

Title: Explorations in Cosmology - Lecture 13

Date: Mar 31, 2010 09:00 AM

URL: <http://pirsa.org/10030082>

Abstract:

So far, we've worked
with:

$$G_{\mu\nu} = M^2 T_{\mu\nu}$$

four scalars

$\beta, E, \psi, \phi, \delta\phi$

So far, we've worked
with: $G_{\mu\nu} = M^2 T_{\mu\nu}$

found: ① scalars

$$B, E, \psi, \phi, \delta\phi \xrightarrow{g.i./EE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$$

So far, we've worked
with: $G_{\mu\nu} = M^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g.s./\mathbb{E}} \left. \begin{array}{l} \psi = f(\varphi) \\ \delta\phi = f(\varphi) \end{array} \right\} 1 \text{ DoF}$
② tensor h_{ij}
③ P_{μ}, P_{μ}

So far, we've worked
with: $G_{\mu\nu} = M^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g.i./\delta E} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$

② tensor h_{ij}

③ $P_{\psi}(k), P_{\phi}(k)$

Now E by variational principle

$$E = \int d^4x$$

So far, we've worked
with: $G_{\mu\nu} = M^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g.s./\delta E} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\psi = f'(\phi) \delta\phi \end{array} \right\} 1 \text{ DoF}$

tensor h_{ij}

$P_{\psi}(k), P_{\phi}(k)$

Now, apply variational principle

$$\int d^4x \sqrt{g} \left[\frac{1}{2} M_p^2 R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

So far, we've worked
with: $G_{\mu\nu} = M^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g.s./EE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\psi = f(\delta\phi) \end{array} \right\} 1 \text{ DoF}$

② tensor h_{ij}

③ $P_A(k), P_{\text{sq}}(k)$

Now, get E.E. by variational principle

$$S = \int d^4x \sqrt{g} \left[\frac{1}{2} M_{\text{pl}}^2 R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

So far, we've worked
with: $G_{\mu\nu} = M_{\text{pl}}^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g.s./FE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$
② tensor h_{ij}
③ $P_{\psi}^{\mu}, P_{\phi}^{\mu}$

Now, get E.E.s by variational principle

$$S = \int d^4x \sqrt{g} \left[\frac{1}{2} M_{\text{pl}}^2 R - \frac{1}{2} g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi - V(\phi) \right]$$

$$S = S_0 + S_2 + S_3 + \dots$$

$$\downarrow$$
$$3H^2 = \frac{1}{2} \dot{\phi}^2 + V(\phi)$$
$$\approx V(\phi)$$

$$H(\phi), \dot{H}(\phi)$$

So far, we've worked
with: $G_{\mu\nu} = M^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g.s./FE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$
② tensor h_{ij}
③ $P_{\mu}^{\nu}, P_{\alpha}^{\beta}(k)$

Now, get E.E. by variational principle

$$S = \int d^4x \sqrt{g} \left[\frac{1}{2} M_{pl}^2 R - \frac{1}{2} g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi - V(\phi) \right]$$

$$S = S_0 + S_2 + S_3 + \dots$$

$$\downarrow$$
$$3H^2 = \frac{1}{2} \dot{\phi}^2 + V(\phi)$$
$$\approx V(\phi)$$

$$H(\phi), \dot{H}(\phi)$$

S_2 for scalar/tensor
variable, use it to
quantize

So far, we've worked
with: $G_{\mu\nu} = M_{\text{pl}}^2 T_{\mu\nu}$

found: ① scalars
 $B, E, \psi, \phi, \delta\phi \xrightarrow{g_{\mu\nu}/EE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$
② tensor h_{ij}
③ $P_{\mu}^{(v)}, P_{\mu}^{(k)}$

Now, get E.E.s by variational principle

$$S = \int d^4x \sqrt{g} \left[\frac{1}{2} M_{\text{pl}}^2 R - \frac{1}{2} g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi - V(\phi) \right]$$

$$S = S_0 + S_2 + S_3 + \dots$$

$$\downarrow$$
$$3H^2 = \frac{1}{2} \dot{\phi}^2 + V(\phi)$$
$$\approx V(\phi)$$

$$H(\phi), H_{\text{eff}}(\phi)$$

S_2 for scalar/tensor
variable, use it to
quantize

What do we gain

- * Beyond the 2pt
(power spectrum)
- * Use full QFT
apply to inflation
 - ↳ Effective field
theory "EFT"
 - ↳

What do we gain

* Beyond the 2pt
(power spectrum)

* Use full QFT
apply to inflation

↳ Effective field
theory "EFT"

↳ direct connection
^{possible}
to fundamental descriptions

What do we gain

* Beyond the 2pt
(power spectrum)

* Use full QFT
apply to inflation

↳ Effective field
theory "EFT"

↳ direct connection
^{possible}
to fundamental descriptions

↳

What do we gain

* Beyond the 2pt
(power spectrum)

* Use full QFT
apply to inflation

↳ Effective field
theory "EFT"

↳ direct connection
possible

fundamental descriptions

→ loop calculations

What do we gain

M_p * Beyond the 2pt
(power spectrum)

$\frac{H}{M_p} < 1$ * Use full QFT
apply to inflation

↳ Effective field
theory "EFT"

↳ direct connection
^{possible}
to fundamental descriptions

↳ loop calculations

What do we gain

M_p * Beyond the 2pt
(power spectrum)

$\frac{H}{M_p} < 1$ * Use full QFT
apply to inflation

↳ Effective field
theory "EFT"

↳ direct connection
^{possible}
to fundamental descriptions

↳ loop calculations

What do we gain

M_P * Beyond the 2pt
(power spectrum)

$\frac{H}{M_P} < 1$ * Use full QFT
apply to inflation

↳ Effective field
theory "EFT"

↳ direct connection
possible
to fundamental descriptions

↳ loop calculations
* leads us toward graviton

What do we gain

* Beyond the 2pt
(power spectrum)

$\frac{k}{H} < 1$
* Use full QFT
apply to inflation

↳ Effective
theory

↳ d

* leads to

Use ADM
formalism
[Hamiltonian formulation]

What do we gain

* Beyond the 2pt
(power spectrum)

* (the full) QFT
to inflation

→ Effective field
theory "EFT"

direct connection
possible
fundamental descriptions

p calculations
and graviton

Use ADM
formalism

[Hamiltonian formulation]

1+3

→ time evolution
of metric

What do we gain

* Beyond the 2pt
(power spectrum)

* Use full QFT
apply to inflation

↳ Effective
theory "

