

Title: Introduction to Quantum Field Theory for Cosmology - Lecture 19

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Abstract:

## Application to specific cosmological models

The standard model of cosmology holds that the very early universe underwent a short period of almost exponential expansion, "inflation".

→ Begin by studying QFT in de Sitter spacetime:

The deSitter FRW spacetime can be defined through

$$a(t) := e^{Ht} \text{ for all } t \in \mathbb{R}$$

Notes: \*  $t$  is the time on a comoving observer's wrist watch  
\* large  $H \Leftrightarrow$  large acceleration

Here:  $H > 0$  is a constant, the "Hubble constant".

## The de Sitter horizon

Proposition: (in particle picture) (Note: large  $H \Leftrightarrow$  small horizon  $d_H$ )

Objects (or any observers) who are further apart than a proper distance of  $d_H = 2/H$  can never meet, and cannot communicate.

Proof: \* Consider an observer in a galaxy  $A$ . Let us choose the origin of the comoving (and proper) coordinate system  $(s)$  to be where this observer sits.

\* Now suppose that, at some arbitrary time,  $t_s$ , this observer sends a radio signal towards another galaxy,  $B$ .

- Proof: \*
- \* Consider an observer in a galaxy **A**. Let us choose the origin of the comoving (and proper) coordinate system ( $s$ ) to be where this observer sits.
  - \* Now suppose that, at some arbitrary time,  $t_s$ , this observer sends a radio signal towards another galaxy, **B**.
  - \* The signal travels in a small time  $\Delta t$  the small comoving distance  $\Delta x$ :

$$\frac{a(t) \Delta x}{\Delta t} = c = 1$$

proper distance
over unit convention here

↑ speed of light

⇒  $\underline{dx} = a^{-1}(t) \text{ i.e.: } \underline{dx} = e^{-Ht}$

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← proper distance
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⇒  $\frac{dx}{dt} = a^{-1}(t)$  i.e.:  $\frac{dx}{dt} = e^{-Ht}$

⇒  $x(t) = -\frac{1}{H} e^{-Ht} + C$

Fix the integration constant  $C$  so that  $x(t_s) = 0 \Rightarrow C = \frac{1}{H} e^{-Ht_s}$

⇒  $x(t) = -\frac{1}{H} e^{-Ht} + \frac{e^{-Ht_s}}{H}$

$-Ht_s$  { Terminal comoving }

Recall: The proper distance traveled is:  
 $d(t) = a(t) x(t)$   
 Clearly:  $d(t) \rightarrow \infty$  as  $t \rightarrow \infty$

$$\Rightarrow \frac{dx}{dt} = a'(t) \text{ i.e.: } \frac{dx}{dt} = e^{-Ht}$$

$$\Rightarrow x(t) = -\frac{1}{H} e^{-Ht} + C$$

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Terminal comoving distance traveled.

$\Rightarrow$  As  $t \rightarrow \infty$  we have  $x(t) \rightarrow \frac{e^{-Ht_s}}{H}$ .

Thus, can reach galaxy B if comoving distance is at most  $d_c = \frac{e^{-Ht_s}}{H}$ .

**Q:** Proper distance  $d_p$  of such B from A at  $t_s$ ?

**A:**  $d_s = a(t) d_c \Rightarrow d_s = e^{+Ht_s} \frac{e^{-Ht_s}}{H} = \frac{1}{H}$

Recall: This holds for arbitrary  $t_s$ .

- ⇒ A signal sent by  $A$  at any time  $t_s$  can only ever reach  $B$  if at the time of sending,  $t_s$ , the proper distance between  $A$  and  $B$  is at most  $\frac{1}{H}$ .
- ⇒ Any two observers further apart than a proper distance of  $\frac{2}{H}$  can never meet or communicate!

Interpretation: In the case where a deSitter exponential expansion lasts forever, between any objects of proper distance  $> \frac{2}{H}$ , space is being created faster than

(Remark: Notice that the

Proposition: (in wave picture)

Klein Gordon modes oscillate while their proper wavelength obeys  $\lambda \ll \frac{1}{H}$  but stop oscillating and possess instead an imaginary frequency when their proper wavelength has grown beyond, i.e., when  $\lambda \gg \frac{1}{H}$ , assuming that their mass is small:  $m \ll H$ .

