

Title: Quantum Field Theory for Cosmology - Lecture 17

Date: Mar 16, 2010 04:00 PM

URL: <http://pirsa.org/10030011>

Abstract:

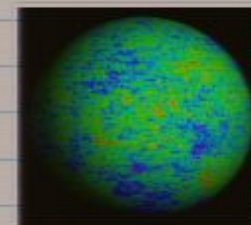
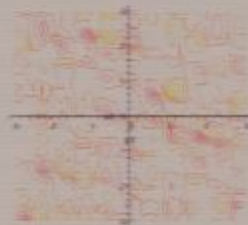


QFT for Cosmology, Achim Kempf, Winter 2010, Lecture 17

3/8/2006

From the particle picture to the wave picture

- Plan:
1. Summary: How spacetime expansion can create particles.
 2. Conclusion: Expansion-induced particle production probably not significant in cosmology.
 3. Study: how spacetime expansion amplifies quantum fluctuations of fields



Cosmic microwave background (CMB)

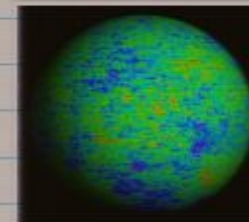
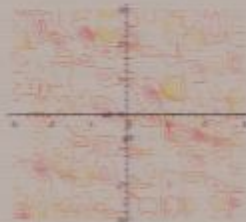


Q1 for Cosmology, Achim Kempf, Winter 2010, Lecture 17

3/8/2006

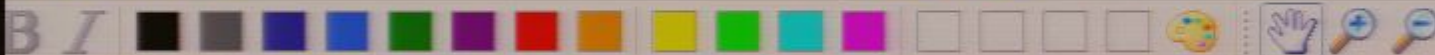
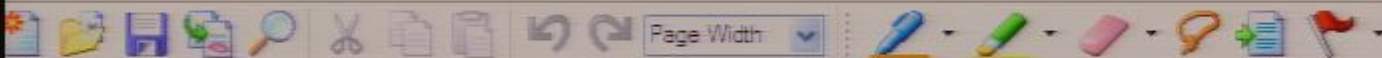
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4. Conclusion: this effect appears to explain the properties of the CMB and the origin of all structure in the universe.



QFT 1 for Cosmology, Achim Kempf, Winter 2010, Lecture 17

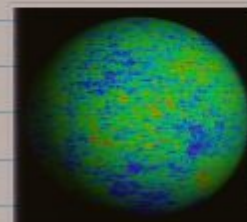
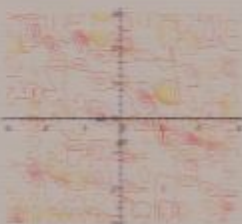
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From the particle picture to the wave picture

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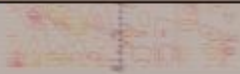
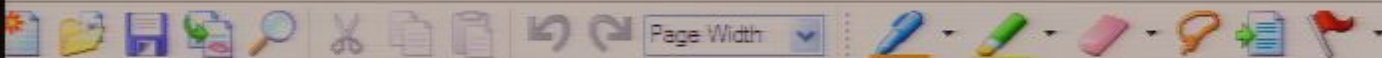
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Summary: How spacetime expansion can create particles.

▢ The quantum field $\hat{\chi}_k(\eta)$ has to obey HC, CCRs and KG eqn.



▢ The solution can be written in the form

$$\hat{\chi}_k(\eta) = \frac{1}{\sqrt{2}} (v_k^*(\eta) a_k + v_k(\eta) a_{-k}^+)$$

where v_k is any mode function, i.e., any complex-valued solution of:

$$1. \quad v_k''(\eta) + \underbrace{\omega_k^2(\eta)}_{= (k^2 + m^2 a(\eta)^2) - \frac{a''(\eta)}{a(\eta)}} v_k(\eta) = 0 \quad (\text{K.G. eqn})$$



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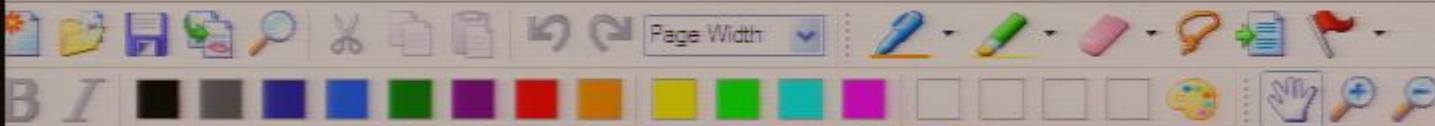
$$1. \quad v_\alpha''(\eta) + \underbrace{(k^2 + m^2 a(\eta)^2)}_{= k^2 + m^2 a(\eta)^2 - \frac{a''(\eta)}{a(\eta)}} v_\alpha(\eta) = 0 \quad (\text{K.G. eqn})$$

and

$$2. \quad v_\alpha^+(\eta) v_\alpha^+(\eta) - v_\alpha(\eta) v_\alpha^+(\eta) = 2i \quad (\text{Wronskian condition})$$

↑ which ensures CCRs

- With UV & IR cutoffs, Stone and v. Neumann's theorem guarantees uniqueness of the solution.



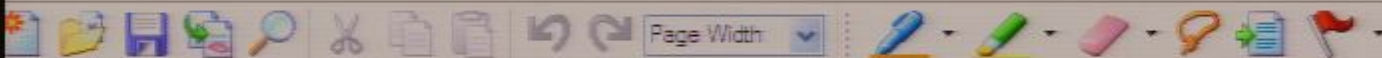
Thus: When using different choices of mode functions, $v_k(\eta)$, $\tilde{v}_k(\eta), \dots$ we always represent the same $\hat{\mathcal{X}}_k(\eta)$:

$$\begin{aligned}\hat{\mathcal{X}}_k(\eta) &= \frac{1}{\sqrt{2}} (v_k^*(\eta) a_k + v_k(\eta) a_{-k}^+) \\ &= \frac{1}{\sqrt{2}} (\tilde{v}_k^*(\eta) \tilde{a}_k + \tilde{v}_k(\eta) \tilde{a}_{-k}^+) \\ &= \dots\end{aligned}$$

Definition: We define the vectors $|0\rangle$ or $|\tilde{0}\rangle, \dots$ as those vectors which obey $a_k |0\rangle = 0$ or $\tilde{a}_k |\tilde{0}\rangle = 0$ respectively.

ON Bases: Corresponding Hilbert bases can be built on them:

$$|0\rangle, a_k^+ |0\rangle, \frac{1}{\sqrt{2!}} (a_k^+)^2 |0\rangle \text{ etc form ON basis}$$



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Change of bases:

* Since the solution space of the KG equation is 2-dimensional, any pair V_k, V_k^* spans it.

* Thus any other mode function is a linear combination:

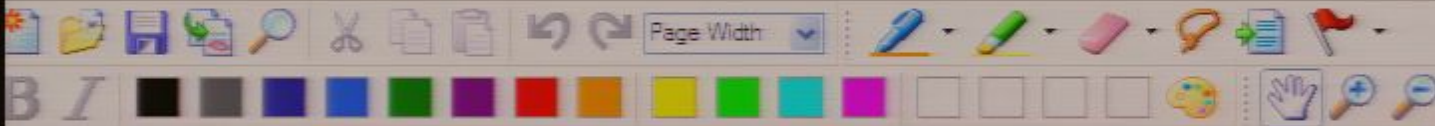
$$\tilde{V}_k(\gamma) = \alpha_k V_k(\gamma) + \beta_k V_k^*(\gamma)$$

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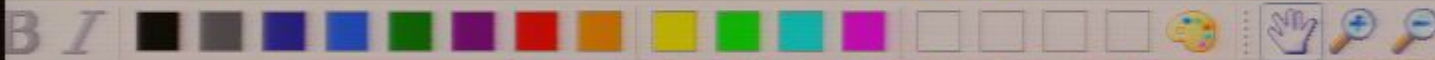
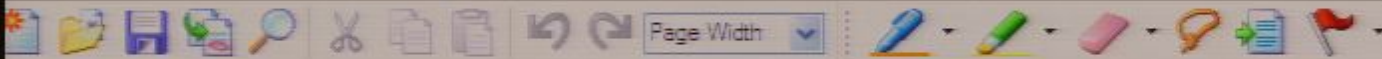
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$$v_k(\eta) v_k(\eta) - v_k(\eta) v_k(\eta) = \alpha_k$$

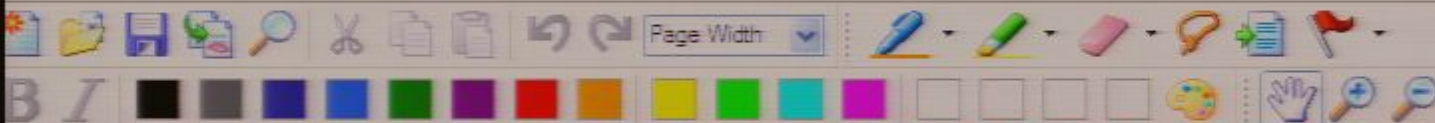
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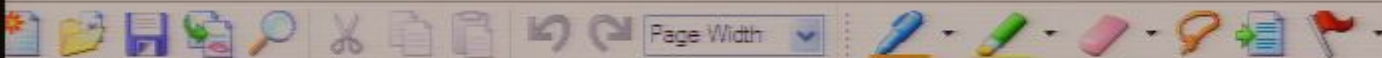
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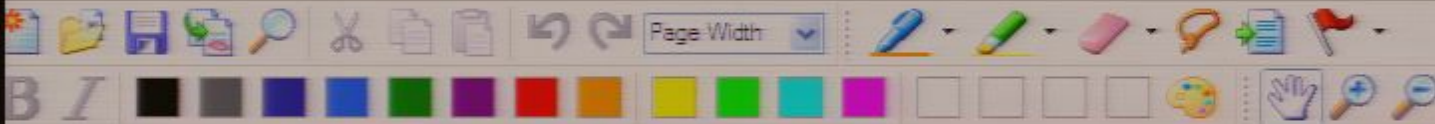
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$$\left(\dots - \frac{\beta_k}{\alpha_k} \tilde{a}_k^+ \tilde{a}_{-k}^+ \right) |0\rangle = 0$$



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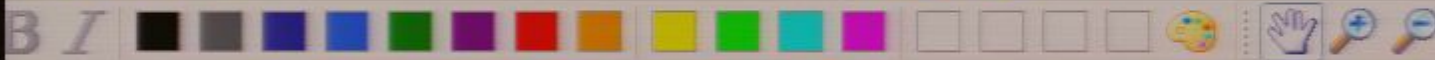
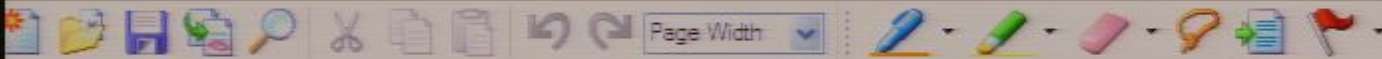
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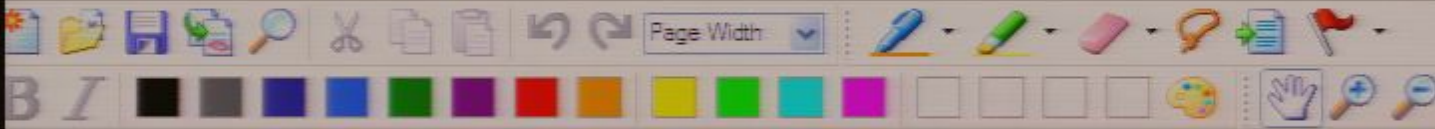
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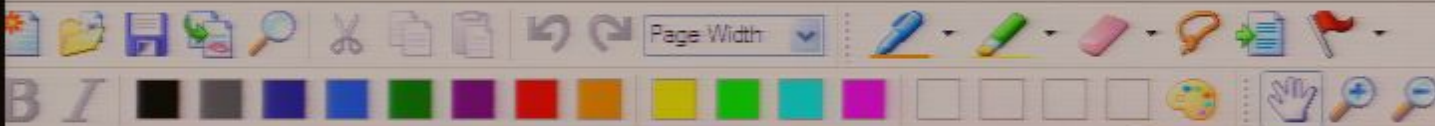
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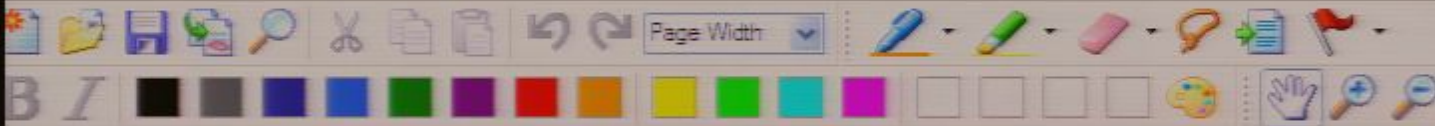
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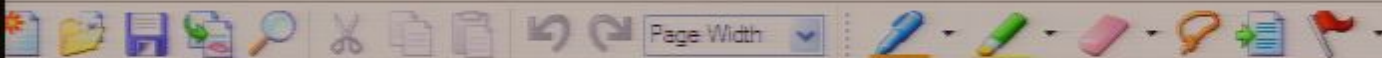
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* Thus, any un-tilde basis vector, e.g., $\frac{1}{\sqrt{n!}} a_k^+ |0\rangle$ can also be expressed in the tilde basis, namely using (A)⁺ & (B).