↳ direct
to possibilities

* leads

Use ADM
formalism

[Hamiltonian formulation]

1+3

→ time evolution
of metric

→ Now constraints
(Lagrange multipliers)
do the work

So far, we've worked
with:

$$G_{\mu\nu} = M^2 T_{\mu\nu}$$

found $h_{\mu\nu}$ and ϕ

$$E, \psi, \phi, \delta\phi \xrightarrow{g.s./EE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$$

or h_{ij}

$$P_{\psi}(k), P_{\phi}(k)$$

Now, get EFT from variational principle

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

Maldacena

$$S = S_0 + S_2 + S_4$$

$$\downarrow$$

$$3H^2 = \frac{1}{2} \dot{\phi}^2 + V(\phi)$$

$$\approx V(\phi)$$

$$H(\phi), H_{,i}(\phi)$$

S_2 for scalar
variable, use it
quantize

So far, we've worked
with: $G_{\mu\nu} = M_{\text{pl}}^2 T_{\mu\nu}$

found: ① S_{EH}

$\psi, \phi, \delta\phi \rightarrow$
 h_{ij}

$g.s./\hbar$

$\psi = f(\phi)$
 $\delta\psi = f'(\phi)\delta\phi$

} 1 DoF

Now, get E.E.m

principle

$S =$

$\int d^4x \sqrt{-g} [\frac{1}{2} \dot{\phi}^2 - V(\phi)]$

Maldacena astro-ph/0210603
Chen et al hep-th/0608045

$$S = S_0 + S_2 + S_3$$

$$\downarrow$$
$$3H^2 = \frac{1}{2}\dot{\phi}^2 + V$$
$$\approx V(\phi)$$

$$H(\phi), H_{,\mu}$$

S_2 for scalar
variable, use it
quantize

So far, we've worked
with: $G_{\mu\nu} = M_{\text{pl}}^2 T_{\mu\nu}$

found: ① S

② h_{ij}

Now, get E, E_i

S

(Maldacena [astro-ph/0210603](#)
(Chen et al [hep-th/0605045](#)
→ Non-gaussianity, $(S_3, S_4 \dots)$)

$\psi, \phi, \delta\phi \xrightarrow{g_{ij}/EE} \psi = f(\phi) \left. \vphantom{\psi, \phi, \delta\phi} \right\} 1 \text{ DoF}$
 $\delta\phi = f'(\phi)$

principle

$$\int d^4x \sqrt{-g} \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

$$S = S_0 + S_2 + S_3 + \dots$$

$$\downarrow$$
$$3H^2 = \frac{1}{2} \dot{\phi}^2 + V(\phi)$$
$$\approx V(\phi)$$

$$H(\phi), H_{,i}(\phi)$$

S_2 for scalar
variable, use it
quantize

So far, we've worked
with: $G_{\mu\nu} = M_{\text{pl}}^2 T_{\mu\nu}$

found: ① scalars

$$\beta, E, \psi, \phi, \delta\phi \xrightarrow{g.s./EE} \left. \begin{array}{l} \psi = f(\phi) \\ \delta\phi = f(\psi) \end{array} \right\} 1 \text{ DoF}$$

② tensor h_{ij}

③ $P_{\text{t}}(k), P_{\text{a}}(k)$

Now, get E.E.s by variational principle

$$S = \int d^4x \sqrt{g} \left[\frac{1}{2} M_{\text{pl}}^2 R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]$$

(Maldacena astro-ph/0210603
Chen et al hep-th/0605045
→ Non-gaussianity ($S_3, S_4 \dots$))

$$S = S_0 + S_2 + S_3 + \dots$$

$$\downarrow$$

$$3H^2 = \frac{1}{2} \dot{\phi}^2 + V(\phi)$$

$$\approx V(\phi)$$

$$H(\phi), \dot{H}(\phi)$$

S_2 for scalar
variable, use it
quantize

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

↑
"lapse"

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

↑ "lapse" ↑ dynamics ↑ "shift"

N, N^i are Lagrange multipliers



$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

\uparrow "lapse" \uparrow dynamics \uparrow "shift"

N, N^i are Lagrange multipliers
 $h_{ij}, \delta q$ are dynamical

$$ds^2 = -N^2 dt^2 + h_{ij} (dx^i + N^i dt) (dx^j + N^j dt)$$

\uparrow "lapse" \uparrow dynamics \uparrow "shift"