Proof:

1) Let us switch to conformal time: (Thus, need  $a(\eta)$ !)

□ Recall:  $\eta(t) := \int \frac{1}{a(t')} dt'$

The choices of the integration constant  $C$  merely mean different fixed shifts



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here:  $\eta(t) = \int e^{-Ht'} dt'$   
 $= -\frac{1}{H} e^{-Ht} + C$

The choices of the integration constant  $C$  merely mean different fixed shifts in the time coordinate  $\eta$  relative to the time coordinate  $t$ .

□ Notice:

□ As  $t \rightarrow -\infty$  we have  $\eta \rightarrow -\infty$ .

□ But as  $t \rightarrow +\infty$  we have  $\eta \rightarrow C$ .

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□ Choose  $C = 0$ :



$$\eta(t) = -\frac{1}{H} \ln a(t)$$

□ As  $t \rightarrow -\infty$  we have  $\eta \rightarrow -\infty$ .

□ But as  $t \rightarrow +\infty$  we have  $\eta \rightarrow C$ .

□ Choose  $C = 0$ :

$\Rightarrow$

$$\eta(t) = -\frac{1}{H} \frac{1}{a(t)}$$

$$a(t) = -\frac{1}{H\eta(t)}$$

i.e.:

$$a(\eta) = -\frac{1}{H\eta}$$

2) Introduce  $\hat{\chi}_k(\eta) := a(\eta) \hat{\phi}_k(\eta)$ :

□ We have:  $\hat{\chi}_k(\eta) = -\frac{1}{4\eta} \hat{\phi}_k(\eta)$

□  $\hat{\chi}_k$  obeys this Klein Gordon equation

$$\hat{\chi}_k''(\eta) + \omega_k^2(\eta) \hat{\chi}_k(\eta) = 0$$

with:

$$\omega_k^2(\eta) = k^2 + m^2 a^2(\eta) - \frac{a''(\eta)}{a(\eta)}$$

□ Exercise: Show that in the de Sitter case this yields:

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□ Exercise: Show that in the de Sitter case this yields:

$$\omega_k^2(\eta) = k^2 + \frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2}$$

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3.) Check for imaginary frequencies.

□ Recall:

J.e. Compton wavelength  
 $\lambda/m \gg$  Hubble horizon  $1/H$

We are assuming  $m \ll H$ .

(This will be the case in the analogous calculation for realistic inflation)

□ Thus:  $\frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2} < 0$

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□ Thus: 
$$\frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2} < 0$$

□ Therefore: For each mode  $k$  there comes a time when  $\omega_k^2$  becomes negative!

□ The time when a mode  $k$  crosses the horizon is given by  $t_k$

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(This will be the case in the analogous calculation for realistic inflation)

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□ Therefore: For each mode  $k$  there comes a time when  $\omega_k^2$  becomes negative!

□ The time when a mode  $k$  crosses the horizon is given by:

$$\eta_{\text{hor}}(k) \approx -\frac{\sqrt{2}}{k} \quad (\text{here and henceforth neglecting the mass term})$$



#### 4.) Conclusion:

□ A mode oscillates as long as:

Recall:  $\eta \in (-\infty, 0)$   
i.e.  $|\eta| \gg 1/k$  means  
early times.

$$|\eta| \gg \frac{1}{k} \quad \text{i.e., while } |\eta|k \gg 1$$

(a)

(Used that  $V^2$  and 1 are of same order of magnitude)

□ A mode has imaginary frequency from when

This is late times, i.e.  
when  $\eta \approx 0$ .

$$|\eta| \ll \frac{1}{k} \quad \text{i.e., from when } |\eta|k \ll 1$$

(b)

Re-expressed in terms of proper wavelength?