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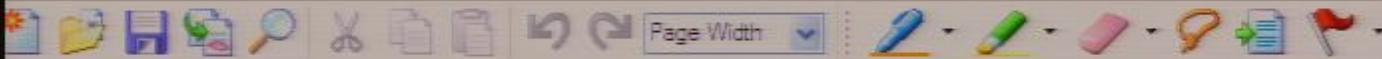
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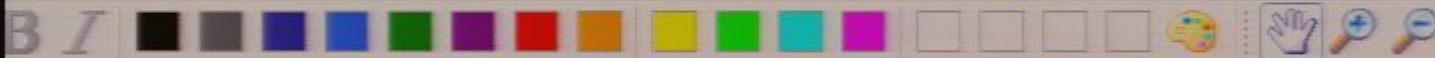
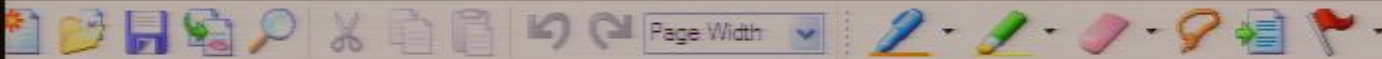
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□ The vacuum, i.e., no-particle state:

* In general, the vacuum state can be a different vector at different times, which means that particles can be created & destroyed.



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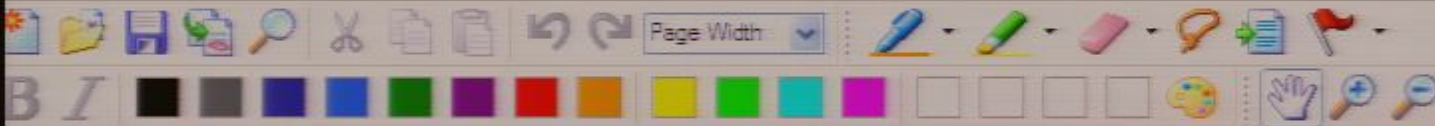
* In general, the vacuum state can be a different vector at different times, which means that particles can be created & destroyed.

* If, at a time η , there exists a no-particle state, $|\text{vacuum at } \eta\rangle$, is it the $|0\rangle$ arising with a suitable mode function v_k ? It depends:

* Yes, at least if the evolution is adiabatic around η . Then, it is the mode function v_k which is specified (up to a phase $e^{i\theta}$) by:

$$v_k(\eta) = (\omega_k(\eta))^{-1/2}, \quad v_k'(\eta) = \left(i\omega_k(\eta)^{3/2} - \frac{1}{2} \frac{\omega_k'(\eta)}{\omega_k(\eta)^{3/2}} \right) \quad (AV)$$

* Else, e.g., if evolution non-adiabatic or even $\omega_k^2(\eta) < 0$.



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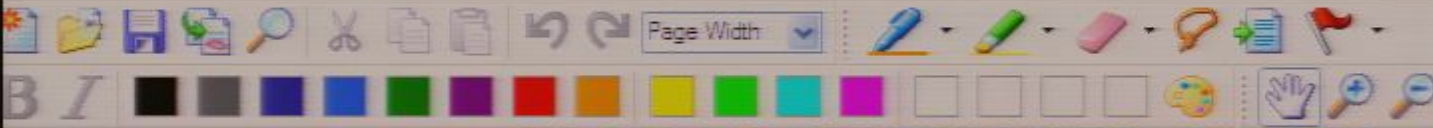
* In general, the vacuum state can be a different vector at different times, which means that particles can be created & destroyed.

* If, at a time η , there exists a no-particle state, $|\text{vacuum at } \eta\rangle$, is it the $|0\rangle$ arising with a suitable mode function v_k ? It depends:

* Yes, at least if the evolution is adiabatic around η . Then, it is the mode function v_k which is specified (up to a phase $e^{i\theta}$) by:

$$v_k(\eta) = (\omega_k(\eta))^{-1/2}, \quad v_k'(\eta) = \left(i\omega_k(\eta)^{3/2} - \frac{1}{2} \frac{\omega_k'(\eta)}{\omega_k(\eta)^{3/2}} \right) \quad (AV)$$

* Else, e.g., if evolution non-adiabatic or even $\omega_k^2(\eta) < 0$, then we don't know how to identify the vacuum state, and in the latter case it probably does not exist.



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- * Why identify the vacuum state using **AV**?

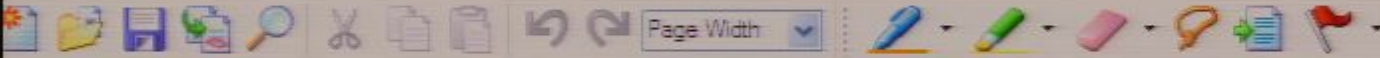
at least for the
mode k in question

Thus, we should predict
no particle production
in the interval $[\eta_1, \eta_2]$

- o Assume the evolution is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV

- o Then, Eqs. **AV** are obeyed by a single mode function v_k .



* Yes, at least if the evolution is adiabatic around γ . Then, it is the mode function v_k which is specified (up to a phase $e^{i\theta}$) by:

$$v_k(\gamma) = (\omega_k(\gamma))^{-1/2}, \quad v_k'(\gamma) = \left(i\omega_k(\gamma)^{3/2} - \frac{1}{2} \frac{\omega_k'(\gamma)}{\omega_k(\gamma)^{3/2}} \right) \quad (AV)$$

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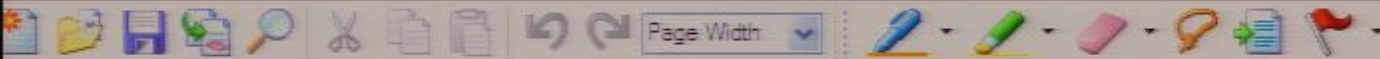
at least for the mode k in question

Thus, we should predict no particle production in the interval $[\gamma_1, \gamma_2]$

o Assume the evolution is adiabatic in an interval $[\gamma_1, \gamma_2]$.

and only equations AV

o Then, Eqs. AV are obeyed by a single mode function v_k for all times in the interval of adiabaticity, $[\gamma_1, \gamma_2]$.



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at least for the mode k in question

Thus, we should predict no particle production in the interval $[\eta_1, \eta_2]$

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o Then, Eqs. **AV** are obeyed by a single mode function v_k

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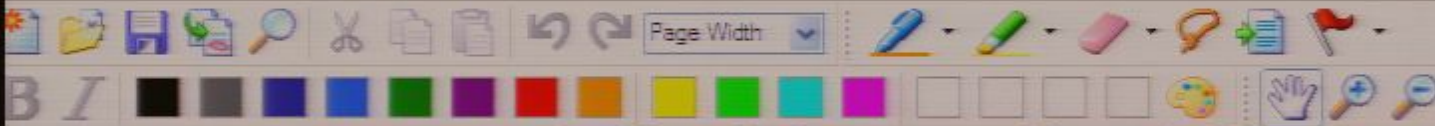
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* Why identify the vacuum state using AV?

at least for the mode k in question





in the latter case it probably does not exist.

* Why identify the vacuum state using AV ?

at least for the
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Thus, we should predict
no particle production
in the interval $[\eta_1, \eta_2]$

✓ assume the vacuum is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV

o Then, Eqs. AV are obeyed by a single mode function v_k
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$$v_k(\eta) = \omega_k(\eta)^{-1/2} e^{i \int_{\eta_1}^{\eta} \omega_k(\eta') d\eta'}$$

(Within the adiabatic approximation)

o Thus: Eqs. AV yield the same vector, the $|0\rangle$
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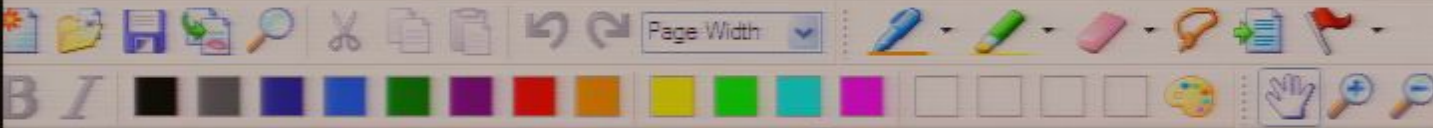
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o Thus: Eqs. AV yield the same vector, the $|0\rangle$
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\Rightarrow When adopting vacuum identification through AV one (correctly)

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- * Why identify the vacuum state using **AV**?

at least for the
mode k in question

Thus, we should predict
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in the interval $[\eta_1, \eta_2]$

- o Assume the evolution is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV

- o Then, Eqs. **AV** are obeyed by a single mode function v_k

(no all times in the interval but adiabatic)



* Why identify the vacuum state using AV ?

Thus, we should predict
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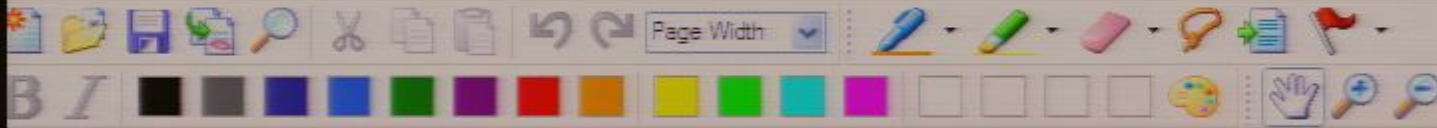
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at least for the mode k in question



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Thus, we should predict no particle production in the interval $[\eta_1, \eta_2]$

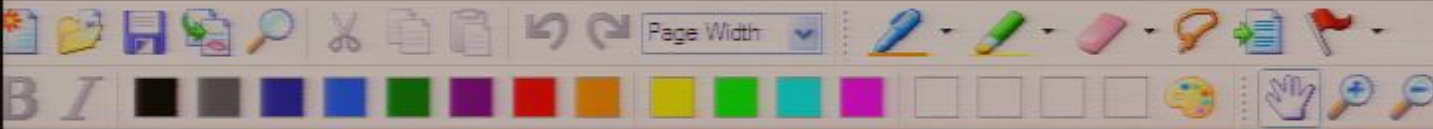
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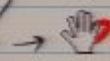
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Thus, we should predict no particle production in the interval $[\eta_1, \eta_2]$



Assume the evolution is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV

o Then, Eqs. AV are obeyed by a single mode function v_k

[or all times in the interval of adiabaticity, $[\eta_1, \eta_2]$



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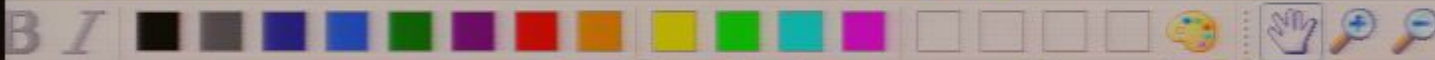
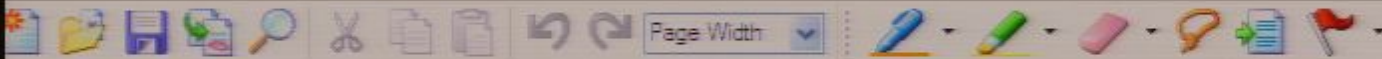
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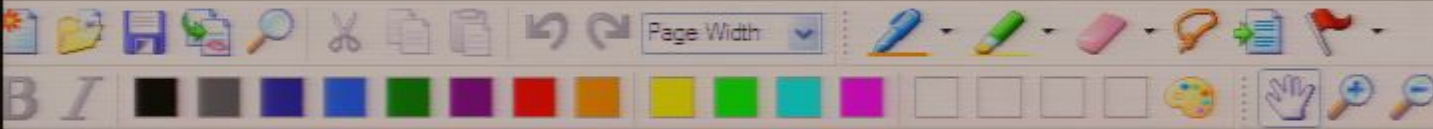
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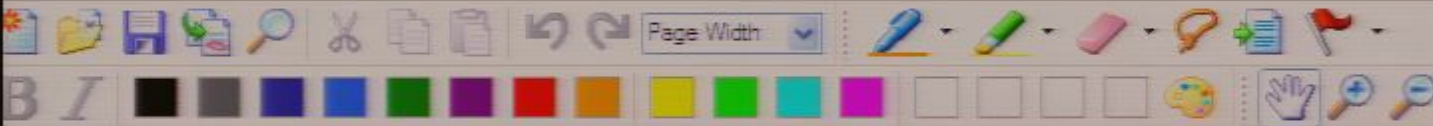
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👉 * Why identify the vacuum state using AV?

Thus, we should predict no particle production in the interval $[\eta_1, \eta_2]$

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at least for the mode k in question
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* Why identify the vacuum state using **AV**?

at least for the mode k in question

Thus, we should predict no particle production in the interval $[\eta_1, \eta_2]$

→ Assume the evolution is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV

→ Then, Eqs. **AV** are obeyed by a single mode function v_k

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(Within the adiabatic approximation)

o Thus: Eqs. AV yield the same vector, the $|0\rangle$ belonging to v_k , at all times $\eta \in [\eta_1, \eta_2]$.

\Rightarrow When adopting vacuum identification through AV one (correctly)



* Why identify the vacuum state using AV ?

at least for the
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Thus, we should predict
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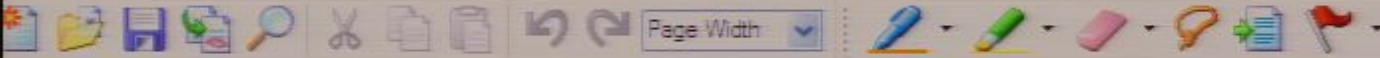
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Thus, we should predict
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and only equations AV

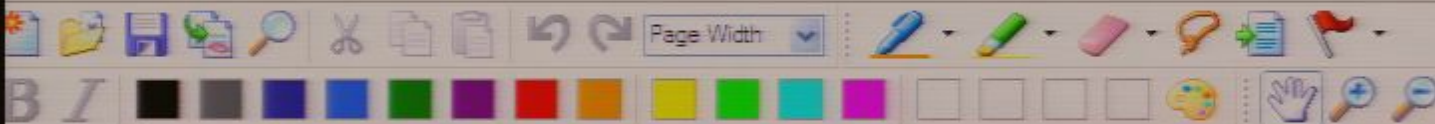
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Experimental evidence?