N, N^i are Lagrange multipliers

$h_{ij}, \delta q$ are dynamical } still have gauge issues

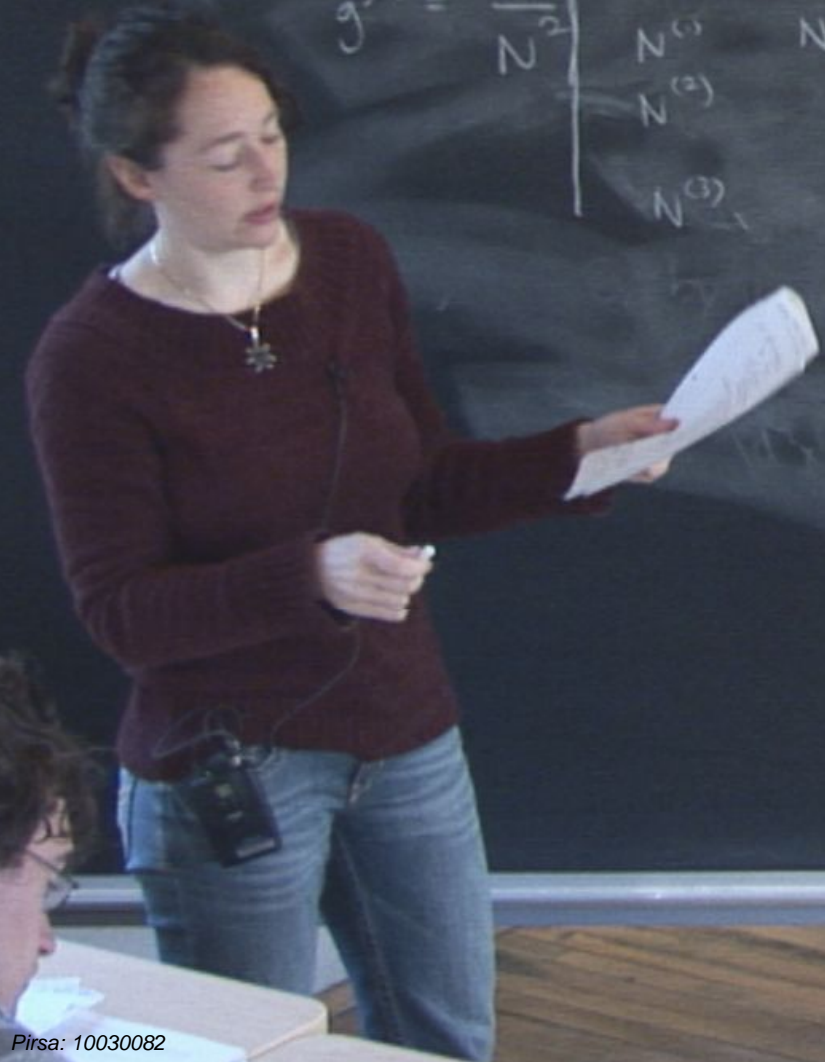
Key results

by the way, for example

Key results

$$\sqrt{-g} = N \sqrt{h}$$

$$g^{\mu\nu} = \frac{1}{N^2} \begin{pmatrix} -1 & & & \\ & N^{(1)} & & \\ & & N^{(2)} & \\ & & & N^{(3)} \end{pmatrix} N^2 h^{ij}$$



Key results

$$\sqrt{-g} = N\sqrt{h}$$

$$g^{\mu\nu} = \frac{1}{N^2} \begin{pmatrix} -1 & & & \\ & N^{(1)} & & \\ & & N^{(2)} & \\ & & & N^{(3)} \end{pmatrix}$$

$$N^2 h^{(1)} - (N^{(1)})^2 \quad N^2 h^{(2)} - N^{(1)} N^{(2)}$$

So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

Use ADM

Hamiltonian formalism

→ time evolution of metric

→ Now constraints (Lagrange mul) to the work



So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$
 $\frac{1}{2} N \sqrt{h}$

Use ADM
 Hamiltonian form
 $+3$
 → time evolution of metric
 → Now consider
 (Lagrangian mult
 to the work



What do

So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$
 $\frac{1}{2} N \sqrt{h} \left[\frac{-1}{N^2} (\partial_0 \phi)^2 \right]$

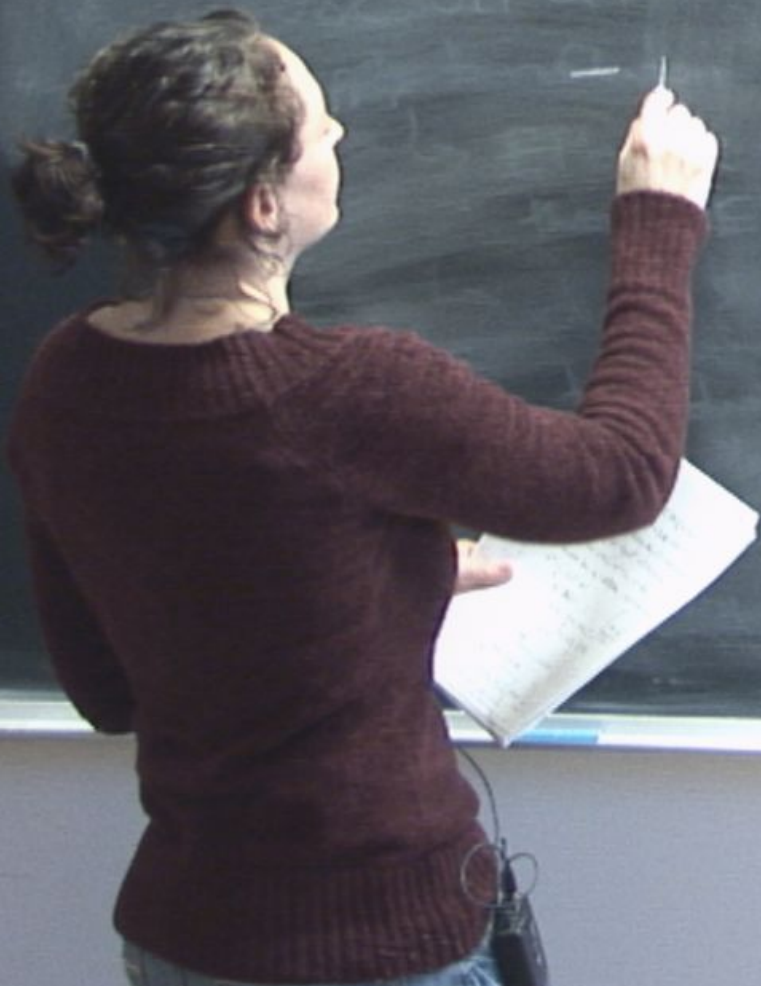
Use ADM

Hamiltonian form
+3

→ time evolution of metric

→ Now constr
(Lagrange mul
to the work





So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$$

$$\left. + N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \right]$$

Use ADM

Hamiltonian form
+3

→ time evolution of metric

→ Now consider Lagrange multiplier to the work

So. $\int d^4x \sqrt{|g|} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$$

$$\left. + N^{-2} (\partial_0 \phi)(\partial_i \phi) N^i \right]$$

$$+ N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi$$

Use Axiom
 Lagrangian
 Hamiltonian form
 +3
 evolution
 of metric
 → Now construct
 Lagrangian
 to the work

So. $\sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$

$\left. + N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \right]$

$+ N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi$

$\rightarrow \sqrt{h} N^{-1} \left(\frac{1}{2} \left[(\partial_0 \phi - N^i \partial_i \phi)^2 \right. \right.$

$\left. \left. - N^2 h^{ij} \partial_i \phi \partial_j \phi \right] \right)$

So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$$

$$+ N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \partial_t \phi$$

$$\left. + N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi \right]$$

$$\rightarrow \sqrt{h} N^{-1} \left(\frac{1}{2} \left[(\partial_0 \phi - N^i \partial_i \phi)^2 \right. \right.$$

$$\left. \left. - N^2 h^{ij} \partial_i \phi \partial_j \phi \right] \right)$$

So. $\int d^4x \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$

$\left. + N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \right]$

$+ N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi$

$\rightarrow \sqrt{h} N^{-1} \left(\frac{1}{2} \left[(\partial_0 \phi - N^i \partial_i \phi)^2 \right. \right.$

$\left. \left. - N^2 h^{ij} \partial_i \phi \partial_j \phi \right] \right)$

$R^{(4)} = R^{(3)} +$

So. $\sqrt{g}^{-1/2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$
 $\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$
 $\left. + N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \right]$
 $+ N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi$

$$\rightarrow \sqrt{h}^{-1} N^{-1} \left(\frac{1}{2} \right) \left[(\partial_0 \phi - N^i \partial_i \phi)^2 \right.$$

$$\left. - N^2 h^{ij} \partial_i \phi \partial_j \phi \right]$$

$$R^{(4)} = R^{(3)} + g^{\alpha\beta} R_{\alpha\beta} - N^2 h^{ij} \partial_i \phi \partial_j \phi$$

