

Title: Nonperturbative Insights from Causal Dynamical Triangulations

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Abstract:

An  $\perp$  view on

Asymptotic Safety

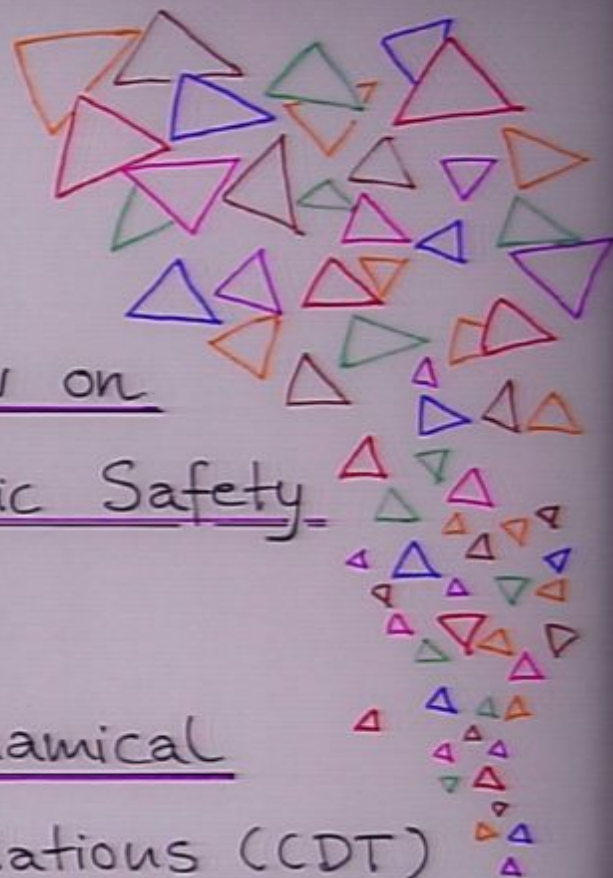
from

Causal Dynamical

Triangulations (CDT)