* Astronomical observations:



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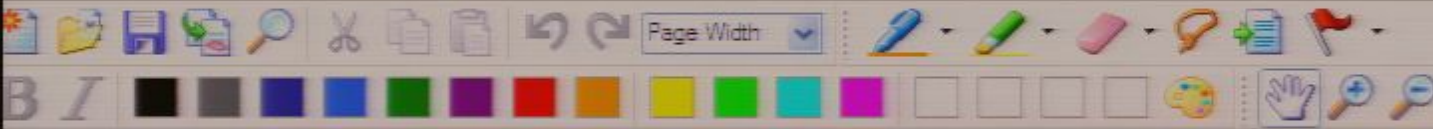
Experimental evidence?

* Astronomical observations:

- o The universe is currently evolving adiabatically,
- o There is currently no evidence for expansion-induced particle creation today (or in the past).

* Recall:

- o We tried the idea vacuum = lowest energy state



Experimental evidence?

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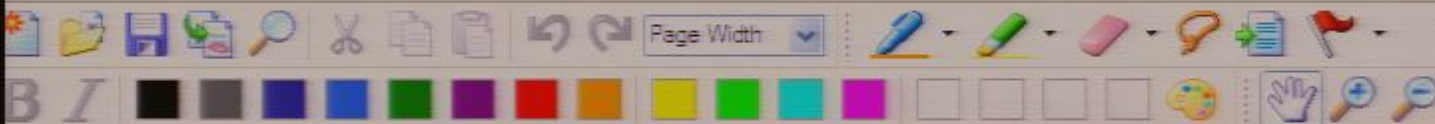
* Recall:

- o We tried the idea vacuum = lowest energy state
- o It predicted copious particle production even now.

Intuition?

- * Ground state of harm. osc. at η depends only on its momentary frequency $\omega_k(\eta)$.
- * But frequency of the adiabatic solution v_k at η depends also on $\omega'_k(\eta)$:

$$v_k'(\eta) = \omega_k(\eta) + i \frac{\omega_k'(\eta)}{\omega_k(\eta)} \leftarrow \text{slight frequency shift}$$



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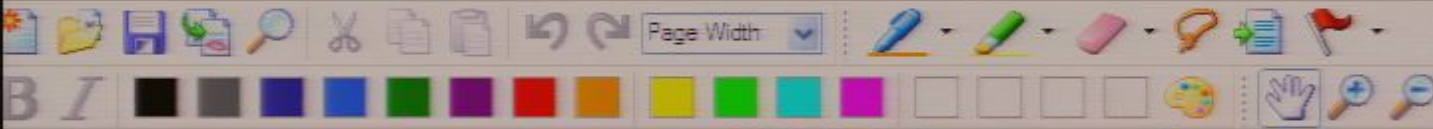
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$$-i \frac{v_k'}{v_k}(\eta) = \omega_k(\eta) + \frac{i}{2} \frac{\dot{\omega}_k(\eta)}{\omega_k^2(\eta)} \leftarrow \text{Slight frequency drift}$$



* Recall:

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Intuition?

* Ground state of harm. osc. at η depends only on its momentary frequency $\omega_k(\eta)$.

* But frequency of the adiabatic solution v_k at η depends also on $\omega'_k(\eta)$:

$$\left(\begin{array}{l} \text{Recall fixed oscillator:} \\ v_k = e^{i\omega_k \eta}, v'_k = e^{i\omega'_k \eta} \\ \Rightarrow -i \frac{v'_k}{v_k} = \omega \end{array} \right)$$

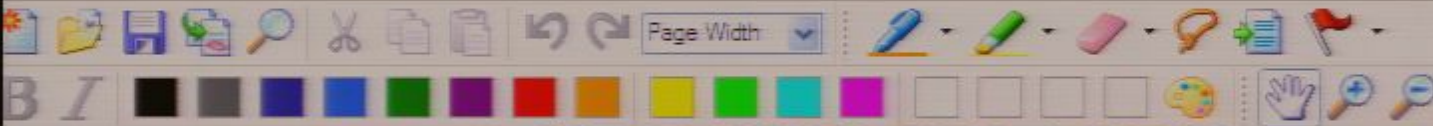
$$-i \frac{v'_k}{v_k}(\eta) = \omega_k(\eta) + \frac{i}{2} \frac{\omega'_k(\eta)}{\omega_k^2(\eta)} \quad \leftarrow \text{slight frequency shift}$$



From the particle picture to the wave picture

So far: \square Studied the effect of spacetime expansion on the

$$\hat{N}_k(\pm)$$



* Astronomical observations:

- The universe is currently evolving adiabatically,
- There is currently no evidence for expansion-induced particle creation today (or in the past).

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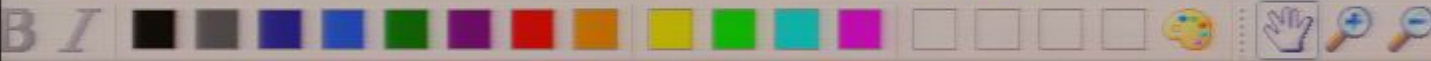
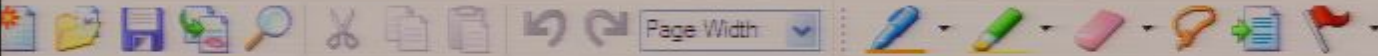
Intuition?

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Recall fixed oscillator:
 $v_k = e^{i\omega\eta}, v_k' = e^{i\omega\eta} i\omega$
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From the particle picture to the wave picture



* Else, e.g., if evolution non-adiabatic or even $\omega_k^2(\eta) < 0$, then we don't know how to identify the vacuum state, and in the latter case it probably does not exist.

* Why identify the vacuum state using **AV**?

Thus, we should predict
no particle production
in the interval $[\eta_1, \eta_2]$



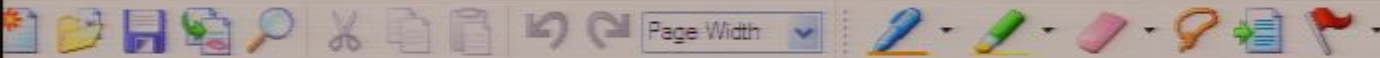
at least for the mode k in question
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○ Assume the evolution is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV
↓

○ Then, Eqs. **AV** are obeyed by a single mode function v_k for all times in the interval of adiabaticity, $[\eta_1, \eta_2]$, namely by:

$$v_k(\eta) = \omega_k(\eta)^{-1/2} e^{i \int_{\eta_1}^{\eta_2} \omega_k(\eta') d\eta'}$$

(Within the adiabatic approximation)



* If, at a time η , there exists a no-particle state, |vacuum at η /, is it the $|0\rangle$ arising with a suitable mode function v_k ? It depends:

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* Else, e.g., if evolution non-adiabatic or even $\omega_k^2(\eta) < 0$, then we don't know how to identify the vacuum state, and in the latter case it probably does not exist.

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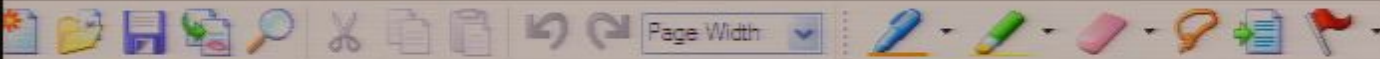
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Thus, we should predict }
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o Assume the evolution is adiabatic in an interval $[\eta_1, \eta_2]$.

and only equations AV



$$V_k(\eta) = (\omega_k(\eta))^{-1/2}, \quad V_k'(\eta) = \left(i\omega_k(\eta)^{1/2} - \frac{1}{2} \frac{\omega_k'(\eta)}{\omega_k(\eta)^{3/2}} \right) \quad (AV)$$

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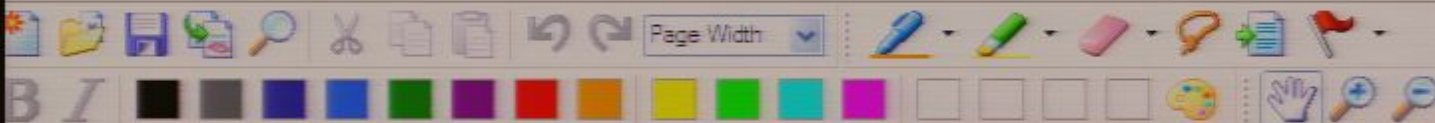
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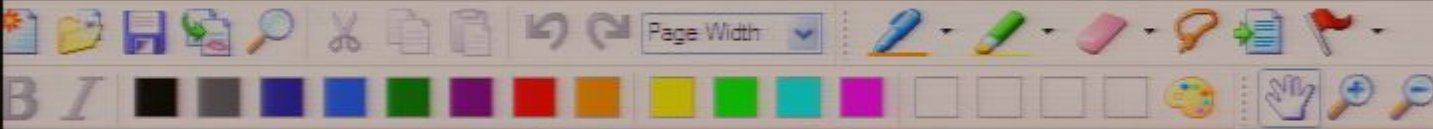
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$\omega_k(\eta)$

$e^{i\omega\eta}$

$$\omega_k(\eta)$$

$$V(\eta) = e^{i\omega\eta}$$

$$\frac{-iV'(\eta)}{V(\eta)} = \underline{\underline{\omega(\eta)}}$$



$u(\eta)$

$i\omega\eta$

$\omega(\eta)$

$$v(\eta) = e$$

$$\boxed{\frac{-i v'(\eta)}{v(\eta)} = \underline{\underline{f(\eta)}}$$



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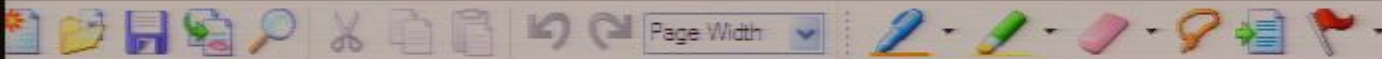
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o Thus: Eqs. AV yield the same vector, the $|0\rangle$
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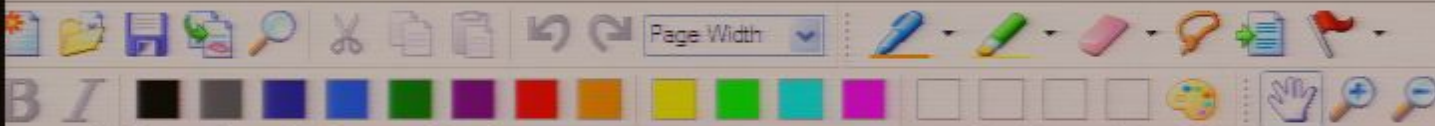
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Experimental evidence?

* Astronomical observations:

o The universe is currently evolving adiabatically



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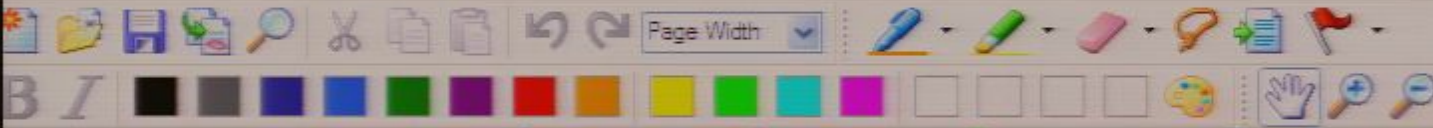
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From the particle picture to the wave picture



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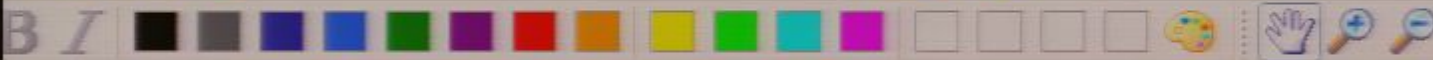
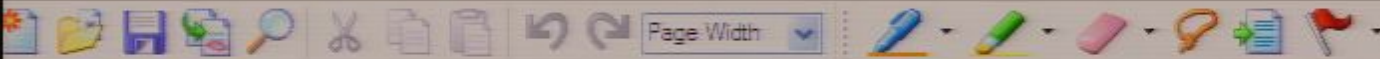
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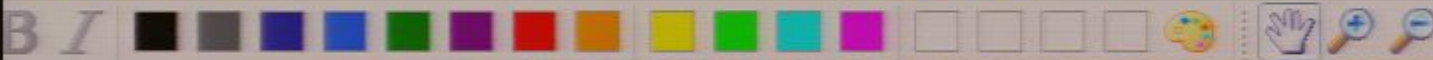
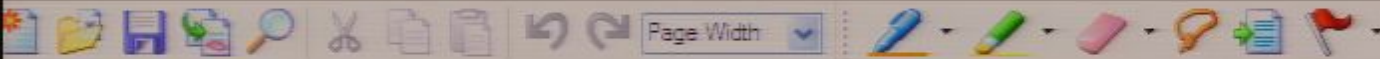


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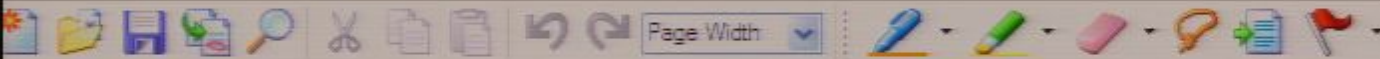
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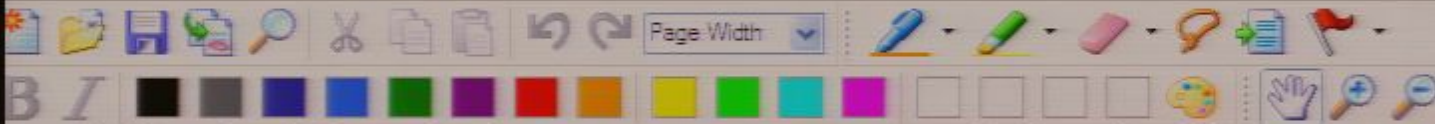
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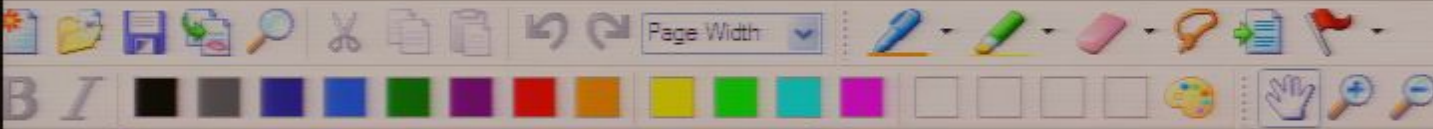
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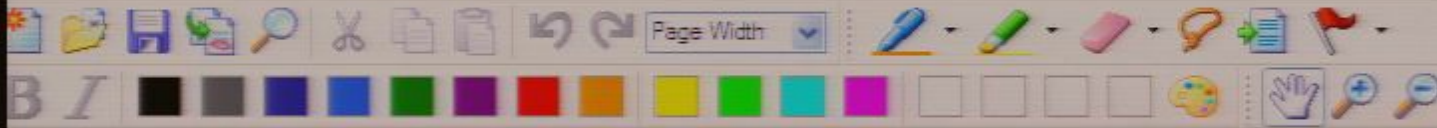
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from the particle picture to the wave picture