Use ADM formalism

So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 \right.$

$\left. + N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \right]$

$+ N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi$

$\rightarrow \sqrt{h} N^{-1} \left(\frac{1}{2} \left[(\partial_0 \phi - N^i \partial_i \phi)^2 \right. \right.$

$\left. \left. - N^2 h^{ij} \partial_i \phi \partial_j \phi \right] \right)$

$R^{(4)} = R^{(3)} + g^{\alpha\beta} R_{\alpha\beta}$

\uparrow purely built h_{ij} $\quad \quad \quad \uparrow$ $g_{\alpha\beta}$

So. $\int \sqrt{g} \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi$

$$\frac{1}{2} N \sqrt{h} \left[\frac{1}{N^2} (\partial_0 \phi)^2 + N^{-2} (\partial_0 \phi) (\partial_i \phi) N^i \right] + N^{-2} (N^2 h^{ij} - N^i N^j) \partial_i \phi \partial_j \phi$$

$$\rightarrow \sqrt{h} N^{-1} \left(\frac{1}{2} \right) \left[(\partial_0 \phi - N^i \partial_i \phi)^2 - N^2 h^{ij} \partial_i \phi \partial_j \phi \right]$$

$$R^{(4)} = R^{(3)} + \underbrace{g^{\alpha\beta} R_{\alpha\beta}}_{\text{purely built } h_{ij}} + \dots$$

extrinsic curvature

Key results

$$\sqrt{-g} = N\sqrt{h}$$

$$R^{(4)} = R^{(3)} + \frac{1}{N^2} \left[E_{ij} E^{ij} - E^2 \right]$$

E_{ij}

Key results

$$\sqrt{-g} = N\sqrt{h}$$

$$R^{(4)} = R^{(3)} + \frac{1}{N^2} [E_i^j E^i_j - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

$$\hookrightarrow \partial_i N_j - \Gamma_{ij}^k N_k$$

extrinsic curvature

$N_{k;j}$

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(4)} = R^{(3)} + \frac{1}{N^2} [E_i^j E^i_j - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

* choose comoving gauge

$$\rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$$

N_{kij} ← extrinsic curvature

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(4)} + \frac{1}{N^2} [E_i^j E^i_j - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

gauge : $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\phi}$$

\leftarrow extrinsic curvature

N_{kij}

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(4)} = \frac{1}{N} \left[E_i^j E^i_j - E^2 \right]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

* choose

$$\text{gauge} : \delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$$

$$h_{ij} = e^{2\phi} [(1+2S)]$$

Nk_{ij} ← extrinsic curvature

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(3)} + \frac{1}{N^2} [E_i^j E^i_j - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

remaining gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\phi} [(1+2S)S_{ij} + \gamma_{ij}]$$

\leftarrow extrinsic curvature

N_{kij}

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(4)} = R^{(3)} + \frac{1}{N^2} [E_i^j E^i_j - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

* choose comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\sigma} [(1+2S)S_{ij} + \gamma_{ij}]$$

\leftarrow extrinsic curvature

N_{ij}

Notice

$$\begin{aligned} \mathcal{R}^{(3)} &\sim (\partial s)^2 \\ &\sim e^{-2\chi(t,s)} [-4\partial^2 s - 2(\partial s)^2] \\ &\sim k^2 s \end{aligned}$$

Notice

$$R^{(3)} \sim (ds)^2$$

$$\sim e^{-2\alpha(t,s)} [-4\partial^2 s - 2(\partial s)^2]$$

$$\sim k^2 s$$

\int = spatial curvature

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(4)} = R^{(3)} + \frac{1}{N^2} [E_i^j E^i_j - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

* choose comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\sigma} [(1+2S)S_{ij} + \gamma_{ij}]$$

Nk_{ij} ← extrinsic curvature

Notice

$$R^{(3)} \sim (\partial S)^2$$

$$\sim e^{-\chi(t,S)} [-4\partial^2 S - 2(\partial S)^2]$$

$$\sim k^2 S$$

\int = spatial curvature

Still Need EOM for N, N^i

$$S = \int d^4x \sqrt{h}$$

Notice

$$R^{(3)} \sim (\partial S)^2$$

$$\sim e^{-2\chi(S)} [-4\partial^2 S - 2(\partial S)^2]$$

$$\sim k^2 S$$

\int = spatial curvature

Need EOM for N, N^i

$$\int d^4x \sqrt{h} \left\{ \frac{N}{2} R^{(3)} + \frac{1}{2N} (E_i E^i - E^2) \right. \\ \left. + \right.$$

Notice

$$R^{(3)} \sim (\partial S)^2$$

$$\sim e^{-2\lambda(t,S)} [-4\partial^2 S - 2(\partial S)^2]$$

$$\sim k^2 S$$

\int = spatial curvature

Still Need EOM for N, N^i

$$S = \int d^4x \sqrt{h} \left\{ \frac{N}{2} R^{(3)} + \frac{1}{2N} (E_i E^{ij} - E^2) + \frac{1}{2N} (\partial_0 \phi) \right\}$$

Notice

$$R^{(3)} \sim (\partial S)^2$$
$$\sim e^{-\chi(S)} [-4\partial^2 S - 2(\partial S)^2]$$
$$\sim k^2 S$$

\int = spatial curvature

Still Need EOM for N, N^i

$$S = \int d^4x \sqrt{h} \left\{ \frac{N}{2} R^{(3)} + \frac{1}{2N} (E_i E^{ij} - E^2) \right. \\ \left. + \frac{1}{2N} (\partial_0 \phi_0 - N^i \partial_i \phi)^2 - NV(\phi) \right\}$$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_{ij} E^{ij} - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\sigma} [(1+2S)S_{ij} + \gamma_{ij}]$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_{ij} E^{ij} - E^2) - V(\phi) = 0$$

