

Title: Explorations in Cosmology - Lecture 13

Date: Apr 20, 2011 09:00 AM

URL: <http://pirsa.org/11040019>

Abstract:



perimeter scholars
international

Inst

Instead of starting with
Einstein Eqns, trying
 $\overline{\delta K_{\mu\nu}} = M_P^{-2} \overline{\delta T_{\mu\nu}}$



Instead of starting with
Einstein Eqs, trying

$$\overline{S}_{\mu\nu} = M_P^{-2} \overline{S} T_{\mu\nu}$$

So, start with

$$S_{EH} + S$$

Instead of starting with
Einstein Eqs, trying

$$\overline{S}_{\mu\nu} = M_P^{-2} \overline{S} T_{\mu\nu}$$

Go back, start with

$$S = S_{EH} + S_{matter}$$

→ nice formalism: ADM
Arnowitt

Instead of starting with
Einstein Eqns, trying

$$\overline{S}_{\mu\nu} = M_P^{-2} \overline{S} T_{\mu\nu}$$

Go back, start with

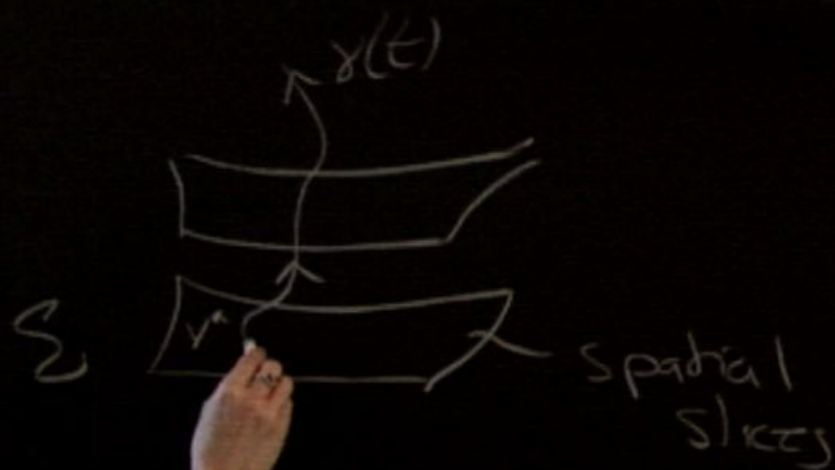
$$S = S_{EH} + S_{matter}$$

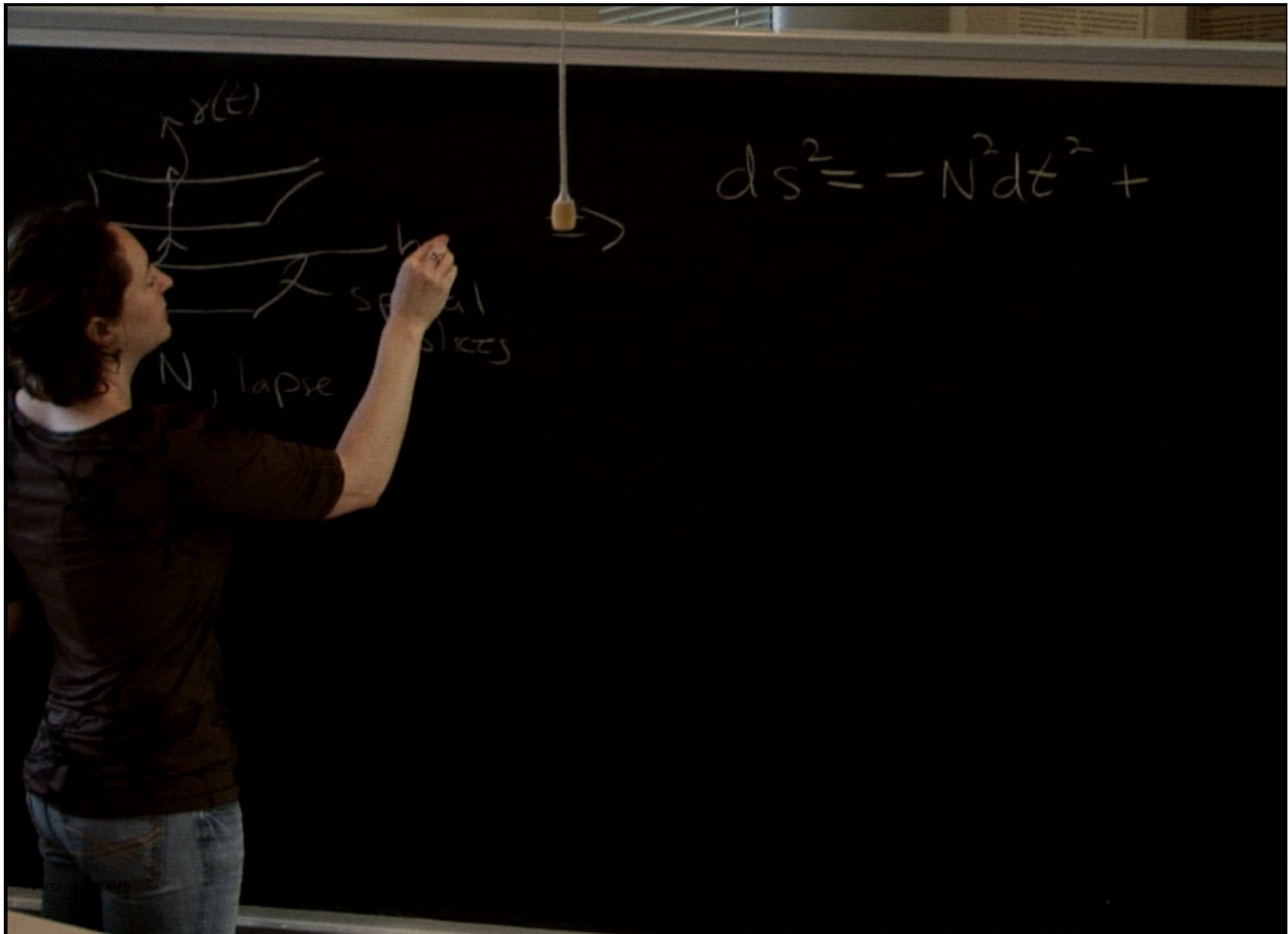
→ nice formalism: ADM

Arnowitt

Misner

Des





$$ds^2 = -N^2 dt^2 +$$

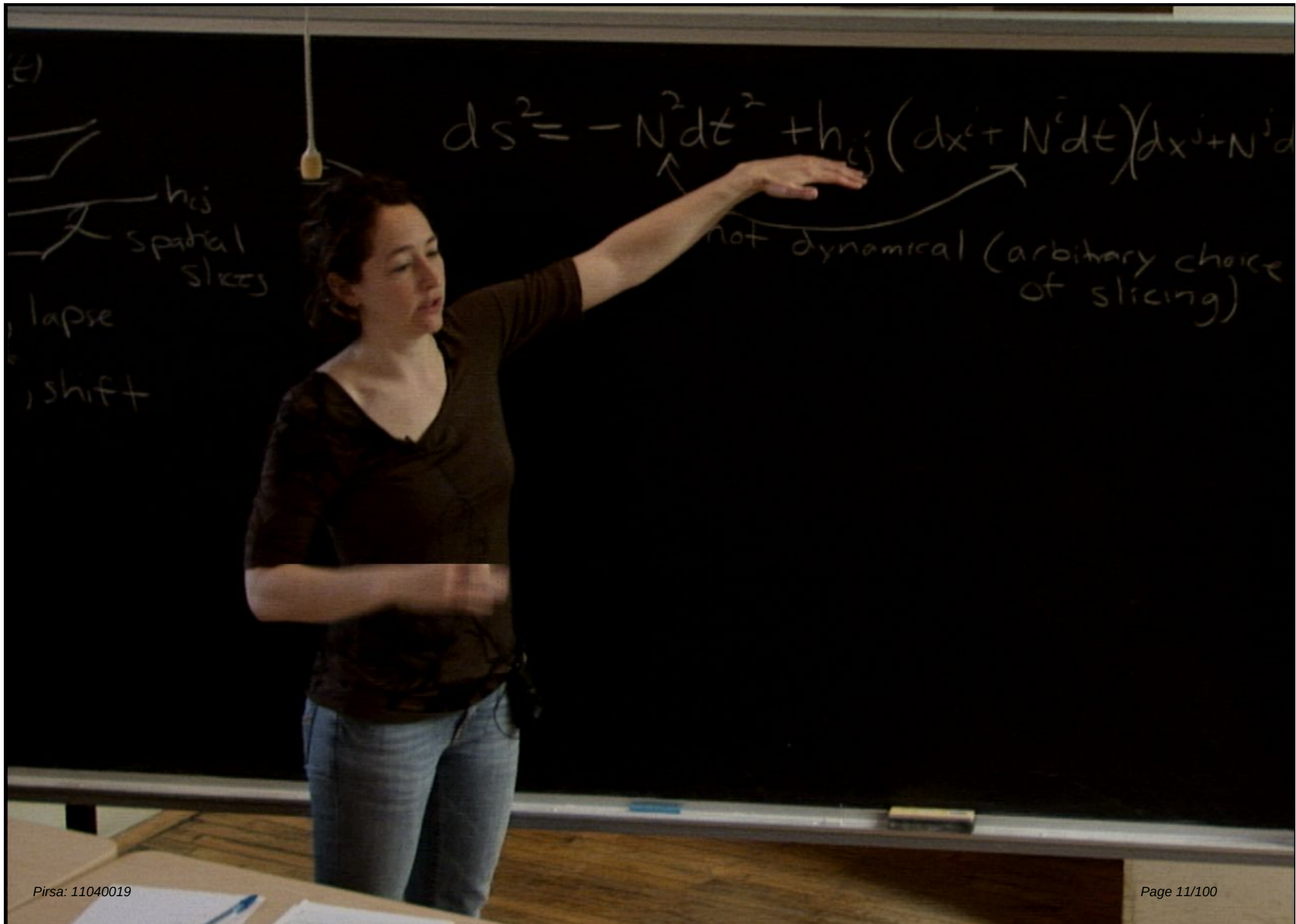
t)

h_{ij}
spatial
metrics

lapse

shift

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$



e)