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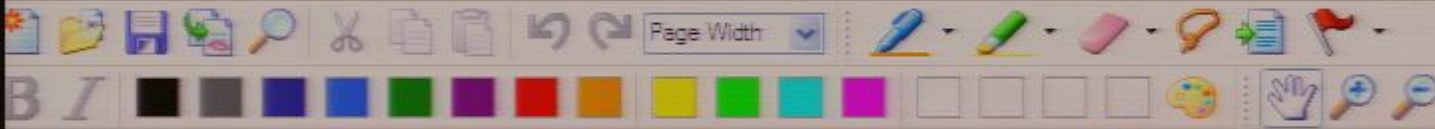
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From the particle picture to the wave picture

So far: \square Studied the effect of spacetime expansion on the

$$\hat{N}_k(t)$$



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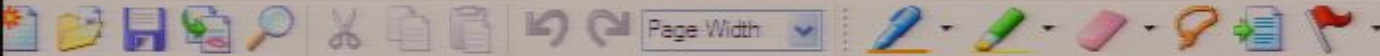
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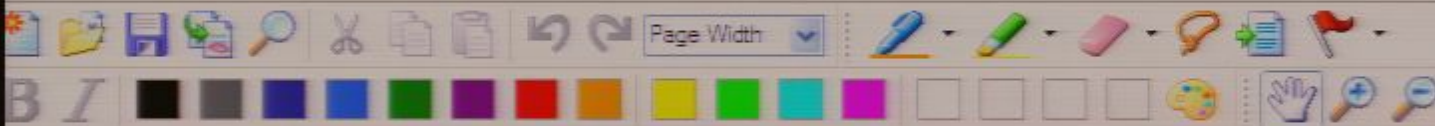
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Interpretation of a state $|0\rangle$ as the vacuum

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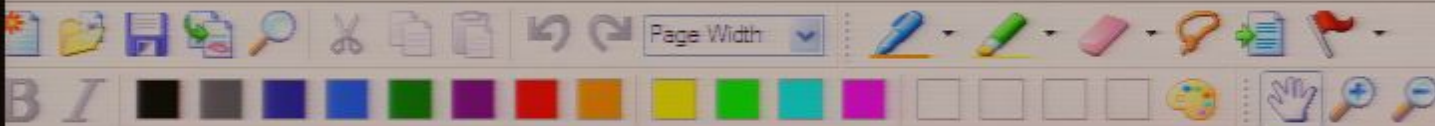
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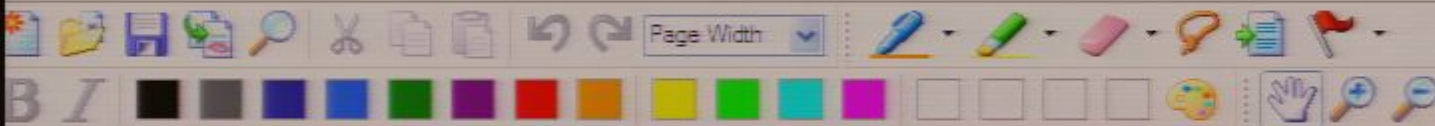
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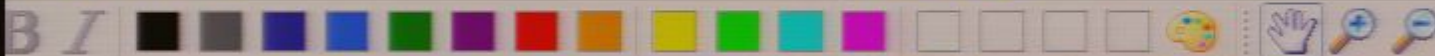
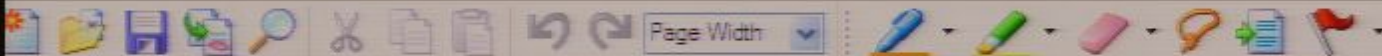
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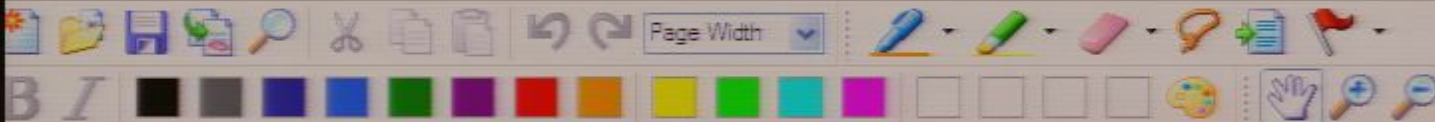
As we'll see, in cosmology:

interactions are such that, effectively, field observables $\hat{\phi}(x)$

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Why? There are few particles. But:

Amplified field fluctuations



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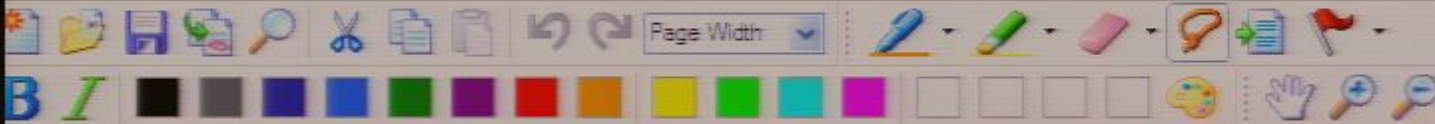
Amplified field fluctuations

→ Energy-momentum fluctuations

→ Curvature fluctuations

→ Affects dynamics of everything.

(e.g. CMB)
↓



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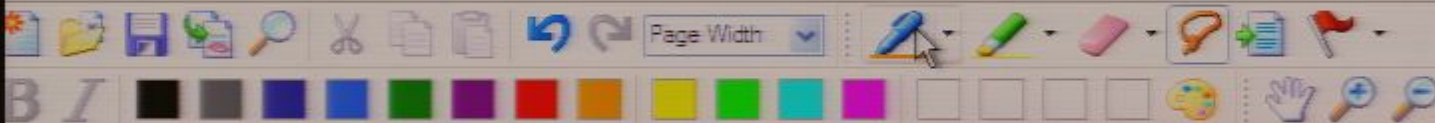
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→ Affects dynamics of everything.

(e.g. CMB)
↓



Wave picture:

As we'll see, in cosmology:

interactions are such that, effectively, field observables $\hat{\phi}(x)$

rather than particle observables such as \hat{N}_a are dominant.

Why? There are few particles. But:

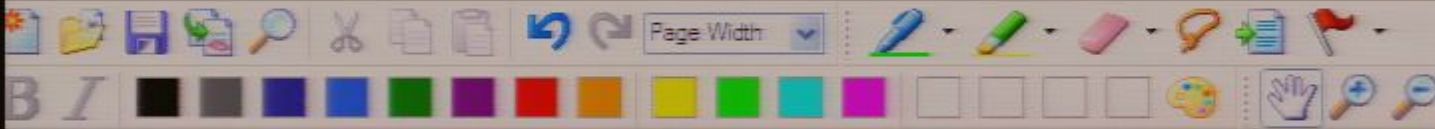
Amplified field fluctuations

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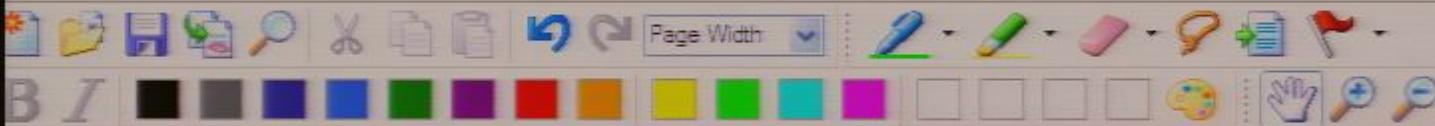


The effect of spacetime expansion on field's vacuum fluctuations

- Strategy:
- Consider the typical amplitude of quantum fluctuations as a function of their spatial size.
 - See how this relationship is affected by cosmic expansion.

- Definition:
- Consider a real-valued function $f: \mathbb{R}^3 \rightarrow \mathbb{R}$ and a time η_0 . (normalized)
 - Then, we define the state $|f\rangle$ as the joint eigenstate of all operators $\hat{\phi}(x, \eta_0)$ with eigenvalues $f(x)$:

$$\hat{\phi}(x, \eta_0) |f\rangle = f(x) |f\rangle$$



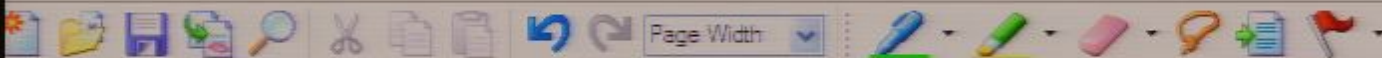
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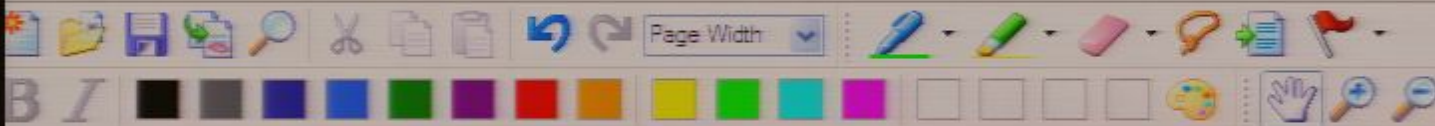
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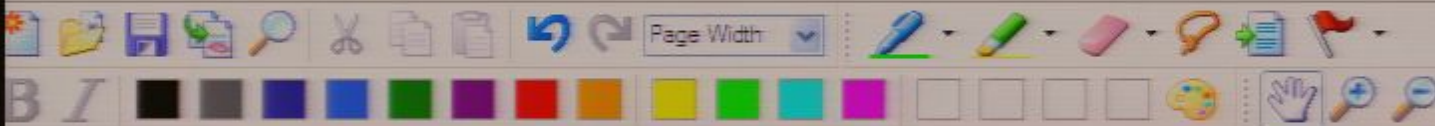
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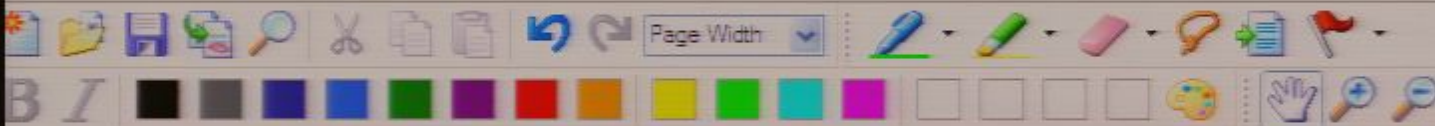
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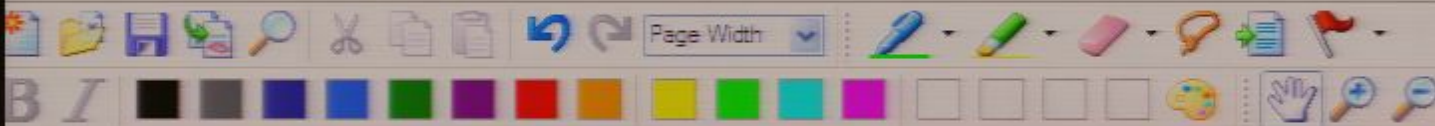
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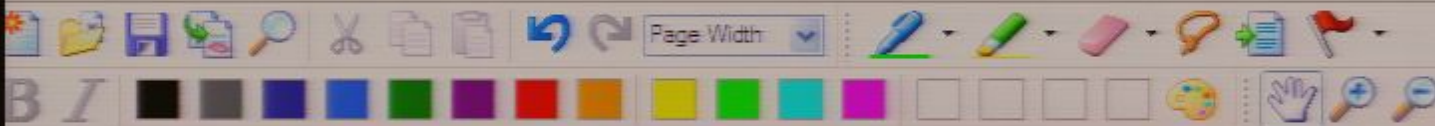
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Quantum fluctuations:

- There are no quantum fluctuations of the quantum field $\hat{\phi}$ if the system is in such a state $|f\rangle$:

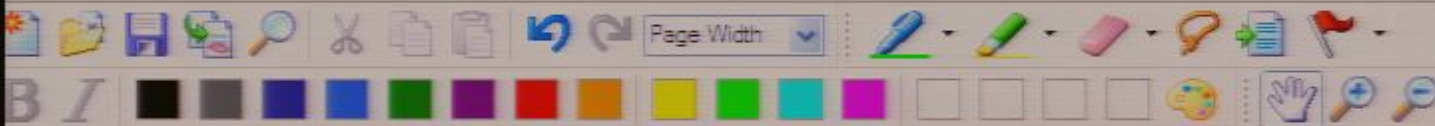
Expectation value:

$$\begin{aligned}\bar{\phi}(x, \eta_0) &= \langle f | \hat{\phi}(x, \eta_0) | f \rangle \\ &= f(x) \langle f | f \rangle \\ &= f(x)\end{aligned}$$

Variance:

$$\begin{aligned}\Delta\phi^2(x, \eta_0) &= \langle f | (\hat{\phi}(x, \eta_0) - \bar{\phi}(x, \eta_0))^2 | f \rangle \\ &= \langle f | (f(x) - f(x))^2 | f \rangle \\ &= 0 \quad \text{i.e. no fluctuations.}\end{aligned}$$

