

Title: Horava gravity and strong coupling

Date: Nov 08, 2009 03:00 PM

URL: <http://pirsa.org/09110055>

Abstract:

Strong coupling in Hořava gravity

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November 8, 2009

Outline

- 1 massive photons
- 2 massive photons: à la Stückelberg
- 3 massive gravitons
- 4 Hřrava gravity

massive photons

Lagrangian

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{m^2}{2}A_\mu A^\mu$$

massive photons

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equations of motion

$$\begin{aligned} -\partial_\mu \partial^\mu A_\nu + \partial_\nu \partial_\mu A^\mu + m^2 A_\nu &= 0 \\ m^2 \partial_\mu A^\mu &= 0 \end{aligned}$$

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so for $m \neq 0$

$$\begin{aligned} \partial_\mu A^\mu &= 0 \\ -\partial_\mu \partial^\mu A_\nu + m^2 A_\nu &= 0 \end{aligned}$$

massive photons

single mode

$$A^\mu(x) = a^\mu e^{ik \cdot x}$$

dispersion relation

$$(k^0)^2 = m^2 + \underline{k}^2$$

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polarization vectors $\epsilon_{(\Lambda)}^\mu$

$$\epsilon_{(\Lambda)}^\mu \epsilon_{(\Lambda')}^\nu \eta_{\mu\nu} = \eta_{\Lambda\Lambda'}$$

$$\epsilon_{(\Lambda)}^\mu \epsilon_{(\Lambda')}^\nu \eta^{\Lambda\Lambda'} = \eta^{\mu\nu}$$

massive photons

e.g.

$$\epsilon_{(0)} = (1, \underline{0})$$

$$\epsilon_{(1)} = (0, \hat{n} \times \underline{k} / |\hat{n} \times \underline{k}|)$$

$$\epsilon_{(2)} = (0, \underline{k} \times (\hat{n} \times \underline{k}) / |\underline{k} \times (\hat{n} \times \underline{k})|)$$

$$\epsilon_{(3)} = (0, \hat{k})$$

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e.g.

$\epsilon_{(0)}$ timelike

$\epsilon_{(1)}$ transverse, $k_\mu \epsilon_{(1)}^\mu = 0$

$\epsilon_{(2)}$ transverse, $k_\mu \epsilon_{(2)}^\mu = 0$

$\epsilon_{(3)}$ longitudinal

massive photons

polarization of mode

$$a^\mu = \alpha^\Lambda \epsilon_{(\Lambda)}^\mu$$

$$\partial_\mu A^\mu = 0, (m \neq 0)$$

$$\alpha^{(0)} = \frac{|k|}{k^0} \alpha^{(3)}$$

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degrees of freedom

three physical modes $\left\{ \begin{array}{l} \text{two transverse} \\ \text{one longitudinal} \end{array} \right.$

massless photons

residual gauge freedom

$$A_\mu \rightarrow A_\mu + \partial_\mu \Lambda, \quad \partial_\mu \partial^\mu \Lambda = 0$$

This fixes $A^{(3)}$

$$\Lambda = \lambda e^{i\mathbf{k} \cdot \mathbf{x}}$$
$$\alpha^{(3)} \rightarrow \alpha^{(3)} + i\lambda |\underline{k}|$$

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degrees of freedom

two physical transverse modes

massive photons: Stückelberg technique

Lagrangian

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{m^2}{2}A_\mu A^\mu$$

This has no gauge symmetry, but one appears at $m = 0$.

