

Title: Introduction to Quantum Field Theory for Cosmology - Lecture 21

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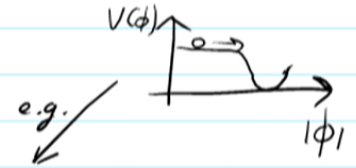
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Abstract:

QFT for Cosmology, Achim Kempf, Winter 14, **Lecture 21**

Note Title

Quantum fluctuations during cosmic inflation

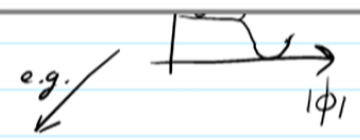


Strategy:

□ We assume a suitable potential $V(\phi)$ and suitable initial conditions, as discussed before.

⇒ Solutions $\phi_0(t)$ and $a_0(t)$ which exhibit slow roll inflation for a suitable finite time interval $[t_i, t_f]$, i.e., $[\eta_i, \eta_f]$.

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□ We consider the case of small inhomogeneities in the inflaton field:

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$$\phi(x, \eta) = \phi_0(\eta) + \varphi(x, \eta) \quad \text{with} \quad |\varphi(x, \eta)| \ll |\phi_0(\eta)|$$

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In inflationary theory we are always assuming that the largest contribution to $T_{\mu\nu}(x)$ stems from the inflaton field $\phi(x)$:

$$T_{\mu\nu}^{\text{infl.}}(\eta, \vec{x}) = \phi_{,\mu} \phi_{,\nu} - g_{\mu\nu} \left[\frac{1}{2} g^{\alpha\beta} \phi_{,\alpha} \phi_{,\beta} - \frac{1}{2} m^2 \phi^2 \right]$$

⇒ Thus, because of the Einstein equation,

$$R_{\mu\nu}(x) - \frac{1}{2} g_{\mu\nu}(x) R(x) + \Lambda g_{\mu\nu}(x) = 8\pi G T_{\mu\nu}(x)$$

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⇒ Thus, because of the Einstein equation,

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inhomogeneities of $\phi(x)$ induce inhomogeneities of $g_{\mu\nu}(x)$:

→ Consider also small inhomogeneities
in the metric, i.e., in the spacetime

$$g_{\mu\nu}(x, \eta) = a(\eta) \eta_{\mu\nu} + \gamma_{\mu\nu}(x, \eta) \quad \text{with } |\gamma_{\mu\nu}(x, \eta)| \ll 1$$

- We would like to solve the full quantum theory of $\hat{g}_{\mu\nu}(x)$ and $\hat{\phi}(x)$ but this is too hard, inconsistent so far.
- In lowest order perturbation theory we first find the classical solutions $g_{\mu\nu}(\eta) = a(\eta) \eta_{\mu\nu}$ and $\phi_0(\eta)$ that are completely homogeneous and isotropic.

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- Then, we quantize only the $\hat{\phi}(x, \eta)$ and $\hat{\gamma}_{\mu\nu}(x, \eta)$.

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□ Why does this approximation help?

- * For fields \hat{e} , $\hat{j}_{\mu\nu}$ that are "small" the equations of motions are effectively linear in \hat{e} , $\hat{j}_{\mu\nu}$.
 - * This is because we can assume that in their equations of motion all terms that are quadratic or of higher power are negligible.
 - * This means that the quantum fields \hat{e} and $\hat{j}_{\mu\nu}$ have no potential terms, nor any mass terms.
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- * This is because we can assume that in their equations of motion all terms that are quadratic or of higher power are negligible.
- * This means that the quantum fields \hat{e} and $\hat{j}_{\mu\nu}$ have no potential terms, nor any mass terms.
- \Rightarrow We will obtain a free, i.e., noninteracting quantum field theory whose nontriviality only stems from the time-varying parameters $\phi_0(\gamma)$, $a_0(\gamma)$.

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We should expect two more sources of nontriviality:

1) Interdependence of \mathcal{E} and $\gamma_{\mu\nu}$ inhomogeneities:

* Much of the inhomogeneities of $\hat{\gamma}_{\mu\nu}(x, y)$ will be induced by the inhomogeneities of the inflaton, $\hat{\mathcal{E}}(x, y)$.

* Vice versa: we can also read the Einstein eqn from left to right \Rightarrow these gravity inhomogeneities induce the inflaton's inhomogeneities.

