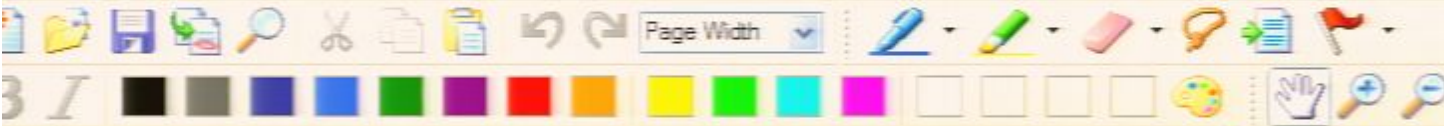


Title: General Relativity for Cosmology - Lecture 14B

Date: Nov 05, 2009 05:30 PM

URL: <http://pirsa.org/09110119>

Abstract:



two problems in particular:

## 1) Dirac Equation

Tetrad formalism is useful because it allows  $g_{\mu\nu} = \begin{pmatrix} -1 & & & \\ & 1 & & \\ & & 1 & \\ & & & 1 \end{pmatrix}$  for all  $x \in M$

## 2) Global conservation laws

Tetrad formalism is useful because uses (tensor-valued) differential forms which can be integrated and for which Stokes' theorem can relate local to global entities.

1) Dirac equation: (Brief treatment of basics only of Dirac spinors)



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$$(i \gamma^\mu \frac{\partial}{\partial x^\mu} - m) \Psi(x) = 0$$

"Dirac equation"

where  $\Psi = \begin{pmatrix} \psi_1 \\ \psi_2 \\ \psi_3 \\ \psi_4 \end{pmatrix}$  is a "Spinor"   
 ↑   
 describes spin  $\frac{1}{2}$  particles such as electrons and quarks

and the four  $4 \times 4$  matrices  $\gamma^\mu$  obey:

$$\gamma^\mu \gamma^\nu + \gamma^\nu \gamma^\mu = 2 \eta^{\mu\nu} \quad (*)$$

$$\eta^{\mu\nu} = \begin{pmatrix} -1 & & & \\ & 1 & & \\ & & 1 & \\ & & & 1 \end{pmatrix}$$



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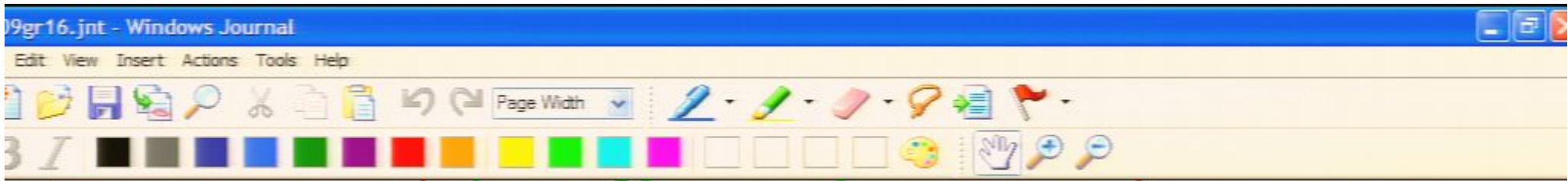
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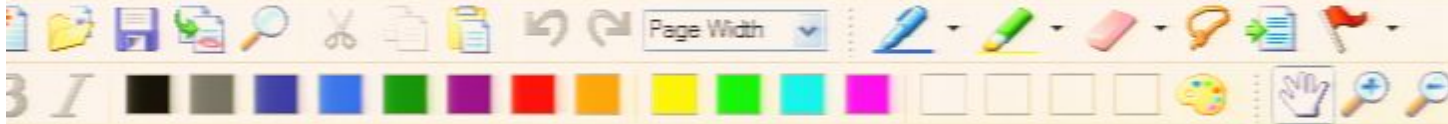
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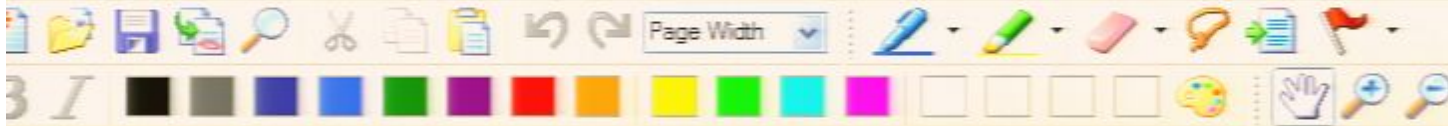
$$\Leftrightarrow (\gamma^\mu \gamma^\nu \partial_\mu \partial_\nu - m^2)\Psi = 0$$

*anti-symmetric part not needed, it would drop out.*

$$\Leftrightarrow \left(\frac{1}{2}(\gamma^\mu \gamma^\nu + \gamma^\nu \gamma^\mu) \partial_\mu \partial_\nu - m^2\right)\Psi = 0$$

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which is the Klein-Gordon equation in 1+3 dimensions



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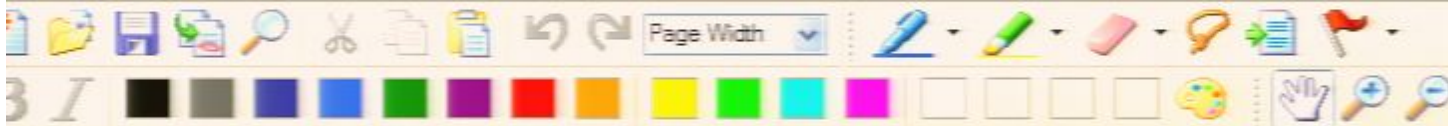
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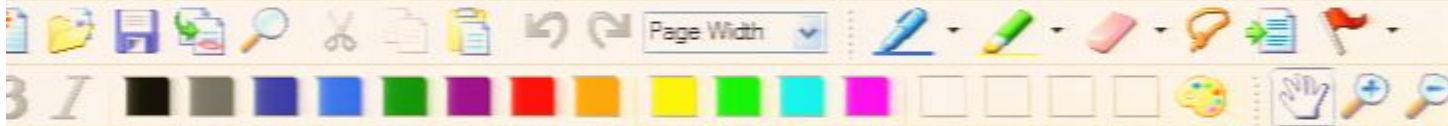
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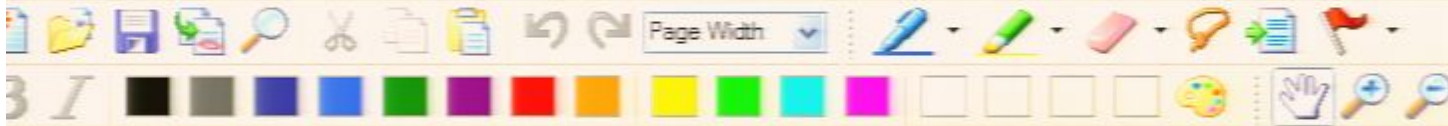
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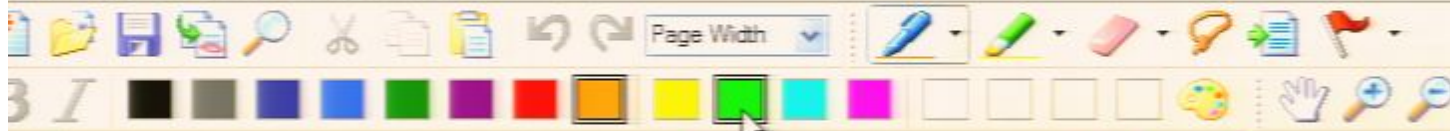
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- By choosing an orthonormal tetrad,  $\{e^i\}$ , we achieve

$$g^{\mu\nu} = \eta^{\mu\nu} \quad \forall p \in M$$

i.e. one set of matrices  $\gamma^{\mu\nu}$  obeying  $\gamma^{\mu\nu} \gamma^{\nu\mu} + \gamma^{\nu\mu} \gamma^{\mu\nu} = 2\eta^{\mu\nu}$  suffices.

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- But what is the covariant derivative of a spinor?

$$\nabla_{e_r}\psi = ?$$





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Recall: The covariant derivative of a vector yields the infinitesimal Lorentz transformation by which the vector rotates under infinitesimal parallel transport.

Idea: The covariant derivative of a spinor should yield the rotation of the spinor by the same infinitesimal Lorentz transformation.

Recall: Infinitesimal parallel transport of a vector  $e_\sigma$  in direction  $e_\mu$ :

$$e_\sigma \rightarrow e_\sigma + \nabla_{e_\mu} e_\sigma = e_\sigma + \omega_\sigma^\alpha(e_\mu) e_\alpha$$

Recall: the curvature 2-form takes values that are infinitesimal Lorentz transformations.

This is an infinitesimal Lorentz transformation  $\Lambda_\sigma^\alpha$ :

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Recall intuition why parallel transport yields Lorentz transformation: Parallel transport preserves the lengths of vectors, i.e. they can at most "rotate" and in 3+1 dim.



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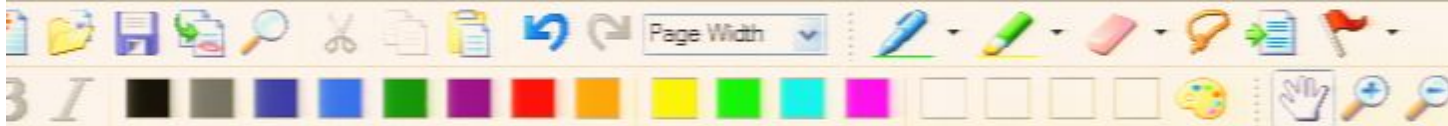
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Recall: the curvature 1-form takes values that are infinitesimal Lorentz transformations.

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→ Strategy: Apply the same inf. Lorentz transformation on spinors





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Now that we know the inf. Lorentz transf. for any inf. parallel transport:

Strategy: Apply the same inf. Lorentz transformation on spinors for their parallel transport.