Noting  $|\eta| = \frac{1}{Ha}$  and multiplying it with  $k = 2\pi/L$  we obtain:

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$$|\eta| k = \frac{1}{Ha} \frac{2\pi}{L}$$

Transforming to the proper wavelength,  $\lambda = a(\eta)L$ , we obtain:

$$|\eta| k = \frac{2\pi}{H\lambda}$$

(Thus, the proper wavelength,  $\lambda$ , of a fixed comoving mode,  $k$ , obeys:  

$$\lambda(\eta) = \frac{2\pi}{Hk|\eta|}$$
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Thus, finally, the two cases, (a) and (b) become:

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Re-expressed in terms of proper wave length?

Noting  $|\eta| = \frac{1}{Ha}$  and multiplying it with  $k = \frac{2\pi}{L}$  we obtain:

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↳ comoving wavelength

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Transforming to the proper wavelength,  $\lambda = a(\gamma)L$ , we obtain:

$$|\gamma| k = \frac{2\pi}{H \lambda}$$

(Thus, the proper wavelength,  $\lambda$ , of a fixed comoving mode,  $k$ , obeys:  
 $\lambda(\gamma) = \frac{2\pi}{H k |\gamma|}$ )

Thus, finally, the two cases, (a) and (b) become:

△ A mode oscillates as long as:  $|\gamma| k \gg 1$

i.e. as long as  $2\pi \gg 1$  i.e.:

$$\lambda \ll L$$

Transforming to the proper wavelength,  $\lambda = a(\gamma)L$ , we obtain:

$$|\gamma|k = \frac{2\pi}{H\lambda}$$

(Thus, the proper wavelength,  $\lambda$ , of a fixed comoving mode,  $k$ , obeys:  
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Thus, finally, the two cases, (a) and (b) become:

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□ A mode has imaginary frequency from when:

$|r|k \ll 1$ , i.e., from when  $\lambda \gg \frac{1}{H}$  (b)

This is what we had set out to show.



The more realistic case of a de Sitter expansion of a finite duration

## The more realistic case of a de Sitter expansion of a finite duration

- Consider the case that spacetime was exponentially expanding only in a finite time interval:

$$\eta_i < \eta < \eta_f$$

and assume that spacetime was expanding slowly or was even Minkowski before  $\eta_i$ , and after  $\eta_f$ .

- Recall: The time when a mode,  $k$ , crosses the horizon is:

$$\eta_{\text{hor}}(k) \approx -\frac{\sqrt{2}}{k} \quad \text{i.e.} \quad \eta_{\text{hor}}(L) \approx -L \frac{1}{\sqrt{2}\pi}$$

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Thus, modes  $k$  with  $\eta_{\text{hor}}(k) \notin [\eta_i, \eta_f]$  never cross



# ⇒ Three classes of modes:

## 1. "Small" modes:

These are modes which are so small that by the time their proper wavelength would reach the Hubble horizon length the de Sitter period is already over:

$$\eta_{hor}(k) \gg \eta_f$$

Recall: Both sides are negative

i.e.:

$$\frac{\sqrt{2}}{k} \ll |\eta_f|$$



Recall:  $\eta_{hor} \approx \frac{\sqrt{2}}{k}$

$$L \ll |\eta_f|$$

i.e.:

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Recall:  $\eta_{hor} \approx \frac{\sqrt{2}}{k}$

$$L \ll |\eta_f|$$

Their quantum fluctuations do not get "amplified", as we will see.

## 2. "Medium" size modes:

These are the modes which do cross the horizon because

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The quantum fluctuations of those modes are of cosmological interest.

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These are modes which were larger than the horizon already at  $\eta_i$ . In the inflationary scenario they are today

### 3. "Large" modes:

These are modes which were larger than the horizon already at  $\eta_i$ . In the inflationary scenario they are today very much larger than the visible universe. They may only contribute, effectively, like a cosmological constant - and may even be the origin of  $\Lambda$ .

Quantum fluctuations in de Sitter space.

