

Title: 12/13 PSI - Explorations in Cosmology Lecture 9

Date: Apr 18, 2013 10:15 AM

URL: <http://pirsa.org/13040072>

Abstract:



Inflation

1) why $\partial S^2 = a^2(\tau) [-(1+2\psi)d\tau^2 + (1+2\Phi)d\vec{x}^2]$?

flat, homogeneous, isotropic

$$(\psi, \Phi \ll 1)$$

$$\sim 10^{-5}$$

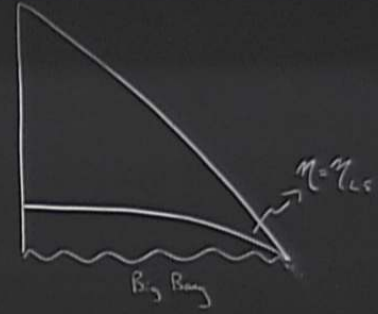
2) why $\bar{\Phi} = \bar{\Phi}_0 + c k^{-3}$ (as $k \rightarrow 0$)

$$\langle \Phi(\vec{k}) \Phi(\vec{k}') \rangle = (2\pi)^3 \delta^3(\vec{k} - \vec{k}') P(k) \quad (\text{Gaussian})$$

$$\langle \Phi(\vec{k}) \Phi(\vec{k}') \Phi(\vec{k}'') \rangle = 0$$

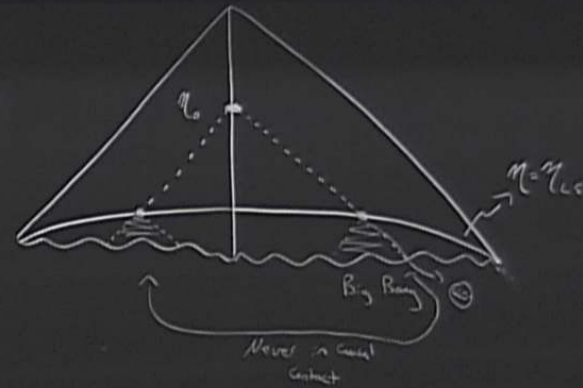
$$P(k) = A \left(\frac{k}{k_0}\right)^{n_s} k^{-3} \quad n_s \approx 1 \quad (\text{Scale invariant})$$

What if we just had radiation domination
and a big bang?