To this end: Recall from Special Relativity how an infinitesimal Lorentz transformation acts on a spinor:

Assume  $\{s_i\}^+$  are a basis in  $S_{spinor}$





Now that we know the inf. Lorentz transf. for any inf. parallel transport:

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□ Assume  $\{s_i\}_{i=1}^4$  are ON basis in Spinor space, i.e.

$$\psi = \psi^i(x) s_i$$

these are Spinor indices:  $i = 1, 2, 3, 4$

□ How do the  $s_i$  transform under Lorentz transformations?

J.e., what is  $\nabla_{e_\mu} s_i = ?$  (In analogy to  $\nabla_{e_\mu} e_\nu = \omega_{\mu\nu}^\rho(e_\mu) e_\rho$ )



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□ From special relativity it is known that under infinitesimal Lorentz transformations,

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Assume  $\{s_i\}_{i=1,2,3,4}$  are ON basis in Spinor space,

i.e.

$$\psi = \psi^i(x) s_i$$

these are Spinor indices:  $i = 1, 2, 3, 4$

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Recall that e.g. translations in space are generated by momentum operators,  $e^{-i\vec{p}\cdot\vec{f}} f(x) e^{i\vec{p}\cdot\vec{f}} = f(x+\vec{f})$ , if they obey the commutation relations  $[e_i, p_j] = i\delta_{ij}$ .



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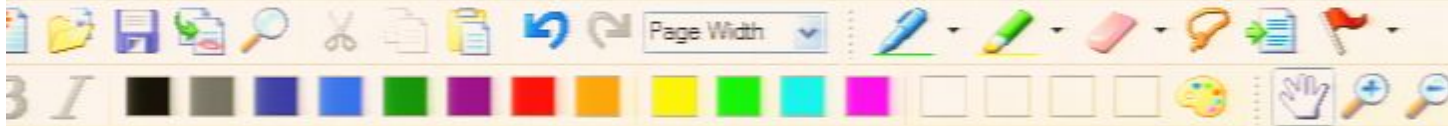
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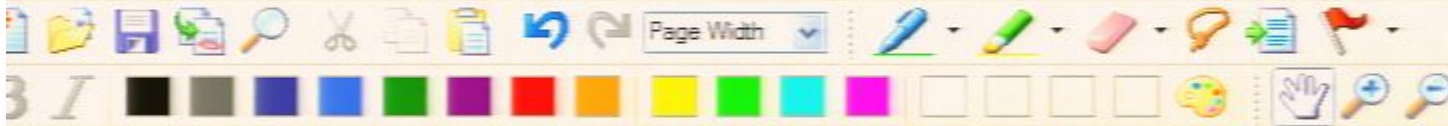
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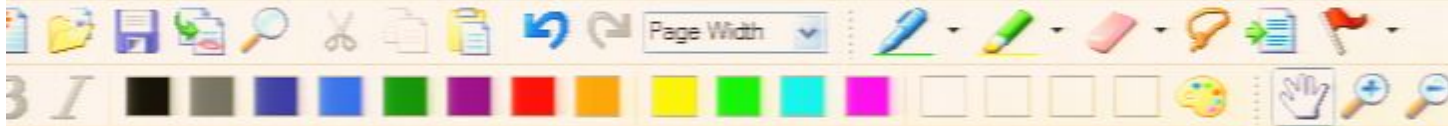
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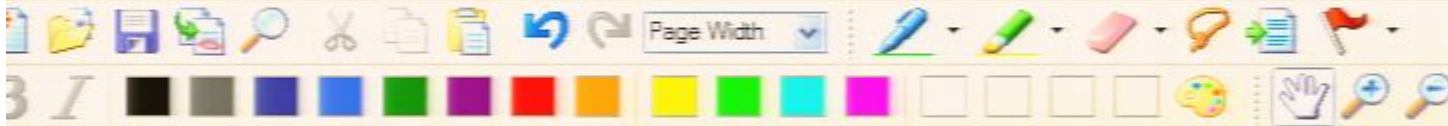
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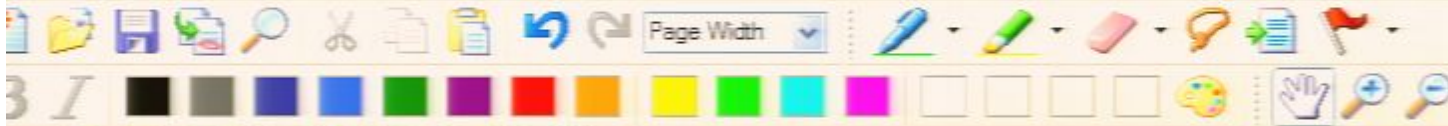
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in a chart, this becomes a derivative of  $\Psi$ .

Recall that  $\gamma^0$  is the only one that is not anti-hermitian...





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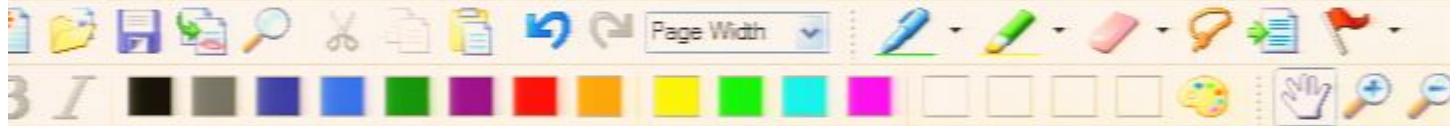
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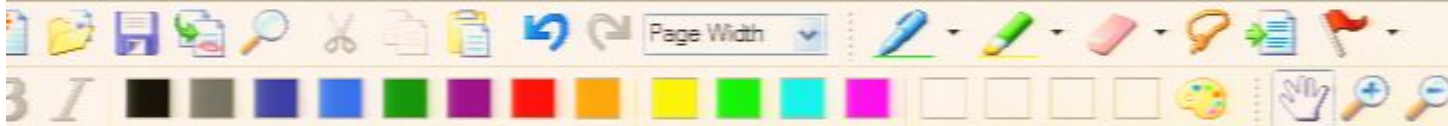


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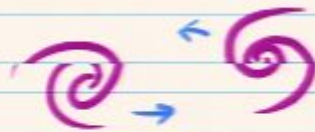




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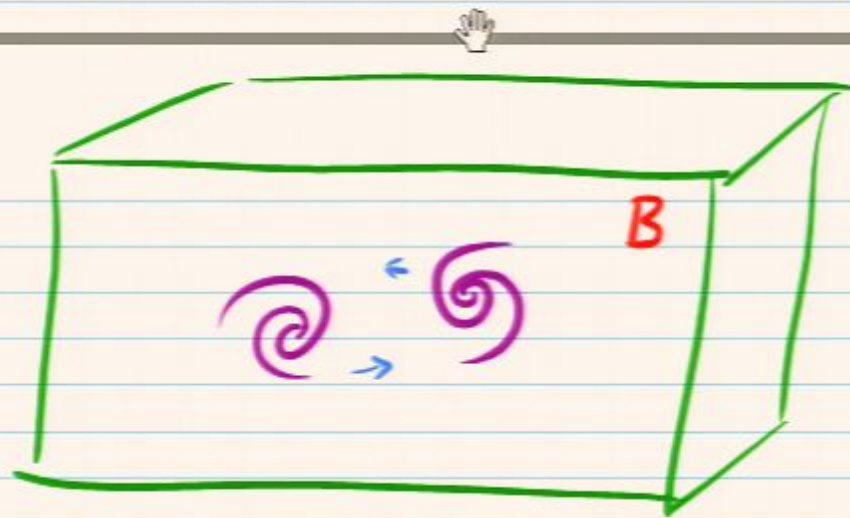
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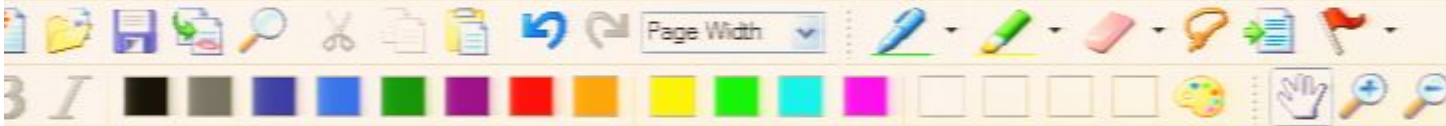
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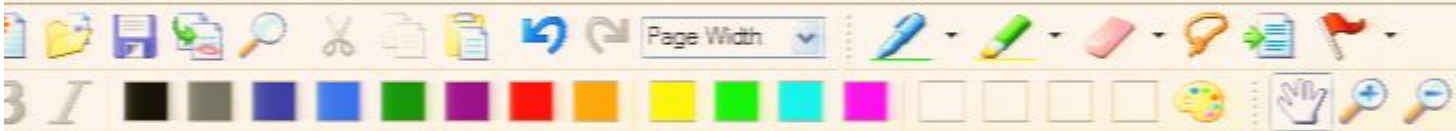
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$$d(\text{something}) = 8\pi G \sqrt{g} (*T_\alpha + *t_\alpha)$$

(We will have to show that the Einstein equation can be written this way!)

potential energy momentum.

II Defining  $\tilde{\tau}_\alpha := T_\alpha + t_\alpha$  we then have:

$$d(\text{something}) = 8\pi G \sqrt{g} * \tilde{\tau}$$

III Then, from  $d^2 = 0$  we obtain:

$$d(\sqrt{g} * \tilde{\tau}_\alpha) = 0$$

IV Using Stokes' theorem,  $\int_D d\omega = \int_{\partial D} \omega$ , we obtain:





II Defining  $\tilde{\tau}_\alpha := T_\alpha + \epsilon_\alpha$  we then have:

$$d(\text{something}) = 8\pi G \nabla_{\vec{g}} * \tilde{\tau}_\alpha$$

III Then, from  $d^2 = 0$  we obtain:

$$d(\nabla_{\vec{g}} * \tilde{\tau}_\alpha) = 0$$

IV Using Stokes' theorem,  $\int_D d v = \int_{\partial D} v$ , we obtain:

$$0 = \int_D \overbrace{d(\nabla_{\vec{g}} * \tilde{\tau}_\alpha)}^{4\text{-form}} = \int_{\partial D} \overbrace{\nabla_{\vec{g}} * \tilde{\tau}_\alpha}^{3\text{-form}} \quad \otimes$$

4-dim space-time region      3-dim space-time submanifold



so that it reads:

These so-called Landau-Lifshitz differential 3-forms play the rôle of gravitational potential energy momentum.