h_{ij}

spatial

lapse

shift

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical

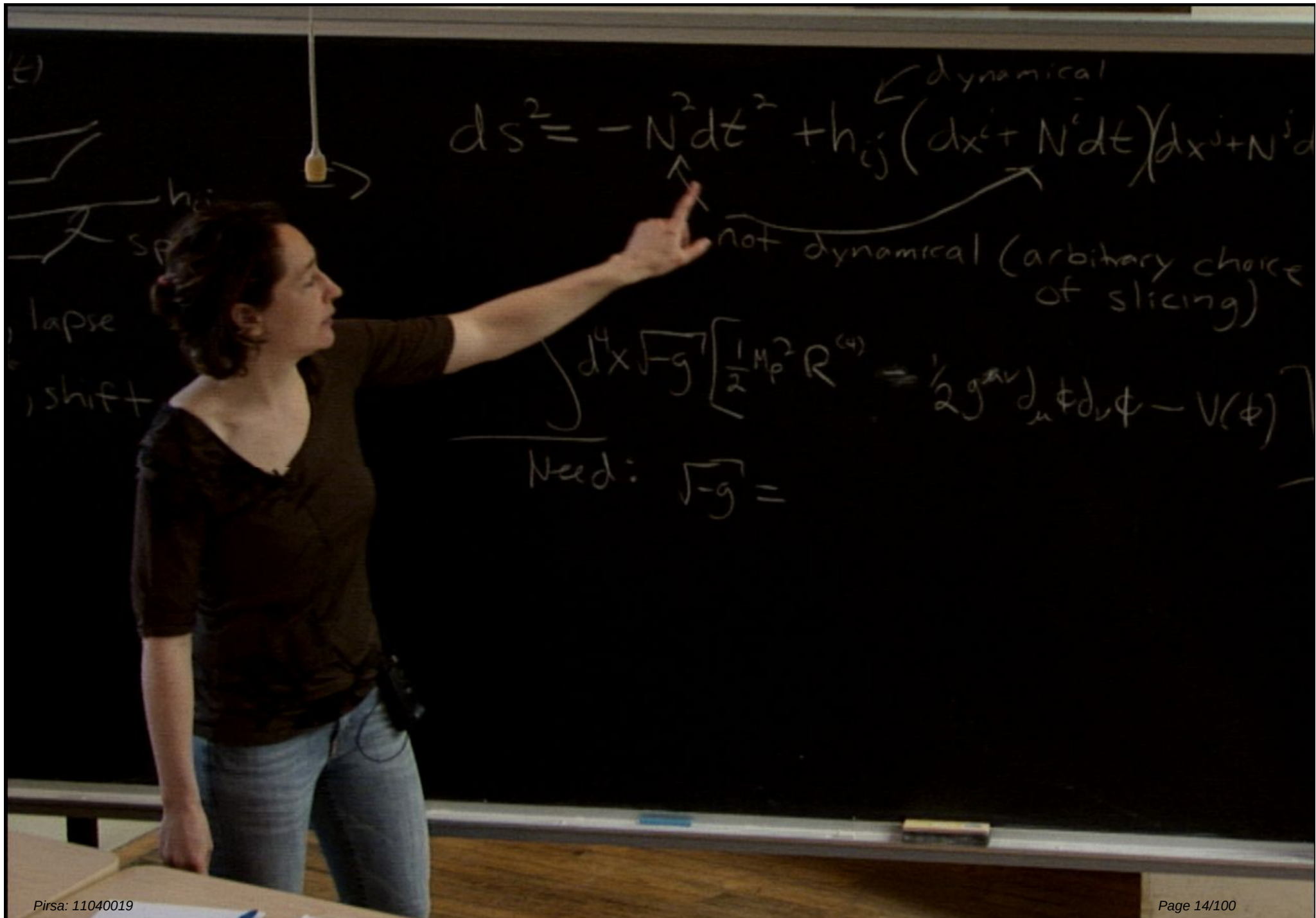
↑ not dynamical (arbitrary choice of slicing)

e)
 h_{ij}
 spatial
 slices
 lapse
 shift

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical
 not dynamical (arbitrary choice of slicing)

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} M_P^2 R^{(4)} + \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$



e)



h_{ij}
spatial
slice

lapse
shift

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical

↑
not dynamical (arbitrary choice of slicing)

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} M_P^2 R^{(4)} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

Need: $\sqrt{-g} = N \sqrt{h}$

- ① $g_{\mu\nu}$
- ② $R^{(4)}$

e)

h_{ij}
spatial
slices

lapse

shift

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical

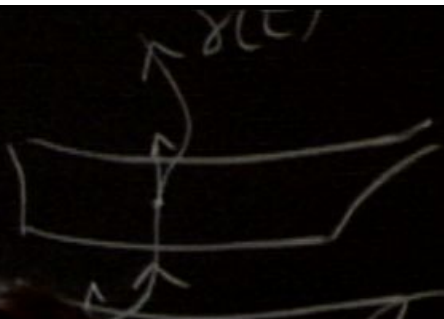
↑
not dynamical (arbitrary choice of slicing)

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} M_P^2 R^{(4)} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

Need: $\sqrt{-g} = N \sqrt{h}$

② $g_{\mu\nu}$

③ $R^{(4)} \rightarrow N, R^{(3)}(h_{ij})$



h_{ij}
spatial
slices

N , lapse

N^i , shift

$$ds^2 = -N^2 dt^2 + h_{ij} dx^i dx^j$$

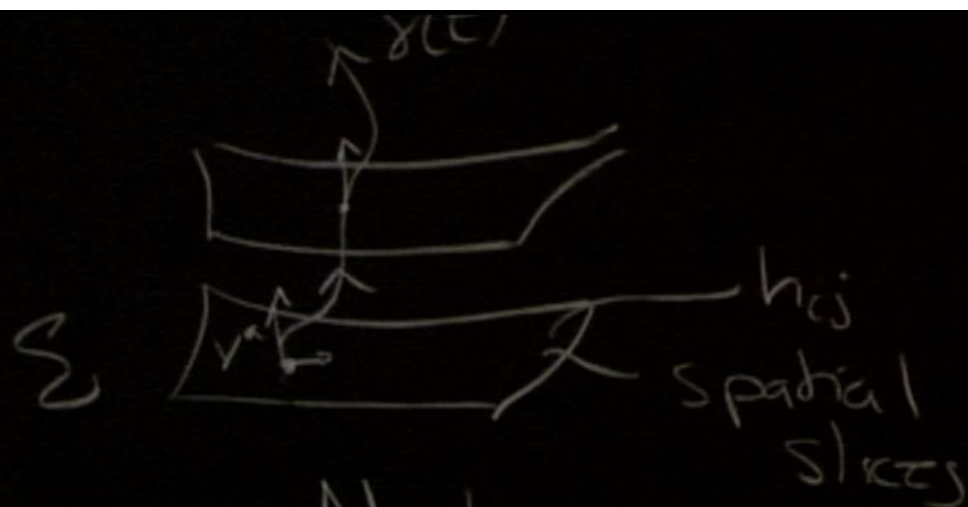
$$S = \int d^4x \sqrt{-g}$$

$$R = R^{(3)} + N^{-2} (E_{ij} E^{ij} - E^2)$$

$\uparrow$
 h_{ij}

Need: $\sqrt{-g}$
②
②

$$E_{ij} = \frac{1}{2} [\partial_t h_{ij} - \nabla_i N_j - \nabla_j N_i]$$



N , lapse

N^i , shift

$$ds^2 = -N^2 dt^2 + h_{ij} dx^i dx^j$$

$$S = \int d^4x \sqrt{-g}$$

$$R = R^{(3)} + N^{-2} (E_{ij} E^{ij} - E^2)$$

$\uparrow$ h_{ij}
 $\nwarrow$ h_{ij}
Need: $\sqrt{-g}$

$$E_{ij} = \frac{1}{2} \left[\partial_t h_{ij} - \nabla_i N_j - \nabla_j N_i \right]$$