Renate Loll, Utrecht University

(collaboration w/ J. Ambjørn (Niels Bohr I.),  
J. Jurkiewicz, A. Görlich (Krakow U.) and  
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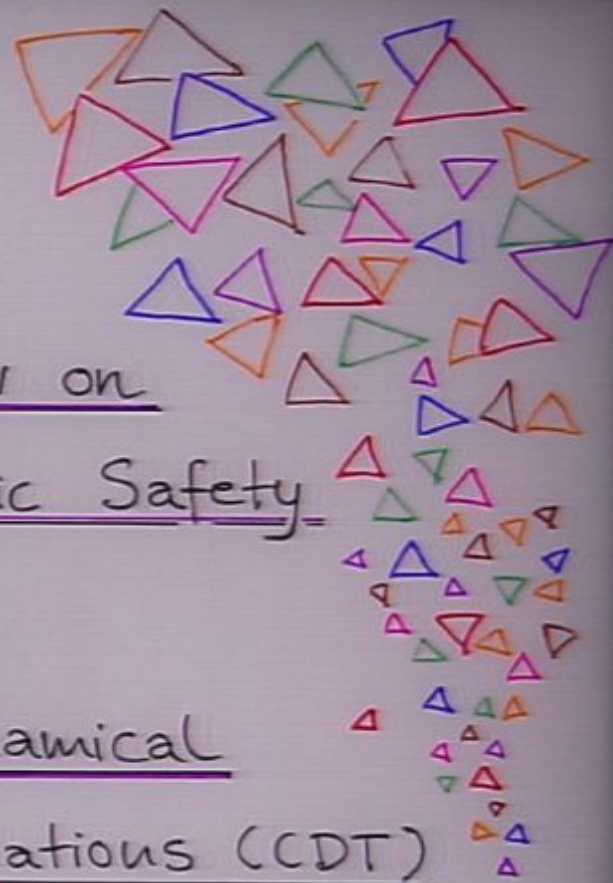
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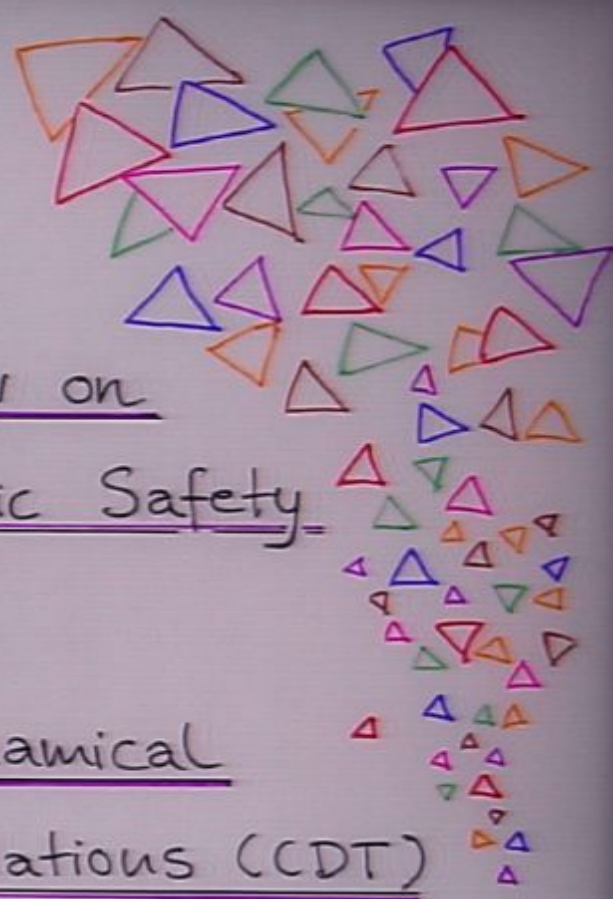
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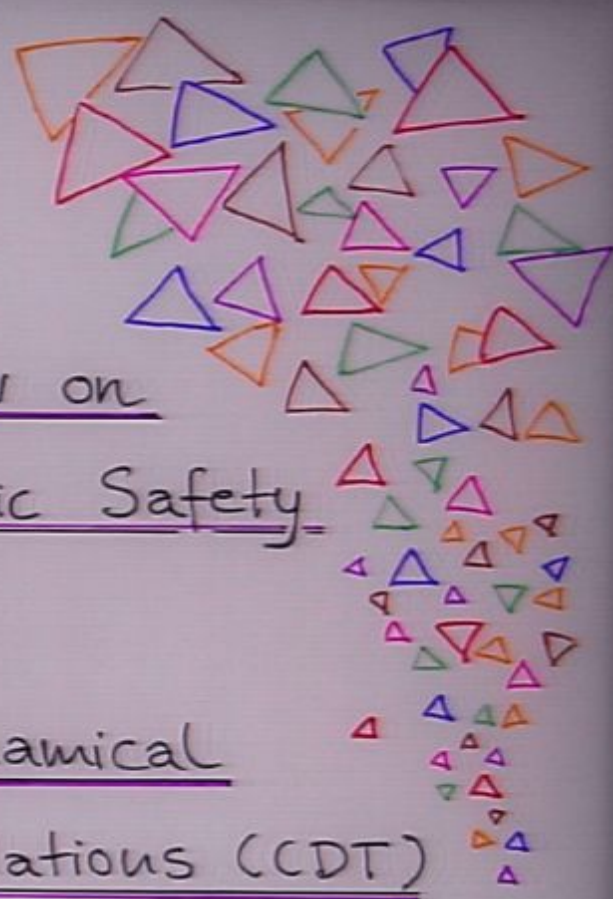
