

Title: A Canonical Measure for Inflation

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Abstract:

A Canonical Measure for Inflation

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Question: Is there a natural measure on
the space of cosmological solutions?

What is the likelihood of a universe like ours
in a given physical model? eg inflation, cyclic,

Two key ingredients in this talk

I: Penrose critique of inflation -
Hamiltonian evolution almost never
turns a generic state into an unusual
state. Canonical measure is invariant.

II: Counting of states in gravity should be
done in an asymptotic region where global
properties of spacetime become sharp

In a specific setup, we shall obtain a precise,
canonical measure and show a universe like ours
is extremely unlikely in slow-roll inflationary models

- standard slow-roll inflation

$$H^2 = \left(\frac{\dot{a}}{a}\right)^2 = \frac{1}{3}\rho_\phi - \frac{k}{a^2}; \quad \rho_\phi = \frac{1}{2}\dot{\phi}^2 + V(\phi)$$

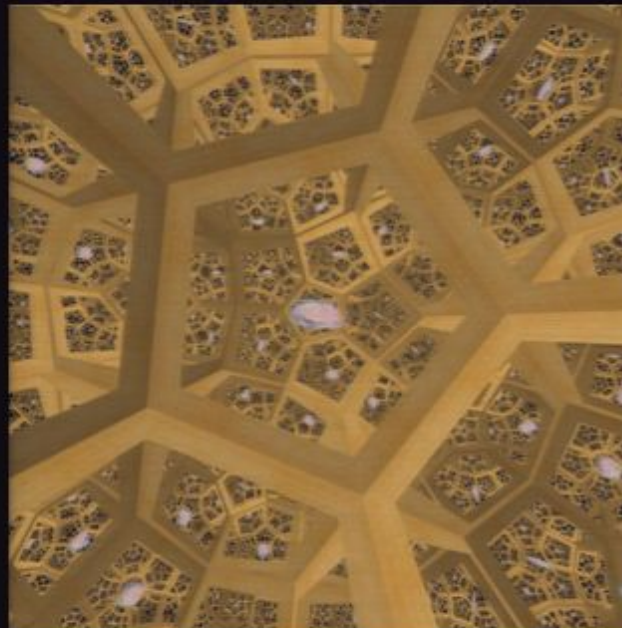
$$\ddot{\phi} + 3\frac{\dot{a}}{a}\dot{\phi} = -V_{,\phi}$$

$$\Rightarrow \dot{H} = -\frac{1}{2}\dot{\phi}^2 + \frac{k}{a^2}$$

- Hamiltonian and time reversal invariant

(For now, I'll focus on FRW spacetimes – this is of course generous to inflation – and assume $V(\phi)$ is monotonic away from its min)

I'll focus on $k=-1$ (so a and H are monotonic)
and compactify the spatial slices



- * a mathematical device to keep everything finite: the results do not depend on the compactification volume
- * (but in fact has been advocated as a very natural setup for chaotic inflation eg by Linde)

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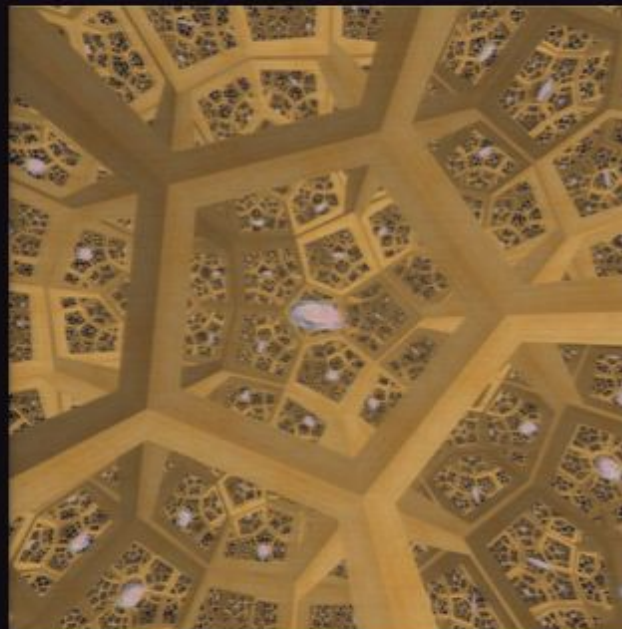
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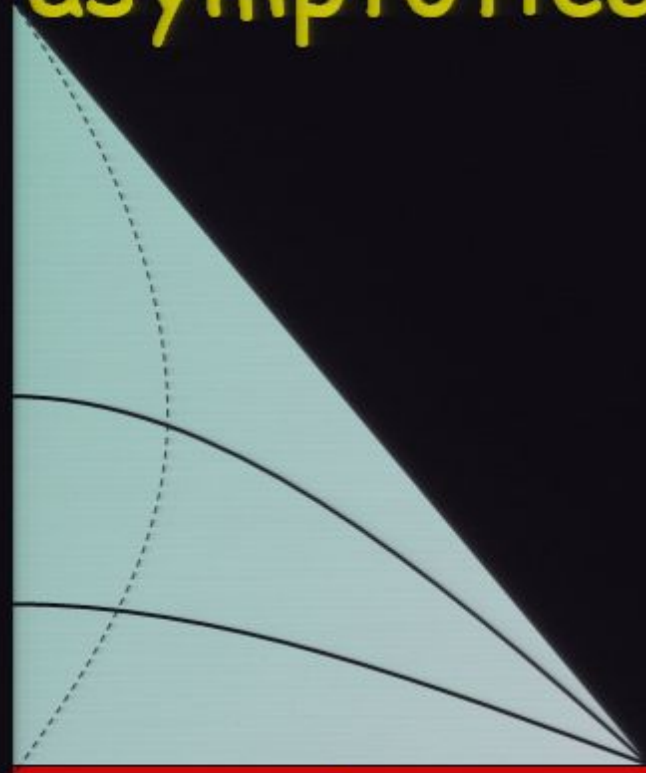
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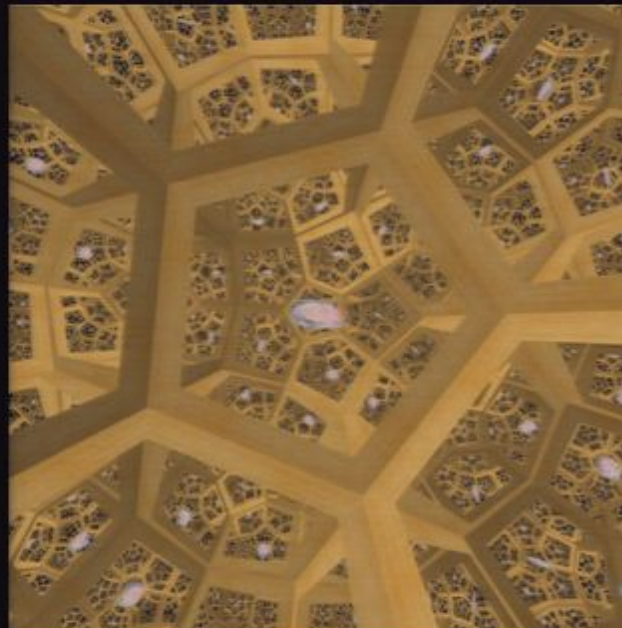
2-parameter family of solutions
with an initial singularity:

asymptotically flat



singularity

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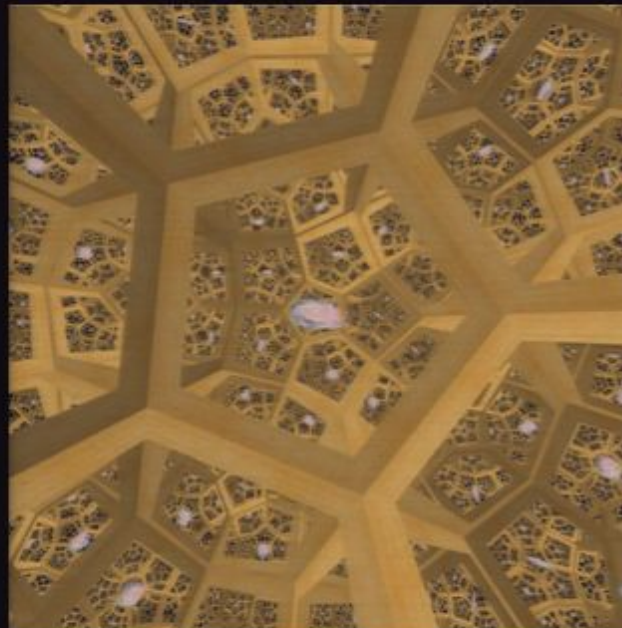
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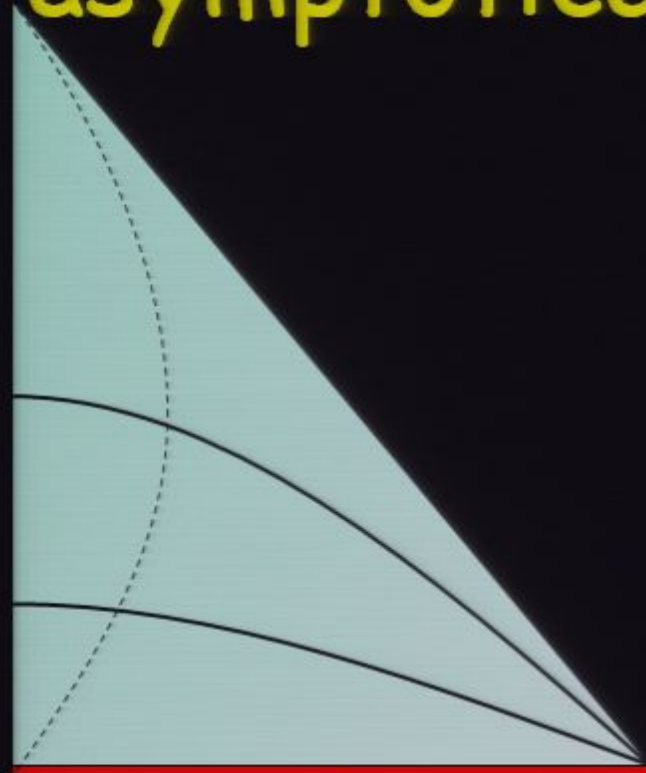
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Criteria for a Measure

- (i) Positive, normalisable
- (ii) Independent of slicing or coordinates on either space-time or field space
- (iii) No ad hoc external structures eg comoving observers, volume factors ...
- (iv) Natural extension of canonical quantum measure for fluctuations to the background (why use for former but not for latter???)

Canonical measure on space of solutions

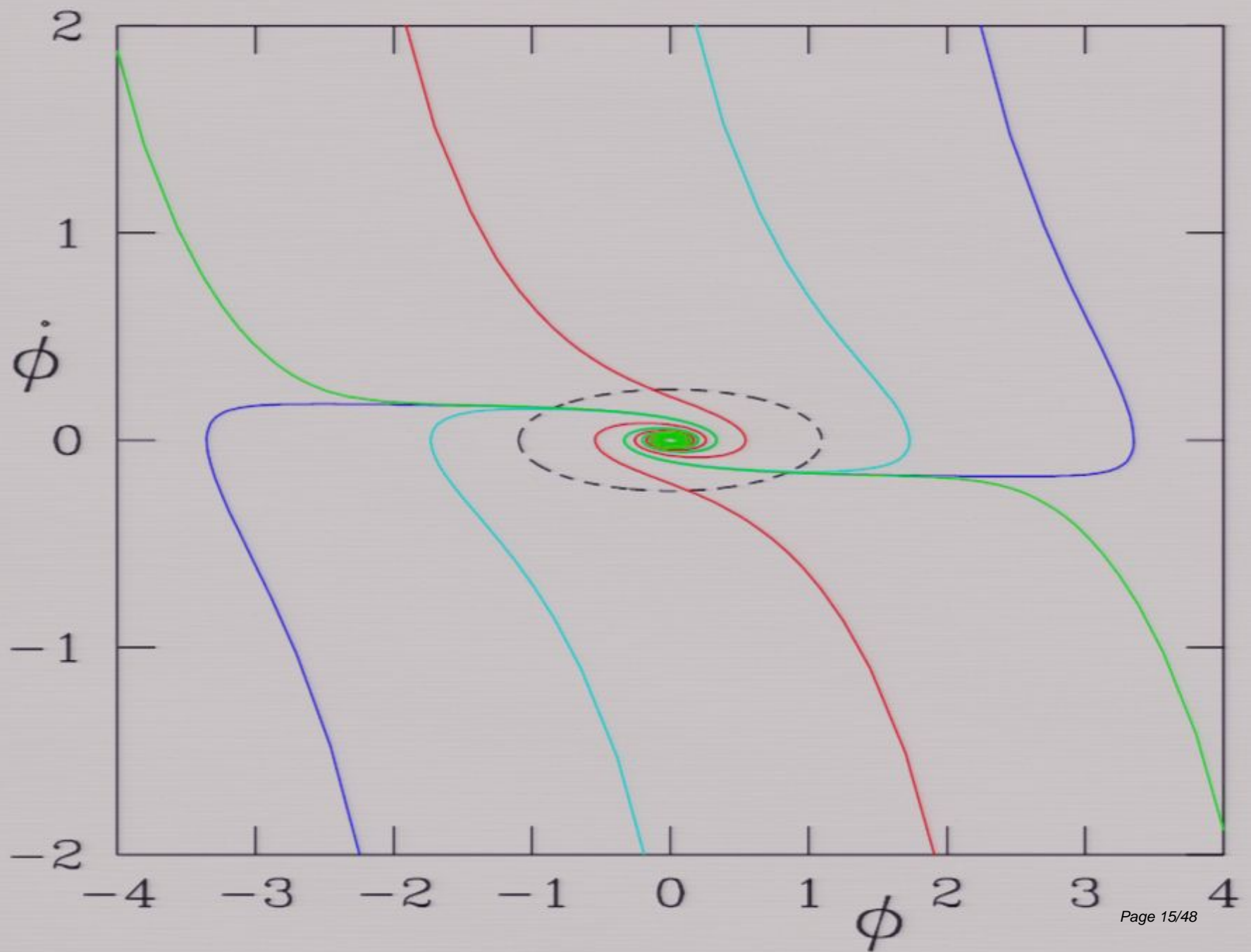
$$\omega_c = dp_a \wedge da + dp_\phi \wedge d\phi$$