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redefine fields

$$A_\mu \rightarrow A_\mu + \frac{1}{m}\partial_\mu\phi$$

$$\mathcal{L} \rightarrow -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{1}{2}\partial_\mu\phi\partial^\mu\phi - \frac{m^2}{2}A_\mu A^\mu - mA^\mu\partial_\mu\phi$$

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new gauge symmetry

$$A_\mu \rightarrow A_\mu + \partial_\mu\Lambda, \quad \phi \rightarrow \phi - m\Lambda$$

massive photons: Stückelberg technique

- $\phi = 0$ gauge recovers the original Lagrangian
- the first gauge symmetry leaves the vector with two transverse degrees of freedom
- the scalar mode (Stückelberg scalar), ϕ , is identified with the longitudinal mode of the massive vector.
- we now have a smooth massless limit

$$\mathcal{L}_{m \rightarrow 0} \rightarrow -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{1}{2} \partial_\mu \phi \partial^\mu \phi$$

where degrees of freedom do not simply vanish

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massive photons: strong coupling

coupling to matter

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{m^2}{2}A_\mu A^\mu - j^\mu A_\mu$$

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Stückelberg redefinition

$$A_\mu \rightarrow A_\mu + \frac{1}{m}\partial_\mu\phi$$

to find

$$\begin{aligned} \mathcal{L} \rightarrow & -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} - \frac{1}{2}\partial_\mu\phi\partial^\mu\phi - \frac{m^2}{2}A_\mu A^\mu - mA^\mu\partial_\mu\phi \\ & -j^\mu A_\mu - \frac{1}{m}j^\mu\partial_\mu\phi \end{aligned}$$

massive gravitons

Lagrangian

$$\mathcal{L} = M_{\text{P}}^2 \left(-\frac{1}{2} \partial_\lambda h_{\mu\nu} \partial^\lambda h^{\mu\nu} + \partial_\mu h_{\nu\lambda} \partial^\nu h^{\mu\lambda} - \partial_\mu h^{\mu\nu} \partial_\nu h + \frac{1}{2} \partial_\mu h \partial^\mu h \right) - \frac{M_{\text{P}}^2 m^2}{2} (h_{\mu\nu} h^{\mu\nu} - h^2) + h_{\mu\nu} T^{\mu\nu},$$

five degrees of freedom, compared to two for the massless limit.

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gauge symmetry (massless)

$$h_{\mu\nu} \rightarrow h_{\mu\nu} + \partial_\mu \zeta_\nu + \partial_\nu \zeta_\mu$$

massive gravitons

imposing gauge symmetry

which we impose *via* the Stückelberg technique (Arkani-Hamed et al) to the massive case by introducing a scalar and a vector

$$h_{\mu\nu} \rightarrow h_{\mu\nu} + \frac{1}{\sqrt{2}mM_P}(\partial_\mu A_\nu + \partial_\nu A_\mu) + \frac{1}{m^2 M_P} \partial_\mu \partial_\nu \phi$$

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$$\mathcal{L} = \mathcal{L}_{m=0} - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} - 2(h_{\mu\nu} \partial^\mu \partial^\nu \phi - h \partial^\mu \partial_\mu \phi) + \frac{1}{M_P} h_{\mu\nu} T^{\mu\nu}$$

(for conserved matter sector). Gauge symmetries:

$$\begin{aligned} \delta h_{\mu\nu} &= \partial_\mu \zeta_\nu + \partial_\nu \zeta_\mu, & \delta A_\mu &= -\sqrt{2} m \zeta_\mu \\ \delta A_\mu &= \partial_\mu \Lambda, & \delta \phi &= -\frac{m}{\sqrt{2}} \Lambda \end{aligned}$$

degrees of freedom

- two degrees of freedom for $h_{\mu\nu}$
- two for A_μ
- one for ϕ

massive gravitons: massless limit

non-linear completion

The non-linear completion is what provides us with strong coupling. Terms such as

$$M_P^2 m^2 h^3$$

Stückelberged non-linear completion

$$\frac{(\partial^2 \phi)^3}{M_P m^4}$$

strong coupling

$$\Lambda_5 \sim (M_P m^4)^{1/5}$$

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ADM split in gravity



$$ds^2 = -N^2(t, \underline{x})c^2 dt^2 + [dx^i + N^i(t, \underline{x})dt][dx^j + N^j(t, \underline{x})dt]\gamma_{ij}(t, \underline{x})$$

 1

$$[t] = -z, \quad [x] = -1, \quad [c] = z - 1, \quad [\gamma_{ij}] = 0, \quad [N_i] = z - 1, \quad [N] = 0$$