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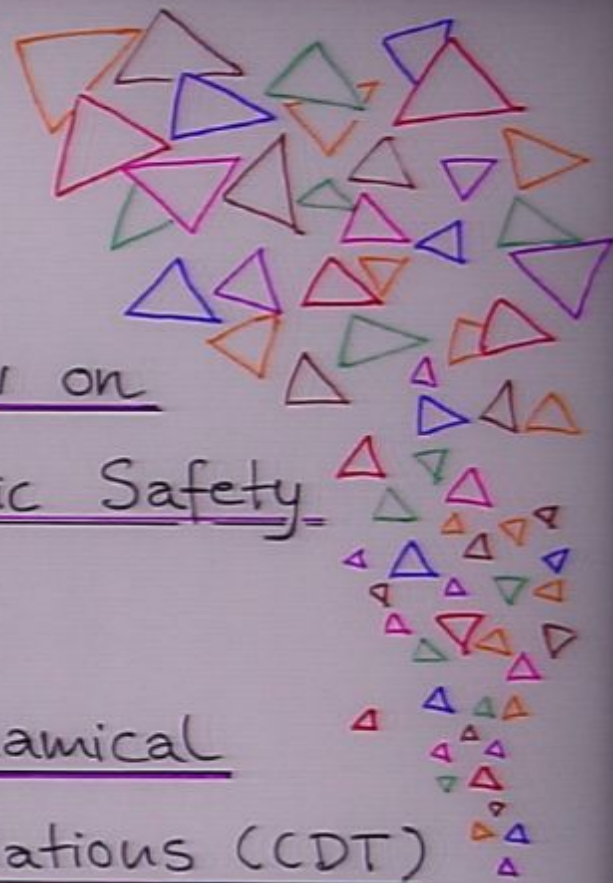
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## The Future of Quantum Gravity <sup>⊛</sup>

①

The framework of standard causal QFT is sufficient to construct and understand quantum gravity as a fundamental theory, if the dynamical and nonperturbative nature of spacetime is taken into account properly.