* Thus, the inflaton's inhomogeneities' dynamics

1) Interdependence of \mathcal{E} and $\gamma_{\mu\nu}$ inhomogeneities:

- * Much of the inhomogeneities of $\hat{\gamma}_{\mu\nu}(x, \eta)$ will be induced by the inhomogeneities of the inflaton, $\hat{\mathcal{E}}(x, \eta)$.
- * Vice versa: we can also read the Einstein eqn from left to right \Rightarrow these gravity inhomogeneities induce the inflaton's inhomogeneities.
- * Thus, the inflaton's inhomogeneities' dynamics cannot be separated from that of the metric.

2) Some of $\gamma_{\mu\nu}(x, \eta)$ is independent of \mathcal{E} !

Recall:

Gravity is a force with some similarity to electromagnetism:

□ Some electromagnetic fields only exist because there are charges or currents.

Similarly: Some part of the metric will depend on ϕ , while some metric fluctuations (gravitational waves) will be self-sustaining, i.e. they are degrees of freedom independent of ϕ .

□ But: also, some electromagnetic fields are self-sustaining, i.e., they exist independently, with their own dynamics.

Exercise: show this \rightarrow

□ Namely:

$$\vec{E}: \mathbb{R}^3 \rightarrow \mathbb{R}^3$$

Any vector field $\vec{E}(x)$ can be decomposed into:

$$\vec{E}(x) = \vec{E}(x) + \vec{E}(x)$$

Exercise: show this \rightarrow **Namely:** $\vec{E}: \mathbb{R}^3 \rightarrow \mathbb{R}^3$

Any vector field $\vec{E}(x)$ can be decomposed into:

$$\vec{E}(x) = \vec{E}_s(x) + \vec{E}_v(x)$$

↑
"gradient part"
or "scalar part"

↑
"curl part"
or "vector part"

Here, \vec{E}_s and \vec{E}_v derive from a scalar function Λ and a vector field \vec{A} respectively:

$$\vec{E}_s = \vec{\nabla} \Lambda \quad \text{and} \quad \vec{E}_v = \vec{\nabla} \times \vec{A}$$

They obey: $\vec{\nabla} \times \vec{E}_s = \vec{0}$ and $\vec{\nabla} \cdot \vec{E}_v = 0$ (A)

Exercise for
physics students: verify →

□ According to the Maxwell equations,
the scalar part, e.g., of the electric
field, \vec{E} , is caused by (or causes) the
electric charge density

$$\vec{\nabla} \cdot \vec{E} = \rho$$

⌈ * An unusual but mathematically
equivalent viewpoint.
* E.g. D-branes in string theory
are charges that are defined
from this viewpoint.

Thus, \vec{E} and \vec{B} fields can sustain
each other, which makes possible
nonzero electromagnetic fields (mainly
traveling waves) even where there
are no charges.

while the vector part is charge independent

$$\vec{\nabla} \times \vec{E} = -\frac{\partial \vec{B}}{\partial t}$$

and similarly for the magnetic field $\vec{B}(v)$.

□ Similarly, some curvature exists only
where there is energy-momentum.

- Similarly, some curvature exists only where there is energy-momentum.
- But, also, some curvature is self-sustaining, with dynamics, e.g., gravitational waves.

⇒ We should expect that $\hat{g}_{\mu\nu}(x, y)$ contains:

- * some curvature that is induced by (or induces) the inflaton inhomogeneities.
- * some curvature inhomogeneities that are self-sustaining i.e. that persist

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⇒ We should expect that $\hat{g}_{\mu\nu}(x, y)$ contains:

* some curvature that is induced by (or induces) the inflaton inhomogeneities.

* some curvature inhomogeneities that are self-sustaining, i.e., that possess their own dynamics - and therefore also their own quantum fluctuations.

How to separate these inhomogeneities of $g_{\mu\nu}(x, y)$?

How to separate these inhomogeneities of $\gamma_{\mu\nu}(x, y)$?

Similar to vector fields $\vec{E} : \mathbb{R}^3 \rightarrow \mathbb{R}^3$ we have for the tensor field γ :

□ The perturbations $\gamma_{\mu\nu}$ of the metric tensor can be decomposed into three types:

a) The part of $\gamma_{\mu\nu}$ which can be derived from scalar functions.

b) The part of $\gamma_{\mu\nu}$ which can be derived from vector fields.