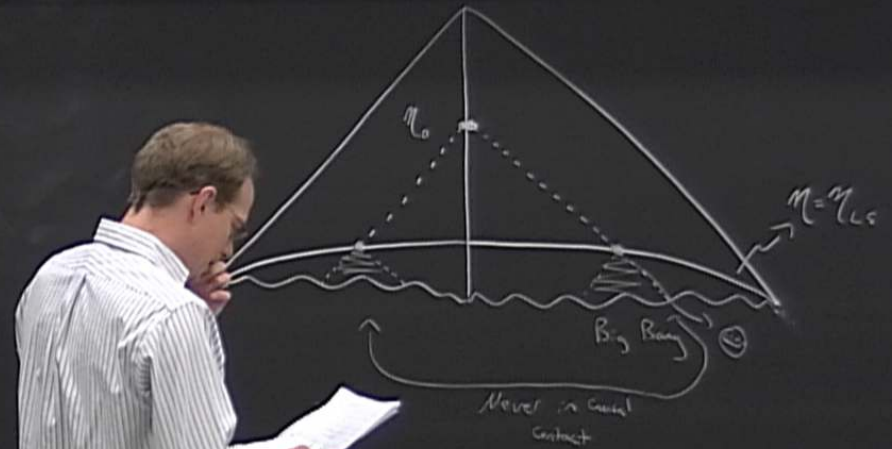
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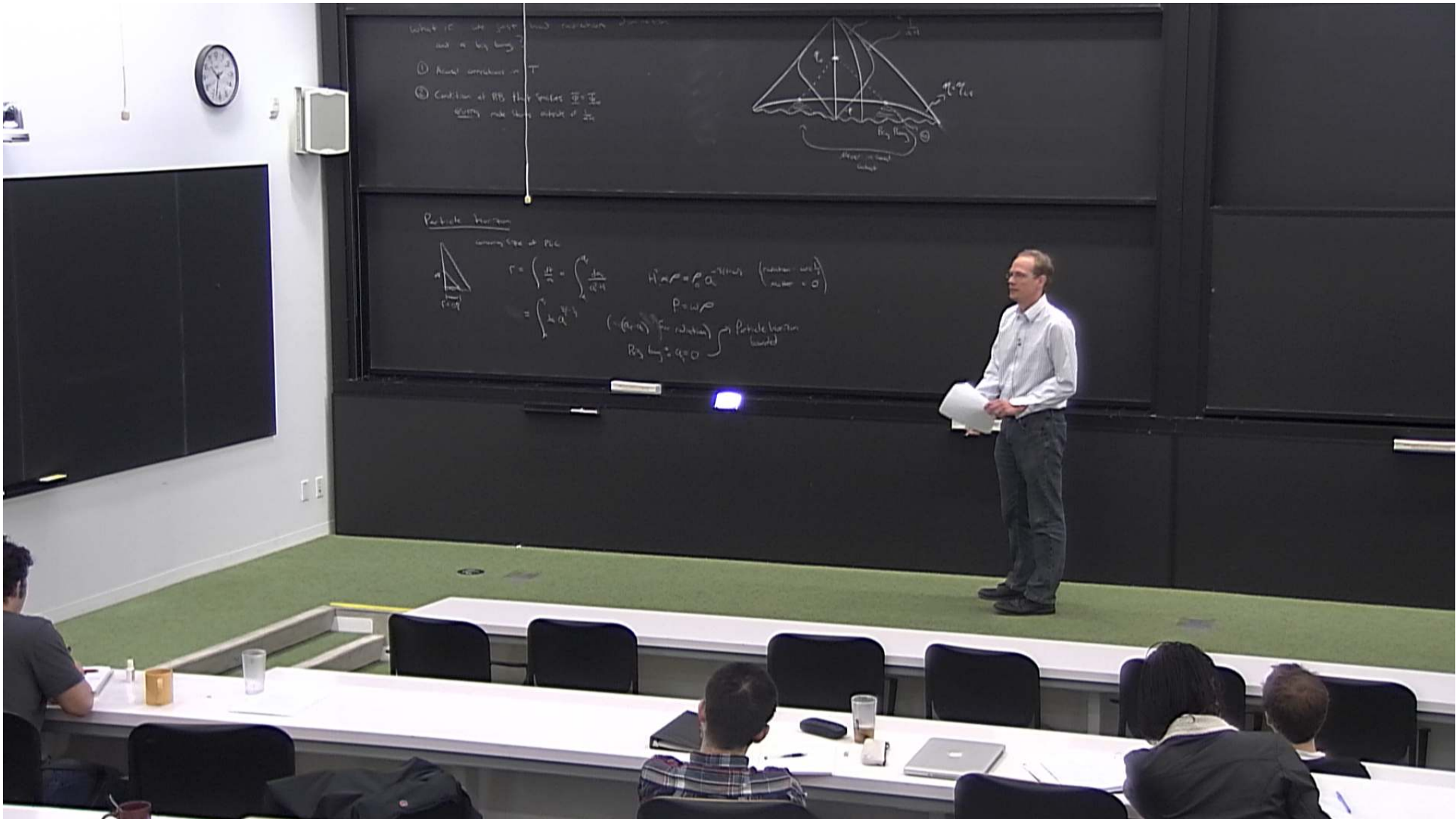
① Acoustic



What if we just had radiation domination
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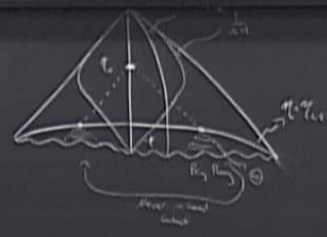
① Acausal correlations in T





What is the size of the observable universe?
 and how long?

- 1) Actual comoving distance r
- 2) Condition at RH that makes $\Phi = \Phi_0$
 usually made during inflection of $\dot{\Phi}$



Particle horizon



comoving size of PHC

$$r = \int_{t_{RH}}^{t_0} \frac{dt}{a(t)} = \int_{a(t_{RH})}^{a(t_0)} \frac{da}{a^2 H(a)}$$

$H(a) = H_0 a^{-q}$ (radiation $q=1/2$, matter $q=2/3$)

