t_E, \vec{x}) = \phi_f$

$$\frac{\partial \phi(0, \vec{x})}{\partial t_E} = 0$$

Sol to Eur. EOM w/ lowest action are $O(4)$ invariant

$$\rho = \sqrt{t_E^2 + |\vec{x}|^2}$$



EOM. $\frac{d^2 \beta}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} + V'(\phi) = 0$

describes a particle moving in a potential $-V$ with time dep.

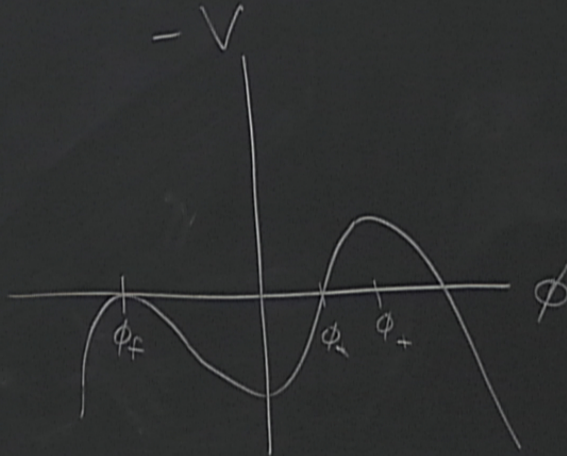
EOM.

$$\frac{d^2 \phi}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} + V'(\phi) = 0$$

describes a particle moving in a potential $-V$ with time dep. damping

$$\lim_{\rho \rightarrow \infty} \phi(\rho) = \phi_f$$

$$\left. \frac{d\phi}{d\rho} \right|_{\rho=0} = 0$$



EOM.

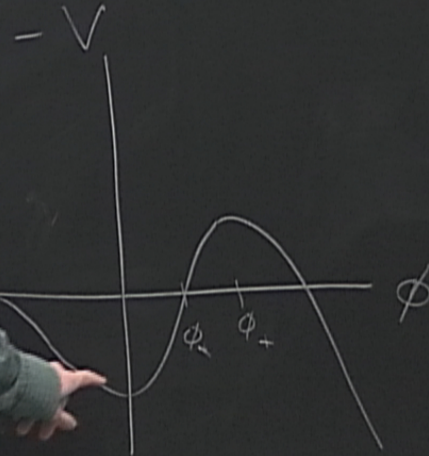
$$\frac{d^2 \phi}{d\rho^2} + \frac{3}{\rho} \frac{d\phi}{d\rho} + V'(\phi) = 0$$

describes a particle moving in a potential $-V$ with time dep. damping

solutions always exist

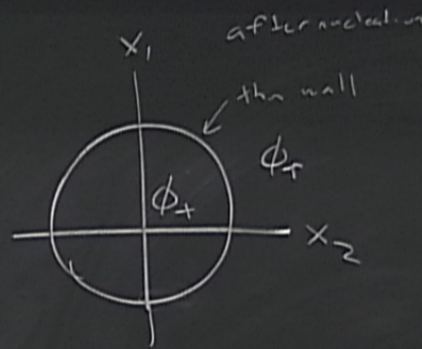
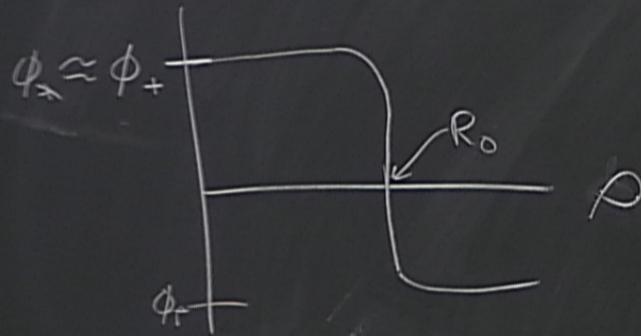
1. undershoot start to the left of

$\lim_{\rho \rightarrow \infty} \phi = f$
d



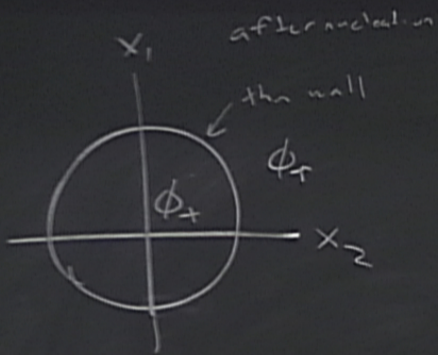
Thin-wall limit

$$V(\phi_+) \approx V(\phi_-)$$



$$S_E = -\frac{1}{2} \pi^2 R$$

$T \rightarrow 0$



$$S_E = -\frac{1}{2} \underbrace{2R_0^4}_{\text{vol}} \underbrace{\epsilon}_{V(\phi_+) - V(\phi_-)} + 2\pi^2 \underbrace{R_0^3}_{\text{surface term}} \underbrace{\sigma}_{\text{surface tension}}$$

$$\frac{dS_E}{dR_0} = 0 \quad R_0 = \frac{3\sigma}{\epsilon}$$

$$S_E = \frac{27\pi^2 \sigma^4}{2\epsilon^3}$$

$T \rightarrow 0$

\therefore time independent

$$-\frac{1}{2} \underbrace{\pi^2 R_0^4}_{\text{vol}} \underbrace{\Sigma}_{V(\phi_1) - V(\phi_2)} + 2\pi^2 R_0^3 \underbrace{\sigma}_{\text{surface term}}$$

$$= 0 \quad R_0 = \frac{3\sigma}{\epsilon}$$

$$S_E = \frac{27\pi^2 \sigma^4}{2\epsilon^3}$$

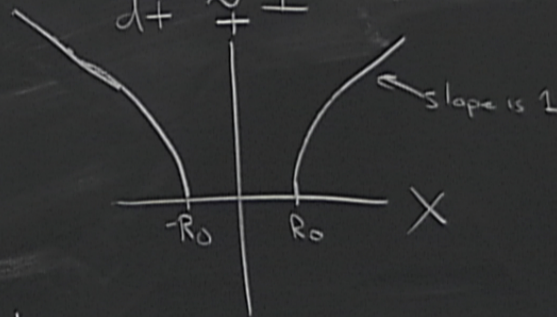
$T \rightarrow 0$

\rightarrow time independent

real time evolution after nucleation
 $O(4) \rightarrow O(3,1)$

$$R(t) = \sqrt{t^2 - R_0^2}$$

$$\frac{dR}{dt} \approx 1 \quad \text{for } t > R_0$$



$$-\frac{1}{2} \pi^2 R_0^4 \epsilon + 2 \pi^2 R_0^3 \sigma$$

\uparrow vol \uparrow $V(\phi_1) - V(\phi_2)$ \uparrow surface term
↖ surface tension

$$= 0 \quad R_0 = \frac{3\sigma}{\epsilon}$$

$$E = \frac{27 \pi^2 \sigma^4}{2 \epsilon^3}$$

$T \rightarrow 0$

time independent

real time evolution after nucleation
 $O(4) \rightarrow O(3,1)$

$$R(t) = \sqrt{t^2 - R_0^2}$$

$$\frac{dR}{dt} \approx 1 \quad \text{for } t > R_0$$