ADM diffeomorphisms

spacetime diffeomorphisms

$$t \longrightarrow t - f(t, \underline{x}), \quad x^i \longrightarrow x^i - \zeta^i(t, \underline{x})$$

induce the active diffeomorphisms (linear level)

$$\gamma_{ij} \rightarrow \gamma_{ij} + 2\nabla_{(i}\zeta_{j)} + \dot{f}\gamma_{ij} + N_i\partial_j f + N_j\partial_i f,$$

$$N_i \rightarrow N_i + \partial_i(\zeta^j N_j) - 2\zeta^j\nabla_{[i}N_{j]} + \zeta^j\gamma_{ij} + \dot{f}N_i + f\dot{N}_i + (-N^2 + \underline{N}^2)\partial_i f,$$

$$N \rightarrow N + \zeta^j\partial_j N + \dot{f}N + f\dot{N} + NN^i\partial_i f.$$

constructing an action

foliation-preserving diffeomorphisms, $f = f(t)$

$$\nabla_i, \gamma_{ij}, K_{ij}, R_{ijkl}, (\nabla)^n R_{ijkl}, \nabla_i \ln N, \dots$$

extrinsic curvature

$$K_{ij} = \frac{1}{2N} (\dot{\gamma}_{ij} - \nabla_i N_j - \nabla_j N_i).$$

$$[K_{ij}] = z$$

constructing an action

kinetic, potential terms

$$T_{gr} = \frac{1}{\kappa} N \sqrt{\gamma} [K_{ij} K^{ij} - K^2]$$

$$V_{gr} = -\frac{c^2}{\kappa} N \sqrt{\gamma} \mathcal{R}$$

$$[\kappa] = Z - 3$$

constructing an action

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extrinsic curvature

$$K_{ij} = \frac{1}{2N} (\dot{\gamma}_{ij} - \nabla_i N_j - \nabla_j N_i).$$

$$[K_{ij}] = z$$

constructing an action

kinetic, potential terms

$$T_{gr} = \frac{1}{\kappa} N \sqrt{\gamma} [K_{ij} K^{ij} - K^2]$$

$$V_{gr} = -\frac{c^2}{\kappa} N \sqrt{\gamma} \mathcal{R}$$

$$[\kappa] = Z - 3$$

ADM diffeomorphisms

spacetime diffeomorphisms

$$t \longrightarrow t - f(t, \underline{x}), \quad x^i \longrightarrow x^i - \zeta^i(t, \underline{x})$$

induce the active diffeomorphisms (linear level)

$$\gamma_{ij} \rightarrow \gamma_{ij} + 2\nabla_{(i}\zeta_{j)} + \dot{f}\gamma_{ij} + N_i\partial_j f + N_j\partial_i f,$$

$$N_i \rightarrow N_i + \partial_i(\zeta^j N_j) - 2\zeta^j\nabla_{[i}N_{j]} + \zeta^j\gamma_{ij} + \dot{f}N_i + f\dot{N}_i + (-N^2 + \underline{N}^2)\partial_i f,$$

$$N \rightarrow N + \zeta^j\partial_j N + \dot{f}N + f\dot{N} + NN^i\partial_i f.$$

ADM split in gravity



$$ds^2 = -N^2(t, \underline{x})c^2 dt^2 + [dx^i + N^i(t, \underline{x})dt][dx^j + N^j(t, \underline{x})dt]\gamma_{ij}(t, \underline{x})$$