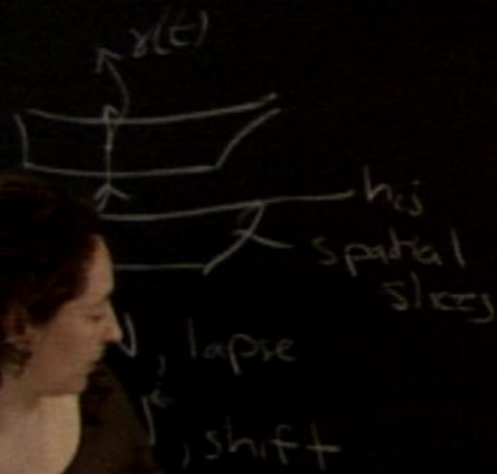
②

$$S = \frac{1}{2} \int d^4x \sqrt{h} [NR^{(3)} +$$

$$S = \frac{1}{2} \int d^4x \sqrt{h} [N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2)]$$

From
Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?



$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical

↑

not dynamical (arbitrary choice of slicing)

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} M_P^2 R^{(4)} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

$E = E_i$

$$= R^{(3)} + N^2 (E_{ij} E^{ij} - E^2)$$

Need: $\sqrt{-g} = N \sqrt{h}$

① $g_{\mu\nu}$

② $R^{(4)}$

③ $R^{(4)} \rightarrow N, R^{(3)}(h_{ij})$

$$E_{ij} = \frac{1}{2} [\partial_t h_{ij} - \nabla_i N_j - \nabla_j N_i]$$

From
Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$x(t)$
 h_{ij}
spatial
slices
 N , lapse
 N^i , shift

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical

↑
not dynamical (arbitrary choice of slicing)

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} M_P^2 R^{(4)} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

$E = E_i$

$$R = R^{(0)} + N^2 (E_{ij} E^{ij} - E^2)$$

Need: $\sqrt{-g} = N \sqrt{h}$

① $g_{\mu\nu}$

② $R^{(4)}$

$$E_{ij} = \frac{1}{2} [\partial_t h_{ij} - \nabla_i N_j - \nabla_j N_i] \rightarrow N, R^{(3)}(h_{ij})$$

$$= N K_{ij}$$

e)

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

← dynamical

not dynamical (arbitrary of sl)

h_{ij}
spatial
metric

lapse

shift $\left\{ E_i, h^{ij} = E = E^i \right\}$

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} M_P^2 R^{(4)} - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$$R = R^{(3)} + N^{-2} (E_{ij} E^{ij} - E^2)$$

$\uparrow$
 h_{ij}

Need: $\sqrt{-g} = N \sqrt{h}$

② $g_{\mu\nu}$

$$E_{ij} = \frac{1}{2} [\partial_t h_{ij} - \nabla_i N_j - \nabla_j N_i] \xrightarrow{R^{(4)}} N, R^{(3)}(h_{ij})$$

$$= NK_{ij}$$

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_i E^i - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 \right]$$

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right]$$

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$N, N^i \rightarrow 4 \text{ d.o.F}$

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_i{}^j E^{(3)}{}^i - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right]$$

N, N^i 4 d.o.F (constraints for those, do the same as our choices to define Φ, Ψ)

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right]$$

$N, N^i \rightarrow 4 \text{ d.o.F}$ (constraints for those, do the same as our choice)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i w_i = 0$) to define $\underline{\Phi}, \underline{\Psi}$

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi - 2N V(\phi) \right]$$

$N, N^i \rightarrow 4$ d.o.F (constraints for those, do the same as our choice)

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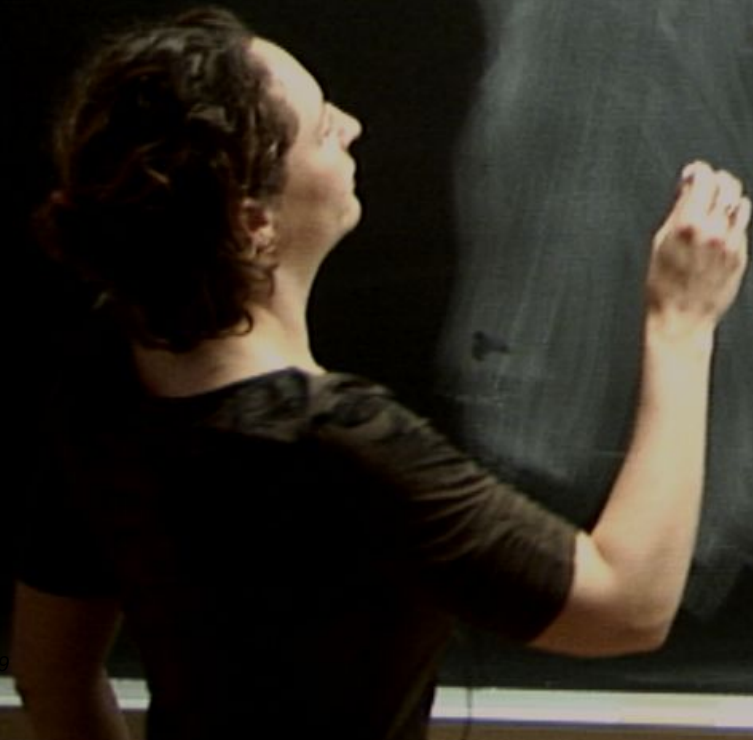
$\rightarrow$ still need to choose a gauge

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right]$$

$N, N^i \rightarrow 4 \text{ d.o.F.}$ (constraints for those, do the same as our choice)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i \omega_i = 0$) to define $\underline{\Phi}, \underline{\Psi}$

$\rightarrow$ still need to choose a gauge

"Comoving" gauge



"Comoving" gauge

$$\delta\phi = 0$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2(\dots)$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\begin{aligned} \uparrow \\ \partial_i \gamma_{ij} &= 0 \\ \gamma_{ii} &= 0 \end{aligned}$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_\alpha \gamma_{ij} = 0$$

$$\gamma_{ii} = 0$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\partial_i \gamma_{ij} = \partial_j \gamma_{ij} = 0$$

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$$S = S_0 + S_1$$

$\downarrow$ Background

$\nearrow$ (EOM)