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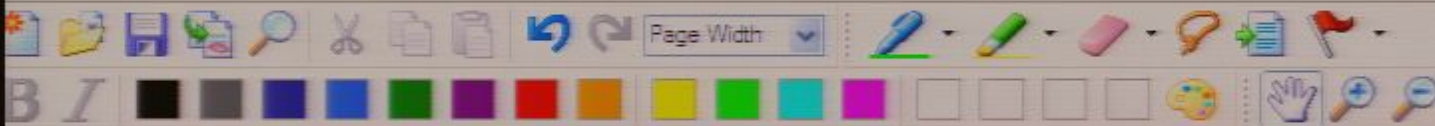
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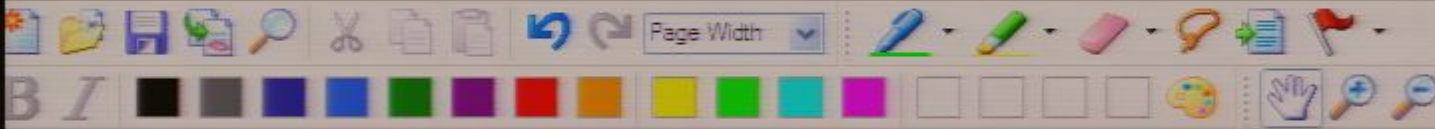
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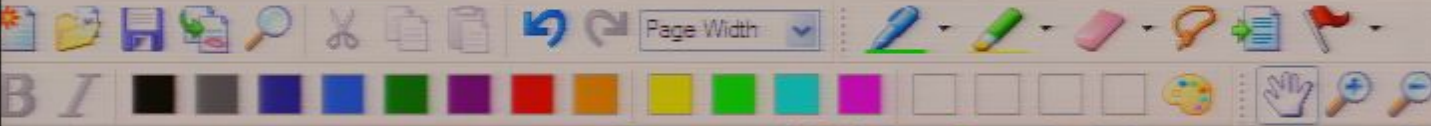
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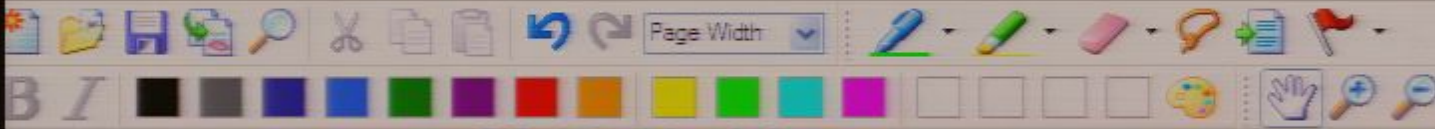
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The reason is that for these states:

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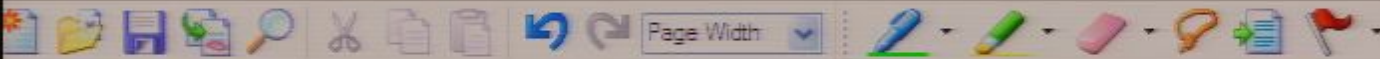
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□ The reason is that for these states:

$$\langle \psi | \hat{H}^{(0)}(\eta_0) | \psi \rangle = \infty$$

Exercise: Show this.

Hint: For these states, $\Delta\phi = 0$, and so $\Delta\pi^\dagger = \infty$

But $\hat{H}^{(0)}$ contains a term π^2 ...

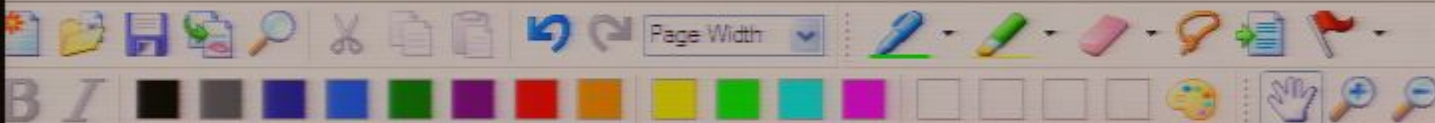
□ Crucial consequence:

Exercise:

What is the analogue
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* Even the state $|\psi\rangle$ with $f(x)=0$ for all x
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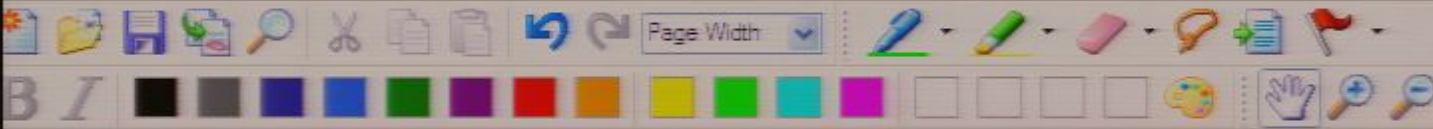
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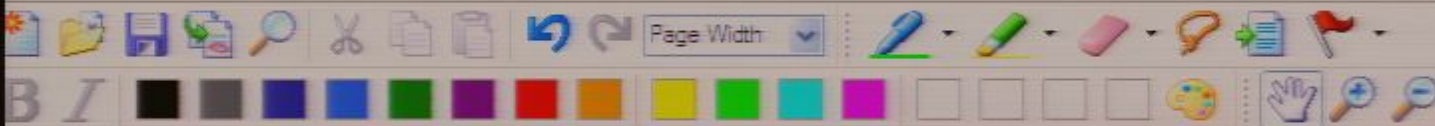
* Thus, all finite energy states do possess quantum fluctuations:

□ Assume the system is in some finite energy state $|\Psi\rangle$.

□ Assume at time t_0 we could measure $\hat{\phi}(x, t_0)$ for all $x \in \mathbb{R}^3$.

□ Then, the probability for finding the values $f(x)$ is:

$$\text{prob}(f) = |\langle f | \Psi \rangle|^2$$



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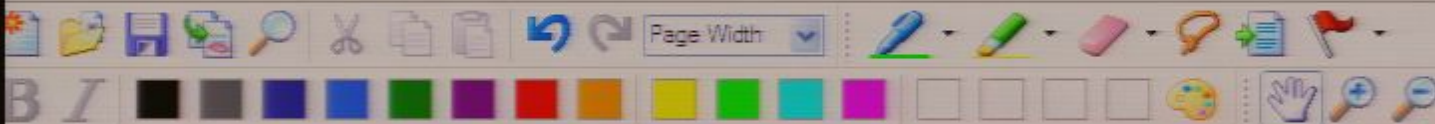
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Recall Minkowski case:

□ If the system is in the vacuum state, then:

$$\text{prob}(f) = |\langle f | 0 \rangle|^2 = N e^{-\sum_k \omega_k |f_k|^2}$$

↑ Fourier coefficients
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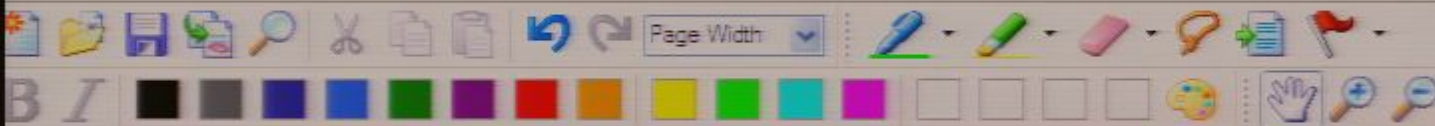
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Notice that it is, of course, time independent.

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□ It is not realistic to measure all operators $\hat{\phi}(x)$ individually, - because the measured state, a state $|f\rangle$, would have to possess ∞ energy.



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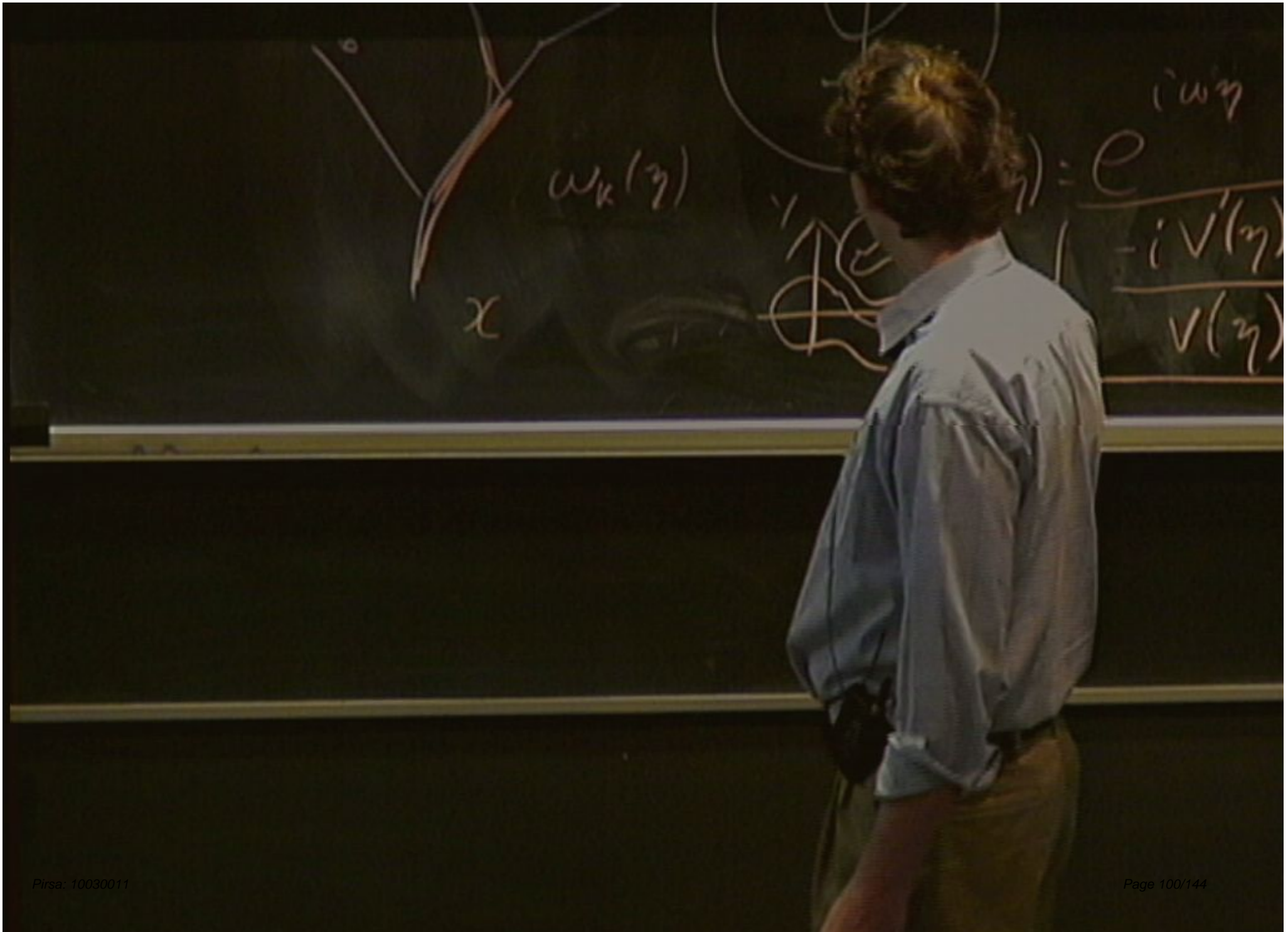
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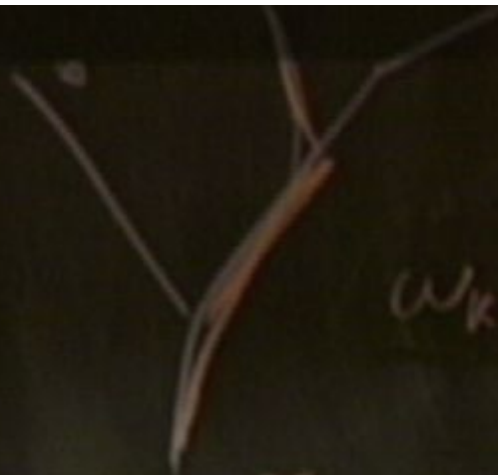
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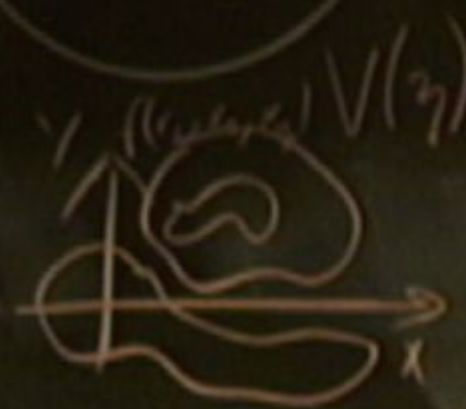
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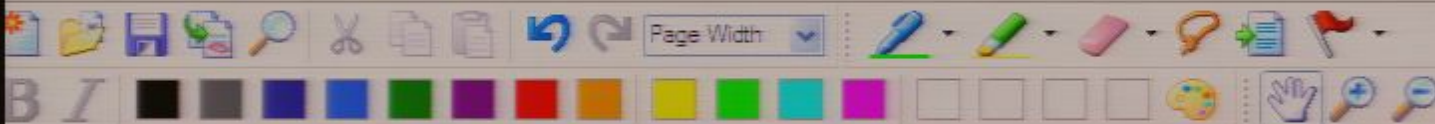
$$\omega_k(\eta)$$



$$i\omega\eta$$

$$V(\eta) = e^{\frac{i\omega\eta}{-i\sqrt{(\eta)}}} \sqrt{(\eta)}$$

x



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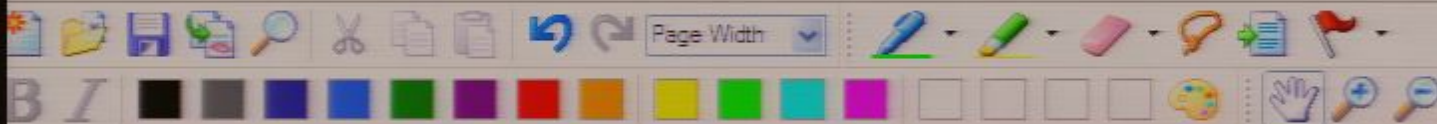
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Realistically, we could measure an average of the values of $\hat{\phi}$ over regions $B \subset \mathbb{R}^3$ of not too small volume V ,