$P = \omega \rho$

$(-P/a^3)$ for radiation \rightarrow Particle horizon bounded

$R_H(t_{RH}) = a(t_{RH}) r$

Never in causal contact

Particle horizon

Contouring size of PLC



$$r = \int_{t_1}^{t_2} \frac{dt}{a} = \int_{a_1}^{a_2} \frac{da}{a^2 H}$$

$$= \int_{a_1}^{a_2} da a^{\frac{w}{2} - \frac{1}{2}}$$

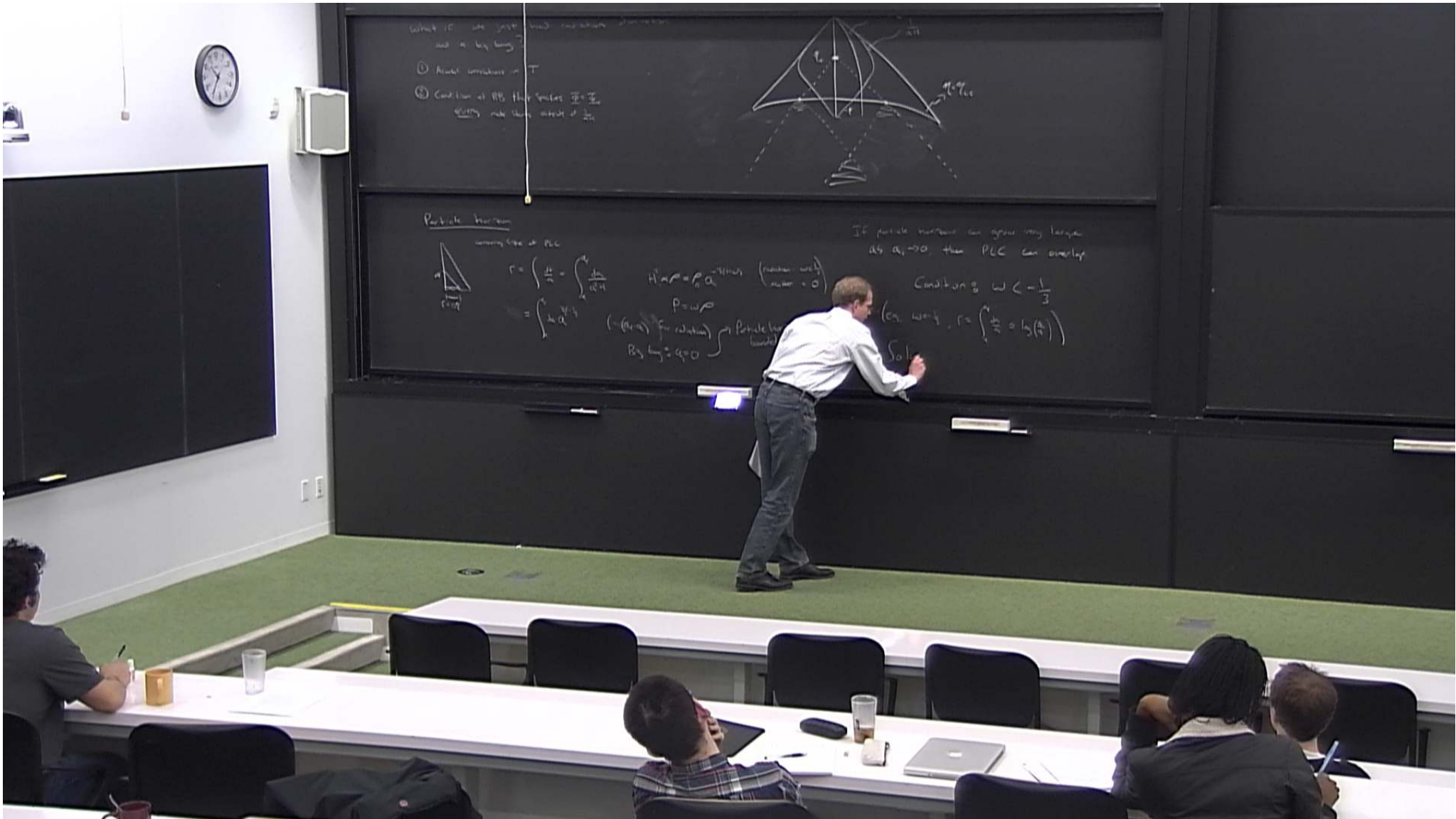
$$H^2 \propto \rho = \rho_0 a^{-3(1+w)} \quad \left(\begin{array}{l} \text{radiation } w = \frac{1}{3} \\ \text{matter } = 0 \end{array} \right)$$

$$\rho = w \rho$$

$= (a_f - a_i)$ For radiation \rightarrow Particle horizon bounded
 Big bang: $a_i = 0$