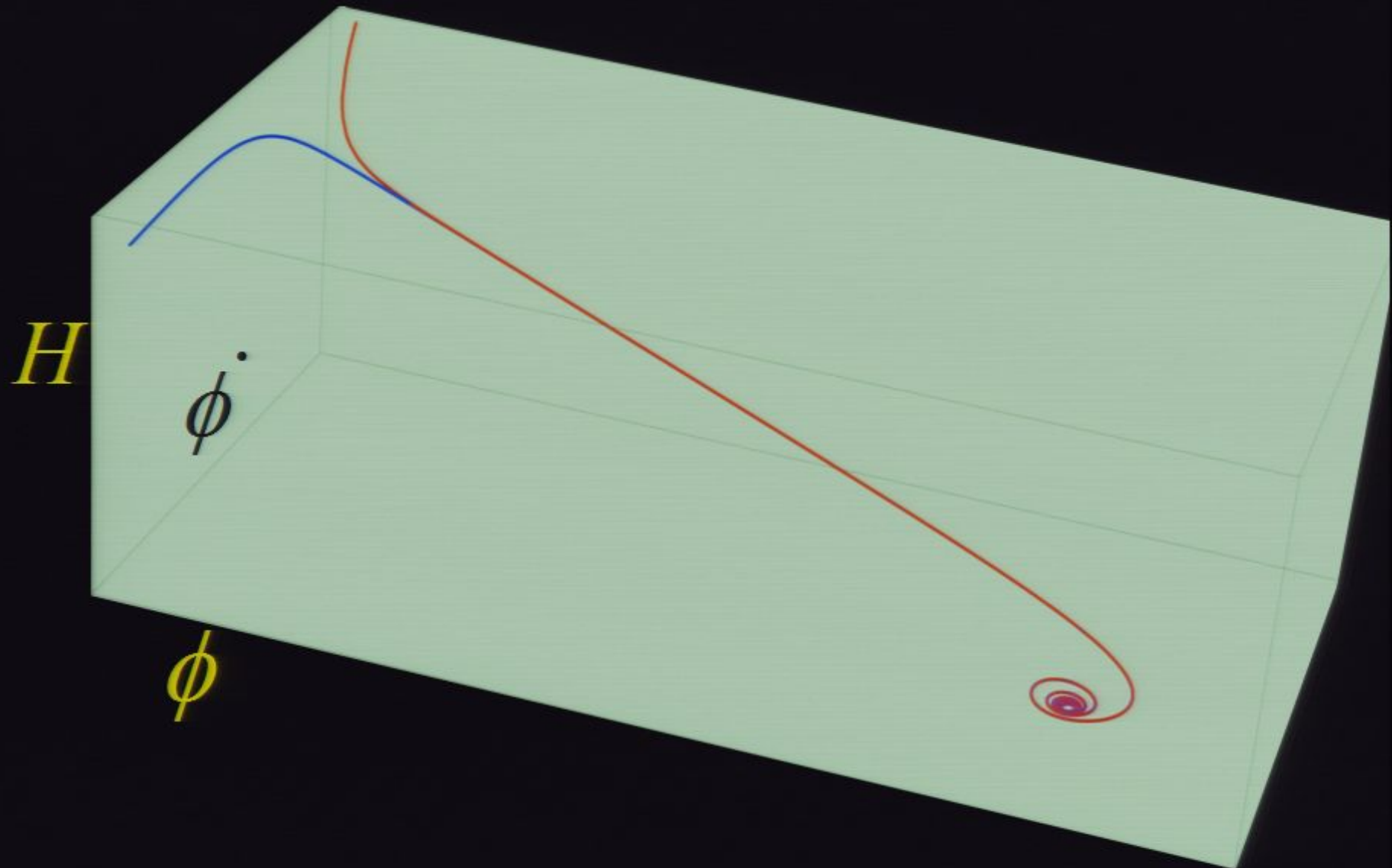
$$\int_{\Sigma} \omega_c \Big|_{\mathbb{H}=0}$$

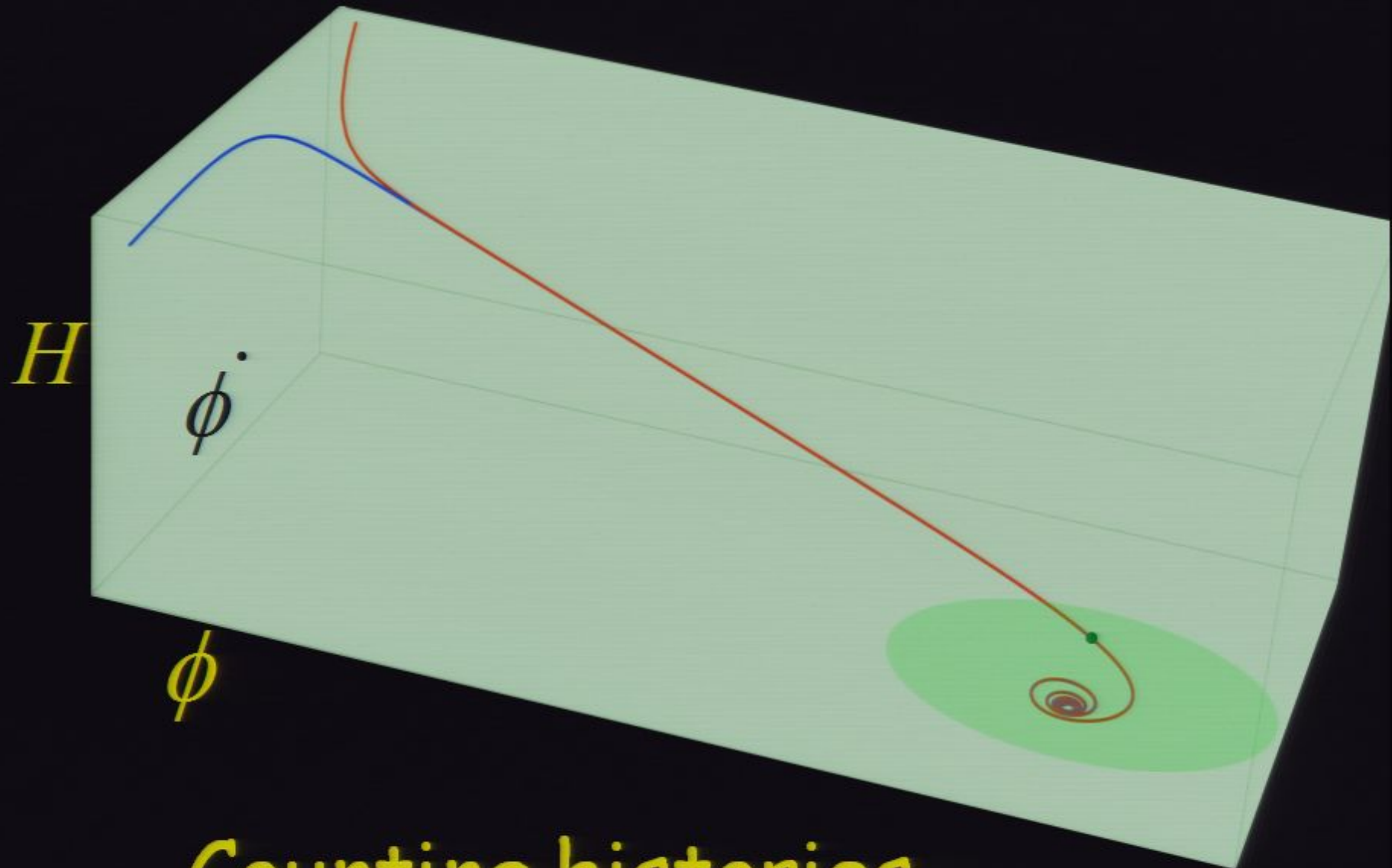
Liouville
Gibbons, Hawking, Stewart
Hawking, Page
Hollands Wald
Kofman, Linde, Mukhanov
Gibbons, NT
Carroll, Tan

