

Title: Gravity and Rapid Tunnelling

Date: Aug 24, 2011 11:30 AM

URL: <http://pirsa.org/11080145>

Abstract: I'll discuss my recent results (1108.2255) showing that, once gravity and some technical confusions are taken care of, two classes of potentials one expects to be generic in a landscape, namely ones resulting in thin-wall instantons or with small relative differences in potentials, result in instantons which typically decay rapidly, including exponentially enhanced rates for thin-wall instantons. I'll explain why this is true both generally and in detail and why the previous treatments have gone astray. This meeting will be designed to be a highly informal and interactive session to present these results in detail and address questions, confusions, and challenges of those, esp. cosmologists, with some level of background in tunnelling. I'll give a broader presentation of this material for a more general audience in the strings group meeting (Friday 11am, space room).

I. Background + simple argument

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II. Problem with CdL + junction analysis

III

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II. Problem with CdL + junction analysis

III. Corrected calculation

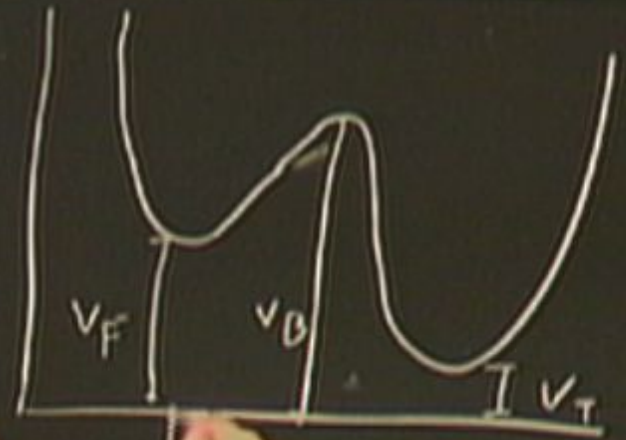
"Small wall"

and scape?

- I Background + simple argument
- II Problem with CdL + junction analysis
- III Corrected calculation
- IV "Small wall"
- V Landscape?

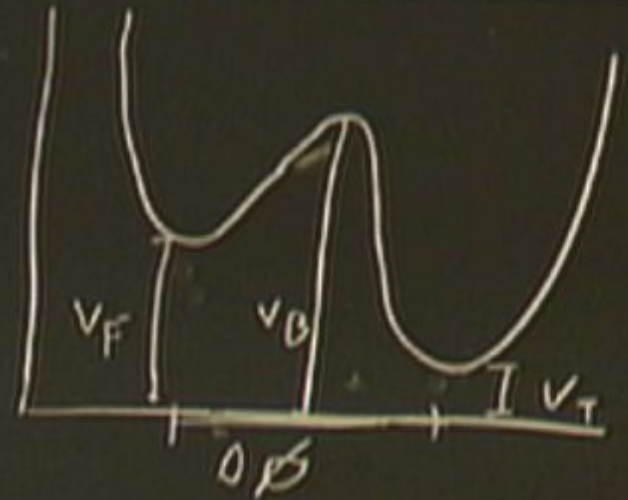
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$$B = S_E - S_b$$

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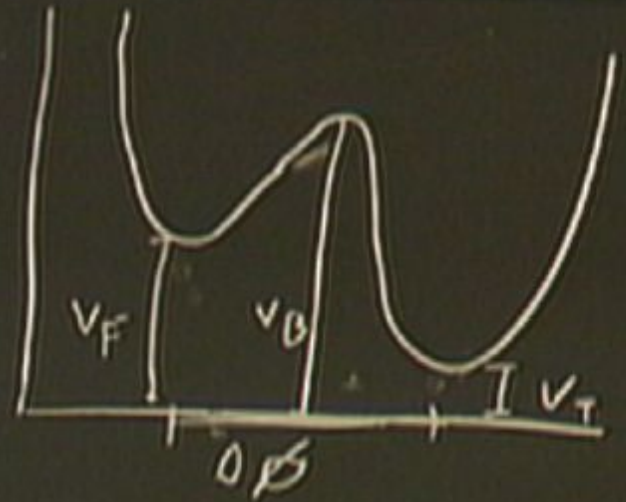
$$I = A e^{-B}$$

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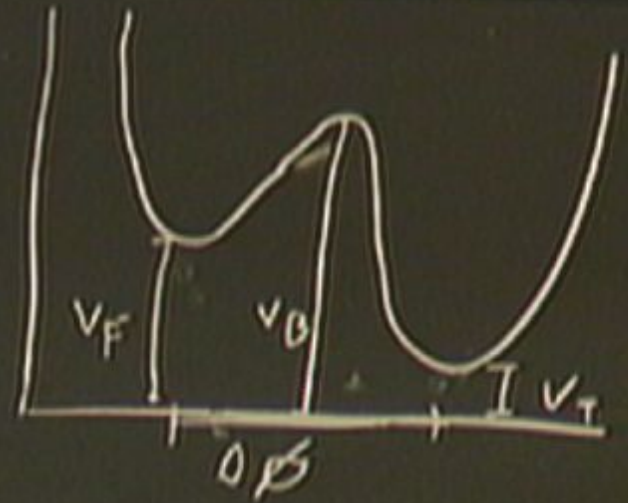
$$I. \quad T = A e^{-B}$$

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$$S_E = -\hbar \int \sqrt{g'} \left(R - \frac{1}{2} (\nabla \psi)^2 - V(\psi) \right)$$

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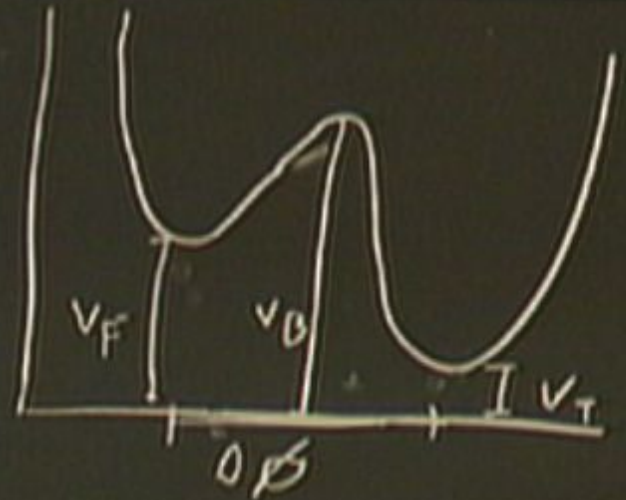


$$S_E = -\kappa \int \sqrt{g'} \left(R - \frac{1}{2} |\nabla \psi|^2 - V(\psi) \right)$$

Overall sign:

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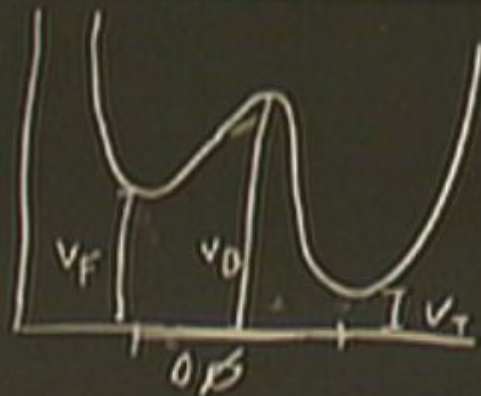
$$S_E = -\int \left(R - \frac{1}{2} (\nabla \phi)^2 - V(\phi) \right)$$

over

$$\tilde{g}_{ab} = R^2 g_{ab}$$

$$I. \quad T = A e^{-B}$$

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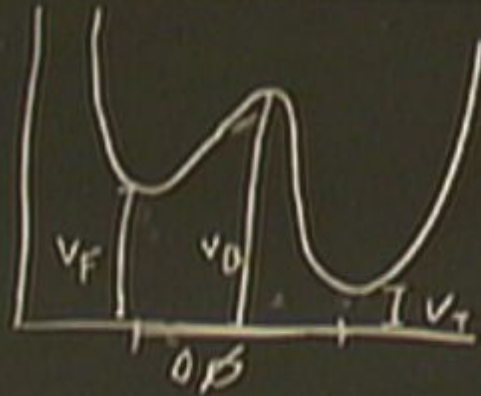
$$S_E = \int (R - \frac{1}{2}(\dot{\sigma})^2 - V(\sigma))$$

$$\hat{g}_{ab} = R^2 g_{ab}$$

$$R = \int \sqrt{g} R^{d-2} [R + (d-1)(d-2) \frac{\nabla^a R \nabla_a R}{R^2}]$$

$$I. \quad T = A e^{-B}$$

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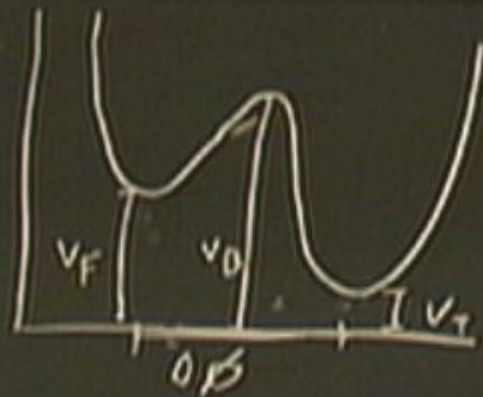


$$\int \sqrt{g} (R - \frac{1}{2} (\nabla \phi)^2 - V(\phi))$$

$$\tilde{g}_{ab} = \Omega^2 g_{ab}$$

$$\int \sqrt{g} \tilde{R} = \int \sqrt{g} \Omega^{d-2} [R + (d-1)(d-2) \frac{\nabla^2 \Omega}{\Omega}]$$