□ The usual ansatz

## Quantum fluctuations in de Sitter space.

□ The usual ansatz

$$\hat{\chi}_k(\eta) = \frac{1}{\sqrt{2}} \left( v_k^+(\eta) a_k + v_k(\eta) a_k^\dagger \right)$$

succeeds, as always, for any function  $v_k$  which obeys:

$$v_k''(\eta) + \left( k^2 + \frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2} \right) v_k(\eta) = 0 \quad (a)$$

$$v_k'(\eta) v_k^\dagger(\eta) - v_k(\eta) v_k'^\dagger(\eta) = 2i \quad (b)$$

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$$v_k'(\eta) v_k^*(\eta) - v_k(\eta) v_k'^*(\eta) = 2i \quad (b)$$

□ The solution space of (a) can be shown to be spanned, for example, by these two *real-valued* Bessel functions

$$u_k(\eta) := \sqrt{k|\eta|} J_n(k|\eta|)$$

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(not complex conjugation,  
just another symbol)

$$\bar{u}_k(\eta) := \sqrt{k|\eta|} Y_n(k|\eta|)$$

← generalizations  
of sine and cosine

where:

$$n = \sqrt{\frac{9}{4} - \frac{m^2}{H^2}} \approx \frac{3}{2} \quad \left( \begin{array}{l} \text{by our assumption} \\ \text{of very small mass} \end{array} \right)$$

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△ Thus: every mode function  $v_k$  is a linear combination

$$v_k(\eta) = A_k u_k(\eta) + B_k \bar{u}_k(\eta) \quad (*)$$

with complex coefficients  $A_k, B_k$ .



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△ Thus: every mode function  $v_k$  is a linear combination

$$v_k(\gamma) = A_k u_k(\gamma) + B_k \bar{u}_k(\gamma) \quad (\times)$$

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How to identify the state of the system?

△ Strategy:

a. Check if modes start out in an adiabatic

# How to identify the state of the system?

## □ Strategy:

- Check if modes start out in an adiabatic regime (the small and medium ones do).
- Postulate that the state  $|\Omega\rangle$  of the system is the state which was the adiabatic vacuum  $|\text{vac}_{\text{early}}\rangle$  then.
- Choose mode function  $v_k$  whose  $|0\rangle$  obeys:

$$|0\rangle = |\text{vac}_{\text{early}}\rangle = |\Omega\rangle$$

- Calculate  $S_b$  at the end of the exponential

b. Postulate that the state  $|\Omega\rangle$  of the system is the state which was the adiabatic vacuum  $|\text{vac}_{\text{early}}\rangle$  then.

c. Choose mode function  $v_k$  whose  $|0\rangle$  obeys:

$$|0\rangle = |\text{vac}_{\text{early}}\rangle = |\Omega\rangle$$

d. Calculate  $\delta\phi_k$  at the end of the exponential expansion,  $\eta_f$ , namely:

$$\delta\phi_k(\eta_f)^2 = a^{-2}(\eta_f) k^3 |v_k(\eta_f)|^2$$

Important: We know that  $v_k$  is a linear

a. Check if modes start out in an adiabatic regime.

Indeed, we see from the K.G. eqn.

$$v_k''(\eta) + \left( k^2 + \frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2} \right) v_k(\eta) = 0$$

that at very early times,  $\eta \ll 0$ , we have roughly Minkowski:

$$v_k''(\eta) + k^2 v_k(\eta) = 0 \quad \left( \begin{array}{l} \text{except if } k \text{ is very small,} \\ \text{i.e., for very large modes.} \end{array} \right)$$

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Note: we could also use the adiabatic vacuum criterion, with little difference.