□ The perturbations $\gamma_{\mu\nu}$ of the metric tensor can be decomposed into three types:

- a) The part of $\gamma_{\mu\nu}$ which can be derived from scalar functions.
- b) The part of $\gamma_{\mu\nu}$ which can be derived from vector fields.
- c) The part of $\gamma_{\mu\nu}$ which is purely tensor.

Decomposition of $g_{\mu\nu}(x, y)$, with respect to its spatial structure:

- One usually writes the "line element" ds^2 , i.e., the infinitesimal proper distance (squared) from x to $x+dx$ as

$$ds^2 = g_{\mu\nu}(x, y) dx^\mu dx^\nu \text{ with } dx^\mu = (dy, dx^1, dx^2, dx^3)$$

- Then, the decomposition takes the form:

$$ds^2 = \underbrace{a^2(y) \left(dy^2 - \sum_{i=1}^3 (dx^i)^2 \right)}_{\text{zero mode, i.e., homogeneous and isotropic part}} + \underbrace{ds_s^2}_{\text{scalar}} + \underbrace{ds_v^2}_{\text{vector}} + \underbrace{ds_T^2}_{\text{tensor}}$$

- Here, the spatially "scalar" part of the inhomogeneities reads

infinitesimal proper distance (squared) from x to $x+dx$ as

$$ds^2 = g_{\mu\nu}(x, \eta) dx^\mu dx^\nu \text{ with } dx^\mu = (d\eta, dx^1, dx^2, dx^3)$$

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Here, the spatially "scalar" part of the inhomogeneities reads

$$ds_s^2 = a^2(\eta) \left[2\Phi(x, \eta) d\eta^2 - 2 \sum_{i=1}^3 \frac{\partial}{\partial x^i} B(x, \eta) dx^i d\eta - \sum_{i,j=1}^3 \left(2\Psi(x, \eta) \delta_{ij} - 2 \frac{\partial}{\partial x^i} \frac{\partial}{\partial x^j} E(x, \eta) \right) dx^i dx^j \right]$$



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where Φ , Ψ , B and E are scalar functions.

□ The spatially "vector" part of the metric reads:

$$ds_v^2 = a^2(\eta) \left[2 \sum_{i=1}^3 V_i(x, \eta) dx^i d\eta \right. \\ \left. - \sum_{i,j=1}^3 \left(\frac{\partial}{\partial x^j} W_i(x, \eta) + \frac{\partial}{\partial x^i} W_j(x, \eta) \right) dx^i dx^j \right]$$

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where V_i and W_i are 3-vector fields.

□ The spatially "tensor" part of the metric is the remainder, i.e., is what cannot be derived from a scalar or vector fields:

$$ds_T^2 = a^2(\eta) \sum_{i,j=1}^3 h_{ij}(x, \eta) dx^i dx^j$$

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- Remark regarding the fields V^i, W^i and h_{ij} :

Analogous to the equations (A) above in electromagnetism,

$$\vec{\nabla} \times \vec{E}_s = \vec{0} \quad \text{and} \quad \vec{\nabla} \cdot \vec{E}_v = 0,$$

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we now have:

* V_i, W_j obey:

$$\vec{\nabla} \cdot \vec{V} = 0, \quad \vec{\nabla} \cdot \vec{W} = 0 \quad \left(\text{i.e. } \sum_{i=1}^3 \frac{\partial}{\partial x^i} V^i = 0 \text{ etc.} \right)$$

* h_{ij} obeys:

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$$h_{ij} = h_{ji}, \quad \sum_{i=1}^3 h_{ii} = 0, \quad \sum_{i=1}^3 \frac{\partial}{\partial x^j} h_{ij} = 0$$

Remark: This implies that h_{ij} describes "Weyl curvature" which is known to describe gravitational waves

The action:

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□ We insert the approximation

$$\phi(x, \eta) = \phi_0(\eta) + \mathcal{L}(x, \eta) \quad , \quad g_{\mu\nu} = a^2(\eta) \eta_{\mu\nu} + \gamma_{\mu\nu}(x, \eta) \quad ,$$

with \mathcal{L} , γ assumed small, into the action:

$$S' = \frac{-1}{16\pi G} \int R \sqrt{|g|} d^4x$$

$$+ \frac{1}{2} \int (\partial_\mu \phi)(\partial^\mu \phi) - V(\phi) \sqrt{|g|} d^4x$$

+ neglected (other fields)

$$+ \frac{1}{2} \int (\partial_r \phi)(\partial^r \phi) - V(\phi) \sqrt{|g|} d^4x$$

+ neglected (other fields)

⇒ One obtains many terms with $\Phi, \Psi, B, E, V, W, L$!