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_\alpha \gamma_{ij} = 0$$

$$\gamma_{ii} = 0$$

$$S = S_0 + S_1 + S_2 + S_3 + \dots$$

OM for $\gamma, \delta\phi$
 hize, Power
 so

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\epsilon)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i \delta\gamma_{ij} = 0$$

$$\gamma_{ii} = 0$$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\downarrow$ Background
 $\uparrow$ $0(E_{0M})$
 $\downarrow$ EoM for S_1, S_2
 quantize, power spectrum
 $\underbrace{S_3 + \dots}_{\text{interaction}}$

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_i{}^j E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \partial_j \phi - 2N V(\phi) \right]$$

$N, N^i \rightarrow 4$ d.o.F (constraints for those same as our Φ)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i w_i = 0$) to define Φ

$\Rightarrow$ still need to choose a gauge

son for Maldacena astro-ph/0210603

Gaussian

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_i E^i - E^2) + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \partial_j \phi - 2N V(\phi) \right]$$

$N, N^i \rightarrow 4 \text{ d.o.F}$ (constraints for those same as our Φ)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i w_i = 0$) to define Φ

$\rightarrow$ still need to choose a gauge

$\rightarrow$ reason for Maldacena astro-ph/0210603

$\rightarrow$ Non-Gaussianity!

interactions

$$= \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right]$$

$N, N^i \rightarrow 4 \text{ d.o.F}$ (constraints for those, do the same as our choice)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i w_i = 0$) to define Φ, Ψ

→ still need to choose a gauge

reason for Maldacena astro-ph/0210603

Non-Gaussianity! Only need first order pert. in N, N^i, ϕ to get S_3

Comoving gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i\gamma_{kj} + \partial_j\gamma_{ki} = 0$$

$$\gamma_{ii} = 0$$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\downarrow$ Background

$\uparrow$ (EOM)

$\downarrow$ EOM for $S_1, \delta\phi$
 quantize, power spectrum

$\underbrace{\hspace{10em}}_{\text{interactions}}$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i\delta x_j = 0$$

$$\gamma_{ii} = 0$$

Perthurb N, N^i :

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\downarrow$ Background $\uparrow$ (EOM) $\downarrow$ EOM for $S_1, \delta\phi$ quantize, Power spectrum $\underbrace{\hspace{10em}}_{\text{interactions}}$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\psi)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i\gamma_{kj} = 0$$

$$\gamma_{ii} = 0$$

Perthurb N, N^i : $N=1$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\uparrow$ (EOM)
 $\downarrow$ Background
 $\downarrow$ EOM for $S, \delta\phi$
 quantize, Power Spectrum
 interaction

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i\delta x_j = 0$$

$$\gamma_{ii} = 0$$

Perthurb N, N^i : $N = 1 + N_1 + \dots$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\downarrow$ Background $\uparrow$ (EOM) $\downarrow$ EOM for $S, \delta\phi$ $\downarrow$ quantize, power spectrum $\downarrow$ interaction

Comoving gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\mathcal{S})\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i\gamma_{kj} = 0$$

$$\gamma_{ii} = 0$$

Perthurb N, N^i : $N = 1 + N_1$
 $N^i = \partial^i\psi + N_1^i$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\downarrow$ Background
 $\uparrow$ (EOM)
 $\downarrow$ EOM for $S, \delta\phi$
 quantize, power spectrum
 interaction

Comoving gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\epsilon)\delta_{ij} + \gamma_{ij})$$

$$\delta \gamma_{ij} = \partial_i \gamma_{ij} = 0$$

$$\gamma_{ii} = 0$$

Per turb N, N^c : $N = 1 + N_1$
 $N^c = 2^c \psi + N_1^c$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

$\downarrow$ Background
 $\uparrow$ IO (EOM)
 $\downarrow$ EOM for $S, S^\dagger$
quantize, power spectrum
} interaction

"gauge"

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\mathcal{S})\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_i\delta x_j + \partial_j\delta x_i = 0$$

$$\gamma_{ii} = 0$$

urb N, N^c : $N = 1 + N_1 + \dots$
 $N^c = \partial^i\psi + N_i$

$$S = S_0 + S_1 + S_2 + S_3 + \dots$$

Background

EoM for $S_1, \delta\phi$
 quantize, Power Spectrum

interactions

$$S = \frac{1}{2} \int d^4x$$

N_1

→ reason for
 → Non-Gaussian

Recall $\phi(x,t) = \phi_0(t) + \delta \phi(x,t)$

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Recall $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$

$E_0 M$ for N, N' (constants)
then for $\mathcal{I}$

① N

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right], \quad E_{ij} = \frac{1}{2} \left[\right.$$

$N, N^i \rightarrow 4 \text{ d.o.F}$ (points for here, do the as a choice)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i w_i = 0$)

$\rightarrow$ still need to choose

$\rightarrow$ reason for Maldacena astro-ph

$\rightarrow$ Non-Gaussianity! Only need for

N^i, ϕ to get S_3

$$S = \frac{1}{2} \int d^4x \sqrt{h} \left[N R^{(3)} + N^{-1} (E_{ij} E^{ij} - E^2) \right. \\ \left. + N^{-1} (\dot{\phi} - N^i \partial_i \phi)^2 - N h^{ij} \partial_i \phi \partial_j \phi \right. \\ \left. - 2N V(\phi) \right], \quad E_{ij} = \frac{1}{2} [\partial_t h_{ij} - \nabla_i N_j - \nabla_j N_i]$$

$N, N^i \rightarrow 4 \text{ d.o.F}$ (constraints for those, do the same as our choice)
 $\downarrow$
 2 scalars
 1 vector ($\partial^i w_i = 0$) to define Φ, Ψ

$\rightarrow$ still need to choose a gauge

$\rightarrow$ reason for Maldacena astro-ph/0210603

$\rightarrow$ Non-Gaussianity! Only need first order pert. in N, N^i, ϕ to get S_3

