

Title: Introduction to Quantum Field Theory for Cosmology - Lecture 8

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Abstract:

QFT for Cosmology, Achim Kempf, Winter 2014, Lecture 8

Note Title

The Unruh effect (W.G. Unruh, 1976)

(Can be interpreted as showing that the very existence or non-existence of particles is sometimes observer dependent.)

The Unruh effect is the observation, **by accelerated observers**, of particles, even when the field is in the vacuum state in Minkowski space, i.e., even if inertial observers don't see particles.

Intuition 1:

- A monochromatic wave in an inertial frame is not monochromatic for an accelerated observer.
- Thus, the accelerated observer's modes are coupled oscillators: he sees wavelengths change.

1 / 19

- Intuition 1:**
- A monochromatic wave in an inertial frame is not monochromatic for an accelerated observer.
 - Thus, the accelerated observer's modes are coupled oscillators: he sees wavelengths change.
 - These oscillator's ground state is now different.

→ **Calculation strategy 1:**

- Use accelerated observers' mode decomposition.
- Relate it to inertial observer's mode decomposition.
- Choose vacuum for the inertial observer
- Calculate particle production for accelerated observer

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- Use accelerated observers' mode decomposition.
- Relate it to inertial observer's mode decomposition.
- Choose vacuum for the inertial observer
- Calculate particle production for accelerated observer analogous to $|n_{in}\rangle$ to $|n_{out}\rangle$ transform for driven harmonic oscillators' evolution above.

Intuition & Strategy 2: (for a change, we will pursue this one here)

- Consider an accelerated detector of particles.
- Detector := a quantum system coupled to the field.
- Detection := detector's state goes from ground state

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- Consider an accelerated detector of particles.
- Detector := a quantum system coupled to the field.
- Detection := detector's state goes from ground state to an excited state.
- The detector has an accelerated charge for the field.
- ⇒ We expect field excitation, i.e. radiation of particles.
- ⇒ Field acts on detector ⇒ detector excitation, i.e. Unruh effect.

An accelerated particle detector:

- Consider an observer with a particle detector

An accelerated particle detector:

□ Consider an observer with a particle detector.

□ Definition: Let τ be the eigentime of the accelerated observer and detector.

□ Definition: We write the accelerated path as

$$x^\mu(\tau) = (x^0(\tau), \vec{x}(\tau))$$

□ Note: Here, x^0 and $\vec{x} = (x^1, x^2, x^3)$ are the observer

□ **Note:** Here, x^0 and $\vec{x} = (x^1, x^2, x^3)$ are the observer and detector's coordinates in a cartesian coordinate system of an inertial observer.

□ **Examples:**

* An observer at rest has: $x^\mu(\tau) = (\tau, 0, 0, 0)$

* Case of constant velocity:

$$x^\mu(\tau) = (a\tau, \vec{b})$$

with $a^2 - \vec{b}^2 = 1$. Exercise: verify

$$x^0(\tau) = d \sinh^2(\tau/d)$$

$$x'(\tau) = \alpha (1 + \sinh^2(\tau/\alpha))^{1/2}$$

$$x^2(\tau) = x^3(\tau) = 0$$

Exercise: $\square$ verify that $\ddot{x}^\mu \ddot{x}_\mu = \text{const}$
 $\downarrow$ (i.e. for still small velocities)
 $\square$ show that for $\tau \ll 1$: $x(\tau) \approx (\tau, a + b\tau^2)$

□ We assume that the detector can detect particles of a Klein Gordon field ϕ .

The quantum field

□ We assume that the detector can detect particles of a Klein Gordon field $\hat{\phi}$.

□ We assume that, for an inertial observer the field $\hat{\phi}$ is in the Minkowski vacuum. Recall:

$$\hat{\phi}(x) = \frac{1}{(2\pi)^{3/2}} \int e^{i\vec{k}\cdot\vec{x}} \hat{\phi}_k(x^0) d^3k \quad \text{with} \quad \hat{\phi}_k(x^0) = \frac{1}{\sqrt{2}} \left(v_k^*(x^0) a_k + v_k(x^0) a_k^\dagger \right)$$

$$\text{and } v_k(x^0) = \frac{1}{\sqrt{\omega_k}} e^{i\omega_k x^0} \quad \text{with } \omega_k = \sqrt{k^2 + m^2}.$$

□ Thus:

is in the Minkowski vacuum. Recall:

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$$\text{and } v_k(x^0) = \frac{1}{\sqrt{\omega_k}} e^{i\omega_k x^0} \quad \text{with } \omega_k = \sqrt{\vec{k}^2 + m^2}.$$

□ Thus:

$$\hat{\phi}(x) = \frac{1}{(2\pi)^{3/2}} \int \left(\frac{1}{\sqrt{\omega_k}} e^{i\omega_k x^0 + i\vec{k}\cdot\vec{x}} a_k + \frac{1}{\sqrt{\omega_k}} e^{-i\omega_k x^0 + i\vec{k}\cdot\vec{x}} a_{-k}^+ \right) d^3k$$

The accelerated detector



The accelerated detector

- Assume that the accelerated observer's detector is a quantum system with discrete energy levels:

$$E_0, E_1, E_2, \dots$$



- Examples:

- * An atom

- * An oscillator such as the diatomic molecule H_2 .