(that's where  
(tensor-valued)  
differential forms  
come in handy)

$$\longrightarrow d(\text{something}) = 8\pi G \sqrt{g} (*T_\alpha + *t_\alpha)$$

(We will have to show that the Einstein equation can be written this way!)

II Defining  $\tilde{\tau}_\alpha := T_\alpha + t_\alpha$  we then have:

$$d(\text{something}) = 8\pi G \sqrt{g} * \tilde{\tau}_\alpha$$

III Then, from  $d^2 = 0$  we obtain:

$$d(\sqrt{g} * \tilde{\tau}_\alpha) = 0$$





differential forms

II Defining  $\tilde{\tau}_2 := T_2 + \epsilon_2$  we then have:

$$d(\text{something}) = 8\pi G \nabla_{\vec{g}} * \tilde{\tau}_2$$

III Then, from  $d^2 = 0$  we obtain:

$$d(\nabla_{\vec{g}} * \tilde{\tau}_2) = 0$$

IV Using Stokes' theorem,  $\int_{\partial V} d\omega = \int_V \omega$ , we obtain:

$$0 = \int \overbrace{d(\nabla_{\vec{g}} * \tilde{\tau}_2)}^{4\text{-form}} = \int \overbrace{\nabla_{\vec{g}} * \tilde{\tau}_2}^{3\text{-form}}$$



II Defining  $\tau_a := T_a + \epsilon_a$  we then have:

$$d(\text{something}) = 8\pi G \nabla_g^* \tau_a$$

III Then, from  $d^2 = 0$  we obtain:

$$d(\nabla_g^* \tau_a) = 0$$

IV Using Stokes' theorem,  $\int_D dv = \int_{\partial D} v$ , we obtain:

$$0 = \int_D \overbrace{d(\nabla_g^* \tau_a)}^{4\text{-form}} = \int_{\partial D} \overbrace{\nabla_g^* \tau_a}^{3\text{-form}} \quad \otimes$$

$\uparrow$  4-dim space-time region       $\uparrow$  3-dim space-time sub-manifold.





$$d(\nu_{\vec{g}} * \tau_a) = 0$$

IV Using Stokes' theorem,  $\int_D dv = \int_{\partial D} v$ , we obtain:

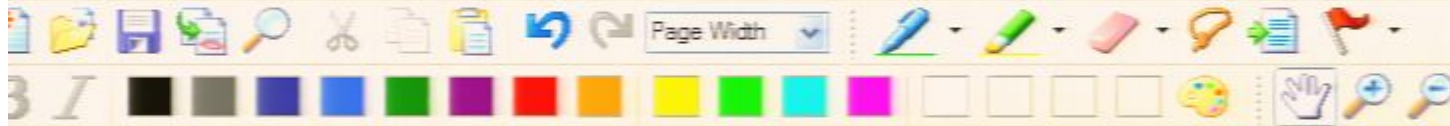
$$0 = \int_D d(\nu_{\vec{g}} * \tau_a) = \int_{\partial D} \nu_{\vec{g}} * \tau_a \quad \otimes$$

The diagram shows the integral equation with annotations:
 

- A bracket above the integrand  $d(\nu_{\vec{g}} * \tau_a)$  is labeled "4-form".
- A bracket below  $\nu_{\vec{g}}$  is labeled "1-form".
- A bracket below  $\tau_a$  is labeled "3-form".
- An arrow points from the text "4dim space-time region" to the domain  $D$ .
- An arrow points from the text "3-dim space time sub manifold." to the boundary  $\partial D$ .
- A red circle with an 'X' is placed to the right of the equation.

V Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:





$$d(v_g * \tau_\alpha) = 0$$

IV Using Stokes' theorem,  $\int_D dv = \int_{\partial D} v$ , we obtain:

$$0 = \int_D d(v_g * \tau_\alpha) = \int_{\partial D} v_g * \tau_\alpha \quad (\otimes)$$

$\xrightarrow{\text{4-form}}$   $\xrightarrow{\text{3-form}}$   
 $\xrightarrow{\text{1-form}}$   $\xrightarrow{\text{3-form}}$

$\nwarrow$  4-dim space-time region  $\swarrow$  3-dim space-time sub manifold.

V Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:





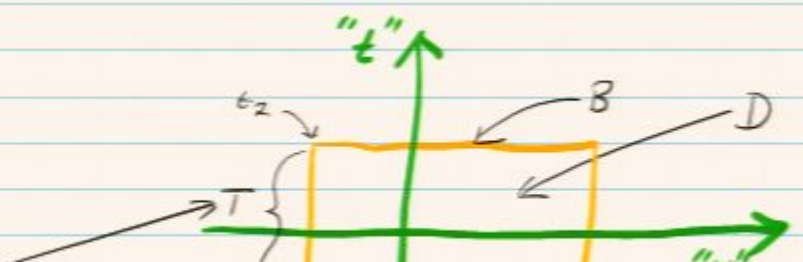


IV Using Stokes' theorem,  $\int_D dv = \int_{\partial D} v$ , we obtain:

$$0 = \int_D d(\underbrace{v_j}_{1\text{-form}} * \underbrace{\tau_a}_{3\text{-form}}) = \int_{\partial D} \underbrace{v_j * \tau_a}_{3\text{-form}} \quad \otimes$$

↖ 4-dim space-time region
↖ 3-dim space-time sub manifold.

V Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:



( $l$  is assumed far out)

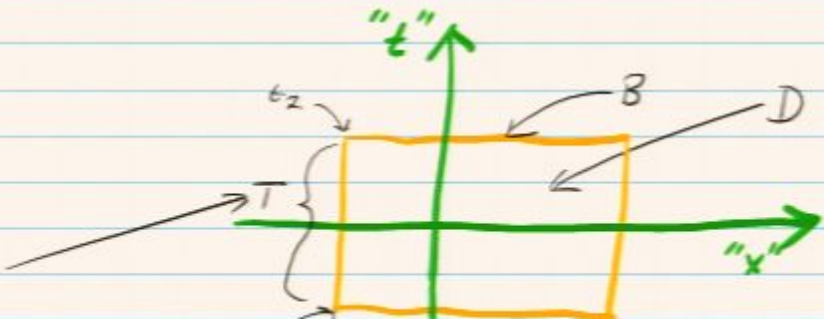
IV Using Stokes' theorem,  $\int_D dv = \int_{\partial D} v$ , we obtain:

$$0 = \int_D d(\underbrace{v_i}_{1\text{-form}} * \underbrace{\tau_a}_{3\text{-form}}) = \int_{\partial D} \underbrace{v_i}_{3\text{-form}} * \tau_a \quad \otimes$$

$\swarrow$  4-form  $\swarrow$  3-form  
 $\nwarrow$  3-form  $\nwarrow$  3-form  
 $\nwarrow$  3-form  $\nwarrow$  3-form

$\nwarrow$  4-dim space-time region  $\nwarrow$  3-dim space-time sub manifold.

V Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:



( $T$  is assumed far out in space, where there is no matter, energy, momentum)

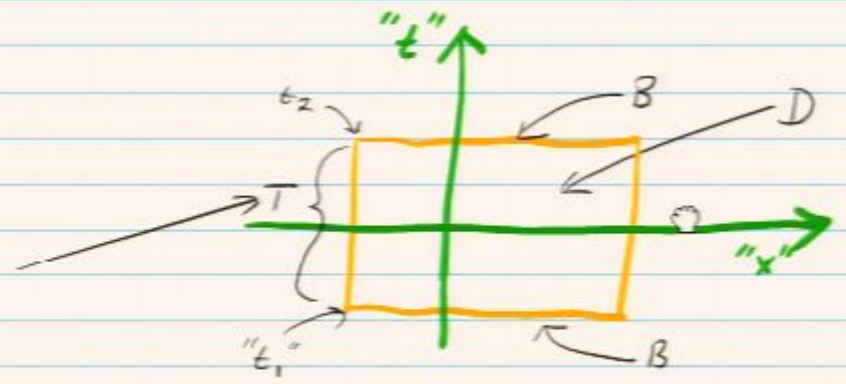


$$0 = \int_D \underbrace{\alpha(\nu_g^{-1} \tau_\alpha)}_{\substack{1\text{-form} \\ 3\text{-form}}} = \int_{\partial D} \nu_g^* \tau_\alpha \quad \text{⊗}$$

$\leftarrow$  4dim space-time region       $\leftarrow$  3-dim space-time sub manifold.

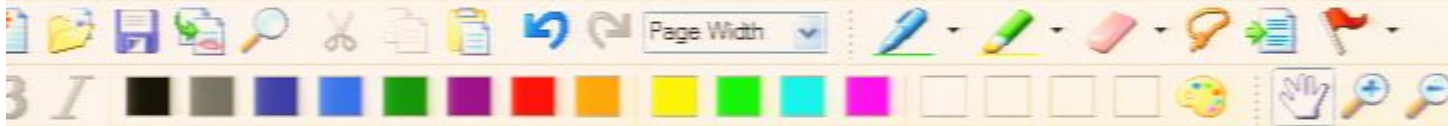
**V** Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:

( $T$  is assumed far out in space, where there is no matter, energy, momentum and no curvature.)