**RADICAL! MINIMALIST!**

- \* pushing the boundaries of "standard" (this is gravity, after all)
- \* nonperturbative approaches are not all equivalent

One possible UV scenario

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- \* even if FRG methods establish the existence of a NG fixed point, must still



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tools / concepts remain usable / valid near  $l_{Pl}$ .  
May be difficult to check.

Is the existence of a nontrivial  
fixed point a physical observable  
in quantum gravity?

Best we can do currently:

"web of quantum gravities"

- some right, some wrong (too early to tell)

The road forward: "observables"  $\approx$   
invariantly defined geometric quantities

- beautiful example: short-distance spectral  
dimension found across disparate approaches

(J. Ambjørn, J. Jurkiewicz, R.L., hep-th/0505113;

O. Lauscher, M. Reuter, hep-th/0508202;

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③

How can we test for asymptotic safety?

- QG à la FRG (functional renormal. group)  
→ Taylor-made
- QG à la CDT (causal dynam. triangulations)  
→ perhaps (c.f. J. Ambjørn's talk)

### Common features

- covariant, action-based approaches, with full dynamics incorporated
- vital input from numerical tools
- can look for scaling behaviour in UV
- conceptually and computationally "tight" (no exotic ingredients)  $\Rightarrow$  falsifiable? \*

### Differences

FRG

CDT

algebraic

$\longleftrightarrow$  geometric

continuum formulation,  $\longleftrightarrow$  "discrete" formulation

needs gauge-fixing  $\longleftrightarrow$  no gauge d.o.f.

Euclidean

$\longleftrightarrow$  causal structure essential

- \* Euclidean version already falsified

④

### What CDT quantum gravity can do for you

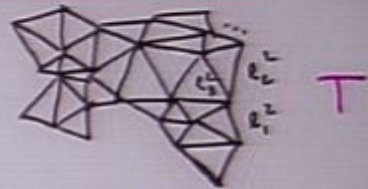
Given a model of full, nonperturbative QG (microscopic d.o.f. + dynamical principle + ...), we typically cannot work out its dynamics and predictions analytically.

- \* technical tool box of CDT (Monte Carlo simulations + finite-size scaling) allows us to do this
- \* can obtain nonperturbative info not easily accessible by other methods (c.f. lattice QCD)
- \* potentially, can obtain the correct theory of quantum gravity (if limiting process  $a \rightarrow 0$  converges)
- \* evaluating suitable diffeo-invariant quantities gives us hints of how to construct an effective theory of the (sub-) Planckian "atoms of spacetime"
- \* as we'll see, one uncovers many nonperturbative surprises

Beautiful idea: "GR without coordinates"

⑤

(T. Regge 1961) ~ simplicial approximation of curved manifolds  $M$



$$(M, g_{\mu\nu}(x)) \underset{\text{approx.}}{\cong} (T, \{l_i^2; i=1, \dots, n\})$$

- piecewise flat geometry is encoded entirely in geodesic edge lengths and connectivity of  $T$
- works in any dimension and signature

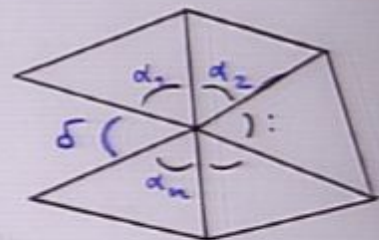


- re-introducing  $g_{\mu\nu}$  for a 2-simplex, e.g.

$$\rightsquigarrow g_{\mu\nu} = \begin{pmatrix} l_1^2 & \frac{l_1^2 + l_2^2 - l_3^2}{2} \\ \frac{l_1^2 + l_2^2 - l_3^2}{2} & l_2^2 \end{pmatrix}$$

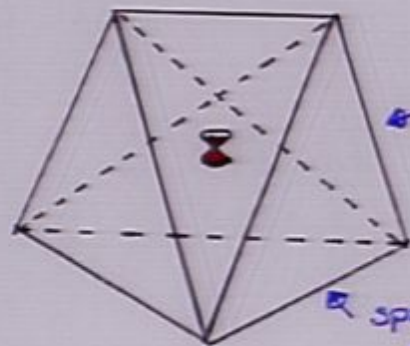
- curvature ~ deficit angle

$$\delta = 2\pi - \sum_{i \sim v} \alpha_i$$



in general, concentrated at  $(d-2)$ -subsimplices





← timelike  
edge,  $l^2 = -\alpha a^2$ ,  $\alpha > 0$

↗ spacelike  
edge,  $l^2 = a^2$

elementary four-simplex,  
building block for causal  
dynamical triangulation  
(unphysical\*)