- The quantum system thus consists of two subsystems, with these Hamiltonians:

$$E_0, E_1, E_2, \dots$$

□ Examples:

* An atom

* An oscillator such as the diatomic molecule H_2 .

□ The quantum system thus consists of two subsystems, with these Hamiltonians:

$$\hat{H}^{\text{total}} = \hat{H}_0^{\text{detector}} \otimes 1 + 1 \otimes \hat{H}_0^{\text{field}} + \hat{H}^{\text{interaction}}$$

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- The interaction Hamiltonian $\hat{H}^{\text{interaction}}$ consists of operators of both subsystems, for example:

$$\hat{H}^{\text{interaction}}(\tau) = \epsilon(\tau) \hat{Q}(\tau) \hat{\phi}(x(\tau), \vec{x}(\tau))$$

Detector efficiency

(can also be used
as on/off switch)

An observable
of the detector's
quantum system

The field $\hat{\phi}$
at the current
detector location

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Examples: $H_{\text{int}}^{\text{spin}} = \hat{S}_z(\tau) \hat{B}_z(x(\tau))$

detector is a spin.

field is magnetic field.

or: $H_{\text{int}}^{\text{spin}} = -\frac{e}{mc} \hat{p}_i \hat{A}^i(x(\tau))$

(use Axial gauge: $\partial_i A^i = 0$)

Time evolution

If we (realistically) assume that the detector efficiency $\varepsilon(\tau)$ is small, we can use perturbation theory.

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* Operators evolve according to

$$\hat{H}^{\text{free}} = \hat{H}^{\text{detector}} \otimes 1 + 1 \otimes \hat{H}^{\text{field}}$$

For example:

$$U(\tau) = e^{-i\hat{H}^{\text{free}}\tau} = e^{-i\hat{H}^{\text{detector}}\tau} \otimes e^{-i\hat{H}^{\text{field}}\tau}$$

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* Operators evolve according to

$$\hat{H}^{\text{free}} = \hat{H}^{\text{detector}} \otimes 1 + 1 \otimes \hat{H}^{\text{field}}$$

For example:

$$\begin{aligned} \hat{Q}(\tau) &= e^{i\hat{H}^{\text{free}}\tau} (\hat{Q}_0 \otimes 1) e^{-i\hat{H}^{\text{free}}\tau} \\ &= e^{i\hat{H}^{\text{detector}}\tau} \hat{Q}_0 e^{-i\hat{H}^{\text{detector}}\tau} \otimes 1 \end{aligned}$$

* States evolve according to $\hat{H}^{\text{int}}(\tau)$, i. e.,
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* States evolve according to $\hat{H}^{\text{int}}(\tau)$, i. e., according to the time evolution operator:

$$\hat{U}(\tau) = T \exp \left(i \int_{\tau_i}^{\tau_f} \hat{H}^{\text{interaction}}(\tau') d\tau' \right)$$

↑
the time-ordering symbol



Perturbative ansatz

□ For small detector efficiency $\varepsilon(\tau)$ we can expand:

$$\hat{U}(\tau) = 1 + i \int_{-\infty}^{\tau} \varepsilon(\tau') \hat{Q}(\tau') \hat{\phi}(x'(\tau'), \vec{x}(\tau')) d\tau' + \mathcal{O}(\varepsilon^2)$$

Initial conditions

- We assume that the quantum field $\hat{\phi}$ starts out in a state $|\alpha\rangle$ with $|\alpha\rangle = \text{Minkowski vacuum}$, $|\alpha\rangle = |0\rangle$, or a 1-particle state $|\alpha\rangle = |1_k\rangle$.
- We assume that the detector starts out in its ground state $|E_0\rangle$.
- Thus, the combined system starts out in the state:

$$|\Psi_{in}\rangle = |E_0\rangle \otimes |\alpha\rangle$$

- Time evolution:

At time τ the total system is in the state

□ Thus, the combined system starts out in the state:

$$|\psi_{in}\rangle = |E_0\rangle \otimes |\alpha\rangle$$

□ Time evolution:

At time τ the total system is in the state

$$|\psi(\tau)\rangle = \hat{U}(\tau) |\psi_{in}\rangle$$

Particle creation

□ The problem:

Particle creation

□ The problem:

What is the probability amplitude that, if we measure at time τ the detector system will be found to have detected something, i.e., to be in an excited state $|E_n\rangle$?