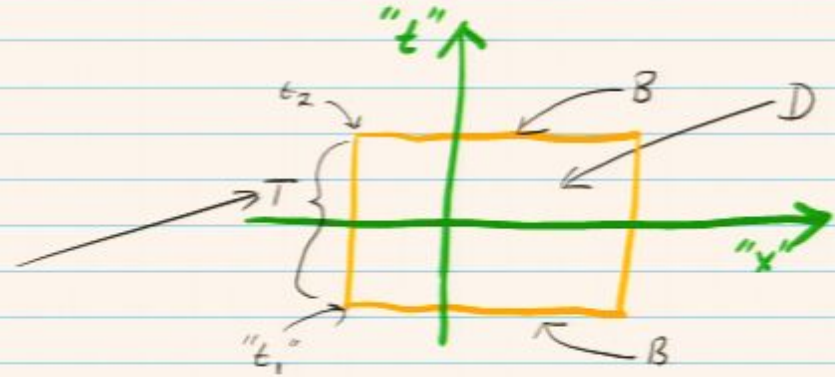
so that equation  $\text{⊗}$ , namely

$$\int \nu_g^* \tau_\alpha = 0$$



**V** Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:

( $T$  is assumed far out in space, where there is no matter, energy, momentum and no curvature.)



so that equation  $\otimes$ , namely

$$\int_{\partial D} \vec{v}_j * \vec{\tau}_a = 0$$

becomes:

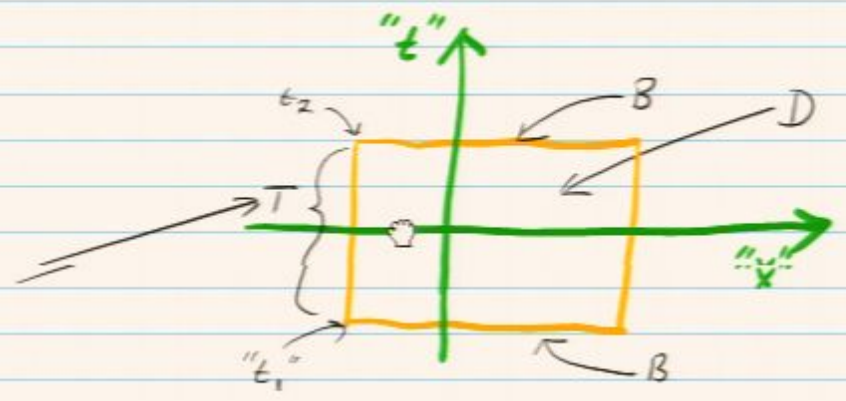
$$0 = \int_{B(t_1)} \vec{v}_j * \vec{\tau}_a + \int_{B(t_2)} \vec{v}_j * \vec{\tau}_a + \int_T \vec{v}_j * \vec{\tau}_a$$





V Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:

( $T$  is assumed far out in space, where there is no matter, energy, momentum and no curvature.)



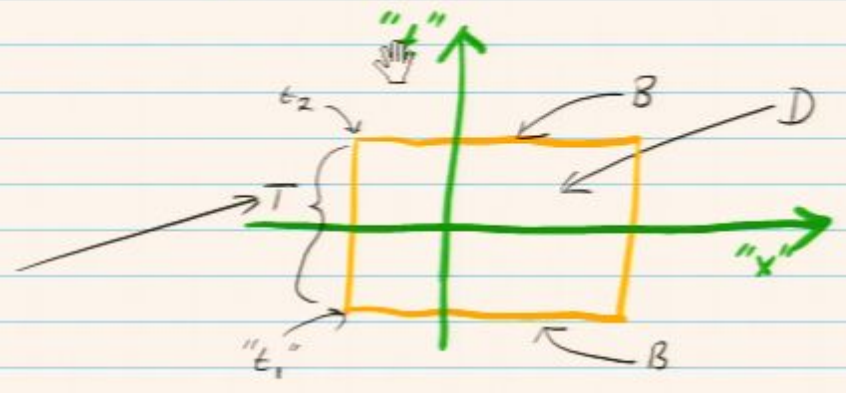
so that equation  $\otimes$ , namely

$$0 = \int_D d(\underbrace{\underbrace{v_{\underline{g}}}_{1\text{-form}} * \underbrace{\tau_{\underline{a}}}_{3\text{-form}}}_{4\text{-form}}) = \int_{\partial D} \underbrace{v_{\underline{g}} * \tau_{\underline{a}}}_{3\text{-form}} \quad \otimes$$

↖ 4-dim space-time region
↖ 3-dim space-time sub manifold.

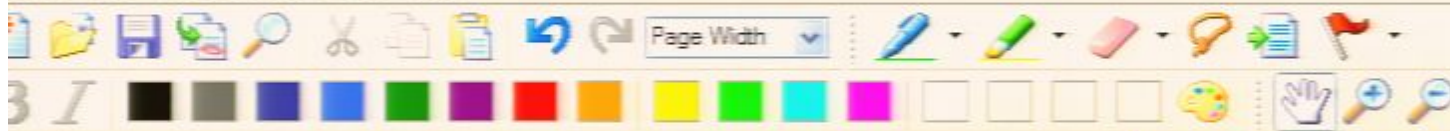
**V** Choose  $D$  bounded by the large box  $B$ , i.e. on large scales we have:

( $T$  is assumed far out in space, where there is no matter, energy, momentum and no curvature.)



so that equation  $\otimes$ , namely Page 89/141





(T is assumed far out in space, where there is no matter, energy, momentum and no curvature.)

so that equation ~~(X)~~, namely

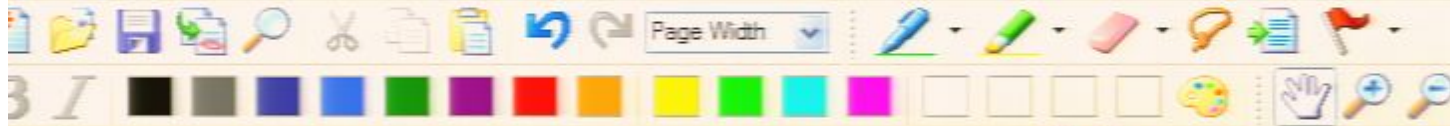
$$\int_{\partial D} v_g * \tau_a = 0$$

becomes:

$$0 = \int_{B(t_1)} v_g * \tau_a + \int_{B(t_2)} v_g * \tau_a + \int_T v_g * \tau_a$$

VI We notice that

$$\int v_g * \tau_a = 0$$



( $T$  is assumed far out in space, where there is no matter, energy, momentum and no curvature.)



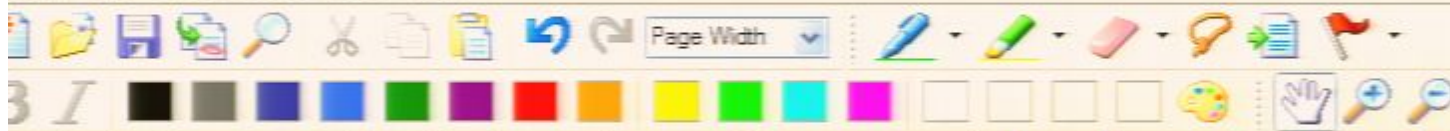
so that equation  $\otimes$ , namely

$$\int_{\partial D} \mathbf{v}_j * \tilde{\tau}_a = 0$$

becomes:

$$0 = \int_{B(t_1)} \mathbf{v}_j * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_j * \tilde{\tau}_a + \int_T \mathbf{v}_j * \tilde{\tau}_a$$





in space, where there is no matter, energy, momentum and no curvature.



so that equation ~~(X)~~, namely

$$\int_{\partial D} v_j^* \tau_a = 0$$

becomes:

$$0 = \int_{B(t_1)} v_j^* \tau_a + \int_{B(t_2)} v_j^* \tau_a + \int_T v_j^* \tau_a$$

VI We notice that

$$\int_T v_j^* \tau_a = 0$$

if, as we here assume, space is flat



$$0 = \int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a + \int_T \mathbf{v}_g * \tilde{\tau}_a$$

VI We notice that

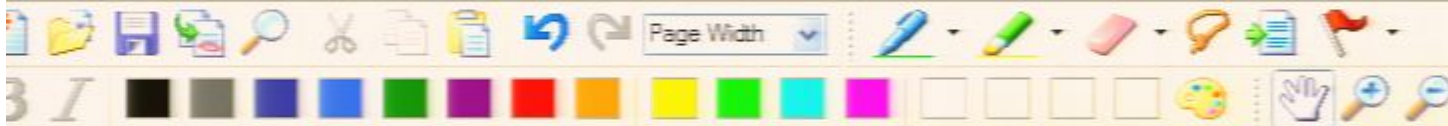
$$\int_T \mathbf{v}_g * \tilde{\tau}_a = 0$$

if, as we here assume, space is flat and empty far out in space. I.e., where events of  $T$  are, there we have  $T_a = 0$  and  $t_a = 0$

VII Therefore:

$$\int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a = 0$$





$$0 = \int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a + \int_T \mathbf{v}_g * \tilde{\tau}_a$$

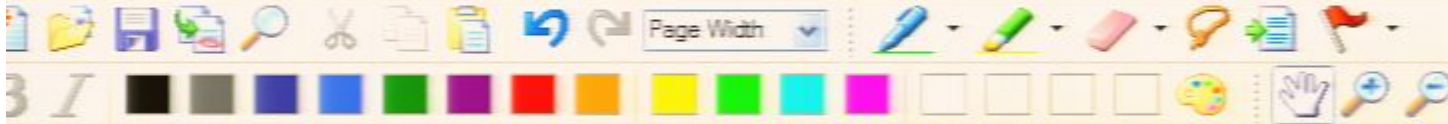
VI We notice that

$$\int_T \mathbf{v}_g * \tilde{\tau}_a = 0$$

if, as we here assume, space is flat and empty far out in space. I.e., where events of  $T$  are, there we have  $T_a = 0$  and  $t_a = 0$

VII Therefore:

$$\int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a = 0$$



$$0 = \int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a + \int_T \mathbf{v}_g * \tilde{\tau}_a$$

VI We notice that

$$\int_T \mathbf{v}_g * \tilde{\tau}_a = 0$$

if, as we here assume, space is flat and empty far out in space. I.e., where events of  $T$  are, there we have  $T_a = 0$  and  $t_a = 0$