[\* no assumption of fundamental  
spacetime discreteness]

## What is CDT-quantum gravity?

⑥

Sum over histories  $Z(G_w, \Lambda)$ :

$$\int_{\text{spacetime geom.s } g \in \mathcal{G}} Dg e^{iS^{\text{EH}}[g]} \stackrel{\text{CDT}}{=} \lim_{\substack{a \rightarrow 0 \\ N \rightarrow \infty}} \sum_{\substack{\text{inequiv.} \\ \text{triangul.s} \\ T \in \mathcal{G}_{a,N}}} \frac{1}{|\text{Aut}(T)|} e^{iS^{\text{Regge}}[T]}$$

curved spacetime geometry  $g$

$\xrightarrow{\text{CDT regular.}}$

gluing  $T$  of  $N$  simplices  
(piecewise flat manifold)



$\rightarrow$  PIC

Regge & I

### Key features

- works directly on space of geometries
- nonperturbative:  $g$ 's far away from class. sol.s
- background-independent: "democracy of  $g$ 's"
- can evaluate  $Z$  quantitatively
- minimalist ingredients
- only QG theory which can dynamically generate its own (physically realistic) background
- results are by construction robust: many microscopic details of the regularization are irrelevant ("universality")

## CDT Key Achievements I

⑥

### Demonstrating the need for causality

Euclidean quantum gravity (with metric signature  $(++++)$ ) gives different and (in  $d=4$ ) wrong results

( $\Rightarrow$  don't do the path integral Hawking's way!)

First explicit and exactly soluble example of a system of dynamical geometry where (in  $d=2$ ) Lorentzian QG  $\neq$  Euclidean QG.

Comparing cylinder amplitudes:



typical Lorentzian  
PI history in 2d CDT

([hep-th/9805108](https://arxiv.org/abs/hep-th/9805108),  
w/ J. Ambjørn)

typical Euclidean  
PI history

( $x \sim$  causality-violat. pt.)

N.B.:  $\exists$  well-defined "Wick rotation"  $\mathcal{W}$   
for the Lorentzian histories s.t.

$\mathcal{W}(\text{Lor. PI histories}) \subsetneq \text{Euclid. PI histories}$



In  $d=4$ , encoding causality into the gluing rules for the 4-simplices <sup>(\*)</sup> is essential for obtaining a good classical limit.

[<sup>(\*)</sup> aligning light cones, no CTCs]

\* a nonperturbative quantum superposition of Euclidean (DT) curved "spacetimes" does not lead to a macroscopically extended 4dim. geometry (instead, Hausdorff dim.  $d_H=2$  or  $d_H=\infty$ )

(Bialas et al. hep-lat/9601024, 9608030)

\* instead, restricting to spacetimes satisfying "microcausality" (CDT) ~~does~~ can lead to an extended quantum universe

(J. Ambjorn, J. Jurkiewicz, RL, hep-th/0404156, 0505154)

↪ this reveals an intriguing relation between microstructure (microcausality = suppression of "baby universes" in time direction) and

(the existence of)



## Comparing phase diagrams

(8)

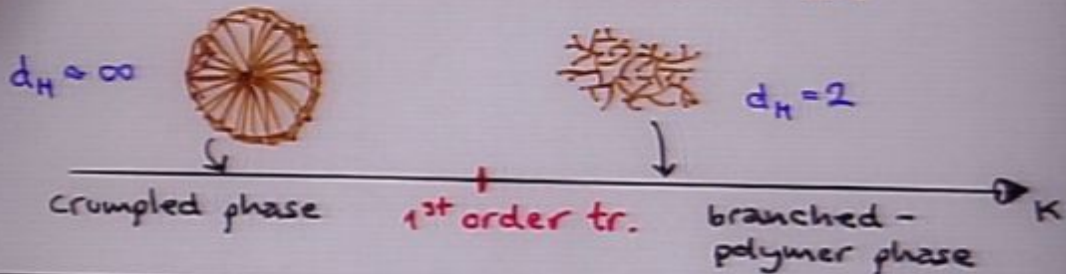
( $N_i = \#$  of  $i$ -dim. simplicial building blocks)

bare Euclidean Einstein-Hilbert action:

$$S_E^{DT} [K = \frac{1}{G_N}, \lambda] = -K N_0 + K_4(\lambda, K) N_4$$

Newton's constant

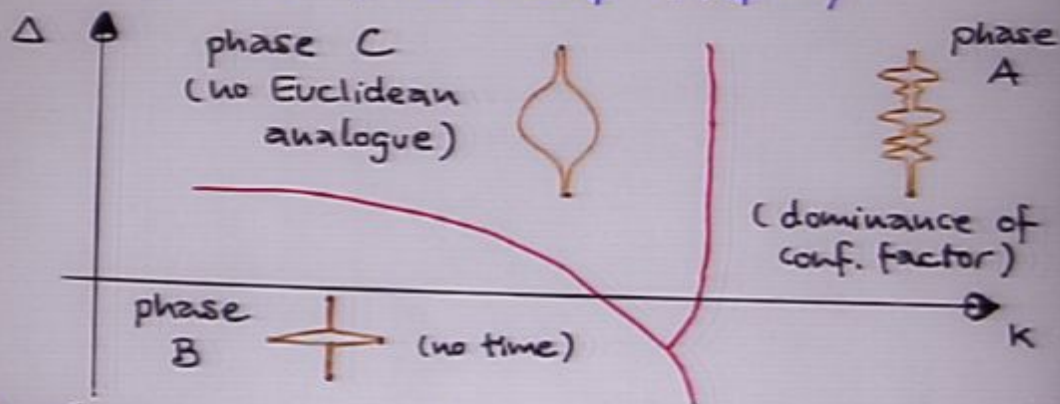
cosmol. const.,  
must be tuned to  $\lambda_{crit}$



bare Euclideanized Einstein-Hilbert action:

$$S_E^{CDT} [K, \lambda, \Delta] = -(K + 6\Delta) N_0 + K_4(\lambda, K) \cdot$$

$$\cdot (N_4^{(4,1)} + N_4^{(3,2)}) + \Delta (2N_4^{(4,1)} + N_4^{(3,2)})$$



$\Delta \sim$  "asymmetry" - finite scaling between time- & spacelike length ( $\Delta = 0 \leftrightarrow$  symmetry)

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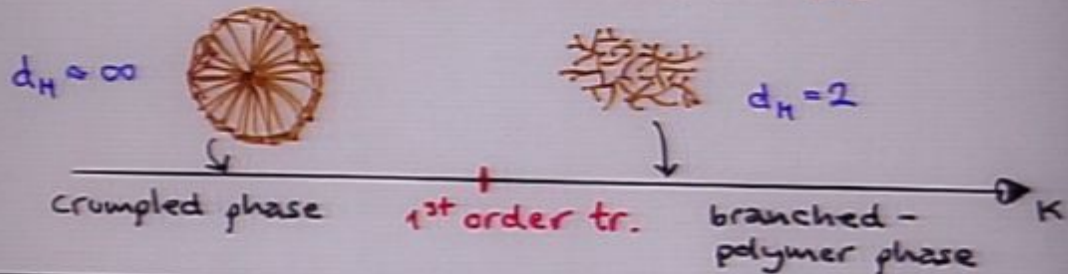
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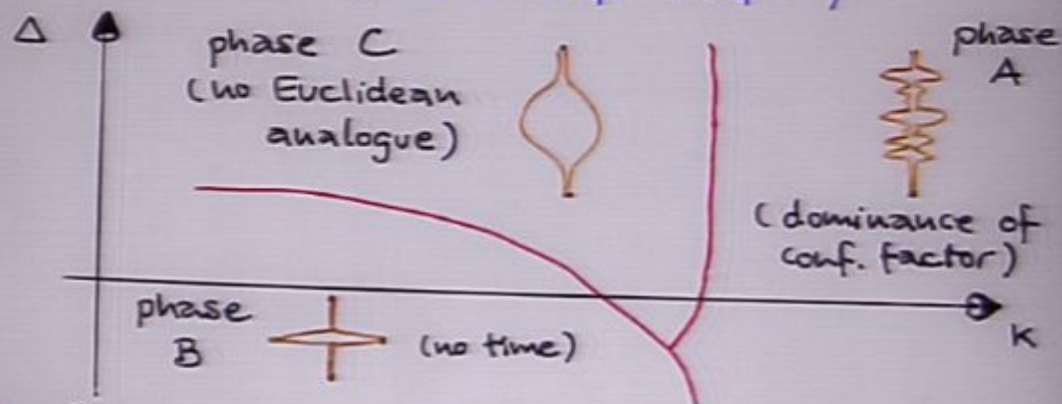
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## Lessons

- 1) "Causality" is not emergent, but needs to be put in by hand as microcausality on each spacetime history.
- 2) "Time" is not emergent: we need to put in the "potentiality" of time
  - in CDT this is implemented as a discrete, global time slicing for each PE history (which may or may not survive the continuum limit)



## KEY ACHIEVEMENT of CDT QG II <sup>③</sup>

The dynamical emergence of spacetime  
as we know it

CDT is the only theory of quantum gravity where a classical extended geometry is generated from Planck-scale excitations.