□ To this end, calculate:

$$p(\tau) := \left(\langle E_n | \otimes \langle \Omega | \right) | \Psi(\tau) \rangle$$

for an arbitrary end state $|\Omega\rangle$ of the quantum field $\hat{\phi}$

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$$p(\tau) := \left(\langle E_n | \otimes \langle \Omega | \right) | \psi(\tau) \rangle$$

for an arbitrary end state $|\Omega\rangle$ of the quantum field $\hat{\phi}$.

□ Note: We will see that not all states $|\Omega\rangle$ yield a nonzero $p(\tau)$.



Total detection probability:

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□ The probability for detection eventually is:

$$p(\infty) \approx \langle E_m | \otimes \langle \Omega | \left(1 + i \int_{-\infty}^{+\infty} \varepsilon(\tau) \hat{Q}(\tau) \hat{\phi}(x(\tau)) d\tau \right) | E_0 \rangle \otimes | \Omega \rangle$$

(we may choose $\varepsilon(\tau)$ so as to make it finite)

Note: $\langle E_m | E_0 \rangle = 0 \Rightarrow 1^{\text{st}} \text{ term vanishes} \Rightarrow$

$$= i \int_{-\infty}^{+\infty} \varepsilon(\tau) \langle E_m | \hat{Q}(\tau) | E_0 \rangle \langle \Omega | \hat{\phi}(x(\tau)) | \Omega \rangle d\tau$$

$i H_0$ detector τ

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Recall:

$$\hat{Q}(\tau) = e^{iH_0 \text{ detector } \tau} \hat{Q}_0 e^{-iH_0 \text{ detector } \tau}$$



$$= i \int_{-\infty}^{+\infty} \varepsilon(\tau) \langle E_n | \hat{Q}(\tau) | E_0 \rangle \langle \Omega | \hat{\phi}(x(\tau)) | \Omega \rangle d\tau$$

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$$\hat{Q}(\tau) = e^{iH_0 \text{ detector } \tau} \hat{Q}_0 e^{-iH_0 \text{ detector } \tau}$$

$$= i \int_{-\infty}^{+\infty} \varepsilon(\tau) e^{i(E_n - E_0)\tau} \langle E_n | \hat{Q}_0 | E_0 \rangle \langle \Omega | \hat{\phi}(x(\tau)) | \Omega \rangle d\tau$$

Recall:

$$\hat{\phi}(x) = \frac{1}{(2\pi)^{3/2}} \int \left(\frac{1}{\sqrt{\omega_k}} e^{i\omega_k x^0 + i\vec{k}\vec{x}} a_{\vec{k}}^\dagger + \frac{1}{\sqrt{\omega_k}} e^{-i\omega_k x^0 + i\vec{k}\vec{x}} a_{\vec{k}} \right) d^3k$$

The case $|\Omega\rangle = |0\rangle$:

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The case $|\Omega\rangle = |0\rangle$:

* In $\hat{\phi}(x)$, only the terms $\sim a_{\vec{k}}^+$ can contribute,
because $a_{\vec{k}} |0\rangle = 0$

* Thus, in $|\Omega\rangle$ only the one-particle components contribute:

$$|0\rangle = 0 |0\rangle + \int \frac{1}{\sqrt{\omega_k}} a_{\vec{k}}^+ |0\rangle d^3k + \dots$$

The case $|\Omega\rangle = |0\rangle$:

* In $\hat{\phi}(x)$, only the terms $\sim a_k^\dagger$ can contribute,
because $a_k |0\rangle = 0$

* Thus, in $|\Omega\rangle$ only the one-particle components contribute:

$$|\Omega\rangle = \Omega_0 |0\rangle + \int \Omega_k a_k^\dagger |0\rangle d^3k + \iint \Omega_{kk'} a_k^\dagger a_{k'}^\dagger |0\rangle d^3k d^3k' + \dots$$

* Thus, let us consider a $|\Omega\rangle = a_k^\dagger |0\rangle$:

* Thus, let us consider a $|\Omega\rangle = a_{\vec{k}}^+ |0\rangle$:

$$\Rightarrow p(\infty) = i \frac{\langle E_n | \hat{Q}_1 | E_0 \rangle}{(2\pi)^{3/2}} \int_{-\infty}^{+\infty} \varepsilon(\tau) e^{i(E_n - E_0)\tau} \underbrace{\langle 0 | a_{\vec{k}} \int \frac{e^{i\omega_{\vec{k}} x_0(\tau) - i\vec{k} \cdot \vec{x}(\tau)}}{\sqrt{2\omega_{\vec{k}}}} a_{\vec{k}}^+ d^3k | 0 \rangle}_{\text{leads to:}} d\tau$$

$$\langle 0 | a_{\vec{k}} a_{\vec{k}}^+ | 0 \rangle = \langle 0 | a_{\vec{k}}^+ a_{\vec{k}} + \delta^3(\vec{k} - \vec{k}) | 0 \rangle = \delta^3(\vec{k} - \vec{k})$$

$\Rightarrow$

$$p(\infty) = i \underbrace{\frac{\langle E_n | \hat{Q}_1 | E_0 \rangle}{(2\pi)^{3/2}}}_{\text{some constant}} \int_{-\infty}^{+\infty} e^{i(E_n - E_0)\tau} e^{i(\omega_{\vec{k}} x_0(\tau) - \vec{k} \cdot \vec{x}(\tau))} \varepsilon(\tau) d\tau$$

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Special case: $|d\rangle = |0\rangle$ and detector inertial:

* Choose the detector's rest frame: $x^\mu(\tau) = (\tau, 0, 0, 0)$

* Thus:

$$\langle E_n | \hat{Q}_0 | E_0 \rangle \int_{-\infty}^{+\infty} e^{i(E_n - E_0)\tau} e^{i(\omega_R x^0(\tau) - \tilde{k} \vec{x}(\tau))} \varepsilon(\tau) d\tau$$

* Thus, let us consider a $|\Omega\rangle = a_k^\dagger |0\rangle$:

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$\Rightarrow$

$$p(\infty) = i \underbrace{\frac{\langle E_n | \hat{Q}_1 | E_0 \rangle}{(2\pi)^{3/2}}}_{\text{some constant}} \int_{-\infty}^{+\infty} e^{i(E_n - E_0)\tau} e^{i(\omega_k x_0(\tau) - \tilde{k}\vec{x}(\tau))} \varepsilon(\tau) d\tau$$

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* Choose the detector's rest frame: $x^\mu(\tau) = (\tau, 0, 0, 0)$

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$$p(\infty) = i \frac{\langle E_n | \hat{Q}_1 | E_s \rangle}{(2\pi)^{3/2}} \int_{-\infty}^{+\infty} e^{i(E_n - E_s)\tau} e^{i(\omega_k x^0(\tau) - \vec{k} \cdot \vec{x}(\tau))} \varepsilon(\tau) d\tau$$

assume $\varepsilon(\tau) = 1$, i.e., "always on".

$$= i \frac{\langle E_n | \hat{Q}_1 | E_s \rangle}{(2\pi)^{3/2}} \int_{-\infty}^{+\infty} e^{i(E_n - E_s)\tau} e^{i\omega_k \tau} d\tau$$

* Thus:

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$$= i \frac{\langle E_n | \hat{Q}_1 | E_0 \rangle}{(2\pi)^{3/2}} (2\pi)^{1/2} \delta(\underbrace{E_n - E_0 + \omega_k}_{>0})$$

$$= 0$$

this cannot be 0



* 1 was:

$$p(\infty) = i \frac{\langle E_n | \hat{Q}_1 | E_0 \rangle}{(2\pi)^{3/2}} \int_{-\infty}^{+\infty} e^{i(E_n - E_0)\tau} e^{i(\omega_k x^0(\tau) - \tilde{k} \vec{x}(\tau))} \varepsilon(\tau) d\tau$$

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$\sqrt{k^2 + m^2} > 0$
//

this cannot be 0

$$= 0$$

$\Rightarrow$ No excitation of the detector, as expected.