with Σ pierced once by every trajectory
e.g. $a=\text{const}$ or $H=\text{const}$

Satisfies all of conditions (i)-(iv)
except normalisability, because Σ is not
compact (because \mathbb{H} isn't positive)







Counting histories

Flat space canonical (Gibbs) ensemble.

Cannot just integrate over Liouville: instead, we maximise entropy

$$S = -\sum p_i \ln p_i$$

subject to constraint

$$E = \sum p_i E_i$$

Note: in information theory approach, max ent principle is very general, can even be applied to non-equilibrium situations (see e.g. beautiful papers of E.T. Jaynes)

But in GR, $\mathbb{H}=0$ on all physical states, so we cannot constrain its expectation value to make measure finite

What do we do?

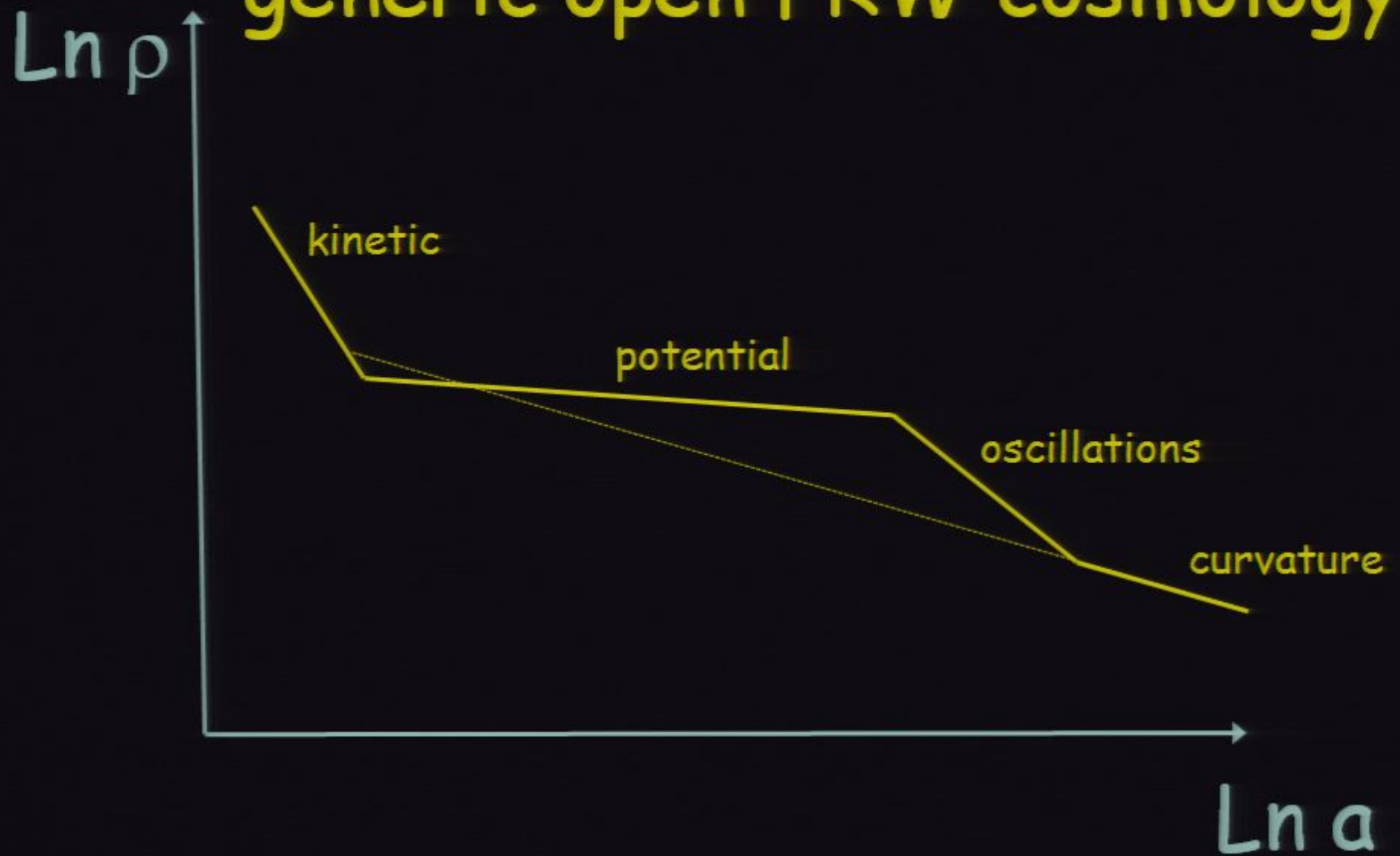
In $k=+1$, zero Λ cosmologies, matter density is diluted away at large $a \rightarrow$ gravity becomes negligible, expansion of 'box' is adiabatic

\rightarrow entropy reduces to that of the matter (inc grav waves), and is an adiabatic invariant