$\textcircled{2}$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_{ij} E^{ij}]$$

$$E_{ij} = -\nabla_i N_j - \nabla_j N_i$$

ie comoving gauge

$$\partial_i N_j - \Gamma_{ij}^k N_k$$

$$[(1+2S)S_{ij} + \gamma_{ij}]$$

← extrinsic curvature

$$Nk_{ij}$$

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2$$

$$- \frac{1}{2N} (E_{ij} E^{ij} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - S^i_j E)] = 0$$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_i E^i - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N)$$

comoving gauge: $\delta\phi = 0$

\leftarrow extrinsic curvature

Nk_{ij}

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_i E^{ii} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E_i^j - \delta_i^j E)] = 0$$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_{ij} E^{ij} - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j = 0$

$$h_{ij} = e^{2\sigma} \left[\dots \right]$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_{ij} E^{ij} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - S^i_j E)] = 0$$

$$N = 1 + \delta N = 1 + \dots$$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_i E^i - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0$

$$h_{ij} = e^{2\sigma}$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_i E^i - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E_i^j - \delta_i^j E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + \mathcal{N}^1 + \mathcal{N}^2$$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_{ij} E^{ij} - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j = 0$

$$h_{ij} = e^{2\phi} [(1 + \dots)]$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_{ij} E^{ij} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - \delta^i_j E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N' + N''$$

$$N^c = \partial_i \psi + N^c_{ij} \dots = 0$$

results

$$\gamma = N\sqrt{h}$$

$$= R^{(3)} + \frac{1}{N^2} [E_i E^i - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0$

Nk_{ij} ← extrinsic curvature

N_k

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_i E^i - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - S^i_j E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N^1 + N^2 + \dots$$

$$N^c = \partial_i \psi + N_i^c \stackrel{\text{EOM}}{=} 0$$

results

$$r = N\sqrt{h}$$

$$R^{(3)} = \sqrt{E_{ij}E^{ij} - E^2}$$

$$E_{ij} = \frac{1}{2}(\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

$$\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$$

$$h_{ij} = e^{2\phi} [(1+2S)S_{ij} + \gamma_{ij}]$$

$$\dot{\rho} = H$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_{ij}E^{ij} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - S^i_j E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N' + N''$$

$$N^c = \partial_i \phi + N_i^c$$

Solution:

$$N_i = \frac{S_i}{H}$$

results

$$r = N\sqrt{h}$$

$$R^{(3)} + \frac{1}{N^2} [E_i E^i - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\phi} [(1+2S)S_{ij} + \chi_{ij}]$$

$$\dot{\rho} = H$$

\leftarrow extrinsic curvature

Nk_{ij}

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_i E^i - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i - S^i E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N' + N''$$

$$N^c = \partial_i \psi + N_i^c$$

Solution:

$$N_1 = \frac{S}{H}, N_{\perp}^c = 0$$

$$\psi = -e^{-2\phi} \frac{S}{H} + \chi$$

$$\delta^2 \chi$$

results

$$\gamma = N\sqrt{h}$$

$$R^{(3)} + \frac{1}{N^2} [E_{ij} E^{ij} - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\phi} [(1+2S)S_{ij} + \chi_{ij}]$$

$$\dot{\rho} = H$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_{ij} E^{ij} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - S^i_j E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N' + N''$$

$$N^c = \partial_i \psi + N^c_{,i}$$

Solution:

$$N_1 = \frac{S}{H}, \quad N_{1,i} = 0$$

$$\psi = -e^{-2\phi} \frac{S}{H}$$

$$\delta^2 \chi = \frac{\dot{\phi}^2}{2H^2} \frac{S}{M_{pl}^2}$$

results

$$\gamma = N\sqrt{h}$$

$$R^{(3)} + \frac{1}{N^2} [E_{ij} E^{ij} - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\phi} [(1+2S)S_{ij} + \chi_{ij}]$$

$$\rho = H$$

extrinsic curvature

$$Nk_{ij}$$

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_{ij} E^{ij} - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i_j - S^i_j E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N' + N^c$$

$$N^c = \partial_i \psi + N_i^c$$

Solution:

$$N_1 = \frac{S}{H}, N_1^c = 0$$

$$\psi = -e^{-2\phi} \frac{S}{H} + \chi$$

$$\delta^2 \chi = \frac{\phi^2}{2H^2} \frac{S}{M_p^2}$$

results

$$\gamma = N\sqrt{h}$$

$$R^{(3)} + \frac{1}{N^2} [E_i E^i - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\sigma} [(1+2S)S_{ij} + \chi_{ij}]$$

$$\dot{\rho} = H$$

extrinsic curvature

Nk_{ij}

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_i E^i - E^2) - V(\phi) = 0$$

$$\textcircled{2} \nabla_i [N^{-1} (E^i - S^i E)] = 0$$

$$N = 1 + \mathcal{N} = 1 + N' + N''$$

$$N^c = \partial_i \psi + N_i^c$$

Solution:

$$N_1 = \frac{S}{H}, N_1^c = 0$$

$$\psi = -e^{-2\sigma} \frac{S}{H} + \chi$$

$$\delta^2 \chi = \frac{\phi^2}{2H^2} \frac{S}{M_{pl}^2}$$

Plug back in, get S_2

↳ to get S_1 ,
only need
 N^{n-2}

Plug back in, get S_2

↳ to get S_1 ,
only need
 N^{n-2}

Why?

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1}$

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n \sim S_n$
 $S^1 N^{n-1}$

are multiplied by EoM
for lower order stuff

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

To see that

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1} \sim S_n$

are multiplied by EOM
for lower order stuff

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n \sim S_n$
 $S^1 N^{n-1}$

are multiplied by EoM
for lower order stuff

To see that
Need Taylor expand
① $\delta S = 0$

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1}$ ~ S_n

are multiplied by EoM
for lower order stuff

To see that
Need Taylor expand

$$\textcircled{1} \delta S = 0$$
$$=$$

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1} \sim S_n$

are multiplied by EoM
for lower order stuff

To see that
Need Taylor expand

$$\textcircled{1} \delta S = 0$$

$$= \int dx$$

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1}$ ~ S_n
are multiplied by EoM
for lower order stuff

To see that
Need Taylor expand

$$\textcircled{1} \delta S = 0 = \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i(x)} \Delta \phi_i(x) + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i(x)} \frac{\delta \phi_i(x)}{\delta \phi_j(x)} \right]$$

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1}$ ~ S_n
are multiplied by EOM
for lower order stuff

To see that

Need Taylor expand

① $\delta S = 0$

$$0 = \int dx \left[\frac{\delta \mathcal{L}}{\delta \psi} \Delta \psi + \frac{\delta \mathcal{L}}{\delta \psi'} \frac{\delta \Delta \psi}{\delta x} \right]$$

② Taylor expand
 S itself

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n$
 $S^1 N^{n-1}$ ~ S_n
are multiplied by EOM
for lower order stuff