Special case: $|d\rangle = |0\rangle$ and detector non-inertial:

- The probability amplitude for the detector to become excited will depend on the excitation energy:

$$E_{ex} := E_n - E_0$$

- Namely:

$$p(\infty) = i \underbrace{\frac{\langle E_n | \hat{Q}_0 | E_0 \rangle}{(2\pi)^{3/2}}}_{\text{a constant}} \int_{-\infty}^{+\infty} \underbrace{e^{i(E_n - E_0)\tau}}_{\text{Fourier factor i.e. } \tau \text{ and } E_{ex}} \underbrace{e^{i(\omega_n x^0(\tau) - \tilde{k} \vec{x}(\tau))}}_{\text{function that is being Fourier transformed}} \varepsilon(\tau) d\tau$$

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$$E_{ex} := E_n - E_0$$

□ Namely:

$$p(\infty) = i \underbrace{\frac{\langle E_n | \hat{Q}_0 | E_0 \rangle}{(2\pi)^{3/2}}}_{\substack{\uparrow \\ \text{a constant}}} \int_{-\infty}^{+\infty} \underbrace{e^{i(E_n - E_0)\tau}}_{\substack{\uparrow \\ \text{Fourier factor} \\ \text{i.e. } \tau \text{ and } E_{ex} \\ \text{are a Fourier pair} \\ \text{(if neglecting the "constant")}}} \underbrace{e^{i(\omega_n x^0(\tau) - \tilde{k} \tilde{x}(\tau))}}_{\substack{\uparrow \\ \text{function that is being} \\ \text{Fourier transformed}}} \varepsilon(\tau) d\tau$$

□ Clearly:

For generic, accelerated detectors the function

$$f(\tau) := e^{i(\omega_R x^0(\tau) - \tilde{k} \vec{x}(\tau))} \varepsilon(\tau)$$

possesses a Fourier transform

$$F(E_x) = \int_{-\infty}^{+\infty} e^{iE_x \tau} f(\tau) d\tau, \quad E_x = E_n - E_0$$

which is generally non zero for positive E_x . 

$\Rightarrow$ $\rho(\infty) \sim F(E_x) \neq 0 \Rightarrow$ detector does not equilibrate

17 / 19

17

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which is generally non zero for positive E_x .

$\Rightarrow p(\infty) \sim F(E_x) \neq 0 \Rightarrow$ detector does get excited.

$\uparrow$ "proportional to"
(European notation)

(while also the field gets excited)

Example: The constantly accelerated detector.

- * One finds that the prob. of excitation is identical to the case in which the detector is in a heat bath of temperature $T \sim \frac{\hbar a}{2\pi c k_B}$ where a is the acceleration.
- * For details, see e.g. text by Birrell & Davies.

Remark: * Note that both the detector and the quantum field become excited. Is energy conservation violated?

- * One can show that the energy stems from the accelerating agent:

E.g.: Think of a

on a near zero temperature 10^{-6} K where a is the acceleration.

* For details, see e.g. text by Birrell & Davies.

Remark: * Note that both the detector and the quantum field become excited. Is energy conservation violated?

* One can show that the energy stems from the accelerating agent:

E.g.: Think of a regular antenna. If the accelerated e^- were excitable little systems, they would get excited.

* It's the case of an system with charge in time-dependent interaction with the field: An antenna where field & system get excited.

Special case: $|2\rangle = |1\rangle$:

Special case: $|d\rangle = |1_k\rangle$:

Recall:

$$P = i \int_{-\infty}^{+\infty} \varepsilon(\tau) e^{i(E_n - E_0)\tau} \langle E_n | \hat{Q}_0 | E_0 \rangle \langle \Omega | \hat{\phi}(x(\tau)) | d \rangle d\tau$$

Prob. amplitude for
detector to get excited

Recall:

$$\hat{\phi}(x) = \frac{1}{(2\pi)^{3/2}} \int \left(\frac{1}{\sqrt{\omega_k}} e^{i\omega_k x^0 - i\vec{k}\vec{x}} a_{\vec{k}}^\dagger + \frac{1}{\sqrt{\omega_k}} e^{-i\omega_k x^0 + i\vec{k}\vec{x}} a_{\vec{k}} \right) d^3k$$

$\Rightarrow$ For $|d\rangle = |1_k\rangle = a_{\vec{k}}^\dagger |0\rangle$, we can have:

a.) $|\Omega\rangle = |2_k\rangle$: Would mean detector excites the field further

i.e., not only "detects" a particle.

Recall:

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Recall:

$$\hat{\phi}(x) = \frac{1}{(2\pi)^{3/2}} \int \left(\frac{1}{\sqrt{\omega_k}} e^{i\omega_k x^0 - i\vec{k}\cdot\vec{x}} a_k^\dagger + \frac{1}{\sqrt{\omega_k}} e^{-i\omega_k x^0 + i\vec{k}\cdot\vec{x}} a_k \right) d^3k$$

$\Rightarrow$ For $|\Omega\rangle = |1_k\rangle = a_k^\dagger |0\rangle$, we can have:

a.) $|\Omega\rangle = |2_k\rangle$: Would mean detector excites the field further

b.) $|\Omega\rangle = |0\rangle$: Means detector absorbs a particle.

i.e., not only "detects" a particle.