Every trajectory ends up on an **adiabat** curve
 $S_m(E_m, a) = \text{const}$

Natural to label an ensemble of spacetimes by the **asymptotic entropy** $S = S_m$

generic open FRW cosmology



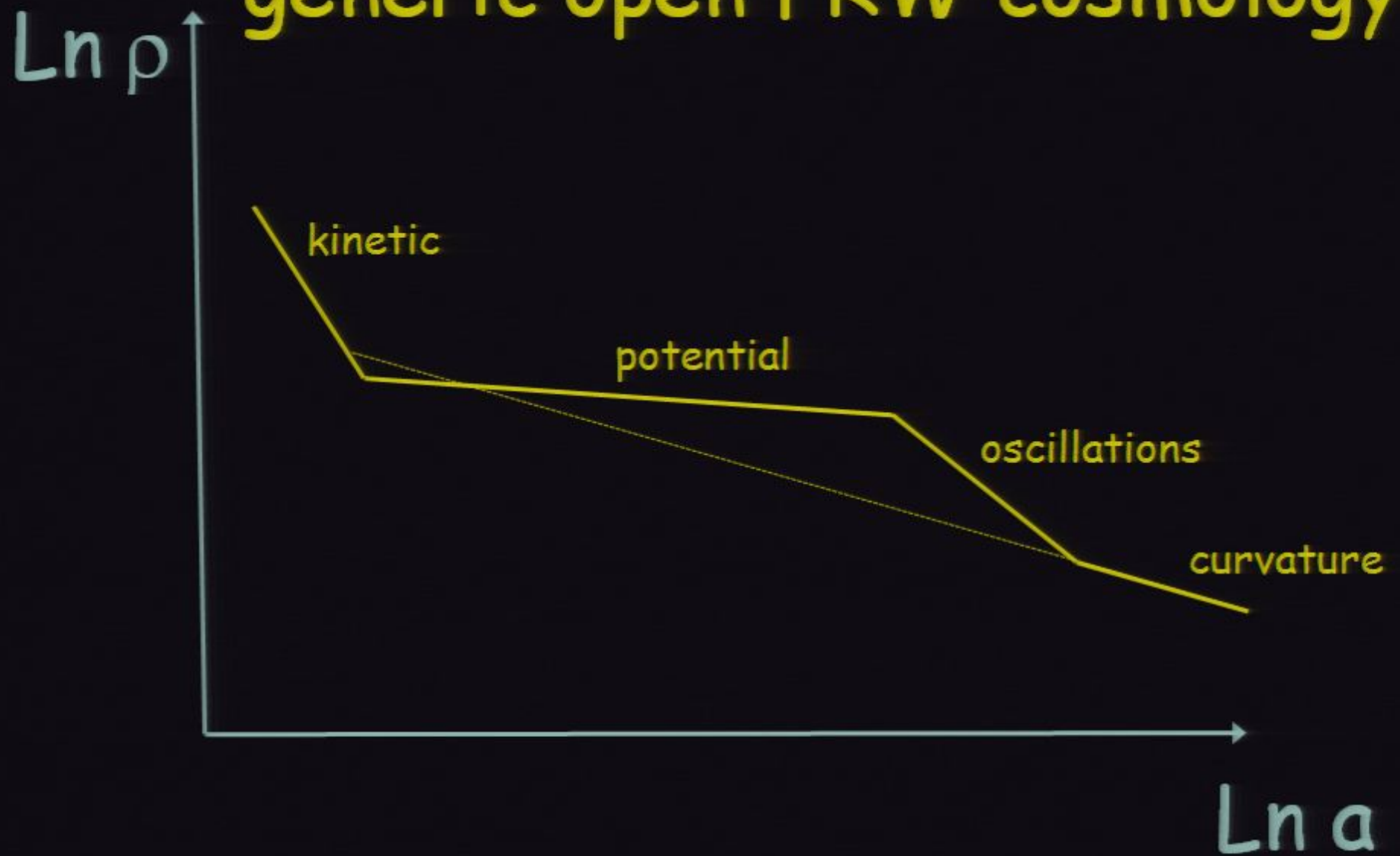
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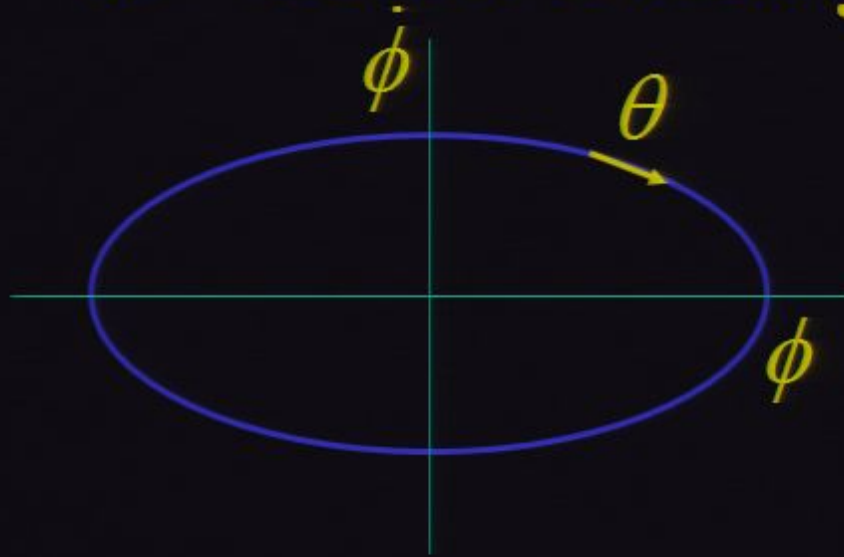
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$$a = \text{const slicing} \quad \omega_c = a^3 d\dot{\phi} d\phi$$



$$\rho = \frac{1}{2}(\dot{\phi}^2 + m^2 \phi^2)$$

$$\sim C/a^3, \quad a \rightarrow \infty,$$

ρa^3 adiabatically conserved

$$ds^2 = \frac{da^2}{1 + 8\pi G \rho a^2 / 3} + a^2 dH_3^2 \approx dM_4^2 - \frac{8\pi G}{3} \frac{C}{a} da^2$$

(C is analogous to the AdM mass)

in large a limit, effect of matter
on background spacetime (i.e. gravity)
becomes negligible

we just have flat spacetime, and an
adiabatically expanding box filled with
matter

statistical ensemble: minisuperspace

$$\mathbb{H}_m(p_\phi, \phi) = \frac{1}{2} \left(\frac{p_\phi^2}{Ua^3} + Ua^3 V(\phi) \right)$$

$$\langle \mathbb{H}_m \rangle = \frac{\int dp_\phi d\phi e^{-\beta \mathbb{H}_m} \mathbb{H}_m}{\int dp_\phi d\phi e^{-\beta \mathbb{H}_m}} = E(a, \beta)$$

entropy $S = S_m = \ln\left(\frac{Ua^3 \rho_\phi}{m}\right) = \text{adiabatic invariant}$