- c. Choose mode function  $v_k$  whose  $|0\rangle$  obeys:

$$|0\rangle = |\text{vac}_{\text{early}}\rangle = |\Omega\rangle$$

Thus,  $v_k$  is the usual Minkowski mode function at early times:

$$v_k = \frac{1}{\sqrt{2\omega_k}} e^{i\omega_k \eta + id} \quad \text{for } \eta \ll 0$$

Note: we could also use the adiabatic vacuum criterion, with little difference.

c. Choose mode function  $v_k$  whose  $|0\rangle$  obeys:

$$|0\rangle = |\text{vac}_{\text{early}}\rangle = |\Omega\rangle$$

Thus,  $v_k$  is the usual Mukhanov mode function at early times:

$$v_k = \frac{1}{\sqrt{\omega_k}} e^{i\omega_k \eta + id} \quad \text{for } \eta \ll 0$$

(we are neglecting  
the mass term for  
simplicity, and  
because it is realistic)



i.e.

$$v_k = \frac{1}{\sqrt{k}} e^{ik\eta + id} \quad \text{for } \eta \ll 0$$

Technical observation: At early times,  $\eta \ll 0$ :

$$u_k(\eta) \approx \sqrt{\frac{2}{\pi}} \cos(k|\eta| + \text{const})$$

$$\bar{u}_k(\eta) \approx \sqrt{\frac{2}{\pi}} \sin(k|\eta| + \text{const})$$

↖ same constant

⇒ Proposition:

In terms of  $u_k, \bar{u}_k$  the mode function  $v_k$  reads:

$$v_k(\eta) = \overbrace{\sqrt{\frac{\pi}{2k}}}^{A_k} u_k(\eta) - i \overbrace{\sqrt{\frac{\pi}{2k}}}^{B_k} \bar{u}_k(\eta)$$

i.e.:

$$v_k(\eta) = \sqrt{\frac{\pi|z|}{2}} \left( J_n(k|\eta|) - i Y_n(k|\eta|) \right)$$

$$\bar{u}_k(z) \approx \sqrt{\frac{2}{\pi}} \sin(k|z|) + \text{const}$$

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Proof: Exercise.



d. Now we can calculate  $\delta\phi_k$  at the end of the exponential expansion,  $\eta_f$ , namely:

$$\delta\phi_k(\eta_f)^2 = a^{-2}(\eta_f) k^3 |v_k(\eta_f)|^2$$

Case 1: Very small modes

□ They are those with  $k$  large enough, so that in

$$v_k''(\eta) + \left( k^2 + \frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2} \right) v_k(\eta) = 0$$

- These modes never cross the horizon and we have, approximately:

I. e., the Bessel functions in the mode functions stay sine and cosine in good approximation for all times  $\eta$  up to  $\eta_f$ .

$$v_k(\eta) = \frac{1}{\sqrt{k}} e^{ik\eta} \quad \text{for all } \eta$$

- Thus:

The vacuum fluctuations at the end of the exponential expansion are still as in Minkowski case:

Recall:

$$\delta\phi_k(\eta_f) = a^{-1}(\eta_f) k^{3/2} |v_k(\eta_f)|$$

$$\delta\phi_\lambda(\eta_f) = a^{-1}(\eta_f) k^{3/2} \frac{1}{\sqrt{k}} \Big|_{k \ll c^{-1}}$$

J. e., the Bessel functions in the mode function stay sine and cosine in good approximation for all times  $\eta$  up to  $\eta_f$ .

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The vacuum fluctuations at the end of the exponential expansion are still as in Minkowski case:

Recall:

$$\delta\phi_k(\eta_f) = a^{-1}(\eta_f) k^{3/2} |v_k(\eta_f)|$$

$$\delta\phi_\lambda(\eta_f) = a^{-1}(\eta_f) k^{3/2} \frac{1}{\sqrt{k}} \Big|_{k \approx L^{-1}}$$

$$= \frac{1}{a(\eta_f) L}$$

$$= \frac{1}{\lambda(\eta_f)}$$

proper wavelength  
at time  $\eta_f$ .  
(neglecting factors of  $2\pi$ )

at the time  $\eta_f$ , i.e., when the exponential expansion ends:

□ Then, the K.G. eqn. is to a good approximation:

