

Title: Pitfalls of Path Integrals: Amplitudes for Spacetime Regions and the Quantum Zeno Effect

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Abstract:

# Pitfalls of Path Integrals: Amplitudes for Spacetime Regions and the Quantum Zeno Effect

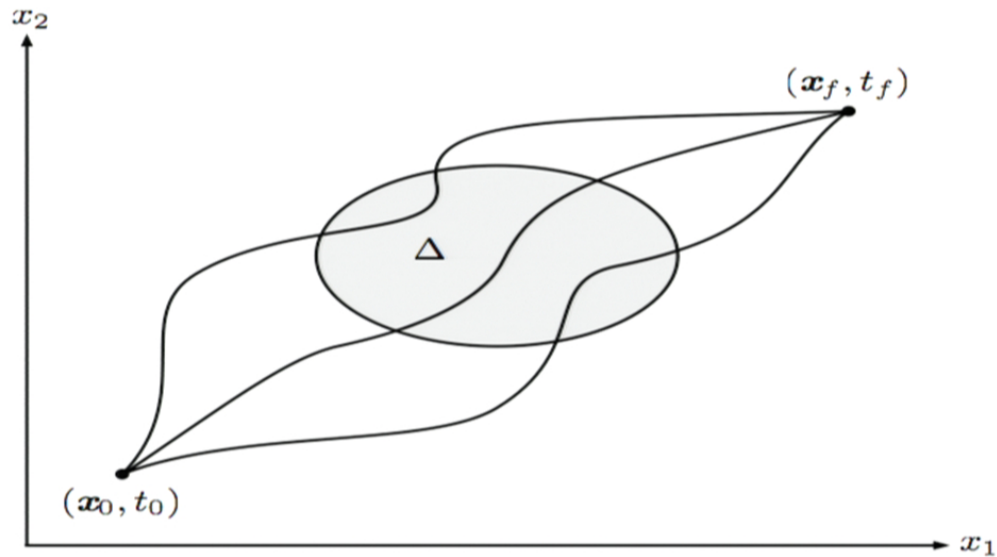
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DAMTP,  
University of Cambridge

JJ Halliwell & JMY arXiv:1205.3773

Perimeter Institute Quantum Foundations Seminar

## Introduction: What is amplitude for entering $\Delta$ ?



“Obvious” answer is:

$$g_{\Delta}(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = \int_{\Delta} D\mathbf{x}(t) \exp \left( i \int_{t_0}^{t_f} dt \left[ \frac{1}{2} m \dot{\mathbf{x}}^2 - U(\mathbf{x}) \right] \right)$$

## Standard Picture

Therefore;

$$g_{\Delta}(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = \int_{\Delta} D\mathbf{x}(t) \exp \left( i \int_{t_0}^{t_f} dt \left[ \frac{1}{2} m \dot{\mathbf{x}}^2 - U(\mathbf{x}) \right] \right)$$
$$g_r(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = \int_r D\mathbf{x}(t) \exp \left( i \int_{t_0}^{t_f} dt \left[ \frac{1}{2} m \dot{\mathbf{x}}^2 - U(\mathbf{x}) \right] \right)$$

and

$$g(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = g_{\Delta}(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) + g_r(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0)$$

where  $g$  is the usual free propagator.

## Standard Picture

In operator form,  $g_r(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = \langle \mathbf{x}_f | \hat{g}_r(t_f, t_0) | \mathbf{x}_0 \rangle$  etc and,

$$p_\Delta = \langle \psi | \hat{g}_\Delta(t_f, t_0)^\dagger \hat{g}_\Delta(t_f, t_0) | \psi \rangle$$

$$p_r = \langle \psi | \hat{g}_r(t_f, t_0)^\dagger \hat{g}_r(t_f, t_0) | \psi \rangle$$

For these to be **sensible probabilities** we need,

$$p_\Delta + p_r = 1$$

which requires,

$$\text{Re} \langle \psi | \hat{g}_r(t_f, t_0)^\dagger \hat{g}_\Delta(t_f, t_0) | \psi \rangle = 0$$

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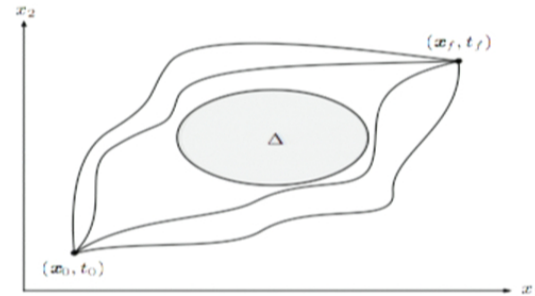
## Standard Picture

- These constructions used in **quantum cosmology** and **quantum gravity**, and to address issues concerning **time** in QT such as arrival, dwell and tunneling times.
- Feynman's original paper was entitled "Space-time approach to non-relativistic quantum mechanics," suggesting **spacetime** features of path integral should be made use of.