□ These terms can be simplified! Why?

Now that space is curved, there is no longer a preferred foliation of spacetime into spacelike hypersurfaces!

⇒ No preferred choice for the coordinate system.

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Now that space is curved, there is no longer a preferred foliation of spacetime into spacelike hypersurfaces!

⇒ No preferred choice for the coordinate system.

(e.g., no preferred conformal time & space cds)

□ But the choice of cds will affect the functions above, i.e. they are in part coordinate system dependent.

and thus our notion of equal time

⇒ We may choose our spacelike hypersurfaces so that these functions $\Phi, \bar{\Psi}, E, B, U, W, h$ vanish or simplify.

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It took on the order of 10 years to clarify this "gauge" question!

□ For detailed references, see e.g.:

* A. Riotto, hep-ph/0210162 (relatively compact)

* R. H. Brandenberger et al, Physics Reports 215, 203 (1992) (long)

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□ Result:

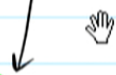
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Result:

- * For small inhomogeneities (1st order perturbation) nearly all inhomogeneities can be eliminated by suitable coordinate choice.
- * Except, there are two fields, which are coordinate system, i.e., "gauge" independent. Namely:

I) A spatially scalar field, τ , made of \mathcal{C} and $\chi_{\mu\nu}$'s scalar part:

recall: $\phi_0(\tau) = \text{classical homogeneous inflaton field.}$



$\chi_{\mu\nu} = g_{\mu\nu}(\tau) - \tau(\tau) \eta_{\mu\nu}$

Recall:

- * We predicted that the inflaton's inhomogeneities combine with curvature inhomogeneities to form one unified dynamical entity. It is $\tau(x, q)$.

Note: One can show that $\tau(x, q)$ can be viewed as the "intrinsic curvature", which, roughly speaking, measures how much space is locally bloated due to energy momentum.

III) A spatial tensor field:

Note: One can show that $r(x, \eta)$ can be viewed as the "intrinsic curvature", which, roughly speaking, measures how much space is locally bloated due to energy momentum.

II) A spatial tensor field:

This is $h_{ij}(x, \eta)$ itself. It represents $T_{\mu\nu}$ -independent, so-called Weyl curvature, namely gravitational waves. $h_{ij}(x, \eta)$ measures how much space is locally distorted against itself in different directions.

Intuition: For case I II III ... the one has

II) A spatial tensor field:

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Intuition: For cases **I**, **II** think of a rubber membrane that is stretched into a flat sheet. It can be locally stretched, say by heating **I**, or distorted in a rotational way **II**.

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Intuition: For cases **I**, **II** think of a rubber membrane that is stretched into a flat sheet. It can be locally stretched, say by heating **I**, or distorted in a rotational way **II**.

□ The expanded action

The action
$$S' = \frac{-1}{16\pi G} \int R \sqrt{|g|} d^4x$$

$$+ \frac{1}{2} \int (\partial_r \phi)(\partial^r \phi) - V(\phi) \sqrt{|g|} d^4x$$

must be expanded to second order in the inhomogeneities in order to obtain their equations of motion to first order:

$$S' = S_s + S_T$$

□ The scalar part:

$$S_s = \frac{1}{2} \int z^2(\eta) \left(\frac{\partial}{\partial x^\mu} \tau(x, \eta) \right) \left(\frac{\partial}{\partial x^\nu} \tau(x, \eta) \right) \eta^{\mu\nu} d^4x$$

$$S = S_s + S_T$$

▣ The scalar part:

$$S_s = \frac{1}{2} \int z^2(\eta) \left(\frac{\partial}{\partial x^\mu} r(x, \eta) \right) \left(\frac{\partial}{\partial x^\nu} r(x, \eta) \right) \eta^{\mu\nu} d^4x$$

Here:

$$z(\eta) := \frac{a_o^2(\eta)}{a_o'(\eta)} \phi_o'(\eta) \approx \underbrace{\text{const}} \cdot a_o(\eta)$$

because $a_o'(\eta) \approx \text{const}(\eta)$ and $\phi_o' \approx \text{const}$ during inflation