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$$S_E = -\kappa \int \sqrt{g'} \left(R - \frac{1}{2} (\nabla \phi)^2 - V(\phi) \right)$$

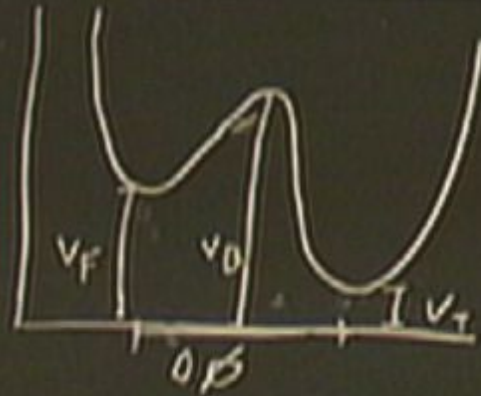
overall sign:

$$\tilde{g}_{ab} = \kappa^2 g_{ab}$$

$$\int \tilde{g} R = \int \sqrt{g} \kappa^{d-2} \left[R + (d-1)(d-2) \frac{(\nabla \phi)^2}{\kappa^2} \right]$$

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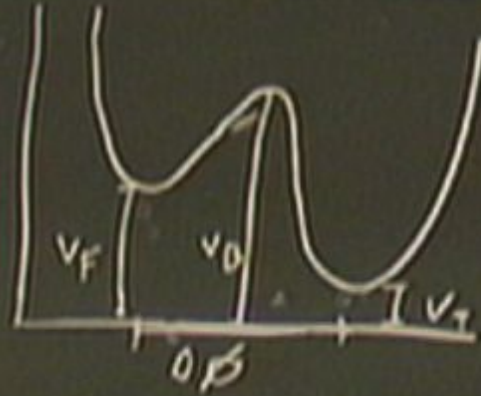
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$$\int \tilde{g} \tilde{R} = \int \sqrt{g} \kappa^{d-2} \left[R + (d-1)(d-2) \frac{(\nabla \phi)^2}{2\kappa^2} \right]$$

Boussou, Hawking: BH production

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Bonuss: Hawking: BH production

$$R_{ab} - \frac{1}{2} \nabla_a \psi \nabla_b \psi - \frac{g_{ab}}{2} (R - \frac{1}{2} (\nabla \psi)^2 - V(\psi)) = 0$$

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$$R(1 - \frac{d}{2}) = \frac{1}{2}(1 - \frac{d}{2}) (\nabla \psi)^2 - \frac{d}{2} V(\psi)$$

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$$R = \frac{1}{2} (\nabla \psi)^2 + \frac{d}{d-2} V(\psi)$$

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$$S_E = -K \int \sqrt{g} \left(\frac{d}{d-2} \right)$$

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$$S_F = -K \int \sqrt{g} \left(\frac{d}{d-2} - 1 \right) V(\psi) = -\frac{2K}{(d-2)} \int \sqrt{g} V(\psi)$$

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- no gradient terms

- potential (naively) comes in with opposite sign

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$$S_E^{(4)} = -\frac{48K}{V_0}$$

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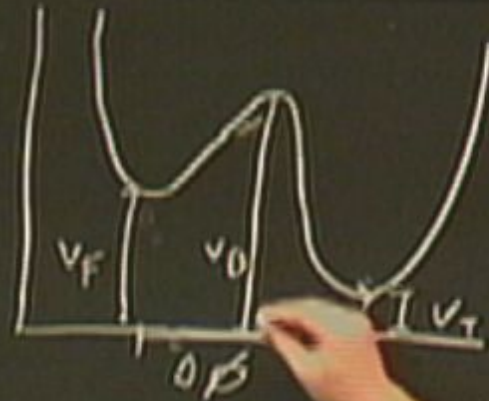
- potential (naively) comes in with opposite sign

$$S_E^{(4)} = -\frac{48K}{V_0}$$

$$V(\psi) = V_0 > 0$$

$$I. \quad T = A e^{-B}$$

$$B = S_E - S_b$$



$$S_E = -K \int \sqrt{g'} \left(R - \frac{1}{2} (\sigma \rho)^2 - V(\rho) \right)$$

overall sign: $\tilde{g}_{ab} = \Lambda^2 g_{ab}$

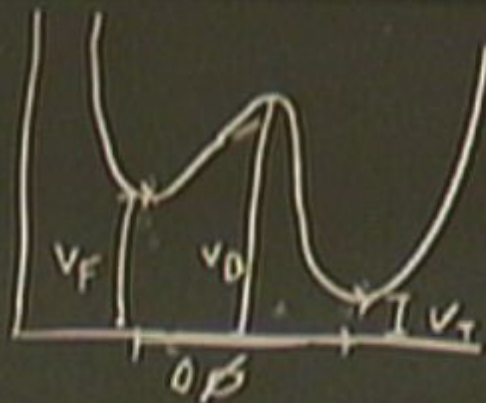
$$\int \tilde{g} \tilde{R} = \int \sqrt{g} \Lambda^{d-2} [R + \dots]$$

Boussos, Hawking: BH production

$$\frac{\Lambda^2 \sqrt{g}}{c^2}$$

$$I. \quad T = A e^{-B}$$

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Boussso, Hawking: BH production

$$ds^2 = d\tau^2 + \rho^2(\tau) d\mathcal{R}_{d-1}$$

$$ds^2 = d\tau^2 + \rho^2(\tau) d\Omega_{d-1}^2, \quad \rho(\tau)$$

$$ds^2 = dt^2 + \rho^2(\tau) d\Omega_{d-1}, \quad \varphi(\tau)$$

$$S_E = - \frac{2\kappa \Omega_{d-1}}{(d-2)} \int_0^{\tau_f} dt \rho^{d-1} V(\varphi)$$

$$ds^2 = d\tau^2 + \rho^2(\tau) d\Omega_{d-1}, \quad \varphi(\tau)$$

$$S_E = - \frac{2\kappa \Omega_{d-1}}{(d-2)} \int_0^{\tau_e} d\tau \rho^{d-1} V(\varphi)$$

$$\text{If } V(\varphi) = V_0$$

$$\rho = \frac{1}{\omega_0} \sinh \omega_0 \tau$$

$$\omega_0^2 = \frac{V_0}{(d-1)(d-2)}$$

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Two classes of potentials with rapid transitions:

1) "small wall": V_0

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1) "small wall": $V_B - V_T \ll V(\infty)$



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1) "small wall": $V_B - V_T \ll V(\infty)$

$$S_E = S_b$$



Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\infty)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \sim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V_T$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \sim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



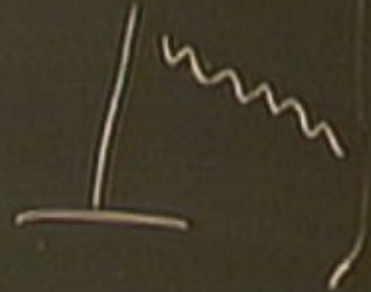
2) "thin wall": $\rho \approx \rho_0$ when φ not near a minimum

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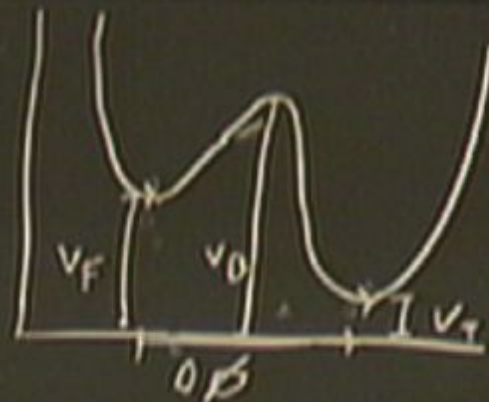


2) "thin wall": $\rho \ll \rho_0$ when φ not near a minimum

$$I \in \Lambda \rho \ll 1$$

$$I. \quad T = A e^{-B}$$

$$B = S_E - S_b$$



$$S_E = -\kappa \int \sqrt{g'} \left(R - \frac{1}{2} (\sigma \phi)^2 - V(\phi) \right)$$

$$[\phi] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$\kappa = \frac{1}{16\pi G_d}$$