1

$$[t] = -z, \quad [x] = -1, \quad [c] = z - 1, \quad [\gamma_{ij}] = 0, \quad [N_i] = z - 1, \quad [N] = 0$$

constructing an action

kinetic, potential terms

$$T_{gr} = \frac{1}{\kappa} N \sqrt{\gamma} [K_{ij} K^{ij} - K^2]$$

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constructing an action

kinetic, potential terms

$$T_{gr} = \frac{1}{\kappa} N \sqrt{\gamma} [K_{ij} K^{ij} - K^2]$$

$$V_{gr} = -\frac{c^2}{\kappa} N \sqrt{\gamma} \mathcal{R}$$

$$[\kappa] = Z - 3$$

general form

$$T = T_{gr} + \frac{1}{\kappa} N \sqrt{\gamma} (1 - \lambda) K^2$$

$$V = V_{gr} + V_{uv}(R_{ijkl}, \nabla^n R_{ijkl}, \nabla_i \ln N \dots)$$

($\lambda = 1$ required for general relativity)

matter

action

$$S = S_H + S_m$$

introduce

$$\rho = -\frac{1}{\sqrt{g}} \frac{\delta S_m}{\delta N} \quad \left(= \frac{1}{N^2} T_{00} \right)$$

$$v^i = -\frac{1}{\sqrt{g}} \frac{\delta S_m}{\delta N_i} \quad \left(= \frac{N}{2} T^{i0} \right)$$

$$\tau^{ij} = -\frac{1}{\sqrt{g}} \frac{\delta S_m}{\delta \gamma_{ij}} \quad \left(= -\frac{N}{2} T^{ij} \right)$$

matter and conservation laws

full diffeomorphism invariance

$$\delta S = \int d^4x T^{\mu\nu} \delta g_{\mu\nu} = \int d^4x T^{\mu\nu} (\delta g_{\mu\nu} - \nabla_\mu \zeta_\nu - \nabla_\nu \zeta_\mu)$$
$$\Rightarrow 0 = \int d^4x \zeta_\nu \nabla_\mu T^{\mu\nu}$$

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foliation-preserving diffeomorphism invariance

$$\int d^3x \sqrt{\gamma} \left[\dot{\gamma}_{ij} \tau^{ij} - N \frac{(\rho \sqrt{\gamma})}{\sqrt{\gamma}} - N_i \frac{(v^i \sqrt{\gamma})}{\sqrt{\gamma}} \right] = 0,$$

$$2\nabla^i \tau_{ij} - \rho \partial_j N + \frac{(v^i \sqrt{\gamma})}{\sqrt{\gamma}} + N_j \nabla_i v^i + 2v^i \nabla_{[i} N_{j]} = 0.$$

defining a background

- the background has vanishing momentum conjugate to γ_{ij} , so $\bar{K}_{ij} = 0$.
- matter sources are switched off, $\bar{\rho} = 0$, $\bar{v}^i = 0$, $\bar{\tau}^{ij} = 0$.
- choose a gauge where $\bar{N}_i = 0$

conservation law

$$\int d^3x \sqrt{\bar{\gamma}} [\bar{N}\dot{\rho}] = 0$$

perturbation equations

action

$$S_{(H)} = S_{(gr)} + S_m + \int d^4x N \sqrt{\gamma} \left\{ \frac{1}{\kappa} (1 - \lambda) K^2 - V_{uv}(R_{ijkl}, \nabla^n R_{ijkl}, \nabla \ln N \dots) \right\}$$

quadratic action

$$S_{(H)}^{(2)} = S_{(gr)}^{(2)} + S_m^{(2)} + S_{uv}^{(2)}$$

by perturbing about the background

$$N = \bar{N} + n, \quad \underline{N} = \bar{\underline{N}} + \underline{n}, \quad \gamma_{ij} = \bar{\gamma}_{ij} + h_{ij}$$

perturbation equations

quadratic action

$$S_m^{(2)} = - \int dt d^3x \sqrt{\bar{\gamma}} [n\rho + n_i v^i + h_{ij} \tau^{ij}]$$

$$S_{uv}^{(2)} = \int dt d^3x \sqrt{\bar{\gamma}} \bar{N} \left\{ \frac{1}{\kappa} (1 - \lambda) (\delta K)^2 - V_{uv}^{(2)} (R_{ijkl} \dots) \right\}$$

perturbation equations

full 4D diffeomorphism

$$t \longrightarrow t - f(t, \underline{x}), \quad x^i \longrightarrow x^i - \zeta^i(t, \underline{x})$$

is

$$\gamma_{ij} \rightarrow \gamma_{ij} + 2\nabla_{(i}\zeta_{j)} + \dot{f}\gamma_{ij} + N_i\partial_j f + N_j\partial_i f,$$

$$N_i \rightarrow N_i + \partial_i(\zeta^j N_j) - 2\zeta^j\nabla_{[i}N_{j]} + \zeta^j\gamma_{ij} + \dot{f}N_i + f\dot{N}_i + (-N^2 + \underline{N}^2)\partial_i f,$$