Recall:

$$v_k''(\eta) + \left( k^2 + \frac{m^2}{H^2 \eta^2} - \frac{2}{\eta^2} \right) v_k(\eta) = 0$$

$$v_k''(\eta) - \frac{2}{\eta^2} v_k(\eta) = 0$$

and a basis of solutions is easy to find, e.g.:

$$w_k^{(1)}(\eta) = (k|\eta|)^2 \quad \text{decaying for } \eta \rightarrow 0$$

$$w_k^{(2)}(\eta) = \frac{1}{k|\eta|} \quad \text{growing for } \eta \rightarrow 0$$



Indeed: use this property of the Bessel functions:

Recall:

$$u_k(\eta) := \sqrt{k|\eta|} J_n(k|\eta|)$$

$$\bar{u}_k(\eta) := \sqrt{k|\eta|} Y_n(k|\eta|)$$

$$n = \sqrt{\frac{q}{4} - \frac{m^2}{H^2}} \approx \frac{3}{2}$$

$$u_k(\eta) \rightarrow \frac{2^{-n}}{\Gamma(n+1)} (k|\eta|)^{n+\frac{1}{2}} \rightarrow 0$$

$$\bar{u}_k(\eta) \rightarrow \frac{-\Gamma(n)}{\pi} 2^n (k|\eta|)^{\frac{1}{2}-n} \rightarrow \infty$$

as  $\eta \rightarrow 0$   
(i.e. as  $t \rightarrow \infty$ )

Recall:

$$V_k(\eta) = \sqrt{\frac{\pi|\eta|}{2}} (J_n(k|\eta|) - i Y_n(k|\eta|))$$

Therefore, for late  $\eta$ :

$$V_k(\eta) = \sqrt{\frac{\pi}{2k}} \frac{\Gamma(n)}{\pi} 2^n (k|\eta|)^{\frac{1}{2}-n} + \text{negligible}$$

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Recall:

$$u_k(\eta) := \sqrt{k|\eta|} J_n(k|\eta|)$$

$$\bar{u}_k(\eta) := \sqrt{k|\eta|} Y_n(k|\eta|)$$

$$n = \sqrt{\frac{q}{4} - \frac{m^2}{H^2}} \approx \frac{3}{2}$$

$$u_k(\eta) \rightarrow \frac{2^{-n}}{\Gamma(n+1)} (k|\eta|)^{n+\frac{1}{2}} \rightarrow 0$$

$$\bar{u}_k(\eta) \rightarrow \frac{-\Gamma(n)}{\pi} 2^n (k|\eta|)^{\frac{1}{2}-n} \rightarrow \infty$$

as  $\eta \rightarrow 0$   
(i.e. as  $t \rightarrow \infty$ )

Recall:

$$v_k(\eta) = \sqrt{\frac{\pi|\eta|}{2}} (J_n(k|\eta|) - i Y_n(k|\eta|))$$

Therefore, for late  $\eta$ :

$$v_k(\eta) = \sqrt{\frac{\pi}{2k}} \overset{A_k}{\frac{\Gamma(n)}{\pi}} 2^n (k|\eta|)^{\frac{1}{2}-n} + \text{negligible}$$

Recall:

$$\delta\phi_k(\eta_f) = \overset{a^{-1}(\eta_f)}{\alpha^{-1}(\eta_f)} k^{3/2} |v_k(\eta_f)|$$

$$\delta\phi_k(\eta_f) \approx H \eta_f \overset{a^{-1}(\eta_f)}{k}^{3/2} \sqrt{\frac{\pi}{2k}} \overset{\text{hand}}{\frac{\Gamma(n)}{\pi}} 2^n (k|\eta_f|)^{\frac{1}{2}-n} / k$$

Recall:

$$\delta\phi_k(\eta_f) = \alpha^{-1}(\eta_f) k^{3/2} |v_k(\eta_f)|$$

$$\delta\phi_L(\eta_f) \approx \overbrace{H \eta_f}^{a^{-1}(\eta_f)} k^{3/2} \sqrt{\frac{\pi}{2k}} \frac{\Gamma(n)}{\pi} 2^n (k|\eta_f|)^{\frac{1}{2}-n} \Big|_{k=L^{-1}}$$

$$\Rightarrow \delta\phi_L(\eta_f) \approx H \left(\frac{|\eta_f|}{L}\right)^{\frac{3}{2}-n} \cdot \Gamma(n) \frac{2^n}{\pi}$$

independent of  $\eta_f!$   $\Rightarrow$  May as well evaluate right after horizon crossing.