Overall sign:

$$\tilde{g}_{ab} = \kappa^2 g_{ab}$$

$$\int \tilde{g} \tilde{R} = \int \sqrt{g} \kappa^{d-2} [R + (d-1)(d-2) \frac{\tilde{g}^{\mu\nu} \partial_\mu \partial_\nu \kappa}{\kappa}]$$

Boussou, Hawking, BH production

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

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2) "thin wall": $\rho \ll \rho_0$ when φ not near a minimum

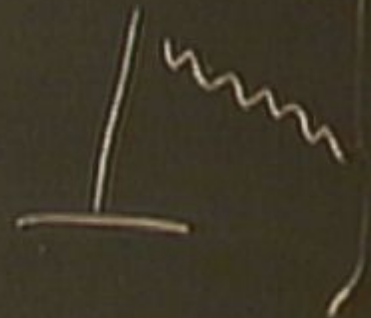
$$I \in \Lambda, \rho \ll 1 \quad V_B \gg V_F - V_T$$

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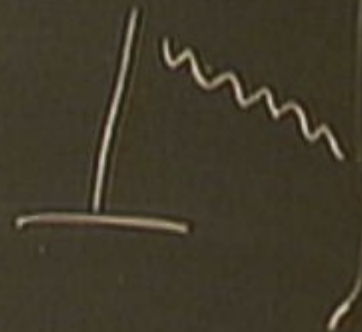
$$\text{If } A \ll 1 \quad V_B \gg V_F + \text{instanton starts close to the minima}$$

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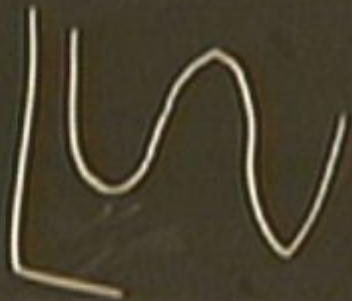
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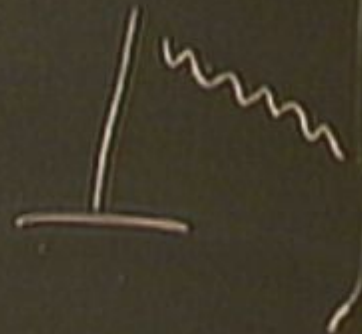


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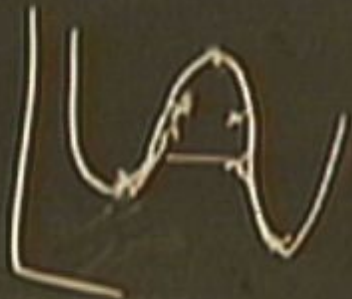
$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \approx \rho_0$ when φ not near a minimum

$$\text{If } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{If } \Delta\varphi = \mathcal{O}(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



Two classes of potentials with rapid transitions:

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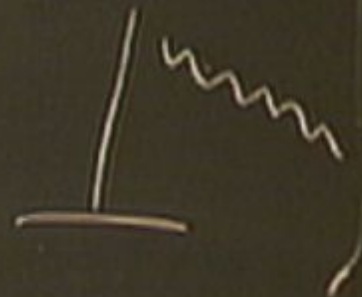


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$$I \in \Delta \ll 1 \quad V_B \gg V_F - V_T$$

$I \in \Delta \ll 1 \quad V_B \gg V_F$ + instanton starts close to the minima

coupled Einstein-Hilbert field equations

$$\varphi^2 + (d-1) \frac{\rho'}{\rho} \varphi' = v'(\varphi)$$

$$\frac{\rho''}{\rho} = - \frac{v(\varphi)}{(d-1)\varphi^2} - \frac{\rho'^2}{2(d-1)}$$

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2) "thin wall": $\rho \approx \rho_0$ when φ not near a minimum

$$\text{If } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

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coupled Einstein-Hilbert field equations

$$\varphi^2 + (d-1) \frac{\rho'}{\rho} \varphi' = V(\varphi)$$

$$\frac{\rho''}{\rho} = - \frac{V(\varphi)}{(d-1)\varphi^2} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 4 \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - V(\varphi) \right)$$

$$I \in \Delta \rho \ll 1 \quad V_B \gg V_F = V_T$$

$I \in \Delta \rho = \mathcal{O}(1) \quad V_B \gg V_F$ + instanton starts close to the minima



coupled Einstein Field equations

$$\rho^2 + (d-1) \frac{\rho'}{\rho} \rho' = v'(\rho)$$

$$\frac{\rho''}{\rho} = - \frac{v(\rho)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 1 + \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - v(\rho) \right)$$

$$\rho(v) \approx 0$$

$$I \in \Lambda \ll 1 \quad V_B \gg V_F - V_T$$

$I \in \Lambda \ll 1 \quad V_B \gg V_F$ + instanton starts close to the minima



Coupled Einstein+Field equations

$$\rho^2 + (d-1) \frac{\rho'}{\rho} \rho' = v^2(\rho)$$

$$\frac{\rho^2}{\rho} = - \frac{v(\rho)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 1 + \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - v(\rho) \right)$$

$$\rho(v) = 0$$

$$I \in \Delta \mu \ll 1 \quad V_B \gg V_F = V_T$$

$I \in \Delta \mu = O(1) \quad V_B \gg V_F$ + instanton starts close to the minima



coupled Einstein Field equations

$$\rho^2 + (d-1) \frac{\rho'}{\rho} \rho' = V(\rho)$$

$$\frac{\rho''}{\rho} = - \frac{V(\rho)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 1 + \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - V(\rho) \right)$$

$$\rho(u) = 0$$

$$\rho'(u) = 0 \rightarrow \rho \sim \rho_0 + c_2 u^2$$

$$\rho''$$



to the minima
coupled Einstein Field equations

$$\psi^2 + (d-1) \frac{\rho'}{\rho} \psi' = V(\psi)$$

$$\frac{\rho''}{\rho} = - \frac{V(\psi)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 1 + \frac{\rho^2}{d-4} \left(\frac{\psi'^2}{2} - V(\psi) \right)$$

$$\rho(0) = 0$$

$$\psi'(0) = 0 \rightarrow \psi \sim \psi_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^3 + \dots$$

$$S_E - S_B \approx O\left(\frac{V_B}{V_T}\right)^2$$

2) "thin wall": $\rho \approx \rho_0$ when ϕ not near a minima

$$\text{If } \Delta\phi \ll 1 \quad V_B \gg V_F - V_T$$

If $\Delta\phi = O(1) \quad V_B \gg V_F$ + instanton starts close to the minima



coupled Einstein+Field equations

$$\phi'^2 + (d-1)\rho' \phi' = V'(\phi)$$

$$\frac{\rho'^2}{\rho} = -\frac{V(\phi)}{\rho} - \frac{\phi'^2}{2(d-1)}$$

$$\rho'^2 = \frac{2(d-1)}{d-4} \left(\frac{\phi'^2}{2} - V(\phi) \right)$$

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

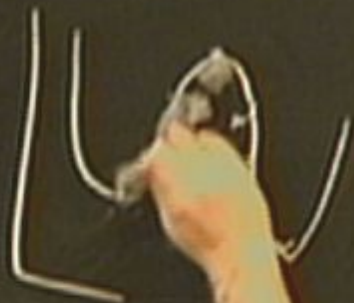
$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \ll \rho_0$ when φ not near a minimum

$$\text{If } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

If $\Delta\varphi = \mathcal{O}(1)$ $V_B \gg V_F$ + instanton starts close to the minima



coupled Einstein Field equations

$$\varphi'^2 + (d-1)\frac{\rho'}{\rho}\varphi' = V'(\varphi)$$

$$\frac{\rho''}{\rho} = -\frac{V(\varphi)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 14 \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - V(\varphi) \right)$$

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \approx \rho_0$ when φ not near a minimum

$$\text{If } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{If } \Delta\varphi = \mathcal{O}(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



Coupled Einstein Field equations

$$\varphi'' + (d-1)\frac{\rho'}{\rho}\varphi' = V'(\varphi)$$

$$\frac{\rho''}{\rho} = -\frac{V(\varphi)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 1 + \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - V(\varphi) \right)$$