If





$w < -\frac{1}{3}$ also implies:

* Shrinking Comoving horizon

$$\frac{1}{aH} \propto a^{(1+3w)/2}$$

Shrinks w/
increasing a
if $w < -\frac{1}{3}$

* Accelerated expansion:

$$\begin{aligned}\frac{d^2 a}{dt^2} &= -\frac{4\pi G}{3} \rho a (1+3P) \\ &= -\frac{4\pi G}{3} \rho a (1+3w) \\ &> 0 \text{ if } w < -\frac{1}{3}\end{aligned}$$

* Negative Pressure

also implies:

Shrinking Comoving horizon

$$\frac{1}{aH} \propto a^{(1+3w)/2}$$

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$$\begin{aligned} \frac{d^2 a}{dt^2} &= -\frac{4\pi G}{3} \rho a (\rho + 3p) \\ &= -\frac{4\pi G}{3} \rho a (1+3w) \\ &> 0 \text{ if } w < -\frac{1}{3} \end{aligned}$$

* Negative Pressure

$$P = \frac{W}{V} \quad P > 0$$

$\leftarrow < 0 \rightarrow P \text{ is negative}$

* Flatness

$$1 - \Omega = -\frac{\kappa}{(aH)^2}$$

$\leftarrow \Sigma \frac{\Omega_i - \Omega_i^{(flat)}}{a}$ Flat = $\Omega - 1 = 0$



* Accelerated expansion:

$$\frac{d^2 a}{dt^2} = -\frac{4\pi G}{3} \rho a (\rho + 3p)$$

$$= -\frac{4\pi G}{3} \rho a (1 + 3w)$$

> 0 if $w < -\frac{1}{3}$

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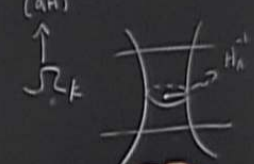
* Flatness

$$1 - \Omega = -\frac{k}{(aH)^2} \quad (k = \pm 1, 0)$$

$\leftarrow \frac{\Omega - 1}{a^2 H^2}$

Flat = $\Omega - 1 = 0$

$$1 - \Omega + \frac{k}{(aH)^2} = 0$$



ρ can grow very large
 PLC can overlap.
 $n_0 \omega < -\frac{1}{3}$
 $r = \int \frac{dt}{a} \approx \ln\left(\frac{a}{a_0}\right)$
 "Horizon Problem"

$\frac{1}{aH} \propto a^{(1+3w)/2}$
 Shrinks w/ increasing a if $w < -\frac{1}{3}$
 $\frac{d}{dt} = -\frac{4\pi G \rho a (1+3w)}{3}$
 $= -\frac{4\pi G \rho a (1+3w)}{3}$
 > 0 if $w < -\frac{1}{3}$

What "stuff" could do this?