Recall $\phi(x,t) = \phi_0(t) + \delta \phi(x,t)$

EOM for N, N' (constants)

then for $\mathcal{L}$

$$\frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow$$

Recall $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$

EoM for N, N' (constants)
then for $\mathcal{L}$

$$\textcircled{1} N : \frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow R^{(3)} - N \left(\frac{1}{2} \dot{\phi}_0^2 - E^2 \right) - N^2 \dot{\phi}_0^2$$

Recall $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$

$E_0 M$ for N, N' (constants)
then for $\mathcal{L}$

$$\frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow R^{(3)} - N^{-2}(E_1 E_2^2 - E^2) - N^{-2} \dot{\phi}_0^2 - 2V(\phi) = 0$$

Recall $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$

for N, N' (constants)
then for $\mathcal{L}$

$$\frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow R^{(3)} - N^{-2}(\vec{E}_i \cdot \vec{E}_i - E^2) - N^{-2} \dot{\phi}_0^2 - 2V(\phi) = 0$$

Recall $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$

EoM for N, N^i (constants)
then for $\mathcal{L}$

$$\textcircled{1} N : \frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow R^{(3)} - N^{-2} (E_i E^i - E^2) - N^{-2} \dot{\phi}_0^2 - 2V(\phi) = 0$$

$$\textcircled{2} N^i :$$

call $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$
 $E_0 M$ for N, N' (constants)
 then for $\mathcal{L}$

$$\frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow R^{(3)} - N^{-2}(E_i E_i - E^2) - N^{-2} \dot{\phi}_0^2 - 2V(\phi) = 0$$

$$N' : \frac{\partial}{\partial x_i} \left(\frac{\partial \mathcal{L}}{\partial (\partial x_i \phi)} \right) = \frac{\partial}{\partial x_i} \left[N' \left[E_{ij} - \right. \right.$$

call $\phi(x,t) = \phi_0(t) + \delta\phi(x,t)$

EoM for N, N^i (constants)
then for γ

$$\textcircled{1} N : \frac{\partial \mathcal{L}}{\partial N} = 0 \Rightarrow R^{(3)} - N^{-2}(\vec{E}_i \vec{E}_i^i - E^2) - N^{-2} \dot{\phi}_0^2 - 2V(\phi) = 0$$

$$\textcircled{2} N^i : \nabla_i \left(\frac{\partial \mathcal{L}}{\partial (\dot{x}^i)} \right) = \nabla_i \left[N^{-1} \left[\vec{E}_i - h_{ij} \vec{E} \right] \right] = \nabla_i \left[N^{-1} (\vec{E}_i^i - \delta_{ij}^i \vec{E}) \right] = 0$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

$$\delta\gamma_{ij} = \partial_\alpha \gamma_{ij} = 0$$

$$\gamma_{ii} = 0$$

Perturb N, N^i : $N = 1 + N_1$
 $N^i = \partial^i \psi + N_1^i$

$$S = S_0 + \cancel{S_1} + S_2 + S_3 + \dots$$

Background

EoM for $\zeta, \delta\phi$
 quantize, Power Spectrum

interactions

$\rightarrow \rho_{\text{eff}}$
 $\rightarrow N$

①, ② in terms of N, ψ

$$+N + (N \psi)^2$$

$$-2N \psi$$

$$N^2$$

①, ② in terms of N_1, ψ
 give

$$N_1 = \frac{\dot{\phi}}{H}$$

$$N_1' = 0$$

$$\psi = a^{-2} \frac{\dot{\phi}}{H} + \chi$$

$$\rightarrow \delta^2 \chi = \frac{\dot{\phi}_0^2}{2H} \int \frac{1}{M_{\text{Pl}}^2}$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\mathcal{S})\delta_{ij} + \gamma_{ij})$$

Now we can write $S = \underline{S}_0 + \underline{S}_2$ just
in terms of dynamical variables

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\psi)\delta_{ij} + \gamma_{ij})$$

Now we can write $S = \underline{S}_0 + \underline{S}_2$ just
in terms of dynamical variables

→ Put solutions for N, N^i back in action

$$\text{find } \underline{S}_2 =$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\psi)\delta_{ij} + \gamma_{ij})$$

Now we can write $S = \underline{S}_0 + \underline{S}_2$ just
in terms of dynamical variables

→ Put solutions for N, N^i back in action

find
$$S_2 = M_P^2 \int d^4x \sqrt{-g}$$

↑
BG-FRW

"Comoving" gauge

$$\delta\phi=0$$

$$h_{ij} = a^2((1+2\psi)\delta_{ij} + \gamma_{ij})$$

Now we can write $S = S_0 + S_2$ just
in terms of dynamical variables

→ Put solutions for N, N^i back in action

find
$$S_2 = M_P^2 \int d^4x \sqrt{-g} (f(\psi, \dot{\psi}))$$

↑
BGFRW

①, ② in terms
give

$$S_2 = M_P^2 \int d^4x \sqrt{-g} [\epsilon$$

$$\text{use } \dot{\phi}_G^2 = 2\epsilon M_P^2 H^2$$

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (\partial S)^2 \right) \right]$$

$$\text{use } \dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$$

$$g^{\mu\nu} \partial_\mu S \partial_\nu S$$

Note: ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$

Grains of
Pollen to
Evidence
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How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (dS)^2 \right) \right]$$

FRW BG $g^{\mu\nu} \partial_\mu S \partial_\nu S$

use $\dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$

Note: ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$

Grains of
Pollen to
Evidence
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How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (\partial S)^2 \right) \right]$$

$\uparrow$
 Fierz (BGI)
 (1935)

$g^{\mu\nu} \partial_\mu S \partial_\nu S$

use $\dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$

Note: ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact scalar part. are 0)

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\dot{S}^2 - a^{-2} (dS)^2 \right]$$

$$\text{use } \dot{\Phi}_G^2 = 2\epsilon M_P^2 H^2$$

$$g^{\mu\nu} \partial_\mu S \partial_\nu S$$

$S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact dS, all scalar pert. are gauge modes)

(2)

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (dS)^2 \right) \right]$$

$\uparrow$
 FRW BG
 $(-a^2, a^2)$

$g^{\mu\nu} \partial_\mu S \partial_\nu S$

use $\dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$

- Notice
- ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact dS, all scalar part. are gauge modes)
 - ② up to 26, this is the action for a massless scalar field