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perturbation equations

full 4D diffeomorphism in the background

$$h_{ij} \rightarrow h_{ij} + 2\nabla_{(i}\zeta_{j)},$$

$$n_i \rightarrow n_i + \zeta^j \bar{\gamma}_{ij} - \bar{N}^2 \partial_i f,$$

$$n \rightarrow n + \zeta^j \partial_j \bar{N} + \dot{f} \bar{N} + f \dot{\bar{N}}.$$

Stückelberg the perturbation equations

restore full diffeomorphism: ξ, ϕ

$$h_{ij} \rightarrow h_{ij} + 2\nabla_{(i}\xi_{j)},$$

$$n_i \rightarrow n_i + \xi^j \bar{\gamma}_{ij} - \bar{N}^2 c^2 \partial_i \phi,$$

$$n \rightarrow n + \xi^j \partial_j \bar{N} + \dot{\phi} \bar{N} + \phi \dot{\bar{N}}.$$

restore full diffeomorphism

- $S_{gr}^{(2)}$ is invariant
- ξ^i is a 3d diffeomorphism
- by construction $S_H^{(2)}$ invariant under ξ^i , so ξ^i does not appear as a degree of freedom

Stückelberg the perturbation equations

Stückelberg scalar Lagrangian

$$\begin{aligned} \mathcal{L}^{(2)} \rightarrow \mathcal{L}^{(2)} &+ \frac{c^2}{\kappa} (1 - \lambda) \left(\frac{2}{\bar{N}} \nabla^i (\bar{N}^2 \partial_i \phi) \delta K + \frac{c^2}{\bar{N}^2} (\nabla^i (\bar{N}^2 \partial_i \phi))^2 \right) \\ &- \left(\dot{\rho} + \nabla_i (\bar{N}^2 v^i) / \bar{N} \right) \phi + \text{non linear terms} \end{aligned}$$

canonically normalize

$$\phi \rightarrow \sqrt{\frac{\kappa}{c^3(1-\lambda)}} \phi$$

Stückelberg the perturbation equations

Stückelberg scalar Lagrangian

$$S_\phi = \int c dt d^3x \sqrt{\gamma} N \left\{ \frac{1}{\bar{N}^2} (\nabla^i (\bar{N}^2 \partial_i \phi))^2 + \frac{2}{\bar{N}} \sqrt{\frac{1-\lambda}{\kappa c}} \nabla^i (\bar{N}^2 \partial_i \phi) \delta K \right. \\ \left. - \sqrt{\frac{\kappa}{c^3(1-\lambda)}} \left(\frac{1}{c} \dot{\rho} + \nabla_i (\bar{N}^2 c v^i) / \bar{N} \right) \phi \right\} \\ + \text{non linear terms}$$

strong coupling

$$\Lambda_{naive} = \sqrt{\frac{c^3(1-\lambda)}{\kappa}} = M_p \sqrt{1-\lambda}$$

GR limit ($\lambda \rightarrow 1$) strongly coupled on all scales ($[\Lambda_{naive}] = z = [t^{-1}]$)

Stückelberg the perturbation equations

higher order terms

$$S_{uv} = \int d^4x N \sqrt{\gamma} \frac{1}{\kappa} (1 - \lambda) K^2 + \dots$$

$$K_{ij} = \frac{1}{2N} (\dot{\gamma}_{ij} - \nabla_i N_j - \nabla_j N_i)$$

$$N = \bar{N} + n, \quad \underline{N} = \underline{\bar{N}} + \underline{n}, \quad \gamma_{ij} = \bar{\gamma}_{ij} + h_{ij}$$