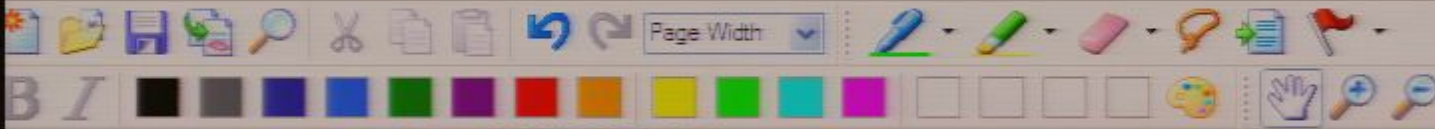
$$\hat{\phi}_B(\gamma) := \int_{\mathbb{R}^3} \hat{\phi}(x, \gamma) W(x) d^3x,$$

with some "window function" W which obeys:

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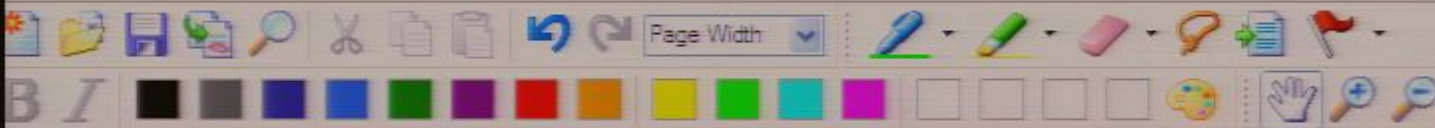
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In proper coordinates, this is a box of increasing size $a(\eta)L \times a(\eta)L \times a(\eta)L$.

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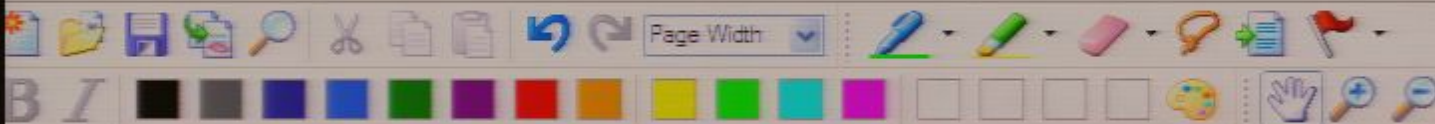
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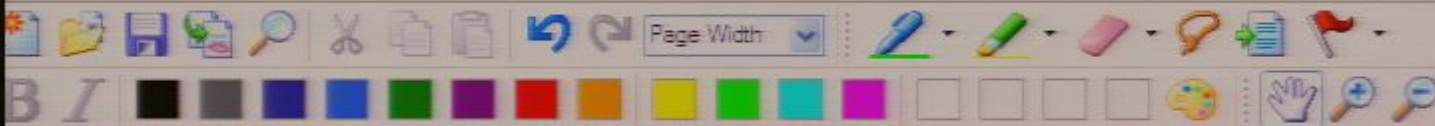
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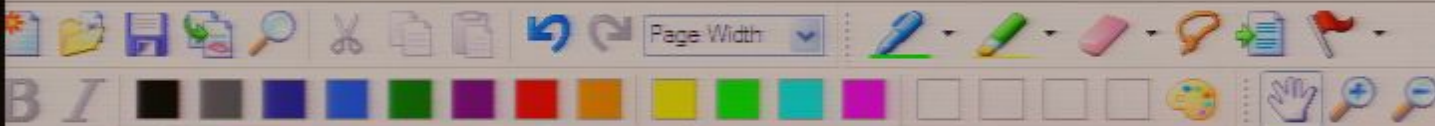
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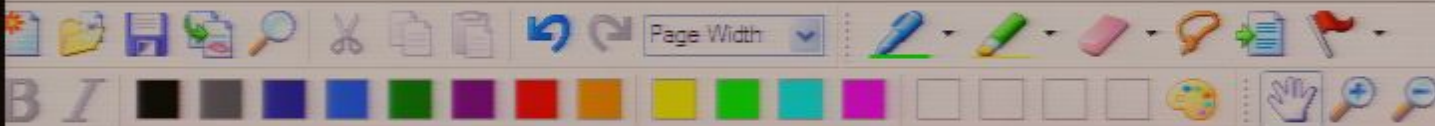
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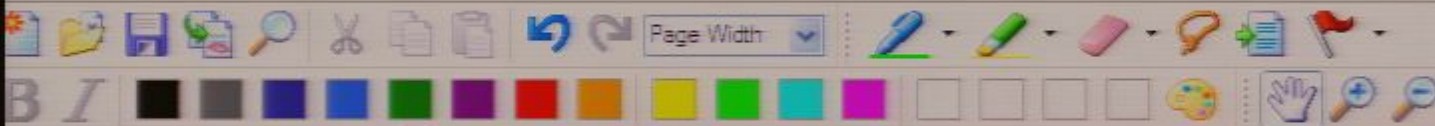
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□ Choose conformal time η and comoving coordinates x .

□ Choose a region B of size $L \times L \times L$.

Note:

In proper coordinates, this is a box of increasing size $a(\eta)L \times a(\eta)L \times a(\eta)L$.

□ Assume that at η_0 the system's state, $|\Omega\rangle$, is the vacuum state:

$$|\Omega\rangle = |\text{vac}_{\eta_0}\rangle = |0\rangle$$

↳ for suitable choice of mode functions, $\{v_k\}$

□ The expectation value of the region-averaged field at a time $\eta \gg \eta_0$:

$$\bar{\Phi}_B(\eta) = \langle \Omega | \hat{\Phi}_B(\eta) | \Omega \rangle = \langle \text{vac}_{\eta_0} | \hat{\Phi}_B(\eta) | \text{vac}_{\eta_0} \rangle$$

$$= \langle 0 | \int_{\Omega^3} \hat{\phi}(x, \eta) W(x) d^3x | 0 \rangle$$

$$= \langle 0 | \frac{1}{a(\eta)} \int \hat{x}(x, \eta) W(x) d^3x | 0 \rangle$$

□ Assume that at η_0 the system's state, $|\Omega\rangle$, is the vacuum state:

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□ The expectation value of the region-averaged field at a time $\eta \gg \eta_0$:

$$\bar{\phi}_B(\eta) = \langle \Omega | \hat{\phi}_B(\eta) | \Omega \rangle = \langle vac_{\eta_0} | \hat{\phi}_B(\eta) | vac_{\eta_0} \rangle$$

$$= \langle 0 | \int_{\mathbb{R}^3} \hat{\phi}(x, \eta) W(x) d^3x | 0 \rangle$$

$$= \langle 0 | \frac{1}{a(\eta)} \int_{\mathbb{R}^3} \hat{x}(x, \eta) W(x) d^3x | 0 \rangle$$

$$= \frac{1}{a(\eta)} \int_{\mathbb{R}^3} \langle 0 | \frac{1}{\sqrt{2}} (v_i^+(\eta) a_i + v_i^-(\eta) a_i^\dagger) | 0 \rangle$$

$$= 0$$

⇒ The average amplitude of $\hat{\phi}$ vanishes in the vacuum state

Assume that at η_0 the system's state, $|\Omega\rangle$, is the vacuum state:

$$|\Omega\rangle = |\text{vac}_{\eta_0}\rangle = |0\rangle$$

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The expectation value of the region-averaged field at a time $\eta \gg \eta_0$:

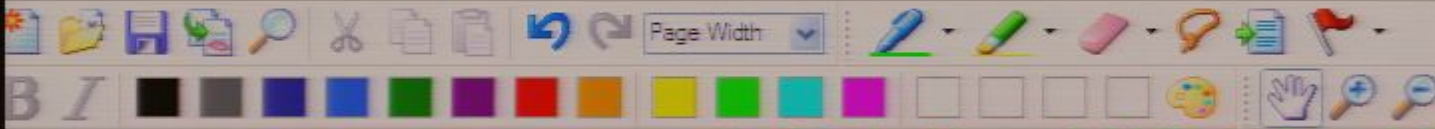
$$\begin{aligned}\bar{\Phi}_B(\eta) &= \langle \Omega | \hat{\Phi}_B(\eta) | \Omega \rangle = \langle \text{vac}_{\eta_0} | \hat{\Phi}_B(\eta) | \text{vac}_{\eta_0} \rangle \\ &= \langle 0 | \int_{\mathbb{R}^3} \hat{\phi}(x, \eta) W(x) d^3x | 0 \rangle\end{aligned}$$

$$= \langle 0 | \frac{1}{a(\eta)} \int_{\mathbb{R}^3} \hat{x}(x, \eta) W(x) d^3x | 0 \rangle$$

$$= \frac{1}{a(\eta)} \int_{\mathbb{R}^3} \langle 0 | \frac{1}{\sqrt{2}} (v_k^+(\eta) a_k + v_k^-(\eta) a_{-k}^+) | 0 \rangle$$

$$= 0$$

→ The average of the field $\hat{\phi}$ vanishes in the vacuum state



$$= \langle 0 | \int_{\mathbb{R}^3} \phi(x, \eta) W(x) d^3x | 0 \rangle$$

$$= \langle 0 | \frac{1}{a(\eta)} \int_{\mathbb{R}^3} \hat{\chi}(x, \eta) W(x) d^3x | 0 \rangle$$

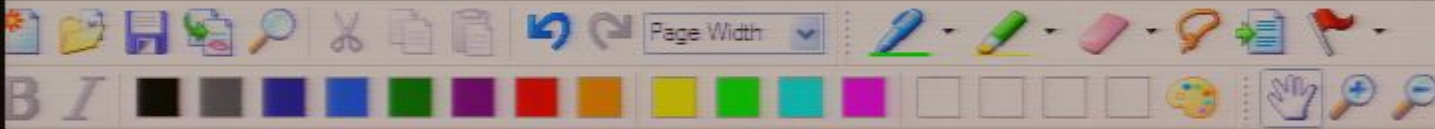
$$= \frac{1}{a(\eta)} \int_{\mathbb{R}^3} \langle 0 | \frac{1}{\sqrt{2}} (v_i^+(\eta) a_i + v_i^-(\eta) a_i^\dagger) | 0 \rangle$$

$$= 0$$

\Rightarrow The average amplitude of $\hat{\phi}_0$ vanishes in the vacuum state.

□ The vacuum fluctuations

While $\bar{\phi}_0(\eta)$ vanishes, measurement outcomes for $\hat{\phi}_0(\eta)$ are not fully predictable because subject to fluctuations around zero with this standard deviation:



$$= \langle 0 | \frac{1}{a(\gamma)} \int_{\mathbb{R}^3} \hat{x}(x, \gamma) W(x) d^3x | 0 \rangle$$

$$= \frac{1}{a(\gamma)} \int_{\mathbb{R}^3} \langle 0 | \frac{1}{\sqrt{2}} (v_1^+(\gamma) \cancel{a_x} + v_2^+(\gamma) \cancel{a_{-x}}) | 0 \rangle$$

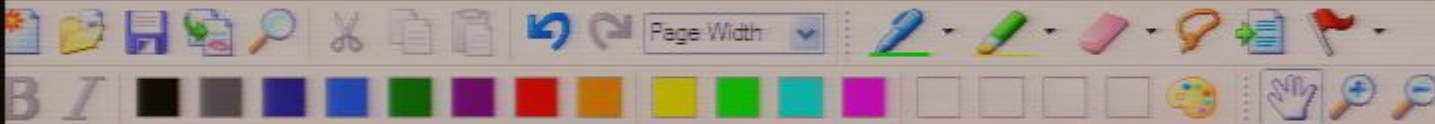
$$= 0$$

⇒ The average amplitude of $\hat{\phi}_0$ vanishes in the vacuum state.