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{\phi}^2 - a^{-2} (\partial S)^2 \right) \right]$$

$\uparrow$
 F&W BG
 ($\epsilon = \epsilon_{\mu\nu\alpha\beta}$)

$$\text{use } \dot{\phi}_0^2 = 2\epsilon M_P^2 H^2$$

Not ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact dS, all scalar part, are gauge modes)

ϵ , This is the action for a massless scalar field

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (dS)^2 \right) \right]$$

$\uparrow$
 FRW BG
 $(-a^2, a^2)$

use $\dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$

Notice ① $S_2 \rightarrow 0$ (exact dS, all scalar part. are gauge modes)

② up to 2nd order the action for a massless scalar field

EOM for S

$\dot{S}_k + \frac{1}{2} \left(\frac{k^2}{a^2} \right) S_k = 0$

$\nearrow$ small

$\frac{k^2}{a^2} \rightarrow -3H^2$

$$= \ddot{S}_k + 3H \dot{S}_k = 0$$

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (\partial S)^2 \right) \right]$$

$\uparrow$
 From Ricci
 (Einstein)
 $g^{\mu\nu} \partial_\mu S \partial_\nu S$

use $\dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$

Notice ① $S_2 \rightarrow 0$ as $\epsilon \rightarrow 0$ (exact dS, all scalar pert. are gauge modes)

② up to this is the action for a massless scalar field

EOM for S

$$+ 3H\dot{S}_k + \left(\frac{\dot{\epsilon}}{\epsilon} \right) \dot{S}_k + \frac{1}{2} \left(\frac{k^2}{a^2} \right) S_k = 0$$

$\nearrow$ small

$\hookrightarrow$ notice, $\frac{k^2}{a^2 H^2} \ll 0 \Rightarrow \ddot{S}_k + 3H\dot{S}_k = 0 \mid S_k \text{ constant!}$

Grains of
Pollen to
Evidence
for Atoms

How
Big Is A
Molecule?

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (dS)^2 \right) \right]$$

$\uparrow$
 From RG
 $(-1/2, 1/2)$

$g^{\mu\nu} \partial_\mu S \partial_\nu S$

use $\Phi_0^2 = 2\epsilon M_P^2 H^2$

Note: ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact dS, all scalar pert. are gauge modes)

② up to 2ϵ , this is the action for a massless scalar field

EOM for S : $\ddot{S}_k + 3H\dot{S}_k + \left(\frac{\dot{\epsilon}}{\epsilon} \right) \dot{S}_k + \frac{1}{2} \left(\frac{k^2}{a^2} \right) S_k = 0$

$\nearrow$ small

$\hookrightarrow$ notice, $\frac{k^2}{a^2 H^2} \ll 0 : \ddot{S}_k + 3H\dot{S}_k = 0 \mid S_k \text{ constant!}$

$$S_2 = M_p^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (\partial S)^2 \right) \right]$$

F&W BG
(r, θ, ϕ)

$g^{\mu\nu} \partial_\mu S \partial_\nu S$

Notice ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact)

② up to 2ϵ , this is the action

a massless scalar field

EOM for S : $\ddot{S}_k + 3H\dot{S}_k + \left(\frac{k^2}{a^2} + 3H^2 \right) S_k = 0$

↳ notice, $\frac{k^2}{a^2} \rightarrow 0$

$$k^2 + 3H^2 = 0$$

$| S_k \text{ constant!}$

use $\dot{\Phi}_0^2 = 2\epsilon M_p^2 H^2$

$$\eta = \frac{\dot{\Phi}_0}{\epsilon H}$$

|| scalar parts are gauge modes

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (dS)^2 \right) \right]$$

$\uparrow$
 F&W BC
 (-1, 0)

$g^{\mu\nu} \partial_\mu S \partial_\nu S$

$$\text{use } \dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$$

$$\eta = \frac{\dot{\epsilon}}{\epsilon H}$$

Notice ① $S = 0$ if $\epsilon \rightarrow 0$ (exact dS, all scalar pert. are gauge modes)

up to 2ϵ , this is the action for a massless scalar field

for $\Sigma = \ddot{S}_k + 3H\dot{S}_k + \left(\frac{\dot{\epsilon}}{\epsilon} \right) \dot{S}_k + \frac{1}{2} \left(\frac{k^2}{a^2} \right) S_k = 0$

$\nearrow$ small (assumed)

$\hookrightarrow$ notice, $\frac{k^2}{a^2 H^2} \ll 1 \quad \therefore \ddot{S}_k + 3H\dot{S}_k = 0 \quad | \quad S_k \text{ constant!}$

$$S_2 = M_P^2 \int d^4x \sqrt{-g} \left[\epsilon \left(\dot{S}^2 - a^{-2} (dS)^2 \right) \right]$$

$\uparrow$
 FRW BG
 $(-a^2 dt^2, a^2 dx^2)$

$g^{\mu\nu} \partial_\mu S \partial_\nu S$

$$\text{use } \dot{\Phi}_0^2 = 2\epsilon M_P^2 H^2$$

$$\eta = \frac{\dot{\epsilon}}{\epsilon H}$$

Notice ① $S_2 \rightarrow 0$ if $\epsilon \rightarrow 0$ (exact dS, all scalar pert. are gauge modes)

② up to 26, this is the action for a massless scalar field

EoM for S : $\ddot{S}_k + 3H\dot{S}_k + \left(\frac{\dot{\epsilon}}{\epsilon} \right) \dot{S}_k + \frac{1}{2} \left(\frac{k^2}{a^2} \right) S_k = 0$

$\nearrow$ small (assumed)