How? - nonperturbative, entropic mechanism:

Magically, the many microscopic building blocks in the quantum superposition arrange themselves into an extended quantum spacetime whose macroscopic shape is that of a well-known cosmology.

When - from all the gravitational d.o.f.s present<sup>\*</sup> - we monitor only the spatial 3-volume  $\langle V_3(t) \rangle$  as a function of (proper) time  $t$ , we find that it matches exactly that of a de Sitter universe.

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snapshot

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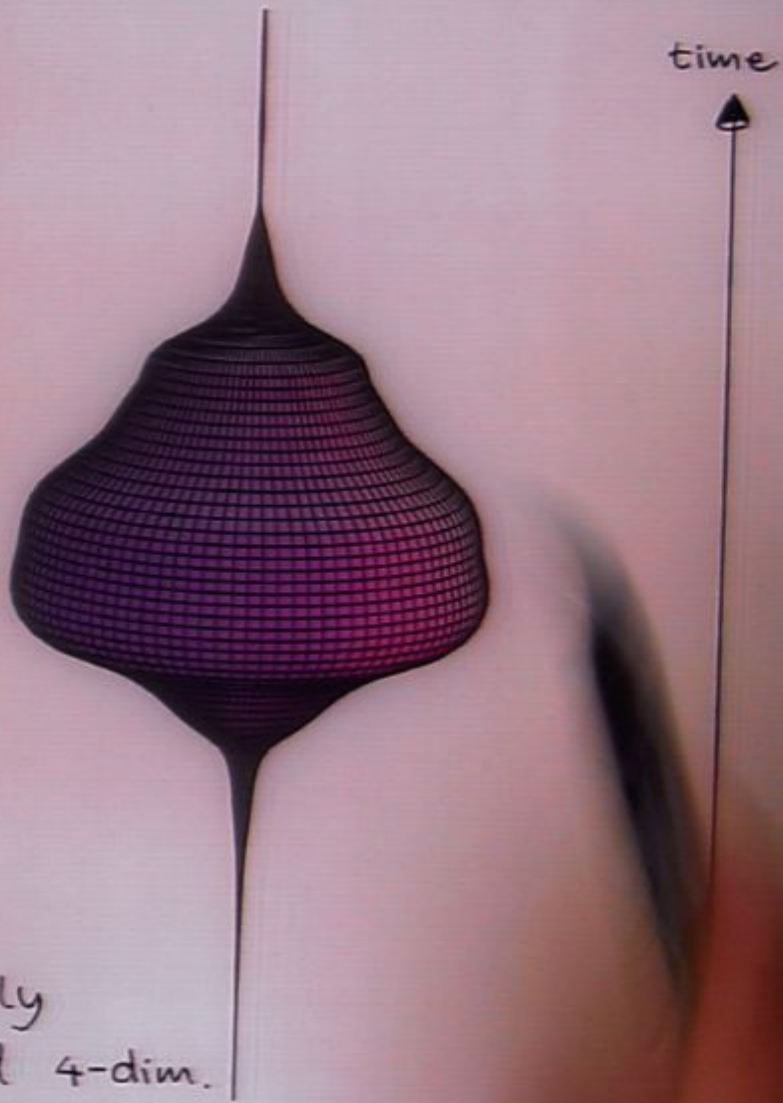
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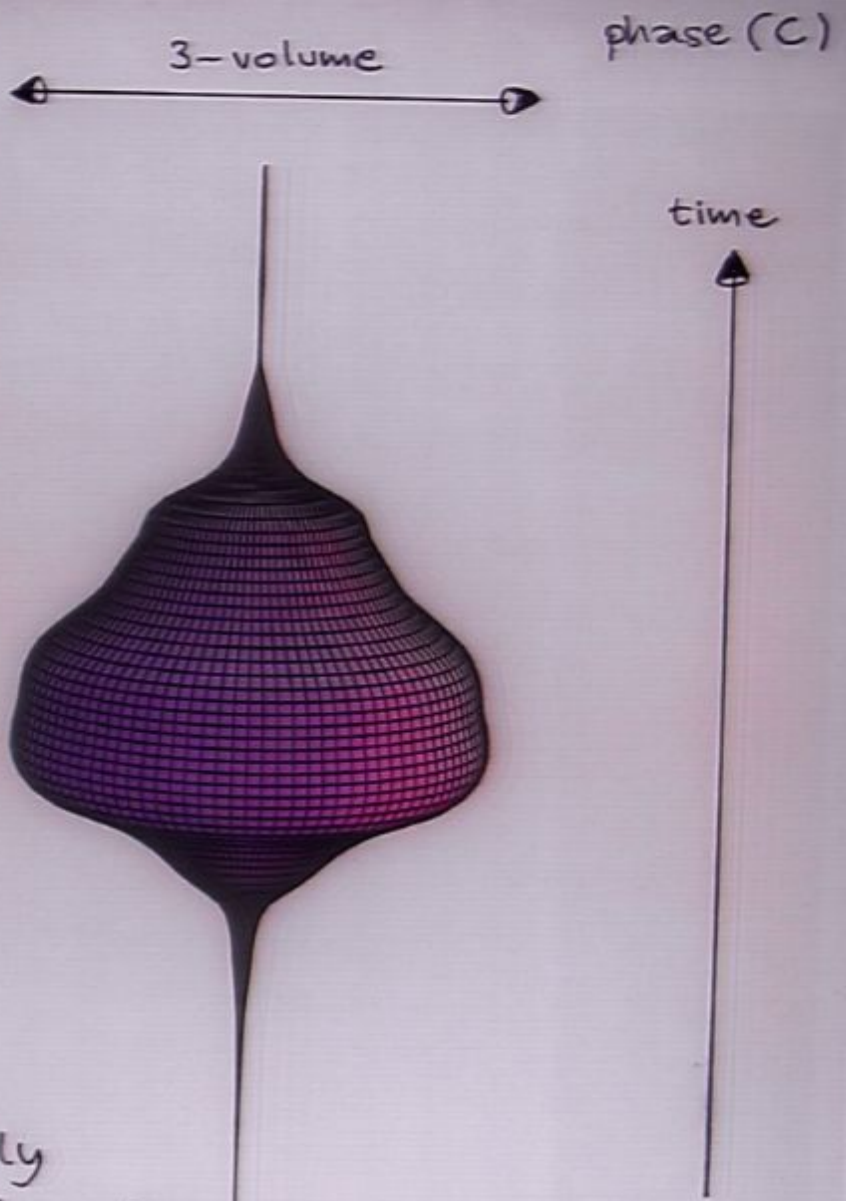
⊕ N.B. we are not doing quantum cosmology, i.e. we are not truncating d.o.f.s before quantizing