□ The vacuum fluctuations

While $\bar{\Phi}_0(\gamma)$ vanishes, measurement outcomes for $\hat{\phi}_0(\gamma)$ are not fully predictable because subject to fluctuations around zero with this standard deviation:

$$\Delta \phi_0^2(\gamma) = \langle \Omega | (\hat{\phi}_0(\gamma) - \bar{\Phi}_0(\gamma))^2 | \Omega \rangle = \langle 0 | \hat{\phi}_0(\gamma)^2 | 0 \rangle$$



□ The vacuum fluctuations

While $\bar{\phi}_S(\eta)$ vanishes, measurement outcomes for $\hat{\phi}_S(\eta)$ are not fully predictable because subject to fluctuations around zero with this standard deviation:

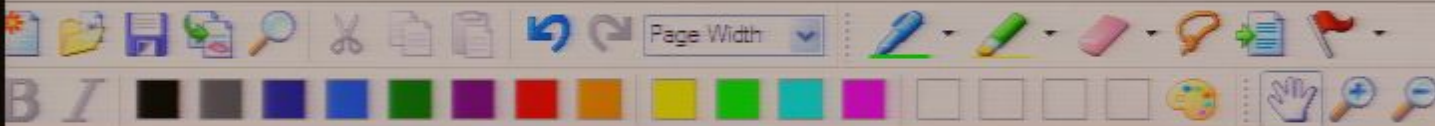
$$\Delta \phi_S^2(\eta) = \langle \Omega | (\hat{\phi}_S(\eta) - \bar{\phi}_S(\eta))^2 | \Omega \rangle = \langle 0 | \hat{\phi}_S(\eta)^2 | 0 \rangle$$

$$= \frac{1}{a(\eta)^2} \langle 0 | \left(\int_{\mathbb{R}^3} \hat{x}(x, \eta) W(x) d^3x \right)^2 | 0 \rangle$$

= ... Exercise: fill in the steps

$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_{\mathbb{R}^3} |V_k(\eta)|^2 \tilde{W}(k) d^3k$$

↑
Fourier transform



□ The vacuum fluctuations

While $\bar{\phi}_0(\eta)$ vanishes, measurement outcomes for $\hat{\phi}_0(\eta)$ are not fully predictable because subject to fluctuations around zero with this standard deviation:

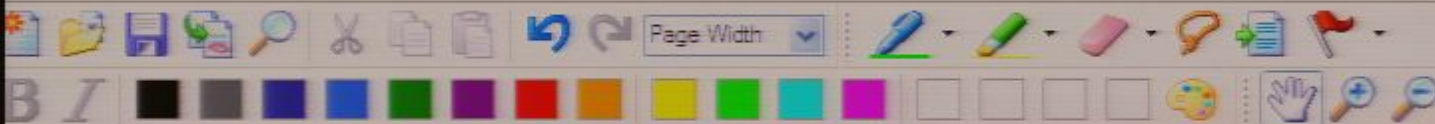
$$\Delta \phi_0^2(\eta) = \langle \Omega | (\hat{\phi}_0(\eta) - \bar{\phi}_0(\eta))^2 | \Omega \rangle = \langle 0 | \hat{\phi}_0(\eta)^2 | 0 \rangle$$

$$= \frac{1}{a(\eta)^2} \langle 0 | \left(\int_{\mathbb{R}^3} \hat{x}(x, \eta) W(x) d^3x \right)^2 | 0 \rangle$$

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Fourier transform of



While $\bar{\phi}_0(\eta)$ vanishes, measurement outcomes for $\hat{\phi}_0(\eta)$ are not fully predictable because subject to fluctuations around zero with this standard deviation:

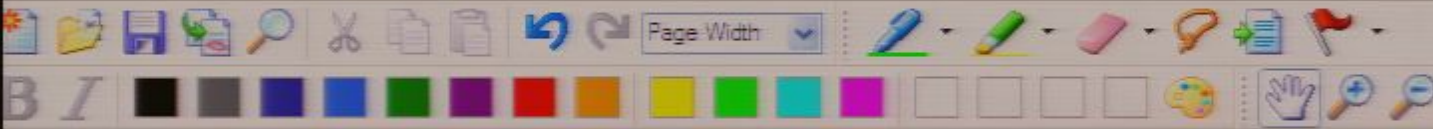
$$\Delta \phi_0^2(\eta) = \langle \Omega | (\hat{\phi}_0(\eta) - \bar{\phi}_0(\eta))^2 | \Omega \rangle = \langle 0 | \hat{\phi}_0(\eta)^2 | 0 \rangle$$

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↑
Fourier transform of the window function $W(x)$.



$$\Delta \phi_B^2(\eta) = \langle \Omega | (\hat{\phi}_B(\eta) - \bar{\phi}_B(\eta))^2 | \Omega \rangle = \langle 0 | \hat{\phi}_B(\eta)^2 | 0 \rangle$$

$$= \frac{1}{a(\eta)^2} \langle 0 | \left(\int_{\mathbb{R}^3} \hat{x}(x, \eta) W(x) d^3x \right)^2 | 0 \rangle$$

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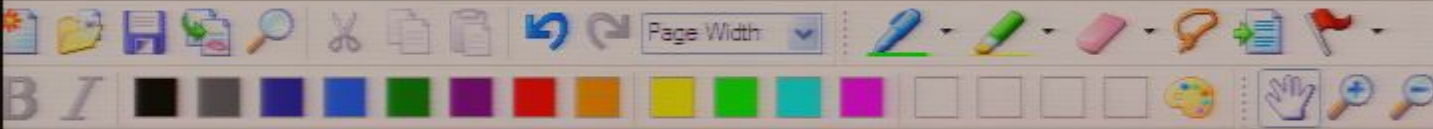
$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_{\mathbb{R}^3} |V_k(\eta)|^2 \tilde{W}(k) d^3k$$

↑
Fourier transform of the window function $W(x)$.

Assume for simplicity that B is spherical with radius L . Then use spherical coordinates:

$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_0^\infty k^2 4\pi |V_k(\eta)|^2 \tilde{W}(k) dk$$

↑ $k = \sqrt{k_x^2 + k_y^2 + k_z^2}$



$$= \frac{1}{a(\eta)^2} \langle 0 | \left(\int_{\mathbb{R}^3} \hat{x}(x, \eta) W(x) d^3x \right)^2 | 0 \rangle$$

= ... Exercise: fill in the steps

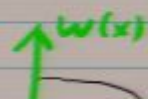
$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_{\mathbb{R}^3} |V_k(\eta)|^2 \tilde{W}(k) d^3k$$

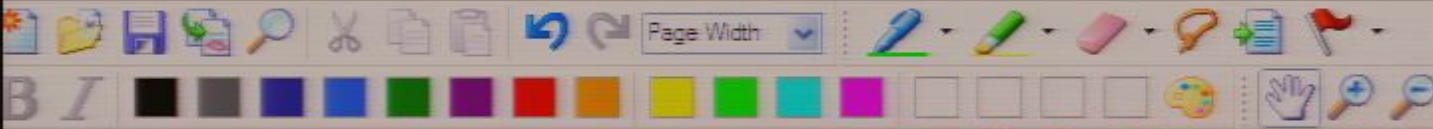
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Fourier transform of the window function $W(x)$.

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↙ $k = \sqrt{k_1^2 + k_2^2 + k_3^2}$

Approximation: Consider that: 



$$a(\eta) = \int_{\mathbb{R}^3} |V_k(\eta)|^2 \tilde{W}(k) d^3k$$

= ... Exercise: fill in the steps

$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_{\mathbb{R}^3} |V_k(\eta)|^2 \tilde{W}(k) d^3k$$

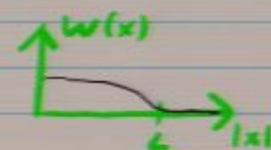
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Fourier transform of the
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$$\uparrow k = \sqrt{k_1^2 + k_2^2 + k_3^2}$$

Approximation: Consider that:



↑ typical scale is L



= ... Exercise: fill in the steps

$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_{\mathbb{R}^3} |V_{\eta}(\eta)|^2 \tilde{W}(k) d^3k$$

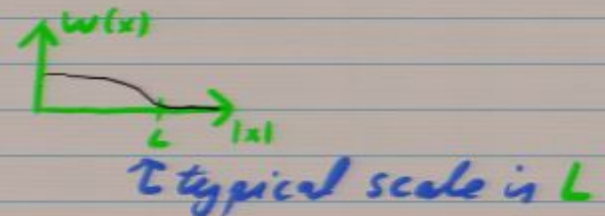
↑
Fourier transform of the window function $W(x)$.

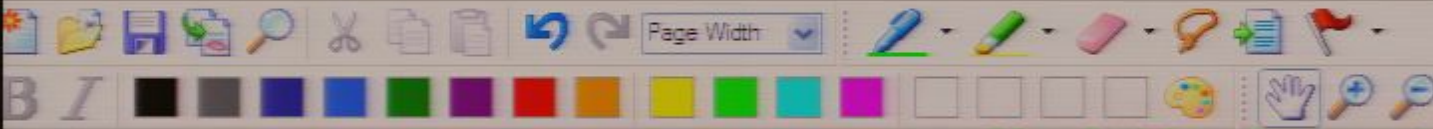
Assume for simplicity that B is spherical with radius L . Then use spherical coordinates:

$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_0^{\infty} k^2 4\pi |V_{\eta}(\eta)|^2 \tilde{W}(k) dk$$

↑ $k = \sqrt{k_1^2 + k_2^2 + k_3^2}$

Approximation: Consider that:





↑
Fourier transform of the
window function $W(x)$.

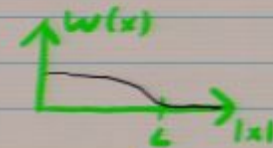
Assume for simplicity that B is spherical
with radius L . Then use spherical coordinates:

$$= \frac{1}{2\pi^2} \frac{1}{L^2} \int_0^\infty k^2 4\pi |V_k(z)|^2 \tilde{W}(k) dk$$

$k = \sqrt{k_1^2 + k_2^2 + k_3^2}$

Approximation:

Consider that:



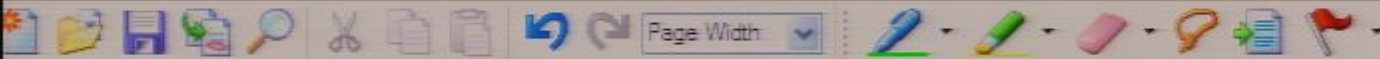
↳ typical scale is L

(using Fourier) \Rightarrow We can assume that, roughly

$$\tilde{W}(k) \approx 0 \text{ for } |k| > \frac{2\pi}{L}$$

$$\frac{\sin(kL)}{kL}$$

Example: If $W(x) = \text{rect}(x/L)$ then $\tilde{W}(k) = \frac{\sin(kL)}{kL}$



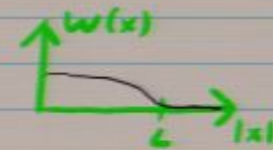
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$$= \frac{1}{2\alpha(\eta)^2} \frac{1}{(2\pi)^3} \int_0^{\infty} k^2 4\pi |V_k(\eta)|^2 \tilde{W}(k) dk$$

$\leftarrow k = \sqrt{k_1^2 + k_2^2 + k_3^2}$

Approximation:

Consider that:



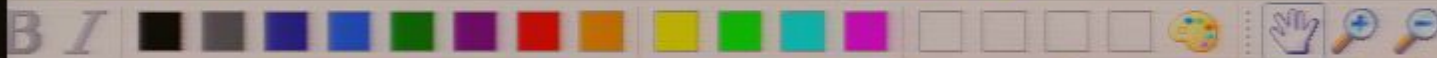
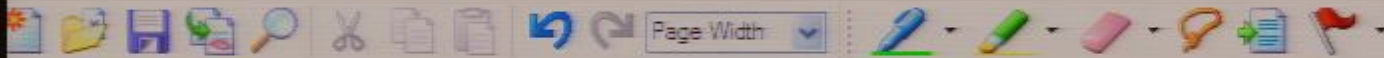
\leftarrow typical scale is L

(using Fourier) \Rightarrow We can assume that, roughly

$$\tilde{W}(k) \approx 0 \text{ for } |k| > \frac{2\pi}{L}$$

Example: If $W(x) = \hat{\Pi}_L$, then $\tilde{W}(k) = \frac{\sin(kL)}{kL}$

and we approximate that $\tilde{W}(k) \approx \hat{\Pi}_{\frac{2\pi}{L}}$

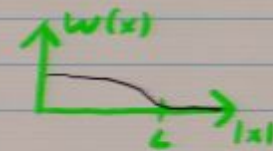


Assume for simplicity that B is spherical with radius L . Then use spherical coordinates:

$$= \frac{1}{2a(\eta)^2} \frac{1}{(2\pi)^3} \int_0^{\infty} k^2 4\pi |V_k(\eta)|^2 \tilde{W}(k) dk$$

$\uparrow k = \sqrt{k_1^2 + k_2^2 + k_3^2}$

Approximation: Consider that:



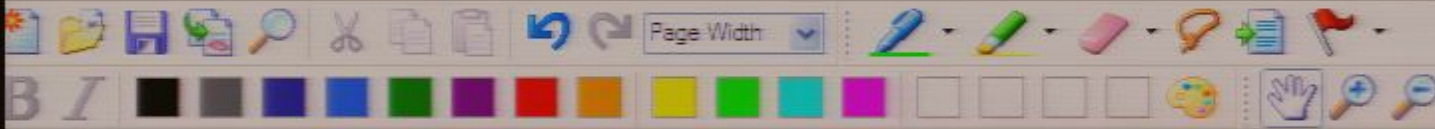
\uparrow typical scale is L

(using Fourier) \Rightarrow We can assume that, roughly

$$\tilde{W}(k) \approx 0 \text{ for } |k| > \frac{2\pi}{L}$$

Example: If $W(x) = \text{rect}_L(x)$, then $\tilde{W}(k) = \frac{\sin(kL)}{k}$

and we approximate that $\tilde{W}(k) \approx \text{sinc}(kL)$



(using Fourier) \Rightarrow We can assume that, roughly

$$\tilde{W}(k) \approx 0 \text{ for } |k| > \frac{2\pi}{L}$$

Example: If $W(x) = \text{rect}_L$, then $\tilde{W}(k) = \frac{\sin(kL)}{kL}$

and we approximate that $\tilde{W}(k) \approx \text{rect}_L$

$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

In the integral, the values of $|V_k(\eta)|^2$ for small k are suppressed by k^2 .

\Rightarrow Can approximately replace $|V_k(\eta)|$ by its value at $k = 2\pi/L$:



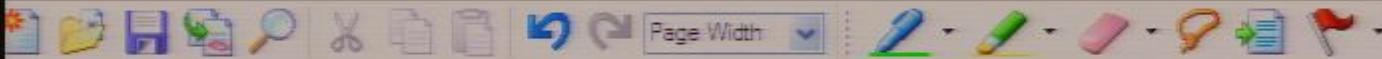
$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

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\Rightarrow



(using Fourier) \Rightarrow We can assume that, roughly

$$\tilde{W}(k) \approx 0 \text{ for } |k| > \frac{2\pi}{L}$$

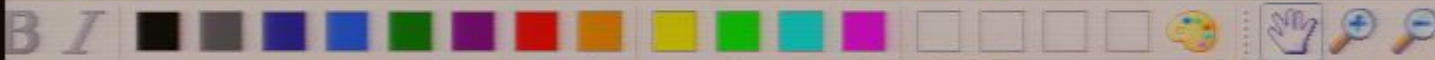
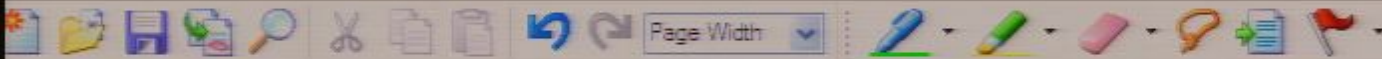
Example: If $W(x) = \text{rect}_L$, then $\tilde{W}(k) = \frac{\sin(kL)}{kL}$

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$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

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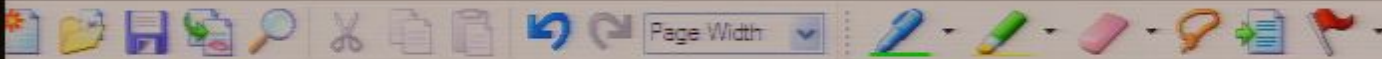
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In the integral, the values of $|V_k(\eta)|^2$ for small k are suppressed by k^2 .