Stückelberg fields

$$n \rightarrow n + \xi^j \partial_j \bar{N} + \dot{\phi} \bar{N} + \phi \dot{\bar{N}}$$

$$n_i \rightarrow n_i + \xi^j \bar{\gamma}_{ij} - \bar{N}^2 c^2 \partial_i \phi,$$

$$h_{ij} \rightarrow h_{ij} + 2\nabla_{(i} \xi_{j)},$$

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higher order terms

$$S_{UV} = \int d^4x N \sqrt{\gamma} \frac{1}{\kappa} (1 - \lambda) K^2 + \dots$$

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Stückelberg the perturbation equations

typical terms

$$(1 - \lambda)(\partial_t)^\#(\partial_x)^\#(n)^\#(h_{ij})^\#(n_i)^\#$$

which Stückelberg to

$$(1 - \lambda)(\partial_t)^\#(\partial_x)^\#(n)^\#(h_{ij})^\#(n_i)^\#(\phi)^\#$$

canonically normalize

$$\phi \rightarrow \phi/\sqrt{1 - \lambda}$$

$$\frac{(\partial_t)^\#(\partial_x)^\#(n)^\#(h_{ij})^\#(n_i)^\#(\phi)^\#}{(1 - \lambda)^\#}$$

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$$S_{uv} = \int d^4x N \sqrt{\gamma} \frac{1}{\kappa} (1 - \lambda) K^2 + \dots$$

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Stückelberg scalar Lagrangian

$$S_\phi = \int c dt d^3x \sqrt{\gamma} N \left\{ \frac{1}{\bar{N}^2} (\nabla^i (\bar{N}^2 \partial_i \phi))^2 + \frac{2}{\bar{N}} \sqrt{\frac{1-\lambda}{\kappa c}} \nabla^i (\bar{N}^2 \partial_i \phi) \delta K \right. \\ \left. - \sqrt{\frac{\kappa}{c^3(1-\lambda)}} \left(\frac{1}{c} \dot{\rho} + \nabla_i (\bar{N}^2 c v^i) / \bar{N} \right) \phi \right\} \\ + \text{non linear terms}$$

strong coupling

$$\Lambda_{naive} = \sqrt{\frac{c^3(1-\lambda)}{\kappa}} = M_p \sqrt{1-\lambda}$$

GR limit ($\lambda \rightarrow 1$) strongly coupled on all scales ($[\Lambda_{naive}] = z = [t^{-1}]$)

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canonically normalize

$$\phi \rightarrow \sqrt{\frac{\kappa}{c^3(1-\lambda)}} \phi$$

perturbation equations

full 4D diffeomorphism in the background

$$h_{ij} \rightarrow h_{ij} + 2\nabla_{(i}\zeta_{j)},$$

$$n_i \rightarrow n_i + \zeta^j \bar{\gamma}_{ij} - \bar{N}^2 \partial_i f,$$

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Stüeckelberg the perturbation equations

typical terms

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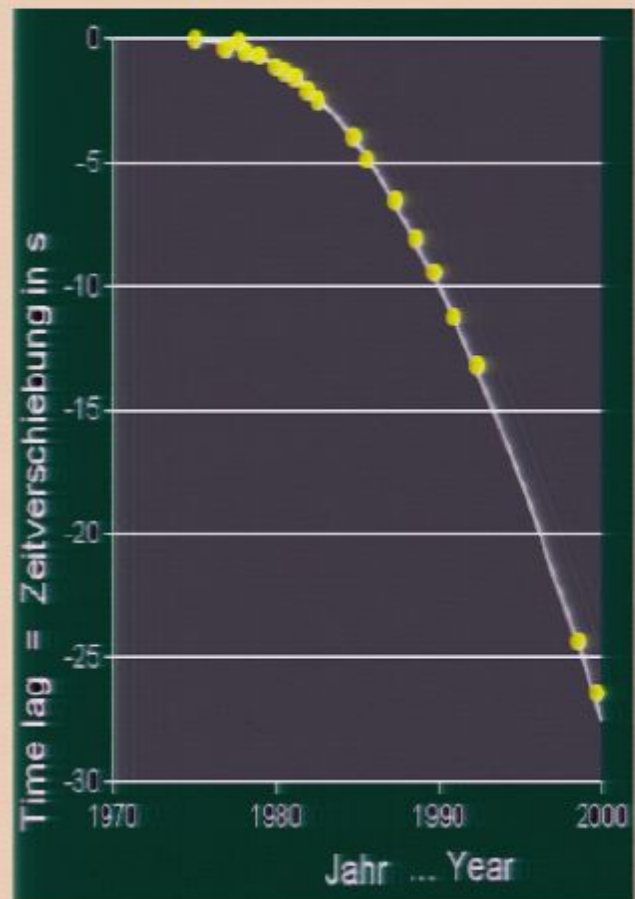
canonically normalize