3-volume ← → phase (C)



Dynamically  
generated 4-dim.  
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Dynamically  
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(10)

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Classical de Sitter space has

$$V_3(\tau) = 2\pi^2 \left( c \cosh \frac{\tau}{c} \right)^3$$

$c$  constant

giving rise to an exponentially expanding universe,  $V_3 \sim e^{c\tau}$ , for  $\tau > 0$ .

- We measure this for Euclidean time  $t = i\tau$   
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- Moreover, when we study the fluctuations  $\delta V_3(t)$  around  $\langle V_3(t) \rangle$ , they are well described by a semiclassical minisuperspace treatment around de Sitter space, even for rather small universes ( $\sim 20 \ell_{Pl}$ ).

(0712.2485 & 0807.4481)

w/ Ambjørn, Görlich, Jurkiewicz

- a very nontrivial test of the class. limit!
- strong flavour of condensed matter phenomena:

"self-organizing quantum universe"

- original  $S^1 \times S^3$ -topology "dynamically

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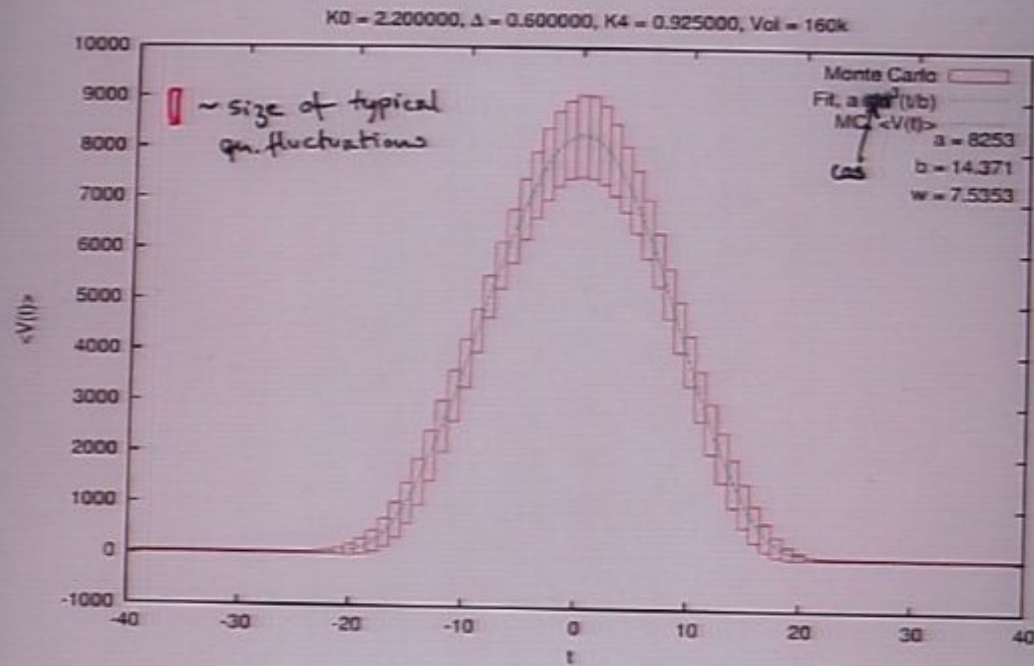
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# Emergence of de Sitter space!

10



The shape  $\langle V_3(t) \rangle$  of the universe, as a function of Euclidean proper time  $t = i\tau$ , fitted to Euclidean de Sitter space,

$$ds^2 = dt^2 + c^2 \cos^2\left(\frac{t}{a}\right) d\Omega_{(3)}^2$$

↖ squared "scale factor"  $a(t)$

**N.B.:** maximally symmetric spacetime!  
& restoration of isotropy!



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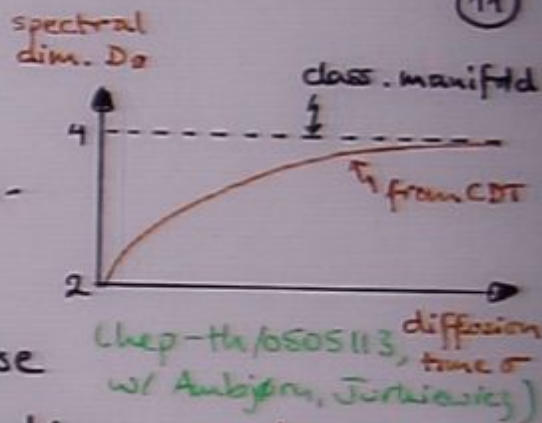
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# More Lessons

1) topology and dimensionality become dynamical in QT;

this can happen because

- short-scale fluctuations are large
- we are taking a nontrivial continuum limit



2) contribution from "microstates" (local excitations) is crucial for obtaining de Sitter space

- (Euclidean) minisuperspace action (classical reduction of GR):

$$S^{MSS} = \frac{1}{G_N} \int dt (-a \dot{a}^2 - a + \dots)$$

↑ "conformal sickness"

- effective Euclidean action for  $a(t)$ , obtained from CDT path integral

$$S_{eff}^{CDT} = \frac{1}{G_N} \int dt (+a \dot{a}^2 + a + \dots)$$

## What's new in CDT?

- having a closer look at the phase diagram (ongoing work w/ J. Ambjørn, A. Görtlich, S. Jordan, J. Jurkiewicz)
  - ↳ J. Ambjørn's talk
- CDT string field theory (2d!, allows for causality-violating points), e.g.
  - w/ J. Ambjørn, W. Westra, S. Zohren, 0908.4224
- changes to de Sitter volume profile in presence of a point mass (ongoing work w/ I. Khavkine, P. Reska)
- nailing down factor-ordering ambiguities in quantum cosmology (ongoing work w/ R. Maitra; R. Maitra, 0910.2117)
- spectral geometry in 3d CDT (D. Benedetti, J. Henson, 0911.0401)



## By way of a summary

With CDT and its associated tool box, we have an "experimental lab" - a non-perturbative calculational handle on (near-) Planckian physics (c.f. Lattice QCD)

- \* get a bunch of exciting results and new nonperturbative (geometric) insights
- \* relies on few ingredients and fundamental principles ( $>$  (quantum?) causal sets,  $\approx$  FRG gravity,  $<$  LQG,  $\ll \dots$ )
- $\hookrightarrow$  If there is a unique theory of QG, obtainable with "standard" QFT methods, the CDT approach will see it.
- \* CDT can also test nonperturbative predictions from other fundamental theories containing gravity.

### TO LEARN MORE:

- $\hookrightarrow$  Jan Ambjørn's talk(s) on Sunday
- $\hookrightarrow$  CDT reviews: 0906.3947, 0711.0273, hep-th/0604212