## The Problem: First Look

Focus on  $g_r$ ,

$$g_r(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = \int_r D\mathbf{x}(t) \exp \left( i \int_{t_0}^{t_f} dt \left[ \frac{1}{2} m \dot{\mathbf{x}}^2 - U(\mathbf{x}) \right] \right)$$



How do we define this?

Time slicing,  $t_f - t_0 = n\epsilon$ , consider propagation between slices  $t_k = t_0 + k\epsilon$

$$g_r(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) := \lim_{\epsilon \rightarrow 0, n \rightarrow \infty} \int_r d^d x_1 \dots \int_r d^d x_{n-1} \prod_{k=1}^n \left( \frac{m}{2\pi i \epsilon} \right)^{d/2} \exp(iS(\mathbf{x}_k, t_k | \mathbf{x}_{k-1}, t_{k-1}))$$

Where  $\mathbf{x}_n = \mathbf{x}_f$ .



- Key problem, this describes **unitary propagation** in Hilbert space of states with support outside  $\Delta$ .
- Therefore  $p_r = 1$  for **any initial state**. So either  $p_r + p_\Delta \neq 1$  or  $p_\Delta = 0$  for any initial state, which is **physically nonsensical**.
- Differently put, restriction on paths in  $\hat{g}_r$  effectively sets **reflecting boundary conditions** on the boundary of  $\Delta$ , whereas to obtain the intuitive result one needs the incoming state to be **absorbed**.

## A Brief Note On Generality

- Discussion so far is NRQM in  $d$ -dims.
- $\Delta$  could consist of multiple regions and could vary in time.
- Assume  $\Delta$  is large and smooth (compared to  $1/p$ ).
- Can also consider RQM and path integrals in curved space-time.

An important application of these ideas is quantum cosmology.

$$\hat{g}_r(t_f, t_0) = \lim_{\epsilon \rightarrow 0, n \rightarrow \infty} \bar{P} e^{-iH\epsilon} \bar{P} \dots e^{-i\epsilon H} \bar{P}$$

Mathematically equivalent to **continuous measurement** - Quantum Zeno Effect

Indeed limit may be computed explicitly,

$$\hat{g}_r(t_f, t_0) = \bar{P} \exp(-i\bar{P}H\bar{P}(t_f - t_0))$$

Unitary on space of states with support outside  $\Delta$ , so state **never leaves**  $\Delta$ .

This is the origin of the counter-intuitive properties of these path integral expressions

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## Proposed Solution

Since the root of the problem is the Zeno effect solution is to **soften** the “monitoring” of the system to minimise reflection

Two ways:

- Decline to take the **limit**  $\epsilon \rightarrow 0$
- Replace  $\bar{P}$  by a **POVM**

Note that we are **not** defining these amplitudes in terms of **measurements**.

Using the relationship between the PI and the operator expression to come up with an alternative PI expression not suffering from Zeno.

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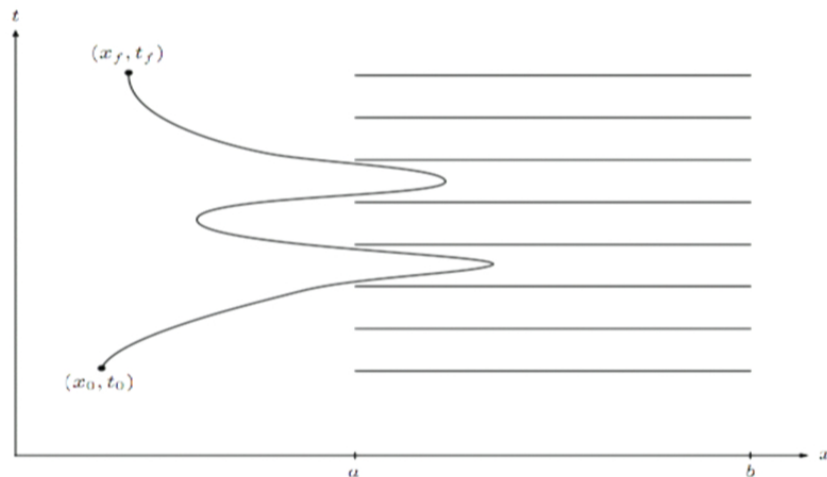
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First approach, define

$$\hat{g}_r^\epsilon(t_f, t_0) = \bar{P} e^{-iH\epsilon} \bar{P} \dots e^{-iH\epsilon} \bar{P}$$

Again  $n + 1$  projectors,  $n$  unitary evolutions and  $n\epsilon = t_f - t_0$



- New coarse-graining parameter  $\epsilon$ .
- Tends to  $g_r$  for  $\epsilon \rightarrow 0$ .
- Interesting regime where  $\epsilon$  small enough to monitor the paths well, but large enough to avoid reflection.