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int dx \left[\frac{\delta \mathcal{L}}{\delta \phi(x)} \Delta \phi(x) + \frac{\delta \mathcal{L}}{\delta \partial \mu} \frac{\delta \mu}{\delta \phi(x)} \right]$$

② Taylor expand
 S itself

$$\text{So, } \frac{\partial \mathcal{L}}{\partial (\partial_i N)} = \frac{\partial \mathcal{L}}{\partial (\partial_i N)} \Big|_{\Delta N = 0}$$

$$\text{So, } \frac{\partial \mathcal{L}}{\partial (\partial_i N)} = \frac{\partial \mathcal{L}}{\partial (\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N)$$

$$\text{So, } \frac{\partial \mathcal{L}}{\partial (\partial_i N)} = \frac{\partial \mathcal{L}}{\partial (\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N) \frac{\partial^2 \mathcal{L}}{\partial (\partial_i N) \partial (\partial_i N)} \Big|_{\Delta N=0}$$

$$+$$



$$\begin{aligned}
 \text{So, } \frac{\partial \mathcal{L}}{\partial (\partial_i N)} &= \left. \frac{\partial \mathcal{L}}{\partial (\partial_i N)} \right|_{\Delta N=0} + (\partial_i \Delta N) \left. \frac{\partial^2 \mathcal{L}}{\partial (\partial_i N) \partial (\partial_i N)} \right|_{\Delta N=0} \\
 &+ \Delta N \left. \frac{\partial \mathcal{L}}{\partial N \partial (\partial_i N)} \right|_{\Delta N=0} + \dots + \frac{1}{2} [\dots]
 \end{aligned}$$

$$\text{So, } \frac{\partial \mathcal{L}}{\partial (\partial_i N)} = \left. \frac{\partial \mathcal{L}}{\partial (\partial_i N)} \right|_{\Delta N=0} + (\partial_i \Delta N) \left. \frac{\partial^2 \mathcal{L}}{\partial (\partial_i N) \partial (\partial_i N)} \right|_{\Delta N=0} \\ + \Delta N \left. \frac{\partial^2 \mathcal{L}}{\partial N \partial (\partial_i N)} \right|_{\Delta N=0} + \frac{1}{2} [\text{curvature}]$$

Reorganize

$$\begin{aligned}
 \text{So, } \frac{\partial \mathcal{L}}{\partial (\partial_i N)} &= \left. \frac{\partial \mathcal{L}}{\partial (\partial_i N)} \right|_{\Delta N=0} + (\partial_i \Delta N) \left. \frac{\partial^2 \mathcal{L}}{\partial (\partial_i N) \partial (\partial_i N)} \right|_{\Delta N=0} \\
 &+ \Delta N \left. \frac{\partial^2 \mathcal{L}}{\partial N \partial (\partial_i N)} \right|_{\Delta N=0} + \dots + \frac{1}{2} [\dots]
 \end{aligned}$$

Rearrange in powers of δ

$$\delta \mathcal{L} / \delta$$

Plug back in, get S_2

↳ to get S_n ,
only need
 N^{n-2}

Why? Terms like $S^0 N^n \sim S_n$
 $S^1 N^{n-1}$
are multiplied by EoM
for lower order stuff

To see that

Need Taylor expand

① $\delta S = 0$

$$0 = \int dx \left[\frac{\delta \mathcal{L}}{\delta \phi_i(x)} \Delta \phi_i(x) + \frac{\delta \mathcal{L}}{\delta N} \Delta N \right]$$

② Taylor expand
 S itself

$$\text{So, } \frac{\partial \mathcal{L}}{\partial(\partial_i N)} = \frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N) \frac{\partial^2 \mathcal{L}}{\partial(\partial_i N) \partial(\partial_i N)} \Big|_{\Delta N=0}$$

$$+ \Delta N \frac{\partial \mathcal{L}}{\partial N \partial(\partial_i N)} \Big|_{\Delta N=0} + \dots + \frac{1}{2} [\dots]$$

Rearrange in powers of δ

$$\delta S \Big|_{\delta^0} = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\substack{\Delta N=0 \\ \delta^0}} \right]$$

$$\text{So, } \frac{\partial \mathcal{L}}{\partial(\partial_i N)} = \frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N) \frac{\partial^2 \mathcal{L}}{\partial(\partial_i N) \partial(\partial_i N)} \Big|_{\Delta N=0}$$

$$+ \Delta N \frac{\partial \mathcal{L}}{\partial N \partial(\partial_i N)} \Big|_{\Delta N=0} + \dots \left[\text{vanishes} \right]$$

Rearrange in powers of δ

$$\delta S \Big|_{\xi^0} = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\substack{\Delta N=0 \\ \xi^0}} (\partial_i N) \right]$$

$$\text{So, } \frac{\partial \mathcal{L}}{\partial(\partial_i N)} = \frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N) \frac{\partial^2 \mathcal{L}}{\partial(\partial_i N) \partial(\partial_i N)} \Big|_{\Delta N=0} \\ + \Delta N \frac{\partial \mathcal{L}}{\partial N \partial(\partial_i N)} \Big|_{\Delta N=0} + \frac{1}{2} [\text{curvature}] + \dots$$

Reorganize in powers of δ

$$\delta S \Big|_{\xi^0} = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\substack{\Delta N=0 \\ \xi^0}} (\partial_i N) + \frac{\partial \mathcal{L}}{\partial N} \Big|_{\substack{\Delta N=0 \\ \xi^0}} \Delta N \right]$$

integrate by parts, pull out ΔN ,

$$\text{So, } \frac{\partial \mathcal{L}}{\partial(\partial_i N)} = \frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N) \frac{\partial^2 \mathcal{L}}{\partial(\partial_i N) \partial(\partial_i N)} \Big|_{\Delta N=0} \\ + \Delta N \frac{\partial \mathcal{L}}{\partial N \partial(\partial_i N)} \Big|_{\Delta N=0} + \frac{1}{2} [\dots]$$

Rearrange in powers of δ

$$\delta S \Big|_{\xi^0} = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\substack{\Delta N=0 \\ \xi^0}} (\partial_i N) + \frac{\partial \mathcal{L}}{\partial N} \Big|_{\substack{\Delta N=0 \\ \xi^0}} \Delta N \right]$$

integrate by parts, pull out ΔN ,

recover background EoM ✓

Key results

$$* \sqrt{-g} = N \sqrt{h}$$

$$* R^{(4)} = R^{(3)} + \frac{1}{N^2} [E_i E^i - E^2]$$

$$E_{ij} = \frac{1}{2} (\dot{h}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