constant entropy=fixed C

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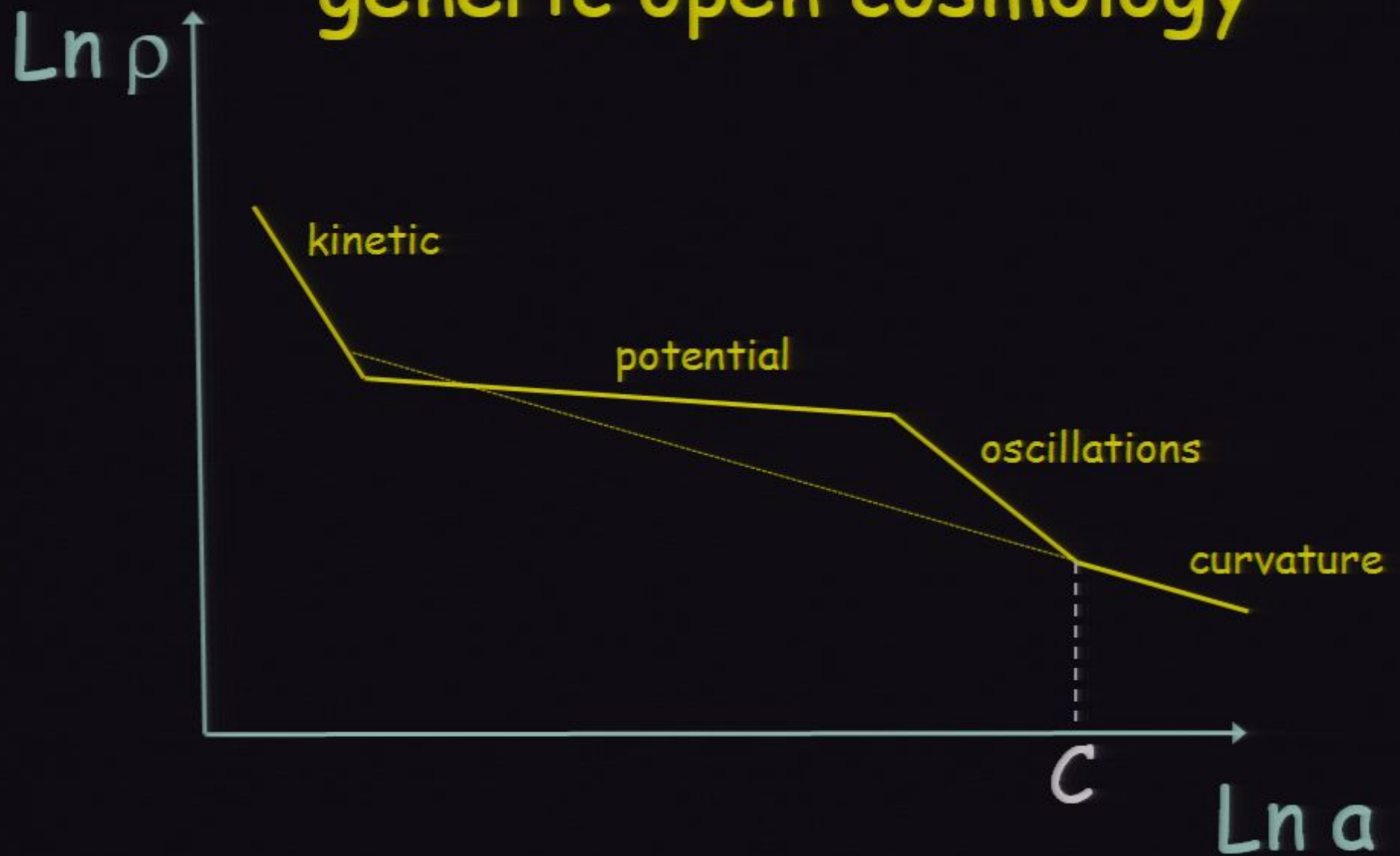
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infinite N_I slow-roll solution

$$H^2 = \frac{1}{3}V + \frac{2}{3}\left(\frac{dH}{d\phi}\right)^2$$

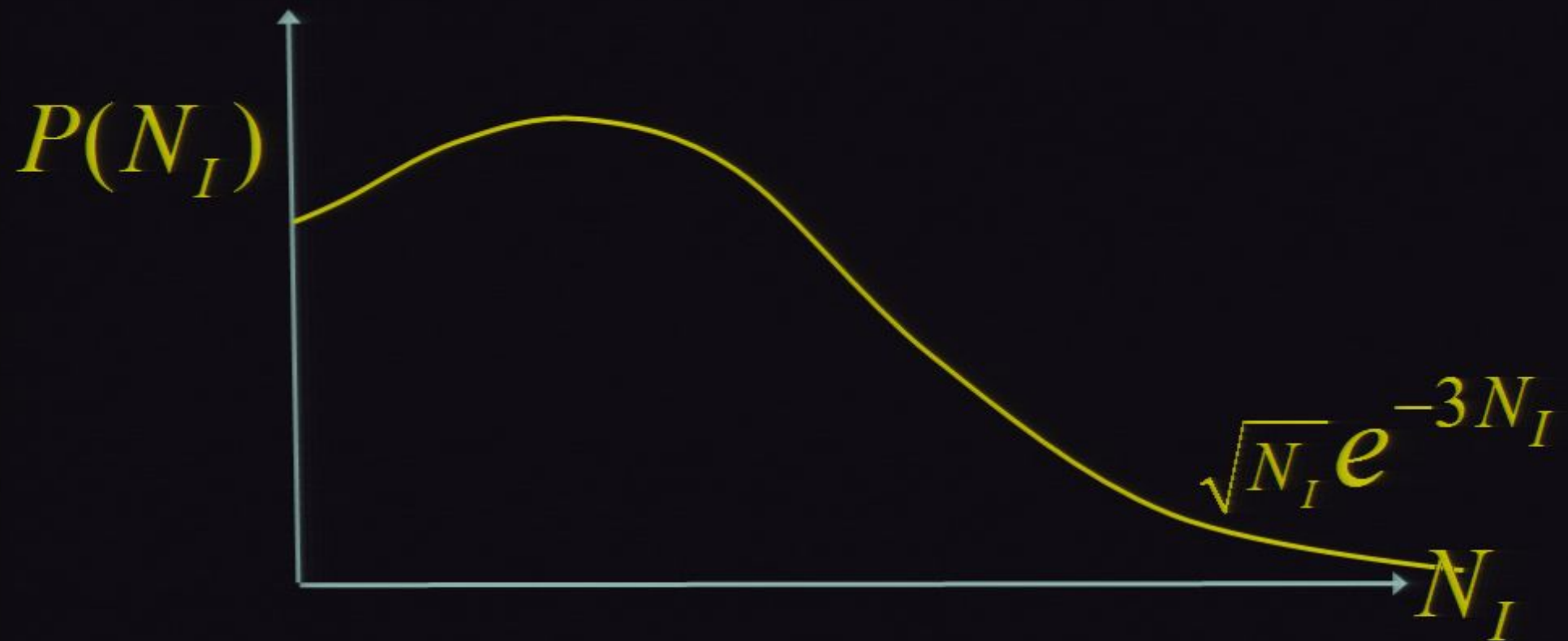
$$H_{SR}(\phi) \approx \sqrt{\frac{V(\phi)}{3}}\left(1 + \frac{1}{2}\left(\frac{V_{,\phi}}{V}\right)^2 \dots\right)$$