Scalar Fields

$S = - \int dt \sqrt{-g} \left[\frac{1}{2} \dot{\phi}^2 - V(\phi) \right]$



$$\frac{1}{aH} \propto a$$

Shrinks w/
increasing a
if $w < -\frac{1}{3}$

$$\frac{d\Omega}{dt} = -\frac{4\pi G \rho a}{3} (1+3P)$$

$$= -\frac{4\pi G \rho a}{3} (1+3w)$$

$$> 0 \text{ if } w < -\frac{1}{3}$$

$\hookrightarrow \Omega > 0 \rightarrow P$ is negative

* Flatness

$$1 - \Omega = -\frac{k}{(aH)^2} \quad (k = \pm 1, 0)$$

$$\text{Flat} = \Omega - 1 = 0$$

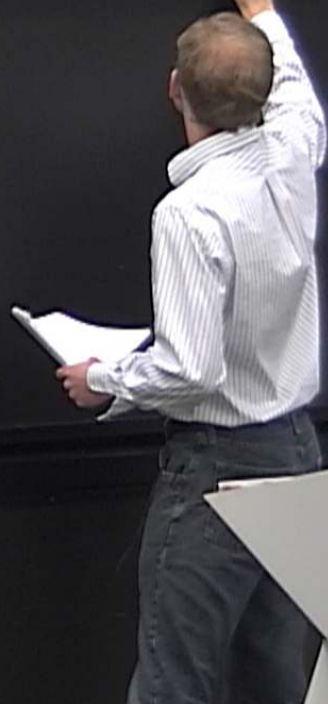
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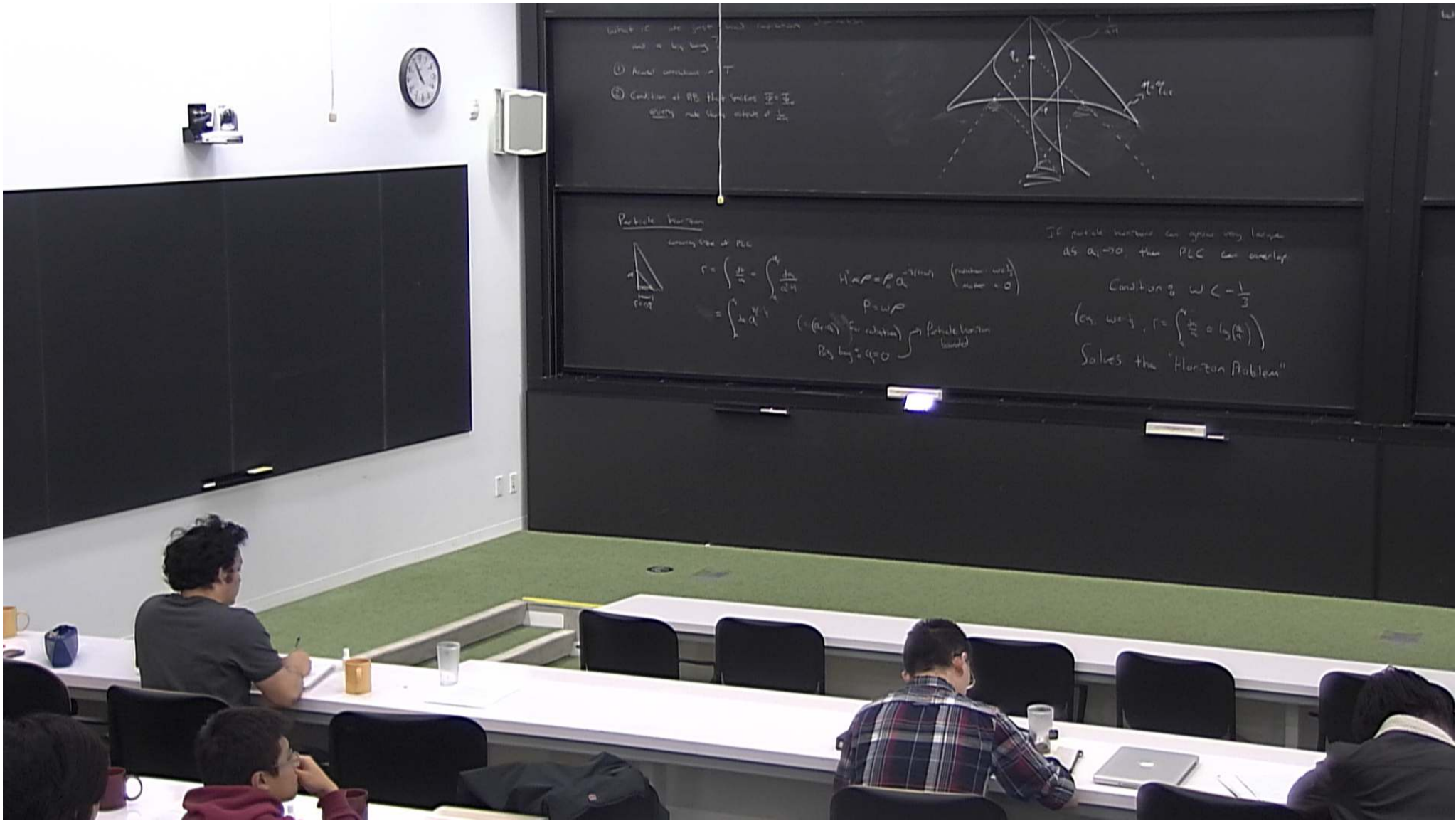
Scalar Fields $(-, +, +, +)$

$$S = - \int d^4x \sqrt{-g} \left[\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + V(\phi) \right]$$

$$\frac{\delta S}{\delta g_{\mu\nu}} \Rightarrow T^{\mu\nu} = \partial^\mu \phi \partial^\nu \phi - g^{\mu\nu} \left[\frac{1}{2} g^{\alpha\beta} \partial_\alpha \phi \partial_\beta \phi + V(\phi) \right]$$