VII Therefore:

$$\int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a = 0$$





becomes:

$$0 = \int_{B(t_1)} v_j^* \tau_a + \int_{B(t_2)} v_j^* \tau_a + \int_T v_j^* \tau_a$$

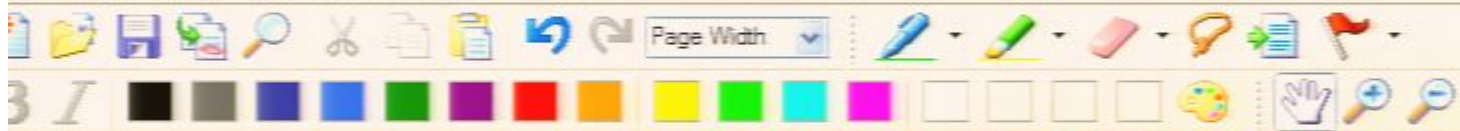
VI We notice that

$$\int_T v_j^* \tau_a = 0$$

if, as we here assume, space is flat and empty far out in space. I.e., where events of  $T$  are, there we have  $T_a = 0$  and  $t_a = 0$

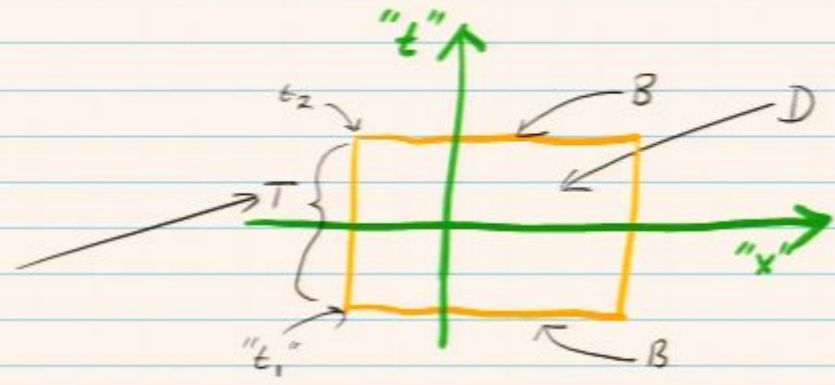
VII Therefore:

$$\int v_j^* \tau_a + \int v_j^* \tau_a = 0$$



on large scales we have:

(T is assumed far out in space, where there is no matter, energy, momentum and no curvature.)



so that equation ~~(X)~~, namely

$$\int_{\partial D} \vec{v}_j * \vec{\tau}_a = 0$$

becomes:

$$0 = \int_{B(t_1)} \vec{v}_j * \vec{\tau}_a + \int_{B(t_2)} \vec{v}_j * \vec{\tau}_a + \int_T \vec{v}_j * \vec{\tau}_a$$





$$0 = \int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_u + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_u + \int_T \mathbf{v}_g * \tilde{\tau}_u$$

VI We notice that

$$\int_T \mathbf{v}_g * \tilde{\tau}_u = 0$$

if, as we here assume, space is flat and empty far out in space. I.e., where events of  $T$  are, there we have  $T_u = 0$  and  $t_u = 0$

VII Therefore:

$$\int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_u + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_u = 0$$



VII Therefore:

$$\int_{B(t_1)} \mathbf{v}_j \times \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_j \times \tilde{\tau}_a = 0$$

But we notice that the 2nd integral has the timelike normal vector to  $B(t_2)$  pointing to the past.

$\Rightarrow$  If we define the integrations both with respect to future-pointing normals, we obtain:

$$\int_{B(t_1)}^f \mathbf{v}_j \times \tilde{\tau}_a = \int_{B(t_2)}^f \mathbf{v}_j \times \tilde{\tau}_a$$

VIII Define the total "ADM 4-momentum":





VII Therefore:

$$\int_{B(t_1)} \mathbf{v}_g * \tilde{\mathbf{t}}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\mathbf{t}}_a = 0$$

But we notice that the 2nd integral has the timelike normal vector to  $B(t_2)$  pointing to the past.

$\Rightarrow$  If we define the integrations both with respect to future-pointing normals, we obtain:

$$\int_{B(t_1)}^f \mathbf{v}_g * \tilde{\mathbf{t}}_a = \int_{B(t_2)}^f \mathbf{v}_g * \tilde{\mathbf{t}}_a$$

VIII Define the total "ADM 4-momentum":



$$\int_{B(t_1)}^f \mathcal{V}_g * \tau_a = \int_{B(t_2)}^f \mathcal{V}_g * \tau_a$$

VIII Define the total "ADM 4-momentum":

$$P_\mu := \int_B \mathcal{V}_g * \tau_\mu$$

← big box

← Arnowitt, Deser & Misner

It is conserved in time:

$$P_\mu(t_1) = P_\mu(t_2)$$

Because under  $\theta(x) \rightarrow A^\alpha_\beta(x) \theta^\beta(x)$  we have generally  $A^\alpha_\beta(x) = \delta^\alpha_\beta$  but for our case we have:

Note: It is a Minkowski tensor with respect to local Lorentz transformations that approach a





$$\int_{B(t_1)}^f \mathcal{V}_g * \tau_a = \int_{B(t_2)}^f \mathcal{V}_g * \tau_a$$

VIII Define the total "ADM 4-momentum":

*Arnowitt, Deser & Misner*

$$P_\mu := \int_B \mathcal{V}_g * \tau_\mu$$

← big box

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Because under  $\theta(x) \rightarrow A^\alpha_\beta(x) \theta^\beta(x)$  we have generally  $\theta^\alpha(x) \rightarrow A^\alpha_\beta(x) \theta^\beta(x)$  but for our case we have:



$$\int_{B(t_1)} \mathcal{V}_{\vec{g}} * \vec{\tau}_u + \int_{B(t_2)} \mathcal{V}_{\vec{g}} * \vec{\tau}_u = 0$$

But we notice that the 2nd integral has the timelike normal vector to  $B(t_2)$  pointing to the past.

$\Rightarrow$  If we define the integrations both with respect to future-pointing normals, we obtain:

$$\int_{B(t_1)}^f \mathcal{V}_{\vec{g}} * \vec{\tau}_u = \int_{B(t_2)}^f \mathcal{V}_{\vec{g}} * \vec{\tau}_u$$

VIII Define the total "ADM 4-momentum":

$$P_\mu := \int \mathcal{V}_{\vec{g}} * \tau_\mu$$

*Arnowitt, Deser & Misner*





$$\int_{B(t_1)} \mathbf{v}_g * \tilde{\tau}_a + \int_{B(t_2)} \mathbf{v}_g * \tilde{\tau}_a = 0$$

But we notice that the 2nd integral has the timelike normal vector to  $B(t_2)$  pointing to the past.

$\Rightarrow$  If we define the integrations both with respect to future-pointing normals, we obtain:

$$\int_{B(t_1)}^f \mathbf{v}_g * \tilde{\tau}_a = \int_{B(t_2)}^f \mathbf{v}_g * \tilde{\tau}_a$$

VIII Define the total "ADM 4-momentum":

$$P_\mu := \int_B \mathbf{v}_g * \tilde{\tau}_\mu$$

Arnowitt, Deser & Misner



to future-painting normals, we obtain:

$$\int_{B(t_1)}^f v_{\vec{g}} * \tau_{\mu} = \int_{B(t_2)}^f v_{\vec{g}} * \tau_{\mu}$$

VIII Define the total "ADM 4-momentum":

*Arnowitt, Deser & Misner*

$$P_{\mu} := \int_B v_{\vec{g}} * \tau_{\mu}$$

big box

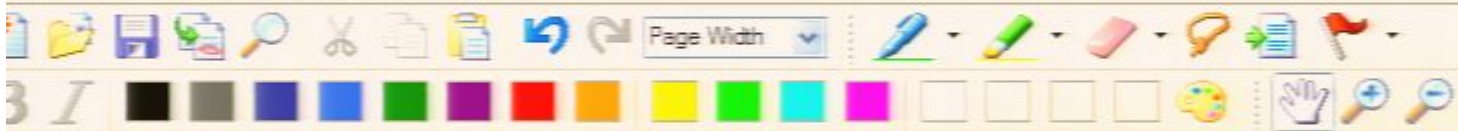
It is conserved in time:

$$P_{\mu}(t_1) = P_{\mu}(t_2)$$

Because under  
 $\theta(x^{\mu}) \rightarrow A^{\nu}_{\mu}(x) \theta^{\nu}(x)$   
we have generally  
 $\omega(x) \rightarrow A^{\mu}(x) \omega_{\mu}(x) + f(x)$

Note: It is a Minkowski tensor with respect to





# VIII Define the total "ADM 4-momentum":

Arnowitt, Deser & Misner

$$P_\mu := \int_B \sqrt{-g} * T_\mu$$

big box

It is conserved in time :

$$P_\mu(t_1) = P_\mu(t_2)$$

Because under  
 $\theta(x) \rightarrow A^\alpha_\beta(x) \theta^\beta(x)$   
we have generally  
 $\omega(x) \rightarrow A(x) \omega(x) A^T(x) + d(A)A$   
but far out in space we have:  
 $A(x) \rightarrow \text{const. c.c.}$   
 $\omega(x) \rightarrow A(x) \omega(x) A^T(x) - d$

Note: It is a Minkowski tensor with respect to local Lorentz transformations that approach a constant Lorentz transformation far out in space.

## Determination of $\tilde{e}_\alpha$



to future-painting normals, we obtain:

$$\int_{B(t_1)}^f \mathcal{V}_g * \tau_a = \int_{B(t_2)}^f \mathcal{V}_g * \tau_a$$

VIII Define the total "ADM 4-momentum":

$$P_\mu := \int_B \mathcal{V}_g * \tau_\mu$$

Arnowitt, Deser & Misner

big box

It is conserved in time :

$$P_\mu(t_1) = P_\mu(t_2)$$

Because under  $\theta(x) \rightarrow A^\mu(x) \theta^\nu(x)$  is small

Note: It is a Misner-Shi to see with respect to





$$P_\mu := \int_V g' * \tau_\mu$$

$B \leftarrow$  big box

It is conserved in time :

$$P_\mu(t_1) = P_\mu(t_2)$$

Because under  
 $\theta(x) \rightarrow A^\alpha_\beta(x) \theta^\beta(x)$   
 we have generally  
 $\omega(x) \rightarrow A(x) \omega(x) + f(x)$   
 but far out in space we have:  
 $A(x) \rightarrow \text{const. c.e.}$   
 $\omega(x) \rightarrow A(x) \omega(x) - 0$

Note: It is a Minkowski tensor with respect to local Lorentz transformations that approach a constant Lorentz transformation far out in space.