Deviations (going back in N):

$$\frac{d\delta H}{dN} = 3\delta H \Rightarrow \delta H \propto e^{3N}$$

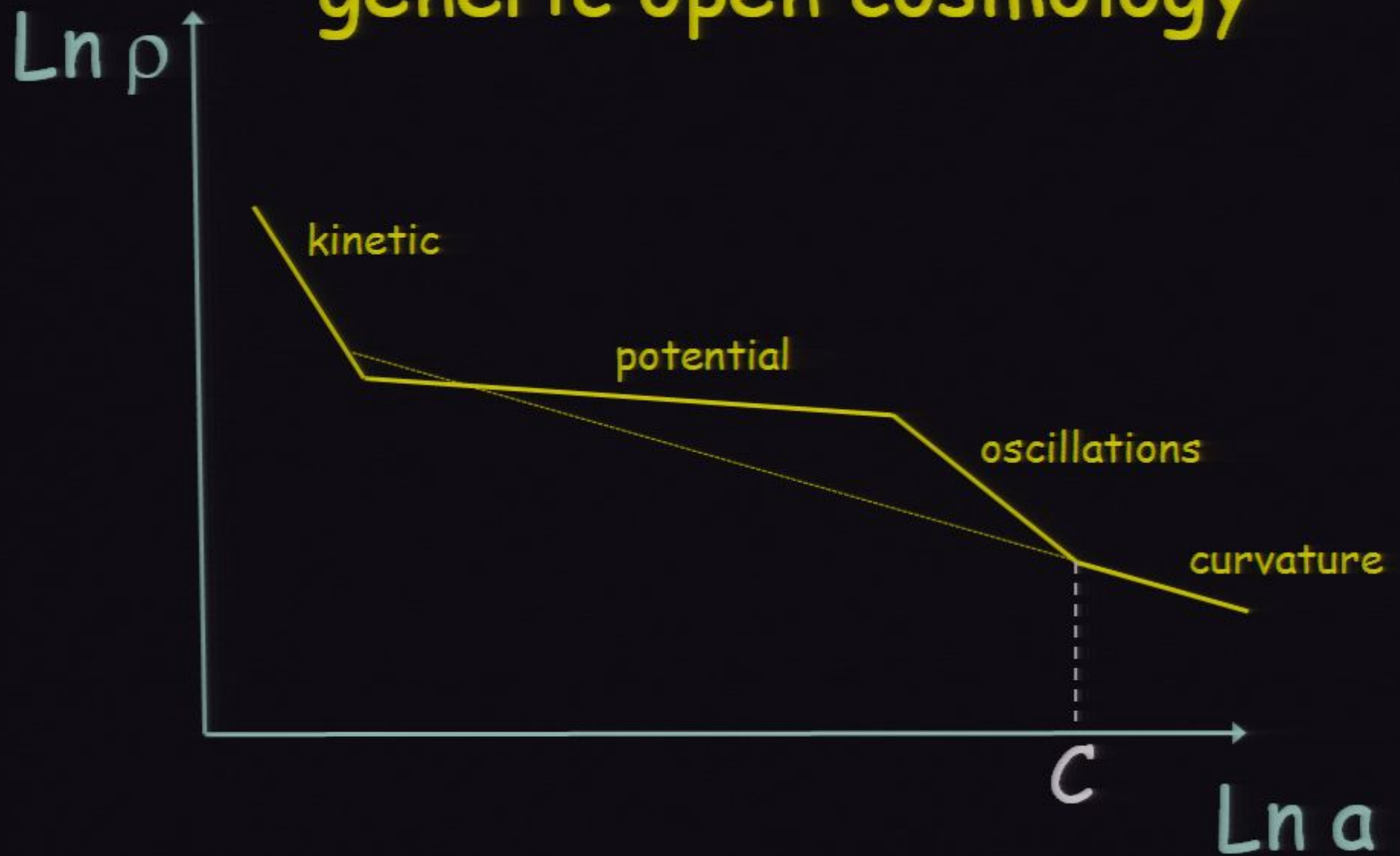
$$\delta\theta \sim \sqrt{N_I} e^{3(6-N_I)} \sim P(N \geq N_I)$$

Canonical measure for inflation



Finite C result is always lower than $C = \infty$ result at large N_I

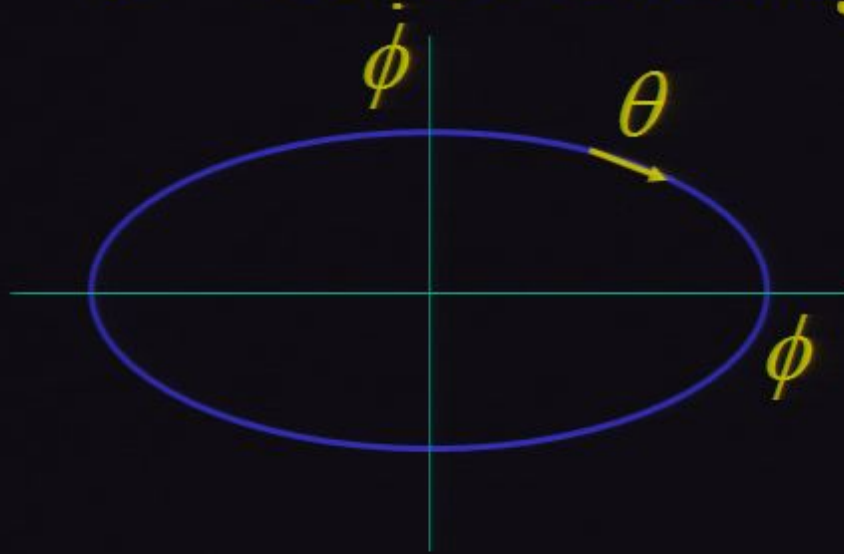
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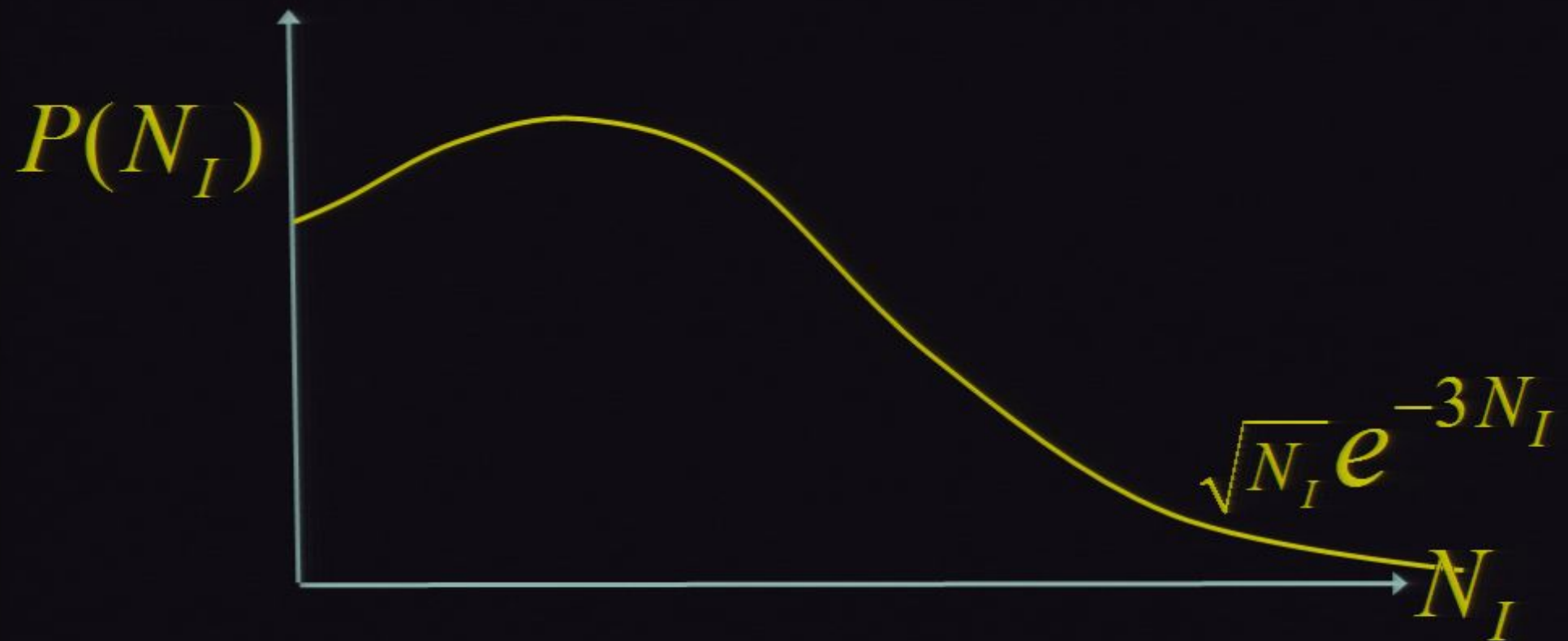
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- * Note: "attractor" becomes "repeller" because statistical ensemble defined in asymptotic region where gravity becomes unimportant: the **future**
- * more inflaton fields makes problem **worse**