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\phi)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \approx \rho_0$ when ϕ not near a minimum

$$\text{If } \Delta\phi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{If } \Delta\phi = \mathcal{O}(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



coupled Einstein Field equations

$$\phi^2 + (d-1)\rho' \phi' = V(\phi)$$

$$\frac{\rho^2}{\rho} = -\frac{V(\phi)}{(d-1)\phi^2} - \frac{\phi'^2}{2(d-1)}$$

$$\rho'^2 = 4 \left(\frac{\rho^2}{\phi^2} - \frac{V(\phi)}{\phi^2} \right)$$

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \approx \rho_0$ when φ not near a minimum

$$\text{If } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

If $\Delta\varphi = \mathcal{O}(1)$ $V_B \gg V_F$ + instanton starts close to the minima



coupled Einstein Field equations

$$\varphi^2 + (d-1)\frac{\rho'}{\rho}\varphi' = V(\varphi)$$

$$\frac{\rho''}{\rho} = -\frac{V(\varphi)}{(d-1)\varphi^2} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 4 \frac{\rho^2}{d-1} \left(\frac{\rho'^2}{2} - V(\varphi) \right)$$

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \ll \rho_0$ when φ not near a minimum

$$\text{I} \in \Delta \varphi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{I} \in \Delta \varphi = \mathcal{O}(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



coupled Einstein-Hilbert equations

$$\varphi^2 + (d-1) \frac{\rho'}{\rho} \varphi' = V'(\varphi)$$

$$\frac{\rho''}{\rho} = - \frac{V(\varphi)}{(d-1)V(\varphi-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 14 \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - V(\varphi) \right)$$

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \ll \rho_0$ when φ not near a minimum

$$\text{If } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{If } \Delta\varphi = \mathcal{O}(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



coupled Einstein Field equations

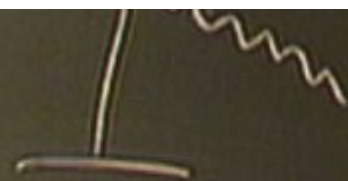
$$\varphi'' + (d-1)\frac{\rho'}{\rho}\varphi' = V'(\varphi)$$

$$\frac{\rho''}{\rho} = -\frac{V(\varphi)}{(d-1)V(\varphi-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 14 \frac{\rho^2}{d-4} \left(\frac{\rho'^2}{2} - V(\varphi) \right)$$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \approx \rho_0$ when ϕ not near a minimum

$$I \in \Delta \phi \ll 1 \quad V_B \gg V_F = V_T$$

I.e. $\Delta \phi = \mathcal{O}(1)$ $V_B \gg V_F$ + instanton starts close to the minima



coupled Einstein+Field equations

$$\phi^2 + (d-1) \frac{\rho'}{\rho} \phi' = V'(\phi)$$

$$\frac{\rho''}{\rho} = - \frac{V(\phi)}{(d-1)(d-2)} - \frac{\phi'^2}{2(d-1)}$$

$$\rho'^2 = 14 \frac{\rho^2}{d-4} \left(\frac{\phi'^2}{2} - V(\phi) \right)$$

$$\rho(0) = 0$$

$$\phi'(0) = 0 \rightarrow \phi \sim \phi_0 + c_2 \tau^2 + \dots$$

$$\rho \sim c_3 \tau^3 + \dots$$

$$\frac{\rho'}{\rho} = -\frac{V'(r)}{(d-1)V(r)} - \frac{\rho' L}{2(d-1)}$$

$$\rho' L = 1 + \frac{\rho L}{d-1} \left(\frac{\rho' L}{2} - V'(0) \right)$$

$$\rho(0) = 0$$

$$\rho'(0) = 0 \rightarrow \rho \sim \rho_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^3 + \dots$$

Thin wall

$$S_E =$$

$$\frac{\rho'}{\rho} = -\frac{v'(z)}{(d-1)(d-2)} - \frac{\rho' z}{z(d-1)}$$

$$\rho' z = 1 + \frac{\rho' z}{d-1} \left(\frac{z}{2} - v'(0) \right)$$

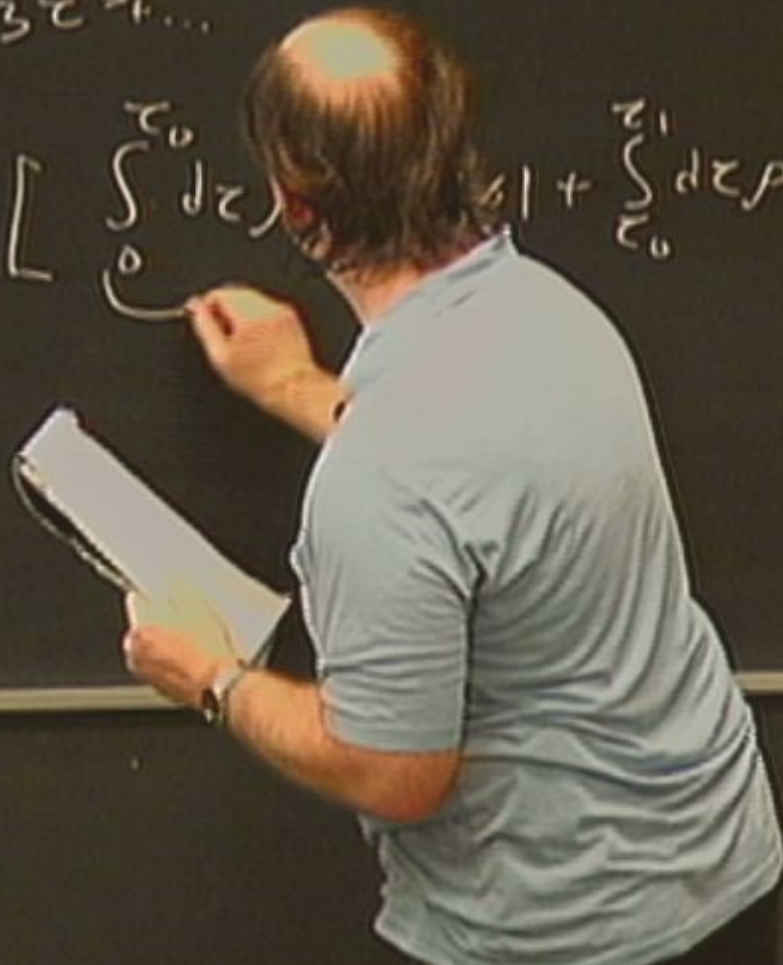
$$\rho(0) = 0$$

$$\psi'(0) = 0 \rightarrow \psi \sim \psi_0 + c_2 z^2 + \dots$$

$$\rho \sim z + c_3 z^3 + \dots$$

Thin wall

$$S_E = -\frac{2\pi R_{d-1}}{(d-2)} \left[\int_0^{\tau_0} dz \left(\frac{1}{2} \rho'^2 + \frac{1}{2} v'^2 \right) + \int_{\tau_0}^{\tau_1} dz \rho^{d-1} v'(0) + \int_{\tau_1}^{\tau_2} dz \rho^{d-1} v'(0) \right]$$



$$\frac{\rho'}{\rho} = -\frac{V(\tau)}{(d-1)V(d-2)} - \frac{\rho' L}{2(d-1)}$$

$$\rho' L = 1 + \frac{\rho L}{d-1} \left(\frac{\rho' L}{2} - V(\tau) \right)$$

$$\rho(0) = 0$$

$$\psi'(0) = 0 \rightarrow \psi \sim \psi_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^3 + \dots$$

Thin wall

$$S_E = -\frac{2\pi\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} d\tau \rho^{d-1} |V(\tau)|}_{I_0: \text{near true vac}} + \int_{\tau_0}^{\tau_1} d\tau \rho^{d-1} |V(\tau)| + \int_{\tau_1}^{\tau_2} d\tau \rho^{d-1} |V(\tau)| \right]$$

$$\rho' = 1 + \frac{\rho^2}{d-4} \left(\frac{d^2}{2} - V'(0) \right)$$

$$\rho(0) = 0$$

$$\psi'(0) = 0 \rightarrow \psi \sim \psi_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^3 + \dots$$

Thin wall

$$S_E = -\frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |V(\rho)|}_{I_0: \text{near true}} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |V(\rho)|}_{I_1: \text{"wall"} + \underbrace{\int_{\tau_1}^{\infty} dz \rho^{d-1} |V(\rho)|}_{I_2: \text{false vac}} \right]$$

$$\rho(v) \approx 0$$

$$\psi'(v) \approx 0 \rightarrow \psi \sim v_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^2 + \dots$$

Thin wall

$$S_E = -\frac{2\pi\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |v|}_{I_0: \text{near true vac}} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |v|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_2} dz \rho^{d-1} |v|}_{I_2: \text{near false vac}} \right]$$

$$\rho(v) = 0$$

$$\psi'(v) = 0 \rightarrow \psi \sim v_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^2 + \dots$$