### Determination of $\tilde{\tau}_\alpha$

▢ Recall starting assumption, namely that

we can reformulate the Einstein equation

It is conserved in time :

$$P_\mu(t_1) = P_\mu(t_2)$$

Because under  
 $\theta(x) \rightarrow A^\mu_\nu(x) \theta^\nu(x)$   
 we have generally  
 $\omega(x) \rightarrow A(x) \omega(x) + f(x)$   
 but far out in space we have:  
 $A(x) \rightarrow \text{const. c.e.}$   
 $\omega(x) \rightarrow A(x) \omega(x) - \theta$

Note: It is a Minkowski tensor with respect to local Lorentz transformations that approach a constant Lorentz transformation far out in space.

Determination of  $\tilde{\tau}_\alpha$

□ Recall starting assumption, namely that we can reformulate the Einstein equation

$$-\frac{1}{2}H + \rho^{\beta\gamma} - \theta = (\dots)$$





It is conserved in time:

$$P_\nu(t_1) = P_\nu(t_2)$$

Because under

$$\theta(x) \rightarrow A^\mu_\nu(x) \theta^\nu(x)$$

we have generally

$$\omega(x) \rightarrow A^\mu_\nu(x) \omega^\nu(x) + f(x)$$

but far out in space we now have:

$$A^\mu_\nu \rightarrow \text{const. c.e.}$$

$$\omega(x) \rightarrow A^\mu_\nu(x) \omega^\nu(x) - f$$

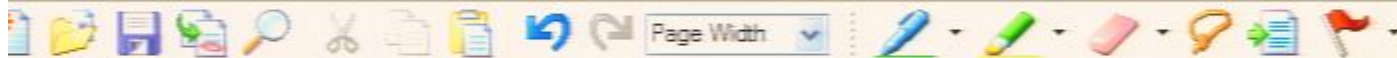
Note: It is a Minkowski tensor with respect to local Lorentz transformations that approach a constant Lorentz transformation far out in space.

## Determination of $\tilde{T}_\alpha$

□ Recall starting assumption, namely that

we can reformulate the Einstein equation

$$-\frac{1}{2} H_{\alpha\beta\gamma} \wedge \Omega^{\beta\gamma} = 8\pi G *T_\alpha$$



constant Lorentz transformation far out in space.

## Determination of $\tilde{\tau}_\alpha$

□ Recall starting assumption, namely that we can reformulate the Einstein equation

$$-\frac{1}{2} H_{\alpha\beta\gamma} \wedge \Omega^{\beta\gamma} = 8\pi G *T_\alpha$$

so that it reads:

$$d(\text{something}) = 8\pi G \sqrt{g} (*T_\alpha + *t_\alpha)$$

Note: (recall:  $T_{\mu\nu}$  too is only unique if we require  $T_{\mu\nu} = T_{\nu\mu}$ )





$$P_{\nu}(t_1) = P_{\nu}(t_2)$$

Because under  
 $\theta(x) \rightarrow A^{\mu}_{\nu}(x) \theta^{\nu}(x)$   
 we have generally  
 $\omega(x) \rightarrow A(x) \omega(x) A^T(x) + f(x) A$   
 but far out in space we have:  
 $A(x) \rightarrow \text{const. c.e.}$   
 $\omega(x) \rightarrow A(x) \omega(x) \rightarrow \omega$

Note: It is a Minkowski tensor with respect to local Lorentz transformations that approach a constant Lorentz transformation far out in space.

### Determination of $\tilde{\tau}_2$

□ Recall starting assumption, namely that we can reformulate the Einstein equation

$$-\frac{1}{2} H_{\alpha\beta\gamma} \wedge \Omega^{\beta\gamma} = 8\pi G *T_{\alpha}$$

so that it reads:

$$d(\text{something}) = 8\pi G (\underbrace{\tilde{\tau}_2}_{!!}) (*T + **)$$



## Determination of $\tau_\alpha$

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$$-\frac{1}{2} H_{\alpha\beta\gamma} \wedge \Omega^{\beta\gamma} = 8\pi G *T_\alpha$$

so that it reads:

$$d(\text{something}) = 8\pi G \sqrt{g} (*T_\alpha + *\tau_\alpha)$$

Note: (recall:  $T_{\mu\nu}$  too is only unique if we require  $T_{\mu\nu} = T_{\nu\mu}$ )

This decomposition is not unique, but there is a unique decomposition so that  $\tau_\alpha = t_{\alpha\beta} \theta^\beta$  is symmetric:





# Determination of $\tilde{\tau}_\alpha$

□ Recall starting assumption, namely that we can reformulate the Einstein equation

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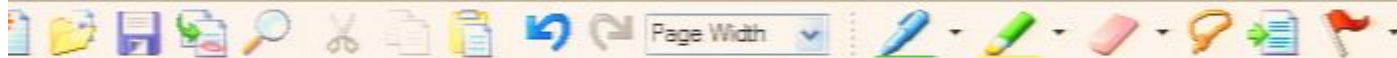
This decomposition is not unique, but there is a unique decomposition so that  $t_{\alpha} = t_{\alpha\beta} \theta^{\beta}$  is symmetric:

□ Proposition: (for proof see e.g. text by Straumann, page 112. It is not too difficult.)

The Einstein eqn.  $-\frac{1}{2} H_{\alpha\beta\gamma} \wedge \Omega^{\beta\gamma} = 8\pi G *T_{\alpha}$  can be reformulated as

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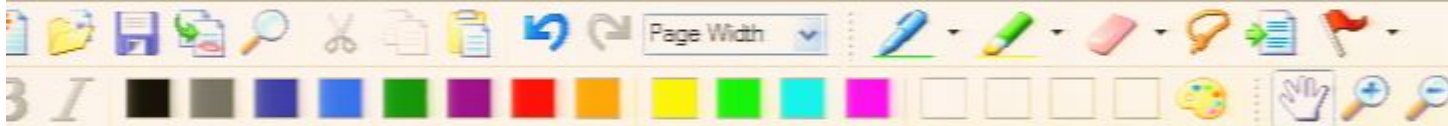
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with

$$*t_{\alpha} = -\frac{1}{16\pi G} H^{\alpha\beta\gamma\delta} \left( \underbrace{\omega_{\alpha\beta} \wedge \omega_{\gamma\delta}}_{3\text{-form}} \wedge \underbrace{\theta^{\delta}}_{1\text{-form}} - \underbrace{\omega_{\beta\gamma} \wedge \omega_{\alpha\delta}}_{3\text{-form}} \wedge \theta^{\alpha} \right) = *(\theta^{\alpha} \wedge \theta^{\beta} \wedge \theta^{\gamma} \wedge \theta^{\delta}) \quad (6)$$

which is the unique  $t_{\alpha}$  for which  $t_{\alpha\beta} \theta^{\beta}$  is symmetric





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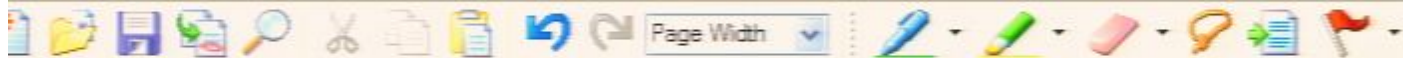
(6)

which is the unique  $t_{\alpha}$  for which  $t_{\alpha\beta} \theta^{\beta}$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_{\mu} := \int \sqrt{g} *z_{\mu}$$





$$d\left(-\frac{1}{2} \sqrt{g} \omega^{\mu\nu} \wedge H_{\alpha\beta\gamma}\right) = 8\pi G \sqrt{g} (*T_{\alpha} + *t_{\alpha})$$

with

$$*t_{\alpha} = -\frac{1}{16\pi G} H^{\alpha\beta\gamma\delta} \left( \omega_{\alpha\beta} \wedge \omega^{\gamma\delta} \wedge \theta^{\epsilon} - \omega_{\beta\gamma} \wedge \omega_{\alpha\delta} \wedge \theta^{\epsilon} \right) \quad (6)$$

$\swarrow$  1-form  $\swarrow$  :=  $*$ ( $\theta^{\alpha} \wedge \theta^{\beta} \wedge \theta^{\gamma} \wedge \theta^{\delta}$ )  
 $\nwarrow$  3-form  $\nwarrow$  3-form

which is the unique  $t_{\alpha}$  for which  $t_{\alpha\beta} \theta^{\beta}$  is symmetric.