$$\phi \rightarrow \phi/\sqrt{1 - \lambda}$$

$$\frac{(\partial_t)^\#(\partial_x)^\#(n)^\#(h_{ij})^\#(n_i)^\#(\phi)^\#}{(1 - \lambda)^\#}$$

Stückelberg the perturbation equations

pulsar timing data



relativistic Hörrava gravity

ADM split, Germani et al, Blas et al

$$\gamma_{ij} \rightarrow h_{\mu\nu} = g_{\mu\nu} - n_\mu n_\nu$$

$$K_{ij} \rightarrow K_{\mu\nu} = h^\alpha{}_\mu h^\beta{}_\nu \nabla_{(\alpha} n_{\beta)}$$

$$R_{ijkl} \rightarrow \mathcal{R}_{\lambda\mu\nu\rho} = R_{\alpha\beta\gamma\delta} h^\alpha{}_\lambda h^\beta{}_\mu h^\gamma{}_\nu h^\delta{}_\rho + 2K_{\mu[\nu} K_{\rho]\lambda}$$

slices and the Stückelberg scalar

$$n_\mu = \frac{\partial_\mu \phi}{\sqrt{-\partial_\mu \phi \partial^\mu \phi}}$$

relativistic Hörrava gravity

gauge choice

aligning the time co-ordinate with ϕ ($\phi = t$) recovers the original Hörrava action

gauge choice

$$n_0 = N$$

$$h_{ij} = \gamma_{ij}$$

$$\mathcal{K}_{ij} = K_{ij}$$

...

relativistic Hörrava gravity

gauge choice

aligning the time co-ordinate with ϕ ($\phi = t$) recovers the original Hörrava action

gauge choice

$$n_0 = N$$

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$$\mathcal{K}_{ij} = K_{ij}$$

...

Lagrangian

$$\mathcal{L} \sim R + (1 - \lambda)\mathcal{K}^2 + h^{\mu\nu} h^{\rho\sigma} \mathcal{R}_{\mu\rho} \mathcal{R}_{\nu\sigma} + \dots$$

strong coupling about different backgrounds

Blas et al

$$\phi = \bar{\phi} + \chi$$

In terms of canonically normalized fields

$$S_\chi = \int d^4x \left\{ v^i \dot{\chi} \partial_i \chi + (\nabla^2 \chi)^2 + \frac{L^9}{\Lambda_{naive}} \dot{\chi} (\nabla^2 \chi)^2 \right\}$$

- v^i - unit vector along spatial gradient
- L - lengthscale of background, $\bar{R}_{ij} \sim 1/L^2$, $\bar{K}_{ij} \sim 1/L^3$.
- χ is dynamical
- strong coupling energy scale is $(\Lambda)^4 \sim \left(\frac{\Lambda_{naive}}{L}\right)^3$

Summary

- more derivatives in the action gives the possibility of a renormalizable theory of gravity
- maintaining Lorentz invariance leads to ghosts
- losing Lorentz invariance leads to extra degrees of freedom
- Hřrava gravity has a single extra degree of freedom
- that extra degree of freedom is strongly coupled in the vacuum
- change your degrees of freedom, c.f. QCD
- Vainshtein effect