$\hookrightarrow$ notice, $\frac{k^2}{a^2 H^2} \ll 1 \quad \therefore \ddot{S}_k + 3H\dot{S}_k = 0 \quad | \quad S_k \text{ constant!}$

define canonical $\hat{S}_k = M_p \sqrt{2\epsilon'} S_k$

define canonical $\hat{S}_k^{\text{can}} = M_p \sqrt{2\epsilon'} S_k$
we know the answer for $\hat{S}_k$

$$\langle \text{BD} | \hat{S}_{\vec{k}_1} \hat{S}_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \frac{H^2}{2k_1^3}$$

define canonical $\hat{S}_k = M_P \sqrt{2\epsilon'} S_k$
 we know the answer for $\hat{S}_k$

$$\langle \text{BD} | \hat{S}_{\vec{k}_1} \hat{S}_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \underbrace{\frac{H^2}{2k_1^3}}_{p(k)}$$

$$\Rightarrow \langle \hat{S}_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \frac{H^2}{2k_1^3}$$

define canonical $\hat{S}_k \stackrel{\text{canon}}{=} M_p \sqrt{2\epsilon'} S_k$
 we know the answer for $\hat{S}_k$

$$\langle BD | \hat{S}_{\vec{k}_1} \hat{S}_{\vec{k}_2} | BD \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \underbrace{\frac{H^2}{2k_1^3}}_{P(k)}$$

$$\Rightarrow \langle BD | S_{\vec{k}_1} S_{\vec{k}_2} | BD \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \frac{H^2}{2k_1^3} \frac{1}{2\epsilon' M_p^2}$$

$$\Delta_k^2 = \frac{k^3 P(k)}{2\pi^2}$$

define canonical $\hat{S}_k = M_p \sqrt{2\epsilon'} S_k$
 we know the answer for $\hat{S}_k$

$$\langle \text{BD} | \hat{S}_{\vec{k}_1} \hat{S}_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \underbrace{\frac{H^2}{2k_1^3}}_{P(k)}$$

$$\Rightarrow \langle \text{BD} | S_{\vec{k}_1} S_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \frac{H^2}{2k_1^3} \frac{1}{2\epsilon M_p^2}$$

$$\Delta_{\mathcal{S}}^2(k) = \frac{k^3 P(k)}{2\pi^2} = \frac{H^2}{8\pi^2 \epsilon M_p^2}$$

Comoving gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2s)\delta_{ij} + \gamma_{ij})$$

Comments: ϕ gauge choice: constant

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

Comments: ① gauge choice: constant curvature $\delta\phi \neq 0$
$$h_{ij} = a^2(\delta_{ij} + \gamma_{ij})$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\mathcal{S})\delta_{ij} + \gamma_{ij})$$

Comments: ① gauge choice: constant
curvature $\rightarrow$ spatially flat
 $\delta\phi \neq 0$

$$h_{ij} = a^2(\delta_{ij} + \gamma_{ij})$$

and $\Lambda^2 \delta_{ij}$ but then
gauge transform

Comoving gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

Comments: ① Gauge choice: constant curvature $\rightarrow$ spatially flat $\delta\phi \neq 0$

$$h_{ij} = a^2(\delta_{ij} + \gamma_{ij})$$

find $\Delta^2_{\delta\phi}$ but then
gauge transformation to

$$\text{find } \Delta^2_{\zeta}$$

"Comoving" gauge

$$\delta\phi = 0$$

$$h_{ij} = a^2((1+2\zeta)\delta_{ij} + \gamma_{ij})$$

Comments: ① Gauge choice: constant curvature $\rightarrow$ ^{essentially flat} $\delta\phi \neq 0$

$$S_k = -\frac{H}{\dot{\phi}} \delta\phi_k$$

$h_{ij} = a^2(\delta_{ij} + \gamma_{ij})$
find $\Delta^2_{\delta\phi}$ but then
gauge transformation to
find Δ^2_{ζ}

you found for tensors

$$P_T = \frac{H^2}{2k^2}$$

you found for tensors

$$P_T = \frac{H^2}{2k^3} \Rightarrow \Delta_T^2(k)$$

you found for tensors

$$P_T = \frac{H^2}{2} \Rightarrow \Delta_T^2(k) = \frac{2H^2}{\pi^2 M_{\text{Pl}}^2}$$

you found for tensors

$$P_T = \frac{H^2}{2k^2} \Big|_{\text{canonical}} \Rightarrow \Delta_T^2(k) = \frac{2H^2}{k^2}$$

$$\Rightarrow r = 16\epsilon$$

you found for tensors

$$P_T = \frac{H^2}{2k^3}$$

Can...

$$\Rightarrow \Delta_T^2(k) = \frac{2H^2}{\pi M_{\text{Pl}}^2}$$

$$\Rightarrow r \equiv \frac{\Delta_T^2}{\Delta_S^2} = 16\epsilon$$

Small!

*observable? Get scale of inflation

you found for tensors

$$P_T = \frac{H^2}{2k^3} \Big|_{\text{canon}} \Rightarrow \Delta_T^2(k) = \frac{2H^2}{\pi M_P^2}$$

$$\Rightarrow r \equiv \frac{\Delta_T^2}{\Delta_S^2} = 16\epsilon \quad \text{small!}$$

*observable? Get scale of inflation
How likely? related
 $\frac{\Delta\phi}{M_P} > 1$, "Lyth's

you found for tensors

$$P_T = \frac{H^2}{2k^2} \Big|_{\text{canon. cal}} \Rightarrow \Delta_T^2(k) = \frac{2H^2}{\pi^2 M_p^2}$$

$$\Rightarrow r \equiv \frac{\Delta_T^2}{\Delta_S^2} = 16\epsilon \quad \text{small!}$$

*observable? Get scale of inflation (H)!
How likely? related to
 $\frac{\Delta\phi}{M_p} > 1$, "Lyth bound"

define canonical $\hat{S}_k = M_p \sqrt{2\epsilon'} S_k$
 we know the answer for $\hat{S}_k$

$$\langle \text{BD} | \hat{S}_{\vec{k}_1} \hat{S}_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \underbrace{\frac{H^2}{2k_1^3}}_{P(k)}$$

$$\Rightarrow \langle \text{BD} | S_{\vec{k}_1} S_{\vec{k}_2} | \text{BD} \rangle = (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2) \frac{H^2}{2k_1^3} \frac{1}{2\epsilon M_p^2}$$

$$\Delta_{\hat{S}}^2(k) = \frac{k^3 P(k)}{2\pi^2} = \frac{H^2}{8\pi^2 \epsilon M_p^2} = A_0 \left(\frac{k}{k_0} \right)^{n_s-1}$$