Leads to second approach.

Useful approximate alternative to strings of projectors.

Proven that in 1D and for  $P = \theta(\hat{x})$

$$\bar{P}e^{-iH\epsilon}\bar{P}\dots e^{-iH\epsilon}\bar{P} \approx \exp(-i(H - iV_0P)(t_f - t_0))$$

which is propagation with a **complex potential**  $U(x) = -iV_0P$ .

Equivalence for  $V_0 \sim 1/\epsilon$  and for states with  $\epsilon \ll 1/\Delta H$

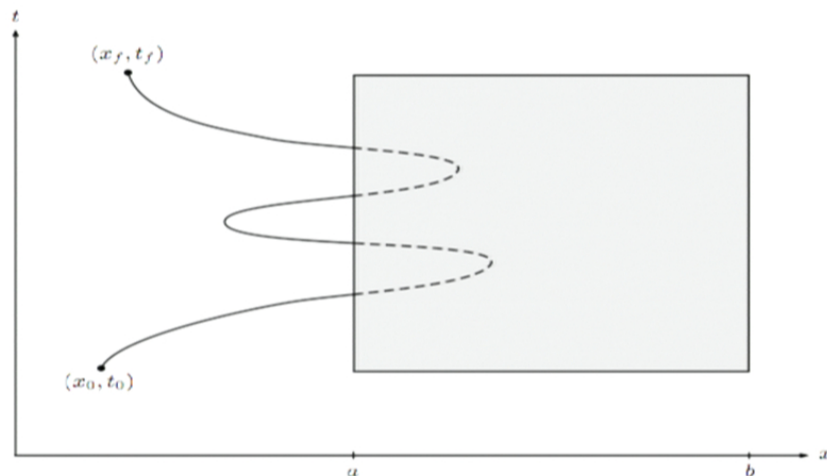
General arguments for equivalence not tied to this particular case so expect it to hold **generally**

*JJ Halliwell & JMY, J.Phys.A 43, 445303 (2010).*

$$\hat{g}_r^V(t_f, t_0) := \exp(-i(H - iV_0P)(t_f - t_0))$$

$$g_r^V(\mathbf{x}_f, t_f | \mathbf{x}_0, t_0) = \int D\mathbf{x}(t) \exp\left(i \int_{t_0}^{t_f} dt \left[ \frac{1}{2} m \dot{\mathbf{x}}^2 - U(\mathbf{x}) + iV_0 f_\Delta(\mathbf{x}) \right]\right)$$

Equivalent to replacing  $\bar{P}$  with **POVM**  $\exp(-V_0 \epsilon f_\Delta(\mathbf{x}))$



- $f_\Delta(\mathbf{x})$  is a window function onto  $\Delta$ .
- Tends to  $g_r$  for  $V_0 \rightarrow \infty$ .
- Interesting regime where  $V_0$  large enough to **suppress** paths entering  $\Delta$ , but small enough to avoid **reflection**.

$$\overline{P} e^{-iH\varepsilon} \overline{P} \dots \overline{P} = \left[ \overline{P} e^{-iH\varepsilon} \right]^N$$

$$\overline{P} \approx e^{-V_0 \varepsilon P}$$

$$\approx \left[ e^{-V_0 \varepsilon P - iH\varepsilon} \right]^N \approx e^{-iHN\varepsilon - V_0 N\varepsilon P}$$

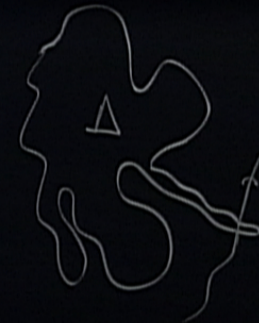
## Summary So Far

- Amplitudes constructed from PI, if implemented in most simple and obvious way, lead to problems with Zeno effect.
- They do not have sensible classical limits.
- Problem may be solved by softening the coarse graining using a complex potential. The idea being to absorb trajectories rather than reflecting them.
- This introduces one or more coarse graining parameters, in the simplest case a timescale  $\epsilon$ , Zeno effect avoided if  $\epsilon \gg 1/E$ .