If ϕ is homogeneous $(\partial_t \phi = \dots)$





$\frac{1}{aH}$ $\propto a$

Shrinks w/
increasing a
if $w < -\frac{1}{3}$

$$\frac{d\Omega}{dt^2} = -\frac{4\pi G}{3} \rho a (1+3P)$$

$$= -\frac{4\pi G}{3} \rho a (1+3w)$$

$$> 0 \text{ if } w < -\frac{1}{3}$$

$\Omega < 0 \rightarrow P$ is negative

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If ϕ is homogeneous ($\partial_t \phi = 0$)

$$T^{\mu\nu} = \begin{pmatrix} -\rho & 0 \\ 0 & p \delta_{ij} \end{pmatrix}$$

$$\rho = \frac{1}{2} \left(\frac{\partial \phi}{\partial t} \right)^2 + V(\phi)$$

$$p = \frac{1}{2} \left(\frac{\partial \phi}{\partial t} \right)^2 - V(\phi)$$

$$p = w\rho$$

$$w = \frac{1}{2} \left(\frac{\partial \phi}{\partial t} \right)^2$$



$$S = - \int d^4x \sqrt{-g} \left[\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + V(\phi) \right]$$

$$\frac{\delta S}{\delta g_{\mu\nu}} \Rightarrow T^{\mu\nu} = \partial^\mu \phi \partial^\nu \phi - g^{\mu\nu} \left[\frac{1}{2} g^{\alpha\beta} \partial_\alpha \phi \partial_\beta \phi + V(\phi) \right]$$

$$P = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2$$

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P =

$V(\phi)$ Dominating

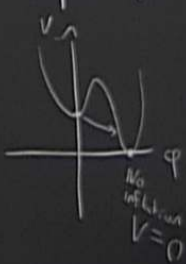
- growing particle horizons
- shrinking comoving horizons
- accelerated expansion
- flatness

⋮
Inflation!

Simplest model of inflation



→ gives potential energy domination



QM tunnelling



$$S = - \int d^4x \sqrt{-g} \left[\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + V(\phi) \right]$$

$$\frac{\delta S}{\delta g_{\mu\nu}} \Rightarrow T^{\mu\nu} = \partial^\mu \phi \partial^\nu \phi - g^{\mu\nu} \left[\frac{1}{2} g^{\alpha\beta} \partial_\alpha \phi \partial_\beta \phi + V(\phi) \right]$$

$$\rho = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 + V(\phi)$$

$$p = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 - V(\phi)$$

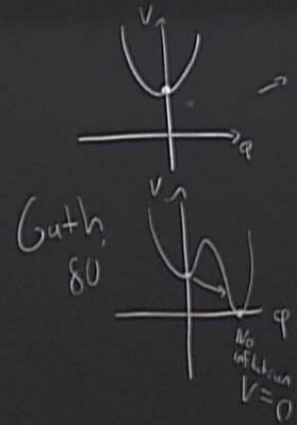
$$\rho = w p$$

$$w = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2$$

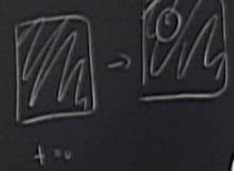
$$\Rightarrow w < 0$$

$V(\phi)$ Dominating
 growing particle horizons
 shrinking comoving horizons
 accelerated expansion
 flatness
 ...
 Inflation!

Simplest model of inflation



QM tunnelling



Inflation
 very small

! Eternal Inflation!