Thin wall

$$S_E = -\frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |v|} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |v|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_2} dz \rho^{d-1} |v|}_{I_2: \text{near false vac}} \right]$$

$$I \in \Delta \mu \ll 1 \quad V_B \gg V_F - V_T$$

$$I \in \Delta \mu = O(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



coupled Einstein Field equations

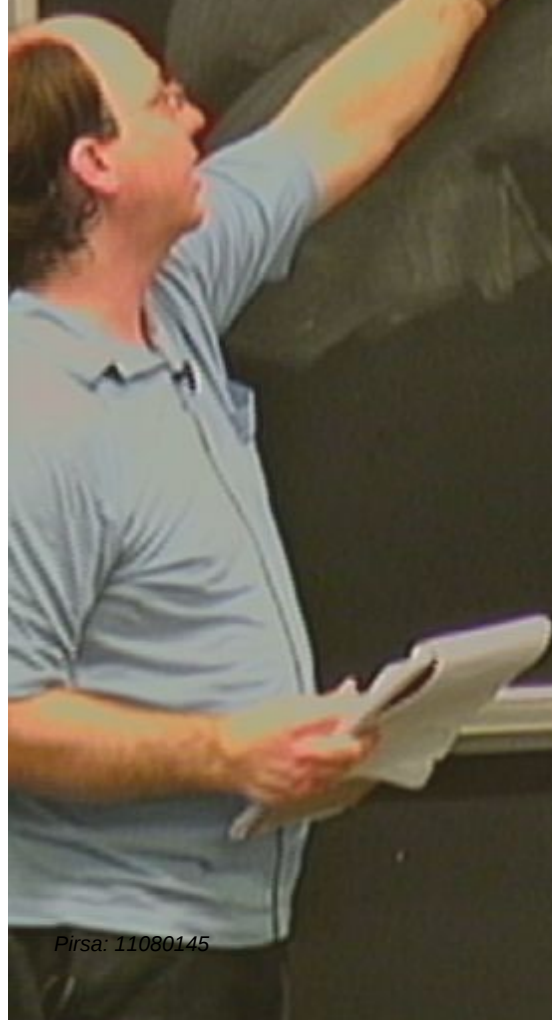
$$\rho^2 + (d-1) \frac{\rho'}{\rho} \rho' = V(\phi)$$

$$\frac{\rho''}{\rho} = - \frac{V(\phi)}{(d-1)(d-2)} - \frac{\rho'^2}{2(d-1)}$$

$$\rho'^2 = 1 + \frac{d-4}{d-2} \left(\frac{\rho'^2}{2} - V(\phi) \right)$$

$$\frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |V(\phi)|}_{I_0: \text{near true vac}} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |V(\phi)|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_2} dz \rho^{d-1} |V(\phi)|}_{I_2: \text{near false vac}} \right]$$

$$-D\tau \sim \frac{D\ell}{\sqrt{v_B}}$$



$$- \Delta t \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (v_B)^2}}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_0}} \sim \frac{1}{\sqrt{V_0 \approx (1/2)}}$$

- I,

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (v_B)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$



$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (v_B)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad (2)$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As V unless

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (v_B)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow 0$, $\rho_0 \rightarrow 0$,

$$\rho(0) = 0$$

$$\psi(0) = 0 \rightarrow \psi \sim \psi_0 + c_2 \tau^2 + \dots$$

$$\rho \sim \tau + c_3 \tau^2 + \dots$$

Thin wall

$$S_E = -\frac{2\pi\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} d\tau \rho^{d-1} |\psi|} + \underbrace{\int_{\tau_0}^{\tau_1} d\tau \rho^{d-1} |\psi|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_2} d\tau \rho^{d-1} |\psi|}_{I_2: \text{near false vac}} \right]$$

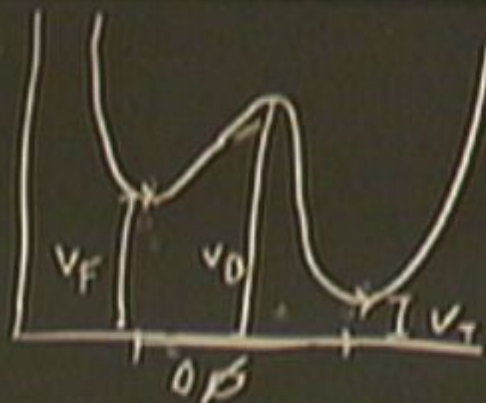
$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B}} \quad \text{if } \Delta \phi \sim 1$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_6|$

$$I. \quad T = A e^{-B}$$

$$B = S_E - S_b$$



$$S_E = -\kappa \int \sqrt{g'} \left(R - \frac{1}{2} (\sigma')^2 - V(\sigma) \right)$$

$$[\sigma] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$\kappa = \frac{1}{16\pi G}$$

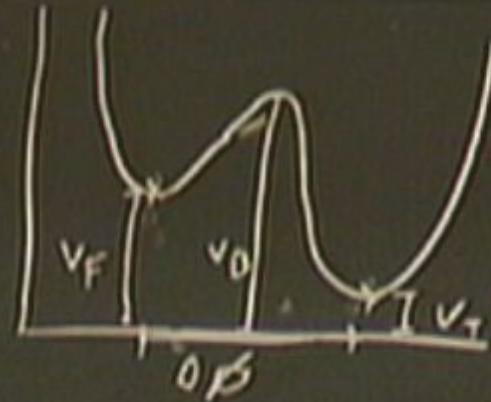
Overall sign:

$$\tilde{g}_{ab} = \mathcal{R}^2 g_{ab}$$

$$\int \tilde{g} \tilde{R} = \int \sqrt{g} \mathcal{R}^{d-2} [R + (d-1)\mathcal{R}]$$

Boussou, Hawking, BH production

I. $T = A e^{-B}$
 $B = S_E - S_b$



$$S_E = -\kappa \int \sqrt{g'} \left(R - \frac{1}{2} (\sigma \rho)^2 - V(\rho) \right)$$

$$[\rho] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$\kappa = \frac{1}{16\pi G_d}$$

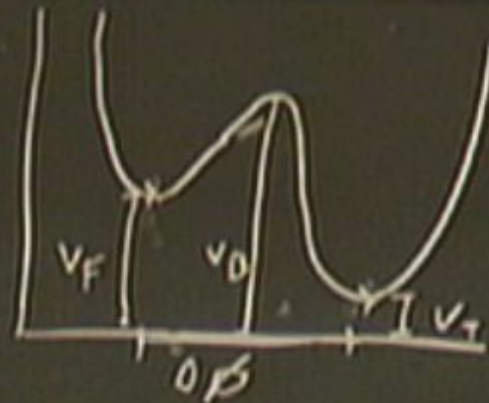
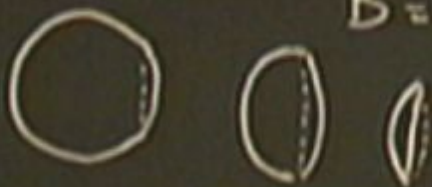
overall sign:

$$\hat{g}_{ab} = \Lambda^2 g_{ab}$$

$$\int \hat{g} \hat{R} = \int \sqrt{g} \Lambda^{d-2} [R + (d-1)(d-2) \frac{\nabla^a \Lambda \nabla_a \Lambda}{\Lambda^2}]$$

Bousso, Hawking: BH production

I. $T = A e^{-B}$
 $B = S_E - S_b$



$$S_E = -\kappa \int \sqrt{g'} \left(R - \frac{1}{2} (\sigma \rho)^2 - V(\rho) \right)$$

$$[\rho] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$\kappa = \frac{1}{16\pi G_d}$$

overall sign:

$$\tilde{g}_{ab} = \Lambda^2 g_{ab}$$

$$\int \tilde{g} \tilde{R} = \int \sqrt{g} \Lambda^{d-2} [R + (d-1)(d-2) \frac{\tilde{\nabla}^a \Lambda \tilde{\nabla}_a \Lambda}{\Lambda^2}]$$

Boussou, Hawking, BH production

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (v_B)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

Suppose $\rho_0 \ll \frac{1}{\sqrt{V_F}}$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (v_B)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (p_B)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V \rightarrow 0$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

$$\text{use } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$I_1 \sim \rho_0^{d-1} (V$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad \psi(\tau)$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$\Delta, V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

Suppose $\rho_0 \ll \frac{1}{\sqrt{V_F}}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad \psi(z)$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho \sim \frac{T}{(V_F - V_T)}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad \psi(z)$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad V > V_B$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

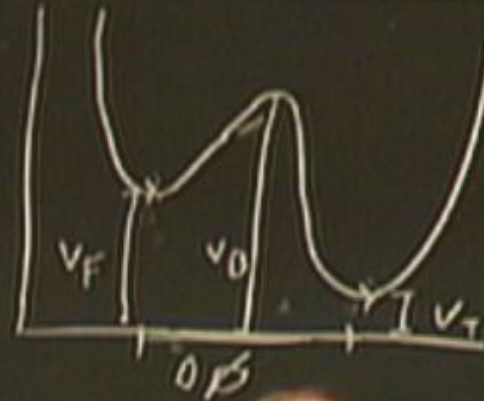
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