▣ Remark:

This action is similar to the scalar action which

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▣ Remark:

This action is similar to the scalar action which we considered so far:

$$S_{\text{sc}} = \frac{1}{2} \int a^2(\eta) \left(\frac{\partial}{\partial x^\mu} \phi(x, \eta) \right) \left(\frac{\partial}{\partial x^\nu} \phi(x, \eta) \right) \eta^{\mu\nu} d^4x$$

The only difference is that $a(\eta)$ is now replaced by the more complicated (but still classical fixed background function) $z(\eta)$.

▣ The tensor part: Each h_{ij} has exactly our well-known action:

$$S = \frac{1}{2} \int (\dots)$$

This action is similar to the scalar action which we considered so far:

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The only difference is that $a(\eta)$ is now replaced by the more complicated (but still classical fixed background function) $z(\eta)$.

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$$S_T = \frac{1}{64\pi G} \sum_{i,j=1}^3 \int a^2(\eta) \frac{\partial}{\partial x^\mu} (h^i_j(x, \eta)) \frac{\partial}{\partial x^\nu} (h^i_j(x, \eta)) \eta^{\mu\nu} d^4x !$$

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Quantization of r and h_{ij} :

□ The equations of motion come out to be:

Scalar:

$$r_h''(\eta) + \frac{2z'(\eta)}{z(\eta)} r_h'(\eta) + k^2 r_h(\eta) = 0$$

Tensor:

Quantization of r and h_{ij} :

□ The equations of motion come out to be:

Scalar:

$$r_k''(\eta) + \frac{2z'(\eta)}{z(\eta)} r_k'(\eta) + k^2 r_k(\eta) = 0$$

Tensor:

$$h_{ij,k}''(\eta) + \frac{2a'(\eta)}{a(\eta)} h_{ij,k}'(\eta) + k^2 h_{ij,k}(\eta) = 0$$

□ Exercise: verify

□ Strategy:

□ Recall: Previously in this course, this definition

$$\mathcal{L}(x, \dot{x}) := a(\eta) \phi(x, \dot{x})$$


achieved an eqn of motion without friction term:

$$x_k''(\eta) + \left(k^2 - \frac{a''}{a}\right) x_k(\eta) = 0$$

□ Scalar components:

Since in their action a is replaced by z , we need:

$$u(x, \dot{x}) := -z(\eta) r(x, \dot{x})$$

↖  convenient factor

This yields the eqn. of motion without friction:

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□ Scalar components:

Since in their action a is replaced by z , we need:

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□ The tensor components:

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□ The tensor components:

Here, we can define as previously in the course:

$$P_{ij}(x, \eta) := \frac{1}{\sqrt{32\pi G}} a(\eta) h_{ij}(x, \eta)$$

↖ convenient factor

to obtain the eqn of motion:

$$P_{ij,k}''(\eta) + \left(k^2 - \frac{a''(\eta)}{a(\eta)} \right) P_{ij,k}(\eta) = 0$$

□ The goal:

Quantize $\hat{a}_\mu(\eta)$, $\hat{\pi}_\mu(\eta)$ and calculate $\delta T_\mu(\eta)$ and $\delta h_{\mu\nu}(\eta)$

$$P_{ij}(x, \eta) := \frac{1}{\sqrt{32\pi G}} a(\eta) h_{ij}(x, \eta)$$

← convenient factor

to obtain the eqn of motion:

$$P_{ij,k}''(\eta) + \left(k^2 - \frac{a''(\eta)}{a(\eta)} \right) P_{ij,k}(\eta) = 0$$

□ The goal:

Quantize $\hat{u}_k(\eta)$, $\hat{p}_{ij}(\eta)$ and calculate $\delta\tau_k(\eta)$ and $\delta h_{ij}(\eta)$

from them at horizon crossing (after which they are constant).

to obtain the eqn of motion:

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▢ Ramifications: (preview)

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Ramifications: (preview)

- * Fluctuations of $\hat{\tau}$ yield local spacetime expansion (and thus eventually cooling) fluctuations
→ temperature spectrum in CMB
- * Fluctuations of \hat{h} yield grav. waves background.
Should appear in polarization spectrum of CMB.
→ BICEP2 experiment found it!