* choose comoving gauge: $\delta\phi = 0 \rightarrow \partial_i N_j - \Gamma_{ij}^k N_k$

$$h_{ij} = e^{2\sigma} [(1+2S)S_{ij} + \gamma_{ij}]$$

$$\dot{\rho} = H$$

Nk_{ij} ← extrinsic curvature

$$\textcircled{1} \frac{1}{2} R^{(3)} - \frac{1}{2N^2} (\partial_0 \phi)^2 - \frac{1}{2N} (E_i E^i - E^2) - \dots$$

$$\textcircled{2} \nabla_i [N^{-1} (E_i^j - \delta_i^j E)]$$

$$N = 1 + \Delta N = 1 + N^k \partial_k \phi$$

Solution:

$$N_1 = \frac{\dot{\phi}}{H}$$

$$\psi = -e^{-2\sigma} \frac{\dot{\phi}}{H}$$

$$\delta^2 \chi = \dots$$

$$\text{So, } \frac{\partial \mathcal{L}}{\partial(\partial_i N)} = \frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\Delta N=0} + (\partial_i \Delta N) \frac{\partial^2 \mathcal{L}}{\partial(\partial_i N) \partial(\partial_i N)} \Big|_{\Delta N=0} \\ + \Delta N \frac{\partial \mathcal{L}}{\partial N \partial(\partial_i N)} \Big|_{\Delta N=0} + \frac{1}{2} [\dots]$$

Rearrange in powers of δ

$$\delta S \Big|_{\delta^0} = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial(\partial_i N)} \Big|_{\substack{\Delta N=0 \\ \delta^0}} (\partial_i N) + \frac{\partial \mathcal{L}}{\partial N} \Big|_{\substack{\Delta N=0 \\ \delta^0}} \Delta N \right]$$

integrate by parts, pull out ΔN ,

recover background EOM ✓

also need

$$\delta S|_{S'} = \int d^4x \left\{ \left[\frac{\partial \mathcal{L}}{\partial \phi_i} \right]_{N=0} \right\} \delta \phi_i$$

To see that

Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial \phi_i} \Delta \phi_i + \frac{\partial \mathcal{L}}{\partial N} \Delta N \right]$$

② Taylor expand S itself

also need

$$\delta S|_{S_1} = \int d^4x \left\{ \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \right]_{\substack{N=0 \\ S_1}} + \left(\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \frac{\partial^2 \phi}{\partial \phi_j(N) \partial \phi_k(N)} \right)_{\substack{N=0 \\ S_1}} \right\} \Delta \phi_i(N)$$

+ two more

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \Delta \phi_i(N) + \frac{\partial \mathcal{L}}{\partial N} \Delta N \right]$$

② Taylor expand
S itself

also need

$$\delta S|_{S^1} = \int d^4x \left\{ \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \right]_{N=0} \right. \\ \left. + \frac{\partial \mathcal{L}}{\partial \phi_i(N)} \frac{d^2 z}{d^2(N)} \right]_{N=0} \Delta \phi_i(N)$$

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \Delta \phi_i(N) + \frac{\partial \mathcal{L}}{\partial N} \Delta N \right]$$

② Taylor expand
S itself

need *crossings are higher order

also need

$$\delta S|_{\xi^i} = \int d^4x \left\{ \left[\frac{\partial \mathcal{L}}{\partial \phi_i} \right]_{\phi_i=0} \right. \\ \left. + \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi_i)} \frac{\partial^2 \phi_i}{\partial x^\mu \partial x^\nu} \right\} \Delta \phi_i$$

To see that
Need Taylor expand

$$\textcircled{1} \delta S = 0 \\ 0 = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial \phi_i} \Delta \phi_i + \frac{\partial \mathcal{L}}{\partial \partial_\mu \phi_i} \frac{\partial \Delta \phi_i}{\partial x^\mu} \right]$$

expand
itself

+ two more

need * cross terms are higher order

$$\frac{\partial^2 \mathcal{L}}{\partial \phi_i \partial \phi_j} \phi_i \phi_j \dots$$

also need

$$\delta S|_{S_1} = \int d^4x \left\{ \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \right]_{N=0}^{S_1} + \left(\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \frac{\partial^2 \mathcal{L}}{\partial \phi_j(N) \partial \phi_k(N)} \right)_{N=0}^{S_0} \right\} \Delta \phi_i(N)$$

+ two more

need * cross terms are higher order

$$\frac{\partial^2 \mathcal{L}}{\partial \phi_i(N) \partial \phi_j(N)} \propto \mathcal{O}(\epsilon^2) \dots$$

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \Delta \phi_i(N) + \frac{\partial^2 \mathcal{L}}{\partial \phi_i(N) \partial \phi_j(N)} \dots \right]$$

② Taylor expand
S itself

↳ use $\delta S_{S_0}, \delta S_{S_1}$
in here ✓

also need

$$\delta S|_{S_1} = \int d^4x \left\{ \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \right]_{\substack{N=0 \\ S_1}} + \left(\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \frac{\partial^2 \mathcal{L}}{\partial \phi_j(N) \partial \phi_k(N)} \right)_{\substack{N=0 \\ S_1}} \right\} \Delta \phi_i(N)$$

+ two more

need * cross terms are higher order

$$\frac{\partial^2 \mathcal{L}}{\partial \phi_i(N) \partial \phi_j(N)} \approx \mathcal{O}(\epsilon^2) \dots$$

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\partial \mathcal{L}}{\partial \phi_i(N)} \Delta \phi_i(N) + \frac{\partial^2 \mathcal{L}}{\partial \phi_i(N) \partial \phi_j(N)} \dots \right]$$

② Taylor expand
S itself

↳ use $\delta S_{S_0}, \delta S_{S_1}$
in here ✓

So yes, go ahead...

So yes, go ahead...
Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_{\text{pl}}^2}{2} \int d^4x \sqrt{-g}$$

So yes, go ahead...

Plug in soln, collect 2nd

order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} (\quad) [-\gamma]$$

(Note: An arrow points from the text above to the term a^3 in the equation.)