I. $T = A e^{-B}$
 $B = S_E - S_b$



$$S_E = -K \int \sqrt{g'} \left(R - \frac{1}{2} (\sigma \rho)^2 - V \right)$$

$$[\rho] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$K = \frac{1}{16 \pi G_d}$$

overall sign: $\hat{g}_{ab} = R^2 g_a$

$$\int \hat{g} \tilde{R} =$$

Boussou, Hawking, BH

$$[R - 21 \tilde{V}^2 \frac{V}{\tilde{V}^2}]$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_F)^2}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |I_6|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}}$$

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As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}}$$

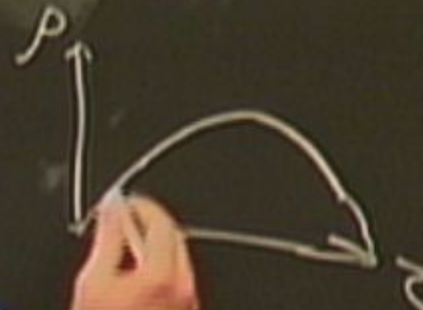
$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1, |I_2|, |S_b|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$



$$-\Delta\tau \sim \frac{\Delta\phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad \psi(z)$$

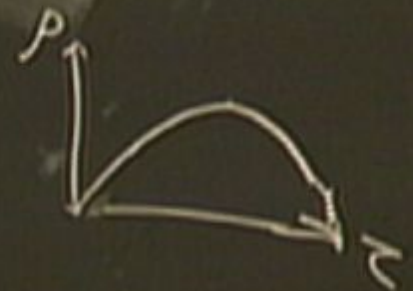
$$-I_1 \sim \rho_0^{d-1} V_B \Delta\tau \sim \rho_0^{d-1} \Delta\phi \sqrt{V_B}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

$$- \text{Suppose } \rho_0 \ll \frac{1}{\sqrt{V_F}}$$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$



$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}} \quad V(2)$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

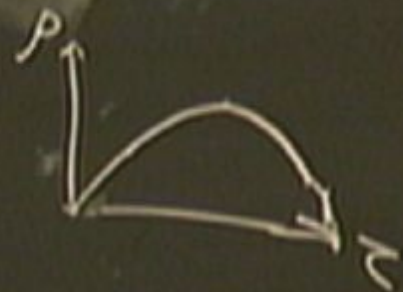
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_0|$

- Suppose $\rho_0 \ll \frac{1}{\sqrt{V_F}}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0}{\rho} \quad \rho_0 \phi = V - (V_T)$$



$$R(1 - \frac{d}{2}) = \frac{1}{2}(1 - \frac{d}{2})(|\nabla \psi|^2 - \frac{d}{2} V(\psi))$$

$$R = \frac{1}{2} |\nabla \psi|^2 + \frac{d}{d-2} V(\psi)$$

$$S_E = -K \int \sqrt{g} \left(\frac{d}{d-2} - 1 \right) V(\psi) = -\frac{2K}{(d-2)} \int \sqrt{g} V(\psi)$$

- no gradient terms

- potential (naively) comes in with opposite sign

$$S_E^{(4)} = -\frac{4\pi K}{V_0} \quad V(\psi) = V_0 > 0$$

$$-\Delta \tau \sim \frac{\partial \psi}{\sqrt{V_0}} \sim \frac{1}{\sqrt{V_0 - V(\psi)}}$$

$$-I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \psi \sqrt{V_B}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V - (V_B)}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

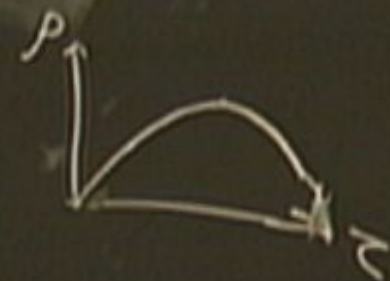
$A \neq 0$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

suppose $\rho_0 \ll \frac{1}{\sqrt{V_F}}$

$$d-1 (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$(-1)^{d-1} \rho_0' = V - (V)$$



$$S_E - S_b < 0$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_F)}} \quad V_B \gg V_F$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

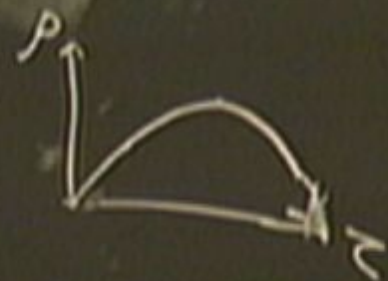
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

- Suppose $\rho_0 \ll \frac{1}{\sqrt{V_F}}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0}{\rho_0'} = V_F (t)$$



$$S_E - S_b < 0$$

$$CDL: B = S_E - S_b = \frac{96\pi^2}{K^2 V_F}$$

$$S_E = \frac{\frac{1}{2} K \Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} d\tau \rho^{d-1} |v| |\dot{v}|}_{I_0: \text{near true vac}} + \underbrace{\int_{\tau_0}^{\tau_1} d\tau \rho^{d-1} |v| |\dot{v}|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_f} d\tau \rho^{d-1} |v| |\dot{v}|}_{I_2: \text{near false vac}} \right]$$

$$CDL: B = S_E - S_b = \frac{96\pi^2}{K^2 V_F}$$

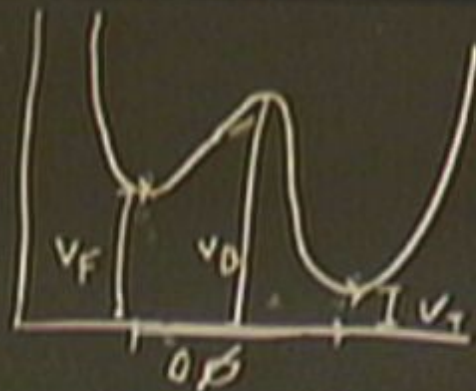
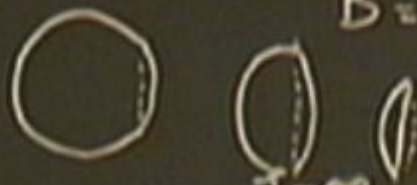
Thin wall

$$S_E = -\frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |v|} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |v|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_2} dz \rho^{d-1} |v|}_{I_2: \text{near false vac}} \right]$$

$I_0: \text{near true vac}$

I. $T = A e^{-B}$

$B = S_E - S_b$



$S_E = -K \int \sqrt{g'} (R - \frac{1}{2} (\sigma \phi)^2 - V(\phi))$

$[p] = L^0$

$[v] = \frac{1}{L^2}$

$K = \frac{1}{16\pi G_d}$

Overall sign:

$\tilde{g}_{ab} = R^2 g_{ab}$

$\int \tilde{g} \tilde{R} = \int \sqrt{g} R^{d-2}$

Boussou-Hawking: BH production $[R + (d-1)(d-2) \frac{1}{2} \frac{\nabla^2 R}{R}]$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_F)}} \quad (12)$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$S = \frac{C_0}{V_F^{d/2-1}}$$

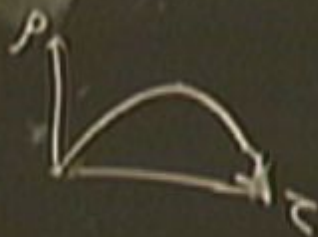
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0}{\rho_0'} = V^{-1}(\phi)$$



$$S_c - S_b < 0$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_F)}} \quad \text{for } \tau < 1$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$B \sim S_E S_B = \frac{C_0}{V_F^{d/2-1}}$$

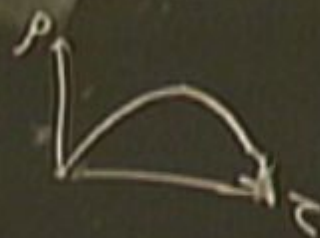
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_B|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0}{\rho_0'} = V^{-1}(\phi)$$



$$S_E - S_B < 0$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_F - V_T)}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$B = S_L S_b = \frac{C_0}{V_F^{d/2 - 1}}$$

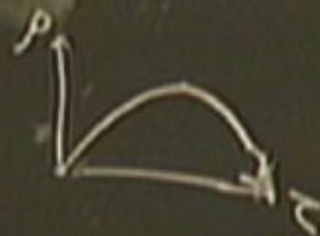
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = r(d-1) \frac{\rho_0^{d-1}}{\rho_0} = V'(b)$$



$$S_L - S_b < 0$$

$$R(1 - \frac{d}{2}) = \frac{1}{2}(1 - \frac{d}{2})(|\nabla\psi|^2 - \frac{d}{2}V(\psi))$$

$$R = \frac{1}{2}|\nabla\psi|^2 + \frac{d}{d-2}V(\psi)$$

$$S_E = -K \int \sqrt{g} \left(\frac{d}{d-2} - 1 \right) V(\psi) = -\frac{2K}{(d-2)} \int \sqrt{g} V(\psi)$$