$$P_>(N_I) \propto (\delta\theta)^m \sim e^{-3N_I m} \quad \text{cf N-flation}$$

- * this analysis makes precise a problem identified by Penrose long ago (Annals NYAS, 1989)
- * with this canonical measure, inflation **cannot** be considered a viable explanation for the observed state of the cosmos.

What could be wrong?

- * canonical measure?
- * neglect of: entropy production?
 - no: reheating is unitary, cannot alter proportion of states $P(N \geq N_I)$
 - inhomogeneities?
 - quantum fluctuations?

- * inflation?

cf "cyclic/ekpyrotic" theory, where gravity is unimportant in the **past**, and according to the analogous canonical measure, **every** trajectory undergoes near-maximal ekpyrosis (w/P. Steinhard in progress)

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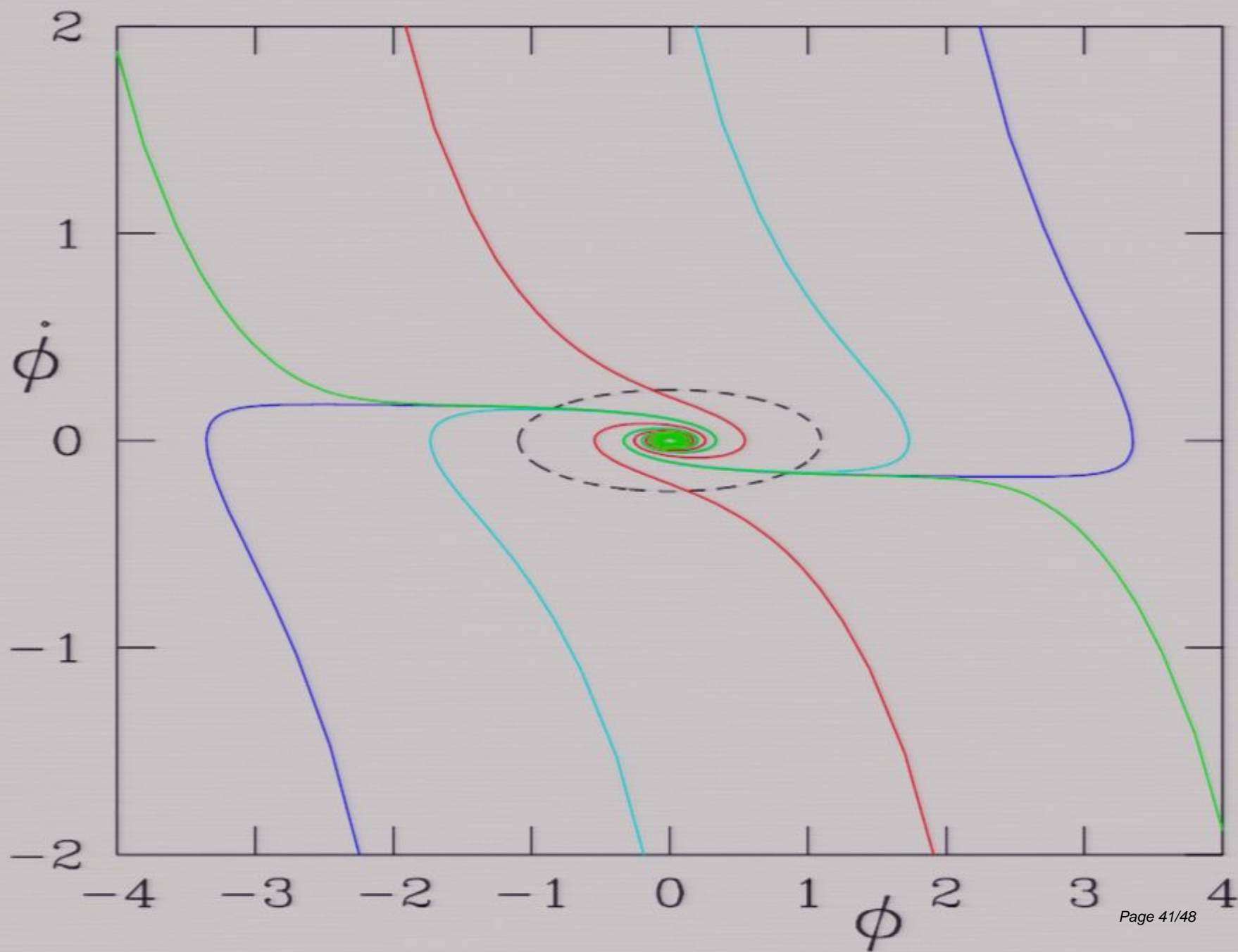
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Future:

semiclassical theory including quantum jumps and tunneling \rightarrow "eternal" inflation

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No Signal

VGA-1

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