So yes, go ahead...
Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_{\text{pl}}^2}{2} \int d^4x \sqrt{-g} (2e) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \psi \partial_\nu \psi \right]$$

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} \quad \leftarrow a^3 \quad (2\epsilon) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \psi \partial_\nu \psi \right]$$

$$\dot{\phi}_0^2 = 2 M_p^2 H^2 \epsilon$$

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} \quad \leftarrow a^3 \quad (2e) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$2 M_p^2 H^2$

↳ Notice

① free, massless scalar, (almost)

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} \quad (2\epsilon) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$\swarrow a^3$

$$\dot{\phi}_0^2 = 2 M_p^2 H^2 \epsilon$$

↳ Notice

① free, massless scalar, (almost)

② $\epsilon \rightarrow 0 \Rightarrow S_2 \rightarrow 0$

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} \quad \leftarrow a^3 \quad (2\epsilon) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$$\dot{\phi}_0^2 = 2 M_p^2 H^2 \epsilon$$

↳ Notice

① free, massless scalar, (almost)

② $\epsilon \rightarrow 0 \Rightarrow S_2 \rightarrow 0$

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} \quad \leftarrow a^3 \quad (2e) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$$\dot{\phi}_0^2 = 2 M_p^2 H^2 \epsilon$$

↳ Notice

① free, massless scalar, (almost)

② $\epsilon \rightarrow 0 \Rightarrow S_2 \rightarrow 0$

($\epsilon=0$, this is a gauge mode)

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_{\text{pl}}^2}{2} \int d^4x \sqrt{-g} \quad \leftarrow a^2 \quad (2e) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

↳ Notice

① free, massless scalar, (almost)

② $e \rightarrow 0 \Rightarrow S_2 \rightarrow 0$

($e=0$, this is a gauge mode)
another version of $\tilde{H} \neq 0$

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{g} \quad \leftarrow a^3 \quad (2e) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$$\dot{\phi}_0^2 = 2 M_p^2 H^2 \epsilon$$

↳ Notice

① free, massless scalar, (almost)

② $\epsilon \rightarrow 0 \Rightarrow S_2 \rightarrow 0$

($\epsilon=0$, this is a gauge mode)
another version of $H \neq 0$

So yes, go ahead...

Plug in soln, collect 2nd
order terms... (integrate by parts)

$$S_2 = \frac{M_p^2}{2} \int d^4x \sqrt{-g} \quad \leftarrow a^3 \quad (2\epsilon) \left[-\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi \right]$$

$$\dot{\phi}_0^2 = 2 M_p^2 H^2 \epsilon$$

↳ Notice

① free, massless scalar, (almost)

② $\epsilon \rightarrow 0 \Rightarrow S_2 \rightarrow 0$

($\epsilon=0$, this is a gauge mode)
another version of $\hat{H} \neq 0$

If $\epsilon \approx \text{constant}$

$$\hat{S}_k = \sqrt{2\epsilon} M_p$$

know

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i(x)} \Delta \phi_i(x) + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i(x)} \Delta \partial_\mu \phi_i(x) \right]$$

② Taylor expand
S itself

→ use $\delta S_{S_0}, \delta S_{S_1}$
in here ✓

If $\epsilon \approx$ constant

$$\hat{S}_k = \sqrt{2\epsilon} M_p$$

know $\langle \hat{S}_k \hat{S}_{k'} \rangle = (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{H^2}{2k^3}$

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i} \Delta \phi_i + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i} \Delta \partial_\mu \phi_i \right]$$

② Taylor expand S itself

\hookrightarrow use $\delta S_{S_0}, \delta S_{S_1}$
in here \checkmark

If $\epsilon \approx \text{constant}$

$$\hat{S}_k = \sqrt{2\epsilon} M_p$$

know $\langle \hat{S}_k \hat{S}_{k'} \rangle = (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{H^2}{2k^3}$
($k \ll aH$)

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i} \Delta \phi_i + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i} \Delta \partial_\mu \phi_i \right]$$

② Taylor expand
S it

use
in hor

If $\epsilon \approx$ constant

$$\hat{S}_k = \sqrt{2\epsilon} M_p$$

know $\langle \hat{S}_k \hat{S}_{k'} \rangle = (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{H^2}{2k^3} P_k(\vec{k})$
($k \approx aH$)

changing variables

$$P_k(\vec{k}) \rightarrow P_k(s) =$$

To see that
Need Taylor expand

① $\delta S = 0$

$$0 = \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i} \Delta \phi_i + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i} \Delta \partial_\mu \phi_i \right]$$

② Taylor expand
S itself

→ use $\delta S_{\phi_0}, \delta S_{\phi_1}$
in here ✓

If $\epsilon \approx$ constant

$$\hat{S}_k = \sqrt{2\epsilon} M_p$$

know $\langle \hat{S}_k \hat{S}_{k'} \rangle = (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{H^2}{2k^3} P_k(\vec{k})$
($k \approx aH$)

changing variables

$$P_k(\vec{k}) \rightarrow P_k(-s) = \frac{H^2}{2k^3}$$

see that
ed Taylor expand

$$\delta S = 0 = \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i} \Delta \phi_i + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i} \Delta \partial_\mu \phi_i \right]$$

Taylor expand
S itself

use $\delta S_{S_0}, \delta S_{S_1}$
in here ✓

If $\epsilon \approx$ constant

$$\hat{S}_k = \sqrt{2\epsilon} M_p$$

know $\langle \hat{S}_k \hat{S}_{k'} \rangle = (2\pi)^3 \delta(\vec{k} + \vec{k}') \underbrace{\frac{H^2}{2k^3}}_{P_k(\vec{k})}$
($k \approx aH$)

changing variables

$$P_k(\vec{k}) \rightarrow P_k(s) = \frac{H^2}{2k^3} \frac{1}{2\epsilon M_p^2}$$

see that

ed Taylor expand

$$\delta S = 0$$

$$= \int d^4x \left[\frac{\delta \mathcal{L}}{\delta \phi_i} \Delta \phi_i + \frac{\delta \mathcal{L}}{\delta \partial_\mu \phi_i} \Delta \partial_\mu \phi_i \right]$$

Taylor expand
S itself

use $\delta S_{\phi_0}, \delta S_{\phi_1}$
in here ✓

If $\epsilon \approx \text{constant}$

$$\hat{\xi}_k = \sqrt{2\epsilon} M_p$$

know $\langle \hat{\xi}_k \hat{\xi}_{k'} \rangle = (2\pi)^3 \delta(\vec{k} + \vec{k}') \underbrace{\frac{H^2}{2k^3}}_{\mathcal{P}_k(\vec{k})}$
($k \approx aH$)

$$\mathcal{P}_\xi(k) = \frac{H^2}{8\pi^2 M_p^2 \epsilon}$$

$k \approx aH$

changing variables

$$\mathcal{P}_{\xi_k}(\vec{s}) \rightarrow \mathcal{P}_{\xi_k}(\vec{s}) = \frac{H^2}{2k^3} \frac{1}{2\epsilon M_p^2}$$