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Pitfalls of Path Integrals

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## Simple Example I

Consider some simple 1D examples to illustrate the ideas

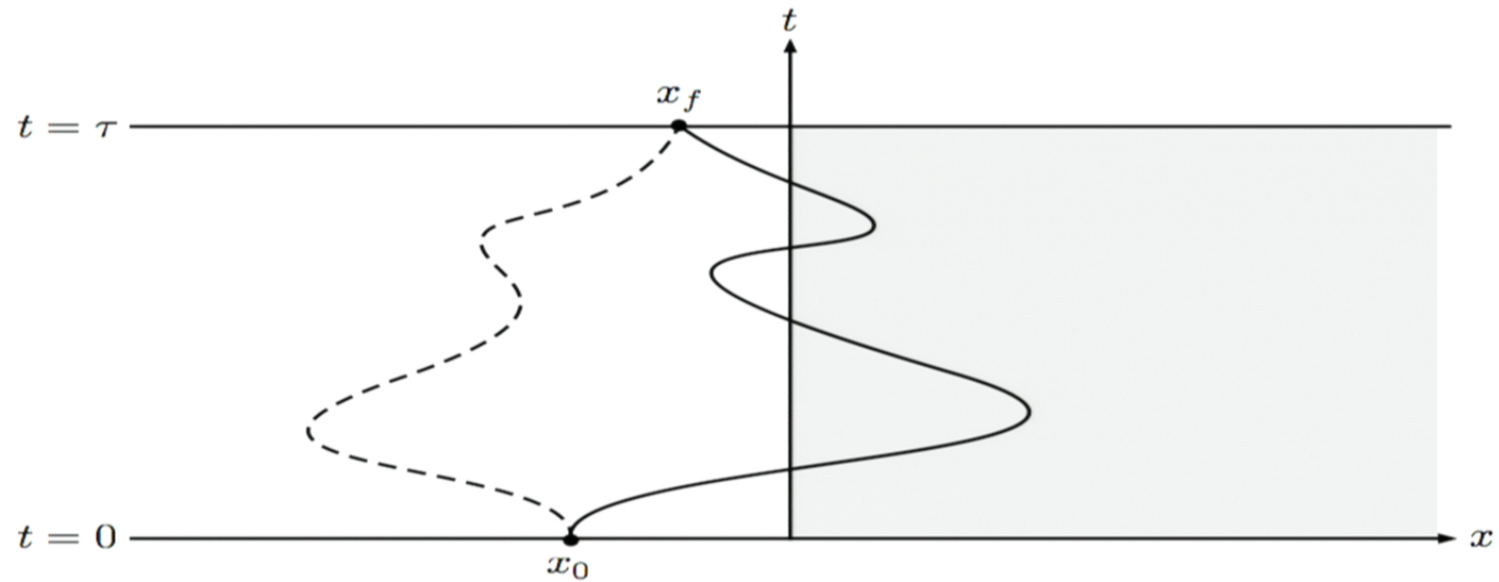
Consider a free particle in 1D consisting of mainly **positive momenta** and initially **localised in  $x < 0$**  so  $P|\psi\rangle = |\psi\rangle$  where  $P = \theta(\hat{x})$

Take  $\Delta$  to be  $x > 0$ .

What is probability that particle either **enters** or **does not enter**  $\Delta$  during  $[0, \tau]$  and ends at a point  $x_f < 0$  at time  $\tau$ ?

This is related to arrival time problem.

**Other approaches** to this problem give  $\text{Prob}(0, \tau) \sim \int_0^\tau dt \langle J(t) \rangle$



**Figure:** Amplitude for entering or not entering  $x > 0$  during  $[0, \tau]$  and ending at  $x_f < 0$  is given by sum over paths that respectively enter (solid line) or do not enter (dashed line)  $x > 0$

Amplitude for not entering  $x > 0$  given by **restricted propagator**, which in this case can be constructed by **method of images**

$$g_r(x, t|x_0, 0) = \theta(-x)\theta(-x_0)[g(x, \tau|x_0, 0) - g(x, \tau| -x_0, 0)]$$

Here  $g$  is the usual free particle propagator

$$g(x, \tau|x_0, 0) = \left(\frac{m}{2\pi i\tau}\right)^{1/2} \exp\left(\frac{im(x-x_0)^2}{2\tau}\right)$$

Can also be written as

$$\hat{g}_r(\tau, 0) = \bar{P}(1 - R)e^{-iH\tau}\bar{P}$$

where  $\bar{P} = \theta(-\hat{x})$  and  $R = \int dx | -x \rangle \langle x |$

This gives Zeno effect and  $p_\tau = 1$  for any  $\psi$ .