Scalar Fields $(-, +, +, +)$

$$S = - \int d^4x \sqrt{-g} \left[\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + V(\phi) \right]$$

$$\frac{\delta S}{\delta g_{\mu\nu}} \Rightarrow T^{\mu\nu} = \partial^\mu \phi \partial^\nu \phi - g^{\mu\nu} \left[\frac{1}{2} g^{\alpha\beta} \partial_\alpha \phi \partial_\beta \phi + V(\phi) \right]$$

$$T^{\mu\nu} = \begin{pmatrix} 0 & P \\ & \rho \end{pmatrix}$$

$$\rho = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 + V(\phi)$$

$$P = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 - V(\phi)$$

$$P = w\rho$$

$$w = \frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 - V(\phi)$$

$$\Rightarrow w < 0$$

$$(m \dot{\phi}^2 - 1)$$

$$1 - \Omega + \frac{k}{a^2}$$

$w < -\frac{1}{3}$ also implies

* Shrinking Comoving horizon

$$\frac{1}{ah} \propto a^{(1+3w)/2}$$

Shrinks w/ increasing a if $w < -\frac{1}{3}$

* Accelerated expansion

$$\frac{d^2 a}{dt^2} = -\frac{4\pi G}{3} \rho (1+3P)$$

$$= -\frac{4\pi G}{3} \rho a (1+3w)$$

$$> 0 \text{ if } w < -\frac{1}{3}$$

* Negative Pressure

$$P = w\rho \quad \rho > 0$$

$\uparrow < 0 \rightarrow P$ is negative

* Flatness

$$1 - \Omega = -\frac{k}{(ah)^2}$$

$$\Sigma \Omega = \frac{2(1+w)}{a}$$

($k = \pm 1, 0$)

Flat = $\Omega = 1$

- ① Acausal correlations in T
- ② Condition at BB that specifies $\bar{\Phi} = \bar{\Phi}_0$
every mode starts outside of $\frac{1}{aH}$

To end inflation
 everywhere $\ddot{\phi}$ Slow-roll inflation

$$\frac{d^2\phi}{dt^2} + 3H\frac{d\phi}{dt} = -\frac{dV}{d\phi} = \frac{8\pi G}{3} \left(\frac{1}{2}\dot{\phi}^2\right)$$

- ① Acausal correlations in T
- ② Condition at BB that specifies $\bar{\Phi} = \bar{\Phi}_0$
every mode starts outside of $\frac{1}{aH}$

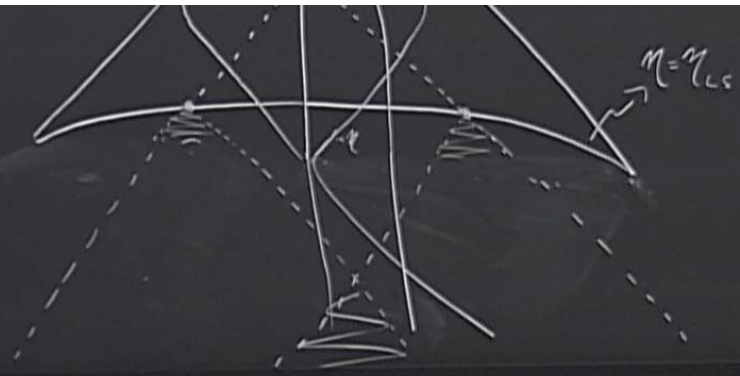
To end inflation everywhere: Slow-roll inflation \rightarrow when friction is important to dynamics

$$\frac{d^2\phi}{dt^2} + 3H\frac{d\phi}{dt} = -\frac{dV}{d\phi}, \quad H^2 = \frac{8\pi G}{3} \left(\frac{1}{2} \left(\frac{d\phi}{dt} \right)^2 + V(\phi) \right)$$

Friction will allow V to dominate (sometimes)

Slow-roll

$$\frac{d^2\phi}{dt^2} =$$



When friction is important to dynamics

Slow-roll conditions (Slow-roll parameters ϵ_1, η)
 ϵ_1, ϵ_2

$$\frac{d^2 a}{dt^2} = H^2(1 - \epsilon_1) = \dot{H}^2 + H^2$$

(Pure ∂S (Pure V)

$$a = e^{Ht}$$

$$H^2 = \frac{8\pi G}{3} \left(\frac{1}{2} \left(\frac{dq}{dt} \right)^2 + V(q) \right)$$

$$\epsilon_1 = \frac{3}{2} (1 + w)$$

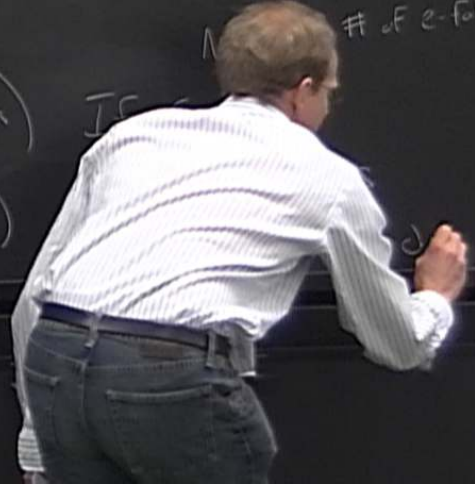
of e-folds

$$= \frac{1}{2} \frac{\left(\frac{dq}{dt} \right)^2}{H^2}$$

(measure of how important KE is)

$$= -\frac{d \ln H}{dN}$$

($dN = H dt$)