$\Rightarrow$  We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_{\mu} := \int_{\mathcal{B}} \sqrt{g} * \tau_{\mu}$$

$\leftarrow$  big box

(The "positive") with  $\tau = T + t$



with

$$*t_\alpha = -\frac{1}{16\pi G} H^{\alpha\beta\gamma\delta} \underbrace{(\omega_{\alpha\beta} \wedge \omega^\sigma_\gamma \wedge \theta_\delta - \omega_{\beta\gamma} \wedge \omega^\sigma_\alpha \wedge \theta^\sigma)}_{3\text{-form}} = *(\theta^\alpha \wedge \theta^\beta \wedge \theta^\gamma \wedge \theta^\delta) \quad (6)$$

1-form
4-form
3-form

which is the unique  $t_\alpha$  for which  $t_{\alpha\beta} \theta^\beta$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \tau_\mu$$

← big box

(The "positive energy theorem")

with  $\tau_\mu = T_\mu + t_\mu$   
↑ from gravity using Eqn. (6) above.  
↑ from matter





with

$$*t_\alpha = -\frac{1}{16\pi G} H^{\alpha\beta\gamma\delta} (\omega_{\alpha\beta} \wedge \omega^\gamma \wedge \theta^\delta - \omega_{\beta\gamma} \wedge \omega^\alpha \wedge \theta^\delta) \quad (6)$$

Annotations:   
 -  $*t_\alpha$  is labeled as a 3-form.   
 -  $H^{\alpha\beta\gamma\delta}$  is labeled as a 4-form.   
 -  $\omega_{\alpha\beta} \wedge \omega^\gamma \wedge \theta^\delta - \omega_{\beta\gamma} \wedge \omega^\alpha \wedge \theta^\delta$  is labeled as a 3-form.   
 - The right-hand side is also labeled as  $*(\theta^\alpha \wedge \theta^\beta \wedge \theta^\gamma \wedge \theta^\delta)$ .

which is the unique  $t_\alpha$  for which  $t_{\alpha\beta} \theta^\beta$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

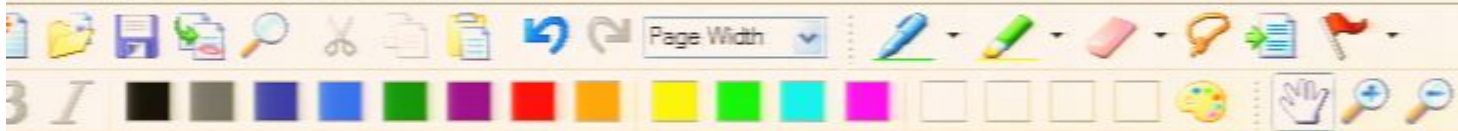
$$P_\mu := \int_B \tau_\mu$$

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(The "positive energy theorem")

with  $\tau_\mu = T_\mu + t_\mu$   
 $T_\mu$  from matter   
 $t_\mu$  from gravity using Eqn. (6) above.

Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$



with

$$\underbrace{*t_\alpha}_{3\text{-form}} = -\frac{1}{16\pi G} \underbrace{H^{\alpha\beta\gamma\delta}}_{1\text{-form}} \underbrace{(\omega_{\alpha\beta} \wedge \omega_{\gamma\delta} \wedge \theta^5 - \omega_{\beta\gamma} \wedge \omega_{\alpha\delta} \wedge \theta^5)}_{3\text{-form}} \tag{6}$$

$= *(\theta^\alpha \wedge \theta^\beta \wedge \theta^\gamma \wedge \theta^\delta)$

which is the unique  $t_\alpha$  for which  $t_{\alpha\beta} \theta^\beta$  is symmetric.

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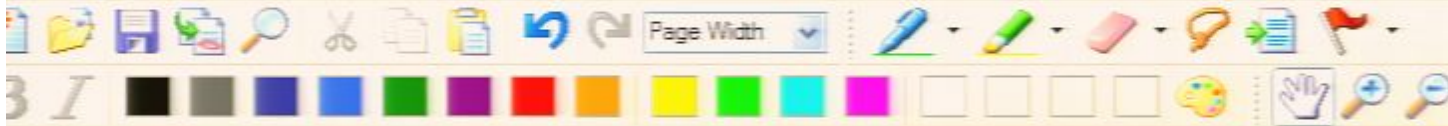
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 $T_\mu$  from gravity using Eqn. (6) above.  
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Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$





$$\underbrace{*t_\alpha}_{3\text{-form}} = -\frac{1}{16\pi G} \underbrace{H^{\alpha\beta\gamma\delta}}_{4\text{-form}} \underbrace{(\omega_{\alpha\beta} \wedge \omega_{\gamma\delta} \wedge \theta^\delta - \omega_{\beta\gamma} \wedge \omega_{\alpha\delta} \wedge \theta^\delta)}_{3\text{-form}} \tag{6}$$

$:= *(\theta^\alpha \wedge \theta^\beta \wedge \theta^\gamma \wedge \theta^\delta)$

which is the unique  $t_\alpha$  for which  $t_{\alpha\beta} \theta^\beta$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \sqrt{g} * \tau_\mu$$

← big box

(The "positive energy theorem")

with  $\tau_\mu = T_\mu + t_\mu$

$T_\mu$  from gravity using Eqn. (6) above.  
 $t_\mu$  from matter

Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$



$$*\underline{t}_\alpha = -\frac{1}{16\pi G} H^{\alpha\beta\gamma\delta} \left( \omega_{\alpha\beta} \wedge \omega^\gamma_\delta \wedge \theta^\delta - \omega_{\beta\gamma} \wedge \omega^\delta_\alpha \wedge \theta^\alpha \right) \quad (6)$$

1-form
3-form
3-form
3-form

which is the unique  $\underline{t}_\alpha$  for which  $\underline{t}_{\alpha\beta} \theta^\beta$  is symmetric.

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(The "positive energy theorem")

with  $\tau_\mu = T_\mu + \underline{t}_\mu$   
 $T_\mu$  from matter  
 $\underline{t}_\mu$  from gravity using Eqn. (6) above.

Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$

(i.e. the ADM 4-vector is future-directed timelike or lightlike:  $P_\mu P^\mu \leq 0$  and  $P_0 \geq 0$ )

Angular momentum?





$$*t_{\alpha} = -\frac{1}{16\pi G} H^{\alpha\beta\gamma\delta} \underbrace{(\omega_{\alpha\beta} \wedge \omega^{\gamma} \wedge \theta^{\delta} - \omega_{\beta\gamma} \wedge \omega_{\alpha\delta} \wedge \theta^{\delta})}_{3\text{-form}} \quad (6)$$

3-form                      3-form

which is the unique  $t_{\alpha}$  for which  $t_{\alpha\beta} \theta^{\beta}$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_{\mu} := \int_{\mathcal{B}} \tau_{\mu}$$

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Angular momentum?

3-form  $\tau_{\mu\nu}$  of form,  $\tau_{\mu\nu}$  3-form (6)

which is the unique  $t_\mu$  for which  $t_\mu \tau^{\mu\nu}$  is symmetric.

$\Rightarrow$  We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \tau_\mu$$

← big box

(The "positive energy theorem") with  $\tau_\mu = T_\mu + t_\mu$   
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(i.e. the ADM 4-vector is future-directed timelike or lightlike:  $P_\mu P^\mu \leq 0$  and  $p_0 \geq 0$ )

Angular momentum?

Choose coordinates that become cartesian Minkowski far out





3-form

which is the unique  $t_x$  for which  $t_{\alpha\beta} \theta^\beta$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \tau_\mu^\alpha \theta^\alpha$$

← big box

(The "positive energy theorem")

with  $\tau_\mu^\alpha = T_\mu^\alpha + t_\mu^\alpha$   
 $T_\mu^\alpha$  from matter       $t_\mu^\alpha$  from gravity using Eqn. (G) above.

Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$

⤴ (i.e. the ADM 4-vector is future-directed) ⤴  
(timelike or lightlike:  $P_\mu P^\mu \leq 0$  and  $p_0 \geq 0$ )

## Angular momentum?

□ Choose coordinates that become cartesian Minkowski far out.

□ Define:  $*M^{\alpha\beta} := x^\alpha \wedge \tau^\beta - x^\beta \wedge \tau^\alpha$       → Note: For this it is necessary



which is the unique  $t_a$  for which  $t_a \theta^a$  is symmetric.

⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \sqrt{\gamma} * \tau_\mu$$

← big box

(The "positive energy theorem") with  $\tau_\mu = T_\mu + t_\mu$   
 $T_\mu$  from gravity using Eqn. (G) above.  
 $t_\mu$  from matter

Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$

⊙ (i.e. the ADM 4-vector is future-directed timelike or lightlike:  $P_\mu P^\mu \leq 0$  and  $P_0 \geq 0$ )

## Angular momentum?

□ Choose coordinates that become cartesian Minkowski far out.

□ Define:  $*M^{\alpha\beta} := x^\alpha * \tau^\beta - x^\beta * \tau^\alpha$

→ Note: For this it is necessary to have chosen the definite Minkowski...





⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \sqrt{g} * \tau_\mu$$

← big box

(The "positive energy theorem") with  $\tau_\mu = T_\mu + t_\mu$   
 $T_\mu$  from gravity using Eqn. (G) above.  
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Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$

⊙ (i.e. the ADM 4-vector is future-directed timelike or lightlike:  $P^\mu P_\mu \leq 0$  and  $P_0 > 0$ )

### Angular momentum?

□ Choose coordinates that become cartesian Minkowski far out.

□ Define:  $*M^{\alpha\beta} := x^\alpha * \tau^\beta - x^\beta * \tau^\alpha$

□ Proposition:  $d(\sqrt{g} * M^{\alpha\beta}) = 0$

→ Note: For this it is necessary to have chosen the definition of  $t$  which has  $t_{\alpha\beta}$  and therefore also  $\tau_{\alpha\beta}$  symmetric.

⇒ ADM 4-angular momentum  $J^{\alpha\beta} := \int \sqrt{g} * M^{\alpha\beta}$  is conserved!



⇒ We now have all ingredients to calculate the conserved ADM energy momentum vector

$$P_\mu := \int_B \sqrt{g} * \tau_\mu$$

← big box

(The "positive energy theorem") with  $\tau_\mu = T_\mu + t_\mu$   
↳ from gravity using Eqn. (G) above.  
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Theorem: If the dominant energy condition holds, then  $P_0 \geq 0$

☞ (i.e. the ADM 4-vector is future-directed) (timelike or lightlike:  $P_\mu P^\mu \leq 0$  and  $p_0 \geq 0$ )

## Angular momentum?

□ Choose coordinates that become cartesian Minkowski far out.

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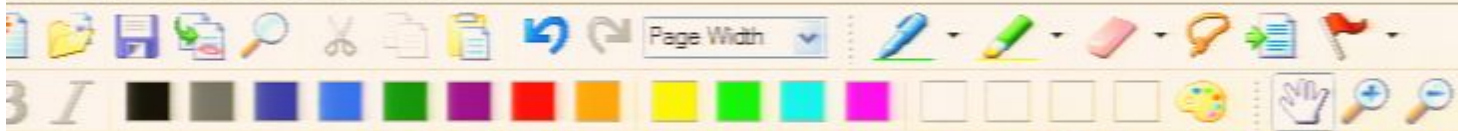
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$J^{\alpha\beta} := \int \sqrt{g} * M^{\alpha\beta}$  is conserved!