Nevertheless let's explore  $g_\Delta$ , given by

$$\hat{g}_\Delta(\tau, 0) = \bar{P}(\hat{g}(\tau, 0) - \hat{g}_\tau(\tau, 0))\bar{P} = \bar{P}R e^{-iH\tau} \bar{P}$$

We then have

$$p_\Delta(\tau, 0) = \langle \psi | \hat{g}_\Delta(\tau, 0)^\dagger \hat{g}_\Delta(\tau, 0) | \psi \rangle = \langle \psi | \bar{P}P(\tau)\bar{P} | \psi \rangle$$

Now note that

$$P(\tau) = P + \int_0^\tau dt \hat{J}(t), \quad \hat{J} = \frac{1}{2m}(\hat{p}\delta(\hat{x}) + \delta(\hat{x})\hat{p})$$

So finally,

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Slight modification, paths now end at any  $x_f$  at  $t_f > \tau$

Propagator for not entering is similar,

$$\hat{g}_r(t_f, 0) = e^{-iH(t_f - \tau)} \bar{P}(1 - R)e^{-iH\tau} \bar{P}$$

Still have  $p_r = 1$  for any  $\psi$

However

$$\begin{aligned} \hat{g}_\Delta(t_f, 0) &= (\hat{g}(t_f, 0) - \hat{g}_r(t_f, 0)) \bar{P} \\ &= e^{-iH(t_f - \tau)} (\bar{P} R e^{-iH\tau} \bar{P} + P e^{-iH\tau} \bar{P}) \end{aligned}$$

These terms make **identical contributions** to the probability, so

$$p_\Delta(t_f, 0) = 2 \int_0^\tau dt \langle \psi | \hat{J}(t) | \psi \rangle$$

The underlying problem is the **reflection** produced by the restricted propagator

Solution to this is to **soften** the coarse graining by using a complex potential

For  $V_0 \ll E$  there is negligible reflection, so part of state that crosses during  $[0, \tau]$  is **absorbed** and remainder **unchanged**.

$$\hat{g}_r^V(0, \tau) |\psi\rangle \approx \bar{P}(\tau) |\psi\rangle$$

For states which are single wavepackets reasonably well peaked in position and momentum  $p_r + p_\Delta = 1$  and

$$p_\Delta(\tau, 0) \approx \int_0^\tau dt \langle \psi | \hat{J}(t) | \psi \rangle$$

*JJ Halliwell & JMY, Phys.Rev.A 79, 062101 (2009).*

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*JJ Halliwell & JMY, Phys.Rev.A 79, 062101 (2009).*

## Simple Example II

General initial state, what is probability of either **crossing** or **not crossing** origin in either direction during  $[0, \tau]$ ?

$$\hat{g}_r(\tau, 0) = \bar{P}(1 - R)e^{-iH\tau}\bar{P} + P(1 - R)e^{-iH\tau}P$$

Sum rules satisfied only for states **antisymmetric** about origin, and  $p_\Delta = 0$ .

Modified analysis with complex potential straightforward. For superpositions of incoming wavepackets sum rules approximately satisfied if  $V_0 \ll E$  and probabilities are expected semiclassical ones.

*N Yamada & S Takagi, Prog.Theor.Phys. 85, 985 (1991); 86, 599 (1991); 87, 77 (1992).*

*JMY, arXiv:1110.5790.*

What is interesting is that there are **two regimes** where the sum rules satisfied.

- Approximately, for small  $V_0$  where we recover the **semiclassical results**.
- Exactly, for  $V_0 \rightarrow \infty$  for **antisymmetric states**.

But the probabilities in each case are very different



## Summary

- Amplitudes constructed from path integrals can, if implemented in the **simplest and most obvious way**, lead to problems to to the Zeno effect.
- They do not have a sensible **classical limit** or, in DH approach, sum rules not satisfied except for special initial states.
- Although these problems have been observed in specific examples have argued this is a very **general issue**.
- Outlined a solution to the problem, based on a **softening** of the coarse graining.
- This softening introduces one or more **coarse graining parameters**, in the simplest case a timescale  $\epsilon$ . Zeno problem then avoided if  $\epsilon \ll 1/E$ .