- no gradient terms

- potential (naively) comes in with opposite sign

$$S_E^{(4)} = -\frac{48K}{V_0}$$

$$V(\psi) = V_0 > 0$$

$$-\Delta\tau \sim \frac{\partial\psi}{\sqrt{V_0}} \sim \frac{1}{\sqrt{V(\psi)}}$$

$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - V_T}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$B \cdot S_E \cdot S_b = \frac{C_0}{V_F^{d-1} - 1}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_2|, |I_3|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-1}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0'}{\rho_0} \approx V_F - V_T$$



$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_F)}} \quad V_B \gg 1$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$B \cdot S_E \cdot S_b = \frac{C_0}{V_F^{d-1} - 1}$$

As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $I_1 \gg |I_0|, |I_2|, |S_b|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\rho_0^{d-1} (V_F - V_T) \sim T \rho_0^{d-2}$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0'}{\rho_0} \phi' = V'(0)$$



$$- \Delta \tau \sim \frac{\Delta \phi}{\sqrt{V_B}} \sim \frac{1}{\sqrt{V_B - (V_T)_B}}$$

$$- I_1 \sim \rho_0^{d-1} V_B \Delta \tau \sim \rho_0^{d-1} \Delta \phi \sqrt{V_B}$$

$$B \cdot S_E - S_b = \frac{C_0}{V_F^{d/2-1}}$$

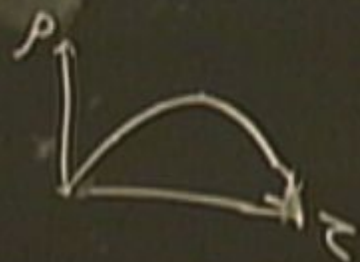
As $V_B \rightarrow \infty$, unless $\rho_0 \rightarrow 0$, $T \gg |I_1|, |I_2|, |S_b|$

- Suppose $\rho_0 \ll \frac{1}{V_F}$

$$\left(\frac{V_T}{V_F}\right)^{n_0} \rho_0^{d-1} (V_F - V_T) \sim T$$

$$\rho_0 \sim \frac{T}{(V_F - V_T)}$$

$$- \phi = + (d-1) \frac{\rho_0'}{\rho_0} = 1$$



$$S_E - S_b < 0$$

$$CdL: B = S_E - S_b = \frac{96\pi^2}{K^2 V_F}$$

(4 dim)

high wall

$$- \frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |v|} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |v|}_{I_1: \text{"wall":}} + \underbrace{\int_{\tau_1}^{\tau_2} dz \rho^{d-1} |v|}_{I_2: \text{near false vac}} \right]$$

$I_0: \text{near true vac}$ $I_1: \text{"wall":}$ $I_2: \text{near false vac}$

$$C_{DL}: B = S_E - S_b = \frac{96\pi^2}{K^2 V_F} \quad (4 \text{ dm})$$

C_{DL}: 1) Diff. form of action:

Thin wall

$$S_E = -\frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} d\tau \rho^{d-1} |V(\rho)|}_{I_0: \text{near true vac}} + \underbrace{\int_{\tau_0}^{\tau_1} d\tau \rho^{d-1} |V(\rho)|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_2} d\tau \rho^{d-1} |V(\rho)|}_{I_2: \text{near false vac}} \right]$$

$$CDL: B = S_E - S_b = \frac{96\pi^2}{K^2 V_F}$$

(4 dm)

CDL: 1) Diff. form of action: ✓
 $B = S_E - S_b$

Thin wall

$$S_E = -\frac{2K\Omega_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |V(\phi)|}_{I_0: \text{near true vac}} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |V(\phi)|}_{I_1: \text{wall}} + \underbrace{\int_{\tau_1}^{\tau_2} dz \rho^{d-1} |V(\phi)|}_{I_2: \text{false vac}} \right]$$

I_0 : near true vac

I_1 : wall

I_2 : false vac

$$B = K_1 \left[I_0 + I_1 + I_2 - (\tau_0 + \tau_1 + \tau_2) \right]$$

τ_0 : false vac τ_1 : false vac τ_2 : false vac

including backreaction

τ_f (instanton)

τ_b (background)

Two classes of potentials with rapid transitions:

1) "small wall": $V_B - V_T \ll V(\varphi)$

$$S_E - S_b \ll S_b$$

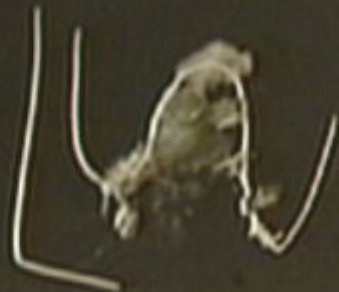
$$S_E - S_b \lesssim \mathcal{O}\left(\frac{V_B - V_T}{V_T}\right) S_b$$



2) "thin wall": $\rho \approx \rho_0$ when φ not near a minimum

$$\text{Ic } \Delta\varphi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{Ic } \Delta\varphi = \mathcal{O}(1) \quad V_B \gg V_F \quad \text{instanton starts close to the minima}$$



coupled Einstein Field equations

$$\rho^2 + (d-1)\rho' \varphi' = V(\varphi)$$

$$\frac{\rho''}{\rho} = -\frac{V(\varphi)}{(d-1)\rho^2} - \frac{\rho'^2}{2\rho^2}$$

$$\rho'^2 = 16 \left(\frac{\rho^2}{d-4} \right) \left(\frac{\rho'^2}{2\rho^2} - V(\varphi) \right)$$

CDL: 1) Diff form of action

$$B = S_{\text{inst}} - S_{\text{bg}}$$

$\tau_{\text{inst}}(\text{instanton})$

$\tau_{\text{bg}}(\text{background})$

$$S_E - S_b \ll S_b$$

$$S_E - S_b \lesssim \mathcal{O}\left(\frac{1}{V_T}\right)$$

2) "thin wall": $\rho \ll \rho_0$ when ϕ not near a minimum

$$\text{If } \Delta\phi \ll 1 \quad V_B \gg V_F - V_T$$

$$\text{If } \Delta\phi = \mathcal{O}(1) \quad V_B \gg V_F + \text{instanton starts close to the minima}$$



coupled Einstein+Field equations

$$\phi'^2 + (d-1)\rho'\phi' = V'(\phi)$$

$$\frac{\rho'^2}{\rho} = -\frac{V(\phi)}{(d-1)(d-2)} - \frac{\phi'^2}{2(d-1)}$$

$$\rho'^2 = 14 \frac{d-4}{d-2} \left(\frac{\phi'^2}{2} - V(\phi) \right)$$

$$\text{CDL: } B = S_E - S_b = \frac{96\pi^2}{K^2 V_F} \quad (4 \text{ dm})$$

including backreaction
 τ_F (instanton)
 τ_F (background)

CDL: 1) Diff form of action: $\checkmark$
 $B = S_E - S_b$

$$C d L: B = S_E - S_b = \frac{96 \pi^2}{K^2 V_F}$$

(4 dm)

including backreaction

C d L: 1) Diff. form of action: ✓

$$B = S_E - S_b$$

τ_E (instanton)

$\neq \tau_E$ (background)

Thin wall

$$S_E = -\frac{2K\pi_{d-1}}{(d-2)} \left[\underbrace{\int_0^{\tau_0} dz \rho^{d-1} |V(\phi)|}_{I_0: \text{near true vac}} + \underbrace{\int_{\tau_0}^{\tau_1} dz \rho^{d-1} |V(\phi)|}_{I_1: \text{"wall"}} + \underbrace{\int_{\tau_1}^{\tau_E} dz \rho^{d-1} |V(\phi)|}_{I_2: \text{near false vac}} \right]$$

$$B = K_1 \left[I_0 + \underbrace{I_1}_{\text{false vac}} + \underbrace{I_2}_{\text{false background}} - (I_0 + I_1 + I_2) \right]$$

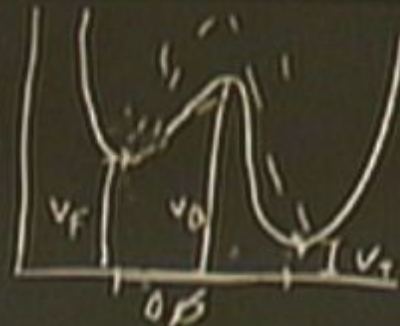
$$I. T = Ae^{-B}$$

$$B = S_E - S_b$$



Overall sign

Box Sub



$$(\sigma\phi)^2 = V(\phi)$$

$$[P] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$\kappa = \frac{1}{16\pi G_d}$$

$$S \sqrt{g} \Lambda^{d-2} [R + (d-1)H^2 - 2iV^{\mu\nu} \frac{\nabla_{\mu} \nabla_{\nu} \Lambda}{\Lambda^2}]$$

production

CDL: 1) Diff. form of action: ✓

$$B = S_E - S_b$$

Thin wall

$$S_E = -\frac{2K\Omega_{d-1}}{(d-2)} \left[\int_0^{\tau_0} dz \rho^{d-1} |V(\phi)| \right]$$

$$\int_0^{\tau_0} dz \rho^{d-1} |V(\phi)|$$

I_0 : near

$$B = K_1 [I_0 + I_1 + I_2 - (I_0 +$$

if false
then
CDL claim

Including backreact

τ_f (instanton)