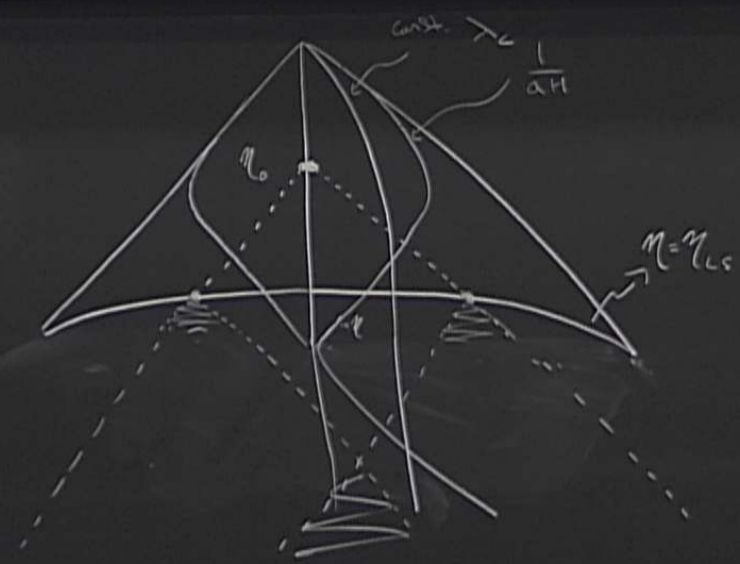
$$\frac{1}{3} (2(d+1) + \dots)$$

$$\begin{aligned} \xi_1 &= \frac{3}{2} (1+w) \\ &= \frac{1}{2} \frac{(dw^2)}{H^2} \quad (\text{measure of how important } KE \text{ is}) \\ &= -\frac{dH}{dN} \quad (dN = H dt) \end{aligned}$$

$$\begin{aligned} a &= e \\ N &= Ht \quad \# \text{ of } e\text{-folds} \end{aligned}$$

IF $\xi_1 \ll 1$
 * V dominates
 * V continue to dominate

on domination



$$H = \frac{\dot{H}}{H} = \frac{1}{3} \left(\frac{\dot{\rho}}{\rho} + 3v^2 \right)$$

Friction will allow V to dominate (Sometimes)

$$\begin{aligned} \epsilon_1 &= \frac{3}{2} (1+w) \\ &= \frac{1}{2} \frac{\left(\frac{\dot{\rho}}{\rho}\right)^2}{H^2} \quad (\text{measure of how important KE is}) \\ &= -\frac{dH}{dN} \quad (dN = H dt) \end{aligned}$$

$a = e$
 $N = Ht$
 IF $\epsilon_1 \ll 1$
 * V dominates
 * V constant

$$\begin{aligned} &\ll \left| 3H \frac{\dot{\rho}}{\rho} \right|, \left| \frac{dV}{d\rho} \right| \\ &= \frac{-\frac{d^2 \rho}{dt^2}}{H \frac{d\rho}{dt}} = \epsilon_1 - \frac{1}{2\epsilon_1} \frac{d\epsilon_1}{dN} \end{aligned}$$

IF both $\epsilon_1, \epsilon_2 \ll 1$

$$3H\dot{\rho} = -\frac{dV}{d\rho}$$

Slow-roll

Equivalently

$$\epsilon_1^V = \frac{1}{48\pi^6} \left(\frac{dV/d\rho}{V} \right)^2$$

$\epsilon_1^V, \epsilon_2^V \ll 1$ Slow-roll

$$\epsilon_2^V = \frac{1}{24\pi^6} \frac{\left| \frac{d^2 V}{d\rho^2} \right|}{V}$$

$\epsilon_2 \ll 1 \rightarrow$ friction dominates