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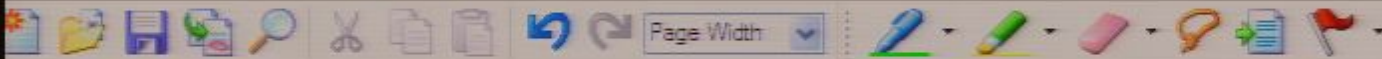
Example: If $W(x) = \text{rect}_L(x)$, then $\tilde{W}(k) = \frac{\sin(kL)}{k}$

and we approximate that $\tilde{W}(k) \approx \text{tri}_{2\pi/L}(k)$

$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_\alpha(\eta)|^2 dk$$

In the integral, the values of $|V_\alpha(\eta)|^2$ for small k are suppressed by k^2 .

\Rightarrow Can approximately replace $|V_\alpha(\eta)|$ by its value at $k = 2\pi/L$:



and we approximate that $\tilde{w}(k) \approx \delta(k)$

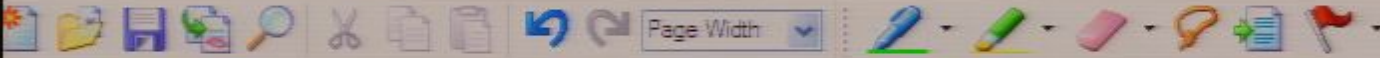
$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

In the integral, the values of $|V_k(\eta)|^2$ for small k are suppressed by k^2 .

\Rightarrow Can approximately replace $|V_k(\eta)|$ by its value at $k = 2\pi/L$:

$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{2\pi/L}(\eta)|^2 dk$$





and we approximate that $w(k) \approx \frac{1}{k}$

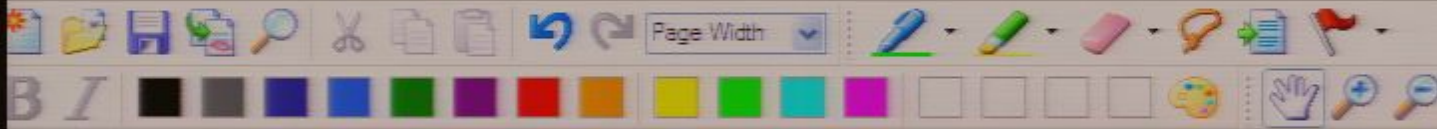
$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

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$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

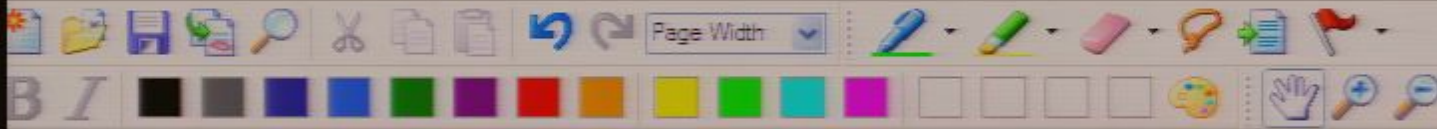
In the integral, the values of $|V_k(\eta)|^2$ for small k are suppressed by k^2 .

\Rightarrow Can approximately replace $|V_k(\eta)|$ by its value at $k = 2\pi/L$:

$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{2\pi/L}(\eta)|^2 dk$$

\Rightarrow

Typical amplitude of fluctuations of size L at time η , if system is in



$$\Rightarrow \Delta \phi_0^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

In the integral, the values of $|V_k(\eta)|^2$ for small k are suppressed by k^2 .

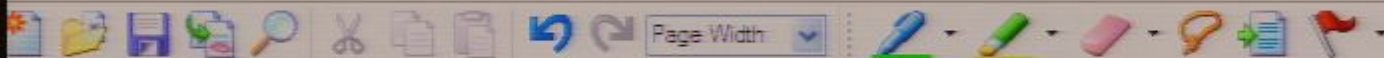
\Rightarrow Can approximately replace $|V_k(\eta)|$ by its value at $k = 2\pi/L$:

$$\Delta \phi_0^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{2\pi/L}(\eta)|^2 dk$$

\Rightarrow

Typical amplitude of fluctuations of size L at time η , if system is in

vacuum state at time η :



$$\Rightarrow \Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_k(\eta)|^2 dk$$

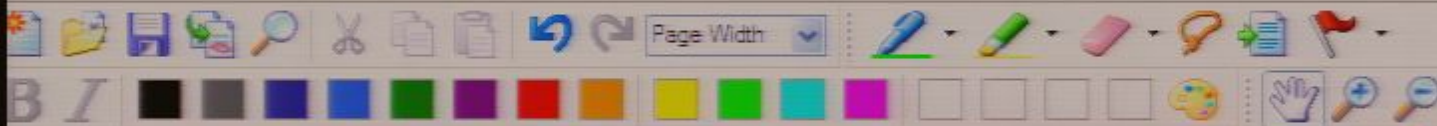
In the integral, the values of $|V_k(\eta)|^2$ for small k are suppressed by k^2 .

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$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{2\pi/L}(\eta)|^2 dk$$

\Rightarrow

Typical amplitude of fluctuations of site L at time η , if system is in vacuum state at time η :



$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^\infty k^2 |V_k(\eta)|^2 dk$$

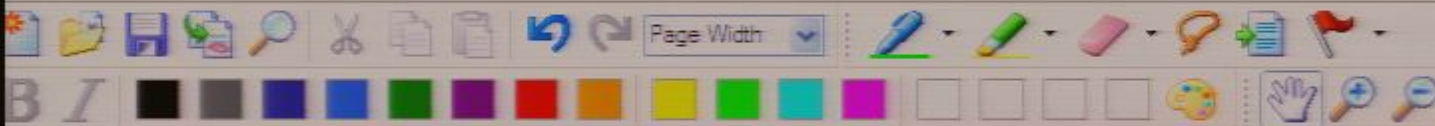
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\Rightarrow


Typical amplitude of fluctuations of size L at time η , if system is in vacuum state at time η :



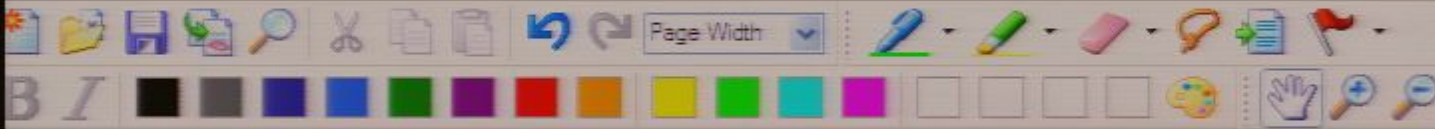
\Rightarrow Can approximately replace $|V_k(\eta)|$
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$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{k=2\pi/L}(\eta)|^2 dk$$

\Rightarrow

Typical amplitude of fluctuations of size L at time η , if system is in vacuum state at time η : 

$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} k^3 |V_{k=2\pi/L}(\eta)|^2 \Big|_{k=2\pi/L}$$



$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{1/2}(\eta)|^2 dk$$

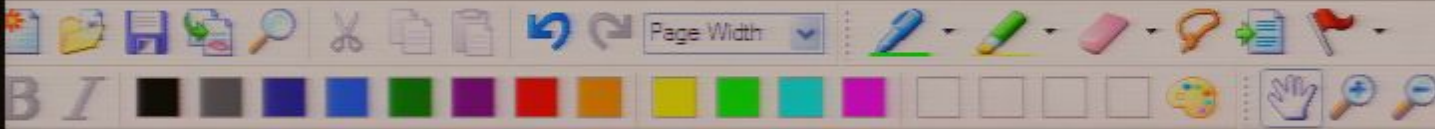
⇒

Typical amplitude of fluctuations of size L at time η , if system is in vacuum state at time η :

$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} k^3 |V_k(\eta)|^2 \Big|_{k=2\pi/L}$$

$$\Delta \phi_B^2(\eta) \approx \text{const} \frac{1}{a(\eta)^2} \frac{(2\pi)^3}{L^3} |V_{2\pi/L}(\eta)|^2$$

Note: The expansion of the universe enters through $a(\eta)$ and $V_k(\eta)$.



$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} \int_0^{2\pi/L} k^2 |V_{1/2}(\eta)|^2 dk$$

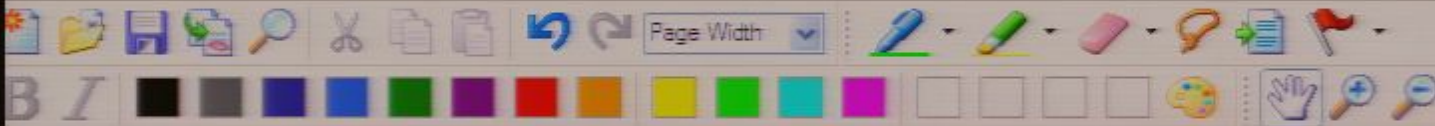
⇒

Typical amplitude of fluctuations of size L at time η , if system is in vacuum state at time η :

$$\Delta \phi_B^2(\eta) \approx \text{const.} \frac{1}{a(\eta)^2} k^3 |V_k(\eta)|^2 \Big|_{k=2\pi/L}$$

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⇒

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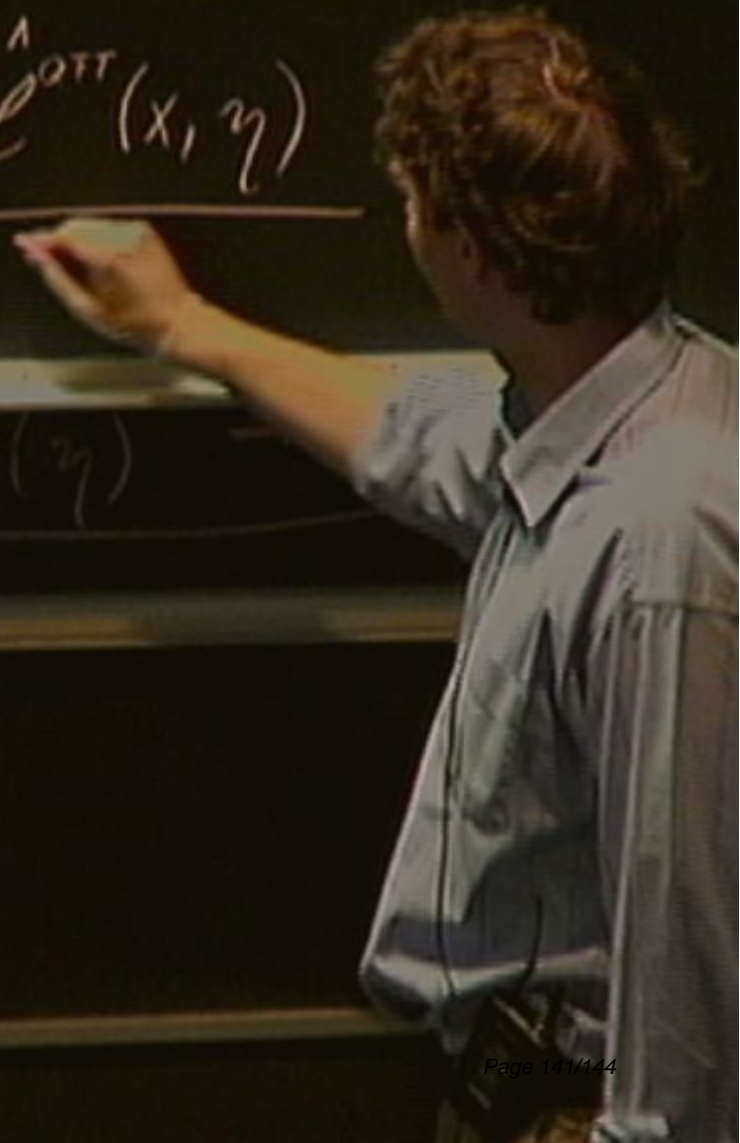
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ϕ $V(\phi)$

$\phi(\eta)$

$$\phi^{\text{full}}(x, \eta) = \phi^{\text{classical}}(\eta) + \underbrace{\mathcal{L}^{\text{QFT}}(x, \eta)}$$



$$\frac{1}{\alpha(\eta)} = \phi$$



$V(\eta)$

ϕ $V(\phi)$

$\phi(\eta)$

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ϕ $V(\phi)$

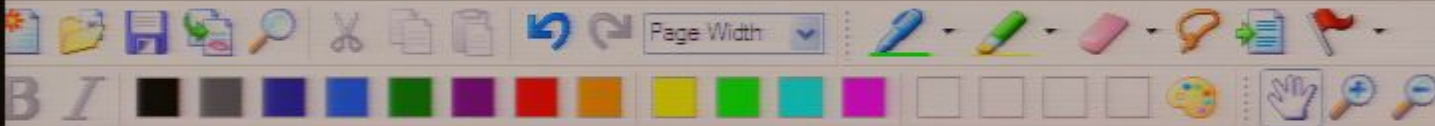
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