τ_b (background)

$\rightarrow \rho(z_1)$: back

τ_b instanton

τ_f

$$\rho^{d-1} |V(\phi)| + \int_{\tau_1}^{\tau_f} dz \rho^{d-1} |V(\phi)|$$

I_2 : near false

CDL: $B = S_E - S_b = \frac{96\pi^2}{K^2 V_F}$
(4 dm)

CDL: 1) Diff form of action: $\checkmark$
 $B = S_E - S_b$

including backreaction

τ_f (instanton)

τ_f (background)

$\rightarrow \rho(\tau_i)$: back
 $\tau_f(\tau_i)$: instanton

$S = \frac{K \Omega_{d-1}}{(2)} \left[\int_0^{\tau_0} d\tau \rho^{d-1} |V(\rho)| + \int_{\tau_0}^{\tau_1} d\tau \rho^{d-1} |V(\rho)| + \int_{\tau_1}^{\tau_f} d\tau \rho^{d-1} |V(\rho)| \right]$

I_0 : near true vac I_1 : wall I_2 : near false vac

$I_1 + I_2 = (\tau_0 + \tau_1 + \tau_f)$

τ_0 : true vac τ_f : false vac

CDL claim: τ_f (background)

Junction condition analysis

$$\phi^2 + (d-1)\phi'v' = v'(x)$$
$$E = v(\phi) - \frac{\phi'^2}{2}$$

Junction condition analysis

$$\phi^2 + (d-1) \frac{\rho'}{\rho} \psi' = \psi'(r)$$

$$E = \psi(r) - \frac{\phi'^2}{2}$$

$$E' = (d-1) \frac{\rho'}{\rho} \psi'^2$$



Junction condition analysis

$$\phi^2 + (d-1) \frac{\phi'}{\rho} v' = v'(v)$$

$$E = v(v) - \frac{\phi'^2}{2}$$

$$E' = (d-1) \frac{\phi'}{\rho} v'^2$$

$$V_F = -\frac{\phi_F'^2}{2} = V_T = -\frac{\phi_T'^2}{2}$$

Junction condition analysis

$$\phi^2 + (d-1) \frac{\phi'}{r} v' = v'(r)$$

$$E = v(r) - \frac{\phi'^2}{2}$$

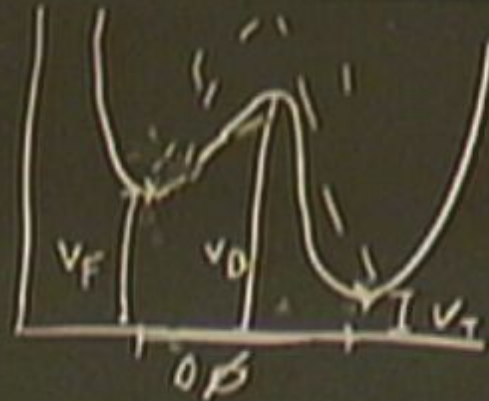
$$E' = (d-1) \frac{\phi'}{r} v'^2$$

$$V_I = -\frac{\phi_I'^2}{2} = V_T = -\frac{\phi_T'^2}{2}$$
$$V_I = V_T$$

$$I. \quad T = A e^{-B}$$

$$B = S_E - S_b$$

Instanton
Dachgrund



$$S_E = -K \int \sqrt{g} \left(R - \frac{1}{2} (\partial \phi)^2 - V(\phi) \right)$$

$$[\phi] = L^0$$

$$[V] = \frac{1}{L^2}$$

$$K = \frac{1}{16 \pi G_d}$$

Overall sign:

$$\hat{g}_{ab} = \Lambda^2 g_{ab}$$

$$\int \hat{g} \hat{R} = \int \sqrt{g} \Lambda^{d-2} [R + (d-1)(d-2) \frac{V}{\Lambda^2}]$$

Boussou, Hawking: BH production

Junction condition analysis

$$\phi' = (d-1) \frac{\rho'}{\rho} v' = v'(r)$$

$$E = v(r) - \frac{\phi'^2}{2}$$

$$E' = (d-1) \frac{\rho'}{\rho} (v')^2$$

$$V_I = -\frac{\phi_I'^2}{2} = V_T = -\frac{\phi_T'^2}{2}$$

$$\frac{\phi'^2}{2} = v(r) - \frac{2(d-1)}{\rho^{2d-1}} \int_0^r ds v(s) \rho^{2d-3}$$

$$V_I = V_T$$

Junction condition analysis

$$\phi^2 + (d-1) \frac{\rho'}{\rho} \phi = v'(r)$$

$$E = v(r) - \frac{\phi'^2}{2}$$

$$E' = (d-1) \frac{\rho'}{\rho} \phi'^2$$

$$V_I = -\frac{\phi'^2}{2} = V_T = -\frac{\phi'^2}{2}$$

$$V_I = V_T$$

$$\frac{\phi'^2}{2} = v(r) - \frac{2(d-1)}{\rho^{2d-1}} \int_0^r ds v(s) \rho^{2d-3} \rho'$$

$$\int_0^r ds v(s) \rho^{2d-3} \rho' = 0$$

$$E = S_b = \frac{7670}{\sqrt{2} - 1}$$

$$0 = \underbrace{\int_0^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'}_{\hat{v}_T} + \int_{\tau_0}^{\tau_1} ds v(\varphi) \rho^{2d-3} \rho' + \int_{\tau_1}^{\tau_2} ds v(\varphi) \rho^{2d-3} \rho'$$

$$E = S_b = \frac{7670}{\sqrt{2} \sqrt{1}}$$

(4 km)

$$0 = \underbrace{\int_0^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'}_{\frac{\hat{v}_T \rho^{2(d-1)}(\tau_0)}{2(d-1)}} + \int_{\tau_0}^{\tau_1} ds v(\varphi) \rho^{2d-3} \rho' + \underbrace{\int_{\tau_1}^{\tau_2} ds v(\varphi) \rho^{2d-3} \rho'}_{\frac{-v_F \rho^{2(d-1)}(\tau_1)}{(d-1)}}$$

$$(4 \text{ km}) \quad E = S_b = \frac{16 \pi}{k^2 \sqrt{e}}$$

$$0 = \underbrace{\int_0^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'}_{\frac{\hat{v}_T \rho^{2(d-1)}(\tau_0)}{2(d-1)}} + \underbrace{\int_{\tau_0}^{\tau_1} ds v(\varphi) \rho^{2d-3} \rho'}_{\frac{v_F \rho^{2(d-1)}(\tau_1)}{2(d-1)}} + \int_{\tau_1}^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'$$

$$0 \approx -\frac{1}{2(d-1)} \int_0^{\tau_1} ds v(\varphi) \varphi' \rho^{2d-2}$$

$$(4 \text{ km}) \quad E = S_b = \frac{16 \pi}{k^2 V_c}$$

$$0 = \underbrace{\int_0^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'}_{\hat{v}_T \rho^{2(d-1)}(\tau_0)} + \int_{\tau_0}^{\tau_1} ds v(\varphi) \rho^{2d-3} \rho' + \underbrace{\int_{\tau_1}^{\tau_2} ds v(\varphi) \rho^{2d-3} \rho'}_{-v_F \rho^{2(d-1)}(\tau_1)}$$

$$0 = -\frac{1}{2(d-1)} \int_0^{\tau_0} ds v(\varphi) \varphi' \rho^{2d-2}$$

$$\rightarrow 0 = \int_0^{\tau_0} ds v(\varphi) = v_F - v_T$$

$$(4 \text{ km}) \quad E = S_b = \frac{16 \pi}{k^2 V_c}$$

$$0 = \underbrace{\int_0^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'}_{\frac{\hat{v}_T \rho^{2(d-1)}(\tau_0)}{2(d-1)}} + \underbrace{\int_{\tau_0}^{\tau_1} ds v(\varphi) \rho^{2d-3} \rho'}_{-\frac{v_F \rho^{2(d-1)}(\tau_1)}{2(d-1)}} + \int_{\tau_1}^{\tau_0} ds v(\varphi) \rho^{2d-3} \rho'$$

$$0 = -\frac{1}{2(d-1)} \int_0^{\tau_0} ds v(\varphi) \rho^{2d-2}$$

$$\rightarrow 0 = \int_0^{\tau_0} ds v(\varphi) = v_F - v_T$$