For comparison, recall case 1, small modes, whose fluctuation amplitudes are as on Minkowski space:  
 $\delta\phi_\lambda \approx \frac{1}{\lambda}$

$$\delta\phi_L(\eta_f) \approx H \cdot 2^{3/2} \Gamma(3/2) / \pi$$

 for  $n = 3/2$

independent of  $L \Rightarrow$  indep. also of  $\lambda!$

$\Rightarrow$  The medium sized modes get amplified just enough so that the usual suppression of fluctuations of large spatial extent is

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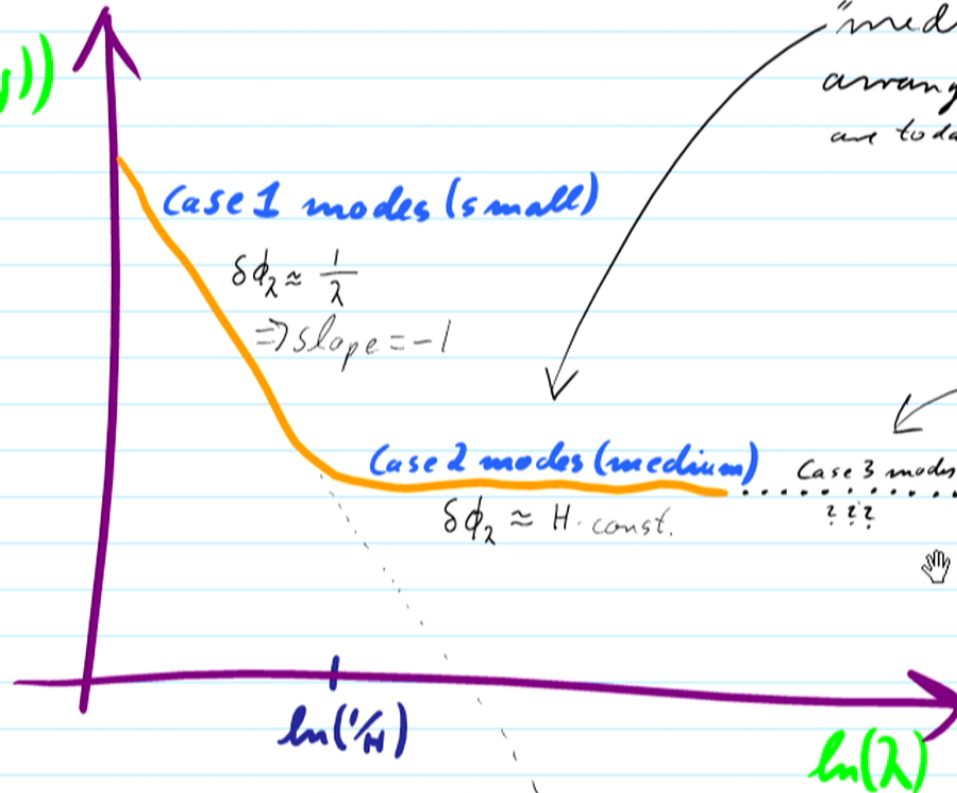
$\Rightarrow$  The medium sized modes get amplified just enough so that the usual suppression of fluctuations of large spatial extent is compensated.

$\Rightarrow$  The quantum fluctuations of a comoving mode when its proper wavelength  $\lambda$  is getting larger than the Hubble length, i.e., when  $\lambda > \lambda_{\text{Hubble}} = 1/H$ , remain



# ⇒ After exponential expansion:

$\ln(\delta\phi_L(\eta_i))$



As we'll see, in a suitable model of very early universe cosmology, "medium size" can be arranged to mean modes that are today at cosmological scales.

unknown significance (depends on assumption about their initial conditions before the expansion, at  $\eta_i$ : there was no vacuum state for them!)