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(The "positive energy theorem") with  $\tau_\mu = T_\mu + t_\mu$   
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(i.e. the ADM 4-vector is future-directed timelike or lightlike:  $P^\mu P_\mu \leq 0$  and  $p_0 > 0$ )

## Angular momentum?

□ Choose coordinates that become cartesian Minkowski far out.

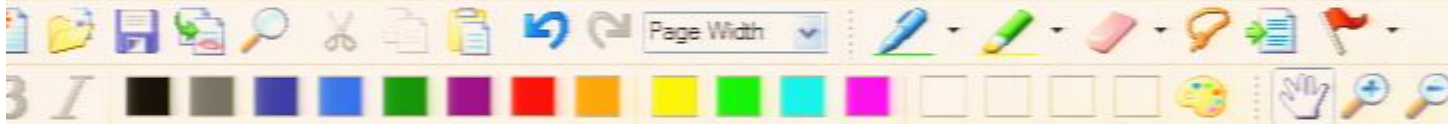
□ Define:  $*M^{\alpha\beta} := x^\alpha * \tau^\beta - x^\beta * \tau^\alpha$

□ Proposition:  $d(\sqrt{g} * M^{\alpha\beta}) = 0$

Note: For this it is necessary to have chosen the definition of  $t$  which has  $t_{\alpha\beta}$ , and therefore also  $\tau_{\alpha\beta}$ , symmetric.

⇒ ADM 4-angular momentum

$$J^{\alpha\beta} := \int_S \sqrt{g} * M^{\alpha\beta} \text{ is conserved!}$$



$\Rightarrow$  ADM 4-angular momentum  $J^{\alpha\beta} := \int_B \sqrt{g} * M^{\alpha\beta}$  is conserved!

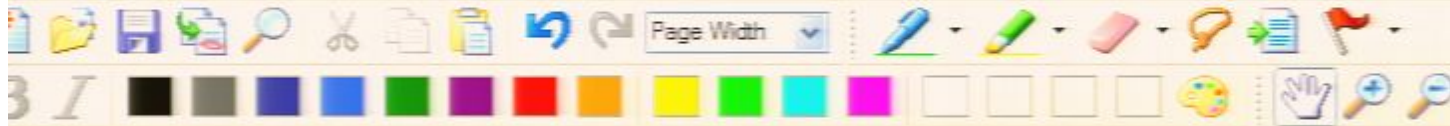
b.) Taking account of grav. waves:

□ Do we have to account for possible energy-momentum loss due to radiation from the region of strong gravity, in particular, grav. wave radiation?

■ This depends on how we define our "box".

If the box is large enough for our assumptions to hold, then grav. radiation cannot escape the region between  $t_1, t_2$





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If the box is large enough for our assumptions to hold, then grav. radiation cannot escape the region between  $t_1, t_2$

□ But also: We can choose space-like hypersurfaces which at large distances "bend up" to become asymptotically light-like.

□ This leads to the Sachs-Bondi 4-momentum  $P^{(a)}$



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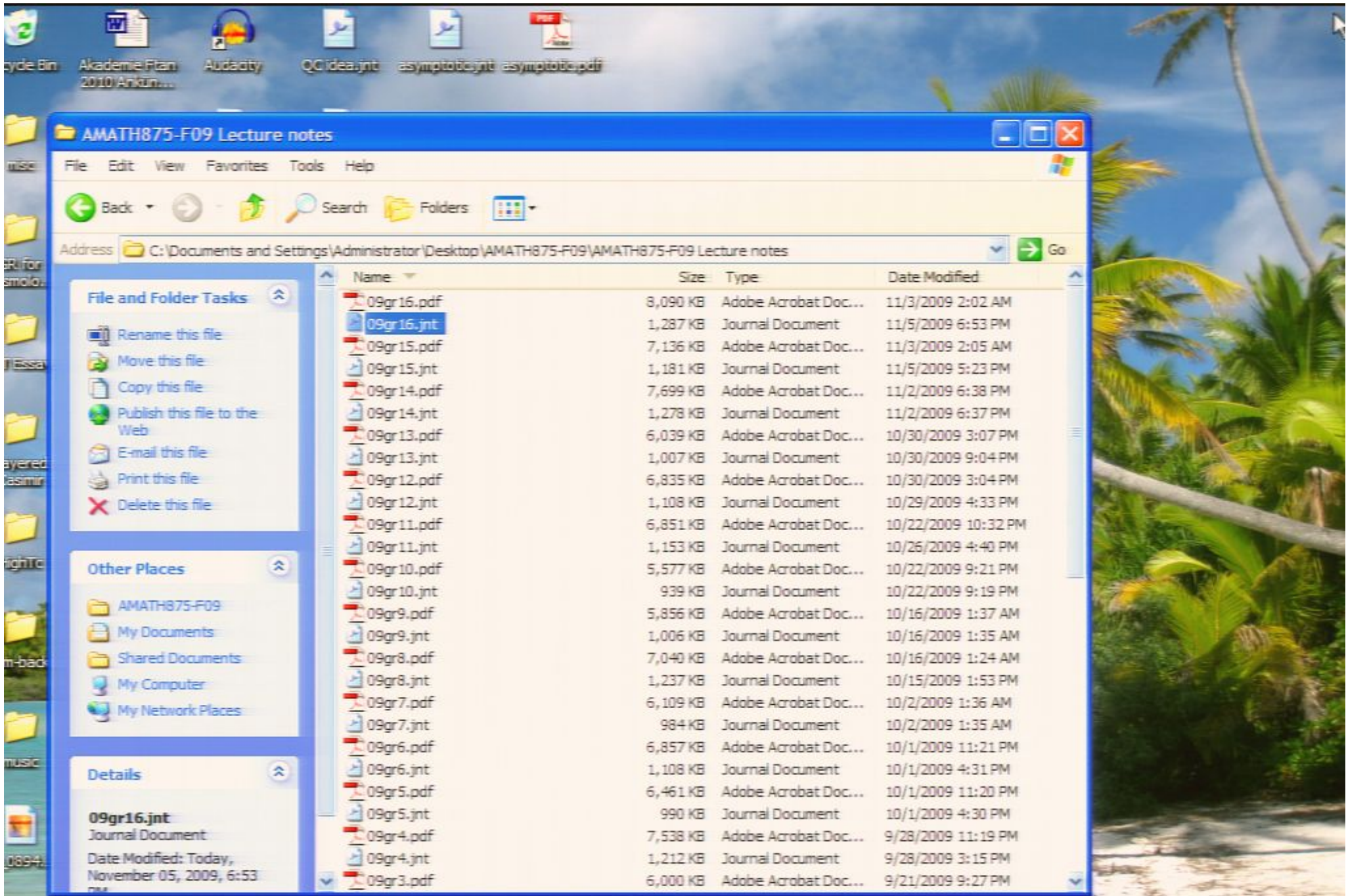
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**09gr16.jnt**  
 Journal Document  
 Date Modified: Today,  
 November 05, 2009, 6:53 PM

Name	Size	Type	Date Modified
09gr16.pdf	8,090 KB	Adobe Acrobat Doc...	11/3/2009 2:02 AM
09gr16.jnt	1,287 KB	Journal Document	11/5/2009 6:53 PM
09gr15.pdf	7,136 KB	Adobe Acrobat Doc...	11/3/2009 2:05 AM
09gr15.jnt	1,181 KB	Journal Document	11/5/2009 5:23 PM
09gr14.pdf	7,699 KB	Adobe Acrobat Doc...	11/2/2009 6:38 PM
09gr14.jnt	1,278 KB	Journal Document	11/2/2009 6:37 PM
09gr13.pdf	6,039 KB	Adobe Acrobat Doc...	10/30/2009 3:07 PM
09gr13.jnt	1,007 KB	Journal Document	10/30/2009 9:04 PM
09gr12.pdf	6,835 KB	Adobe Acrobat Doc...	10/30/2009 3:04 PM
09gr12.jnt	1,108 KB	Journal Document	10/29/2009 4:33 PM
09gr11.pdf	6,851 KB	Adobe Acrobat Doc...	10/22/2009 10:32 PM
09gr11.jnt	1,153 KB	Journal Document	10/26/2009 4:40 PM
09gr10.pdf	5,577 KB	Adobe Acrobat Doc...	10/22/2009 9:21 PM
09gr10.jnt	939 KB	Journal Document	10/22/2009 9:19 PM
09gr9.pdf	5,856 KB	Adobe Acrobat Doc...	10/16/2009 1:37 AM
09gr9.jnt	1,006 KB	Journal Document	10/16/2009 1:35 AM
09gr8.pdf	7,040 KB	Adobe Acrobat Doc...	10/16/2009 1:24 AM
09gr8.jnt	1,237 KB	Journal Document	10/15/2009 1:53 PM
09gr7.pdf	6,109 KB	Adobe Acrobat Doc...	10/2/2009 1:36 AM
09gr7.jnt	984 KB	Journal Document	10/2/2009 1:35 AM
09gr6.pdf	6,857 KB	Adobe Acrobat Doc...	10/1/2009 11:21 PM
09gr6.jnt	1,108 KB	Journal Document	10/1/2009 4:31 PM
09gr5.pdf	6,461 KB	Adobe Acrobat Doc...	10/1/2009 11:20 PM
09gr5.jnt	990 KB	Journal Document	10/1/2009 4:30 PM
09gr4.pdf	7,538 KB	Adobe Acrobat Doc...	9/28/2009 11:19 PM
09gr4.jnt	1,212 KB	Journal Document	9/28/2009 3:15 PM
09gr3.pdf	6,000 KB	Adobe Acrobat Doc...	9/21/2009 9:27 PM



